

Love Charms

Spells,
potions,
tokens,
and
incantations



by Jennifer Knapp

illustrations by Annika Smajic

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\$ 14.95 U.S.

When you wish upon a star...

Very little happens—usually. If you're serious about love, then it's time to turn on the charm. Whether you're in love or fresh out of love, *Love Charms* will help you transform all that wishing and hoping into the sparkling, starry-night, Parisian-promenade romance of your dreams.

Can't spot your captivating suitor in the crowd? Put on your Shake Your Chakra Necklace and find him fast with a Sweetheart Dreams Spell. Found the one, but feel invisible? Try the Cracking a Stony Heart spell, and he'll soon stroll through your Enchanted Doorway. Looking to spark up the passion with your long-term love? No one can resist the allure of Instant Attraction Incense and sweet but powerful Kissing Balm.

With divine potions, dazzling spells, and beguiling incantations on your side, love's labors will be far from lost. These enchanting *Love Charms* will have you blissful in the arms of your heart's desire faster than you can say *happily ever after*.



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Love Charms.

Spells, potions, tokens, and incantations

by Jennifer Knapp

illustrations by Annika Smajic


CHRONICLE BOOKS
SAN FRANCISCO



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Library of Congress Cataloging-in-Publication Data:
Knapp, Jennifer.
Love charms : spells, potions, tokens, and incantations / by Jennifer
Knapp ; illustrations by Annika Smajic.
p. cm.

ISBN 0-8118-3968-0

1. Magic. 2. Love-Miscellanea. 3. Charms. 4. Magic, Celtic.

I. Title.

BF1623.L6 K53 2003

133.4'42—dc21

2002014143

Manufactured in China.

Designed by Vanessa Dina

Distributed in Canada by Raincoast Books
9050 Shaughnessy Street
Vancouver, British Columbia V6P 6E5

10 9 8 7 6 5 4 3 2 1

Chronicle Books LLC
85 Second Street
San Francisco, California 94105

www.chroniclebooks.com

for my honey

Double, double, toil and trouble . . .

Unbounded thanks to the jinxiest of covens:

the High Priestess Mikyla Bruder, the Goddess Leslie Jonath,
Annika Smajic, Leslie Davisson, Jodi Davis,
Vanessa Dina, and Tera Killip.



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Introduction

He loves me; he loves me not .

The yeses and noes of the daisy's petals have been raising hopes and breaking hearts for centuries, proof that the mystery of love endures. Today, this simple tradition may be nothing more than a school yard pastime, and yet such rituals have come down to us through the ages, with generations of amorous lovers having vouched for their usefulness (petal plucking is actually an old Anglo-Saxon love divination charm). All the scientific advances in the world haven't solved the enigma of love, and so the question remains: Can centuries of love charms be wrong?

Lucky for us, early matchmakers put brush to papyrus and recorded their findings for future lonely hearts. In fact, written love charms are among the earliest known documents, dating between 2400 and 1900 B.C., and hailing from Egypt, Persia, and China. Magical words and images were inscribed on clay talismans, engraved on gem amulets, and later cast in metal jewelry. These ancient Indo-European tribal practices went on to form the basis of Celtic magic, a rich tradition whose heyday lasted from 700 B.C. to A.D. 100.

A Celtic priestess filled her days with healing, midwifery, blessings, cursings, and even dealing with the unruly

weather. But one of her most important jobs was hooking people up. Using common herbs, incantations, and a few exotic ingredients, she put together a spell, potion, or talisman to straighten out a wayward wife, tame a bothersome boyfriend, or plant the seed of romance in an unsuspecting crush.

The nature-based belief system of the Celts came to be called paganism by the Romans (the Latin *paganus* means "country dweller"). Christians vilified its practitioners as witches, claiming they cavorted with the devil. Burnings, hangings, and drownings ensued. Despite the persecution, love charms lived on. Charms, spells, and incantations went underground, cleverly disguised as enticing perfumes, delectable potions, and folkloric rhymes. Practiced behind closed doors, love magic eventually became a tradition marginalized by the mainstream—an old wives' tale, a frivolous pastime.

Today, love remains as perplexing as ever. Even with e-mails, faxes, and cell phones, the age-old question lingers: Will he call me, or will he call me not? Rather than wondering, take charge of your love life. If you can't persuade your broomstick to sweep, let alone fly, don't fret.

The recipes and ideas in these pages are adapted from centuries of know-how with a healthy pinch of modernity stirred in, so you won't need to slave all day over a hot cauldron or behead any cute little froggies. They require only the most enchanting of ingredients, and the resulting potions, spells, and tokens of affection are as sweet as a first kiss.

Begin at the beginning, chapter 1, "Bewitch—Finding True Love," and check out your future honeys with the help of a fragrant Celtic dream sachet and a mesmerizing minty love potion. When you've found Mr. Right, move onto chapter 2, "Bedazzle—Drawing Love In," and see what you pull out of the hat. The oh-so-sweetheart candy spell is just one of many charms with the perfect ingredients for romance. Once your path crosses with "the One," don't let your bright and shiny new love get away. Stoke the fire under the cauldron and flip directly to the love spells in chapter 3, "Beguile—Head-over-Heels in Love." And if a black cat crosses your path, don't panic. Just turn to chapter 4, "Bedevil—Easing the Heartache." You'll find all you need to get love back on track.

Ready to bewitch, bedazzle, and beguile? Let's begin.



Chapter 1:

Bewitch-Finding True Love

You're scooting along merrily on your broomstick with your hair in a ponytail when, yikes! Mr. Valentine's Day pops his big red head over the horizon. Now all you need is a sweetheart to wipe that smirk off his face. Easier said than done? In a pinch, try this modern charm: Fill the fridge with beer, order a pizza, and yell incantations at attractive passersby. If that fails, maybe the pizza delivery guy will be cute. Better yet, keep your pointy hat on straight and, instead of hooking up with a rat—however cute and whiskery he may be—set the scene for head-over-heels romance with the love-drawing charms in this chapter.



Even if you live in a studio apartment—rather than a more appropriate Gothic castle—you can still conjure up plenty of hocus-pocus. First, you'll need a place to park your cauldron. Clear a small table of your mumble jumble to make room for your mumbo jumbo. Place the table in front of a window so that your potions will be exposed to the enlightening sun and mysterious moon. Keep the table clear—find a new home for your trashy magazines and random hair clips—and use it only for creating charms.

Creating Your Altar



Pink silk scarf

6 small bottles and vials for holding potions and philters

Love-Drawing Altar Candle
(page 16)

Incense coal and saucer

Come Hither, Now! Incense
(page 18)

Box of matches

Small mixing bowl

Love-attracting items such as rosemary, lavender, copal, cinnamon, lemon, rose quartz, rose petals, daisies, and pennies

In preparation for creating your first love charms, cleanse the table of any mundane residue from its old life as an abandoned-junk repository. Spread the pink scarf over the top (pink radiates romance). Collect the materials listed (left) and arrange on the table. Burn a chip of copal resin on the incense coal. Now your altar is ready. Let the bewitching begin!



Bewitching Basics



YOUR ALTAR MUST POSSESS THE ENERGY OF THE FOUR ELEMENTS: A CANDLE REPRESENTS FIRE; INCENSE SMOKE REPRESENTS AIR; A BOWL OF SPRINGWATER OR A SEASHELL REPRESENTS WATER; AND HERBS, FLOWERS, AND STONES REPRESENT THE EARTH.





Candles add the element of fire to your charms, an essential ingredient for romance, love, and passion.

Boost this fiery mojo by decorating your votive holders with love deity images. There's nothing like a few thousand-year-old goddesses to lend a hand.

They've seen it all.

Love-Drawing Altar Candle

Glue

Red, pink, and clear glitter

**Color copies of your favorite
love deity (Venus is always a
good choice), reduced or
enlarged as necessary to about
4 by 8 inches**

**Red, pink, and clear
tiny plastic jewels**

**Votive candles
in tall glass holders**

Scissors

Clear tape

Using glue and lots of glitter, dress up your paper deity. Glue on tiny plastic jewels. Despite their above-it-all demeanor, deities love to look glamorous. Let dry.

Wrap a paper deity around the glass exterior of each candle, trimming with scissors to fit as necessary, and tape in place. It helps if, while you're snipping and gluing, you ask your chosen deity, very politely, for her assistance with your project. Make a few candles, using a variety of goddesses, to make sure you have all your bases covered.



Love Lore

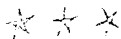
VENUS-VA-VOOM--VENUS, KNOWN AS APHRODITE TO THE GREEKS, IS THE GODDESS OF LOVE. AND NO ONE PLAYS THE DATING GAME BETTER. BORN IN THE OCEAN, SHE IS KNOWN TO LOUNGE IN A CLAMSHELL IN HER OFF-HOURS.

BUT WHEN THE PINK LOVE-PHONE RINGS, SHE LEAPS INTO HER VENUS-MOBILE AND SPEEDS OFF TO FIGHT THE WORST COMMITMENT-PHOBE. SURE SHE'S HAD HER FAIR SHARE OF DAY-TIME DRAMA IN THE ROMANCE DEPARTMENT, BUT SHE ALWAYS COMES THROUGH WITH GRACE. USE HER IMAGE ON YOUR CHARMS AND HER NAME IN YOUR INCANTATIONS.






Come Hither, Now! Incense




In Mexico, *botanicas* are stocked with powdered incenses for improving every aspect of life, from drawing wealth to repelling evil. This particular incense is guaranteed to open your life to love. Burn it while you're creating charms to imbue them with love-drawing power. Lovely, pungent lavender attracts romantic love, and feisty lemongrass draws pure love. Mastic was used by the ancient Romans in love magic, and they chewed it to sweeten their kisses, too!

Using the back of a spoon, crush together 1 tablespoon each dried lavender, lemongrass, and mastic. Stir in 1 tablespoon cornstarch. Add extra zing to the charm with a few drops of lavender or lemon oil. Sprinkle 1 teaspoon of the mixture on the center of a lighted incense coal.





Bewitching Basics



THINK ABOUT GROWING YOUR OWN HERBS IN A SUNNY KITCHEN WINDOW. THAT WAY YOU CAN START POURING YOUR LOVE INTO THEM FROM THE FIRST SIGN OF A SPROUT, AND THEY WON'T COME INTO CONTACT WITH ANY BAD INFLUENCES. IT'S BEEN PROVEN THAT PLANTS LIKE TO BE TALKED TO, NOT TO MENTION THEIR INTEREST IN STYLISH MACRAMÉ GARB. TREAT YOUR PLANTS WELL, AND THEY WILL TREAT YOU WELL, EVEN IF YOU EAT THEM! LAVENDER, ROSEMARY, LEMON VERBENA, MARJORAM, AND MINT WILL GET YOU ON YOUR WAY TO LOVE, AND YOU MIGHT EVEN WOW THAT ATTRACTIVE STRANGER WITH YOUR SPICY MASALA, TOO.

Be Mine Anointing Oils

Philters, small vials of oil imbued with magical properties, were popular in medieval love magic. The word *philter* comes from the ancient Greek word *philtron*, meaning "to love." Use these oil combinations to anoint your candles, charms, and even yourself.

In one of your vials, create a philter for drawing love. Mix a few drops of Celtic rosemary and lavender oils to attract true love. Or combine drops of ancient Persian jasmine, rose, and clove oils for passionate love.

Anoint an altar candle by dropping a few beads of rosemary or lavender oil onto your finger, and then swirling it clockwise around the unlighted candle from the base to the top and finally along the wick. Dab a drop behind your ears while you're at it.

Bewitching Basics



WHEN BREWING UP TROUBLE, IT'S IMPERATIVE THAT YOU USE ONLY THE BEST INGREDIENTS. THE FINEST ORGANIC HERBS AND FLOWERS AND PURE ESSENTIAL OILS ARE THE WAY TO GO. THEY MAY COST A BIT MORE, BUT THEY WILL ENSURE ENCHANTING RESULTS EVERY TIME. MANY OF THE HISTORICALLY IMPORTANT INGREDIENTS FOR WHICH TITANIA WOULD HAVE HOOKED HER TIARA ARE NOW READILY AVAILABLE AT YOUR LOCAL HEALTH FOOD STORE. DRIED HERBS, FLOWERS, AND ESSENTIAL OILS SHOULD HAVE A FRESH, COLORFUL APPEARANCE (NOT BAT-WING BROWN) AND SHOULD SMELL PUNGENT (NOT LIKE A COBWEBBY ATTIC). FOR MORE ON FINDING HERBS AND OILS, SEE PAGES 130-131.

Create a jewel-encrusted box to hold your wishes for a sweetie. Try out your Come Hither, Now! Incense during a simple spell that asks the starlight, star bright to twinkle down and make all your wishes come true.

Wish upon a Star Spell

Glue

Small empty, square tissue box

5 color copies of a love deity

Craft knife

Red, pink, and clear glitter

Plastic jewels

Pink votive candle

Matches

**Come Hither, Now! Incense
(page 18)**

Fresh pink rose petals

Rose quartz stone

Scissors

Sheet of pink writing paper

Pen with red ink

Using glue, decorate the box on all sides including the top with the images of the love deity. Using the craft knife, trim off any excess paper and make a new opening in the top of the box. Embellish by gluing on the glitter and plastic jewels. Let dry.

Set the box in the center of the altar table on a clear night during the waxing moon. Light the candle and the incense and place them next to your box. Open the window and find a star that attracts your attention. Holding the rose petals and rose quartz in one hand, visualize the starlight beaming down and charging the petals and stone with its twinkliness. Carefully place the petals and stone through the hole of the decorated box.

continued



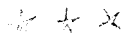
Using the scissors, cut the sheet of paper into small strips. Relax completely and empty your mind of that huge Rolodex of things that need doing. Using the pen, write a trait you are looking for in a honey on each slip of paper. Maybe you desire a brainiac with the flashy moves of Bruce Lee, the faithfulness of Myron (your dog), and the honesty of Abe Lincoln. Hold on, Ms. Frankenstein! If you want to get things rolling in the hay right away, you should instead concentrate on the basic necessities, such as not leaving dirty dishes in the sink and putting the seat down on the toilet. Okay, maybe faithfulness and honesty are less far-fetched! One by one, place each strip into the wish box.

Keep the box near the window to be charged nightly by the stars. By the next waxing moon, he will come knocking.

Love Lore

OSHÙN, THE YORUBAN GODDESS OF LOVE, TURNS UP IN SANTERIA, A SYNCRETISTIC CARRIBBEAN RELIGION THAT BLENDS YORUBAN TRADITIONS WITH ROMAN CATHOLIC SAINTS. WHEN ASKING OSHÙN TO HELP YOU WITH YOUR CHARMS, GAIN HER FAVOR WITH HONEY AND THE OCCASIONAL CIGAR.

Heavenly Hair



Luscious lemons are native to India and have been used in Eastern love and beauty rituals for millennia. Celtic women rinsed their lovely locks in lemon juice mixed with lavender flowers to draw love. This particular formula will make your hair shiny and sweet smelling, perfect for swinging around and releasing its lemony magic.

Squeeze the juice of 1 lemon into a bowl. Strain the juice through cheesecloth to remove all the seeds and pulp. Add 6 drops lavender oil. After shampooing, conditioning, and rinsing your hair, pour the lemon mixture through it. Massage the mixture into your hair and rinse with water. If you're in a hurry, simply add lemon and lavender oils to your conditioner.





Lucky Seven Love-Drawing Pouches



Find the falling-at-your-feet adoration you deserve. Try the first three charms for general love drawing and the last four for various romantic adventures.

To invoke the power of the charms, light the Love-Drawing Altar Candle (page 16) and Come Hither, Now! Incense (page 18). Sprinkle a 7-inch circle of rosemary,

lavender, or glitter on the altar table. Cut out a 6-inch square of red silk or velvet and place it inside the circle. Choose one of the following charm mixtures and place its ingredients on the center of the cloth, all the while visualizing your objective.

Trap your romantic notions inside the square by gathering up the corners and tying them together with a red or pink silk ribbon. Draw your finger across the circle to break the line and release the wooing magic. Wear the pouch at all times, on your right side for a faithful love, on your left for a passionate love, and around your neck for a balance of the two.



Love-Drawing Pouch

No. 1: for a fun fling.

You may not want to tie yourself down with weighty romance, but who isn't up for some fun? These traditional Celtic love-drawing ingredients are spiced up with some potent pepper and sassy salt. The cheeky cherry arouses amorous thoughts.

- 3 fresh pink rose petals**
- 1 tablespoon fresh rosemary**
- Splash of springwater**
- Chip of rose quartz**
- Pinch of salt**
- Dash of dried and ground cayenne pepper**
- 1 dried cherry**

Complete your love-drawing pouch by following the directions on facing page.



Love-Drawing Pouch

No. 2: for the Real Thing Romance

Red wine is often used in love charms as a substitute for blood—good news for the squeamish! Roses, rose quartz, and lavender have long been used to draw love, most notably in medieval times. An acorn attracts strength and faithfulness. Honey balances the mix with a drop of sweet romance.

7 fresh red rose petals

**1 teaspoon fresh or dried
lavender**

Chip of rose quartz

1 acorn

3 drops red wine

A few drops rainwater

**1/4 teaspoon vanilla oil
or extract**

1/4 teaspoon honey

Complete your love-drawing pouch by following the directions on page 26.

Love-Drawing Pouch

No. 3: for Pure Passion

Enough of the hug and cuddle! Here's the down and dirty. Orange blossoms draw and bind romantic love. Cinnamon and clove, appreciated for their ability to spark lust in the Middle East and China, heat things up. Tabasco, used in Louisiana voodoo circles, gives this spell its whoo! While stripy tigereye adds a passionate grrrr!

1 fresh orange blossom or a bit of orange peel

1 teaspoon ground cinnamon

A few whole cloves

Dash of Tabasco sauce

Fresh tiger lily petal

Chip of tigereye

1 drop jasmine oil

Complete your love-drawing pouch by following the directions on page 26.

Love-Drawing Pouch

No. 4: for Getting the Sweet Stuff

Everything a girl adores. It's no coincidence that chocolate appears on Valentine's Day in big red boxes. Its ability to seduce has been known for hundreds of years and is just now being analyzed by the big brains. But who cares why it works! Have a nibble while making this charm and savor that luscious, melting, weak-at-the-knees feeling. A sunny daisy boosts your flirting abilities.

1 chocolate kiss

Pinch of pink glitter

1 fresh daisy

1 dried cherry

Pinch of sugar

3 drops jasmine oil

Complete your love-drawing pouch by following the directions on page 26.

Love-Drawing Pouch

No. 5: for a Tropical Try

During the dismal, icy days of winter, your dreams inevitably drift off on coconut and banana breezes and wash up on the sandy shores of some piña colada island where a certain someone awaits you. This especially intoxicating potion makes the most of South Seas magic. Ylang-ylang is used in bridal beds to encourage lust, as it opens the mind, frees the spirit, and inspires feelings of joy. Seashells induce dreams of love, and vanilla oil is an ancient aphrodisiac.

1 seashell

Pinch of clear glitter

**3 drops each coconut oil,
vanilla oil, and ylang-ylang oil**

Splash of saltwater

1 fresh passionflower

**Green ribbon (rather than red
or pink) for tying**

Complete your love-drawing pouch by following the directions on page 26.

Love-Drawing Pouch

No. 6: for a Sultry Arabian Night

Start practicing your belly wiggles.
Cinnamon and clove make any night as
hot as a harem tent in the desert.
Cardamom and ginseng spark lusty love.
Coriander has long been used in love
potions, encouraging serenity and peace.
Bells are used in Persian, Gypsy, and
Chinese love rituals. Marigolds not only
promote dreams of love, but will also
boost your energy for the dance of the
seven veils.

Pinch of ground cinnamon

3 whole cloves

1 cardamom pod

Pinch of dried ginseng

Chip of amber

3 drops coriander oil

Small bell

1 fresh marigold

Complete your love-drawing pouch by
following the directions on page 26.

Love-Drawing Pouch

No. 7: for a Weekend Romance in Paris

Do you dream of strolling in the Tuileries, holding hands under a café umbrella on the Boulevard Saint-Michel, and kissing at the top of the Eiffel Tower? This pouch will fly you there. Violets inspire love and promote peace. Champagne has been associated with amour since the first bubble tickled a nose in 1695. Top things off by wearing frilly undies, too, of course. *Très bien!*

3 drops champagne

1 chocolate kiss

1 drop of your favorite perfume

Pinch of silver or blue glitter

3 drops rainwater

1 fresh violet

Blue ribbon (rather than red or pink) for tying

Complete your love-drawing pouch by following the directions on page 26.

Stones are the oldest things on Earth. A beaded necklace is not only pretty, but the beads' ancient energy will help pull love in your direction and get your chakras doing the samba. Most bead shops stock polished stone beads in a variety of shapes and sizes.

Make sure the ones you choose have holes large enough for the ribbon to pass through. You will need one of each of the following stones below.

Shake Your Chakra Necklace

Rose quartz for drawing love

**Carnelian for
drawing opportunities**

Citrine for drawing friendship

**Garnet for success in your
spells of passion**

Moonstone for feminine power

Lodestone for attracting love

**Boji (use 2 stones together) for
drawing and binding your love**

**Organza ribbon, 14 to 16 inches
long and 1/4 inch wide, in a
color of choice**



String the 8 semiprecious stone beads, in any order, onto the ribbon. Space the stones about 1 inch apart. The width of the ribbon will hold the stones in place. Tie the ribbon around your neck with 3 knots.

Are you the type who has a long list of turn-ons and -offs that you total up every time a boy makes the mistake of saying hi? He has weird pants, okay. But the Bee Gees hairdo? *Out!* If this describes you, these two ultradiscerning charm pouches are indispensable.

Miss Choosy Charms

Love-Drawing Altar candle
(page 16)

Come Hither, Now! Incense
(page 18)

6-inch square pink velvet,
cut into a heart shape

3 fresh pink rose petals

1 fresh daisy

1/2 teaspoon dried lavender

1 drop jasmine oil

Dash of ground cinnamon

3 fresh or dried mint leaves

1 small stone shaped
like a heart

1 fresh honeysuckle blossom

1 penny

Blue ribbon tied in 7 knots

Prince Charming

If you're a pouting princess hanging out down at the frog pond getting your lips all slimy, then try this charm.

On the night of the new moon, light the candle and burn the incense. In the center of the heart, place the remaining ingredients, except the ribbon. Gather up the edges and secure the ribbon. Place the pouch on your heart and repeat:

Oh Prince of mine
You are divine.

Give me your charms
And I'll fall in your arms.

continued



6-inch square red silk
3 fresh red rose petals

**1/2 teaspoon fresh
or dried rosemary**

**1/2 teaspoon
ground cinnamon**

Chip of rose quartz

Knot of red ribbon

1 penny

**Green ribbon
tied in 3 knots**

Mr. Right

If a prince in a feathery lilac cap and ruffly blouse wouldn't fit in at your corner coffee-house, it's time to move! But until the lease is up, bide your time with Mr. Right. Why does he always wear those khaki pants? That's a question you can ask when he comes knocking.

On a night of the waxing moon, cut out the red silk. Place the remaining ingredients, except the ribbon, in the center. Gather up the corners and secure with the green ribbon. Place the pouch on your heart, focus your mind, and repeat this charm:

**Mr. Right and
beautiful me
Together we are
meant to be.**



Bewitching Basics



- OVER THE MOON—LOVE CHARMS GENERALLY DRAW ON THE ENTHRALLING LIGHT OF BOTH THE FULL AND WAXING MOON. THE MOON HAS FOUR PHASES: THE FULL MOON, WHEN IT IS BIG, ROUND, AND HAPPY; THE WANING MOON, WHEN IT IS SLOWLY FADING TO DARKNESS; THE NEW MOON, WHEN IT IS A THIN SLIVER; AND THE WAXING MOON, WHEN IT IS GRADUALLY MOVING BACK TO FULLNESS.

Exotic scents, each whiff packed with powerful magic, have been enticing noses for centuries. Choose from mysterious Persian or East Indian mixtures, a fresh and pure Celtic blend, or a free-love free-for-all! Make extra batches because all your friends will want some, too! Beware to all those within sniffing distance!

Heaven Scent Solid Perfume

1/2 teaspoon beeswax

Small microwave-safe bowl

Wooden spoon

2 tablespoons almond oil

One of the following essential oil combinations:

**Ancient Persian love
scent of jasmine, rose,
and sandalwood**

**Kama Sutra passion
mixture of vanilla, sandal-
wood, jasmine, and vetiver**

**Love-inducing Celtic
combo of rosemary,
lavender, and lemon**

**Happy hippie love fest
of patchouli, lavender, orange,
lemongrass, and pine**

Place the beeswax in the bowl and microwave on high until the beeswax has melted, about 1 minute. Do not overheat. Using the wooden spoon, stir the almond oil into the beeswax. Add 20 drops total of your essential oil combination of choice. Pour the perfume into an empty makeup or lip balm container and let cool.

If you prefer to use the classic cauldron method, heat the beeswax on the stove top in a double boiler. Remove from the heat and proceed as directed.

Bewitching Basics



HEATING UP YOUR CONCOCTIONS IN AN IRON CAULDRON IS NOT A GOOD IDEA, AS THE METAL CAN REACT WITH THE HERBS AND ZAP THEIR STRENGTH. BUBBLE ALL POTIONS IN A HEATPROOF GLASS OR ENAMEL-LINED POT, AND STIR IN A CLOCKWISE DIRECTION TO INVOKE THE MAGIC. FOR THE GIRL-ON-THE-GO, A MICROWAVE CAN SPEED UP THE CHARM-MAKING PROCESS. USE A MICROWAVE-SAFE GLASS BOWL AND BE CAREFUL NOT TO OVERHEAT THE OILS AND HERBS. STORE ALL INGREDIENTS IN AIRTIGHT, DARK-COLORED GLASS CONTAINERS.



Titillating Tea Bath-Bags



When attracting that mystery date, it doesn't hurt to smell divine! Make a relaxing soak for yourself using these love-drawing herbs. Share your blissful smile by making one for a friend, too!

Cut out an 8-inch square of cheesecloth. Choose one of the following herbal baths and place the ingredients in the center of the square. Add extra essential oils as desired to make your nose do somersaults of joy.

Gather up the corners of the cheesecloth and tie with a red or pink ribbon. Use an orange ribbon if you're giving it to a friend. For a quick and easy alternative, look for drawstring cheesecloth pouches in kitchen shops.

Draw a hot bath, add the tea bath-bag, and enjoy a long soak while thinking lovely thoughts.

Mmmm!



Tea Bath-Bag

No. 1: Giggle Bath

You'll want to luxuriate in this pungent bath until you turn all prune. And what a lovely prune you'll be! Basil, lavender, and rosemary inspire love in all those who cross your path. Even the gods are known to lose their heads for lavender on a midsummer's eve. Rosemary cleanses the body and mind, delivering a physical and mental boost.

1 tablespoon dried basil

1 tablespoon dried rosemary

2 tablespoons dried lavender

6 drops lemon oil

Complete your tea-bag bath by following the directions on page 40.

Tea Bath-Bag

No. 2: Groove Bath

Marjoram and rue attract love and provide protection from a broken heart.

Rue also helps to purify and clear a cluttered mind, opening your heart to love. Jasmine, one of the oldest seducers, warms the heart and is used in Eastern magic as an aphrodisiac.

**1/4 cup fresh or
dried rose petals**

1 tablespoon dried marjoram

1 tablespoon dried rue

6 drops jasmine oil

Complete your tea-bag bath by following the directions on page 40.

Tea Bath-Bag

No. 3: Glam Bath

Vervain attracts love and brings general good luck and wealth along with romance. Bathing in yarrow will help you find your mate in this incarnation or the next.

1 tablespoon dried yarrow

2 tablespoons dried rosemary

1 tablespoon dried vervain

6 drops lavender oil

Complete your tea-bag bath by following the directions on page 40.

Love Chi

In China, *feng-shui* takes care of lonely heart pangs.

Get your *chi* flowing by balancing your boudoir and opening the space to love. Create a "love" table to draw the perfect mate. Set a small table on the side of the bed where the dog sleeps. Place items on it that will draw a snuggly (and hopefully less hairy)

bedmate. Choose tokens that represent the characteristics you desire in a mate. Girlie magazines and a remote control? Probably not. Remember, you're in charge here, so fill the table with things your dream match would possess. Maybe he reads Jane Austen novels, decorates with skateboard stickers, and eats red licorice. A soul mate! Once he arrives, don't let him screw up the *chi* with a pile of dirty socks on the floor.



Herbs & Flowers



RED LICORICE IS OH-SO-YUMMY, BUT BLACK LICORICE IS THE REAL DEAL. FLAVORED WITH LICORICE ROOT AND SOMETIMES ANISEED, IT SPURS LUST, INSPIRES FIDELITY, AND IS USED IN THE LOVE SPELLS OF MANY CULTURES.





Where Is He Already? Divination

When you find yourself tapping your toe and glancing repeatedly at your watch wondering how your spells are working, take a sneak peek. Charms and divination have gone hand in hand throughout history because, let's face it, we're an impatient bunch. Depending on how your spells are progressing, you'll know whether to dive into the deep end or run screaming in the opposite direction. The following are a few handy methods for divining the future.

Sweetheart Dreams Spell

Meadowsweet encourages love, balance, and harmony in your life, while hops guarantees a deep and visionary sleep. Peppermint has been used in Chinese herbology to induce sexual dreams and by the Hebrews as an aphrodisiac.

Fill a blue sachet pouch—blue brings on the kind of dreams that make you want to stay in bed all day—with 1 tablespoon dried lavender, 1/2 tablespoon dried hops, and 1 tablespoon dried meadowsweet. Place the sachet under your pillow, then sip a small teacup full of mint tea flavored with a few drops of vanilla extract before falling asleep. You will dream of your future love.



Dreamy!

To inspire dreams of your love-to-be, try a few of these old European magical methods. Sleep with a mirror or a daisy under your pillow, wear your nightie inside out, or count 9 stars on 9 consecutive nights, and on the last night you will dream of your future mate.

On the night of the full moon, tie together a little bundle of fresh rosemary and thyme, and slip it into one of your shoes placed at the foot of your bed. Then gaze at the moon and repeat this old English rhyme:

***Moon, moon, tell unto me
When my true love I shall see
What fine clothes am I to wear?
How many children shall I bear?
For if my love comes not to me
Dark and dismal my life will be.***

Boo hoo! See if you can update this dark and dismal rhyme with some fempower, aided by tips from Incantation Writing 101 (page 67).

Party Trick! Palm Reading

Be the life of the party with or without a lampshade. Just make sure each guest crosses your palm with silver first. Begin by practicing on yourself. Turn your writing hand palm up. Gently pull the pinky finger slightly out to the side and away from the other fingers. A few small lines will form on the outer edge of your hand just below the place where the pinky meets the palm, and just above the lines that extend across the palm. Count these lines. The total represents the number of great romances you can expect in your life.



Bedazzle-Drawing Love In

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After successfully completing the last chapter, you will have more than enough messages on your answering machine. But even though you've drawn "the One" (and probably a lot of innocent bystanders) into your realm, you can't be sure your catch has figured out what's going on. Of course, the first thing to do is walk right up and spell it out. Then add a few love-inspiring charms from this chapter, and you'll be paving the way for never-thought-it-could-happen-to-me romance.

Spread a lavender silk scarf (lavender nurtures love) on your altar table and gather a few of these items to encourage love: clove, camellia, comfrey, ginger, marjoram, mimosa, meadowsweet, mint, violets, pansies, pomegranates, and rue.

It's You Baby Incense



Mix up a new incense to burn during your incantations. Coltsfoot and lavender will inspire love in all those lucky enough to cross your path. Wormwood will protect you from any meddling wandering spirits along the way. Using the back of a spoon, crush together 1 tablespoon each dried coltsfoot, lavender, and wormwood.

Stir in 1 tablespoon cornstarch.

Or try this irresistible love-inducing voodoo mixture: Crush together 1 tablespoon each dried dill, marjoram, and cornstarch. Stir in 3 drops vanilla extract.

Sprinkle 1 teaspoon of your mixture of choice on the center of a lighted incense coal during your charm creation.



Love Me Philter



Create a love-inspiring anointing oil in one of your vials. Basil encourages love and even has its own Hindu goddess, Tulsi. Cardamom has long been recognized as a potent ardor-inducing medicine, causing the unsuspecting to fall violently in love. Mix together a few drops of each of these essential oils: basil, cardamom, and anise. Sprinkle a few drops of the anointing oil on your charms as you make them.

Lover's Lane



Collect a handful of white stones, or pull the petals from a white flower. Walk from your love's home to yours; occasionally drop a pebble or petal as you go. Now love will know the way.



Gypsy Name Game



If you have too many potential honeys from which to choose, try this Gypsy name divination. Cut out a star from a sheet of paper, giving it as many rays as you have sweethearts' names. Write one name on each ray, beginning the name at the center of the star and finishing it at the point of the ray. Find an acorn and tie a red silk thread to its cap.

Acorns are lucky and come from the strong and faithful oak. They mean business! Dangle the nut over the center of the star. Slowly it will begin to swing along one of the names. Bingo! We have a winner.



Bewitching Basics



CONCOCTING MAGIC IS MORE THAN JUST TOSSING AN EYE OF NEWT INTO A BOILING CAULDRON. YOU MUST CONCENTRATE ALL YOUR ENERGY, DREAMS, AND DESIRES INTO EACH CHARM. CLEAR YOUR MIND COMPLETELY OF ALL RANDOM THOUGHTS AND CONCENTRATE ON YOUR OBJECTIVE WHILE MIXING UP YOUR POTIONS AND CHANTING YOUR INCANTATIONS. THINKING ABOUT THE BOY OF YOUR DREAMS, THOSE CUTE SHOES YOU SAW ON YOUR WAY HOME, AND THE PLANTS THAT NEED WATERING IS LIKELY TO CAUSE A TERRIBLE WITCHY IMPLOSION. YOU COULD END UP WITH A BOYFRIEND WHO SITS ON THE COUCH LIKE A POTTED PLANT. IT WILL BE POOR CONSOLATION INDEED THAT HE WEARS CUTE SHOES.





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We all know about these! They are known as poppets in Celtic magic. The sooner you make one, the sooner things will start going your way. Every girl needs a zombie love slave to follow her every command. If your sweetie doesn't behave, give the doll a good poke with a pin. And then kiss your love to make it better.

Voodoo Dolls



**Gingerbread man cookie cutter,
about 4 by 6 inches**

**Cotton fabric in a color or
pattern that reminds you of
your love, 8 by 10 inches**

Pencil

Scissors

Needle and thread

**Choose a mixture of these
dried herbs and plants:
meadowsweet, wheat, mint,
catnip, comfrey, marjoram,
myrtle, and rue**

Beads and sequins

**A photo of "the One"
(optional)**

**A personal item
from your honey**

Using the cookie cutter for a template, trace its outline onto one half of the fabric with the pencil. Cut out around the outline with the scissors. Repeat with the remaining half. Stack the cutouts, right sides facing inwards. Using the needle and thread, sew the cutouts together along the edge, leaving a 1-inch opening.

Turn the fabric right-side out and stuff it with the herbal mixture. Decorate the doll with bead and sequin facial features. If you happen to have a photo of "the One," sew this in place instead.



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Now you will need a personal item. Something really personal is best, such as a lock or strand of hair or a scrap or thread of clothing. The more you have the better. Obviously it might be a bit awkward to snip a chunk of his hair surreptitiously. And, if caught, you would definitely come off as a raving lunatic who should be avoided! As an alternative, just get something he's touched. "Can I borrow your pen?" Then pocket it! Sew the personal item(s) inside the doll or, if more appropriate, to the outside.

Place the doll on your altar to direct your thoughts and focus your energy during charm making.

Love Lore

ON A WEDNESDAY, BLOW DRIED RUE TOWARD
YOUR LOVER'S HOME AND THE OBJECT OF YOUR
AFFECTION WILL SHOW UP.



You Flirt! Bath



Flirty daisies worn on a midsummer's eve bring the blessings of the fairies. Celtic maidens wove daisy chains in their hair to attract a beloved's attention. Stick a daisy behind your ear before you head out and about to add a kick to your step.

This bath will heighten your flirting powers while making your skin as happy as your heart. Draw a hot tub; fill it with fresh daisy petals, $\frac{1}{2}$ cup dried lavender, 2 tablespoons ground cinnamon, and $\frac{1}{2}$ cup nonfat milk powder; and slip into it for a nice, long soak.



Binding Love to You



Be forewarned that forcing someone to do something against his or her will is a serious decision, and a binding spell can do just that. Remember, too, you're not just binding him; you're also binding yourself. You had better be sure you want to be bound to this guy—forever! Use with caution.

Make a poppet doll of yourself using the instructions for Voodoo Dolls (page 54). Bind your doll and his together with a red ribbon for passion, a pink ribbon for romance, and an orange ribbon for friendship. Tie each ribbon around and around the poppets in 7 knots. Following the voodoo tradition, place the dolls under your bed. Or try the European custom of burying them at a crossroads.



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Gypsy Magic Pouch



Cut out a 6-inch square of fabric. Place 1 tablespoon dried rue in the center. Top with something personal from the one you love. Gather up the corners of the square and tie together with a red ribbon. Hang the pouch on your bedpost on the new moon, and leave it there until the full moon. By then he will have contacted you.

Love Lore

GYPSIES USE WONDERFUL AND WHIMSICAL LOVE TALISMANS:

APPLES, ACORNS, BELLS, KEYS, BIRD'S EGGS, AND PEAS

IN A POUCH. ADD ANY AND ALL TO THE GYPSY MAGIC POUCH FOR EXTRA ZING.



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Cracking a Stony Heart



Over the course of 7 days, find 13 small pebbles. Look for ones that immediately attract your attention.

On the first Friday of the waxing moon, go to a grassy spot and arrange the stones in a little heart shape. Lie down on the stones with your heart on the stone heart. Think of your love. Then arrange the stones into your love's initials. Lie down on the stone initials and think of yourself. This will bring you to your love's mind. Pick up the stones and carry them with you until the full moon. If it is meant to be, it will be.



Herbs & Flowers



OOH LA LA!—FRENCH PERFUME MAKERS KNOW WHICH *MAGIQUE* SCENTS MAKE THE HEART FLIP. THE STRONGEST HEART SCENTS ARE CLARY SAGE, VERBENA, CLOVE, AND CINNAMON. USE ANY OR ALL TO ATTRACT YOUR LOVER'S ATTENTION. *TRÈS MAGNIFIQUE!*



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Key to His Heart



Voodoo charms can be a little spooky. That's what makes them fun! Find an old key (you should not know what it unlocks). Light a black candle and a white candle and burn It's You Baby Incense (page 50). Face toward your lover's direction. Through the hole in the top of the key, inhale as you whisper your lover's name. Press the key into warm, softened beeswax. Mold the wax around the key into the shape of a person. Let the wax cool. Tie a white ribbon around the wax-encased key, tying with 9 knots. Carry the talisman with you.





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Enchanted Doorway



Find a doorway through which your lover is sure to pass. Sprinkle dried rosemary along the threshold that will go unnoticed by anyone passing over it. While you sprinkle, repeat your honey's name and yours 3 times. Walk away without stepping through the doorway or looking back. The next unattached person to cross the threshold will be yours. Let's hope it's the right one! Enchanting your doorway and inviting your honey over can help prevent unwanted suitors.

Love Lore

ERZULIE IS THE VOODOO GODDESS OF LOVE. AFRICAN SLAVES BROUGHT THEIR TRIBAL BELIEFS TO HAITI IN THE SIXTEENTH CENTURY, WHERE THEY COMBINED WITH LOCAL TRADITIONS AND EVENTUALLY SPREAD TO LOUISIANA AND ELSEWHERE IN THE SOUTH. ERZULIE IS ADMIRERD AND FEARED BECAUSE SHE REPRESENTS LOVE BUT ALSO JEALOUSY. SHE DEMANDS THE MOST FROM HER FOLLOWERS, PREFERRING AN ENTIRE ROOM DEVOTED TO HER WORSHIP. SHE LIKES KISSING, DANCING, AND SPEAKING FRENCH. WOO HER WITH SUGARY DRINKS.



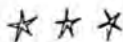
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Too busy for the home version? A pocket-size altar for the girl-on-the-go gives you everything you need to perform a ritual anywhere and everywhere.

Go-Go. Girl Matchbox Altar



Glue

**2 color copies of a love deity,
about 1 1/2 by 2 inches**

Small matchbox

Glitter and rhinestones

Scissors

Red cloth

**Love herb that works for you,
such as dried rue**

Pink embroidery thread

Rose quartz stone

1 birthday candle

1 match

Love Me Philter (page 51)

Glue a color copy of a love deity to the bottom interior and to the exterior top of the matchbox sleeve. Embellish the top by gluing on glitter and rhinestones. Using the scissors, trim the red cloth into a 1-inch square. Sprinkle a small amount of a love herb on the center of the cloth. Gather up the corners of the square and tie together with the embroidery thread. Place the pouch inside the box. Add the stone, the birthday candle, and the match to the box. Anoint the inside with a drop of Love Me Philter. Slide on the box top and you're off!





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Fire, Water, and Voodoo! Oh My!



In a glass bowl that has never been used, mix together 1/2 cup of water gathered from a flowing spring, dash of Tabasco sauce, 1 tablespoon fresh or dried rosemary, 5 drops Love Me Philter (page 51), and 1 drop red wine. Stir clockwise with your finger. Sprinkle this mixture around the house of your secret love on 3 consecutive nights during the full moon. Now he is yours.

Love Lore

MANY ANCIENT IRISH LOVE CHARMS WERE WRITTEN IN BLOOD WITH A RAVEN'S QUILL. FOR THE FAINT OF HEART, RED WINE IS A PERFECT SUBSTITUTE.



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Genie in a Bottle Charm



Fill one of your clear glass vials with a photo of your love, a handful of jewels, a few crystals, and glitter. Real jewels work best, but plastic are okay. Add a pinch of dried marigold petals and a pinch of ground cardamom. Fill the vial with springwater and a drop of blue food coloring and cap it.

Shake up the vial and place it in a sunny window to charge. After 7 days, open the top to release the genie magic. Give him a few moments (he needs time to stretch after all), then politely order him to do your bidding.



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Oh-So-Sweetheart







Find a small, clear plastic container. A gum-machine orb is perfect. Fill it up with a few chocolate kisses for love, Hot Tamales for passion, Sweet Tarts for the yin-yang thing, Root Beer Barrels to keep things funky, and Laffy Taffy for laughs, of course. Recite this incantation while you add the candies:

***You are so sweet, you're
good enough to eat.***

***When you are mine, I
will be thine.***

Toss the candies-loaded container
to your honey and walk away.



Bewitching Basics



INCANTATION WRITING 101—ROMANIAN LOVE CHARMS ARE ALMOST ENTIRELY SPOKEN INCANTATIONS, SONGS OR CHANTS PASSED THROUGH THE GENERATIONS BY WORD OF MOUTH.

MANY CELTIC INCANTATIONS, CHILDHOOD RHYMES WE ALL KNOW, HAVE ALSO STOOD THE TEST OF TIME AND ARE ALWAYS USEFUL. BUT WRITING YOUR OWN INCANTATIONS ALLOWS YOU TO TAILOR THE CHARM TO YOUR SPECIFIC DESIRES.

INCANTATIONS USUALLY RHYME. THIS MAKES THEM CATCHY AND EASY TO REMEMBER, BUT ALSO GIVES THEM A RHYTHM FOR CHANTING, AIDING YOUR CONCENTRATION AND MEDITATION. IF YOU'RE A DUNCE AT POETRY, PLOP YOURSELF DOWN WITH A RHYMING DICTIONARY FOR ASSISTANCE. ASSEMBLE A LIST OF WORDS THAT RHYME WITH YOUR NAME, WITH YOUR BELOVED'S NAME, AND WITH OTHER SIMPLE WORDS SUCH AS ME, MINE, AND LOVE. THEN CONSTRUCT SHORT PHRASES WITH AN EQUAL NUMBER OF SYLLABLES, AND END EACH LINE WITH ONE OF THE RHYMING WORDS. COUPLETS ARE THE EASIEST WAY TO BEGIN, RELAX, IT'S FUN! IF ALL ELSE FAILS, CHOOSE A FAVORITE SONG AND CHANGE THE WORDS TO SUIT YOUR PURPOSE.

INCANTATIONS NEED TO BE POSITIVE AND POWERFUL. FOR INSTANCE, USE THE WORD "WILL" NOT "WISH" OR "HOPE."

NO SCAREDY-CAT HEXES HERE.





Apples, which bring good luck and inspire love, have been the bearers of charms and curses since the first fateful bite. It seems that nobody can resist their sweet juiciness, nor escape their natural heart shape.

Apple of My Eye



Enchanted Apple Charm

Pick a half green—half red apple during the full moon. Polish it with a scarf you have worn. Breathe on the red side while thinking of your true love and whispering the following:

***Passion red
And true love green
Ignite the heart
And turn the head.***

Now, eat the green half, and then kiss the red half and place it in your lover-to-be's hand. He who holds it will fall in love. He who eats it will be yours.

Fifteenth-Century Celtic Apple Charm

Carve the words "Guel & Bsatiell & Gliell" into an apple. Give it to your heart's desire to eat, and he will be yours.

Three Gypsy Apple Divination Charms

Apple Charm No. 1: Get an apple from a widow without thanking her. This may sound difficult, but it just means you need to know more about your grocery clerk than you may now. Eat one half before the stroke of midnight and the other half after midnight. You will dream of your future love. This charm works best during the full moon.

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Apple Charm No. 2: Peel an apple in an unbroken spiral. (This is a magic trick in itself!) Toss the peel on the ground. It will form the first initial of your future true love.

Apple Charm No. 3: Twist an apple stem clockwise while reciting the letters of the alphabet. When the stem breaks, the letter you have just said is the first initial of your future love. (What will become of all the Zacks in the world?)

Love Lore

THERE ARE NINETY-SIX WORDS FOR LOVE IN SANSKRIT,
EIGHTY IN ANCIENT PERSIAN, THREE IN GREEK, AND ONE
IN ENGLISH. NOT VERY ROMANTIC, BUT, HEY, IT MAKES
INCANTATION WRITING A SNAP!

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Tarot Ties



Shuffle through a tarot card deck and find the Star (you), the Knight of Cups (him), and the Lovers (the two of you together). Line these up in the middle of your altar table with the card of the lovers in the center. Place a small glass of springwater on top of your card, another small glass of springwater on top of his, and an empty glass on the card of the lovers. Light 13 red candles. Simultaneously pour the water from the full glasses into the empty glass while visualizing the joining of your two hearts as one.





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Airmail Valentine Charm



At your altar, write a letter to your love, including in it all the reasons you love him so. Anoint each corner of the stationery with Love Me Philter (page 51). Using your finger, trace the 4 points together in a clockwise circle. Sprinkle the center with a pinch of fresh, love-inspiring lemon verbena. Fold the paper into an airplane, and then continue to fold with the herb in the center, visualizing your goal being enacted and fulfilled as you work and making the paper as small as possible. Wind pink thread around and around the paper while repeating your desired's name. Tie the thread with 3 knots and address the outside of the letter. Keep the message in your pocket until such time as you feel comfortable delivering it.

Love Lore

L MARGERY BREWS OF ENGLAND SENT THE
FIRST VALENTINE IN 1477.



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This magical and modern oracle looks like a swirling galaxy. A chip of beryl stone encourages visions and assists with love divination.

Magic 8 Ball Oracle



Polymer clay

Toothpick

Small, clear jar with a tight fitting top (such as a baby-food jar)

Light corn syrup

Glitter and metallic confetti in celestial shapes

Chip of polished beryl

Form the polymer clay into a triangular or square three-dimensional shape, no larger than about 1 inch square. Using the toothpick, inscribe each side with an answer, such as "yes," "no," "perhaps," or something more mystical.

Bake the polymer shape in the oven according to the package directions. When it has cooled, place it in the bottom of the jar. Fill the jar to two-thirds full with corn syrup. Sprinkle in the glitter and metallic confetti, and the beryl. Top up the jar with water, and screw on the cap very tightly.

Shake the jar and think of a question. Turn the jar right-side up and the magic oracle will float down and let you read the answer through the bottom.





Chapter 3:

Bequile-Head-over-Heels in Love

Suddenly, you find yourself acting all wrong. Why are you buying expensive, frilly underthings that clash with your witchy wardrobe?

That's easy, it's love! Now that you've found "the One," the fun really begins.

When you're able to tear yourself away from staring into your sweetheart's starry eyes, flip through this chapter for delectable elixirs to share, delicious charms to devour, and the sweetest tokens of affection to give your love.

Red-hot red is the color of the day. Spread your altar with a red scarf and gather red candles, red flowers, and a few of these hot-to-trot items: hibiscus, ginger, passionflower, papaya, cinnamon, cardamom, and jasmine.

Instant Attraction Incense



Mix up this potent incense while falling in love. Galangal and basil are love-inspiring herbs used in East Indian charms. A touch of allspice fuels the fire. Using the back of a spoon, crush together 1 tablespoon each dried galangal, basil, and allspice.

Stir 1 tablespoon cornstarch into the mixture.

Add 1 drop cinnamon oil for extra kick. Sprinkle 1 teaspoon of the mixture on the center of a lighted incense coal to burn while you are making charms and whenever your honey is near.



First Love Philter



Buckle your seat belt! These three spicy oils ignite the inner spitfire. In a vial, combine 10 drops clove oil, 5 drops ginger oil, and 5 drops peppermint oil. Anoint your candles, your charms—and your wrists if you dare.



Herbs & Flowers



SCENT AN ENTIRE ROOM WITH YOUR LOVE PHILTERS WITHOUT LIGHTING A MATCH. MODERN TIMES CALL FOR MODERN METHODS. DAB ONE OF YOUR LOVE PHILTERS ON A LOW-WATT LIGHTBULB, AND THE WARM BULB WILL DIFFUSE THE SCENT THROUGHOUT THE ROOM, SENDING ROMANCE INTO EVERY NOOK AND CRANNY.

Pucker up! Lip-soothing balms are imbued with essential oils sure to inspire blind devotion in anyone lucky enough to be kissed. Kissable vanilla will imprint your lips in his memory; it revs up love and lust, but is also one of the most memorable scents. Yummy cherry adds a rosy gleam while inciting lust. Strawberries nourish love, especially when the berries are shared.

Hissing Balm



1/2 teaspoon beeswax
1 teaspoon coconut oil
Small microwave-safe bowl
Wooden spoon
1 tablespoon almond oil
4 drops vanilla oil
Scissors
1 vitamin E capsule
A few drops cherry or strawberry flavoring oil

Place the beeswax and coconut oil in the bowl and microwave on high until melted, about 1 minute. Do not overheat. Using the wooden spoon, stir in the almond and vanilla oils. Using the scissors, snip the end off the vitamin E capsule and squeeze the oil into the mixture. If you like, add flavor by stirring in a few drops of cherry or strawberry oil. Pour the mixture into an empty lip balm or cosmetics container. Let cool.

If you'd prefer to use the classic cauldron method, heat the beeswax and coconut oil on the stove top in a double boiler. Remove from heat and proceed as directed.

Candy Hisses



Chocolate charms are wasted on those who don't appreciate their wicked wives. Save this treat for a chocolate lover who likes to share. Customize a bag of chocolate kisses so that your honey knows just what you have in mind.

Carefully unwrap the candies. Remove the inner white strip of tissue paper and trace the outline onto pink writing paper. Trim out as many strips from the pink paper as you will need. Using a red pen, write one reason you love your sweetie on each slip of paper. If you can't think of at least fifty, easy, it's time to return to chapter 1! Wrap a message around each kiss. Then rewrap the foil around the candies so that a pink paper note peeks out the top of each one. Place the kisses in a box that you have decorated with tons of glitter and plastic jewels.

Only you topped with frosting would be a sweeter dessert! The orange yumminess of these ruby red cupcakes will make your love forget their potent falling-in-love powers. Blood orange seals romantic love, vanilla inspires love, and roses are the flowers of Venus. Legend has it that Venus pricked her finger on the thorn of a white rose, releasing a drop of her blood that stained the rose red. Since then red roses have been associated with romance, making them one of the most common ingredients in love charms.

Lovely Cupcakes



1 box white cake mix

Milk

Unsalted butter

2 teaspoons vanilla extract

6 drops blood orange oil

3 dried red rose petals, crushed

Red food coloring

**2 muffin pans lined with
paper liners (12 cupcakes total)**

1 container pink frosting

**Candy toppings: all
your favorites—such as
Red Hots, gummy hearts,
and red sprinkles—and
maybe a few of his, too**

Whip up the cake mix according to the package directions. Yummify the mix by using milk for the box recipe's liquid ingredient (usually water) and real butter instead of shortening or oil. This will make any mix taste homemade. Stir the mixture clockwise and envision the binding of your love.

Add the vanilla extract, blood orange oil, rose petals, and enough red food coloring to make the batter racy red. Mix thoroughly. Pour the batter into the prepared muffin pans.

Bake according to the package directions. Remove from the oven and let cool. Frost each cupcake with the pink frosting, and decorate with lots of red candies and sprinkles. Share a cupcake with your honey tonight, for the absolutely quickest way to his heart.





Love Potions



Keep his dice hot with these tantalizing potions disguised as fun cocktails! Mysterious and delicious potions have long been used to make a lover's eye twirl. These three are meant to be shared and enjoyed together. Start the afternoon with the seemingly innocent iced tea potions and then move on to the hard stuff. Bottoms up!

Love Potion

No. 1: Hot-to-Trot Hibiscus

Gorgeous red hibiscus flowers have been used since ancient times for their potent properties. Hibiscus tea was forbidden to women in ancient Egypt for that very reason. Rejoice that those boring old times are long gone. Juicy papaya induces lustful feelings, while honey balances all the ravenous energy with a touch of sweetness.

2 hibiscus tea bags

1 cup papaya juice, chilled

1-quart pitcher

Wooden spoon

1/2 tablespoon honey

Sparkling water, chilled

2 fresh mint sprigs

Using the tea bags, brew 2 cups hibiscus tea. Let cool completely. Pour the tea and the papaya juice into the pitcher. Using the wooden spoon, stir in the honey until it dissolves. Top up the pitcher with the sparkling water. Pour the potion into 2 tall glasses and garnish each with a sprig of mint.

Love Potion

No. 2: Get Lucky Green Tea

Falling in love takes time and energy: the late nights, the long I-miss-you-too phone calls, the need to create all the necessary charms. Brew up this elixir to keep you going. Green tea is appreciated for its healthful properties, including boosting the libido and giving you plenty of stamina. Mangoes are used in East Indian love and beauty rituals, and they're packed with vitamins, too.

2 sweet green tea bags

**1 cup mango juice,
chilled**

1-quart pitcher

Wooden spoon

1/2 tablespoon honey

**Sparkling water,
chilled**

**A few blades of
lemongrass**

Grated fresh ginger

Using the tea bags, brew 2 cups of green tea. Let cool completely. Pour the tea and the mango juice into the pitcher.

Using the wooden spoon, stir in the honey until it dissolves. Top up the pitcher with the sparkling water. Pour the potion into 2 tall glasses and garnish with the lemongrass and ginger.

Love Potion

No. 3: Violet Vixer

Imbibing vodka, the famous Russian elixir, can cause you both to fall in love and over your own two feet! Lemons were first used in East Indian love and beauty magic. Their natural zinginess and effective love-inspiring qualities quickly spread along the ancient trade routes and into the potions and charms of many cultures.

1 lemon

Short glass

Wooden spoon

1 teaspoon sugar

1 shot vodka

A few small ice cubes

1 lemon slice

1 fresh violet

This recipe makes 1 drink; double the amounts for 2. Squeeze the juice from the lemon into the glass. Using the wooden spoon, stir in the sugar until it dissolves. Mix in the vodka. Add the ice cubes and garnish with the lemon slice and the flower.

Love Potion Coasters and Swizzle Sticks



It's always a good idea to keep a love deity close at hand, especially when you're loopy on love potions. They'll keep the love magic flowing and cast the evil eye when necessary. These deity-decorated coasters are a sneaky way of keeping your goddesses within spell range while you sip potions with your honey.

Find 6 ugly beer coasters in your junk drawer and glue a color copy of a love goddess to the top of each one. Seal the top with a clear laminate sheet (available in art supply stores).

Choose some love-inspiring cocktail decorations. Plastic mermaids are perfect. These singing sirens know all about allure. Hang one from the rim of the glass, or use a glue gun to crown a swizzle stick with a naughty nudie. Top off additional sticks with plastic love tokens, such as hearts, flowers, birds, and bees.

Let Me See What Is to Be



See if you and your lover were meant to be. Write your name on a piece of paper, and write your lover's name directly below it. Cross the common letters out of each. Then, with the remaining letters, form words that will foretell your future together.

Bewitching Basics



NOTHING GETS A WITCH GREENER IN THE FACE THAN DISCOVERING SHE'S MISSING AN INGREDIENT WHEN CONCOCTING CHARMS. IF THIS HAPPENS TO YOU, DON'T THROW UP YOUR HANDS AND SIT BACK DOWN FOR ANOTHER HOT DATE WITH THE TV. USE YOUR WITCHY INTUITION AND MAKE A SUBSTITUTION.

WHENEVER SPELLS PASS BETWEEN CULTURES, INGREDIENTS CHANGE, THUS SIMILAR SPELLS TURN UP IN DIVERSE CULTURES WITH DIFFERENT INGREDIENTS. ALTHOUGH SOME OF THESE ELEMENTS ARE USED FOR THEIR MEDICINAL VALUES, OTHERS ARE MORE SYMBOLIC. FOR EXAMPLE, WHILE GINGER MAY BE USED IN A CHARM IN CHINA, THE SAME CHARM WOULD BE MADE WITH A CAYENNE PEPPER IN MEXICO, AND A DASH OF TABASCO SAUCE IN THE HOME OF A VODOO PRACTITIONER IN LOUISIANA. IN OTHER WORDS, USE YOUR IMAGINATION WHEN BREWING.

Gypsy lore says that if you tie a knot in your lover's hair, you will always be in your sweetie's thoughts. This more modern token of affection, which calls for decorating a picture frame with sugary conversation hearts, will keep your happy smile on his mind and in his heart. Sugar adds sweetness to any love magic, and the hearts' kooky sayings will make your honey smile.

Sweetie Heart Frame



Conversation hearts candies

Glue gun

Small picture frame

Spray fixative

Photo of you and your honey

Choose hearts with sayings that convey your love loud and clear. Using the glue gun, attach the candies to the frame, arranging them so that they completely cover it. Spray with fixative to seal. Slip the photo of you or of the two of you into the frame.

This is the updated version of carving your initials in a tree, and it won't unleash the wrath of a harassed tree spirit. Bind your names together instead with these romantic bracelets. Silver, which is associated with Luna, the moon goddess, is the metal to exchange when you want to remain in your lover's thoughts.

Forget-Me-Not Ribbon Bracelet



Silver polymer clay

**Coat hanger wire,
8 inches long (cut to length
using wire cutters)**

Toothpick or large needle

**Dark-red velvet ribbon,
12 inches long**

Leather cord, 12 inches long

**Jeweler's wire, 2 attachment
hooks, and 2 jump rings
(optional)**

Scissors

Matches

**Instant Attraction Incense
(page 76)**

Candle

Using the polymer clay, form 2 long, narrow rectangular beads around the wire, making each one 1½ to 2 inches wide and ¼ inch high. Using the toothpick or needle, carefully inscribe an appropriate lovey-dovey message and your names on the 4 sides of each rectangular bead.

Bake the 2 beads in the oven according to the package directions. Let cool, then carefully remove the wire. String the ribbon through 1 bead and the leather cord through the other.

If you like, using the jeweler's wire, attach a hook and jump ring to the ends of the ribbon and the cord. Using the scissors, cut the ribbon and cord as necessary.

Light the incense. Then light the candle and pass each bracelet over the flame. Careful! Set the house on fire with your love, not your charms! Envision your names sealed into each other's hearts. Tie the leather bracelet around your honey's wrist, and have your honey tie the ribbon bracelet around yours.

Love Lore

IN HUNGARY, A WOMAN TRADITIONALLY SEALS HER LOVE BY TYING A STRAND OF HER HAIR TO ONE OF HER LOVER'S HAIRS AND BINDING IT WITH A RED RIBBON. THE CHARM IS WORN NEAR THE HEART.

Daring Dusting Powder



As infatuating as batting your eyelashes, fancy Parisian powder will refresh your body while sending messages of undying devotion. Sultry East Indian patchouli and sandalwood are known for their ability to make people fall violently in love. Frankincense was used in love-inducing incense and perfumes throughout the ancient world. A pinch of glitter modernizes these earthy scents with a bit of razzle-dazzle.

Mix together $\frac{1}{2}$ cup arrowroot, 2 tablespoons dried chamomile, and a few drops of these essential oils: patchouli, sandalwood, and frankincense. Add $\frac{1}{2}$ teaspoon clear body glitter and stir to create a scandalous shimmer.



Old Irish Charms



Ah, the good old days, when love was supposedly simple. If that were the case, there wouldn't have been these charming charms.

To seal your love for each other, grasp a sprig of mint together between your hand and your lover's until it is warm and moist. Do not speak during this time.

To create enduring love, present your love with a fresh slab of butter on a new dish near a millstream and a tree.

Flower Power

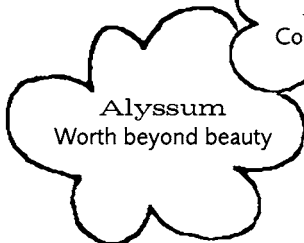
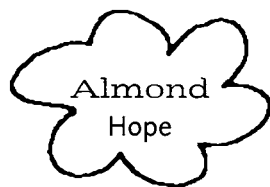


Flowers have long spoken the language of love.

The first dictionary of flower meanings was compiled in France in the seventeenth century. But the language rose to an art form during Victorian times, when public wooing was constrained by social mores and nosy parents. In the 1880s, many books were written detailing the elaborate messages possible in a single bouquet.

This truly flowery prose was passed between lovers, setting hearts aflutter and breaking one or two as well.

Revive this innocent charm and send your honey a bouquet packed with intrigue. Enclose a note explaining the individual meanings. Here are a few examples from French and English tradition:



Hyacinth
Admiration

Gardenia
Ecstasy

Daffodil
No

Hollyhock
Consumed by love

Iris
Passion

Clover
Promise

Violet
Purity

Apple
Temptation

Rose
Love

Tulip
Vow

Wormwood
Love returned

Flax
Thank you

Lilac
Innocence

Orchid
Comfort

Petunia
Closeness

Temptriss Tips



Fire up the cauldron. It's time to pull out your magic wand and let your lover have it. These devilish charms are just a wee bit wicked. Who knows what intriguing goings-on they may inspire?

Proceed if you dare.

Fever Incense

Hibiscus is ruled by the love planet Venus and is associated with the Egyptian mother goddess, Isis. In Egypt, hibiscus had a scandalous reputation for fueling nymphomaniacs. Damiana was discovered by the Aztecs, who used it as an aphrodisiac. Cinnamon adds even more passion-inducing spice to this heady mixture. Using the back of a spoon, crush together 1 tablespoon each dried hibiscus, damiana, and ground cinnamon. Stir in 1 tablespoon cornstarch. Sprinkle 1 teaspoon of the mixture on the center of lighted incense coal. Look out!

Vamp Philter

Here is a late-night love philter for anointing your candles and charms: In a vial, combine 10 drops cinnamon oil, 5 drops patchouli oil, and 5 drops pine oil.

This tasty and tempting perfume stirs up lust and makes you smell good enough to eat. Ginger ignites a lover's passion, while grapefruit ensures harmony.

Edible Perfume



1 tablespoon almond oil
8 drops brewed green tea
5 drops vanilla oil
4 drops cognac
6 drops rose oil
2 drops grapefruit oil
1 drop ginger oil
1 drop blood orange oil
Small bowl
Wooden spoon
Perfume bottle

Place all the ingredients in the bowl and stir with the wooden spoon. Decant the mixture into a clean perfume bottle and cap tightly. Shake before using if any separation occurs.

Cleopatra's Bedazzling Body Glitter



According to legend, in 42 B.C., Cleopatra regularly greeted Marc Antony wearing nothing but bewitched aloe vera and mica body glimmer while standing knee deep in rose petals. Aloe vera was an important ingredient in Egyptian love and beauty rituals. It promotes love and encourages peace. You'll be so mesmerizing in this mixture that the room full of rose petals is optional. Stir 1 tablespoon body glitter into 1/4 cup aloe vera gel. For a glow as bright as your heart, spread the mixture wherever you'd like to attract your lover's eye.



Devil-Doll Sheet Scent



Perfume your sheets with these falling-in-lust scents. After all, you might just find yourself rolling around in them. Try the first two for a romantic romp and the last one when you finally must succumb to a deep sleep. Fill a clean white sock with one of the dried flowers listed below, and then add a few drops of the suggested essential oils. Knot the top of the sock and place it in the dryer with dry sheets.

Tumble on high for 15 minutes.

Scent No. 1:

1/2 cup dried red rose petals with ylang-ylang, chocolate, geranium, and clary sage oils.

Scent No. 2:

1/2 cup dried lavender with cardamom, fennel, and ylang-ylang oils.

Scent No. 3:

1/2 cup dried chamomile with ginger, lavender, sandalwood, and jasmine oils.

Relax in a hot tub after an exhausting day of being in love. These fizzy bath tablets, scented with Eastern aphrodisiac flower oils, will make your nose happy and your body ready for more amorous antics.

Bath Blast



1 cup baking soda
**1/2 cup citric acid (available in
pharmacies)**
1/2 cup cornstarch
2 bowls; 1 large, 1 small
Wooden spoon
2 1/2 tablespoons almond oil
2 1/2 teaspoons water
1/4 teaspoon jasmine oil
1/4 teaspoon vetiver oil
1/4 teaspoon borax
A few drops red food coloring
**1/4 cup dried flower petals
(use your favorites)**
Candy molds
Baking sheet

Put the baking soda, citric acid, and cornstarch in the large bowl. Stir with the wooden spoon. Put the almond oil, water, jasmine and vetiver oils, and borax in the small bowl. Stir together. Add the wet ingredients to the dry ingredients and stir until well blended. Add the food coloring and the flower petals. Firmly pack the mixture into candy molds to form tablets. Carefully unmold the tablets onto the baking sheet. Let the tablets dry slowly for 1 to 2 days before using.

Massage bars shaped like scrumptious chocolates look and smell good enough to eat. Can't believe anything's better than eating chocolate? Whip up a batch of these seductive bars and see! The heat of your skin will melt the bars, releasing the smoothing and soothing oils. Simply massage the oils into your lucky recipient's skin, always moving toward the heart. And don't let the yummy smell fool you, these bars are not for eating.

Chocolate Massage Bars



1 teaspoon coconut oil

1/2 cup cocoa butter

2 microwave-safe bowls

2 drops vanilla oil

2 drops blood orange oil

4 drops sandalwood oil

4 ounces chocolate (any kind)

Candy molds

Candied flower petals

**Foil or paper candy cups
and a heart-shaped candy box
(optional)**

Place the coconut oil and cocoa butter in one of the bowls and microwave on high until melted, about 30 seconds. Stir in all the oils. In the other bowl, microwave the chocolate on high until melted, about 30 seconds. Stir 4 tablespoons of the coconut oil mixture into the chocolate. Spoon a small amount of the chocolate mixture into the bottom of each candy mold until the mold is one fourth full. Let the chocolate cool until hardened.

Top up each mold with the coconut oil mixture, reheating it if it begins to harden too much to pour. Let the bars cool until hardened. Unmold the bars. Using a drop of melted coconut oil as "glue," adhere a candied flower petal to the top of each. If you like, place the bars in candy cups and fill a big candy box with your creations. Present it to your honey and have fun!

Bewitching Basics



IF THERE AREN'T ENOUGH PENNIES IN THE PIGGY BANK FOR PURE ESSENTIAL OILS, DON'T USE SYNTHETIC. INSTEAD, MAKE YOUR OWN PURE OIL INFUSION. ON THE STOVE TOP, HEAT 1 CUP LIGHT OIL (SUCH AS ALMOND OIL) OVER LOW HEAT UNTIL TINY BUBBLES BEGIN TO RISE FROM THE BOTTOM OF THE PAN. ADD AT LEAST 1/2 CUP OF A DRIED HERB, FLOWER, OR OTHER INGREDIENT (ROSE PETALS, ORANGE PEEL, OR PEPPERMINT LEAVES) AND HEAT GENTLY UNTIL THE OIL IS SCENTED, ABOUT 10 MINUTES. STRAIN THE OIL AND LET COOL, THEN STORE IN A TIGHTLY CAPPED JAR.

XXX! And you're the star of the show! A quick-flip peep talisman to keep your honey entertained.

Ms. Pussycat's Peep Show



Matchbook

Glue

2 color copies of nudie playing cards, pink oats, sexy patterns, or whatever you want

Photo of yourself as scantily clad as you dare (use a digital camera if you're shy)

Paper and marking pens

Scissors

Puff-paint glitter

Red velvet cloth (optional)

Remove all the matches from the matchbook. Using glue, attach 1 color copy to the outside cover and another to the inside of the matchbook. Glue the photo of yourself to the back of the inside of the book. On the paper, draw a starburst and write "XXX," or "Live Girls," or something similar inside the starburst. Trim out the starburst and glue to the outside cover of the matchbook. Decorate the book, inside and out, with puff-paint glitter. If you're a crafty girl, use the cloth to fashion mini curtains around your photo.

Cherry-Bomb Condom Case



You may be bound by love, but perhaps you don't want to be bound to other, less pleasant things.

Make this mini love talisman-wallet to keep you both happy and healthy.

Lay 2 wrapped condoms end to end on the back of a piece of shiny vinyl. Using a felt pen, trace the outline of the condoms, adding $\frac{1}{4}$ inch all along the outline for a seam allowance. Repeat to make a second traced outline. Use scissors to cut out both tracings. Stack the cutouts, shiny-sides out, and glue them together with a bead of fabric glue along 3 sides. If you have time, sew the seams with a needle and thread for more strength. Fold the wallet in half and glue or sew a symbol of love onto it, such as a cherry or a heart, cut from a contrasting color of shiny vinyl. Attach tiny self-adhesive Velcro dots to the flap to hold the wallet closed.

Don't lose the magic powers of your candles.
Recycle the melted wax in new scented candles
you make yourself.

Red Light District Candles



Candle wax, about 2 cups

Microwave-safe bowl

**A few drops of your favorite
essential oils**

**1/4 cup dried flower petals
(use your favorites)**

Pinch of glitter

Candle molds or paper cups

Wicks

Pennies

Place the candle wax in the bowl and microwave on high until melted. Stir in the essential oils, the flower petals, and the glitter. Pour the mixture into the candle molds. To add a wick to each candle, tie a penny to one end of each wick. Drop the penny into the hot wax in the mold; the penny will hold the wick in place. Trim the wick. Make as many candles as you have wax and molds. Let cool until hardened. Unmold the candles and try one out during your next spell.

Gypsy. Wedding Ring Divination



Borrow a gold wedding band from a happily married couple. Grandparents are a good choice, since even if they aren't exactly happy, they at least usually put on a good show. Hold the ring, resting it on its edge, on a tabletop and concentrate on a question you'd like answered. Then roll the ring away from you. If it falls to the right, the answer is yes: if it falls to the left, the answer is no.

Love Lore

SAVE THE PETALS FROM FLOWERS GIVEN TO YOU BY PEOPLE WHO LOVE YOU. DON'T FORGET DEAR OLD DAD! DRY THE PETALS IN THE SUNSHINE. THESE FLOWERS OF LOVE ARE POWERFUL AND WILL ADD EXTRA KICK TO YOUR CHARMS.



Bedevil-Easing the Heartache

Uh-oh! All is not well in Hocus-pocusville. All of a sudden your fantastic sweetheart seems to be hexed by the Warlock of All Things Irritating. Too much of a good thing can sometimes be, well, too much of a good thing. Before you stage a bout between the Fabulous Goddess vs. the Evil Warlock—relax and take a break.

- Your love life may only need a spring-cleaning. Or maybe it truly needs a major overhaul. Whether
- you've just had a spat that can be overcome or it is indeed time to move on, a few cleansing and renewing charms will help get you back on track. Either way,
 - celebrate a fresh start with your long-lost girlie-gang.



Out-with-the-Old Altar Cleansing





On the new moon, remove the used charms, the dusty herbs, and the dead flowers from your altar.

Only remove two elements at a time, so as not to disrupt the balance. Reuse what you can, rinsing out vials and bowls. Bury biodegradable items at a cross-roads, and offer the stones to a river.





If you are through with the relationship, safely burn all the remaining items and then bury the ashes.

Clean the altar with water and sea salt. Rub cedarwood oil into the surface if you wish. Leave the altar empty for a few days before placing a white cloth and a white candle on it.





Bewitching Basics




IF YOUR SPELLS DON'T SEEM TO BE FUNCTIONING WITH ADEQUATE POWER, MAYBE YOUR INGREDIENTS ARE BRINGING TOO MUCH OF THEIR UNROMANTIC BAGGAGE WITH THEM. TO PURIFY YOUR VIALS, STONES, AND OTHER SOLID OBJECTS, SOAK THEM IN SEAWATER OVERNIGHT IN THE MOONLIGHT, THEN LET THEM DRY IN THE SUNLIGHT. OTHER INGREDIENTS CAN BE CLEANSED WITH SAGE OR COPAL SMOKE: LIGHT A SPRIG OF DRIED SAGE OR COPAL RESIN, AND FAN THE SMOKE AROUND THE OBJECTS.



Clean Slate Incense

Tie a bundle of dried sage sprigs together with a blue or green ribbon. Blue and green represent water and earth and bring rebirth. Light the tip of the sage wand, and then blow out the flame so that the fire smolders slowly. Fan the smoke into all the corners of the house.

Copal is a strong purifier. Light a chip of copal resin on an incense coal and fan its fresh, earthy scent throughout the room.







Love Lore



LIMES, VINEGAR, OR ASHES ADDED TO CHARMS
WILL RID YOU OF UNWANTED LOVE.





Renewing Philter

In a vial, combine a few drops of acacia,
rosemary, and sage oils and shake well. Anoint the
parts of your house that need cleansing: the bed,
the doorways, everything!

Love Lore

DIANA (OR ARTEMIS IN GREEK MYTHOLOGY) IS THE ROMAN
GODDESS OF FEMININE POWER AND THE HUNT. SHE IS THE
PROTECTOR OF ALL THINGS FREE AND WILD. SHE IS ALSO THE
QUEEN OF THE WITCHES.

African Yoruba Cleansing Spell

This Caribbean-influenced African ritual cleanses your house of bad spirits and welcomes the *orisha*, the good gods and goddesses, back into your abode. On the waning moon, sweep a handful of sea salt around the corners of your house, from the front door, through the kitchen, and then out the back door.

Then, in a bowl, combine 1 cup coconut milk and a splash of Florida Water (or another inexpensive cologne). Dip a bouquet of carnations into the mixture.

While you walk around your house, sprinkle the coconut mixture from the flowers into every corner. Pay particular attention to the windows and doors.



Caribbean Coconut Charm

Continue the cleansing with this African-influenced ritual to reclaim your space. Find a green coconut that resembles your face. Kick the coconut from the front door, all the way around the house, into every corner, and then out the back door and into the jungle. The concrete jungle works, too!



Herbs & Flowers



ADD THESE ITEMS TO YOUR ALTAR OR ANYWHERE

↳ THAT NEEDS PURGING: ELDER, GARLIC, MUGWORT, ONION,
THISTLE, AND WOODRUFF.

o o

If you want to kill love, bathe in a bath with a dollop of walnut oil. If you just need a refreshing dunk to get you back on your feet, try these skin-comforting salts: acacia soothes, sage purifies, rosemary cleanses and beautifies, and orange makes you smile.

Spring-Clean Bath Salts

Mixing bowl

1/2 cup Epsom salts

1/2 cup coarse sea salt

2 tablespoons baking soda

A few drops of 1 or 2 of the following essential oils: acacia, sage, rosemary, or orange

Wooden spoon

Food coloring in your favorite color (optional)

In the bowl, combine the 2 salts and the baking soda. Add the essential oil(s) and stir with the wooden spoon. If you wish, add a few drops of food coloring to brighten your mood. Use 3 to 4 tablespoons per bath.



Healing Dreams

Calendula petals inspire healing dreams.
They banish nightmares, brush out blinding cobwebs
so that you can see your path clearly, and
encourage a deep rejuvenating sleep.

Fill a green sachet pouch with 1/2 cup dried
calendula petals. Tie the pouch with a blue ribbon.
Place the dream pouch under your pillow. Then sip
a cup of chamomile tea before you fall to sleep.

Love Lore

SUMMON OYA, THE SANTERIAN GODDESS OF FEMALE POWER
AND STORMS, WHEN TRANSFORMATION IS NEEDED.

New Love Garden

Once you have cleansed the house of all bad-vibe spirits, welcome back love and other positive forces. Plant a window box with these love-friendly plants: coneflowers, daisies, yarrow, roses, lavender, and parsley.

Balancing Bouquet

Make a big bouquet with flowers and herbs that are conducive to rejuvenation. Marjoram encourages healing; hawthorn nourishes happiness in a relationship (bury the hawthorn berries to promote change); lemon balm soothes the heart; lilac brings harmony; sunflower invites the sun into your life; and valerian stops fights and purifies the space.

Protected Doorway.

The sator-arepo square is one of the oldest and best-known magic formulas. Engraved on talismans for general good fortune, the earliest example was found in Pompeii. Copy these interesting supernatural words, which read the same from left to right, back to front, and up and down, onto a small square of paper. Tack the paper above your front door to protect the house and anyone who crosses your threshold.





Coven Cocktail Party!



During your love-in, it's likely that your gal pals will have become memories as hazy as an out-of-focus crystal ball. It's time to assemble a coven and celebrate with an on-the-fly slumber party. Use your combined girlie energies to make a few of the charms in this book to keep all for yourselves.

Then mix up these slumber-party refreshments made from everything a girl adores. Serve the cocktails with bonbons, dah-ling.

Cover Cocktail

No. 1: Pink Martini

Pink is for girls. Lucky us! And nobody will argue about the color when it's in the form of this enchanted martini. Raspberries are known for their heart-soothing powers and their cheerful, deep pink demeanor.

1½ ounces vodka

½ ounce cranberry juice

½ ounce raspberry liqueur

A squeeze of lime juice

A few ice cubes

Cocktail shaker

**Raspberries speared
on a cocktail pick**

Put the vodka, cranberry juice, liqueur, lime juice, and ice cubes in a cocktail shaker. Shake them up. Strain into a chilled martini glass. Garnish with the raspberry-loaded cocktail pick.

Cover Cocktail

No. 2: Chocolate Martini

Chocolate makes you feel
in love, no boys necessary!

1 1/2 ounces vanilla vodka

1 ounce chocolate liqueur

A few ice cubes


Cocktail shaker


1 maraschino cherry


Put the vodka, liqueur, and ice cubes in a cocktail shaker. Shake them up. Strain into a chilled martini glass. Garnish with the cherry.


Herbs & Flowers Reference


You may know many of the herbs and flowers used in love charms from your garden and your kitchen spice shelf. However, here are a few you may not have thrown in a stew or picked for a bouquet. Most are readily available in their dried form at health food stores or by mail order. Before using any unfamiliar herb or plant material do a little research on www.botanical.com or in an herbal reference book. Just because it is an herb doesn't mean it is edible! Although most of the love charms are not to be ingested, spot test all mixtures for skin allergies before using.


aromatic = 


culinary = 


medicinal = 


Acacia – The distinctively scented yellow puffball flowers of the acacia tree have been used for centuries in love and beauty rituals. Baths full of acacia flowers were used as a relaxing soak by fair maidens hoping to draw love their way. 


Amber – An earthy scented resin, used since classical times as an oil and incense for love and beauty rituals and charms. 


Aniseed – Popular with voodoo practitioners, these licorice flavored seeds are used in love and beauty rituals. In Europe they were added to charms to avert the evil eye. 


Bittersweet – A shrubby plant from the nightshade family, bitter-sweet has been used since medieval times for love and magic charms, although the berries can be slightly poisonous. 


Calendula – Otherwise known as the marigold. The petals have been used in sacred rituals and magic since ancient times. Infused into salves, its medicinal properties heal wounds of the body and heart. 


Coltsfoot – The woolly leaves of this plant were used in medieval times to fill mattresses and by birds to line their nests. Both its leaves and flowers are used in love magic. 


Comfrey – A relative of the forget-me-not, comfrey produces tiny light-purple and yellow flowers. Its root mucilage has been used for hundreds of years for its wound healing properties. 

Copal – A resin used primarily as an incense for drawing love and for purification rituals. 

Coriander – Also known as cilantro. The seeds, not the parsleylike leaves, are the useful part in love charms. Used since ancient times, the plant got its name from the Greeks, who thought its unique scent resembled that of a bug! 

Cyclamen – The tuberous roots and flower petals were mixed in cakes for their amorous medicinal qualities. Used in charms, the petals will help you forget lost love and enable you to fall violently in love again. 

Damiana – The leaves of this South American plant were infused in tea and drunk as an aphrodisiac since it was discovered by the Aztecs. 

Frankincense – A tree resin, it was the most important sacred incense in ancient times. Burned down to charcoal, it created the Kohl eyeliner worn by the Egyptians. Used in love charms, it is a powerful love-inspiring addition. 

Galangal – Common in Asian and Indian love charms, galangal resembles ginger root. It is used to ignite lust and fire passion. Use ginger as a substitute.



Ginseng – A wild and cultivated root native to Asia and North America with many medicinal properties. Used in love charms and beauty rituals in the East, it inspires lust and fuels stamina.



Hops – Most famous for their use in beer, hops "cones" have been used since the Romans as a sedative. Placed in sachets and drunk in tea, they inspire dreams of future love. Use clary sage as a substitute.



Lemonbalm – A bushy herb with a sweet lemon scent. Known to comfort and rejuvenate the heart, it was used in the seventeenth century to promote eternal youth.



Lemongrass – A scented tropical grass common to Asia and India, it is used in love charms for its lemony perfume.



Mastic – This shrubby plant has grown wild in the Mediterranean for centuries. Cultivated by the Romans, the resin was used in magical charms. Use mint as a substitute.



Meadowsweet – A common sweet grass used in general love spells, it was popular in medieval charms.




Myrtle – Sacred to the goddess Venus, myrtle has been worn and used for love and fertility rituals in many cultures.



Patchouli – The scented root and leaves are used as the basis of many Indian perfumes. The earthy scent draws love and creates lust.






Rue – A shrubby evergreen, it is one of the bitterest herbs. Both the Romans and Celts used the leaves in magic rituals and charms. Gypsies gathered the powerfully scented leaves to induce second sight, banish evil, and inspire love. Use dandelion greens as a substitute. 


Sage – Cultivated for hundreds of years for culinary purposes, the wild desert sage is the best for making the wands used for purification. Clary sage is cultivated for perfume making.





Sandalwood – Oil culled from the bark was used in ancient charms and perfumes to inspire lust. 


Valerian – An aromatic herb, its root is brewed for tea and is known for its calming and soothing properties.








Verbena – Common verbena was used as a Roman altar plant. Lemon verbena, combining the sacred attributes of verbena with the love-inspiring power of lemon, is used in the love charms of many cultures. 


Vervain – Native to Europe and Asia, both the leaves and lilac flowers have been included in magic charms since ancient times. The herb's Celtic name, *ferfaen*, is derived from Aphrodite. 


Vetiver – A relative of lemongrass, this herb is gathered for its oil in Asia and India. The earthy, yet sweet and spicy, scented oil is used in love charms to promote harmony and for its aphrodisiac effect. Use lemon verbena as a substitute. 

Woodruff – A shade-loving herb, it has been gathered for centuries for its sweet-scented leaves. Steeped in wine it is drunk on May Day, the festival of new love and fertility. 



   
Wormwood – This herb and its relatives, mugwort and southernwood, have been associated with the goddess Diana. A very bitter herb, it has been used since ancient times to inspire dreams of love. 

Yarrow – Despite its cute little flowers, this plant has long been associated with the devil. It was used during medieval times in love divination. 

Ylang-Ylang – A sweetly scented tropical flower, it is used in South Seas love and wedding rituals and charms. 

A Few Starting Points

Looking to stock up on a few bewitching accessories? Look here for herbs, oils, candles, craft supplies, bottles, and more.

A.C. Moore

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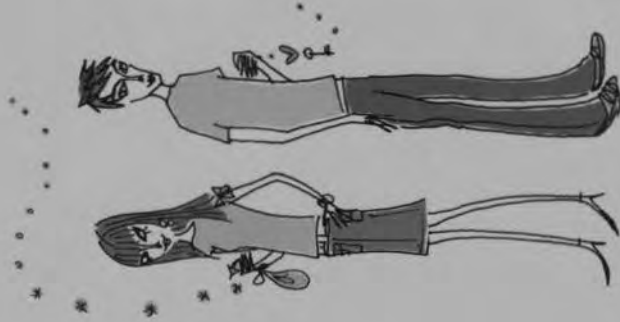
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Jennifer Hnapp is the bewitching writer and illustrator of *The Go Go Dogs*, *Cool Crafts for Creative Kids*, *Cheap Frills*, and *Retro Revamp*, all published by Chronicle Books. She concocts her spells from her home in Oregon.

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ISBN 0-8118-3968-0



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