

ENCHANTED FOREST

Speacial edition January 2011

~~ Believe in Yourself and Make it Happen ~~

[HTTP://ENCHANTEDFORREST.NING.COM](http://enchantedforrest.ning.com)

~ENCHANTMENT~

*The deep seclusion of this forest
path, -
O'er which the green boughs weave a canopy;
Along which bluet and anemone
Spread dim a carpet; where the Twilight hath
Her cool abode; and, sweet as aftermath,
Wood-fragrance roams, - has so enchanted me,
That yonder blossoming bramble seems to be
A Sylvan resting, rosy from her bath:
Has so enspelled me with tradition's dreams,
That every foam-white stream that, twinkling, flows,
And every bird that flutters wings of tan,
Or warbles hidden, to my fancy seems
A Naiad dancing to a Faun who blows
Wild woodland music on the pipes of Pan.*

Madison Julius Cawein





ENCHANTMENT:

WHAT IS IT ?

What is Enchantment or Enchanting..? why are these words not described in Wiki? or any other definition besides a game or a Fairy tale? Was searching around after noticing you hear about Enchantment or being Enchanted..but does anyone know what it really means?..these words have been around for ages..I even seen one definition ..to say Enchantment is under the "Unhealthy devotions" category..and is only for the Satanist and Wiccan..This is stated this way in wiki..

We deal with hypocrites constantly..the pre Judging..the mindset..no matter how nice you are in your path to people you are still Satanist..all I can do is shake my head at these people for being so arrogant ..that they have no recourse in their judging..I know Breeze had told me that they grew up to their beliefs..and we have to respect them as they should us..even tho most don't.. I grew up Baptist .. but I seen thru the curtain at very young age..and my Family background were all Christian raised family members..allways had been..

So I know if I can see what is true, honest , Caring ..Love for all..nature and the stars above,, These people must not be all what you read and see in movies..so is by choice that's these people refuse to even take consideration of all these qualities in someone ..even if their belief didn't have a title ..but lived their lives respecting all..They would still be judged I'm sure.. because they don't see you at their church..anyone else must be beneath them..sad way to live and think..this is their shield from all around not just certain paths ..they usually the gossipers ..nosey neighbors..very obvious to what some of these people are like..they have to live with it tho..it is them and theirs as we have to know and see it exists..and shake our heads..

Why would they try so hard to hide the truth.. about those who have real love and peace for all and Mother Earth as I said above..and some have been gifted with gifts to help guide those who seek..a Gift to help those sort out personal battles with themselves or others around them..to see.. to help heal..with use of Knowledge passed down for centuries ..words of wisdom ..or how to use natural herbs to help in many situations..

This has been obvious for generations with Wiccans , Pagans and native Americans. All these good qualities that transcends generations..apparently inevitable to always continue..

I am seeing more and more come to surface though .. then those have in past or were able to..

These days we have those same beliefs and stronger ambitions .. most of all more confidence in ourselves and what the craft or paths and spiritual ways mean...or stand for..altho cannot scream and shout out who we are still it is getting much stronger...

And with this..I believe the "Enchanted".. the being "Enchanting" is when you have all this but yet is still hidden but very strong within..it builds ..it progresses and remains strong and getting stronger..all with gifts of some kind to help one another in continuing this journey for all and all generations of past that have succeeded to the present day. Never abolished or completely isolated or extinct.. it is there hidden in the magic of it all.

It is strange I have not found a direct definition as such..only poems of magnificence..fairy tales...but no it is very real and is here today and as the sun sets and rises ..so will these paths..thru the magic of Enchantment..

Enchantment is us Enchanting those who seek to continue generations of knowledge and is happening every day and will never go away ...

Love and Peace to all Shadow

WHAT YOU MIGHT FIND IN A MAGICAL CABINET

BY LILWREN

would like to bring a few,herbs,to find and fill your magical cabinet.You do not need a massive amont ,use baby jars to get you started on your quest.Start small and work yoruselfup.If you find deals some where,,stock up.we witches and wizards,working magaic , are a thrifty lot :),we will be working on filling your cabinet, for furture craftingsto help you be more indepentant.and have much more confidence in yourself as you work and walk your path of choice,,,,blessed be always lilwren

The Witches Cabinet herbs - Herbs associated with prosperity~ You will get the following herbs to use in your prosperity spells.: Alfalfa , Cinnamon , Chamomile , Fenugreek , Mandrake , Pomegranate approx. , Green rice , Vervain , Basil.

*Birch Leaves Blue Vervain . Adam and Eve root ,Set Hibiscus (1 tablespoon + 1 teaspoon)
Associations: Birch leaves: fertility / banishment of negativity / purification. Blue Vervain: Love / protection / purification / peace / money / youth / chastity / sleep / healing / maybe carried as a personal / wear to calm emotions / place in the house to bring wealth.
Lavender: Love / money / attracts helpful spirits / happiness / healing / peace / sleep / purification / celibacy / conscious mind. Hibiscus: Love / lust / divination. Adam and eve root: to attract love. . **HANDLE ALL HERBS WITH CARE!***

*The Witches Cabinet's herb s more to choose Lilac , Cedar(you can get this a pet store,,cedar bedding some you can find finely ground up), Black Salt , Broom , Horehound . Associations: Lilac: Drives away evil / Protection / Beauty / Love / Helps reveal past lives / Purification / Exorcism . Cedar: Prosperity / Hex Breaking / Courage / Purification / Protection / Healing / Spirituality / Self control. Black Salt: Un-hexing / Keeps away bad neighbors / Uncrossing / Protection / Used in Voodoo Ritual. Broom: Purification / Protection / Summons the winds / Used generally in spells to increase the spell power / Divination / Hang a sachet with broom in it to keep evil out / Used to exorcise poltergeists. Horehound: Protection / Healing / Mental powers / Banishing negative entities / Protection from harmful magic / Exorcism (not for beginners). **HANDLE ALL HERBS WITH CARE!***

product Description::

*Wintergreen / Cascara Sargrodo (sacred bark) / Buckthorn / Wormwood / Sea salt / Maiden hair fern . Associations: Wintergreen: Protection, Healing, Hex-breaking, Place in a children's pillow to protect them and grant them good fortune, Sprinkle around the home to remove curses and hexes, Sacred to the Goddess. Cascara Sagrodo: Legal matters, Money, Protection, Sprinkle around your home before a court case, Wear as an amulet to protect against hexes and evil. Buckthorn : Luck spells and sachets, Legal matters, Luck in legal matters, Home protection spells and sachets, Protection, Exorcism, Wishes, Elf magic. Wormwood: Psychic powers, Protection, Love, Calling spirits. Sea salt: Purifications of all kinds. Maiden hair fern: Beauty, Love. Herb Set # 8 With Stones Olive Leaves 13 grams / Bilberry 1TBS / St. Johns Wart 2 TBS / Star Anise 12 grams / Mixed Stones (semi precious and precious stone chips) 15 grams / Bee pollen 1TBS. Associations: Olive leaves: Health, healing / happiness / peace / protection / Olive leaves scattered around a room spreads peaceful vibrations through the room / Wear olive leaves on you body to bring luck. / Billberry: Protection / Place under doormat to keep undesirables away from the properties, this proects from evil also. / St. Johns Wart: Health / Power / Protection / Strength / Love / Divination / Happiness / Star Anise: Psychic & Spiritual awareness / Luck / Place on your alter, one in each direction to increase power / carry for luck. / Mixed Stones: Various Powers Bee Pollen (caution if allergic to bees): Longevity / Beauty / To bring sweetness to your life / Friendship / Attraction / Love / Strength / Happiness / Overcoming depression/ **HANDLE ALL HERBS WITH CARE!***



NATIVE AMERICAN SPIRITUALITY

POSTED BY REV. CAROL INGLE (RAVEN)

The profound interest in alternative methods of healing, the recognition of the inter-connection of all life and the growing interest in environmental issues make it clear that we can no longer remain separate or indifferent. We are starting to understand that all things are inter-related. We are all linked to our environment. What affects one affects the whole. As our concern for ourselves and the environment increases we are beginning to seriously look at Ancient Wisdom with new and encouraging interest.

At this time there is a great desire to heal Mother Earth and much interest in Native American Spirituality. This article will introduce you to some basic concepts. Native American Spirituality has no fixed dogmas although it has many traditions. The people who practice it all believe in a universal web of energy or Spirit which supports all things. In fact, the inter-connection of all things is fundamental in the Native American belief system. There is a common energy force that all things share. We are all part of a greater whole, with one common destiny, one common goal.

Native American Spiritually teaches that we have a spiritual relationship and a responsibility for all our relations. We must establish good relationships with our entire environment. Bear, badger, ocean, desert and mountain are all our relatives. They are all part of our Earth family. All is related so we must walk in harmony with the two legged, the four legged, those that fly, swim and crawl. When we live in harmony with all our relations, we connect and align ourselves with their particular power and wisdom.

In the Native American view, there was no separation of nature and spirituality in daily living. The Native American lived his "religion" every day. Daily they practiced their spirituality with ceremonies, rituals, prayers, songs, dance, giveaways, and a common vision. Respect for all was at the heart of living, surviving and worshipping. They believed in unseen powers and showed respect for the Great Mystery by acknowledging it in all things. The Native American believed that the Creator gave life to all creation. All that exist are alive and connected. To acknowledge and respect this connection is to recognize the Creator in all things.

The consciousness of the Creator lives in the animals, plants, rocks, mountains, oceans and in us, collectively called The Great Spirit. We see and experience the Creator every time we see a tree, a majestic mountain, a winding river, a sunrise, a shining star and each other. We hear the voice of the Creator every time we hear the birds sing, the winds blow, the laughter of a child, the sound of falling rain and the cry of the eagle.

We seek to contact the Great Spirit that exists in everything, but we cannot make contact until we realize that contact can only be made by respecting the Creator where it lives now, in all creation. Native Americans were constantly aware of how their actions affected their relationships and affairs.

From early childhood and throughout their lives, Native Americans were taught about relationships and how they interact with each other. The medicine wheel was introduced at an early age. The medicine wheel is the circle of life which we must all travel. All who live must experience birth, puberty, adulthood, old age, and death. The four seasons and the four directions of the medicine wheel represent these life passages and changes.

Movement around the wheel helps us learn the lessons life has to teach. Celebrating and preparing for seasonal changes attunes us with the energy of the Medicine Wheel which is movement and change. We are then in harmony and relationship to each other, ready to meet life's challenges with wisdom and strength.

Native Americans observed the Great Mystery in nature and adapted their lifestyle to its cycles. The Great Spirit was seen in the changing seasons, in the day that followed night, in the rising and setting sun, in the different phases of the moon and in the movement of the stars. Positions of the sun and moon were noted as the best time for planting, traveling and ceremony.

Observation taught them that there was a time and a season for everything. Movement and change were necessary for survival. There was a time to act, give, and receive. This knowledge was put into practice. The hunters followed game to various locations, prepared for the coming seasons, and shared their wealth with family and friends.

Sharing, thanksgiving and compassion were important concepts to the Native American. Sharing in the hunt, collection of food, rites of passages, healing and other celebrations all brought the community closer together. The people were taught self-responsibility but not in isolation from the rest of the community. The giveaway was another aspect of sharing. It was also practical when one had acquired too many possessions to travel comfortably. When someone moved or died their possessions were shared with the needy, the sick and the old.

Prayers were also an important part of sharing. There were personal prayers and collective prayers for the community's well being. Thanksgiving and offerings were giv-en to the Earth Mother before planting and at harvest time. Before the hunt, special prayers were offered for a successful hunt. An apology and prayers of appreciation were made to the animals that were hunted. Every part of the animal was used for food, tools, clothing, bedding, ornaments, etc. Nothing was wasted.

Healing Ceremonies were held when imbalance with life caused disease and problems. All tribes had trained people called shamans , medicine men/women, priests, etc. These specialists were responsible for helping the patient maintain health in their bodies and affairs. The medicine people offered instruction, guidance and advice. A specialist was consulted to inform the hunting party of the location of game. Another specialist was consulted for their skill in interpreting dreams. The shaman communicated with unseen powers to learn their hidden medicine in order to help the people.

Some medicine people specialized in the use of plants for healing, cleansing and purification purposes. Because there was no written language, the teachings were memorized and the medicine people were responsible for passing on their specialized knowledge and spiritual practice to the next generations. Most of the specialists trained apprentices to carry on their practice.

Native American ceremonies have always offered changes according to the needs of the people. At times of great change or upheavals, ceremonies were adapted to meet those changes or to suit current times. In times of persecution by government and religious authorities, some of the original ceremonies were altered or replaced.

Ceremonies, such as the Sweat Lodge, were replaced with the Pipe Ceremony because the pipe was much easier to conceal. Native Americans fought back for their religious freedom and were successful in pursuing their spirituality in ceremonies and in daily living. Today, the original rites are celebrated by most tribes.

Ceremonies provide us with inner peace, strength and renewal. They offer us time out from our ordinary reality to enter sacred space to find a deeper understanding of our spirituality and connection to Spirit. Ceremonies give us time to reflect on our personal quest while establishing a unity with the whole.

An integral part of Native American ceremonies is the cleansing ritual, called smudging. Smudging is a word used for cleansing with smoke. Smudging precedes many sacred activities. All participants must smudge before healing and other important ceremonies such as, medicine wheel gatherings, the vision quest and sweat lodge. Another important function of smudging is to cleanse the space you work or live in. Sacred spiritual tools are also smudged. The purifying smoke of sage, cedar or sweet grass is ceremonially fanned through the energy field to cleanse vibrations, attract positive energy, healing and protection. Surely, this sacred rite is beneficial for all people.

It is time to move beyond the limitations of our old perceptions and develop the strength to meet the challenges of the new millennium together. As we enter this new cycle of change and reach new levels of understanding, it is important to remember that there are many spiritual tools available to help us in our spiritual quest.

It is understood that most non-natives do not seek to duplicate the traditional Vision Quest, or the Sweat Lodge, but desire simply to make use of and understand the healing aspects and spiritual power of the ceremonies. They recognize the importance of the ceremonies healing and transformational properties.

Today, we can apply Ancient Wisdom in these modern times. Understanding that all things are dependent on each other helps maintain the balance that exists in all nature. The ability to survive depends on establishing right relations with the animals, plants, rivers and seas.

Co-operation, respect and compassion for all things are necessary if we are to renew the Sacred Hoop. We cannot renew the earth without renewing ourselves first. We must acknowledge the sacred flow that exists in all things. It is part of us and we are part of it. We are all part of the whole.

We all live together on Mother Earth. We all breathe the same air, drink from the same waters and eat from the same land. We, the people, belong to the tribe of humanity. Let us act with respect and unity with all our relations as we hold in our hearts a vision of peace and harmony in these changing times.

Information that was once known only to specific people is now available to all. We will be allowed to participate in some or all of the ceremonies if we approach them with respect and sincerity.

Participate in ceremony but, if you have not been trained in conducting proper ceremony please do not attempt to do so.

To learn traditional ceremonies study with a medicine person and only perform ceremony when they have given you permission to do so.

Some ceremonies require a long and demanding apprenticeship. Let us enter ceremony with respect for the Teachings, The Spiritual Leaders and All Our Relations. HO!

Lily Therese, also known as Sacred Dove, a noted Native American Visionary and Human Potential Specialist of Chitimacha/Seminole heritage, was born clairvoyant and has more than 35 years of professional expertise in Metaphysics, Goal Attainment and Intuitive Counseling. Her education includes extensive work in the areas of Ritual, Healing and Native American Spirituality. She was trained by her grandmother, a medicine woman, on the power of plants on the body, mind and emotions.



BUTTERFLY MEDICINE "TRANSFORMATION"

BY ONECROW

Look closely at what Butterfly is trying to teach, and you will realize that it is the never ending cycle of self-transformation. Observe your position in the cycle of self-transformation. Like Butterfly, you are always at a certain station in your life activities, you may be at the egg stage, which is the beginning of all things. This is the stage at which an idea is born, but has not yet become a reality. The larva stage is the point at which you decide to create the idea in the physical world. The cocoon stage involves "going within": doing or developing your project, idea, or aspect of personality. The final stage of transformation is the leaving of the chrysalis and birth. This last step involves sharing the colors and joy of your creation with the world. The way to discern where you are in this cycle is to ask yourself"

- 1. Is this the egg stage: Is it just a thought or idea?*
- 2. Is this the larva stage: Do I need to make a decision?*
- 3. Is this the cocoon stage: Am I developing and doing something to make my idea a reality?*
- 4. Is this the birth stage: Am I sharing my completed idea?*

By asking yourself these questions, you will discover how Butterfly is relating to you at this moment. When you understand where you are, the symbol can teach you what to do next to continue in the cycle of self-transformation. Then you will see the creativity of Butterfly. Using the air, or mental powers, of this "Medicine" is done with ease. As an example, if you have been feeling exhausted and have asked how to heal your fatigue, take notice of the colors you have been drawn to recently. Does your body feel better in green? Could this mean that you need to eat more green vegetables? This type of thinking is an inspiration from "Butterfly Medicine". The main message to be obtained from choosing this symbol is that you are ready to undergo some type of transformation.



DIRECTION SIGNIFICANCE OF THE NINE TOTEM ANIMALS

POSTED BY ONECROW

EAST: The animal in the East guides you to your greatest spiritual challenges and guards your path to illumination.

SOUTH: The animal in the South protects the child within and reminds you when to be humble and when to trust, so that innocence will be balanced in your personality.

WEST: The animal in the West leads you to your personal truth and inner answers. It also shows you the path to your goals.

NORTH: The animal in the North gives wise counsel and reminds you when to speak and when to listen. It also reminds you to be grateful for every blessing every day.

ABOVE: The Above animal teaches you how to honor the Great Star Nation, and reminds you that you came from the stars and to the stars you will return. This animal is also the guardian of the Dreamtime—for your personal access to the other dimensions.

BLOW: The Below animal teaches you about the inner Earth, and how to stay grounded and on the path.

WITHIN: The Within animal teaches you how to find your heart's joy and how to be faithful to your personal truths. It is also the protector of your sacred space, the place that is yours alone and is never shared except by invitation.

RIGHT

SIDE: This animal protect your male side and teaches you that, no matter where you turn, it will be your Father-protector within. This animal also carries your courage and warrior spirit.

LEFT

SIDE: This animal is the protector of your female side and teaches you tht you must learn to receive abundance as well as to nurture yourself and others. The left-side animal is also your teacher about relationships and mothering

Jamie Sams and David Carson

CRYSTAL MEANING AQUAMARINE

POSTED BY BREEZE

The Serene One, aquamarine gives clarity of the mind, aiding personal creativity, thus losing fears and phobias. A great physical, mental and emotional balancer, aquamarine is said to release anger and negativity replacing them with mental peace and clarity. It is also said to aid in meditation, and to give courage and to assist in self-expression.

Magical Use

Courage, peace, psych-ism, purification, serenity.

Healing Use - Nerves, reduces fluid retention, kidneys, spleen, thyroid, removing toxins, jaws and teeth.

Physical Characteristics

Aquamarine ($\text{Be}_3\text{Al}_2(\text{Si}_6\text{O}_{18})$) occurs primarily in granite pegmatite's and to a lesser extent in miarolitic cavities in granites, also in hydrothermal carbonate veins and greisens. Aquamarine is typically associated with quartz, feldspars and muscovite, and often occurs with other pegmatite accessory minerals such as biotite, garnet, phenakite and topaz. Because of aquamarine's relatively high hardness and specific gravity, it is sometimes found in eluvial and alluvial deposits. The colour of aquamarine is due to trace amounts of iron impurities in the beryl structure. The colour ranges from pale green to pale blue to blue depending on the relative concentrations of Fe^{2+} to Fe^{3+} and on where the iron impurities are located within the beryl crystal structure. Aquamarine is vitreous, dichroic, appearing blue or colourless as the stone is viewed at different angles. Group SILICATES, Composition ($\text{Be}_3\text{Al}_2(\text{Si}_6\text{O}_{18})$), Hardness 7.5, Crystal structure Hexagonal.

NETTLE LEAF INFUSION FOR HEALTH

BY SUSUN WEED

Nettle Sends Allergies Packing *by Susun Weed*

"Fend Off Allergies: Eat Leafy Greens!" screamed the headline. The story: a study of 8000 people found a strong connection between low blood levels of folate and allergies. Those who ate the most leafy greens – such as kale, collards, spinach, chard, beet greens, and mustard greens – were the least likely to have allergies, wheezing, and difficulty breathing.

Folate is the natural form of folic acid, the B vitamin most well known for preventing birth defects. Folate is found in all leafy greens. Wild greens, such as dandelion, lamb's quarter, amaranth, and stinging nettle, are especially rich in folate. Perhaps this is why nettle has such an enduring reputation for relieving allergic symptoms and even eliminating allergies.

Folate, we have recently discovered, helps silence immune system genes that cause allergies and breathing difficulties. Thus, people whose diets include four or more servings of well-cooked leafy greens a week – or at least four cups of nettle infusion weekly – are less likely to have allergic responses to their environment or their food. They are less likely to have Type-2 diabetes as well, we may guess, since it seems to be a learned allergic response.

If you're looking for energy, you're looking for nettle. Nettle has so much energy she stings! If you consume nettle regularly – as infusion, vinegar, or soup – she'll soup up your energy and infuse you with "the stamina of a teenager," as one nettle devotee put it. Nettle energy is even and steady, consistent and constant. Nettle is the energy of the Earth; it is grounded and loving. Nettle is the only energizing herb I know of that also promotes sound sleep. Nettle increases energy without increasing blood sugar, so sleep is deeper and more refreshing. With nettle-energy in the adrenals, menopausal women wake less often and feel more rested in the morning. Nettle never leaves one feels jittery or groggy.

Nettle builds energy by nourishing deeply. Nettle is a rich storehouse of needed nutrients. Its protein, vitamins, minerals, and health-promoting phytochemicals recharge exhausted adrenals, rebuild flagging kidneys, and restore flexibility to the blood vessels. Herbalist EE Shook comments that nettle combats inflammation with iron phosphate, feeds the brain and nerves with potassium phosphate, and prevents blood clots with potassium chloride.

Nettle leaf is known to tonify and strengthen the intestines and lungs too. It is a safe diuretic and does not disturb electrolyte balance while relieving edema. It is completely safe for use during pregnancy and lactation, improving the health of mother and child and enriching the milk. Nettle tea and capsules of nettle have little effect and less nutrition. Freeze-dried nettle is effective at relieving allergic symptoms, but has little nutritive value. Nettle infusion is the most effective form; the dose is 4-12 cups a week.

Healing Wise by Susun Weed -

I see the Wise Woman. She carries a blanket of compassion. She wears a robe of wisdom. From her shoulders, a mantle of power flows. She ties the threads of our lives together. I see the Wise Woman. And she sees me.

Seven herbs -- burdock, chickweed, dandelion, nettle, oatstraw, seaweed, and violet -- are explored in depth. Each monograph includes the "voice" of the herb, a weed walk to encounter the herb in its environment, detailed instructions for harvesting and preparation, properties and uses for every part of the herb, pertinent facts, fun folklore, and recipes for gourmet foodstuffs, wines, beers, cosmetics, and more.

"Especially important is her discernment between the gentle Wise Woman Way and other "alternative" healing paths. . . . I wish every healer would incorporate this approach," says Vicki Noble (Motherpeace Tarot). Includes index, resources listings, bibliography and references.

Nettle Nutrition

Nettle is a superior source of protein; 10 percent by weight.

Nettle is a rich storehouse of readily-absorbable minerals, trace minerals, and micro-nutrients:

calcium (1000 mg per quart of infusion)

magnesium (300 mg per quart of infusion)

potassium (600 mg per quart of infusion)

zinc (1.5 mg per quart of infusion)

selenium (.7 mg per quart of infusion)

iron (15 mg per quart of infusion)

manganese (2.6 mg per quart of infusion)

plus chromium, cobalt, phosphorus, copper, sulphur, silicon, and tin.

Nettle is super-charged with vitamins:

Vitamin A (5000 IU per quart of infusion)

Vitamin B complex, especially thiamin, riboflavin, niacin, and folate

Plus Vitamin C, Vitamin D, and Vitamin K

Nettle Hair Lotion

Mild enough for everyday use.

4 oz. fresh nettle or

1 oz. dried nettle

4 cups water

1/4 cup vinegar

3 drops rosemary or

3 drops lavender oil

Prepare infusion of nettle. Strain out plant material. Add oil and vinegar to infusion. Keep in refrigerator between uses.

Nettle Infusion: Place 1 oz. dried nettle into a quart/liter jar. Fill the jar to the top with boiling water, put the lid on and let it steep for at least four hours at room temperature.



FAITH, COURAGE, WISDOM, STRENGTH, AND HOPE!

POSTED BY RUI PEDRO CALADO FILIPE

~ Believe In Your Heart ~

I woke up one night in the hours of darkness,

I sat up straight in my bed to find a shimmering light in my closet,

But there were no lights on in the room,

I got up and went slowly toward the closet,

To find a pair of gold wings,

An angel was standing by my side,

"What do I do with these gold wings?" I asked the angel

"Put the wings on my child." Answered the angel

I put the wings on flew to a place that had many stars,

The angel then appeared and said, "Follow your heart, your goals and your dreams."

Only you know what is right for you

Anything is possible

Miracles do come true,

Hope and dreams are a reality if let them be,

Life can be wonderful if you let it be,

You may feel like life is meaningless and happiness is no longer an option. My poems will show you otherwise. I will show you through my poetry that there is no reason to be angry. Love yourself as your loved ones love you. Life is meaningless unless you can love, be happy and bring your happiness to others. As you read my poetry, you will see a completely new meaning of life. In addition, Faith will once again be apart of your life.

"Faith, Courage, Wisdom, Strength and Hope," is a collection of poems that inspire your mind, body and soul. This book will give you the inspiration to want to live life to the fullest and be the best you can be. The poems in this book have been written to inspire and comfort readers, as well as to give you a completely different view of life.

The poems make you realize that you are special and you have the potential to love yourself and love life. Each of us has a responsibility to try to make us feel good about ourselves. We need to love ourselves, be proud of ourselves, accept ourselves and make ourselves happy.

One of the best ways to find happiness for ourselves is to seek to bring happiness to others. We all have our share of troubles in life; some suffer from illness, disorders, diseases and other obstacles that come our way. We need to keep our spirits high on a consistent basis. This is easier said than done for most of us.

However, there are things we can do to help us bring happiness into our lives. Positive thinking has long been recognized as a valuable tool for coping with life. However, sometimes it is hard, if not impossible, to think positively. What can we do to make our journey for a positive outlook on life easier?

Words of wisdom can be a very powerful tool to help the mental healing process. In order to succeed in life and get through the loop poles that are sometimes thrown at us we must learn the magic of accepting and loving ourselves. There is a certain kind of magical feeling that occurs inside us when we learn to accept who we are and love ourselves for who we are. There are times when we faced with illnesses, disorders, disabilities some type of tragedy that causes us to lose contact with ourselves and the world in which we live.

Our happiness begins to fade and our heart begins to grow heavy. This affects the way we think, live, feel and the way we look at life.

None of us can be happy all the time. During times of tragedy, it is natural and even beneficial to be sad, but not to hold unhappy, anger or any negative emotion that takes control. We must heal ourselves emotionally and spiritually.

THE USE OF FRAGRANCE TO ATTRACT ANGELS

POSTED BY FOXGLOVE

One of the most potent tools we can use for attracting angelic help is beautiful fragrance, especially in the form of essential oils, which are well known as mood enhancing, mind alterants. Our ancestors were well aware of the etheric qualities of essential oils and they were widely used by priests and priestesses of virtually all religions. Fragrant oils were used to attract spirits, goddesses and gods, to banish evil spirits and to purify places of worship. Devotees anointed themselves with sacred scents in order to facilitate divine communication.

Scent is a subtle etheric form of communication, which heightens our consciousness because it carries the soul of the plant. By appealing to our sense of smell, plants communicate with us on a deep instinctive level. Our fragrance receptors are located in the oldest part of our brain, which is intuitive and not governed by our logical mind.

There are many different ways of using essential oils and these include massage, adding to a bath, diffusers, room sprays, adding to dried flowers, scenting bed linen, clothing, or apply to sacred objects such as candles or crystals.

For healing- Archangel Raphael

To open the heart chakra and attract the angels of healing, rejuvenation, regeneration and renewal use the following essential oils

Carnation, Chamomile, Clove, Juniper, Lavender, Lemon, Mimosa, Neroli, Palmarosa, Pimento Berry, Pine, Rose Otto, Sandalwood, Spearmint, Thyme.

For meditation –Archangel Tzaphkiel

*To open the Crown and Third Eye chakras and to invite the angels of meditation, contemplation, reflection, introspection and soul searching, use the following essential oils
Clary Sage, Frankincense, Lavender, Linden Blossom, Sweet Fennel, Violet Leaf.*

For spiritual wisdom – Archangel Zadkiel

To open the higher chakra centres and summon to your presence the angels of divine spiritual wisdom, knowledge, discernment and divine understanding, you should use the following essential oils

Benzoin, Carrot seed, Chamomile, Clary Sage, Frankincense, Linden Blossom, Myrrh, Rosemary, Rosewood, Sage, Sandalwood.

Visions – Archangel Raziel

To clear the Third Eye chakra centre, to unveil the secrets of the universe and to quickly summon the angels of spiritual visions, prophecy and revelations, use the following essential oils

Bay, Benzoin, Carrot Seed, Cinnamon, Galbanum, Jasmine, Lemon Verbena, Lime, Mimosa, Rose Otto, Rosewood, Sage, Sandalwood, Tuberose.

Angelic dreams- Archangel Gabriel

These high vibration oils can summon the angels of destiny to send your consciousness soaring while you sleep, to give you angelic dreams and guidance. Use the following essential oils

Angelica seed, Anise Star, Basil, Bay, Benzoin, Cinnamon, Clary Sage, Coriander, Dill Seed, Elemi, Imortelle, Lemon Verbena, Linden Blossom, Melissa, Mimosa, Myrrh, Narcissus, Neroli, Ravensara, Rose Otto, Spearmint.

Angelic Communication- Archangel Haniel

To form lasting bonds of angelic inspiration and enhance all your communication skills by purifying your Throat Chakra, use the following essential oils,

Bay, Carnation, Chamomile, Grapefruit, Lemon, Linden Blossom, Myrrh, Neroli, Orange, Rose Otto, Sandalwood, Tangerine.

Divination- Archangel Raziel

In order to more easily access higher guidance and to help induce heightened states of awareness which will enhance all of your divination skills and take you to a new spiritual level (including giving angel readings) you should use the following oils

Angelica Seed, Bay, Benzoin, Carrot Seed, Cinnamon, Clary Sage, Clove Bud, Frankincense, Galbanum, Lemon Verbena, Linden Blossom, Mimosa, Myrrh, Narcissus, Peppermint, Rosewood, Sage, Sandalwood, Tuberose.

Inner Child- Archangel Chamuel

These essential oils summon to our side the angels that help us resolve, heal and strengthen all of our relationships. These loving angels help us to reconnect with our inner child to bring about deep healing, comfort and forgiveness. They help cleanse issues of past abuse, abandonment and neglect. Use the following essential oils

Benzoin, Chamomile, Frankincense, Geranium, Hyacinth, Lavender, Mandarin, Melissa, Neroli, Rose Otto.

Transition- Archangel Metatron

Throughout time people have burned incense around those who are making the transition from life to death. It was believed beautiful aromas would attract the angels and the smoke from burning incense or sacred herbs would carry the soul to the heavenly realms,

To summon Archangel Metatron's angels of ascension, to speed the soul towards the Divine and to assist them in letting go of the physical realm, and to make a peaceful transition, use the following essential oils

Benzoin, Cedarwood, Chamomile Roman, Cypress, Frankincense, Geranium, Jasmine, Juniper, Lavender, Linden Blossom, Mandarin, Neroli, Patchouli, Rose Otto, Sandalwood, Vetivier.

Loneliness- Archangel Jophiel

Depression, loneliness, grief and melancholy can affect us all at some point in our life, often brought about by external causes, such as bereavement, job loss, or break up of a relationship. It can last for a few days, weeks, months or even years. The following oils cleanse the body, mind, and spirit and summon the angels of illumination, sunshine and joy. Use the following essential oils

Benzoin, Bergamot, Chamomile, Helichrysum, Lemon, Narcissus, Neroli.

Purification- Archangel Zadkiel

For purification and aura cleansing by transmutation of negative energy into positive energy, invoke Archangel Zadkiel, the keeper of the Violet Flame. Using Lavender oil helps to release negative emotions, such as anger, hatred, bitterness or resentment and repair auric damage. Negative emotions lower your vibrational rate and attract negative energy like a magnet. Use the following essential oils

Basil, Bay, Cajeput, Camphor, Cedarwood, Citronella, Clary Sage, Cypress, Eucalyptus, Frankincense, Galbanum, Hyssop, Juniper, Lavender, Lemon, Lemon Grass, Lemon Lime, Melissa, Mimosa, Neroli, Niachouli, Peppermint, Pine, Rosemary, Roes Otto, Sage, Sandalwood, Spearmint, Spikenard, Tea- tree, Thyme, Valerian, Verbena.

Consecration- Archangel Zadkiel

For consecration of sacred objects and for creating a sacred space for meditation, ritual or dream work, summon the help of Archangel Zadkiel. To aid you in this summoning use the following essential oils

Ainse Star, Basil, Cedarwood, Frankincense, Hyssop, Lavender, Lemon, Melissa, Niaouli, Peppermint, Pine, Rosemary, Sage, Sweet Fennel, Verbena.

Protection- Archangel Michael

For protection, security, safety, empowerment, overcoming obstacles and releasing fear including the nagging fear of self-doubt, summon Archangel Michael and his legions of angels. Use one of the following oils

Anise Star, Aniseed, Black Pepper, Cajeput, Carnation, Clary Sage, Clove, Cumin, Elemi, Frankincense, Galbanum, Geranium, Ginger, Hyssop, Juniper, Lavender, Lime, Melissa, Mimosa, Niaouli, Oak moss, Palmarosa, Pimento Berry, Pine, Rosemary, Sage, Spikenard, Sweet Fennel, Tea-Tree, thyme, Valerian, Vetivier, Yarrow.

Confidence- Archangel Jophiel

For self-confidence, self-esteem, and an enhancement of personal creativity, summon the Archangel Jophiel to your side by using one of the essential oils

Basil, Bergamot, Chamomile, Grapefruit, Jasmine, Lemon, Lime, Litsea, mandarin, Orange, Rosemary, Ylang Ylang

By Hazel Raven



WILLPOWER – INNER STRENGTH

POSTED BY BRIDGET ORMAN

By Remez Sasson

Willpower is the inner strength and the inner engine that propels towards success and achievement. It is the power that pushes into action in every area of life. Willpower is one of the most important and desirable inner powers, and its lack or presence determines whether you will fail or accomplish your desires and ambitions and attain success.

Willpower is erroneously considered as a quality belonging only to highly successful people, who depend on strength and force to achieve their goals. The truth is that it can be developed by everyone, and it is important, useful and desirable in the small affairs of life, as it is in the achievement of major goals.

If you usually feel too lazy, developing your inner strength will help you to overcome this laziness. If you usually procrastinate, possess low self-esteem, feel weak and vulnerable or lack self-control, strengthening this power will help you too.

Willpower, which is inner strength, manifests as the ability to control unnecessary and harmful impulses. It also manifests as the ability to decide, abide by this decision, and follow it with perseverance until its successful accomplishment. This ability gives you the courage and strength to endure and overcome inner and outer resistance and opposition, difficulties and hardships.

There are many who lack the inner strength to say "no". Others find it difficult to follow and assert their ideas and beliefs. Some are afraid to take action and make changes or they lack resolution and the persistence to go on with their plans to the end. A strong power of the will can change all this.

It is the right and privilege of everyone to develop this ability. Everyone can develop it to a greater or smaller extent, depending on the desire, earnestness, ambition and time devoted to developing and strengthening this inner power.

In many of my other articles, and in the book "Will power and self discipline", I have emphasized the importance of developing this ability, and showed how to do that. You do not require super ordinary powers to develop it. You do not need to sleep on a bed of nails, fast or stand on one foot for days, as fakirs do. The concept that the development of willpower requires you to undergo suffering and physical mutilation is not true.

Developing willpower and inner strength is a gradual process that anyone can undertake. Some will be able to reach higher levels of power, while others will reach different degrees of development, but the way is open to all.

You will have to give up some unnecessary and harmful pleasures and change some unhealthy habits, but this is for a higher good. You give up something harmful or useless, in order to gain strength and power that will help you in every area of your life. In fact, the whole process can be turned into an absorbing, enjoyable and interesting challenge.

Training and exercising your willpower will fill you with strength, courage, and assertiveness. As your power grows, it will be easier for you to get rid of habits and attitudes that stand in your way to a better life. You will gain inner strength that will help you at your job and at home, in your relationships, with carrying on your tasks and with accomplishing your ambitions.



EIGHT GIFTS THAT DON'T COST A CENT TO GIVE.

POSTED BY SHARI

1) THE GIFT OF LISTENING...

But you must REALLY listen.

No interrupting, no daydreaming, no planning your response.

Just listening.

2) THE GIFT OF AFFECTION...

Be generous with appropriate hugs, kisses, pats on the back and handholds.

Let these small actions demonstrate the love you have for family and friends.

3) THE GIFT OF LAUGHTER...

Funny pictures. Share articles, funny stories and funny greetings. Your gift will say, "I love to laugh with you."

4) THE GIFT OF A WRITTEN NOTE...

It can be a simple "Thanks for the help" note or a full sonnet.

A brief, handwritten note may be remembered for a lifetime, and may even change a life.

5) THE GIFT OF A COMPLIMENT...

A simple and sincere, "You look great in red," "You did a super job" or "That was a wonderful meal" can make someone's day.

6) THE GIFT OF A FAVOR...

Every day, go out of your way to do something kind.

Helping elderly cross the road can be nice.

7) THE GIFT OF SOLITUDE...

There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.

8) THE GIFT OF A CHEERFUL DISPOSITION...

The easiest way to feel good is to extend a kind word to someone, really it's not that hard to say, Hello or Thank You.

ENCHANTED FOREST

POEM POSTED BY BREEZE

Enchanted Forest

by Sean D Rasmussen

*In an enchanted forest a unicorn is born,
as sunlight glistens off it's golden horn.
The faeries play it a lullaby from a distant land,
with instruments of magic, daffodils and sand.*

*The goblins play hide and seek under a setting sun,
racing with the jackalope, and having loads of fun.
The mermaids and the sea nymphs are braiding their long hair,
while the sphynx is telling riddles to all that are there.*

*The lepracauns are dancing to a lively Irish tune,
and a centaur slowly prances under the light of the moon
The dragons light up the night with their firey light,
and a phoenix rises up, its fiery trail splitting the night.*

*The satyr plays a slow song on its pipes of reed,
as the pixies flutter and play a ball game with a single seed.
The manticore and the ogre are buisy playing darts,
and the troll and the cyclops are discussing works of art.*

*The gryphon and the pegasus are giving the elves a ride
to greet the brownies and welcome all who have just arrived.
The giant stands taller than the tallest oak,
yet he treads softly as not to step on folk.*

*In the enchanted forest, the moon is shining bright
bathing all of its creatures in its slivery light.
Laying in the forest lies the youngest unicorn,
sleeping as the moonlight glistens on its golden horn.*

We at Enchanted Forest would like to Thank all who take their time out to help pass along the knowledge they have and took years to accumulate to share with others in helping them further themselves on their own paths.

Without you..the info is spread all over the net and would take some ages to find all they need as it has for some previously..and I am glad those have found their way here and is amongst all this great info. that has been placed here by other members..We appreciate it very much as I am sure many others are as well..

This is the only way to keep the majik going.. keep the Enchanting alive..and fill the World with Enchantment!!!

*Peace and Love to all
Breeze and Shadow
of
Enchanted forest*

