ENCHANTED FOREST

Happy New
Years!!!
Forest

MAGAZINE

JANUARY 2011

Wishing All
a Great new
year!!!



A Place of Love and Support

~~Believe in Yourself – And Make It Happen~~

http://enchantedforrest.ning.com

The Enchanted Forest Team

~~Believe in Yourself – And Make It Happen~~

<u>OWNER</u>

BREEZE

HEAD ADMIN

SHADOW

ADMIN

CELTIC COYOTE

HEAD MODERATOR

ROSE MISTDANCER

MODERATORS

GOTHIC MISSTRESS

MIT

Shadow Owl

MyFamiliar

Just like with any online service, you should exercise common sense when using this site.

Below we've outlined some simple guidelines to keep in mind:

- * Create strong passwords and keep them secure, which means you should never share your password with anyone!
- * Adjust your privacy settings so they match your level of comfort and remember to review them often.
- * Be cautious about posting and sharing personal information, especially information that could be used to identify you or locate you online, such as your address or telephone number.
- * Report members and content that violate our Terms of Service to the Admin, Shadow, Celtic Coyote or Breeze
- * Block anyone who sends you unwanted or inappropriate communications and report it to the Network Creator or directly to us.
- * Don't post anything that would embarrass you later. Think twice about posting a photo or other information you wouldn't want your parents, potential employers, college or boss to see.

IF YOU ARE IN ANY DOUBT SEND A MEMBER OF THE ADMIN A MESSAGE AND SEEK FURTHER ASSISTANCE - WE'RE HERE TO PROTECT AND ASSIST OUR MEMBERS AND TO KEEP THIS A PEACEFUL HAPPY SAFE PLACE FOR ALL

CHAT REMINDER

Do not give out personnel information to other members ie email address, contact details or names. Any contact with members should be kept on site where the team keep it a safe environment.

ENCHANTED RADIO



The Enchanted Radio is pleased to announce that we now have a request line that will be up and running.

This will be only for the times that there are no Live DJ's scheduled. All DJ's will make sure that Celtic or Gothic is given a updated schedule as now any blank slots will be filled by a Auto Dj. Due to a limit of songs available to be posted to the data base needed to run this request line for Auto DJ, the list will be limited to 3 songs per artist and will be changed out weekly. If you do not see something that you would like to hear in the data base, please let Enchanted Radio, Gothic Misstress, or Celtic know. We will add it into the next weekly rotation of songs.

The request line will work as follows:

- 1.) Go to this link http://www.enchantedradio1.webs.com/ and click the tab that says requests.
- 2.) Scan the posted Data base list.
- 3.) Type the artist/song title into the slot. (If you wish to included an email, you may do so. We do not require it.)

We hope to add additional songs into the data base. We evaluate this on a month to month basis and try to increase the data base to include a larger selection of music. If you have any question, please contact Enchanted Radio, Gothic Misstress or Celtic.

Thank you for your continued support

The Enchanted Radio Team.

FROM THE ENCHANTED FOREST GROUPS

SPIRITUAL GIFTS

Psychic Gifts

Written by Virginia, Sibylline Priestess

Psychic gifts are an essential part of the self that has been suppressed by the society in which we live. Distrust and fear of our bodies, faith in science and fact, and fear of the unknown plagues our society and limits our potential. Until recently psychic gifts or abilities could not be explained by science. But as science expands its awareness and research the doors to unlocking the genetic code also unlocks an understanding of human abilities once thought to be supernatural, that which is unexplainable by science. We are finding that gifts seem to be genetically linked just as the color of one's hair or eyes and that highly gifted people usually have more than one gift.

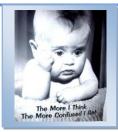
Like any gifts, they can be uncomfortable to have if not understood. An individual may labeled or believe to be possessed or insane. Prevailing thought is that each of us has one or more of these gifts in varying degrees. Psychic gifts are as natural as musical talent or mathematical ability. With training latent abilities can be nurtured and controlled by the individual. There is nothing mystical or unusual about them and they are neither sent by dark forces nor by angels. They do not tell us to do harmful things to ourselves or to others.

Gifted people often think of themselves as being unique or weird and don't talk much about what they see, hear, sense, or dream. Untrained individuals have little understanding of their abilities they possess and no shields – the ability to block out unwanted external input. In response some highly gifted people shut themselves down becoming blocked off - to a trained person they appear as a void or a walled space. Others have erratic shields that can make them dizzy, feel out of control, uncomfortable around crowds, or over stimulated alternating with feelings of unreality or watching a picture. As a physical reaction due to sensory overload they often hate crowds or suffer from agoraphobia. Overwhelming or uncontrollable stimulation may also lead to hospitalization because the voices won't go away or the visions won't stop. Sometimes it is difficult to distinguish between a psychic gift and psychiatric or chemical imbalance. Without understanding and training gifts can quite literally drive one to believe that they are insane

The best way to learn about and control your gifts is to pay attention. Stop ignoring all the "weird" things that happen to you, and start examining them. Where is the input coming from? Why do you feel this way? Why does that always happen? When you do recognize a gift at work, how do you feel at that moment? How do you feel when it's not? We have been programmed all our lives that "normal" people do not "see" things, "hear" things or just "know" things. We put these occurrences into a convenient ignore file in our brains and forget about them. To train your gifts you must first believe in yourself and your abilities, deprogram your thinking, and then figure out what your personal gifts are, learn how they operate and how to tune them out. Only then can you focus the gifts you have working inside and firmly grasp your sanity and declare yourself capable and sane.

THE LITTLE HUMAN CHILD AND THE LITTLE ANGEL

By Chayenna



The little child looks outside and saw how the new day started. She always enjoy that time of the day, just to see how the light come in, to listen how the birds start to sing. She enjoyed it to feel how life slowly wake up in the world were she is. She knows it don't take long before the noise from that world will be around her again, so this little time helps her by the day. It reminds her to her home world

It is still difficult for the little child to bring her focus in this world, when she feel the strong connection with her Little Angel. And in that moments, she feel the deep desire to go back to the world were she come from. A world that is more real for her then the physical world were she is in. A world were she isn't a little human child, or little angel, but just were she is her real self. A world were all her selves are just one.

Since the little human child felt this oneness last year, nothing looks the same anymore. Still she is aware of the way how she separate a part of all, to have the experience in this physical world, but just like in the time she started her experience in this world, she felt tired of playing the word games with others, she is tired to play if this world is the only real reality, she is tired to play the human child And just try to forget all her other selves, and the little Angel.

In the last years she have learn very well to play to be a human child, she have learn very well all parts of abuse and violence in this world. She have learn the world of words with their many beliefs and meanings. But in all her experience she was always together with her little angel, or with one of their other selves, even when she was not aware of it in the moment that she had one of the experience that gives a lot of emotion feelings.

But now the little child felt bored in this world. In the last months she have discovered the game world, and that have brings her also into the world of addiction. She understand that many people just see the game world as one of the many addictions in this world. And then she just smile. When the little child play a game, there is for her no different with the games they play into the physical world. When she looks around in this physical world, people play so many roles in so many different situations (games). So what is it really were human are addicted on? Is their really a different between playing in the physical world, or just to play a game on your computer?

There are many choices we can make in this world. The most of the choices we just make with out mind. In the world of addiction, it's not the mind anymore that make the choice, but

The strong feelings inside, just make that we stay focused on one thing. All humans are addiction on something. And we see that thing as something real. We can be addicted of a game, of food, alcohol, on our job, on chatting with others, but also on emotions, pain, or drama games, but all things bring us just the question, what is real or in what reality we are focused on. A addiction learn us to stay focused without any judgment on what we see, feel or hear in it.

And that is still not easy for the little human child, even that she know that she can make every moment a new choice, that she can change every second her focus on things, and that just one thought bring her back to her home world, back to the oneness that she really is.

In the last years the little human child visit so many worlds, but always she felt the separation Into that worlds. Never she felt it as the oneness she really is. Now she is just back in her homeworld, one with the little Angel and her other selves, just making plans for new experience into the physical world.

Chayenna

FROM THE ENCHANTED FOREST BLOG ARCHIVES

6 Easy Ways to Refresh & Revitalize Your Home Now

Posted by Rev Carol A. Ingle (Raven) on May 30, 2010

Keeping

The energy of your home fresh and vibrant is an ongoing exercise. Incorporate this aspect of feng shui into your daily life to always feel uplifted and keep good fortune flowing to you.

In order to refresh and revitalize our homes or offices, we must understand the concept of chi- the invisible energy that flows constantly through the environment and what we Chinese refer to as the "dragon's cosmic breath". Because energy is always transforming and in some cases changing very quickly, we must be able to "tune in" personally to the chi in our own living space and make the necessary changes and corrections so that it remains positive and invigorating, and does not stagnant or become exhaustive.

Below

I've included a quick checklist for you. As you go through the list, be conscious of the fact that you are moving the chi and you may feel a "rush" of new energy that is positive and uplifting... Full of Vitality... A new energy that will keep your living environment growing and influence you and your family in a positive way.

And here's another benefit...since everyone in the home generates energy, this practice helps to overcome tired and exhausted, even hostile energy that may be emanating from residents living in the home as well.

6 STEP QUICK CHECK LIST TO REVITALIZE YOUR HOME NOW

CHECK THE CHI

Recheck how the energy is flowing and the direction and speed it is moving throughout your home. If it is travelling in a straight line it will pick up speed and become shar chi or killing energy that is detrimental to you and any family member. Instead create a meandering flow and slow down the chi using furniture placement such as an attractive screen or divider and plants are good as well. If it is a long and narrow corridor that is the problem then hang paintings on the walls and use appropriate lighting.

KEEP THE CHI MOVING

Do a chi "walk through" and make sure everything is flowing freely with no impediments such as furniture blockage - no clutter buildups, piles of clothing on a bedroom chair on in the closet, shoes or backpacks stacked near the front door...nothing that impedes the flow. Again, the chi should meander slowly and if you can walk easily from room to room and within each room, then you have it right. If not, clean up the clutter and rearrange your furniture appropriately. You must keep the chi moving at all times.

DOWN & DIRTY

Move your bed, armoire, sofa and dining furniture to clean behind and underneath these often heavier furniture pieces as dirt and dust does accumulate causing chi to stagnate. And don't forget to clean under your carpets and the underside of your sleeping mattress as well! Keep in mind that it is not just the arrangement of furniture that is important but cleaning these areas also moves the chi.

REFRESH WITH NEW YANG ENERGY

Welcome the early morning fresh air by opening your windows and doors. If you can create a cross draft by opening two windows or doors this is even better as it begins an instant flow of chi. Do this daily as the weather permits.

USE CLEANSING RITUALS

In addition to rearranging your furniture and cleaning things up, it is a good idea to include cleansing rituals such as singing bowls and incense to shift the energy and remove any negative chi from illness or hostile energy in your home.

DON'T LET THINGS SLIDE

Take care of home repairs right away - broken windows, door locks and hinges, outdoor and patio cleanup, leaky faucets or toilets. Revitalize your home with minor renovations... Repaint every two to three years or room by room if you cannot do it all at one time, change furniture in the home if possible or recover to give it a new, fresh look. Often just removing some of the furniture in your home will help to open up the space tremendously and increase the energy flow.

When

We revitalize our living space, we can feel the almost magical and instantaneous change as refreshing the energy this way brings very fast results - and in fact this should be an ongoing practice if you seriously want to enhance the feng shui of your home and improve your life circumstances.

Learn to develop and utilize your energy awareness!

Let's keep the chi moving!



ENCHANTED FOREST

Find a Word!!!

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Ice												
Snowman	Α	Α	E	T	Т	0	Н	M	S	G	J	0
Shovel												
Fireworks	Н	E	G	-1	н	V	-1	Α	R	L	Т	N
New Year												
Sleet Fire	Z	K	R	Т	Ε	Z	С	R	Α	0	E	S
Snowflake												
Frozen	0	Α	S	F	1	R	E	L	E	V	E	G
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I make these from scratch I hope you enjoy them and print them off for the kids also..Enjoy!! ;)



Magazine



To submit your Articles, Poems, Quotes, or Wise words of Wisdom

Hit the Magazine tab at top menu is a green banner in the magazine group with it's own address

http://enchantedforrest.ning.com/group/enchantedmagazine



Paganopolis.com AKentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment. http://www.paganopolis.com

Paganopolis.com, a Kentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment.

We chose Paganopolis as our company name because todays world has moved into the internet communication age, giving the ability to instantly access our Pagan/Heathen friends and family. We are actually able to communicate with each other no matter what our geographical location is, enabling us to foster a community that can, and does, share ideas and trade with one another.

While there are other sites out there that offer similar products as we do, we focus our product line on items that enhance group or solitary ritual practices and we believe in offering dependable customer service throughout the Pagan/Heathen community no matter their geographical location. Yes, we do ship all our products (with the exception of Athames) to any location that excepts U.S.

Packages.

Altar Items

Athames & More

Bags & Pouches

Books

Boxes

Candles & More

Catchers & Chimes

Cauldrons

CD's

Chalices

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DVD's

Jewelry

Mortar & Pestles

Oils & Diffusers

Rune Sets

Ritual Wear

Smudge Sticks

Statuary





WHEN ORDERING

PLEASE QUOTE
Coupon Code "EFM"
to receive an
additional 10% off
already discounted
prices.

CRAFT CLASS FOR BEGINNERS

This Class is Weekly Classes Every Wednesday, the class is taught in a live chat box and it is a time for people to share and learn. Basic Topics taught each week and then a time of Q & A after class is finished. All classes are then written up and put up in group for all group members to read over.

Please come along and join in – this is an amazing chance to learn with others !!!!

COME ALONG TO THIS LIVE CHAT EVERY WEDNESDAY NIGHT

Times of Lesson for each country

USA Central - 7 pm

Eastern - 8 pm

Western 5 pm

Australia (Melbourne) - Noon (thursday)

UK -1 am



LIVING IN THE COSMIC SWIRL, GOING ROUND AND ROUND, SINGING MY SONG, DANCING MY DANCE... STOMPINGELK,

This is a wonderful piece by Michael Gartner, editor of newspapers large and small and president of NBC News. In 1997, he won the Pulitzer Prize for editorial writing. It is well worth reading, and a few good chuckles are guaranteed. Here goes... /**

es... /

My father never drove a car. Well, that's not quite right. I should say I never saw him drive a car.

He quit driving in 1927, when he was 25 years old, and the last car he drove was a 1926 Whippet.

"In those days," he told me when he was in his 90s, "to drive a car you had to do things with your hands, and do things with your feet, and look every which way, and I decided you could walk through life and enjoy it or drive through life and miss it."

At which point my mother, a sometimes salty Irishwoman, chimed in:

"Oh, bull shit!" she said. "He hit a horse."

"Well," my father said, "there was that, too."

So my brother and I grew up in a household without a car. The neighbors all had cars -- the Kollingses next door had a green 1941Dodge, the VanLaninghams across the street a gray 1936 Plymouth, the Hopsons two doors down a black 1941 Ford -- but we had none.

My father, a newspaperman in Des Moines, would take the streetcar to work and, often as not, walk the 3 miles home. If he took the streetcar home, my mother and brother and I would walk the three blocks to the streetcar stop, meet him and walk home together.

My brother, David, was born in 1935, and I was born in 1938, and sometimes, at dinner, we'd ask how come all the neighbors had cars but we had none. "No one in the family drives," my mother would explain, and that was that.

But, sometimes, my father would say, "But as soon as one of you boys turns 16, we'll get one." It was as if he wasn't sure which one of us would turn 16 first.

But, sure enough, my brother turned 16 before I did, so in 1951 my parents bought a used 1950 Chevrolet from a friend who ran the parts department at a Chevy dealership downtown.

It was a four-door, white model, stick shift, fender skirts, loaded with everything, and, since my parents didn't drive, it more or less became my brother's car.

Having a car but not being able to drive didn't bother my father, but it didn't make sense to my mother.

So in 1952, when she was 43 years old, she asked a friend to teach her to drive. She learned in a nearby cemetery, the place where I learned to drive the following year and where, a generation later, I took my two sons to practice driving. The cemetery probably was my father's idea. "Who can your mother hurt in the cemetery?" I remember him saying more than once.

For the next 45 years or so, until she was 90, my mother was the driver in the family. Neither she nor my father had any sense of direction, but he loaded up on maps -- though they seldom left the city limits -- and appointed himself navigator.

It seemed to work.

Still, they both continued to walk a lot. My mother was a devout Catholic, and my father an equally devout agnostic, an arrangement that didn't seem to bother either of them through their 75 years of marriage.

(Yes, 75 years, and they were deeply in love the entire time.)

He retired when he was 70, and nearly every morning for the next 20 years or so, he would walk with her the mile to St.

Augustin's Church.

She would walk down and sit in the front pew, and he would wait in the back until he saw which of the parish's two priests was on duty that morning. If it was the pastor, my father then would go out and take a 2-mile walk, meeting my mother at the end of the service and walking her home.

If it was the assistant pastor, he'd take just a 1-mile walk and then head back to the church. He called the priests "Father Fast" and "Father Slow."

After he retired, my father almost always accompanied my mother whenever she drove anywhere, even if he had no reason to go along. If she were going to the beauty parlor, he'd sit in the car and read, or go take a stroll or, if it was summer, have her keep the engine running so he could listen to the Cubs game on the radio. In the evening, then, when I'd stop by, he'd explain: "The Cubs lost again. The millionaire on second base made a bad throw to the millionaire on first base, so the multimillionaire on third base scored."

If she were going to the grocery store, he would go along to carry the bags out -- and to make sure she loaded up on ice cream. As I said, he was always the navigator, and once, when he was 95 and she was 88 and still driving, he said to me, "Do you want to know the secret of a long life?"

"I guess so," I said, knowing it probably would be something bizarre.

"No left turns," he said.

"What?" I asked.

"No left turns," he repeated. "Several years ago, your mother and I read an article that said most accidents that old people are in happen when they turn left in front of oncoming traffic.

As you get older, your eyesight worsens, and you can lose your depth perception, it said. So your mother and I decided never again to make a left turn."

"What?" I said again.

"No left turns," he said. "Think about it.. Three rights are the same as a left, and that's a lot safer. So we always make three rights."

"You're kidding!" I said, and I turned to my mother for support.

"No," she said, "your father is right. We make three rights.

It works."

But then she added: "Except when your father loses count."

I was driving at the time, and I almost drove off the road as I started laughing.

"Loses count?" I asked.

"Yes," my father admitted, "that sometimes happens. But it's not a problem. You just make seven rights, and you're okay again."

I couldn't resist. "Do you ever go for 11?" I asked.

"No," he said " If we miss it at seven, we just come home and call it a bad day. Besides, nothing in life is so important it can't be put off another day or another week."

My mother was never in an accident, but one evening she handed me her car keys and said she had decided to quit driving.

That was in 1999, when she was 90.

She lived four more years, until 2003. My father died the next year, at 102.

They both died in the bungalow they had moved into in 1937 and bought a few years later for \$3,000. (Sixty years later, my brother and I paid \$8,000 to have a shower put in the tiny bathroom -- the house had never had one. My father would have died then and there if he knew the shower cost nearly three times what he paid for the house.)

He continued to walk daily -- he had me get him a treadmill when he was 101 because he was afraid he'd fall on the icy sidewalks but wanted to keep exercising -- and he was of sound mind and sound body until the moment he died.

One September afternoon in 2004, he and my son went with me when I had to give a talk in a neighboring town, and it was clear to all three of us that he was wearing out, though we had the usual wide-ranging conversation about politics and newspapers and things in the news.

A few weeks earlier, he had told my son, "You know, Mike, the first hundred years are a lot easier than the second hundred."

At one point in our drive that Saturday, he said, "You know, I'm probably not going to live much longer."

"You're probably right," I said.

"Why would you say that?" He countered, somewhat irritated.

"Because you're 102 years old," I said..

"Yes," he said, "you're right." He stayed in bed all the next day.

He appreciated it, he said, though at one point, apparently seeing us look gloomy, he said:
"I would like to make an announcement. No one in this room is dead yet"

An hour or so later, he spoke his last words:

"I want you to know," he said, clearly and lucidly, "that I am in no pain. I am very comfortable. And I have had as happy a life as anyone on this earth could ever have."

A short time later, he died.

I miss him a lot, and I think about him a lot. I've wondered now and then how it was that my family and I were so lucky that he lived so long.

I can't figure out if it was because he walked through life, Or because he quit taking left turns. "

Life is too short to wake up with regrets. *

*

So love the people who treat you right. *

*

Forget about the one's who don't. *

*

Believe everything happens for a reason. *

*

If you get a chance,take it & if it changes your life, let it. $\ensuremath{^*}$

*

Nobody said life would be easy, they just promised it would **most likely be worth it." *

*ENJOY LIFE NOW - IT HAS AN EXPIRATION DATE! *

By Martin Stompingelk



MOONDANCERS CURIOSITIES

Please contact us at r.haynes@moondancerscuriosities.com or

(570) 447-0487 Please leave a message



This is a picture of the first candle carved for a customer.

Candles can be carved to your picture or can be painted.

All our pillar candles are poured and carved.

This candle is 3" around and approximately 9" high.

Candles can be poured to different sizes.

The basic pour cost is \$5.99 USD*

The cost of carving is additional, please ask for an estimate of what you would like to have carved on it.

All artwork is subject to your approval before carving.

Votive candles can also be poured in single colours or multiple colours, also with scent for each layer of colour or single scent for the entire candle.

Votive candles are \$1.25 USD*





All candles are hand-dipped/ poured. Candles can be

dipped to be 4", 6" or 8" taper candles.

4" Tapers are \$.50 US D*

6" Tapers are \$1.00 USD*

8" Tapers are \$1.50 USD*

Larger candles will be priced according to size

Our current scents include (with new scents being created by our family as we create new candles):

Beltane Mulberry Cinnamon

Jasmine Unscented

Lavender

Coconut Mint

*Shipping is additional based on weight of order.

THE ENCHANTMENT

By Cynthia Rodeawald-Grove Copyright January, 2010

I awaken to the beckoning wind
On this January morn
Trees stripped naked of their foliage
Bare and torn
As their arms reach out in supplication
Beckoning for the promise of Springtime to hasten.

Old Man Winter is concocting his brew
Tis a brand new year, just right after the Yule
The Ice Queen is dusting the earth with silvery foil
And Nature seems to be resting, free from her toil.

Light snowflakes drift in the frigid wind
As the Sun hides himself behind the clouds, deep within
The Stars await their nocturnal return
Giving way to the daylight in a harrowing mourn.

Creatures huddle in nests or scurry for food While inside we humans try to kindle the fuel Outside its cold, and the Goddess unfolds A blanket of Winter upon her creatures below.

So brew the mulled cider
Set spark to the log
With your visions and dreams from the past year foretold
Rest in Earth's bosom and drink in her smile
Its Winter, be quiet
Tis what Nature desires.



THE GIFT OF CHOICE

BY

NANCY A. KAISER

Years ago, vacationing in the Blue Ridge Mountains of North Carolina, my husband and I were captivated by its natural beauty. We agreed that this was where we'd relocate to when it was time to leave New Jersey. After 27 years of managing our equine hospital and breeding farm, my body couldn't take much more horse-related work. I was ready for a change. We also knew that we couldn't stay on the farm after retirement due to the cost of living in New Jersey. Sometimes reality can be a harsh partner.

My folks shared the farm with us for 20 years. After losing both parents in 2000 to cancer, I began searching mountain property just for something positive to focus on. We purchased the second place we saw in the High Country of North Carolina. We designed the house, uniquely round, and prepared the land for our arrival on our 27th anniversary in May 04. I was in love with the land making my choice easy and exciting.

As the time drew closer to leaving my beautiful farm, I began to feel the sadness of my choice. So many memories of all the animals that'd lived there; the client's horses that were born, nursed back to health or died there; all of my own animals who were buried there; along with my parents' ashes that were scattered there. How could I *choose* to leave all of this?

Working with horses is an all-consuming job. Being married to an equine veterinarian adds immensely to the responsibilities. Both are lifestyle choices I made willingly. I loved the life I choose and harbor no regrets. The same is true of my choice to leave my special sanctuary in urban New Jersey and head to the mountains to discover what my future held.

While I loved the farm, its demands were interfering with my ability to use the animal communication and healing talents I discovered while working with my husband's patients. I knew communication and healing was what I was meant to do, but the farm, the hospital and the horses left little time for it. Leaving the farm and its obligations behind was the right choice for me despite the increasing sadness I felt as our departure date neared.

The day before we moved, I said good-bye to the farm in tears, while shooting a video of the place that had nurtured and taught me for more than half my life. Although I knew my heart had made the "right" decision, it was painful. I needed that time with the farm to allow me to fully surrender to my choice and let go of Fair Chance Farm.

Big change is always about timing. This timing was perfect to allow me to move forward with the next chapter of my life. My decision to move away from the safety of what I knew came from my heart. For the first time in years, something was about me. It was my choice.

My two remaining horses were already awaiting me in North Carolina. I pulled out of the farm with my husband, 2 old Labs and 4 barn cats and never looked back. Rather than moving away from something, I was moving towards my dream mountain property and the future I was meant to be living.





Imagine my shock when six weeks into construction of our dream home, my husband confessed, "I never wanted to be here. This is all your dream and I feel like I'm just along for the ride." My heart stopped. Caught totally unaware, I was bewildered, speechless and profoundly damaged. Unexpectedly, life as I knew it came to an abrupt end!

Change is one thing, but unexpected change unleashes paralyzing emotions. Still stunned, I found myself separated within a week and heading toward divorce. My 29-year relationship was over. My best friend had died. I felt abandoned, confused, fearful and painfully alone 600 miles from everyone I knew.

In an instant, I went from creating my new life to struggling to survive each day. Living alone on the side of a mountain without a house or a job became my reality. Without my animals, I could have stayed in my camper forever. Because of my animals, I choose not to listen to my thoughts about leaving this life. With the support of friends and family, I got through each dismal day. The need to find a house before winter forced me to function, albeit at a very low level.

A part of me knew that if I didn't learn what I needed to from this traumatic event something worse would come along to coerce me into paying attention. Lost in my Abyss, I knew I'd never survive anymore pain, so I began journaling about a year into this dark chapter in my life. My courageous decision to answer the question, "Why," was the first noteworthy choice I'd made since that eventful night.

Fourteen months later, after chronicling all my heart needed to unburden, I had learned more about myself than ever before. Journaling enabled me to become the observer of my experiences allowing me to see through non-emotional eyes. Detached from my hurt, grief, anger and pain, the lessons missed in the moment rose to the surface. Over time, I was freed from my Abyss and my Tunnel. Encouraged by friends, I spent another sixteen months turning my journal into a book, *Letting Go: An Ordinary Woman's Extraordinary Journey of Healing & Transformation*, so others could shorten their own healing journeys.

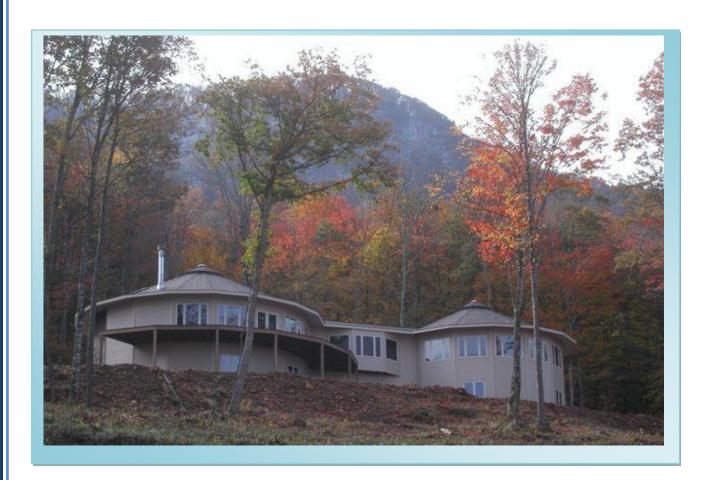
Facing my demons and finally becoming accountable for my role in creating the most painful time in my life was crucial to my healing process. After months of honest self-analysis, I concluded that lack of choice was a crucial catalyst. I'd been deprived the gift of choice by my husband's betrayal. There are no bigger changes in a person's life than moving and divorce.

Choice allowed me to cope with the difficulty of moving quickly and almost painlessly. Lack of choice regarding the divorce branded me a victim. Lack of choice wrested my power from me, which I allowed for many, many painful months. Once I'd completed my due diligence and learned what was needed, I made the conscious choice to let go of my pain and only learn in joy from then on.

The personal transformation I achieved made my suffering more than worth it. Without making the choice to love myself and uncover the gems of wisdom hidden beneath my pain, I might have given in to those dark thoughts of leaving this life.

Today, I can honestly say I am a truly happy, strong, independent woman once again. I'm living the saying on my plate that I bought for that first agonizing Christmas alone. "Sometimes on the way to a dream you get lost and find a better one." It took three years of hard work to finally be able to say, "I am living that better dream."

I'm committed to being a beacon of hope and encouragement for all who have fallen into their Abyss and/or Tunnel. I know it sounds like a cliché but, if I survived my "dark night of the soul," anyone can. Do whatever is necessary to unearth the lessons hidden beneath your pain for they are the buried treasure your soul is seeking for you.



HOW TO CHOOSE A TAROT DECK

BY CHRISTA URBA

There are thousands of Tarot and oracle decks on the market. Seemingly every week a new one comes out. How do you choose? Are you buying it to read with, or for the simple reason to own that artists work? Some art decks are very special and may not speak to everyone as a deck to read with. A beautiful example of this would be, the Iron Wing Tarot by Lorena B. Moore. She combined her love of blacksmithing art and tarot. It is beautiful but does not speak to me in a reading.

Cards with imagery you can immediately connect with are the best for doing readings. Do the pictures on the deck mean something to you? I don't read with the classic Rider Waite deck. I own several versions unless a client wants that deck I don't use it. My favorite version of that style deck is the Herbal Tarot, herbalist Michael Tierra collaborated and tied herbs to each card. Over time I have found this deck to be very accurate with health readings.

There is a deck for every genre. Mermaids, vampires, Lord of the Rings, even Hello Kitty the list goes on. Our guides lead us to what we need. If you are looking for a new deck. As your guides to help you pick. You may find it would not have been your first choice, an ego driven choice but it will work out very well to help you communicate with the universe.

Since it's the gift giving season. How about buying your favorite Tarot fan that special deck they have been wanting, but maybe it was too spendy. My Favorite high end decks are the Dali Tarot and MAAT Tarot by Julie Cuccia-Watts. The MAAT tarot is a whole new system. A large and beautiful book accompanies the deck; the cards are large 4x6 inches. It's a special deck based on Lunar Astrology, not the standard solar Zodiac correspondences.

Decks choose us I am told. So don't waste a second thought ask your guides to lead you and you will be amazed.

I BRING YOU THIS SPECIAL MESSAGE FOR THE NEW YEAR.

BY HIGH PRIESTESS WINDSPIRIT

As we all reflect upon the years of the past, let us not forget the lessons we have learned, but know that the future holds much more in store for us everywhere. Life has a way of getting in our path of doing the things that we want to get done, but always know there is a Higher Power that is guiding us along our paths.

We all have a purpose & a reason for who we are & where we have been, but most of all where we are going. The one thing that we all should remember is that Mother Nature always has a reason & a purpose for the things she sends our way.

Personally I have been a WGM (Witch Gone Missing), and the reason is I am now an Ordained High Priestess and have been committed to dedicating my life to Mother & all her children, which is all of you & others too.

I bring you this special message for the New Year.

Many Wonderful Blessings, High Priestess Windspirit Blessed Be

Happy New Years!!!! ENCHANTED FOREST JANUARY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			(Indialization)		3,6 3,0 4	
26	27	28	29	30	31	1
2	3	4	5 Craft class	6	7	8
9	10	11	Craft class	13	14	15
16	17 Susun Weed class	18	19 ⑥ Craft class	20	21	22
23	24	25	26 Craft class	27	28	29
30	31	1 articles due in for Feb	2 Craft class	3	4	5

http://enchantedforrest.ning.com/

THE HYPOCRISY OF "HAPPY HOLIDAYS"

SENT IN BY MARTIN STOMPINGELK

Over many years, I have dealt with intense sadness, confusion and dismay about the "Happy Holidays" commentary that intrudes upon every waking moment in the U.S. culture. The "happy" comments begin right before Thanksgiving and continue on until after New Year's Day. Our lives are assaulted in every form imaginable as the celebratory events unfold and the mass marketing of every trinket, widget and wonder-toy bombards us.

I am not writing this to wage war upon religions and their choices. I am not writing this to discuss the pros and cons of using "Happy Holidays" vs. "Merry Christmas" either, though that topic has certainly garnered a great deal of controversy in the main stream media lately.

Quite simply, I am stating my own opinions about the use of this "Happy...." preface to an extended holiday season that causes a period of deep mourning in the Native culture.

Beginning with "happy" Thanksgiving, the feasting upon displays of food that stagger the imagination, is meant to foster an attitude of gratitude for all that we have. Gatherings of friends and family surrounding the massive feasts may bring about prayers, reflection upon our many blessings and the completion of a good harvest in the previous growing season.

We have a great deal to be thankful for in this country as compared to other nations where starvation, disease and violence is the norm. In the American Indian memory there lays a darker understanding to Thanksgiving. Many commemorate this day by calling it the "National Day of Mourning" because the invaders to this land signaled death, disease, and cultural genocide from the point of first contact.

By examining the use of the term "happy..." prior to adding the Thanksgiving holiday notation, confusion arises about just how "happy" this holiday feasting celebration makes the common citizen in this country. The thankful attitude, happiness at having spent time with friends and family must not linger with some humans as I remind you of a bitterly cold dawn and the event that took place just days after a "Happy" Thanksgiving.

November 29, 1864, more than 700 soldiers, mostly volunteer Colorado state militia, attacked an Indian encampment on Sand Creek in southeastern Colorado. The men of this camp were away hunting so the targets were old men, women, children, and babies. Leading the attack on this tribal community, where a USA flag and a white flag of peace topped Chief Black Kettles' lodge, was Colonel John M. Chivington, a former Methodist preacher known as the "Fighting Parson." Col. Chivington was well known in the region for saying his mission in life was "to kill Indians."

Several investigations were conducted, two by the military and one by the Joint Committee on the Conduct of the War who stated, "Whatever influence this may have had upon Colonel Chivington, the truth is that he surprised and murdered, in cold blood, the unsuspecting men, women, and children on Sand creek, who had every reason to believe they were under the protection of the United States authorities, and then returned to Denver and boasted of the brave deed he and the men under his command had performed". Colonel Chivington proclaimed before the attack "Kill and scalp all! Big and little; nits make lice."

Between 150 and 184 Cheyenne were reported dead; most were women, children, and elderly men. Col. Chivington and his men mutilated the Cheyenne dead and later paraded through the streets of Denver adorned with scalps and other body parts, including human fetuses.

This was the "happy" attitude that carried over from Thanksgiving Day 1864.

Moving forward in this grand season of holiday happiness, we come to Christmas. Gift giving, grand celebrations of Christian religious ceremony and the tracking of Santa Claus on his gift deliveries devour our every waking moment. Songs are sung and one in particular repeats the words, "Peace on Earth, good will towards men..."

Like the lasting "happy" that comes with Thanksgiving, the Christmas season also seems to carry no lingering effect upon the participants celebrating this sacred season marking the birth of Jesus Christ. In fact, a revered President of these United States made history the very day after Christmas in 1862.

On December 26, 1862, following orders issued by President Abraham Lincoln, the largest mass execution in U.S. history occurred. 38 members of the Santee Sioux tribe were hung for various "crimes" the very day after the "happy" Christmas Day. The 38 condemned men sang the Sioux death song until soldiers placed nooses around their necks at this very public hanging. The control rope was cut and thirty-eight Santee Sioux dangled lifeless in the air.

Quite the "happy" season indeed.

Moving forward a few years, we arrive at the Christmas merriment of 1890 where the brutality of the 7th U. S. Cavalry was all ready in the advanced preparation stages for what would later be known as the "Massacre at Wounded Knee."

On December 29, 1890, just days after the "happy" holiday season of Christmas, the 7th U. S. Cavalry surrounded the camp led by Chief Big Foot. On a reservation supposedly protected by two treaties, four Hotchkiss guns surrounded the Wounded Knee occupants. 500 Cavalry troops under the command of Colonel James W. Forsyth began the process of disarming the Indians of any weapons. During a small disturbance, the Hotchkiss guns began firing into an unarmed gathering of people at a combined rate of 200 or more rounds a minute.

Of the original 350 Indians, one estimate stated that only 50 survived. Most historical statistics report over 200 Indians being killed that day but government figures only reported the Indian dead as 64 men, 44 women and girls, and 18 babies. Many of the injured died of exposure in the freezing weather, and several days after the incident the dead were strewn as far as approximately two to five miles away from the original site.

Those who did survive the massacre or were not yet dead were taken to a makeshift hospital in the Pine Ridge Episcopal Church. Ironically, above the pulpit hung a Christmas banner that read: "Peace on Earth, Good Will to Men."

I guess that if the "happy" portion of the Christmas holiday had been forgotten, at least the words to that famous carol remained, though it didn't save the innocent ones at Wounded Knee.

A blizzard swept over the countryside the night of December 29, 1890. Perhaps the troops returned home to their families and fellow military members to celebrate yet another "Happy" holiday, New Year's Eve.

New Years Eve has become the marking point for leaving behind the previous year and making pledges to what wonderful changes we intend to make for the new year ahead. Great celebrations, counting down the seconds to the official beginning of the New Year and popping corks to champagne bottles herald this "happy" event. The New Year of 1891 was such a "happy" day that following the blizzard, a burial party headed back out to the massacre site along Wounded Knee Creek.

The soldiers responsible for the Wounded Knee Massacre greeted the New Year's Day of 1891 by returning to a valley covered with frozen bodies. The corpses were thrown into a single pit though there are reports that four infants were found still alive because their mothers had wrapped them inside their own shawls before dying.

Twenty-three soldiers from the Seventh Calvary were later awarded the Congressional Medal of Honor for the slaughter of defenseless Indians at Wounded Knee.

The New Year "happy" attitude was apparently in full swing during the Maria's River Massacre also. On January 23, 1870, U.S cavalry members laid in ambush position around a Blackfoot camp they believed led by the leader, Mountain Chief. The chief of this camp left the safety of his lodge and began walking toward the armed cavalry members waving a safe-conduct paper. History now reveals that this was not Mountain Chief's camp at all but was that of Piegan leader, Heavy Runner, who had enjoyed friendly relations with the white men.

One of the Army scouts, Joe Kipp, shouted warnings that they had the wrong camp in their gun sites but he was threatened into silence. The first shot was fired, killing Heavy Runner and the massacre ensued.

Just as in the massacre at Sand Creek, the Indian camp was unprotected because most of the adult men were out hunting. When the shooting stopped, over 173 were dead, most of who were women, children and the elderly. 140 others were captured and then released. These survivors were left without horses, adequate food, or clothing. As these refugees made their way to Fort Benton, some ninety miles away, many of them froze to death along the journey.

Though this massacre of Blackfoot members at Maria's River was every bit as significant as Bear River, Sand Creek and Washita Massacres, history has overlooked this incident. There is little mention of this post-"happy"-New Year's event in history books. No sign or monument marks the site of the mass grave of the Piegan Maria's River Massacre victims.

I have written about these "happy" holiday memories at various times and readers often comment to me that we, as Native people, should "get over it! That is the past and we are living in a new day now!"

Really?

Various comments come in to me stating that the apologies have been made to the indigenous people here and there exists a new and stronger relationship between our races.

Seriously?

An apology indicates an acknowledgment of past wrongs yes, but for an apology to bring true and lasting change, there must be an alteration to the previous behaviors. The people living in reservation communities may not have the 7th Cavalry surrounding them with guns at this point in time but when there are living conditions that rival those in 3rd world countries, lack clean water or freedom from the harmful contaminations remaining after uranium and other mining still exist? The damage to the people continues to this day.

You may ask me why these historical massacres of various tribal communities brings me to the deepest levels of sorrow and depression during these few weeks of "happy" celebratory holidays.

Quite simply, I tell you that in addition to those people that died in the historical slaughters, there are the survivors. The surviving bloodlines are still representative in our People to this very day.

I have one of the most precious brothers and teachers in my life here in Montana. He carries the Santee bloodlines from Mankato. This Santee brother introduced me to one of the strongest women I have had the honor of knowing and her family line comes from survivors at Sand Creek. Both of these relatives have shared their joy, teachings and time with me. One priceless day, we spent together and journeyed in to pray for and with the Yellowstone buffalo.

I have looked into the eyes of friends and shared meals during Pow Wow in Browning with those who carry the last name "Kipp." That bloodline is mentioned in the history of the Maria's River Massacre. One of the greatest times I ever spent with my Blackfoot relatives was in ceremony alongside a man I deeply admire and whose eyes will look right into your soul... a beautiful soul carried inside a man named "Heavy Runner."

I work alongside some amazing Lakota relatives in their current battles against uranium mining, enormous hog farms being moved into areas where they have their schools, homes and near sacred lands and water supplies. These strong and committed relatives fight the current re-creation of a history that has not changed over the century since Wounded Knee. The only difference in the attacks upon their well-being is the weaponry used.

I look into my beautiful relatives eyes or hear their voices on the phone and know that these people too, are survivors of massacres or other assaults all across Canada and the USA. In the struggles of today, I stand beside my loved ones at Six Nations, Attawapiskat, and in the battle to save Bear Butte and other sacred sites. I stand beside my relations fighting to protect burial grounds that hold the remains of our relatives. I fight in the continued search for freedom for Leonard Peltier and other issues that still attempt to destroy our Nations.

Our stories continue on and are retold for every generation that follows. The historical massacres are not "history" for me, for they do not rest in the dusty pages of a book. These memories are carried in the eyes and heart, etched upon the faces and revealed in the everyday relationships with the bloodline members of survivors of these events.

"Happy" holidays may become a reality when we as a human race truly walk and behave according to some of the teachings represented in these ritualized events. From Thanksgiving to Christmas and on into the New Year, there have been mass murders across all sectors of humanity. I have spoken only to those that personally affect me.

Twenty-three soldiers from the Seventh Calvary were awarded the Congressional Medal of Honor for the slaughter of defenseless Indians at Wounded Knee.

"Happy" holidays,

Mitakuye Oyasin, We are all related.





SUSUN WEEDS MONTHLY CLASS ON THE FOREST



January 17 - Elder flowers, berries, flu



ENCHANTED FOREST SITE NEWS"

WE NEED THE MEMBERS HELP!!

Please help us make the forest the top of Ning and The Pagan Networks. This will only take a few seconds.

Please VOTE FOR US - the banners are on the front page

ITS SIMPLE

Click on the "VOTE FOR US" BANNER ON FRONT PAGE (MIDDLE LEFT OF FRONT PAGE) AND THE NING 100 TOP

NETWORKS

PAGAT TOP 100

Vote for Us

Then Click on the ENCHANTED FOREST BANNER

This should take you back to the site



THATS IT - Simple

You can vote for us as many times as you like (the more the better) encourage all your friends on the site to do the same. Lets see how high we can get

Many Thanks

The Enchanted Team

CREATING GROUPS

At the Enchanted Forest we try and maintain an "open policy" with this is mind we ask that all Groups created by members are created and open for all - No groups should be set to private. Thank you all for your continued support and input in the Forest.

And to be sure is not another group of the same topic..many groups have been here long time and have gathered all sorts of information and we like to utilize them as much as possible..

So before putting one together check through to make sure is not another..

And when putting a group together ..please have info ready or discussions along with picks..have noticed some groups get started ..but without info or description or any discussions..we usually wait a week to give person time to do so..then if nothing is added ..will usually remove the group..

We try to keep them active and share the contents of these groups with members plus we always have new people coming in..also helps to make sure these groups are updated.

Thanks .. Shadow

New Tarot Teacher To The Site HERMOTIMUS



We at the Enchanted Forest are delighted and honoured to welcome Hermotimus to the post of Tarot Teacher to the Enchanted Forest. Hermotimus has been doing Professional Readings since 1975 (35 years) and has taught 5 tarot card reading classes in person (IRL) and 12 classes on line in the last 15 years.

He will also be available to answer questions and offer guidance in the Tarot Group

http://enchantedforrest.ning.com/group/thelearningtarotandsharinggroup.

CLASSES WILL BE ON A WEEKLY BASIS AND WILL START AFTER THE HOLIDAY PERIOD IN JANUARY

CANDLE COLOR CORRESPONDENCES

From the Candles group

BY REV.CAROL INGLE

Candle Color Correspondences
Apricot:
2nd Chakra, Gentle strength and joy.
Black:
1st Chakra, absorb negative energy, conjure spirits of the dead, reversing, uncrossing, binding negative forces, discord, protection, releasing, repel dark magic and negative thoughtforms. (Saturday, Saturn). Magic to absorb or remove anything. Banishing, hexing, removing hexes.
Blue:
5th Chakra, meditation, tranquility; loyalty, honor, truth, inspiration, wisdom, occult power, protection, understanding, good health, happiness, peace, fidelity, harmony in the home, patience, change, psychism.
Blue (Dark):
change and psychism; Spells for creativity, peace and communication, also for deep meditation and karma work.
Blue (Indigo):
To reveal deep secrets, protection on the astral levels, defenses.
Blue (Light):
Healing, patience, happiness, astral projection, initiations, protection of home, buildings, young males. Used for inspiration, peace and healing.
Blue (Royal):
Associated with Jupiter and Thursday, and used for spells concerning court cases.
Blue (silver):
5th Chakra, Deep wisdom, the moon
Blue-Black:
To heal wounded pride, summon angelic protection.

Brown:
Attract money and financial success, influence Earth Elementals, healing animals, concentration, balance, ESP, intuition, study, empathy, find misplaced things, peace in the home. May be used in money and business spells, Earth rituals, and for anything involving the home.
Brown (Dark):
Invoke Earth for benefits.
Brown (Pale):
Material benefits in the home.
Copper;
Passion, Money Goals, Professional Growth, Fertility in Business, Career Maneuvers
Gold:
Great fortune, intuition, understanding, divination, fast luck, financial benefits, attracts higher influences, male deity powers and solar deities.
Gold (Deep):
Prosperity, sun magick.
Gold (Pale):
Prosperity in health.
Gray:
Neutral color useful when pondering complex issues during meditation.
Green:
4th Chakra, Healing, prosperity, abundance, prosperity, fertility, healing, health, good fortune, generosity, money, wealth, success, renewal, marriage, balance, growth, employment, rejuvenation, ambition, and to remove greed and jealousy. Usually associated with Venus, but used on Thursday for spellwork involving money, prosperity and renewal. Also used for fertility, good luck, and for Earth rituals.
Green (Apple):
3rd Chakra, Emotional healing, protection.
Green (Avocado):
New beginnings.

Indigo:
Meditation, neutralize another's magic, stop gossip, lies, or undesirable competition, balance out karma.
Lavender:
To invoke righteous spirits within oneself when doing good magick.
Magenta:
Very high vibrational frequency that tends towork fast, so usually burned with other candles; quick changes, spiritual healing, exorcism.
Orange:
2nd Chakra, Strength, success, joy; encouragement, energy, adaptability, stimulation, attraction, sudden changes, control, power, to draw good things, change luck, to seal a spell.
Orange (Burnt):
Opportunity, love bondage.
Orange (Gold):
(Sunday, Sun). Rituals to enhance energy and power, build vitality, and to bring success and luck
Pink:
4th Chakra, Emotional love, harmony; love, affection, romance, friendship, spiritual awakening, healing of the spirit, togetherness, youthful femininity, pleasant dreams. (Friday, Venus). Magick for friendship and romantic love, emotional healing.
Pink (Deep):
Harmony and friendship in the home.
Pink (Pale):
Friendship, young females.
Purple:
6th Chakra, Spirituality, intuition; success, idealism, higher psychic ability, wisdom, progress, protection, honors, spirit contact, break bad luck, drive away evil, divination, power, healing severe diseases, meditation (Thursday, Jupiter) Rituals to influence people in high places, open psychic powers, and for wisdom.
Purple (Dark):
Use to call up the power of the Ancient Ones, runes, government.

Red:
Health, energy, strength, passion, sexual potency, love, courage, will power, physical strength, magnetism, protection, to conquer fear or laziness. (Tuesday, Mars). Spells for physical desire and passion, courage, victory, and physical strength. Stimulates energy and vitality.
Red (Cherry):
2nd Chakra, Self-love, friendship.
Red (Cranberry):
1st Chakra, love, passion, courage.
Red (Pale):
Deep affection of non-sexual nature.
Red (Ruby):
Love of a passionate nature, sex magick.
Silver or Very Clear Light Gray:
Removes negative powers, victory, stability, meditation, develop psychic abilities, female deity powers and lunar deities.
White:
Purity (purification), protection, peace, spirituality and greater attainments in life, truth, sincerity, peace, power of a higher nature, wholeness, spiritual strength, clairvoyance, lunar energy, healing, meditation work, consecration rituals, devotional magick.
White (Lily):
Also known as the "mother candle." burn it for 30 minutes at each moon phase.
White (Off):
Peace of mind.
White (Silver):
(Monday, Moon). Moon rituals, goddess rituals, spells to heal emotions and to balance, purification. White can also be used for any color.
Yellow:
3rd Chakra, Clairvoyance, communication; charm, intellect, imagination, power of the mind, creativity, confidence, gentle persuasion, action, attraction, concentration, inspiration, sudden changes, study, divination. (Wednesday, Mercury). Spells to enhance knowledge, communication skills and to give confidence and aid in

visualization skills. May also repel negative energy.

DREAM CHARMS AND RECIPES FOR GOOD NIGHTS SLEEP

FROM THE
HERBS AND OILS
GROUP

BY STORMCAT(SAILLE)

Dream charms and recipes for good nights sleep

to charm something refers to enchanting something or someone. words are spoken or sung in order to provoke an action of some sort. words become a chant and are repeated until desired result is achieved. when the object becomes charmed it possesses magical qualities and is recognized as enchanted, the objects can be as a horseshoe or a four leaf clover to bring luck.

the north American Indians used a dream catcher made from a net of woven on a round frame which was decorated with feathers

and beads. it resembled a man made spider web and was hung over the bed. the net was believed to catch the bad dreams, which then disappeared when hit by the early morning sun rays. the good dreams where allowed to drift below to enter the sleepers mind. this is a popular charm used today in children's bedrooms.

Herbs and flowers

herbs have been used over time to induce dreams, inspire you to dream, and have your wishes fulfilled through a dream. before going to sleep, relax and repeat this affirmation. 'may my dreams bring me peace, happiness and success.' by putting these herbs under our pillow you will influence the types of dreams you wish to have.

Rosemary wards off nightmares and brings restful sleep. Rosemary is excellent for dream recall and answering a particular question you wish answered. improves memory and produces sleep

Holly nine holly leaves tied with nine knots in a scarf under your pillow allows you to have prophetic dreams.

Mugwort promotes psychic ability and is useful in inducing prophetic dreams.

Cowslip is supposed to bring luck and encourages contact with departed loved ones whilst dreaming.

St John's Wort protects against nightmares and bad dreams.

Valerian a great sleep enhancer. it will help you have a peaceful sleep.

Dried flowers if you want to be lulled to sleep with dreams of all things beautiful, this country mix will do the trick. fill a small linen/cotton bag and leave it under your pillow. this is for a large quantity.

- 1 cup dried rose petals
- 1 cup of any other dried fragrant flower petals such as jasmine and lilac
- 1 cup dried lavender
- 1 cup dried lemon verbena
- 1 cup dried rosemary
- 6 drops of bergamot essential oil

21 REASONS TO BECOME VEGETARIAN

FROM THE VEGETARIAN GROUP

POSTED BY BREEZE

* Avoiding meat is one of the best and simplest ways to cut down your fat consumption. Modern farm animals are deliberately fattened up to increase profits.

Eating fatty meat increases your chances of having a heart attack or developing cancer.

- * Every minute of every working day, thousands of animals are killed in slaughter-houses. Pain and misery are common. In the US alone, 500,000 animals are killed for meat every hour.
- * There are millions of cases of food poisoning recorded every year. The vast majority are caused by eating meat.
- * Meat contains absolutely nothing no proteins, vitamins or minerals that the human body cannot obtain perfectly happily from a vegetarian diet.
- * African countries where millions are starving to death export grain to the developed world so that animals can be fattened for our dining tables.
- * 'Meat' can include the tail, head, feet, rectum and spinal cord of an animal.
- * A sausage can contain ground up intestines. How can anyone be sure that the intestines are empty when they are ground up?

Do you really want to eat the content of a pig's intestines?

* If we eat the plants we grow instead of feeding them to animals, the world's food shortage will disappear virtually overnight. Remember that 100

acres of land will produce enough beef for 20 people but enough wheat to feed 240 people.

* Every day, tens of millions of one-day-old male chicks are killed because they will not be able to lay eggs. There are no rules about how this

mass slaughter takes place. Some are crushed or suffocated to death. Many are used for fertiliser or fed to other animals.

- * Animals who die for your dinner table die alone, in terror, in sadness and in pain. The killing is merciless and inhumane.
- * It's must easier to become (and stay) slim if you are a vegetarian. (By 'slim', I do not mean 'abnormally slender' or 'underweight' but rather, an absense of excess weight!)
- * Half the rainforests in the world have been destroyed to clear ground to graze cattle to make beefburgers. The burning of the forests contributes 20% of all green-house

gases. Roughtly 1,000 species a year become extinct because of the destruction of the rainforests. Approximately 60 million people a year die of starvation. All those lives could be saved because those people could eat grain used to fatten cattle and other farm animals - if Americans ate 10% less meat.

The world's fresh water shortage is being made worse by animal farming. And meat producers are the biggest polluters

of water. It takes 2,500 gallons of water to produce one pound of meat. If the US meat industry wasn't supported by the taxpayer paying a large proportion of its water costs, then hamburger meat would cost \$35 a pound.

* If you eat meat, you are consuming hormones that were fed to the animals. No one knows what effect those hormones will have on

your health. In some parts of the world, as many as one on four hamburgers contain growth hormones that were originally given to cattle.

* The following diseases are commoner among meat eaters: anaemia, appendicitis, arthritis, breast cancer, cancer of the colon, cancer of the prostrate, constipation,

diabetes, gallstones, gout, high blood pressure, indigestion, obesity, piles, strokes and varicose veins. Lifelong vegetarians visit hospital 22% less often than meat eaters and for shorter stays. Vegetarians have a 20% lower blood cholestrol level than meat eaters and this reduces heart attack and cancer risks considerably.

* Some farmers use tranquillisers to keep animals calm. Other routinely use antibiotics to starve off infection. When you eat meat you are eating those

drugs. In America, 55% of all antibiotics are fed to animals and the percentage of staphylococci infections resistant to penicillin went up from 14% in 1960 to 91% in 1988.

* In a lifetime, the average meat eater will consumer 36 pigs, 36 sheep and 750 chickens and turkeys. Do you want that much carnage

on your conscience?

* Animals suffer from pain and fear just as much as you do. How would you like to spend your last hours locked in a truck, packed into a cage with hundreds of

other terrified animal and then cruelly pushed into a blood soaked death chamber. Anyone who eats meat condones and supports the way animals are treated.

* Animals which are a year old are often far more rational - and capable of logical thought - than six week old babies. Pigs and sheep are far more intelligent

than small children. Eating dead animals is barbaric.

* Vegetarians are fitter than meat eaters. many of the world's most successful athletes are vegetarian..









FIND HER
WANDS IN
THE CRAFTS
FOR SALE
GROUP

WANDS

BY LILWREN

HAND MADE WANDS



The Enchanted Forest, has allowed me to sell my wands, in the safe keeping of the forest realm. To keep harmony of good will and honest terms, I myself will only be selling my wands on line,, and sending to those who wish to purchase from me.

##NEWSFLASH##

I have a small batch of special wands and talking sticks The wood is taken from the horrific storms we have had here, with most of the wood being taken down by tornadoes. so they should be fired up with energy and have been laid out in the light of the full moon and the eclipse. These are special wands !!!!

I would like to help the forest with the cost of the site fees with these creations, if someone donates money to the site for site fee costs – I will be willing to sell the wand to them for \$20 instead of the usual \$25 plus postage and packaging. This is a BIG DISCOUNT

I will put aside 5 willow and 5 maple pieces of wood for this special thing – these are truly powerful tools !!!

If you are interested and wish further details on my wands contact me on site

http://enchantedforrest.ning.com/profile/EinNOR

ORANGE AND CARROT SOUP RECIPE

BY BREEZE



Ingredients

- * 600 ml water
- * 450 g carrots, prepared weight
 - * 1 large onion, chopped
 - * 1 sprig fresh mint
 - * 3 sage leaves
 - * 1 tbsp orange rind, grated
 - * 1 tsp black pepper
 - * 300 ml fresh orange juice

For the garnish:

- * 1 small orange, cut into segments
 - * 10 small mint leaves
 - * 3 tbsp single cream

Method

- 1. Bring the water to boiling point and add the carrots, onion, mint, sage, orange zest and seasoning.
 - 2. Lower the heat, cover the pan and cook for 10-15 minutes, until the vegetables are tender.
 - 3. Remove the mint and sage, transfer the soup to a blender and blend the soup until smooth.
- 4. If serving the soup hot, reheat, taste and adjust the seasoning. Garnish with orange segments, a sprig of mint and a swirl of cream.
 - 5. To serve cold, chill the soup and then add the orange juice. Garnish and serve

PENDULUMS

FROM THE CRAFT CLASS ON 12/15/2010

BY ROSE MISTDANCER

Pendulums are made from a variety of materials including crystals, wood, glass, and metals. They are often used as tools for spiritual healing and inner growth.

Allow a pendulum to choose you. If you like the way it looks or feels, it is meant for you.

To cleanse your pendulum you can use cold tap water or setting a mental intention to free it of picked up energies

pendulums swing in a vertical, horizontal, and in circular movements

Assign each directional swing a "response" by first asking the pendulum to show you what certain responses look like. Ask: What does a NO look like? What does a YES look like?... and so on.

A question should be one that can be answered with a positive, negative or neutral response.

Pendulum Response Examples:

- vertical swing signifies NO
- horizontal swing signifies YES
- circular movement signifies NEUTRAL

Set Your Intention:

It is imperative that you precede your question session with a prayerful request or statement.

Be prepared to ask several questions in order to receive enough information to aid you in your quest for answers.

Make sure to completely stop any pendulum motion between questions to clear any lingering energies that pertain to the previous question.

- 1. 1. Accept information only if your instincts assure you it is accurate.
- 2. Keep a notebook handy to write down your questions and your pendulum's response.
- 3. Each pendulum may have a different response. Likewise, each person must establish their own directional swings before using a pendulum.
- 4. Make sure that the pendulums have been cleared of any negative energies before and after each use.
- 5. Once you select your pendulum you are ready to begin.
- 6. Sit down and get comfortable. Your mind and body should feel relaxed with no stress.
- 7. You can rest your elbow on a table in front of you allow the pendulum to swing free, or you can hold your arm in a horizontal position, again allowing your pendulum to swing freely.
- 8. You do not have to be psychic to use a pendulum. It will guide itself. It is moved by either your thoughts or someone in spirit who works through you, generally your spirit guide.
- 9. The first step is to get the feel of the pendulum and how it will move for you.

Pendulums movements:

- straight line side to side or front and back
- circles clockwise or counterclockwise
- elliptical motion
- some pendulums bob up and down to indicate strong action, usually affirmative

Most questions asked when using a pendulum have Yes or No answers. You must determine the direction your pendulum will take for Yes and for No.

Hold the pendulum in your hand. With the other hand - touch the point/bobber to steady its motion.

Keep your eyes on the point.

Now address the pendulum and say, "Show me 'Yes'." It will soon swing in one direction, which could be side to side, back and forth, or circles.

Now say, "Show me No." It should swing in the opposite direction.

Be certain the pendulum is not being guided by the movement of your hand or fingers.

Once you have determine the pattern for Yes and No - you are ready to begin.

There are times that the answer is unknown - or the spirit needs more information. At that time - the pendulum will generally swing diagonally or not at all.

The faster the movement - the stronger the energies.

Sometimes a pendulum will appear to bob or dance up and down. This is usually an affirmative response. the point is sometimes called a bobber.

There are generally no rituals involve with pendulum use, though some people hold their pendulum in the palm of their hand before they begin, to 'charge' it.

When you ask your questions you may want to record the answers.

Now you are ready to begin to ask your questions.

Start with something simple such as, "Is it sunny today?" "Is it Monday?" "Are you here to answer my questions?"

Once you get the 'swing' of it - you can move on to personal questions.

Remember to only ask a question ONCE. If you want more information - you might want to use a chart. At this time the pendulum should be about two inches above the chart - or as is comfortable.

If the motion of your pendulum increases - or the circles get large - the energy is increasing and you can expect change linked to the question you were asking. Pursue further questions to get additional information.

Pendulums and Chakras

Stand in front of, or directly behind, the person you are working with.

Place the pendulum directly over their crown chakra [top of head]. It will either swing back and forth or side to side - or in circles.

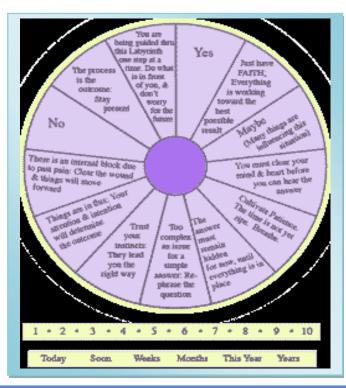
Next place the pendulum in front of the third eye [forehead]. If the chakra is balanced the pendulum will swing in the opposite direction of the crown chakra, or the circles will be reversed.

Continue with each chakra moving downward in order: throat, solar plexus, spleen, and root.

If a chakra is balanced the pendulum will continue to reverse polarities. If it is out of balance the pendulum will swing in the wrong direction - or not at all

You can also use the pendulum by placing it slowly a few inches away from a person's body. The point should remain still and move when it locates a problem.











If you wish to email the radio directly with questions or comments, there are now two ways to do it. You can do that in the Enchanted Radio Group or on Enchanted Radio's member profile.

WOULD YOU LIKE TO JOIN THE ENCHANTED RADIO TEAM AS A DJ ??

We are trying to establish two new DJ's and we are looking for DJ's that can fill the Evening shift. We do not expect any new DJ's to actual play for that whole period of time. We would prefer at least a commitment of 4 hours, if you wish to do more that of course would be fine. All new DJ's will be asked to please be present in chat during their time on air and to be actively participating in chat. We will expect all DJ's to play the members request!!

ENCHANTED FOREST RADIO MERCHANDISE

http://www.zazzle.com/enchanted_radio















FROM THE ENCHANTED FOREST PARANORMAL GROUP

BY ASCENTION 148

CLEARING YOUR PERSONAL ENERGY FIELD

Hello all sometimes we can pick up other peoples energy and or entities . This can make us feel down/grumpy /tired/restless ect or even ill. A simple way to clear yourself is to sit or lay down and visualize golden light coming in through the crown chakra(top of head) and see each chakra/energy center filling with golden light and expanding see them spinning really fast (like a golden sphere) so fast that all dros flys off(remember to ask that all that is removed from you is transmuted with love back to creator) do this all the way down the body third eye/neck/heart/solar plexas/naval and groin/base then spin last golden ball below your feet this will anchore you in to earths energy grid. when this is done see the balls of golden light expanding to unifie and fill you body with bright gold hold this image for a few moments and you should be cleared (remember to give thanks to any if you have asked them to help you eg gods/goddesses/angels ect.

Thanks for your time and keep up the good work blessings to all 148*

EARTH HEALING VISUALIZATION

Hello all I'm sure you are aware that the earth could do with a lift after all without the earth we would have nothing to stand on to say the least. All you have to do is sit or lie down (you can light candles dedicating them to earth healing god/goddesses/angels ect if you wish)Ask that healing light come from the great central sun(this is a very large star far out in the universe)see a beam of light coming from deep space to the earth, see the light going into the center of the earth then radiating out in all directions in gold/silvers/pinks and violets like a pretty firework(you can use one color if you find visualizing this difficult)see it radiating out giving the earth a brilliant aura that can be seen from space see the earth almost glowing then after a few minutes see the beam of light returning back to the central sun but hold the vision of the earth still glowing radiating out its healthy healing energy. Give thanks to whoever you asked to help you and the central sun then ground your energy and have something to drink(grounding is covered in this group for those who may not know how too)the best times to do this are one solstices and full moon as they carry their own special energies that can raise the effects of earth healing(but anytime is a good time to earth heal) if you only do this once a month it will all add to helping the earth to stabilize and reduce collective negativity so a healthy planets energy can create a healthy population. Earth healers are thin on the ground on this planet so if you could spare some time doing this it would be greatly appreciated.

Thanks for your time and good luck 148*

FROM THE ENCHANTED FOREST GROUP PARENTS WITH CHILDREN WITH AD/HD, ADD, ODD OR CD

ABOUT GIFTED CHILDREN

BY BRENDA TENERRELL

I'm going to share with you all the information I have about Autism and other Gifted children; then it's up to you to believe or understand it or not. Please keep an open mind when reading this. There are many groups of gifted children: Autistic, A.D.D., A.D.H.D., Asperger's, Indigo, Crystal, Rainbow, etc. These children do not have disorders at all, but are very spiritually gifted children sent here by God to pave the way for us as we move into the Greatest Spiritual Awakening our planet will ever go through. For too long these kids have endured being tagged with disorders, pushed into medications, and forced to play by an inappropriate set of rules. We are all light beings of energy, and these children are some of the brightest of us all. They have very bright auras and many Angels around them. They resonate with such a high vibrational frequency that it is more like an Angels. The energy on the planet is much lower, and they can't handle it. When they seem like they are "gone" it's because they are. They are up in the spiritual dimensions doing special jobs for God and helping the Angels. They cannot and will not conform to the set of rules set by society. They won't follow anything that does not resonate with truth, honesty, love, and oneness of spirit. If it is something that resonates with a lie, dishonesty, denial, doubt, or control, or anything not of God, they simply will not do it. Trying to make them usually results in an outburst. If we discipline them or force them, they may become very withdrawn, or even worse, or will lose their spiritual abilities. The medications also will block their spiritual abilities. They may be able to focus on the lesson of the day, but may miss a very important message or warning from God or their Angels. These children are often very old souls sent back armed with huge arsenals of spiritual gifts to help us with. These kids can see into the dimensions, can often see spirits walking around, see Angels, God, demons, etc. They have all the knowledge of the Universe inside them, and there is much to be learned from them. When a child runs into your room screaming that there's a monster in there, they aren't kidding. They are seeing something spiritually that we can't see. The worst thing we can do is tell them there's nothing there, tell them it's just their imagination, or worse, make them go back in there to bed. What they are seeing or experiencing may be terrifying, even to the point of physical illness.

Done repeatedly can be harmful to them and their spirit. We can, however, all learn how to see spiritually, how to clear ourselves and others of dark energies, how to clear their bedroom before they go to sleep, and how to coach them. Spiritually gifted children can pick up on these things very quickly. When they are taught how to clear away dark energies, etc. they will run with it and develop their gifts very quickly. Some see flashes of light and are even scared of their Angels because they don't know what they are seeing. Once it is explained to them, they have no problem with it. The reason there are increasing numbers of them is because God is intentionally placing them here to help us evolve. They started out few and far between, then more, now it is said that every baby being born from here on out will be one of these groups, and may all have blue auras. The author of a book I read works with these children all the time. He is also very gifted, and he can see them spiritually, find out what they're doing, and talk to them about how they feel. For some it is literally painful for them to be in their physical bodies. They pop in for a short time, it hurts, so they leave again. He teaches them how to get rid of dark energies and clear themselves, and how to refocus themselves when they come back down. He helps them deal with all the energies. Afterwards, many will do things they didn't previously do, or start talking to their parents and others when they didn't before.

One he worked on 2 years ago has been getting better and better over the 2 years, has now tested as not even autistic anymore, and when given IQ tests, he tested as a genius. Gary, the author, also has learned some amazing things from them as well. They are among the most gifted people on the planet. My 3 beautiful, very gifted children were said to be very A.D.H.D. and I was pushed to medicate my oldest since 1st grade. When I learned all this and about what they can do to the heart, I took him off. Now he has blossomed spiritually and is more gifted than the rest of us. He sees everything, receives spiritual gifts for all of us from God frequently, helps me guide spirits to the light, helps clear houses, and can even close hell-holes and vortexes. They all help me with group healings and prayers, and can see God, Angels, Hierarchy, demons, spirits, etc. The school environment does not work well with these children, nor do most of them even attempt to understand. They simply want the child to conform. I'm currently working on ideas for schools that we plan to build when we join forces with Gary. We need to come full circle and understand what is going on and not tag these children anymore or make them feel strange or like there is something wrong with them. Quite the contrary, they are very special! Society actually has the disorder, SUD (Spiritually Unaware Disorder). As a society, we need to realize how special these kids are and all that they can teach us. They are here to guide us and help us evolve, and to help bring Heaven back to Earth as it was always meant to be. Heaven is closer now than it has ever been. "Thy Kingdom Come, Thy Will Be Done, On Earth As It Is In Heaven." These kids need our help and support; let's give it to them. If you have any questions at all, please don't hesitate to ask. The book also teaches how to do all of this and how to help our children. The pics are as follows: the book, the kids and me receiving spiritual gifts from God through Antonio (Autistic), and Gary and Antonio working together spiritually.

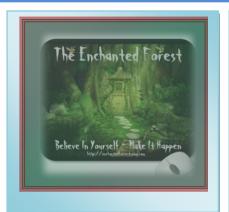
Love, Light, and Blessings, Brenda



ENCHANTED FOREST MERCHANDISE

All proceeds received from sales go to site fees













Several members have ordered items from our store and are very pleased with the quality of the merchandise. from the t-shirts, Hoodies, and even the Kool Coffee mugs so get yours now!!



Zazzle ships direct to you!!!

Be sure to check out our Enchanted Forest Store we have other items there Key chains, Bumper stickers, and you can choose your size when you order!! ©

http://www.zazzle.com/enchanted forest

NEW GENRE OF INSTRUMENTALS "SHADOWSPHERIC"

16 of My Instrumentals have hit Soundclick charts!!! So far



Produced and mixed by Shadow(BMC)

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30 awesome
Instrumentals
to listen to
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Synth

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DnB

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First cd-"Tanzanite" my
First 14 tracks

Second cd "Winds of Tomorrow" little more upbeat then Tanzanite 12 tracks

3rd cd-In progress and are called shadow singles

Check them all out and Enjoy!!! ☺

Shadow of Shadowspheric

A Warriors March

Arabian Knights

Where am I

Into the Storm

After Twilight

Stellar Rock

On the Run

Just a few of the tunes that's been charted in soundclick



ENCHANTED FOREST

STUDENT OF THE MONTH





What I've learned while visiting my mom (Rose Mistdancer) is how to do magic the right way and what not to mess with such as a Ouija Board and how to work with candles and what the different colors mean for different things such as healing prosperity. I have also been learning about herbs and what their uses are how to dry them. And i have been learning how to cast a circle and take one down i never thought i could do magic because of my seizures but my mom quickly told me i can do anything i put my mind to as long as what i do in magic has my intent behind it. I have also learned that you never harm anyone because if you do it will at some point come back to you x3 as said in the Wiccan Rede. And to not be so negative about things be more positive and if you do good things then good things will come to you in return. My favorite part of learning magic is that i am learning from my mom and from everyone in the forest. Many Blessing's

Lil_witch_Jazmyn



A COLLECTION OF THOUGHTS

FROM OSHO, BY D MICHAEL WALLER

Meditation Minutes: Death

Death is already happening, whether you face it or not, whether you look at it or not.

It is already there. It is just like breathing: With each inhalation you are born, with each exhalation you die. Someone who is really living is not in any way afraid of death.

Live life. In living life death is avoided. In living life you become so fulfilled, that if this very moment death comes and the future stops, you will be ready. You will be happily ready. You have lived your life; you have delighted in existence; you celebrated it; you are contented. There is no complaint, no grumbling, you don't have any grudge. You welcome death. And unless you can welcome death one thing is certain: You have not lived.

Meditation Minutes: Watching

Watching is meditation. What you watch is irrelevant. You can watch the trees you can watch the river, you can watch the clouds, you can watch children playing around. The object is not the point. The quality of observation, the quality of being aware and alert –

that's what meditation is. Whatsoever you do with awareness is meditation. Action is not the question, the quality that you bring to your action. Walking can be a meditation if you walk alert. Sitting can be a meditation if you sit alert. Listening to the words can be a meditation if you listen with awareness. Just listening to the inner noise of your mind can be a meditation if you remain alert and watchful. The whole point is: one should not move in a sleep. Then whatsoever you do is meditation.

Meditation Minutes: ACCEPT YOURSELF

Accept yourself – as you are and that is the most difficult thing in the world, because it goes against your training, education, your culture. From the very beginning you have been told how you should be. Nobody has ever told you that you are good as you are.

Don't be obsessed with yourself, but a natural self-love is a must, a basic phenomenon –

only then, out of that, can you love somebody else. Accept yourself, love yourself.

Nobody else has ever been like you and nobody else will ever be like you. You are simply unique, incomparable. Accept this, love this, celebrate this. In that very celebration you will start seeing the uniqueness of others, the incomparable beauty of others. Love is possible only then when there is a deep acceptance of oneself, of the other, the world. Acceptance creates the milieu in which love grows, the soil in which love blooms.

Meditation Minutes: Love and Aloneness

The capacity to be alone is the capacity to love. It may look paradoxical to you, but it is not. It is an existential truth: Only those people who are capable of being alone

are capable of love, of sharing, of going into the deepest core of another person -

without possessing the other, without becoming dependent on the other, reducing the other into a thing, and without becoming addicted to the other. They allow the other absolute freedom, because they know, if the other leaves they will be as happy as they are now. Their happiness cannot be taken by the other, because it is not given by the other.

Then why do they want to be together? It is no more a need, it is a luxury. They enjoy sharing: They have so much joy; they would like to pour it into somebody. They know how to play their life as a solo instrument. The solo flute player knows how to enjoy his flute alone – and if he comes and finds a solo tabla player they both will enjoy to be together and to create a harmony between the flute and the tabla.

Crazytown by Pixie

saw a fairy this year. Yes, you read right....... saw a FAIRY! Now I know what kind of reaction this statement

would normally get in the world. I would get those looks.....you know what looks I am referring to....the kind where you know they are thinking that you are completely off your rocker or surely taking drugs. I am neither. But there could be no other explanation. After all, there are no such things as fairies or so they say.

What is so wrong about believing in the fae? Is it just to say that because the majority of the population has not seen one that they do not exist? How so? So in other words, because we have not seen aliens, we are the only planet in the entire universe with sustaining life? What about the creatures that we have yet to discover in our own oceans and rainforests? Do they not exist because we have yet to discover them? Perhaps they are in hiding for good reason and the way that mankind tends to be, I would keep hiding myself!

But enough about that, I saw a fairy. I cannot give you details on the little one for it flew too close to my face both times and when I looked for it, it hid. Not to mention that I was driving! Yup...it was in my car! I know many would rationalize what it was a bug perhaps or a piece of dust surely. I, however, know better for no bug could live in zero degree weather and dust does not have wings. I know what I saw and I believe it with all my heart. So if I need to be nuts to believe what I saw, I'll take a one way ticket to Crazytown.



THE LITTLE ANGEL AND THE HUMAN CHILD

HOME AGAIN

BY CHAYENNA



Now the Little Angel and the Little human child were together again in their home world, they enjoy every second of it. For so long they were separated. And their was so much to tell about the experience in the middle world. The little child asked the little angel, why we couldn't travel anymore like before to all that different worlds? Why it was so difficult to return again to our home world?

The little Angel smile to the little human child, and asked her to sit down and to look around.

So the little child did. She breath in all the beauty of the home world. The little Angel asked her, what is different on this world with the world you lives in. The little child looks to the little angel, and said: "are you crazy", everyone sees the different between this world and the world I life in. Look to the colour of the flowers, the way they smell. Taste the fruits, the way how that feels in your mouth. Feel the way how are body reacted in this world without any problems, so yes there are so many things different between this world and the world I live in.

The little Angel smiles, and said: "really". What is it that makes that things looks, feel, or even smell different in the world were you are? I don't know the little child answered. I only know that all here is more perfect then in my world. Here there is only love, and you can see and feel it in anything, In my world there is so much things what are not good, because people want to control everything, even the way how nature must reacted, the way our food grows. There are so many rules, for everything. And all that rules and control changed our food, changed the way things looks or smell.

Is that really the reason the little Angels asked. Do you think that human have really the control to change the way flowers smell, or the taste of food? What are they really changing in that control? The little child looks to the little Angel and said: "Now I understand, they only changed the way they look at it." So when I am in my world and just remind the way fruit taste here, I will taste it on the same way as here. Yes the little Angel answered.

Nobody have the real control on anything outside themselves. Nothing can changed anything outside themselves. Just look to your experience in the last months. Could you go out the middle world?, could you change things in the middle world? The little child looks back to the time she was in the middle world. She have try so many things to break out of that world, but nothing of what she had learn before was working. The only reaction on all what she did was silence. How more she tried to break out, how more she tried to control that world, how more stuck she felt. Just in the moment she let it be, in the moment she just accept the things how they were, have bring her back to the home world.

And that is just the way things are working out the Little Angel said to the little human child.

You can't change the way how things really are, the only way to change things is to become aware how you look to it. To become aware of your own expectations what you have of it.

When you belief that only this world is perfect, you will see always things what are not good in the world were you are focused on. And you always will try to control that things and changed it in the way what looks, feels or smell perfect for you.

The little Angel asked the little human child. "What do you see when you looked at me, and what are the different when you look to your self? Oh the little child answers, there are many different. Look to our body's, mine body gives only problems, and hurts like hell. My body feels heavy like a rock, your body feel so light just if you can fly. You always looks young, my body become older and older.

How can their be that different when we are the same the little Angel asked the little child.

Just what you think to see on me, is just the way your body really is. When you feel sick, when you feel pain let it be and focus yourself on the real blueprint of your body. It's that part were you are focused on that will grows. When you stay focused on pain, the pain will become stronger, when you are focused on illness, you will be ill, when you are focused on things what are not perfect, all things will be imperfect.

Just the way we belief in things makes the different how we see things. When we have any expectation of something, we will experience the different levels of it. And on that way we created many different worlds for our selves, but all the real things just started here, in our own home world. Nothing can changed that. We never leave our home world , we only changed our focus and on that way we think we are in a different world



FROM THE ENCHANTED FOREST GROUPS

CEA ~~Collective Energy Group~~

The CEA (Collective Energy Act) is a group of people from all over the world who come "together" every Sunday night to focus their energies for a common goal.

No matter what your religious background or where you come from, the CEA was formed by folks who either need a bit of an energy 'boost' for Healing or those who have been trying to make a success of their craft business or or just need to help balance in there life's.

Creative people can run out of steam real quick. We can get bored with our handiwork or just get off track from time to time. That's where the CEA comes in.

By coming together on Sunday nights, we give each other that little boost that we need to help us through the coming week. To focus on our goals and encourage each other to keep going. We also update each other on our progress and that also helps us along.

It's simple really and takes almost no time. (Oh and it's completely free--no money involved at all!)

Here's what we do:

Every Sunday night (or sometime over the weekend), we all light a candle and focus on our goal. Whether we need Healing or a creative boost, a little extra in our bank account or just want to send out our energies to the others, we take a few minutes to focus while we light our candles.

Then, just let it burn! For an hour or burned down completely, it's entirely up to you. (Supervised of course. You should never leave a burning candle unsupervised.)

If you don't know what to focus on, use our motto: Peace Health and healing ~ Prosperity ~ Persistence

It's just that simple.

The CEA has been in action for about a years now and what is so great is how we all share our progress. It's great to hear how others are doing and the encouragement we get from each other is just outstanding.

So please, join us and remember: Peace ~ Prosperity Healing ~Persistence please leave you need here this will be part of a world effort to help heal all that we can. My we all help those who need our help, So mote it be.

COYOTE'S DISCOURSE

BY MARTIN STOMPINGELK

No one center of this earth possesses the allness of power. I would also like to say at this time that phonies, too, are universal. But then perhaps, like decay, the phonies are necessary compost to the growth of real power. But who can know.

Take a drum and a rattle. Take people sitting in circle around a fire, sining songs of Creation. The very same songs their ancestors sang.

Now take the same people and let a flea of dissatisfaction bite one of them. A young man (lets pick on him) takes the drum passed to him by an elder. Even before he consents to begin drumming he must first change the painted designs on the drum. Then he removes the feathers and replaces them with bells. Now he's ready.

He begins the ancient beat, then hesitates. It's too slow. So he speeds up the beat to satisfy and keep pace with a quick mind. The song is new. The people listen respectfully, seeking to share a newness. But the young man is still not satisfied, and before the people can begin to comprehend his his song, he has begun another. Then quickly he does variations on the theme until the theme itself has been lost, swallowed-up in his frenzy. Even he has forgotten the original theme. "Well," he says, in expanation, "That's progress!"

Sort of reminds me of a pup when it's agitated for some reason and begins chasing and biting at it's own tail. That's what's called " a tight circle of cocentration."

Where was I? Seems like I'm going in circles myself, don't it? Do I seem bitter or anything? I hope not, after all, I want you to invite me back.

And with all this I'd like to add that I've never yet met a person of power (except himself, of course) who gives themselves titles such as medicine person, power person, or shaman. Even within a tribe or nation, the people know who to see for their particular needs, so why give them titles?

When porcupine goes night walking, he doesn't look behind himself and say, "Ah, yes, I got my quills with me." He knows what he's got.

Thank you.

Excerpts from Elderberry Flute Song,

Peter Blue Cloud.

living in the cosmic swirl, going round and round, singing my song,
Dancing my dance...
Stompingelk,

INVITE YOUR FRIENDS TO THE FOREST

To invite your friends to the Enchanted Forest go to the INVITE TAB at the top of the page. You can INVITE all your friends from either your hotmail, gmail or yahoo account by simply entering your email address and password from your messenger account then click IMPORT ADDRESS BOOK – this will list all your messenger account countacts select all the contacts you wish to INVITE then select SEND.

To INVITE your friends by EMAIL simply select enter EMAIL ADDRESS and enter the person you wish to INVITE emails address (Separate multiple addresses with commas). And SEND its that SIMPLE!!

Tell everyone about The Forest and help it GROW

If you have any problems with this or have any questions please contact any member of the team - who will be able to help you

Enchanted Forest Team

WHAT WOULD YOU LIKE TO SEE IN THE FOREST

This is your chance to let us know what you would like to see in the Forest - Lets here your ideas

All appreciated

THE ENCHANTED FOREST

This is your site !!!! Have a look around - if you have something that you wish to share with the site add a **BLOG** or join a **GROUP**. If you dont see a group that interests you **WHY NOT START YOUR OWN**. If you need help with this or just want ideas talk to either Shadow or Breeze and we can help you !!!!!!!!!!

We hope you have fun here and spend some time with us in the Enchanted Forest

Enchanted Team

At the Enchanted Forest we try and maintain an "open policy" with this is mind we ask that all Groups created by members are created and open for all - No groups should be set to private. Thank you all for your continued support and input in the Forest.

WE AT ENCHANTED FOREST WANT TO THANK ALL THE MEMBERS FOR THEIR CONTRIBUTIONS TO THE SITE..TO HELP MANY OTHERS IN THEIR PATHS OR TO JUST HELP THEM SEE A NEW POSITIVE INSIGHT AND POSITIVE OUTLOOK FOR THEIR FUTURE...

WE TRY TO HAVE ALL WE CAN HERE SO YOU DON'T HAVE TO WONDER ALL OVER THE NET TO FIND IT .. OR DEAL WITH DRAMA OR DISRUPT FROM ANYONE...

YOU EVER HAVE ANY ISSUES ON SITE OR QUESTIONS ALWAYS HIT ONE OF US UP ..

WE WISH EVERYONE A GREAT 2011



LETS MAKE 2011 A BETTER YEAR FOR ALL!! THE ENCHANTED FOREST