

# The Enchanted Forest Jeam

~~Believe in Yourself And Make It Happen~~

**OWNER** BREEZE **HEAD ADMIN SHADOW ADMIN CELTIC COYOTE HEAD MODERATOR ROSE MISTDANCER MODERATORS GOTHIC MISSTRESS SOARING EAGLE SAPPHIRE** 

Just like with any online service, you should exercise common sense when using this site. Below we've outlined some simple guidelines to keep in mind:

\* Create strong passwords and keep them secure, which means you should never share your password with anyone!

\* Adjust your privacy settings so they match your level of comfort and remember to review them often.

\* Be cautious about posting and sharing personal information, especially information that could be used to identify you or locate you online, such as your address or telephone number.

\* Report members and content that violate our Terms of Service to the Admin, Shadow, Celtic **Covote or Breeze** 

\* Block anyone who sends you unwanted or inappropriate communications and report it to the Network Creator or directly to us.

\* Don't post anything that would embarrass you later. Think twice about posting a photo or other information you wouldn't want your parents, potential employers, college or boss to see.

IF YOU ARE IN ANY DOUBT SEND A MEMBER OF THE ADMIN A MESSAGE AND SEEK FURTHER ASSISTANCE - WE'RE HERE TO PROTECT AND ASSIST OUR **MEMBERS AND TO KEEP THIS A PEACEFUL HAPPY** SAFE PLACE FOR ALL

### **CHAT REMINDER**

Do not give out personnel information to other members ie email address, contact details or names. Any contact with members should be kept on site where the team keep it a safe environment.

# ENCHANTED RADIO



### JOIN US AND CELEBRATE WITH US OUR FIRST YEAR ANNIVERSARY

Enchanted Radio would like to invite everyone to come join us in main chat on October, 26, 2010. We would like for all members to come join us in celebrating our One Year anniversary. Please feel free to leave any suggestions, comments or ideas that you may have in the Enchanted Radio group. Come on out and show your support and we will be having an all day party in the chat room to thank all of our listeners.



# **ST. JOHN'S WORT (HYPERICUM PERFORATUM)**

**By Susun Weed** 

Susun Weed shares St. Joan's Wort secrets...

Watch video here: <u>http://www.youtube.com/watch?v=ERHDdpRxVvo</u>

Joyous July Hypericum Saves Your Skin by Susun Weed

St. John's wort (Hypericum perforatum) tincture is well known as a remedy for depression. The oil, though less well known, is one of the best medicines for regaining and maintaining healthy skin.

Hypericum oil is made by infusing the fresh yellow flowers of St. John's/Joan's wort in oil until it turns red. It is not an essential oil. If you live where hypericum grows, you can easily make it. If not, you can buy it at any store that sells herbs.



Because hypericum oil heals burns, I honor it with the name St. Joan's wort. It is the only one-hundred-percent chemical-free sunscreen I know of. I apply a generous amount to all exposed skin every few hours to prevent sunburn and skin cancer.

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Over the last fifty years, the rate of skin cancer in the USA has risen as fast as the usage of sunscreen. Commercial sunscreens encourage us to stay in the sun too long. St. Joan's wort oil allows a slight reddening of the skin, so we are alerted to the need to get out of the sun, and it protects the lower levels of the skin from mutations that lead to cancer.

### Hail Hypericum by Susun Weed

Hypericum is a short-lived perennial that loves the sun in the summer and the cold wind in the winter. It is herbaceous, having neither persistent branches nor a woody trunk. I look for the bright yellow clusters of St. Joan's wort flowers in fields that horses graze, since they rarely eat it. It loves roadsides, meadows, and hayfields that haven't been mowed in a year or two, but I have seen it growing from a tiny crack in a rocky cliff. Hypericum isn't fussy about soil so long as it can get the sun it craves.

St. J's is all about sun. It gathers the healing warmth of the sun into itself and releases it to us when we use it to soothe sore muscles. Its ability to survive, and even thrive, in fierce direct sun gives us the same protection when we rub it on as a sunscreen. And its anti-viral properties are like a blast of solar radiation that kills herpes and human papilloma virus (HPV) when the oil is used externally, and colds, the flu, even HIV (the virus that causes AIDS) when large doses of the tincture are taken internally.



In over-grazed pastures, shorn sheep that eat hypericum succumb to sunburn. Many herbals mention sun-sensitivity as a possible side-effect of internal use of St. Joan's wort. It was certainly true of those who took purified alkaloids from hypericum in drug trials; and it is true of those who take the dried herb in capsules and those who drink strong teas made from the dried plant. For safety sake, I use tincture made from fresh flowers internally and infused oil of the fresh flowers externally.

Making Hypericum Oil by Susun Weed

Here's how Gretchen Gould of Amazing Grease makes the world's best hypericum oil.

First, spend time relating to the fairies of your herb hill; go there in all weathers and radiate gratitude. Then, on a hot, sunny day in June or July, gather the buds and freshlyopened flowers of St. Joan's wort into a covered basket. Work quickly so the flowers don't wilt. Fill a very clean, very dry jar very full of your justpicked flowers; no, dried hypericum just won't do. Pour olive oil over them – using a chopstick or wooden spoon to release air bubbles – until the jar is full to the top. Cover tightly and allow to infuse in a cool place for 6-8 weeks. Strain the deep red oil out of the flowers. It will keep for up to four years if protected from light and heat.

To make hypericum tincture, use one-hundred proof vodka instead of oil. The tincture will turn red immediately but still needs to sit for six weeks before use. The dose is a dropperful as needed.

see Susun with apprentices and the flowering St. Joan's Wort <u>http://www.youtube.com/watch?v=Nr-iumVb04E</u>



# SUSUN WEEDS MONTHLY CLASSES





### **Oct 18**

St. Joan's wort internally, herpes, HPV, and cold sores

### Nov 22

**Oatstraw, low libido** 

### **Dec 20**

Hawthorne, heart health

### Jan 17

Elder flowers, berries, flu



# LEARNING YOUR POWERS AND GIFTS An overview oversight

**By Shadow** 

In my last few years I have met many on their new paths too research and understanding who they are..and to learn more about a spiritual path they have chosen or knew they were part of since a very young age..some Lightworkers, pagans, Wiccans, Native American..

And what I have found although their techniques vary from one to another..They all serve a similar purpose..Love and respect to nature and Mother Earth and Love for life and its creator, Gods, or goddesses..some with help from their guides who lead them in directions to help them further themselves to help continue or bring forth knowledge for other people around them to learn..

With some have known all their lives they were "Different" but didn't know why..I myself was one of those since 5 years of age.. and find themselves years later just starting to do research and trying to get caught up..many who become more aware in their older age tend to feel as if they are "late" which they are not..many of us live life and go thru its routine and do what needs attending to during those times, never feel "late" the "calling" hits you or comes from inside when you are able to and can spend time researching to answer long lost questions..Who am I? Why do I have certain gifts? What are my powers and how can I use them?

First when you find yourself time to research..go with keywords that come to mind..as if you have premonitions..do a Google search with "premonitions" and study it..there were many times when I did keyword search such as premonitions..other terms come to your attention from what you read..

then you keyword search it..it goes on and on..there will be several terms to a discussion usually reference terms at the end of a discussion and which ever attracts your attention to look at it..check it out and read..if it doesn't seem right for you..move to another term that seems to follow along with how you think or feel..

With the few years of research and a few intuitive friends in the past were able to feel in blanks for me..then it became more I researched into what was given to me and all started making sense or peaces of the puzzle started filling in..between researching into what you feel or attracts your attention..and asking other people that may be familiar can really help in filling in those blanks..but will remind..we all are different although same paths for some..we are just different and for different reasons and purposes all unique..so research and digging is the best first step before asking questions..and as you research clearer questions will come to life and you see people who may have knowledge on this particular subject may can help guide you to a new or better direction.. And as far as powers..have seen many that have been told in past ..they have great powers..and want to know how to use those powers now?..some of us believe different ideas with past lives or not..I know that even if I was this awesome hero or Angel in my past life with great powers ..I served it well then for my purposes then..but now I am in this lifetime with what I have..any powers you had in past may still be there and some do remember..but in actuality the powers you can use now are with your knowledge you have or have learned if words of wisdom or encouragement to further the next on their path..that alone is power within itself..

To show Love and kindness and help direct those or guide those in a positive direction and to show love to Mother earth and its people and help them in understanding their paths is very powerful..

And please whatever you do ..don't overwhelm yourself with information at once..let it take its time..never can force answers..it will come to you..never feel dumb for lack of knowing something you think you should..that is your expectations..not the "callings" I have a feeling the "calling" understands it takes time or would all be handed in our laps..allways a gradual process

Everyone of us started somewhere.. some earlier then others doesnt matter as long as we all stand together to help one another..we all have our roles we play it out as its needed..

each with our own gifts and powers ...

Thanks to All and Goodluck on your search for Answers :) Shadow



# **~HAVE FAITH IN YOURSELF~**

**By Wynter Willow** 

Often times you find yourself wondering if you are good enough or capable enough to do what you know you need to do. This is often a time of reflection into you to ensure yourself. Often in the environment that we are in there is doubt surrounding each of us, and at times with our guards down, we allow it to infiltrate us. This is coming from my heart and knowing I have been there, and at times, I am still there. I constantly have to fight the urge to be lazy and look up magickal solutions when there are mundane ones that would work. I also have to fight the urge that I am not good enough to do what I do.

So the first step is to fix your mindset! From here we need to recondition ourselves in believing in our capabilities. There are many ways of doing this. There is the famous meditation and grounding. There is leaving yourself silly notes all over your dwelling stating how great you are and capable you are. I know that this sounds funny, but when you see these constantly you have a tendency to believe in what they are saying. It could be as simple as "You can do this!", "You look beautiful today!", and my famous one "It does not matter what others believe as long as you believe in yourself!".

Then we come to the next step. This step is sometimes the hardest, and that is the realization that we are never done learning. I constantly see individuals asking for help with spells because they do not understand what each correspondence needs. Please realize that you know more than you realize. If you do not know something then you have the chance to investigate. There are numerous tools here on the Enchanted Forest, the internet, and friends (or family, as I like to call them). If you do not understand a correspondence correctly then ask in the chat or discussions. Numerous individuals here are more than willing to aide anyone as long as they ask. There are also numerous groups within our forest! These groups are filled to the brim with wonderful experiences and information just waiting for you to find them. The final step I would think would be to just jump in. We all have to start somewhere and how else will we learn unless we mess up somewhere and figure out how to keep it from happening again? Your mistakes are not what make something not work, but instead it is the lack of faith in your capabilities that is the failure. We are all capable of forming a self-enriching life for each other, but the confidence comes when we do it ourselves."

# **MoonDancers Curiosities**

Please contact us at r.haynes@moondancerscuriosities.com or

### (570) 447-0487 Please leave a message





The basic pour cost is \$5.99 USD\*

The cost of carving is additional, please ask for an estimate of what you would like to have carved on it. All artwork is subject to your approval before carving.



All candles are hand-dipped/ poured. Candles can be dipped to be 4", 6" or 8" taper candles . 4" Tapers are \$ .50 US D\* 6" Tapers are \$1.00 USD\* 8" Tapers are \$1.50 USD\* Larger candles will be priced according to size



Our current scents include (with new scents being created by our family as we create new candles):

Beltane Mulberry Cinnamon Rose Jasmine Unscented Lavender Ocean Coconut Mint

\*Shipping is additional based on weight of order.



Votive candles can also be poured in single colours or multiple colours, also with scent for each layer of colour or single scent for the entire candle.

#### Votive candles are \$1.25 USD\*







The Enchanted Forest, has allowed me to sell my wands , in the safe keeping of the forest realm. To keep harmony of good will and honest terms, I myself will only be selling my wands on line, , and sending to those who wish to purchase from me.

### ##NEWSFLASH##

I have a small batch of special wands and talking sticks The wood is taken from the horrific storms we have had here, with most of the wood being taken down by tornadoes. ..... so they should be fired up with energy and have been laid out in the light of the full moon and the eclipse. These are special wands !!!!

I would like to help the forest with the cost of the site fees with these creations, if someone donates money to the site for site fee costs – I will be willing to sell the wand to them for \$20 instead of the usual \$25 plus postage and packaging. This is a BIG DISCOUNT

I will put aside 5 willow and 5 maple pieces of wood for this special thing – these are truly powerful tools !!!

If you are interested and wish further details on my wands contact me on site

http://enchantedforrest.ning.com/profile/EinNOR

# I AM A WARRIOR

### By Ambroshia Dawn

I am a warrior, Taking each step to an ancient drum. From war paint, And a long line of dark blood.

I am from a lost religion, That I found again, I am from Pagan pride, With protection, and prays, and meditations. I am from "Hold your head high, And never show fear."

I am from the river and waterfalls, And the breaths in the cold Michigan air, I am from the north, But always thinking of home.

I am from sitting out late at night watching the stars, And wonder who we really are.

> I am from the goddess, In the spring. And the god, In the winter.

Not only am I Ambroshia Dawn, I am little one walks with rain, and Roza Maree.

I am strong.....

# **THE VOICE OF AN ANGEL**

By Ambroshia Dawn

Looking back at the little girl I was, so afraid and so weak, I didnt understand how much potential i really had. Now I stand in front of the Cosmo's, a priestess of the mother, and a lady of light. The world is at my fingertips, and with my husband and my mentor at my side, I will hold my head high, and show my Full pagan pride. I will live my life in honor of who I was, and more importantly who I am. I am a guardian, a sister, a daughter and a friend. I am the goddess in my own aspect, and a mother to those around me. My past is valued, but never forgotten, It makes up the very person that I am, And I am Ambroshia. Lady of the Light, And this is my will and my promise. So mote it be...





# MEDITATION THAT I USE FOR HEALING

### By Sapphire

I have used this meditation technique for a while to help with Migraines and Pain. However .....

I must advise that this is just something that I have used to help. I'm not a doctor nor do I claim to be one. If you have any other symptoms or the headache or pain worsens I do advise that you see your local health care professional!!!!

Make sure that you have a nice quiet place that you can go to. Now let's begin.

### Tools needed for this particular meditation.

CD Player or MP3 player with Enya on it ;) or any relaxation music that sounds like a gentile stream in it. An imagination and A room where you can meditate quietly.

There are two ways to do this laying on your back or sitting upright in a position that is comfortable to you. Personally I have found laying on your back is best. Close your eyes and visualize a place near gentile flowing water. This doesn't have to be a particular place at all it could be real or just something that pops into your head. See yourself either walking into the water or sitting on the bank with just your feet in the water. When you have this done the rest is a piece of cake.

I try to visualize the pain leaving my body through my feet. It doesn't matter where the pain maybe. If you have a headache it is easier than you think. Imagine the pain being less intense as it travels from it's point of origin through the soles and or toes into the water. See it as it leaves your person into the water and flowing with the water.

Do this at the onset of the headache or as the pain starts because the worse it is the harder it is to concentrate.

As you see the pain leaving your person you can see a healing light starting to take the place of the location of the pain. This light can be any color but white,or gold works better than most. Visualize this light starting at the very top of your head traveling throughout your body. Completely filling your being and noticing that it's radiating out of your fingertips and the tip of your toes.

As the light travels through you you began to feel a warmth like the sunlight on your face or the warmth that you feel when you are sitting around the camp fire or fireplace with friends and family. As this light is filling yourself you can see it pushing the pain out of you and the gently moving stream carrying it away from you until it is out of your sight.

You begin to feel better as the light continues on it's path throughout your system. Until you feel no pain at all.

My mom uses this on many people that have come to her for help. I hope this is able to help many of you here in the forest.

I know that many prefer not to use any type of pain killer even if it's Tylenol this is an alternative but not a permanent fix. This is only to help relieve some of the pain but not all.

I would love feedback on this. Did this meditation help you? and if it did how long did it work for you?

**Many Blessings** 

Sapphire



# **SERVICEABLE SHIELDS**

### **By Storm ShadowBane**

Clear a space around you approximately five feet in radius, nothing but the floor should cross this circle, because that is what it will be, a Circle. Next using your dominant hand, and a instrument of your choice, (or just your first two fingers) begin drawing a circle around you.

As you pass your starting point say out loud, "Once for the Maiden and Sun-Lord," as you pass it again say out loud, "Once for the Mother and Father," and the third time that you pass your starting point say out loud, "Once for the Grand Mother and Grand Father", If you have concentrated your energy correctly you will see a wall of blue or violet fire spring up where you drew your Circle, but we are not done yet. Next point your (tool or hand) at the Earth and say out loud "And for the Great Mother", then at the Sky and say out loud, "And for the Great Father", this seals the top and bottom of your Circle into a sphere. Then say out loud "I make this Space, a space apart, a World between the Worlds. This is My will, So Mote It Be!"

When you have balanced all the energies right, and it will be different for each person, so you will have to feel that it is right, you will feel it snap into place. This is not a standard Circle, hence no Watchtowers or specific Deities, this is a warding Circle that will become your shield. Of course if you choose to use another method that will be your choice.

Now the last step, reach out with your mind and your hands if need be and take hold of your shield. Draw it in still holding the shape of a sphere, until it meshes with your Aura. You will need to hold it only a few seconds and then you will feel it mesh. It is an unusual experience when it does and each person describes it differently so it will be uniquely yours. But when it happens you will see things around you differently, your view of your surroundings will change.

When this happens, this mesh, let it settle on to you and get

Congratulations! You have a good set of serviceable shields.





Thank you for takeing up arms of information to let the people know and understand,earth,s needs. Thank you for helping us build up shields of knowldge. This helps us guard Earth.for now and in the future,

Thank you for all the consumed ,time it must have taken in the up keep in sharing the harvest of your studies,that helps us understand the ways that need to work for all living beings apond the Earth. Thank you the warroirs,Thank you the guardians of Earth,Thank you , all that fight every day to ,make even a small difference ,for EARTH

Submitted by Til Wren



utumn harvest time now approaches.

Inder a harvest moon shining brightly. Ime quickly approaches to reap the earth's bounty. Inleash the horn of plenty and may it be full. Many blessings to all who share the harvest. Never forget it is a time of sharing & friendship. Gothic Misstress

A Kentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment.

http://www.paganopolis.com

aganopolis.com

Paganopolis.com, a Kentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment.

We chose Paganopolis as our company name because todays world has moved into the internet communication age, giving the ability to instantly access our Pagan/Heathen friends and family. We are actually able to communicate with each other no matter what our geographical location is, enabling us to foster a community that can, and does, share ideas and trade with one another.

While there are other sites out there that offer similar products as we do, we focus our product line on items that enhance group or solitary ritual practices and we believe in offering dependable customer service throughout the Pagan/Heathen community no matter their geographical location. Yes, we do ship all our products (with the exception of Athames) to any location that excepts U.S. Packages.





Altar Items Athames & More **Bags & Pouches** Books Boxes Candles & More Catchers & Chimes Cauldrons CD's Chalices **Crystal Balls** DVD's Jewelry Mortar & Pestles Oils & Diffusers Rune Sets **Ritual Wear** Smudge Sticks Statuary

#### WHEN ORDERING

PLEASE QUOTE Coupon Code "EFM" to receive an additional 10% off already discounted prices.

# THE MONTH AHEAD IN THE ENCHANTED FOREST

Enchanted Forest											
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26	27	28	29 lilwrens Craft class	30	1	2 Articles in for Oct Mag					
3	4	5	6 lilwrens Craft class	7	8	9					
10	11	12	13 lilwrens Craft class	14	15	16					
17	1 Susun Weed class	19	20 lilwrens Craft class	21	22	23					
24	25	26	27 lilwrens Craft class	28	29	30					
31	1 Articles in for Nov Mag	2	3 lilwrens Craft class	4	5	6					
Save image as and print me 🛈 Shadow & Breeze 2010											

### LIMITED EDITION SAMHAIN MERCHANDISE FROM

### THE ENCHANTED FOREST AND ENCHANTED RADIO

These T Shirts Are Designed by Shadow - they are Limited Edition and only available for a short while. We sell these t shirts through zazzle who give us 10 % back to all orders submitted.

WHY NOT BUY YOURSELF A T SHIRT FOR SAMHAIN AND HELP THE SITE AT THE SAME TIME !!!!

Click on the underlined links below the pictures and it will take you to the Enchanted Forest Merchandise



http://www.zazzle.co.uk/limited\_edition\_samhain\_t\_shirt\_by\_shadow-235000177570713023



http://www.zazzle.com/limited\_edtions\_mouse\_pad\_mousepad-144976165594965863

# FUN CORNER FIND THE WORDS

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2.Trees	0	F	R	В	L	W	Т	K	J	0	Р	н	Х	E	G	В	Z
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# **SAMHAIN**

Samhain, pronounced "sow-en" or "sow-in", is a Celtic fire festival, marking the end of the summer and the beginning of winter, literally translating as "summer's end". This was when the Celts celebrated the New Year, seeing the world go into a dark period of death and then rebirth. Night always preceded day in Celtic lore, thus Samhain Eve was celebrated on October 31st, and the actual day of Samhain marked the New Year on November 1st.

Other cultures have similar celebrations, with Christians marking All Hallows Eve on the 31st October, followed by All Saints Day on November 1st and All Souls Day on November 2nd. Mexicans celebrate the *Dias de Los Muertos*, or Days of the Dead, on November 1st and 2nd.

### What is the Purpose of Samhain?

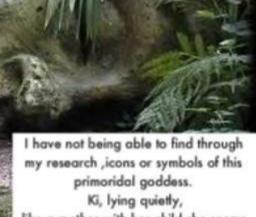
While Samhain is indeed a time when spirits and ghosts are said to walk the earth, the festival is also about honoring the change of summer to winter, remembering ancestors, and giving thanks for the harvest.

Recognizing only two seasons, the Celts believed that the veil between worlds was thin at the two crossovers of the year; summer to winter (Samhain), and winter to summer (Beltane). At Samhain, this time where the Otherworld drew closer to the physical realm meant that spirits and souls of the dead could pass into reality.

### What are the Traditions of Samhain?

To mark the New Year, the Celts would light giant bonfires. All home fires would be put out and locals would gather on a hill to light a great fire, which warded off any evil spirits, mischievous faeries or demons. When the dark hour between the two seasons had passed, a sacred fire would then be lit, and the feasting and merriment would begin. Cattle would often be sacrificed, partly as an offering but also if a hard winter lay ahead, as there would not be enough food to feed them.

Seen as a symbol of purification, folk would light a torch from this fire to take home and rekindle their own fires. Up until recently, Samhain fires were still lit in areas such as Wales and the Scottish Highlands, where people would jump through the fire, and rush away once the flames had burnt down, to flee the goddess of death, or "black sow". Ki, meaning earth. She is said to be an earlier, design of the goddess Ninhursag. Finding of Information, form Wikipedia



like a mother with her child, she seems content to be still and comforted with her child, "EARTH



Submitted By Til Wren



### WE NEED THE MEMBERS HELP!!

Please help us make the forest the top of Ning and The Pagan Networks. This will only take a few seconds.

Please VOTE FOR US - the banners are on the front page

#### **ITS SIMPLE**

Click on the "VOTE FOR US" BANNER ON FRONT PAGE (MIDDLE LEFT OF FRONT PAGE) AND THE NING 100 TOP NETWORKS



Then Click on the ENCHANTED FOREST BANNER

This should take you back to the site



**THATS IT - Simple** 

You can vote for us as many times as you like (the more the better) encourage all your friends on the site to do the same. Lets see how high we can get

**Many Thanks** 

**The Enchanted Team** 

### **Creating Groups**

At the Enchanted Forest we try and maintain an "open policy" with this is mind we ask that all Groups created by members are created and open for all - No groups should be set to private. Thank you all for your continued support and input in the Forest.

And to be sure is not another group of the same topic..many groups have been here long time and have gathered all sorts of information and we like to utilize them as much as possible..

So before putting one together check through to make sure is not another..

And when putting a group together ..please have info ready or discussions along with picks..have noticed some groups get started ..but without info or description or any discussions..we usually wait a week to give person time to do so..then if nothing is added ..will usually remove the group..

We try to keep them active and share the contents of these groups with members plus we always have new people coming in..also helps to make sure these groups are updated.

Thanks .. Shadow



Enchanted Forest magazine monthly magazine including articles sent in by the members of the borest...Great articles in

every magazinell!

\*FREE!!!!

Keeping the Mague Flowing

To make your submission...just hit the "Magazine" group...click on Green banner.. "send mail" pop up will appear NEED a PDF READER? TRY FOXITSOFTWARE.COM

We are blessed are we that live apond this earth, she shades us with her trees, so green We blessed, when her cool waters quenish our thirsts. We are blessed, by her alowing the warmth of the suns' rays to come through and warm us, just enough. We are blessed, by the fertile lands that grown our foods. We are blessed, because the earth has been so forgiving over so many years, of abuse. So I will bless the Earth, and hope she continues to keep working to stay alive and well. so mote it be



The Enchanted Radio is pleased to announce that we now have a request line that will be up and running.

This will be only for the times that there are no Live DJ's scheduled. All DJ's will make sure that Celtic or Gothic is given a updated schedule as now any blank slots will be filled by a Auto Dj. Due to a limit of songs available to be posted to the data base needed to run this request line for Auto DJ, the list will be limited to 3 songs per artist and will be changed out weekly. If you do not see something that you would like to hear in the data base, please let Enchanted Radio, Gothic Misstress, or Celtic know. We will add it into the next weekly rotation of songs.

The request line will work as follows:

1.) Go to this link http://www.enchantedradio1.webs.com/ and click the tab that says requests.

2.) Scan the posted Data base list.

3.) Type the artist/song title into the slot. (If you wish to included an email, you may do so. We do not require it.)

We hope to add additional songs into the data base. We evaluate this on a month to month basis and try to increase the data base to include a larger selection of music. If you have any question, please contact Enchanted Radio, Gothic Misstress or Celtic. Thank you for your continued support

The Enchanted Radio Team.

# **Enchanted Radio Merchandise**

### http://www.zazzle.com/enchanted\_radio



# **SITE COMPETITIONS**

# **BEST PUMPKIN DESIGN COMPETITION**

ITS THAT TIME OF YEAR AGAIN - THE FOREST IS RUNNING A COMPETITION TO SEE WHO DESIGNS THE BEST PUMPKIN – THIS IS A TIME OF YEAR ALL THE FAMILY CAN GET INVOLVED.



LETS SEE IF WE CAN BETTER LAST YEARS !!!!!



## **DESIGN A CHRISTMAS T SHIRT COMPETITION**

THIS IS A FUN COMPETITION - WHY NOT HAVE A GO !!! YOUR DESIGN WHICH SHOULD BE BE SAVED AS A JPEG CAN BE FROM AN ADULT OR CHILD - THIS IS A GREAT OPPORTUNITY FOR ALL THE FAMILY TO HAVE A GO. ALL DESIGNS MUST BE ORIGINAL AND IN NO WAY COPIED FROM OTHER DESIGNS (Due to copyright laws) WE ARE LOOKING FOR THAT SPECIAL DESIGN FOR OUR LIMITED EDITION CHRISTMAS T SHIRT (YOU DECIDE THE THEME. THE WINNING DESIGN WILL USED BY THE SITE FOR OUR THEMED CHRISTMAS T SHIRT AND MERCHANDISE.

THE DESIGN DOES NOT NEED TO BE PROFESSIONAL - JUST MAGICAL !!!!

**COMPETITION CLOSES 30 NOVEMBER 2010** 



# **MY INNER WORLD**

#### By Chayenna

Every time I saw you in your world Every time I saw me in my world How big was my desire To bring these worlds together

Every time I cross the bridge to your world But I couldn't stay there Every time you cross the bridge to my world But you couldn't stay here.

Every time I look at the differences in our worlds And then I go back to my own world Disappointed with feelings of sadness, and anger I destroy the bridge To find new courage again To build it over again

Now I am in your world And I see that it is the same as mine Now I am in my world And I see that there is nothing like "your" or "my" world

> I see that both worlds Finally come together I see all the things that happened in the past And I feel grateful for that

> > Thank you my love With that you have fulfilled My deepest desire of my soul You are not longer in your world I am not longer in my world Now we are together, finally

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# Celebrate the Elements "thank them"

light a few candles, green for earth, yellow for air, red for to denote fire, blue for water.

I thank the earth for it,s grounding and prosperious qualities
I thank the air for the insight and knowledge it grants me.
I thank th fire for the passion and courage both true and bold.
I thank the water for the psychic gifts and love to have and hold.
I give thanks to "spirit" the element that inds all the powers as one.
Now as I will it, so must it be and bring harm to none.

White Star

Ein MOR

## **Grounding Meditation Breathing Exercise**

Submitted By Soaring Eagle

I use the following exercsie regularly in my work as a Massage Practitioner. I also teach my clients this simple technique so they can use it when necessary as it's so quick and simple. Kids love it!!

Find somewhere to sit peacefully where you won't be disturbed for 5-10mins. If you're in the office or out and about you can try the bathroom (no one should disturb you if you're in the toilet). Feet flat on the floor, eyes closed and muscles nice and relaxed; Start by 2 or 3 deep breaths relaxing your body with every out breathe:

When ready take in a deep breath visualising your favourite warm calming colour as you breathe in;

Feel the colour fill every cell in your being, radiating out into your energy field;

Breathe out letting all the tension go as you breathe out; Breathe in your colour again this time breathing deep down into your feet;

Breathe out letting all the tension go as you breathe out; Breathe in your colour again this time breathing deep down into your feet and down into the earth making a solid connection with mother earth beneath yourfeet (doesn't matter if you're on the ground floor or 50th floor). Breathe out letting all the tension go as you breathe out; Keep breathing in and out untill you feel calm and peaceful;

To close breathe in a strong invigorating colour and breathe out a couple of times;

Open your eyes and you're ready to go.

http://www.thebodymindandsoul.com/grounding-meditation.htm

Written by Sue Carberry 2005 ©, Fusion Energy Bodywork

# CLASSES - THE CRAFT FOR BEGINNERS

This Class is Weekly Classes Every Wednesday, the class is taught in a live chat box and it is a time for people to share and learn. Lil Wren teaches basic topics each week and then allows for a time of Q & A after class is finished. All classes are then written up and put up in group for all group members to read over.

Please come along and join in – this is an amazing chance to learn with others !!!!

COME ALONG TO THIS LIVE CHAT EVERY WEDNESDAY NIGHT

Times of Lesson for each country

USA Central - 7 pm

Eastern - 8 pm

Western 5 pm

Australia (Melbourne) - Noon (thursday)

UK -1 am



A – Z Herbs

By Cougar Blackstaff

# The Herbal Encyclopedia - F

### **False Unicorn**

### Chamaelirium luteum

MEDICINAL: False Unicorn is very soothing for a delicate stomach. It also stimulates the reproductive organs in women and men. This herb is very important for use during menopause, due to its positive effects on uterine disorders, headaches, and depression.

:GROWING: False Unicorn grows primarily in very moist areas, in partially shady areas, throughout North America.

### Fennel

### Foeniculum vulgare

MEDICINAL: Fennel helps to take away the appetite. It is often used as a sedative for small children. It improves digestion, and is very helpful with coughs. It is also used for cancer patients after radiation and chemotherapy treatments. Enriches and increases the flow of milk for lactating women.

RELIGIOUS: Use for scenting soaps and perfumes to ward off negativity and evil. Grow near the home for the same purpose.

GROWING: Fennel prefers dry, sunny areas. It is a perennial that can reach 4 - 6 feet high, and grows in most average to poor soils.

### Fenugreek

### Trigonella foenum-graecum

MEDICINAL: Fenugreek is used to soften and expel mucous. It has antiseptic properties and will kill infections in the lungs. Used with lemon and honey, it will help reduce a fever and will soothe and nourish the body during illness. It has been used to relax the uterus, and for this reason should not be taken by pregnant women.

RELIGIOUS: Adding a few fenugreek seeds to the mop water used to clean your household floors will bring money into the household.

GROWING: Fenugreek likes dry, moderately fertile soil in a sunny location. It is an annual, and grows to 1 - 3 feet tall.

### **Feverfew**

### Tanacetum parthenium

MEDICINAL: Feverfew is used to treat colds, fevers, flu, and digestive problems. It is often used to end migraines and other headaches.

**RELIGIOUS:** Feverfew is carried for protection against illnesses involving fever, as well as for preventing accidents.

GROWING: Feverfew bears a resemblance to chamomile. It prefers dry places, will tolerate poor soil, and is a hardy biennial or perennial, growing to 2 1/2 feet. It prefers full sun.

### Flax

### Linum usitatissimum

MEDICINAL: Flax is used as an aid to achieving cardiovascular health, to help in menopause, and as a mild laxative. The seed and the seed oil are being studied as a possible cure for cancer. The oil helps slow the kidney disease that accompanies lupus.

RELIGIOUS: Flax is used to attract money and wealth, and is used in healing spells and rituals.

GROWING: Flax grows in a wide range through North America. It is an annual that grows to 3 feet high, and is adaptable to many soils and conditions.

### Frankincense

### Boswellia carterii

MEDICINAL: Frankincense relieves menstrual pains, and treats rheumatic aches and pains. Externally it is used for liniments and for its antiseptic properties.

RELIGIOUS: Frankincense is burned to raise vibrations, purify, and exorcise. It will aid meditations and visions. The essential oil is used to anoint magickal tools, altars, etc.



# Help The Site

Due to Ning now charging \$499.95 for hosting this platform in which the Enchanted Forest is run we find ourselves in the position that all site expenses are incurred by the site team. This we are willing to do because of our love for the members and the site. If you are able to DONATE or feel you wish to contribute to the site we have designed a secure DONATE button.

## ~~THE DONATE BUTTON IS ON THE FRONT PAGE - LEFT HAND COLUMN~~

There is no pressure on any of our members to feel the must give of their money, but we have been approached by a few wishing to give a little to help. On behalf of the Team we Thank you for giving this your attention.





THE ENCHANTED FOREST WISH TO CONGRATULATE THE ENCHANTED RADIO OWNERS AND DJS ON THEIR FIRST YEAR !!! THE RADIO GROWS FROM STRENGTH TO STRENGTH EACH DAY AND WORK HARD TO BRING MUSIC TO ALL THE FOREST MEMBERS.

WE WISH THEM WELL FOR THE COMING YEAR AND LOOK FORWARD TO WORKING WITH THEM AND MANY YEARS ROCKIN WITH THEM !!!!!!



# THE HARVEST FESTIVAL

Autumn came to a small town. It was to be a time of celebration, a time to reap that which had been planted. The small town had endured much through the year. A very harsh winter, a horrible rainy dreary spring, and they had just finished a dry arid summer.

It looked like this year's festival was not going to be very much at all. The fields that should have been lush and green where scarcely showing any signs of life. Many of the town was ill and could not even work their fields. It seemed that this year there would be no harvest,

no festival, and no feast. There was one among the village

hat knew something the rest did

noticed by the rest of the village He was a simple outcast. He was considered to be odd and strange. He chose to quietly go about his business and to be sort of invisible to everyone. Anyways, he took to studying weather patterns and trends. He tried telling the village for months that this would happen. They chose not to listen to him. He thought about giving up and quitting. But, no he chose instead to build a huge green house. He then chose to hid and conceal it from the villagers. Inside this huge greenhouse he had just about every fruit and vegetable imaginable. He knew that it was about time to harvest this magnificent crop. He also knew there was no way that he could harvest it all on his own

There so happened to be a huge town meeting that day. It was in regards to the Harvest Festival. He decided to attend this meeting. He quietly stood in the back of the meeting hall and just listened. He heard several say they had no crops to bring to the festival. Several others stated they had barely enough for their own family. Others just complained they just were not well enough to bother with it. The Mayor then stated that the festival would have to be canceled. This was his chance, his moment, and he knew he needed to act quickly. He spotted a table and jumped up on top of it. Amidst all the clamor, no one seemed to hear him. Behind him on the wall was a shield made of bronze. There was <u>also</u> a large battle axe next

to it. It took all of his strength, but he swung the axe toward the shield. There was a tremendous echo from that it took a few minutes to become silent.

He stood as straight as he could and in a loud voice proclaimed, "Now that I have everyone's attention. I would like to host the festival. I also have a proposal for the entire town." He paused here for a moment.

The mayor looked at him and said, "That is just utterly preposterous. There can not be a Harvest Festival without the harvest."

"No disrespect, Mayor; but I did tell you that all of this would occur. You refused to listen and to prepare for it. I on the other hand refused

to give up. I personally create a

magnificent crop. I am willing to share with the entire town. I only ask that those who wish to participate in the festival help me harvest my crop." he said. The mayor shook his head and begun to laugh. He was not to disturbed by this. He already knew it would happen. "I now have my answer from you, Mayor. If anyone else wishes to or has a change of heart, come by my farm. I only ask that you take only what you need." With that he turned and left the meeting hall. He went back to his greenhouse and began preparing baskets. One basket for every child in the town. He figured why let the children suffer from their parents stupidity Over the

Finext few days and weeks several families came by. He gave each of the children a basket of the best of the harvest. He allowed the parents to take what they needed for the winter.

He also continued to prepare for the Harvest Festival. He knew it was fast approaching. He knew many would be there, but sadly not all the town had come to collect stores for the winter from him.

The day of the festival arrived and it seemed to him that the entire town turned out. He kept his word though, he only allowed those who had helped with the harvest to attend. He made sure though that every child regardless received a basket of fresh fruit and vegetables. The festival was a huge hit with all that attended it.

He went home after the festival and crawled into bed. The next morning he began to finish the rest of the harvest. He the began to prepare each and every item for the long storage. He cooked, canned, and froze everything he could. He finally managed to harvest everything. He had stuff crammed into just about every conceivable corner. He knew there was no way he could possible us all of this, but he was going to simply wait until it was needed. That winter arrived in a raging furry. The families that had participated in the harvest were managing quite well. While those who had foolishly chosen not to, well they were not so well off. He saw the plight of those who

had chosen not to help with the harvest, including the Mayor and his family. He could have very well chosen not to do anything at all. But, instead he chose to load his pack up with stores and set out into the bleak wintery weather. He fought through blinding snow and huge snowdrifts some of which where deeper than he was tall. He kept this up all winter long. He of course was very careful to make sure his own personal stores where never depleted.

The spring came slowly. As the snows began to melt away, and the spring sun began to warm the earth; the town began to wonder about the kind little man who had helped them through their bleakest winter every

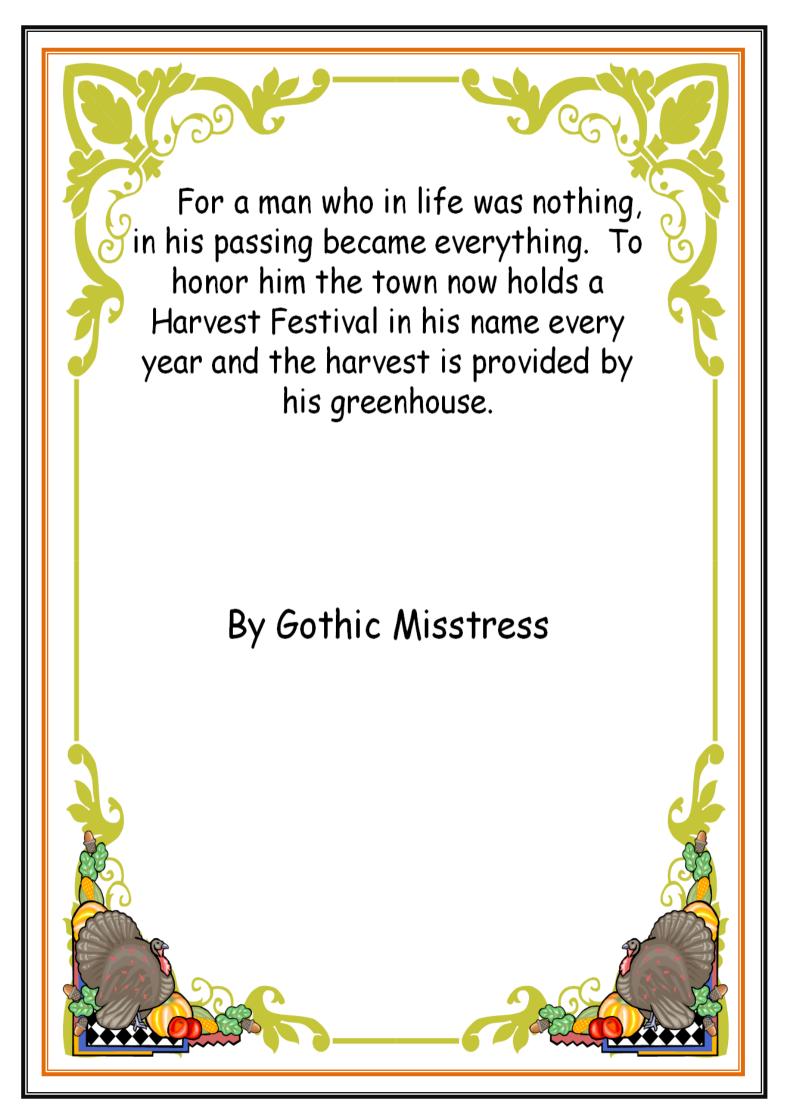
The town

began searching high and low for him. They found him not to far from his greenhouse. He had fallen sometime during the last winter storm. He had broken his leg and the snow had buried him. There was nothing left for the town to do for him.

The entire town showed up for his funeral. There was a grand festival for him in his honor. His daughter stood before the town. She read his last will and testament to everyone.

To my daughter, I leave my house and worldly possessions.

To the town whom only recently even recognized that I even exist. I leave my greenhouse. May it become something for the whole town to use.



# WE REMEMBER THE SUNFLOWER By Breeze's Family





# **THE FOREST**

By LavenderMouseFox(Nyn)

Many moons ago I thought, About a family I met, They took me in and help me learn, Blood does not connect this family, This family is a mix of many, Animal, elements, shadows, and lights, They take you in and befriend you, This family of friends, This family of friends, Can be a family of yours, Welcome to our forest, Welcome to our family





# Mystic Mouse Nyn

Through wind and rain I stand,

My dream guiding me,

Through the loses and lies I may face here I stand,

My heart leading me,

Through the blizzards and fires there I still stand,

In the darkest hour I will stand strong,

My goal to get to you,

Through everything blocks my way forward I will still stand,

As long as you are by my side

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# **MY PATH**

**By Amy Rollins** 



Finding my path Where did it go Trying to let go of the past More mistakes than you know

My path was once so easy Has become so misleading When did it all go astray I just don't know what to say

Stand up and do whats right That is always my fight Wondering if I can do this alone Somehow I should have known

> Find my strength Keep my faith I march along Trying to be strong

Live my life And live it well Shove off the strife I will get out of this hell

I hold my head high I march forward Letting out a sigh I follow my path



# **HERE I STAND**

**By Amy Rollins** 

Excuse me Let me introduce myself Living free Won't be put on a shelf

Smiling through the day I will find my own way Come what will I will smile still

Strong enough to hold my own Strength still yet to be shown Standing tall and proud You will always find me apart from the crowd

> Holding my faith blindly Don't doubt me finally You will never truly know What it took for me to grow

So here I am Proud to stand up to any man You will never knock me down I won't ever wear a frown



## QUESTIONS

#### **By Amy Rollins**

Where do you go when you are all alone What do you do when know one finds you Where do you go when you don't have a home What do you do when you find out all the lies are true Where do you go when the nightmares come true What do you do when there are no answers to be had Where do you go when the sky is no longer blue What do you do when the whole world leaves you sad Where do you go when the world has turned its back What do you do when people tell you lies What do you go when your faith seems to lack what do you do when the time goes by Where do you go when you just don't know what do you do when the answers still elude you

## **ANSWERS**

#### **By Amy Rollins**

Find your home And make it your own Make your stand And see where you land Shrug your shoulders Show the world who is bolder Search your heart That's where to start Smile loudly And stand up proudly Turn a deaf ear And never give into fear Let life run its course And pray until your hoarse Focus on the important things And know it will all be okay

# **AUTUMN IS MY VERY FAVORITE SEASON**

### **By Forest Fairy**

I always get those special gut feelings as the season rolls around to Autumn each year. It is most definitely a child-like feeling of security, safety, & the good old days with the family. It's a time when we know "Back To School" shopping is around the corner, the fun of trick-or-treating will turn into the wonder of Grandma's pumpkin & cherrie pies, the cousins and other family we only see on holidays will soon be here, and the swimming pools will be drained in favor of digging out the sleds & winter gear for a few months of snowmen & icycles hanging from the eaves.

I tried to decide whether to write a poem or an essay describing my memories as a child. I then decided on neither. Wouldn't it be more fun to evoke our own precious memories from our childhoods together celebrating our oneness as a family here in The Enchanted Forest? So, I came up with the idea of just putting a list of words on paper and letting all of our senses open up to let in the feelings and memories that popped up. I've seen this done with scents, and so I thought it could very well be done with words. Remember, it can be any one or more of the 5 senses and then some.

So here is the list I began and maybe some of you can even add to it:

refreshing
freedom
snowfall
visiting
silence

childhood dark half peace/quiet quickening crispness presents Lord/Lady goblins wreath turkey blanket of night stories/legends school supplies costumes-candy Yule Tree seeker murky/misty dinners apple cider photo

Okay, so this is a very partial list...my wee wittle brain is limited at 4:30 am...lol. I like the idea of evoking these feelings together because I do feel that our Forest Family is very strong & full of love. I'm sure that not every memory/emotion has felt exactly wonderful, but I bet (hope) the good greatly outweigh the bad. I look forward to celebrating another set of holidays together. As a Pagan, I've always thought it was cool to be able to celebrate 2 sets of holidays/sabbats...:D.

**Bright Blessings Family** 

from

**Forest Fairy** 

# **AN AUTUMN POEM**

Written By Lady Abigail of Ravensgrove Coven Submitted By Forest Fairy

As the wheel turns and the veil quickly thins, Our hearts quicken for the journey herein. We stand in the shadows of a moon-filled night, Seeking the mysteries of The Goddess' light. Dancing in circles around the bonfire's blaze, We call to the ancients within the smoky haze. Hand in hand together with love we impart, To honor the old ways in spirit and heart.







All The Enchanted Team Wish Our Members Old and New A Special Samhain Blessing. This is a time to remember our loved ones past and present. The Forest continues to grow, make this site yours and add your input.

May Everyone and their families be blessed at this special time.