# Enchanted Forest



## Magazine

November 2010





A Place of Tove and Support

~~Believe in Yourself And Make It Happen~~

http://enchantedforrest,ning.com

# The Enchanted Forest Team

~~Believe in Yourself And Make It Happen^

**OWNER BREEZE HEAD ADMIN SHADOW ADMIN** CELTIC COYOTE **HEAD MODERATOR ROSE MISTDANCER MODERATORS GOTHIC MISSTRESS SOARING EAGLE SAPPHIRE** 

Just like with any online service, you should exercise common sense when using this site. Below we've outlined some simple guidelines to keep in mind:

- \* Create strong passwords and keep them secure, which means you should never share your password with anyone!
- \* Adjust your privacy settings so they match your level of comfort and remember to review them often.
- \* Be cautious about posting and sharing personal information, especially information that could be used to identify you or locate you online, such as your address or telephone number.
- \* Report members and content that violate our Terms of Service to the Admin, Shadow, Celtic **Coyote or Breeze**
- \* Block anyone who sends you unwanted or inappropriate communications and report it to the Network Creator or directly to us.
- \* Don't post anything that would embarrass you later. Think twice about posting a photo or other information you wouldn't want your parents, potential employers, college or boss to see.

IF YOU ARE IN ANY DOUBT SEND A MEMBER OF THE ADMIN A MESSAGE AND SEEK FURTHER ASSISTANCE - WE'RE HERE TO PROTECT AND ASSIST OUR MEMBERS AND TO KEEP THIS A PEACEFUL HAPPY SAFE PLACE FOR ALL

#### CHAT REMINDER

Do not give out personnel information to other members ie email address, contact details or names. Any contact with members should be kept on site where the team keep it a safe environment.

# ENCHANTED RADIO



The Enchanted Radio is pleased to announce that we now have a request line that will be up and running.

This will be only for the times that there are no Live DJ's scheduled. All DJ's will make sure that Celtic or Gothic is given a updated schedule as now any blank slots will be filled by a Auto Dj. Due to a limit of songs available to be posted to the data base needed to run this request line for Auto DJ, the list will be limited to 3 songs per artist and will be changed out weekly. If you do not see something that you would like to hear in the data base, please let Enchanted Radio, Gothic Misstress, or Celtic know. We will add it into the next weekly rotation of songs.

The request line will work as follows:

- 1.) Go to this link http://www.enchantedradio1.webs.com/ and click the tab that says requests.
- 2.) Scan the posted Data base list.
- 3.) Type the artist/song title into the slot. (If you wish to included an email, you may do so. We do not require it.)

We hope to add additional songs into the data base. We evaluate this on a month to month basis and try to increase the data base to include a larger selection of music. If you have any question, please contact Enchanted Radio, Gothic Misstress or Celtic.

Thank you for your continued support

The Enchanted Radio Team.

## When The Student Is Ready

#### By Nancy Kaiser

When I first uncovered my skills in animal communication I was excited about the possibilities for my future path. Knowing what an animal was thinking and feeling was more than I ever dreamed possible. I felt blessed to have unearthed my life's purpose.

Communicating with animals is indeed magical, but I soon realized that merely being able to talk with them wasn't enough. Identifying their medical and/or emotional issues and challenges was one thing, but I wanted solutions to offer my clients and their pets.

Accepting that I could communicate with animals was integral to opening my left-brained, closed mind to other possibilities. Combining my newly-opened but still skeptical mind with my desire to find solutions for my clients' problems drew experiences to me to satisfy this need. Being educated as a pharmacist, my focus had only been on healing the body via traditional methods, which was severely limiting. Knowing the student was ready, the Universe provided me with the perfect teaching.

During a Sweat Lodge Ceremony at the Omega Institute, I learned first-hand that emotions are the root of illness. As I entered the lodge, I felt powerful waves of nausea overtaking me. Escape wasn't possible, so I began to meditate. I pleaded with the Universe for help. As quickly as the nausea began, it ended. I was stunned that my intense physical symptoms stopped instantly. This was my first peek into holistic healing, more specifically, spiritual healing.

With my closed mind cracked open, I was introduced to Spiritual Response Therapy (SRT), a truly unique form of healing that occurs at the soul level. Working in agreement with an individual's soul, I identify emotional programs running at the cellular level; most of which are past life influences. The soul then begins a spiritual education process to recognize the purpose of these emotional programs, release the negative emotions, and replace them with harmonious energy.

Once I completed the coursework for SRT, animals that needed this type of healing began to show up. Still being the skeptic, I was blown away by feedback from my clients about the vast improvements in their pets. Many people then requested SRT for themselves after seeing the changes in their pets. I've done hundreds of SRT clearings for people and animals and am still amazed at the complete healing this process affords.

Several years after I began working with SRT, its creator developed Spiritual Brain Repatterning (SBR), which affects our present-life beliefs. SBR reviews an individual's present-life cellular programming. Major negative statements embraced at the cellular level, which have created discordant emotional themes in one's life, are identified. Positive reinforcing counter statements are defined, and then programmed-in at the cellular level releasing the discordant emotional themes. The resultant effect is that core attitudes towards life noticeably change. SRT and SBR are successful solutions for abhorrent behaviors in animals and people.

Opening my mind still more I was drawn to another type of holistic healing; vibrational remedies; namely flower essences and gem elixirs. I began experimenting with these agents personally. The longer I used the remedies, the more I started to recognize their subtle effects. Flower essences and gem elixirs work to bring the body and subtle energy bodies back into alignment, which flows life force energy through the electrical and circulatory systems. Connecting with an individual's soul I ask which essences and elixirs are required for healing.

I began combining remedies with SRT to help animals embrace their SRT clearings more quickly. Combining SRT and remedies proved to be an extremely effective "treatment" for fears of thunderstorms and fireworks as well as many other challenges. Another form of vibrational healing I work with is color therapy.

Color therapy uses the same principle of healing: returning the vibrational pattern within the body to a state of perfect balance and with it improved health, both emotionally and physically. Again, I connect with the individual's Higher Self and "ask" for the appropriate colors to heal specific issues applying the colors using long-distance healing techniques. Color therapy promotes rapid healing. I've used this method of holistic healing quite successfully after many surgeries and injuries.

My most challenging healing method to embrace was that of shamanic healing, which was probably why it came later to me. The universe knew I need some time to work with less "outthere" methods before it reminded me that I'm also a Shaman. I decided to attend a workshop on shamanism, which taught me the basics of "other-world" journeying. It was no surprise when animals with conditions that required more than communication, SRT and remedies appeared. The surprise was that they were my personal animals. These dear souls stepped up to teach me to that I was truly a shaman, who could obtain and apply unusual healing "gifts" from another realm.

Years ago an old Quarter Horse stallion taught me that it's not always about healing the physical. Healing the soul/spirit is the most important goal. So, the first question I ask is, "Does the soul want to be healed?" If the soul is ready to transition, no amount of healing will change the inevitable. You may delay transition by resolving the current illness, but another will appear to allow to the spirit to achieve its desire.

I will be forever grateful to all the animals that appeared when this student was ready, opened my mind and taught me about these innovative methods of holistic healing. Combining traditional, holistic and/or spiritual methods is the most effective way to heal mind, body and spirit; remembering that ultimately the soul's wishes determine the outcome.



Sunset in Maui with many spiritual friends, who offer us healing when asked



Trillium one of my 150+ flower essences



One of my quartz, healing crystals

### Celebrating The Male Mysteries

#### By Storm Shadowbane

Our Coven, along with several others nearby, used to have an annual event we simply called the Hunt. A celebration of the Male Mysteries.

Most boys do not have an introduction into the adult world nowadays.

But there used to be one.

A father or uncles would take the young male on his first Hunt. His first actual attempt to provide for the Tribe or Clan.

This was not a "Lets sit up in the deer stand and shoot at something in relative safety. And if we miss we'll just go the store and get what we need."

These were life and death for the hunters and those they were providing for.

The animals that they hunted were not the modern deer or even bear; these were animals that were quite willing and capable of killing the hunters.

Mastodon, mammoths, cave bears, saber tooth cats, and other animals of enormous strength and size were hunted by our neolithic ancestors.

Sometimes the hunters did not return in victory.

Or at all.

Our group did not, of course, hunt any live animals, we hunted a representation of the animals.

I was fortunate enough to own 17 acres of old growth forest, and for weeks ahead of time, I would set up the obstacles that the hunters would have to face in the Hunt. Places that they would cross only by cooperating and helping each other. Places of symbolic ambush that the "animals" might have turned and fought.

We set up the symbolic "Prey" (we once built a reasonable Mammoth effigy) and the Hunters would bring back parts of the animal symbolizing the "kill".

My son was initiated into the Hunt at eight years old when he became a "scout" for the "hunting party". He and several of the younger males of the Coven told tales for years afterwords of the Lion Hunt.

We not only Hunted but we "defended" our Tribe at one point from a another "Marauding" tribe.

All planned out in advance, of course.

We would choose a "Hunt Leader". He was chosen by being the best spiritually equipped to lead the hunt.

I personally think the best Leader we had was my younger brother. He was not a Pagan per se, but he had then and still has a good connection to The Hunter. (You know who I mean). It was glorious and spiritual and it took us out of our own way and let the Divine in. The lessons the Hunt taught the younger males (and some of us older ones too) were that life is not a given, that all you have or think you have, can be taken, sometimes by random chance, sometime by the conscious choice of others and it made us a "Tribe", a "Coven" and a "Family" in every sense of the words.

I hope all of the New Children of the Gods have the opportunity to experience this sort of connection to our past, and this door to our possible future: The future where we remember who and what we were and what we can be.

Just like in the line from the song:

We are the Pan;
We are the Herne;
We are the Cernnunos;
and the Loki;
We are the God;
We all are One.



My Highest regards Storm ShadowBane

# MoonDancers Curiosities

Please contact us at r.haynes@moondancerscuriosities.com or

(570) 447-0487 Please leave a message



This is a picture of the first candle carved for a customer.

Candles can be carved to your picture or can be painted.

All our pillar candles are poured and carved.

This candle is 3" around and approximately 9" high.

Candles can be poured to different sizes.

The basic pour cost is \$5.99 USD\*

The cost of carving is additional, please ask for an estimate of what you would like to have carved on it. All artwork is subject to your approval before carving.

Votive candles can also be poured in single colours or multiple colours, also with scent for each layer of colour or single scent for the entire candle.

Votive candles are \$1.25 USD\*





All candles are hand-dipped/ poured. Candles can be

dipped to be 4", 6" or 8" taper candles .

4" Tapers are \$ .50 US D\*

6" Tapers are \$1.00 USD\*

8" Tapers are \$1.50 USD\*

Larger candles will be priced according to size

Our current scents include (with new scents being created by our family as we create new candles):

Beltane Mulberry Cinnamon Rose Jasmine Unscented Lavender Ocean Coconut Mint

\*Shipping is additional based on weight of order.

# Wands

By Lil Wren



The Enchanted Forest, has allowed me to sell my wands, in the safe keeping of the forest realm. To keep harmony of good will and honest terms, I myself will only be selling my wands on line,, and sending to those who wish to purchase from me.

#### ##NEWSFLASH##

I have a small batch of special wands and talking sticks The wood is taken from the horrific storms we have had here, with most of the wood being taken down by tornadoes. ..... so they should be fired up with energy and have been laid out in the light of the full moon and the eclipse. These are special wands !!!!

I would like to help the forest with the cost of the site fees with these creations, if someone donates money to the site for site fee costs – I will be willing to sell the wand to them for \$20 instead of the usual \$25 plus postage and packaging. This is a BIG DISCOUNT

I will put aside 5 willow and 5 maple pieces of wood for this special thing – these are truly powerful tools !!!

If you are interested and wish further details on my wands contact me on site

http://enchantedforrest.ning.com/profile/EinNOR

## **Dream Pillows**

By Lil Wren

A dream pillow is a small pouch filled with herbs, which have been selected to stimulate dreaming. It is a simple magical spell, or prayer, for vivid dreams.

Let's start with the fabric. I like to use cotton, flax, hemp or silk. Flannel would probably make a nice dream pillow, too. Please don't use any synthetic fabrics! You'll need two pieces of fabric – 5"x5" is about as small as I'd recommend using. I usually make mine 5"x8". With the right sides facing together, sew up three of the four sides, leaving one end open for filling with herbs. Before filling with your herb mixture, turn the little pillow case right side out. You can add any decorative trims, embroidery, beads and ribbons that you like, or leave the pillow plain & simple.

Now you need to make a mixture of the herbs you want to use to fill the pillow. Think a bit about what properties you want your dream pillow to have as you select the herbs. Here is a list of herbs you might want to use and a little about the energetic properties of each one. If other herbs are calling to you, follow your intuition! Add a few drops of essential oil. I often use Vetiver to "seal" my intention.



Bay Protection, psychic awareness

Calendula Prophetic dreams, protection

Cinquefoil Prophetic dreams, money & riches

Heather Luck, memory

Hibiscus Love & lust, divination

Hops Relaxing, healing, lulls you to sleep

Jasmine Astral projection, love & sex, spirituality

Lavender Protection, purification, calm, peace, happiness

Lemon balm Very relaxing, purification, health

Meadowsweet Happiness, peace, love

Mugwort Vivid dreams, psychic awareness, astral projection

Poppy psychic dreams (remember Dorothy?)

Rose Love, prophetic dreams, beauty, opening heart

Sandalwood Astral projection, divination, sex, healing,

protection

Thyme Courage, health, love

Vetiver Protective seal

Yarrow Psychic awareness, protective shield, courage

Fill your pillow, sew up the open end, and SWEET DREAMS!



#### SUSUN WEEDS MONTHLY CLASSES



# ON THE ENCHANTED FOREST



Nov 22

Oatstraw, low libido

Dec 20

Hawthorne, heart health

Jan 17

Elder flowers, berries, flu

#### Herbal Adventures with Susun S Weed

It was a snowy winter night when my sweetheart brought home the brochure and said: "Let's take a horseback riding vacation." Despite the fact that I am only an occasional rider, I did grow up in Texas, and spending a week in the saddle didn't seem like a big deal to me. We looked at the pictures, read the descriptions of the trips, and began to fantasize ourselves in far-away places riding free and easy. Where would we ride? Ireland? France? Italy? England? Which trip would we take?

It was the herbs of Provence that decided for me; and my sweetheart, good naturedly, went along. We would fly to Marseilles, France, and be driven from there to the ranch, where we would get our horses. Each day's ride, said the brochure, would take 8-9 hours and we would stay at a different country inn each evening. Of course, I just naturally assumed they were overstating the amount of time we would be on horseback. I mean, we couldn't actually ride for eight or more hours every day for a week, could we? Wouldn't that be impossible?

#### Nearly.

As the first day of riding stretched on and on, I realized with a growing horror that, in fact, they had under-estimated the time it would take us to get from one inn to the next. Our guide tried some off trail "shortcuts," which got us rather lost, so it took us nearly ten hours to find our inn. When we dismounted at last, I felt the muscles of my legs melt, refusing momentarily to keep me upright. I managed to get my luggage, upstairs to my room, and into the shower on legs of rubber. As I pulled off my riding breeches and sweat-stained shirt and gave myself to the hot water, I was certain that no human being could possibly be more sore than I was at that moment.

I wasn't at all worried though. I knew the rest of the trip would be easy. Since I couldn't be in more pain than I was, there was no choice but to feel better as the days went on. And I did, with a little help from my herbal first aid kit.

I take my herbal first aid kit with me where ever I go: in the car, on the airplane, on my backpacking and river rafting adventures, and on horseback, of course. I carry only ten remedies, but those few have helped me deal with every problem I've encountered in my travels. (Yes, I use the same remedies at home, too.)

Of course, lots of wound remedies are ready to use right from the ground. One of my apprentices treated more than half of the injuries she saw in one week of working in a local emergency room safely (and successfully) with plants growing right outside the hospital!

Such as plantain and burdock. Plantain (*Plantago*) leaf poultices stop pain and allergic reactions to bee stings, ease the itch of flea and mosquito bites, and help wounds heal without scaring. I simply chew a fresh leaf -- of any species -- and apply it to the problem area. Burdock (*Arctium*) leaves are too bitter to chew, so I soak them in vinegar. A jarful provides lots of instant poultices for soothing and healing bruises and other intact-skin injuries

When I am far from the ground or on unfamiliar turf, plantain ointment is a good second best. Even better is my lanolin-based comfrey (*Symphytum*) root ointment. What a blessed miracle comfrey is when it comes to treating blisters raised from too much walking (or riding). Many times I have applied the ointment to a blister every 5-10 minutes for 1-2 hours and watched as the blister reabsorbed and disappeared overnight. (A circular patch of dead skin would appear a week or so later.)

Limited to my fannypack when I was riding, I carried only three remedies. Which ones? A bottle of infused St. Joan's/John's wort oil (*Hypericum perforatum*), a spray bottle of yarrow tincture (*Achillea millefolium*), and a tiny bottle of osha root tincture (*Ligusticum porterii*).

(Each day a driver took our luggage, including my full first-aid kit, to the next inn by car, where they rested, awaiting our arrival that evening by horse.)

I used the St. Joan's wort oil every day, in fact, several times a day, as sunscreen. When I forgot to apply it to my chest the day I wore a low-cut shirt, I used it to ease the pain of my sunburn, and to turn my skin from red to tan overnight. I don't go out in the sun without it! You may find that it takes your skin a week or more to learn how to use St. Joan's wort oil as a sunscreen. But once it learns, you will never go back to store-bought chemical sunscreens. (Some scientists actually believe that using currently available sunscreens increases your risk of skin cancer. And the statistics seem to agree: the increase in sunscreen usage over the past two decades is exactly paralleled by increases in skin cancer rates.)

I also use St. Joan's wort oil to ease achy muscle. When I got to our inn each evening I used it lavishly on my upper inner thighs and "sit bones." (My friends were worried that I would get a sore butt riding so much, but the fleshy part of my bottom was the only place that didn't feel sore.) Applied after my hot shower, the ruby red oil (made from fresh blossoms infused in olive oil kept in a cool, dark place for at least six weeks) goes deep to help my muscles clear lactic acid -- easing soreness, releasing spasms, and helping muscle tone.

The tincture of Hypericum is also red, and it also eliminates muscle pain. Better yet, it prevents the build-up of lactic acid in muscles, thus preventing pain. To ease my sore muscles that first night, I took a full dropperful every hour until bedtime. I felt remarkably fit the next morning, with virtually no residual soreness or stiffness. Each day thereafter, I took a full dropperful of the tincture when I awoke, another after breakfast, another before dinner and one more before bed. In addition, I put 2-3 dropperfuls into my water bottle, which I sipped throughout the day. So long as you use the tincture, there is no overdose. But beware of St. J's in capsules. In general, I strictly avoid all herbs in capsules, as they consistently produce strange, sometimes life- threatening, side-effects.



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www.healing-wise.com Health and Wellness Q & A with Susun Weed

## **Do Ghosts Really Exist**

By Rose Mistdancer

For me yes they have been apart of who I am since a very young age. Some people say that children are the only ones to see them because their minds are open to anything and everything. For some of us our minds have always been open and never closed. People say that anyone who has died and come back to life has the ability to see ghosts. Sometimes people are just very observant of things around them and that's how they tend to be able to see ghosts. Some people are unaware of small signs that they have a ghost the strange sounds the walking through a cold spot in there house or they miss certain smells.

Some people who are aware of the small signs can and do get a little spooked which is a natural reaction. Seeing a ghost for the first time can be a bit frightening. I am by no means saying that every little noise you hear or every strange smell you smell or cold spot you walk through is by any means a ghost. Sometimes those noises are just noises the smells can be from someone who was at your house that cold spot you walk through may just be a draft coming from somewhere.

I will say that there are normally three types of ghosts you can encounter.

Type 1- Is normally just a ghost of a passed on loved one needing to get a message through or to give you a message

Type 2- Is the ones that do not know they have passed away and don't know how to get to the light to be at peace.

Type 3 - Are the ones that want to hurt you and can give off negative energy these ghosts are not to be messed with if they are in your house I suggest you ask them to leave and smudge your whole house.

I myself have encountered all three types of these ghost through my life . For type one I deal with this type on daily basis in my own house with my own grandmother. I know she is here just looking out for me and watching over me. I have also dealt with many ghosts from my husbands side of the family which I must say is always a bit strange for me. I have also dealt with ghosts who do not realize they have passed away and it is my job to make sure they to the light where they need to be to be at peace. I have only dealt with this one with my husbands family that have passed away. I have also dealt with the third and final type of ghost and I was scared. I refused to allow it to be stronger then me and asked it to leave my house it was mine. And after words I smudged and cleansed my house and have not had any other problems. I do hope you find this article a joy to read.

**Many Blessings** 

**Rose Mistdancer** 

## **Autumn or Fall**

By Shadow



# Paganopolis.com AKentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment. http://www.paganopolis.com

Paganopolis.com, a Kentucky based secure online store offering hundreds of Pagan/Heathen items for your personal path of exploration and enjoyment.

We chose Paganopolis as our company name because todays world has moved into the internet communication age, giving the ability to instantly access our Pagan/Heathen friends and family. We are actually able to communicate with each other no matter what our geographical location is, enabling us to foster a community that can, and does, share ideas and trade with one another.

While there are other sites out there that offer similar products as we do, we focus our product line on items that enhance group or solitary ritual practices and we believe in offering dependable customer service throughout the Pagan/Heathen community no matter their geographical location. Yes, we do ship all our products (with the exception of Athames) to any location that excepts U.S.

Packages





Altar Items

Athames & More

Bags & Pouches

Books

Boxes

Candles & More

Catchers & Chimes

Cauldrons

CD's

Chalices

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Oils & Diffusers

**Rune Sets** 

Ritual Wear

Smudge Sticks

Statuary

#### WHEN ORDERING

PLEASE QUOTE
Coupon Code "EFM"
to receive an
additional 10% off
already discounted
prices.

#### Candle Healing Magick and How It's Done

by Lady EFSage

First and foremost you should know what kind of Energy you want to send. Rather it be for a friend or for our Mother earth, Gaia. If it is for a friend or family member, (yes, animal family as well), then you should gather up what materials you'll need for that certain energy. If it is to help out our Mother Earth, Gaia, then you'll also need to gather up your materials for this as well. She too needs healing most everyday with all the Forest Fires, Hurricanes, Tornadoes, etc is happening left and right, which is tearing her up more deeper everyday, thence: our Outer Ozone.

Once you have all your materials you'll then take them to your Altar and set them up accordingly. Once this is done, create your circle of protection and have all Elemental Guardians, Gods and Goddesses called.

When your ready to begin, you'll start by inscribing on the candle it's purposes: example: The Person's name, or the cause. You'll then inscribe their need for healing such as: cancer, surgery, etc.

Next, you'll take the oil and herbs and pour them on a plate. Start with the oil rubbing from middle to each end, while doing this you'll want to keep your thoughts on what energy you want to put out with this spell.

Now take the candle and hold the bottom end with your dominant hand and place your receptive hand on the top. Imagine the energy you've created for this person pouring out of you and into the candle. Then place the candle in it's holder and light it. Watch the flame and imagine seeing the energy you've put into it and rise from the flame into the God or Goddess and/or both, hands. Therefore, seeing them take the energy and placing it where it needs to go; into the person, animal, or thing, (Forest Fire, Hurricane, etc), that you've created the energy for.

Once you've completed this train of thought, allow the candle to burn all the way down. Release the Elemental Guardians, release the God and/or Goddess or both, open your circle.

Once the candle is cooled off, take the remaining wax left behind from candle and bury it in the northern corner of your yard or property. If not able to do this then have a pot of dirt in your northern window to use for this purpose.



#### Tolerence

By Shadow

Tolerence is a word givin for "putting up with" in most cases. Having tolerence for someones actions or their behaviour or how even for large corporation actions or even governments actions for certain things... is very general.. this word tolerence or tolerate..

when is it we tolerate or find tolerence? where it derives from is within you and your expectations.if someone does something that doesnt suit your way or your expectations..you find yourself the one tolorating..

When it is true fact each to their own is a big part of having free will as long as it doesnt interfere with the next ..when it does interefere with the next (another individual) then it becomes tresspassing same as enforcing an idea or a way that may suit you but not them..we are all different.

we all grew up different ..lived different..raised different..some similar but not any are the same.

never think anyone is out to invade or violate..they are who they are by means of their ways of growing up and what they use to at the most..good or bad..some things have to be worked out..but is upto them and them only..they can be givin ways to be helped if they want it..

but are allowed to be who they are as long as i say it doesnt interfere with others so much it causes problems or agrovation or negative vibes disrupting their area of personna and beliefs

which is a major problem that stinches over the craft with other religions as with judgeing and not knowing at same time..that is ignorance..that is their fault and no one elses they choose to believe what they will..but they should never enforce that belief enough to overcome anyone and their ways..or a whole community..

so back to tolorence..never feel the right to tolerate..tolerating is an ego move when you think your beyond the next to say such..that you have the right to think you are the one..who knows whats right for them and what their rights are as an individual by your standards..

only time anyone can really interefere is if they are asked about a situation they have and they know could use improvement..and in some cases where a person thinks that someone could use a change ..is usually that person themselves ..since they need to adjust to how this person is if they cant understand certain ways or actions..

again as long as it dont interefere with your ideas or they try to..it will allways be questioned..because not many know or understand something about another..

some things i see amazes me..but i try to see it as their way of growing up or the society they were around as with me i was in and around many society (communitys) growing up which helped me see many different sides and ways..

so before ever judgeing or feel your tolreating with someone else or their ways..that is their way they know and will not understand another questioning it..they will be oblivious to why..

some will know that they have ways that are not positive toward others and is due to issues they have or had in past or present and they want it worked out or help and will ask..

those that know but never ask and want to invade .violate..or tresspass others ways of being.. thats when you just stay away from them..after so many times of them doing that to others they will be on their own..and funny thing is many do and know this ..and lose as such and then ask and wonder why..exceptance is one thing as with tolerating..

as long as its positive ..and you try and others will see ..actually attracks.. cause others altho different all want the same thing out of life ..to care and be cared for..to love and be loved and to enjoy life and be happy..

so if you find yourself tolerating..think about the person and their situation and how it possibly maybe for them..and to realize we are all just different in our own ways but not intentionally trying to interfere with the next..but make sure whatever you do use common sense ..common courtesy to the next as with anyone and as you would like..as a person in your own space..

im not even going into those who want to be treated like queens and kings..thats fantasy and ego period.. maybe do something on this some other time i doubt it tho lol honestly..

I find alot of this relates to me in some ways ..i dont have much patience espeacially for those that dwell on causing disharmony on others ..it is not nessacary to even happen or be there ..but some are so unhappy with their own lives they want to see others should suffer as well..and that is not even no where right in anyones book

and im the one that if it causes agro i will eliminate quickly..i do not waste my time on things like that..

but i do all the rest and that is take consideration for alot of things..alot we never will know about another or understand but try to help if they ask..

Thank you Shadow

#### **Autumn In Concrete**

By Cynthia Lilith Grove

The fallen leaves have set their Imprimatur upon the slabs of concrete
Washed by the rain, baked in the sun, cooled by the breeze
Whisked away into the dead of night
Just a memory of what was there
Silenced by the howling prophetic wind

The dogma of the seasons,

The wheel must turn

Nature beckons amidst traffic and sidewalk

Screaming her name above lost souls

Restless for them to gratify her lovely face

Perhaps a few take note
Just enough to continue their daily bustle
Marching on into fluorescent lighted offices
Coming home in the dark
Where the night has already shrouded the trees

Shadows of yesterday's dreams
The crowds push onward
Neglecting the earth's soft caress
Ignoring her kiss of loveliness
Defiling her soul
Defying the Goddess of creation

I wait at a traffic light
That has been drilled into the path ahead of me
As autumn breathes her last breaths
Before the winter covers us with a blanket of pale cold

We march into our cities, cities set in stone
Oblivious to the stamp that our individual seasons have placed upon us
Till we awaken one day grasping for that last painted branch
Gasping our last tainted breath of smoke-filled air
And dying to the one voice that would have kept us alive

Autumn in concrete
The concrete of our hearts

## The Wise Old Hag

By Forest Fairy

Once upon a misty moon

A witch went flying on her broom.

Laughing out into the night,

Singing spells 'til dawn's first light.

At day she sat before a fire, Conjuring to her heart's desire. Weaving spells without a care, Hands tossed freely in the air.

Her cauldron bubbled, full of brew Potions within that only she knew. Herbs to dry, hung by the fire To serve the sick who must inquire.

She was loved by villagers all Offered tea to those who called. Respect she gained by being wise, Love of The Goddess in her eyes.



## **Enchanted Forest "Site news"**

#### WE NEED THE MEMBERS HELP!!

Please help us make the forest the top of Ning and The Pagan Networks. This will only take a few seconds.

Please VOTE FOR US - the banners are on the front page

**ITS SIMPLE** 

Click on the "VOTE FOR US" BANNER ON FRONT PAGE (MIDDLE LEFT OF FRONT PAGE) AND THE NING 100 TOP NETWORKS



Then Click on the ENCHANTED FOREST BANNER

This should take you back to the site



**THATS IT - Simple** 

You can vote for us as many times as you like (the more the better) encourage all your friends on the site to do the same. Lets see how high we can get

**Many Thanks** 

**The Enchanted Team** 

#### **Creating Groups**

At the Enchanted Forest we try and maintain an "open policy" with this is mind we ask that all Groups created by members are created and open for all - No groups should be set to private. Thank you all for your continued support and input in the Forest.

And to be sure is not another group of the same topic..many groups have been here long time and have gathered all sorts of information and we like to utilize them as much as possible..

So before putting one together check through to make sure is not another..

And when putting a group together ..please have info ready or discussions along with picks..have noticed some groups get started ..but without info or description or any discussions..we usually wait a week to give person time to do so..then if nothing is added ..will usually remove the group..

We try to keep them active and share the contents of these groups with members plus we always have new people coming in..also helps to make sure these groups are updated.

Thanks .. Shadow







If you wish to email the radio directly with questions or comments, there are now two ways to do it. You can do that in the Enchanted Radio Group or on Enchanted Radio's member profile.

# WOULD YOU LIKE TO JOIN THE ENCHANTED RADIO TEAM AS A DJ ??

We are trying to establish two new DJ's and we are looking for DJ's that can fill the Evening shift. . We do not expect any new DJ's to actual play for that whole period of time. We would prefer at least a commitment of 4 hours, if you wish to do more that of course would be fine. All new DJ's will be asked to please be present in chat during their time on air and to be actively participating in chat. We will expect all DJ's to play the requests of the room within reason.

## **Enchanted Radio Merchandise**

http://www.zazzle.com/enchanted\_radio















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6840318	1	2	8	4	7	4	0	3	1	8	1
3872719	3	0	5	2	9	0	6	1	5	2	8
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## Peaceful Sleep Meditation

By Wolfs Shadow

Every now and then I have a night when I just know I will be staring at the ceiling for awhile, no matter how tired I am. I finally decided to meditate, if I was going to be awake for another hour anyway. I ended up creating my own style of meditating that helps me fall asleep quickly and wake up refreshed.

Picture yourself wherever you feel safe, whether that's in a meadow or locked in a steel reinforced panic room. (Although if that's the case you should be talking to a therapist rather than reading this.) It doesn't have to be outdoors. Be creative. It doesn't have to be a place you've been before, or even a real place. If you are at the beach or by a river, feel the water. If not, just feel the breeze. Feel the water/air surge forward, then wash out, taking with it all the tense energy leftover from your day. At the same time, feel it filling you with the calm, peaceful energy that can only be found in nature. Know that as you sleep, the peaceful energy will continue to flow into you.

Continue to imagine the tide/wind coming in with each inhale, and washing out with each exhale. Feel yourself being drained of the tension from the stresses of everyday life, and slowly, gently being refueled by healthy energy. Thank your deities for giving you this pure energy, and remember the peace you feel at this time. Remember to use this peaceful energy throughout your life, and radiate the kindness you feel at this moment. This way, you can pass on the serenity and make a difference in someone else's day as well.



## The Spirit Fire

#### By Marty Stompingelk

Fire could be one of the greatest gifts from Creator. Once the gift of FIRE was given to our early Ancestors, it became a vital necessity. FIRE produces energy that can warm, give light, heal, or occasionally destroy, when not used properly or respected. Our Ancestors, from many parts of the world, before recorded time, were in close relationship with the earth's elements-FIRE-WATER-EARTH-AIR.

To some, these were recognized as gifts from their CREATOR to care for wisely with respect and thanksgiving.

Long ago, and to some even now people would have difficulty beginning a fire under many different circumstances and weather conditions. To be certain that fire was always available Perhaps, a council assigned a person to be a FIRE KEEPER.

The Elders would find a man who was willing to commit his life, and perhaps his son's life to keeping the fire alive. As tribes moved, or a cooking fire went out because of rain or whatever, The FIRE KEEPER would be asked to bring a hot coal from his fire to re-light their fire for them. Very important job!!

Approaching the Spirit Fire, one will see the protective green Flat Cedar going all the way around the Spirit Fire. By the entrance there will be baskets with Tobacco and or Cedar for the people to use as an offering, to the Spirits. Walking clockwise around the Fire, one can use a small amount as an offering as you go to each direction. With the intention that one's Prayers rise with the Smoke to Creator.

Fire seems to become a gathering place for us for many reasons also.

In a Spiritual way, Fire means so much to me and my teachings.

As I look into the fire I can see the four sacred colors...RED, BLACK, WHITE, YELLOW.

As we keep looking, we can see BLUE in the Fire, this represents the Sky.

As we look more we can see GREEN, this represents Mother Earth.

So, we see six sacred colors, and they represent six directions.

As we look into the CENTER of the FIRE CIRCLE, we can visualize the center of our universe, which represents OUR CENTER, our SPIRIT, the center of our cosmos wherever we are. So this makes SEVEN SACRED directions.

When we go to the SPIRIT FIRE to pray, meditate, whatever, we are renewing our long standing relationship with this important ELEMENT.

Below are some meanings of the four directions.

These are mine and seeing how there were over 550 different Nations with as many tribes in them, there are many variations to this...this is just my words and my way.

YELLOW... Where the sun comes up every morning, The EAST,

This could represent the INFANT times of our life.

Also as the sun comes up and gives us a new day,

A new beginning, a new chance to try to live a good life this new day.

Also it could represent SPRING time of the year.

And DAWN. When new plants and animals come into this Mother Earth

This also represents the YELLOW People

RED... A color of the south, red is a warm color representing the warm winds

That come up from the south.AS these promote growth of the plants,

We can use it to represent growth of our SPIRITUAL GROWTH.

The direction of the SOUTH can represent the ADOLESCENT years of

our life

The direction of the South also is the direction of SUMMER. And the NOON time of the day. BLACK... Black can represent the direction of the WEST, This is where the sun sets at the end of the day. The EVENING time, the time to reflect back on the day To see our mistakes and think about how we are going To live a better life tomorrow. The west also represents our ADULT YEARS. And the AUTUMN time of the year. WHITE. Represents the direction of the NORTH. The North has a harsh climate and you have to have ENDURANCE To live there so we can learn ENDURANCE from the direction. This direction can represent the ELDER years of our life. WINTER is the season of the NORTH. A time to sit around the FIRE and tell STORY'S, and TEACHINGS

MIDNIGHT is the time of the NORTH

These teachings are mine and I hope to not offend any, and I know there are many other ways that are just as good as this way. With respect to my ELDERS and all.

Marty Stompingelk

# Her Pain - My Pain

By DragonLove

As I travel through my day, she continues to cry, and I can hear her.

There are those who do their best to help her but the help is not nearly enough.

There are just not enough people to care and she is in pain.

She continues to cry. I can feel her pain as she cries.

There are those who care and fight to help save her, but it's not nearly enough.

So many people are so stuck in their selfish ways.

Create ways to make their lives to fit to their fast pace, not caring of how it effects her.

She breathes in, the second hand smoke, it chokes her.

Her green hair flows ever so gently in the soft breeze.

But her hair is becoming shorter as it continues to be cut down.

I sit in wonder at her beauty. She is beautiful in all of her glory.

With all of the pain she feels, she still continues to show her beauty.

She continues to show us that she is worth saving.

As the water flows over the water fall and the sun glistens down up on it creating a rainbow.

Is she not worth saving?

As the small fawn walks along in the field with it's mother grazing on the grass.

Is she not worth saving?

As the bird takes flight and glides through the clouds.

Is she not worth saving?

And, as the small child playing in the field enjoying the breeze and the scents of all of the flowers.

Is she not worth saving?

I THINK SHE IS!!!

© July 2010



## Shape Shifter

By Cynthia Grove

October tumbles in

As a leaf twirling through the air

Swirling itself around us

With the impact of children jumping into a pile of raked leaves.

Sunshine fades from bright autumn days
Collapsing into the chill of a longer night
As a lover collapses into the arms of her loved one
After a passionate tryst.

Colors embed themselves in our minds
Red and gold and copper
Mingling with the flickering hue of lighted candles
And vibrant embers of burning bon fires.

Our sense of smell is heightened With scents of harvest spices Dry leaves and pungent smoke Permeating the chilled air.

As autumn wraps herself around us
The spirit world reopens the veil between our paths
Inviting those beyond to visit once again
And beckon us to another realm
Of the Harvest yet to come.



© September 30, 2009

## Site Competitions

#### **DESIGN A CHRISTMAS T SHIRT COMPETITION**

THIS IS A FUN COMPETITION - WHY NOT HAVE A GO !!! YOUR DESIGN WHICH SHOULD BE BE SAVED AS A JPEG CAN BE FROM AN ADULT OR CHILD - THIS IS A GREAT OPPORTUNITY FOR ALL THE FAMILY TO HAVE A GO. ALL DESIGNS MUST BE ORIGINAL AND IN NO WAY COPIED FROM OTHER DESIGNS (Due to copyright laws)

WE ARE LOOKING FOR THAT SPECIAL DESIGN FOR OUR LIMITED EDITION CHRISTMAS T SHIRT (YOU DECIDE THE THEME. THE WINNING DESIGN WILL USED BY THE SITE FOR OUR THEMED CHRISTMAS T SHIRT AND MERCHANDISE.

THE DESIGN DOES NOT NEED TO BE PROFESSIONAL - JUST MAGICAL !!!!



**COMPETITION CLOSES 30 NOVEMBER 2010** 

http://enchantedforrest.ning.com/group/designatshirtcompetition



### NUMBERS LOTTO

Guess 4 numbers in a row correctly and Win a Prize!!!



http://enchantedforrest.ning.com/group/numberlotto

## CLASSES - THE CRAFT FOR BEGINNERS

This Class is Weekly Classes Every Wednesday, the class is taught in a live chat box and it is a time for people to share and learn. Lil Wren teaches basic topics each week and then allows for a time of Q & A after class is finished. All classes are then written up and put up in group for all group members to read over.

Please come along and join in – this is an amazing chance to learn with others !!!!

COME ALONG TO THIS LIVE CHAT EVERY WEDNESDAY NIGHT

Times of Lesson for each country

**USA Central - 7 pm** 

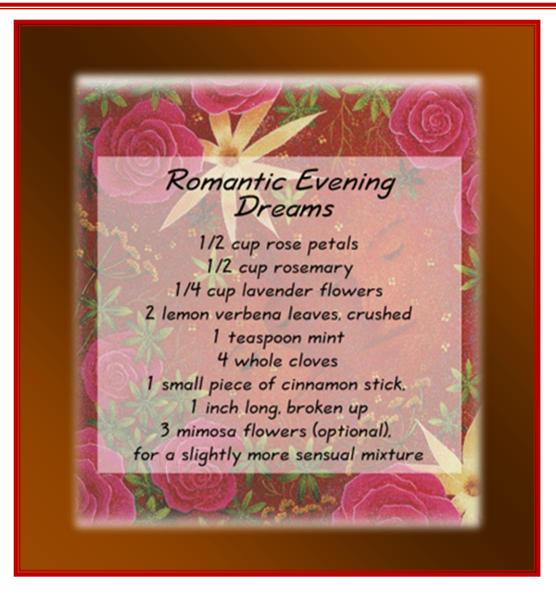
Eastern - 8 pm

Western 5 pm

Australia (Melbourne) - Noon (thursday)

UK -1 am





nice to even burn this mixture during a evening meal,,,very cozy,or while you sit and work on a craft, giving yourself some down time relax and enjoy! lilWren

If you knew everything that there is to know About each and everything there is Then each and everything would mean something To you...

Robert Cecil Hanna

## The Shrouding

By Cynthia Lilith Grove

Swirling leaves drifting in the chill of the late autumn afternoon
Like dying swans floating in the mired pond of life.
The clouds eclipse the sunshine once so vivid and intense
The afternoon fading into a twilight of memories that long ago died.

A splash of color from the painted trees
Soon to be as bare as a barren womb
They present a young harlot's painted face
Destined to lose her youth and vitality all too soon.

Dim and tainted with a foreboding hush
These autumn days no longer hold my trust
The promises of tomorrow placed upon a funeral pyre
Of burning fires, and ashes turned to dust.

I see the door Death holds open for us all
Spiraling spirits amidst a graveyard of rotting bones
They howl and beckon us
Into their maelstrom of grief and despair.

I am shrouded with the loss of summer days
Entombed in the bereavement of memories that stab at my heart
I'll have no more of tomorrow's yesterdays
Wrap me in a shroud of promises enveloped within my own remorse.

The one lit candle screams out to my darkness
The only beacon that keeps you alive
Until the chill of the evening wind snuffs it out
And with it goes my life.

## The World Forum of Spiritual Culture Astana, 18-20 October 2010

**Culture of New Time: Earth is Our Common Home** 

Nina Goncharova,
Artist, poet,
President of the Siberian Center for Eurasian Projects,
Founder of GONG 3000 planetary culture community,
Member of Global Harmony Association and international unions on culture and education
www.gong3000.org

"You never change things by fighting the existing reality.

To change something, build a new model that makes the existing model obsolete." –

Buckminster Fuller

"When at the edge of worlds a Wave of Love is born,

You'll recognize each other by starlight from within,

You'll re-collect Yourself and co create a Dawn-

Never existed Legend by hearts to sacredly be seen".

The legend is about Reconnection with the Inner Self and the Higher World.

Spiritual Culture is the unity of inner essence and outer forms of its expressions

Federico Mayor, President of the Foundation of Culture of Peace in his greetings to the participants of the Culture of Peace "Earth is Our Common Home" forum in Novosibirsk, said: "Now we have the responsibility to invent a different future for all humankind - a world that must be completely different from the present one. Earth is our common home; culture of peace is our dream".

What is Culture of New Time? It is the culture of a completely different, humane civilization. It is one united life creating humanity. It is the path of ascending, the path of creating love and beauty in unity with the Highest World. It is the other side of the abyss that we should fly over together, hand in hand feeling unity in our hearts.

We have an incredible endeavor – to change the type of civilization development. And to make a transition. To where? "The Kingdom of force in which initially humanity has developed, is now coming to the end of its existence. The next level, through which the river of human life will flow, is on a qualitatively much higher level of human development. This is the level of the Kingdom of Soul". (Vissarion). "From biosphere to noosphere" - according to Vernadsky (Jose Arguelles).

"Our crisis is the birth of a universal humanity capable of coevolving with nature and co creating with Spirit. We are at the threshold of the first Age of Conscious Evolution». (Barbara Marx Hubbard). "From unlimited consumption of nature – to the unlimited development of the Human" (Talgat Akbashev).

We are to make the transition from a technocratic path to one of co creation of ennobling life.

**HOW** can we make this transition?

"The gates of the future, the entry into the super-human - these are not thrown open to a few of the chosen people...They will open only to an advance of "all together", in a direction in which "all together" can join and find completion in a spiritual renovation of the Earth...". (Pierre Teilhard de Chardin).

What will help us to unite? We all have one and the same source. If we accept with our heart that we have the same foundation – the spirit, then it means that we are one spiritual family of humankind. A human being is destined to unite inside himself the two premises – reason and faith. Reason and faith develop according to different laws. A human cannot develop spiritually following the path of scientific and technical development. While living in artificial conditions that are natural for a human being, he cannot develop his soul, and that is why his behavior creates disharmony with the surrounding world. This is what we observe on Earth.

We are to enter another, true path – one of developing the human soul. Where people consciously co create in harmony with their souls, each other, nature and the world. Where people are one planetary family, following the path of spiritual ascension and co creation.

HOW can we get out of the impasse, in which we find ourselves, following the path of technocratic development of society? "Today's problems cannot be solved at the same level of thinking that created them." (Albert Einstein).

I will present the collective experience for building a new model for the transition from an artificial life to life as the art of co creation. We are entering the Path of Conscious Co Creation.

International Education for Life Movement (initiator – T. Akbashev, coordinator – N. Goncharova) had been conducting a new "laboratory" experiment in the Eurasian region, for collectively creating a united spiritual space. It had been done through waves of interconnected events, coordinated in time and space – pulsars of new life. Its purpose was to create another level of consciousness and love, allowing seeing and treating the world holistically and thus transforming the world. Inside the "waves", conditions for harmonious life together according to human principles – to accept and support everybody were created. Positive collective visions of the future were created and joint projects for awakening people as co creators were born. After ten years (1996-2006) of research and collective activity, we drew a conclusion: when a human being finds himself in harmonious conditions, natural for his soul and body, he can quickly become aware of his himself and unity happens naturally and joyfully. People can

People can wholesomely influence nature and the world with their feelings, inner state, and presence. By uniting feelings a new spiritual fabric of life is created.

In order to create a new future, planetary cooperation is needed. In order to unite a living presence, a creating resonance of hearts and common deeds is needed.

To create unity, from 1996 to 2010, a planetary spiritual culture "Siberia - Planet" expedition took place. It has been going on for 13 years, opening new pathways through 15 countries. When people from different countries are together in harmony, Spiritual consent a NEW QUALITY OF LIFE and LOVE is created



We have found that the preparatory work for the transition process of the Earth according to the "smooth" variant had begun synchronistically all over the Earth:

\*In all continents people have showed up. Without knowing each other they act in the same direction for awakening people, reuniting the connection with the Highest World, and creating a global spiritual unity.

\*Aspiration for collectively coming back to the Earth and creating hearths of new life. The expedition has resulted in creating a planetary team of transition - people of inner responsibility and selfless service for transition.

We collaborate according to the resonance of hearts and common deeds. We realize together joint projects: "Earth is Our Common Home" + CREST 13 + Peace Pole Sanctuary projects - creating a united spiritual space in practical life on Earth. It is a world network of interconnected events & spiritual eco communities

Education for World Citizens project in devoted to *Development of a Human– a creator of his life*. Eleven "Education for World Citizens" congresses took place in Russia (1993-2007)

Theatre of New Time: New World through Arts. It is Arts that awaken and inspire

There are also streams of creative information on the Earth – new TV, radio, web sites, created by people who have been doing it with great enthusiasm and inner fire. Peace and harmony is created through creative information, that inspires and creates unity

What can we do together to get out of the impasse and create a different world?

- To renew Faith connection with the Higher World by listening to our own hearts
- To create Education for World Citizens harmonious, human education
- To synchronize with the natural rhythms by living a natural calendar
- To take care of Mother Earth and start living on the Earth according to the principles of human fraternity
- To fill the world with creative information and arts presenting models of new life that exist already on the Earth. Arts should inspire and awaken the true path of creation.
- To feel that the Earth is a living being! To transform the systems the way that they should be, based on development of human's souls, reason and bodies, and on taking care of the Earth as our common home. To close down enterprises poisoning the environment and realize that catastrophes depend on our thoughts, feelings, words and inner state.
- To create Spiritual Consent on a planetary level. One of the practical steps is Peace Ship at Lake Baikal in 2011 with the planetary team, presidents, and world citizens on board.

Earth is Our Common Home. She is a living being. She waits for Her Masters... There are hearths of new life on the Earth. One of the biggest ones is in Siberia at the south of Krasnoyarsk region. It is worth visiting and seeing it with the eyes of your hearts. And decide for yourself how to live and will we live on the planet the old way...

We are all one team of this transition into a different world. United humanity will begin a true humane level of its development. Together we can heal our planet, to go out beyond the Earth, and bring love and beauty into the Universe, ennobling the material world.

Evolution happens by leaps. We should fly over to the other side of the abyss together - to feel in our hearts one spirit, to hold each other's hands, to tune into the Higher World and jump! And here it will be – a New World, New Heaven, and New Earth. We are to be in time! For this we should have the courage to step into the Unknown...

### Twas The Night Before Samhain

Submitted By Forest Fairy

Twas the evening of Samhain, and all through the place Were pagans preparing the ritual space.

The candles were set in the corners with care, In hopes that the Watchtowers soon would be there.

We all had our robes on (as is habitual)

And had just settled down and were starting our ritual

When out on the porch there arose such a chorus

That we went to the door, and waiting there for us

Were children in costumes of various kinds

With visions of chocolate bright in their minds.

In all of our workings, we'd almost forgot,

But we had purchased candy (we'd purchased a LOT),

And so, as they flocked from all over the street,

They all got some chocolate or something else sweet.

We didn't think twice of delaying our rite,

Kids just don't have this much fun every night.

For hours they came, with the time-honored schtick

Of giving a choice: a treat or a trick.

As is proper, the parents were there for the games,

Watching the children and calling their names.

"On Vader, On Leia, On Dexter and DeeDee, On Xena, on Buffy, Casper and Tweety!

To the block of apartments on the neighboring road;

You'll get so much candy, you'll have to be TOWED!"

The volume of children eventually dropped,

And as it grew darker, it finally stopped

But as we prepared to return to our rite,

One child more stepped out of the night.

She couldn't have been more than twelve or thirteen.

Her hair was deep red, and her robe, forest green

With a simple gold cord tying off at the waist.

She'd a staff in her hand and a smile on her face.

No make-up, nor mask, or accompanying kitsch,

So we asked who she was; she replied "I'm a witch. And no, I don't fly through the sky on my broom;

I only use that thing for cleaning my room.

My magical powers aren't really that neat,

But I won't threaten tricks; I'll just ask for a treat."

We found it refreshing, so we gave incense cones, A candle, a crystal, a few other stones,

And the rest of the candy (which might fill a van).

She turned to her father (a man dressed as Pan) And laughed,

"Yes, I know, Dad, it's past time for bed,"

And started to leave, but she first turned and said "I'm sorry for further delaying your rite.Blessed Samhain to all, and a magical night.".

Cather Steincamp

# Baby Koala

By Forest Fairy









## Crossing Over

By Chayenna

It will not take long, before you stay
on the other side of the rainbow bridge.
Now you remember your home world again
No longer their will be pain or the suffer
Finally you will fly free again, in the world of our over soul

From their our journey really will started to service our true father and humanity Liked we did before so many times

To bring them to the new world

Don't be afraid for the people you left behind the love of our souls will also heal their pain And when they look carefully They will see your laugh and feel your love in everything.

And when they really need you they only need to whisper your name and you will be their to blow the fears and pain away

I always will love you, my dragon

**Your little Angel** 



## A - Z Herbs

By Cougar Blackstaff

## The Herbal Encyclopedia - G

#### **Garlic**

#### Allium sativum

MEDICINAL: Garlic is a powerful natural antibiotic. It can stimulate cell growth and activity. It reduces blood pressure in hypertensive conditions. A main advantage to using garlic for its antibiotic properties is that it does not destroy the body's natural flora. It is excellent for use in all colds and infections of the body. When ingesting the raw cloves, a sprig of parsley chewed immediately after will freshen the breath.

RELIGIOUS: Peeled garlic cloves placed in each room is said to ward off disease. It is hung in new homes to dispel negativity and evil, and (don't laugh!) to ward off vampires. It is a strong protective herb. Place a clove under the pillow of sleeping children to protect them.

GROWING: Garlic is a perennial herb that likes moderate soil and lots of sun and warmth. The plant grows to 2 feet tall. The bulb is the most common used portion, although the greens are often used in salads.

#### **Ginger**

#### Zingiber officinale

MEDICINAL: Ginger is an excellent herb to use for strengthening and healing the respiratory system, as well as for fighting off colds and flu. It removes congestion, soothes sore throats, and relieves headaches and body aches. Combined with other herbs, it enhances their effectiveness. It is also very effective in combatting motion sickness. Recommended during pregnancy for treating morning sickness and digestive problems, as well as safe to use during pregnancy for colds and sore throats.

RELIGIOUS: Ginger is used in passion spells, to "heat up" the relationship. It is used in success spells, and to ensure the success of spells.

GROWING: Ginger grows through most of North America. It reaches to 6 inches high, and is a perennial. The ground root is the part used for healing.

#### **Gingko Biloba**

#### Gingko biloba

MEDICINAL: Gingko Biloba is used to treat memory loss and difficulties, and is used to treat head injuries. It is also used to treat tinnitus, circulatory problems, strengthening the cardiac system, impotence, asthma, allergies that affect breathing, and Alzheimer's disease, in its early stages. Its properties enable the opening of the smaller veins, helping to improve circulation to all organs and especially the heart.

RELIGIOUS: Gingko is held or carried to help improve the memory. A mild tea prior to bedtime will help to remember dreams during sleep.

GROWING: The Gingko Biloba tree is a remnant of prehistoric times. It grows 50 to 70 feet tall. It prefers temperate areas with moist soils, and needs full sun and high humidity.

#### **Ginseng**

Panax quinquefolia (American ginseng), Eleutherococcus senticosus (Siberian ginseng), Panax spp.

MEDICINAL: Ginseng stimulates the body to overcome all forms of illness, physical and mental. It is used to lower blood pressure, increase endurance, aid in relieving depression, and is a sexual stimulant. The dried root is used for healing purposes. It has been used throughout ancient times to the present day for use in conjunction with most herbs in treating all sorts of illnesses, including cancers, digestive troubles, and memory. It is used to tone the body during stress and to overcome fatigue. During menopause it aids in rejuvenating the system and balances hormones, as well as aids in regulating hot flashes.

RELIGIOUS: Ginseng is carried to guard your health and to attract love. It will also ensure sexual potency. Ginseng is an effecitve substitute for mandrake in all spells.

GROWING: Ginseng can be very difficult to grow. Germination of disinfected seeds (to kill mold, which plagues ginseng at all stages of growth) can take up to a year or more. Plant in early autumn in raised beds of very humus-rich soil. Plants must be shaded at all times. Roots are not harvested until the plants are at least 6 years old. Take care during harvesting and drying not to break off any of the "arms" of the root. Dry for one month before use

#### Goldenseal

#### Hydrastis canadensis

MEDICINAL: Goldenseal is another natural, powerful antibiotic. It should not be used by pregnant women. The herb goes straight to the bloodstream and eliminates infection in the body. It enables the liver to recover. When taken in combination with other herbs, it will boost the properties for the accompanying herbs.

RELIGIOUS: Goldenseal is used n properity spells, as well as healing spells and rituals.

GROWING: Goldenseal prefers rich soils in partial shade. It is a perennial herb that grows 6 - 18 inches high. The dried ground root is the part most often used, although the dried leaves are used in teas. It is difficult to grow successfully, and the plants need to be at least 6 years old before harvesting.

#### **Gotu Kola**

#### Centella asiatica

MEDICINAL: Gotu Kola is and excellent mental stimulant. It is often used after mental breakdowns, and used regularly, can prevent nervous breakdown, as it is a brain cell stimulant. It relieves mental fatigue and senility, and aids the body in defending itself against toxins.

RELIGIOUS: Gotu Kola is used in meditation incenses.

#### **Green Tea**

#### Camellia sinensis, Various spp.

MEDICINAL: Green tea has recently come into prominence as an effective anti-oxidant. It has been shown to reduce the risk of many forms of cancer, and it has the ability to stabilize blood lipids, making it part of an overall cardiac care regimen. It aids in treating high cholesterol, hypertension, and stimulates immune functions. This herb eases mental fatigue, and may lower the risks for arteriosclerosis. It can also help to prevent plaque buildup on the teeth. People who are sensitive to, or cautioned to reduce or avoid, caffeine, can still use the decaffeinated form of Green Tea, which is still shown to have the same medicinal properties and qualities.

MAGICKAL: Used for prosperity rituals, and to honor deities around the world.

GROWING: Grown in various temperate climates around the world; check your local county extension service to see if a species will grow in your area.



### Demons of the cold

By Elisabetta Errani Emaldi

Let's the light shining and the glare of the glaciers shine of white-silver without the long trails of blood of the seals and bears exterminated by the demons of cold.

Stop the murderers called fishermen and hunters, who exterminate the whales, dolphins, seals and bears for a bit of money that drips with blood.

Demons of the cold, stop to cruelty and ignorance that blind and spread from the limited minds of selfishness.

Let's save our planet of bright light, from the sick and corrupted mind of man.

Demons of the cold, let the beauty
of our glaciers glow at the rosy dawns and at the colourful
sunsets with their seals and its polar bears.

Demons of the ocean, let the seas be habited from whales, dolphins and from all the wonders of the seabed

Stop wild fisheries, destruction of seabed, fault of criminals who use prohibited nets and destroy fauna and corals.

Demons of the cold and of the oceans let the warm rays of love melt the ice that crystallizes the compassion in your hearts.

Stop the insensate and irresponsible stupidity of the murderer, without respect for himself, for nature and for the planet earth.

Let's light shining and the glare of the glaciers shine of white-silver without the long trails of blood of the seals and bears exterminated by the demons of cold.

# Help The Site

Due to Ning now charging \$499.95 for hosting this platform in which the Enchanted Forest is run we find ourselves in the position that all site expenses are incurred by the site team. This we are willing to do because of our love for the members and the site. If you are able to DONATE or feel you wish to contribute to the site we have designed a secure DONATE button.

# ~~THE DONATE BUTTON IS ON THE FRONT PAGE - LEFT HAND COLUMN~~

There is no pressure on any of our members to feel the must give of their money, but we have been approached by a few wishing to give a little to help. On behalf of the Team we Thank you for giving this your attention.





The Team thank all our members old and new for making this the great site it is. Please continue to support the site by posting in the groups and blogs and adding to the vast information the site holds.

 $\sim\sim$  Keep the spirit of the forest family alive and growing  $\sim\sim$