

# Basic Theories on Sex Magic

## As related to *A Priestess Path*

### Introduction

In general I see sex as serving three major purposes or roles in occult work. I label these as Power, Devotion and Personal Development. These major headings fit with the major rays or principles of Fire, Water and Air, or Power, Love and Wisdom. Any given ritual may use one, two or all three of these methods as part of its structure and still be effective if used correctly. All three have multiple examples within the text of *A Priestess Path*.

I will put forth a warning though. This short paper is intended for those who have been trained in solid ritual theory and practice. The use of sex magic can result in very powerful psychological and magical effects and the untrained may damage themselves in a number of unforeseen ways if they have not done the ground work necessary within their specific tradition.

### Power

The most straightforward of the three, Power methods involve the use of sex to increase and compress the energy being built up for use in the ritual. In this way practitioners can focus the sexual energies towards a specific goal using the ritual to shape that force into a specific form. The building sexual power and intense release of orgasm can be focused through such multiform symbols as sigels and talismans.

In the case of sigel and talismanic magic consider the symbol to be like a lens or the gels on a spotlight. Intense power built up during sexual congress and then released at orgasm is directed through this lens creating a specific type of energy. The symbol imprints upon the subconscious mind and creates the desired effect as a wave in the universe. In the case of a certain type of talisman which is shaped in symbolic dimensions rising from Assiah to Atziluth the sending forth of the shaped energy exists in all worlds. By sending this power out it returns through the various levels to help create the change in the physical world which has been formulated in the worlds above. Like a boomerang the shaped energy returns to the practitioner and literally changes them to make them compatible with the newly shaped universe which they are creating.

The shaping of sexual energy can be done a variety of ways including, but not limited to, role playing, talismans, sigels, pathworking or other creative visualization and meditative methods.

Do not easily dismiss the sexual fluids created in this method as they are the manifestation in Assiah of the energy that has been built, shaped and transformed. Though it may be beyond the sensitive nature of some individuals it may be valuable to consider using such fluids in furthering the work at hand. A couple might, for example, add a few drops to a talisman charged in this way in order to ground the power that has been built. In one ritual which will appear in the book the Priestess ingests the Priest's ejaculate in order to ground the power they have built and shaped in order that it become one with her physical body as well as her astral and ethereal bodies.

## **Love or Devotion**

This is a method by which the energy of sexuality is used to worship the Divine in some way. Quite common amongst Goddess worshippers examples can be seen in the Great Rite of modern Wicca as well as the devotional offerings of naked Goddess images in various cultures. This use of sex magic can manifest in a few different ways.

One method involves a type of invocation in which either the man or the woman invites an aspect of the Divine into themselves. This can be done in a variety of ways and role-play and creative visualisation can be utilised to this end. Also, an actual ritual evocation calling the Deity into the other person can be done and through this method one figuratively makes love to the God or Goddess in question.

Another method is to worship the other as a representation of the Gods. A Child of the Divine so to speak. In every way one is grateful to the Goddess or God for the beauty and desire that is being shared and enjoyed. Like a feast to the Gods the sexual interaction is done as a worshipful act consciously and with deliberation. This can be done slowly, gently and with great deliberation or it can take on the wild passion of the rites of Baccus and Dionysis.

In the Wiccan tradition the Great Rite is done in two ways; in Truth and in Token. The Great Rite is the representation of sex between the God and the Goddess through their Priest and Priestess. In this case both are representatives of the Divine and between them is the unity of the universe, the Zero Point of nothingness in which all things exist in potential. In Truth this ritual is an actual act of ritualised sex between the two, both having proscribed words and actions. In Token the sex act is replaced by the symbols of the Athame or Dagger of the Priest descending into the Chalice or Cup of the Priestess. This can be a very powerful ritual in either form and represents the devotion to the Divine and is highly symbolic and psychologically effective.

In every permutation of Devotional Sex Magic one is given the very powerful knowledge that they are not alone in the universe. Real contact can be made with the Divine and this can have a tremendous affect on an individual or couple. It can break down the barriers of “belief” and replace them with “knowing” leaving the individual changed in a very significant way. The method of sacrificing a virgin as detailed in the book is an example of how this kind of Devotional Sex Magic can have a profound effect on an individual.

## **Personal Development**

Probably the most complex of the three, this category covers everything from energy balancing to creative visualisation, from meditation to Pathworking. The difference here is that the goal is more personal. Two people seated in the Tantric position for an hour with their breathing in synch and the energy flowing between them can either use that position to build power for some other purpose (like Talismanic magic) or simply to enjoy the balancing of their individual polarities in a state of peaceful union. Role playing sexually in this way can be used to face personal fears, create specific experiences or even walk through the paths of the Gods. There are many different methods that can fall into this category, I will only discuss a few of them.

## **Energy Balancing**

Masculine and Feminine energies are naturally opposite. One being projective, the other receptive. Through the use of polarity rituals a couple can join together as a single unit for a time, balanced and whole rather than separate and apart. This energy transfer creates a normalising effect which can be very valuable psychologically. It builds an intense feeling of contact with the universe as a whole and helps to alleviate feelings of separateness. Sex in this way is a union, a true Yoga between masculine and feminine forces. Moving from the Yin and Yang to the Tao so to speak, or from Binah and Chockmah to union in Kether.

One of the most effective ways has been recently made popular by a number of celebrities. This is the Tantric position wherein the woman straddles the man who is seated cross-legged. In this position the two are face to face and support one another. It also means that their chakrah points are reasonably well aligned. By visualising an energy circuit between the two and co-ordinating their breathing the two can reach a near Nirvanic state of blissful meditation. Through this they are unified, one with each other, Priest and Priestess, God and Goddess. There may even come a point where there is no "I" and rather than two individuals they are simply expressions of the universal whole joined in perfect union.

Even if this powerful state is never reached, the practice can impart a true sense of personal well being and a balance of internal energies which is very difficult to achieve otherwise.

## **Role Playing**

This can encompass anything from playing out a fantasy in order to release it on a psychological level to re-creating an ancient mystery play. Since one of the most important roles of Magic is as practical psychology one can create experiences, face fears and play out ancient rites using role play.

Recreating old legends and playing them out creates a connection to history and builds on the foundation one has with tradition and time. For example, a couple could recreate the resurrection of Osiris after which he impregnates Isis with Horus the Younger. An elaborate and eloquent ritual could be devised in order to make this recreation a focus for creating a specific change in the universe. In the case of the original it was to avenge the murder of Osiris. A variation on that theme could be to acquire any change one desired, a house, a car, whatever. Role play in this way can be an elaborate symbol for the manifestation of your desires.

Psychologically this kind of role play can be used to change our thought patterns about certain things in our lives. We may need to play the master or the slave, the rich or the poor, the intellectual or the warrior. It allows us the ability to create a ritual method by which we play out or experience things that we might never see in other aspects of our lives.

It may also be that we wish to use this method to re-create ancient fertility rituals as a form of Devotional Sex Magic. We may take on the roles of the King of the Hunt and the Virgin Huntress at Beltane or some other rites involving elaborate costumes and personas. The value of sexual roleplay in magic is hard to quantify and the range is limited only by imagination. What we need to do though is remember that all work of this kind has psychological repercussions and so we must work towards positive growth and do our best to avoid harm in ourselves and others as we explore this aspect of Sex Magic.

## **Conclusion**

This is simply a quick overview of the basic theories I am using in creating the rituals and events in *A Priestess Path*. Hopefully it will help to clarify some of my intentions and make it easier on my editors and friends when commenting on the manuscript.



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