

Advanced

**Tung Style** 

**Acupuncture:** 

## NEPHROLOGY UROLOGY & ANDROLOGY

The Acupuncture of Master Tung Ching-Chang and its Application in Kidney, Urinary, and Male Genital Disorders.

Compiled, Collated, and Translated by: **Dr. James H. Maher** 

Foreword by:

Susan Johnson, L.Ac.

Co-creator of "Master Tung's Magic Points," book and website, coming early 2008. Visit <u>www.tungspoints.com</u> for a preview.

## Advanced Tung Style Acupuncture Series: Volume 3

To my wife Mo Chiaen-Yun, whose love, support, and encouragement enabled this entire series to come to fruition.







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### Foreword

Advanced Tung Style Acupuncture: Nephrology, Urology, & Andrology, is the third volume of material compiled by Dr. James Maher. Many acupuncture texts, both theoretical and clinical, have been written in Chinese; however, comparatively few are available in English. Dr. Maher's contributions to the texts available in English provide valuable guides to the clinical use of Tung's Points. In his series, Advanced Tung Style Acupuncture, Dr. Maher provides a comprehensive table of contents and point index, clear diagrams, and a multitude of treatment protocols for an extensive list of ailments.

The table of contents enables readers to identify and contrast the point selections used by particular practitioners of Master Tung's acupuncture. One of the unique features of Tung's acupuncture is the utilization of the fewest possible needles, in order to avoid energetic conflicts. A common problem for early practitioners and textbook practitioners is that of applying too many needles in order to affect multiple symptoms. Dr. Maher's books list varying treatment protocols separately, thus making point combining more clear; the practitioner is then less likely to become confused and overcomplicate his or her point selection.

Dr. Maher's point index highlights each time a point is referenced in the material, and makes easily visible the multiple ways that a point or point pattern might be used. The use of Chinese characters in the point index clarifies which points are being discussed, as there are many different translations of the same point name. This index also cites the practitioners referenced, making it easy to follow a particular practitioner's treatment protocols.

Point locations are precisely described, and the diagrams clearly drawn with appropriate adjacent rulers for exact measuring.

The first section of *Advanced Tung's Style Acupuncture: Nephrology, Urology, and Andrology* is useful for both sexes, while the last section highlights male reproductive and genital issues. It is refreshing to have a Tung's acupuncture resource focusing especially on andrology.

Dr. James Maher's work is groundbreaking. He brings Master Tung's Points to acupuncturists and their patients via his new addition to what has quickly become his very own encyclopedia of resource texts. Dr. Maher's devotion to making Master Tung's points and protocols easily and quickly available is especially valuable to all who maintain a busy acupuncture practice. I wish to congratulate Dr. Maher for another volume of outstanding work!

It is with great pleasure that I introduce to you the work of Dr. James Maher, and most highly recommend the series Advanced Tung Style Acupuncture.

Sincerely, Susan Johnson, L.Ac. March 2007

Susan Johnson has been teaching classes on Tung's Points since 1985. With D Jamal Kord and Peter Cole, she is co-author of the forthcoming book *The Best of Master Tung's Magic Points*. Tungspoints.com, a comprehensive website for the study of Tung's points, including video lectures, demonstrations, photographs, theory, indications, needling techniques and search engines, will be available in early 2008.

### Introduction

This volume, the third in the Advanced Tung Style Acupuncture Series, arose as a direct consequence of Volume 2: Obstetrics and Gynecology. Vol. 2 addressed disorders exclusive to females, and many of those who purchased that volume enquired if there would be a complementary volume specific for male disorders; ergo, the genesis of Volume 3 – Nephrology, Urology, and 'Andrology' (男科).

Originally, the notion of a volume specific to male disorders (男科 'Andrology') seemed rather straight forward but, as I began my research into the topic, the lines of distinction became somewhat nebulous. It became evident during the compilation period that many of the disorders, which normally fall under the purview of the urologist, afflicted males as well as females, namely: cystitis, frequent micturition, urolithiasis, overactive bladder, hematuria, urethritis, polyuria, yadda, yadda, yadda. Thus, I expanded the scope of this volume to include not only those disorders exclusive to males (e.g., prostatic hypertrophy, cryptorchidism, erectile dysfunction, orchitis, impotence, phallalgia, premature ejaculation, etc.), but also those renal and urinary disorders common to both sexes. Consequently, in addition to its utility in dealing with male specific ailments, this volume will be expedient to any who do battle against maladies of the entire urinary tract, regardless of the sex of the patient.

#### What this book is:

This, the third volume in the Advanced Tung Style Acupuncture Series, is solely concerned with the application of Master Tung's Acupuncture to ailments (biomedical and TCM) of the urinary tract of both sexes, as well as those disorders unique to males. It is entitled 'Advanced Tung Style Acupuncture' because it, like Volumes 1 and 2 in this series, implies that the user has received prior instruction in Master Tung's Acupuncture (e.g., that presented by Drs. Wei-Chieh Young, Palden Carson, Esther Su, Richard Tan, Miriam Lee, Robert Chu, Susan Johnson, etc.). This text is not intended for use by the neophyte, but rather as a reference to those who already have a working knowledge of Master Tung's Acupuncture.

This text presents 300+ prescriptions for over 80 disorders culled from the Chinese language Tung Acupuncture literature in my personal library – more than 15 different sources were referenced (several currently out of print). From these Chinese language sources, I have compiled, collated, and translated all the Nephrology, Urology, and 'Andrology' (男科) prescriptions proffered by the 'experts' and applied accompanying diagrams for each disorder/disease to facilitate their application. Included are author-specific point locations, needling instructions, contraindications and, when available, clinical comments, lifestyle modifications, etc. all derived from the author(s) own personal clinical experiences with Master Tung's Acupuncture.

#### What this book is not:

This text is NOT an introductory text in the acupuncture of Master Tung Ching-Chang! Nor is it a primer on the TCM theories governing Nephrology, Urology, or 'Andrology' (男科) – there are an ample number of texts on the market concerning these topics.

#### Structure of the book:

This volume is divided into two major sections with one appendix. The first section addresses disorders (both biomedical and TCM) specific to the Kidney and Bladder suffered by both sexes; the second section addresses maladies unique to the male. The appendix contains the Tung Style Acupuncture points used in this volume, with text pages referenced, as well as the traditional Chinese characters for the points used. The appendix also presents the points in terms of the numbering systems used by Dr. Young and Dr. Lee in their respective texts. Should it become necessary, the reader can easily convert the presented number into the system employed in Dr. Carson's text by simply dropping the first number. For example: Shen<sup>4</sup> Guan<sup>1</sup> [腎關穴: 77.18] would become 7.18 in Dr. Carson's numeric system.

#### Individual Disorder/Disease Entries:

Located at the center of the top of the page is the name of the disorder/disease followed by a set of parentheses e.g., 'Erectile Dysfunction' (LKC-1) [from Section 2 on p. 281]. Contained within the parentheses is a series of letters and, perhaps, a number. The letters represent the author(s) and the number represents the prescription number as presented herein. In the example above, the 'LKC' represents the author Li Kuo-Cheng and the '1' represents the first prescription presented in this volume by Dr. Li for erectile dysfunction. These numbers have NOTHING to do with 'superiority' of the prescription (personally, I prefer to use the least number of points to get the job done), and merely reflect how prolific the author(s) is (are) as well as layout constraints within Vol. 3.

Under the disorder/disease heading will be the points suggested by the author(s) which are to be used in the 'first step'. In our E.D. example, Dr. Li suggests DMG 77-12 'Lower Three Emperors' with Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup>. The author(s) specific locations for the suggested points are then presented and THESE are the locations that should be used for THIS prescription. One should also employ the author(s) recommended needling technique(s) as well. ONE SHOULD REMEMBER, THERE ARE DISCREPANCIES (sometimes significant) AMONGST THE VARIOUS TAIWANESE AUTHORS, AND ONE SHOULD EMPLOY THE LOCATIONS AND NEEDLING TECHNIQUES SPECIFIC TO THE AUTHOR(S) PROVIDING THE PRESCRIPTION – THIS IS WHAT HE/SHE/THEY HAVE FOUND TO WORK FOR HIM/HER/THEM FOR THAT SPECIFIC DISORDER OR DISEASE! Subsequent to the 'first step', there may or may not be a 'second step', which would be listed next.

Subsequent to the 'steps' outlined above, 'point specific diagram(s)' illustrating the author(s) specific point location(s) is/are provided. In our 'Erectile Dysfunction' (LKC-1) example, the corresponding anatomical diagrams illustrating the suggested point locations then follow. The desired consequence of the text is simply to provide the busy acupuncturist with the ability (once he/she has become facile with the various point locations) to look up a given disorder, consult the accompanying diagram(s), and go treat the patient! I sincerely hope this may all be accomplished merely in the matter of moments!

#### LEGEND

The following legend helps to identify the appropriate point locations with the author(s) suggesting the point prescription. The transliteration is not the Pinyin used in the PRC, rather it is a system commonly employed on Taiwan, ROC by the Far Eastern Dictionary Company.

- ★ CCC = 陳亮 陳乃立, 周鼎文: <u>C</u>h'en T'ing, <u>C</u>h'en Nai-Li, and <u>C</u>hou Ting-Wen.
- CKS = 陳肖晶 崩育珍, 蘇冊玉 Ch'en Hsiao-Ching, K'uang Yu-Chen, and Su Shan-Yu.
- ◆ HPC = 胡丙權 <u>H</u>u <u>P</u>ing-<u>C</u>h'uan.
- HCL = 洪麗月, 周含鷺 林孙珊 <u>H</u>ung Li-Yueh, <u>C</u>hou Han-Luan, and <u>L</u>in Yu-Shan.
- LCH = 頼金雄 Lai Chin-Hsuing.
- $\star$  LKC = **Provide** <u>L</u>i <u>K</u>uo-<u>C</u>heng.
- ₩ HSH = 蕭伊令 蘇珊玉, 黃瑞雄 Hsiao Yu-Ling, Su Shan-Yu, and Huang Jui-Hsuing.
- $\mathbf{M} \mathbf{M} \mathbf{C} = \mathbf{\overline{M}} \mathbf{\overline{M}} \mathbf{eng} \mathbf{\underline{C}} \mathbf{hieh}.$ 
  - PRC State Administration of TCM locations.

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## Prof. Dr. Ching-Chang Tung 1916~1975

Section 1 Nephrology & Urology











#### Albuminuria (CCC)

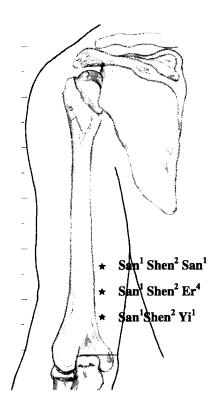
## 1. DMG 44-09 'Three Spirits Three Needles' and DMG 77-12 'Lower Three Emperors' (CCC): DMG 44-09 'Three Spirits Three Needles':

- i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
- ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
- iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}

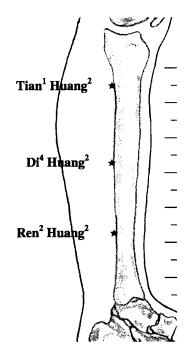
#### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
- iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

#### Albuminuria (CCC)



DMG 44-09 '3 Spirits 3 Needles'

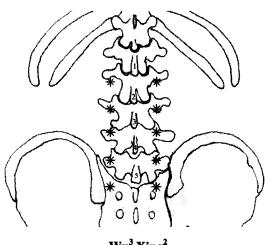


DMG 77-12 'Lower 3 Emperors'

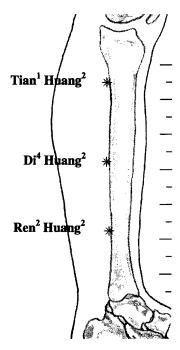
#### Albuminuria (LKC)

- 1. 'Let' Wu<sup>3</sup> Xing<sup>2</sup> then needle DMG 77-12 'Lower Three Emperors', DMG 44-09 'Three Spirits Three Needles', and DMG 1111-02 'Three Branches Three Needles' (LKC):
  - Wu<sup>3</sup> Xing<sup>2</sup>: These 5 sets of bilaterally paired points are found 1 finger breadth lateral to either side of the Governing Vessel at the levels of the interspinous spaces at L<sub>1</sub>/ L<sub>2</sub>, L<sub>2</sub>/ L<sub>3</sub>, L<sub>3</sub>/ L<sub>4</sub>, L<sub>4</sub>/ L<sub>5</sub>, and L<sub>5</sub>/S<sub>1</sub> for a total of 10 points.
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
  - DMG 1111-02 'Three Branches Three Needles':
    - i. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
    - ii. Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located 1.5 *cun* immediately inferior to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
    - iii. Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located 0.6 *cun* immediately medial to Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}

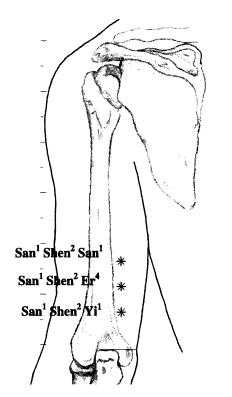
#### Albuminuria (LKC)

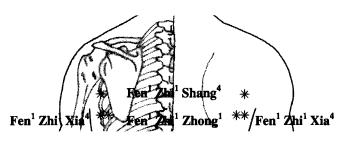


Wu<sup>3</sup> Xing<sup>2</sup>



DMG 77-12 'Lower 3 Emperors'





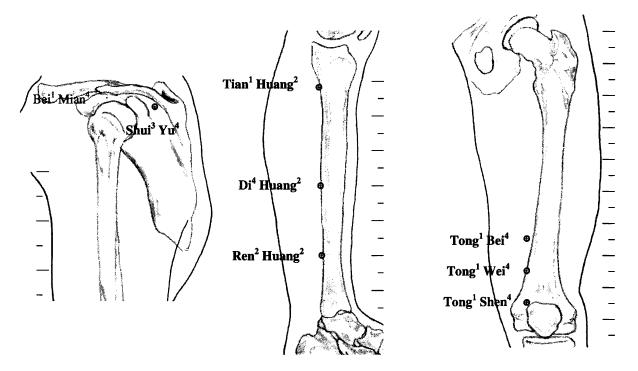
DMG 1111-02 '3 Branches 3 Needles'

DMG 44-09 '3 Spirits 3 Needles'

#### Albuminuria (LCH)

## 1. Shui<sup>3</sup> Yu<sup>4</sup>, DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (LCH):

- Shui<sup>3</sup> Yu<sup>4</sup>: This point is located on the proximal aspect of the brachium 2.0 *cun* immediately posterior, and slightly inferior, to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is located in the center of the depression found immediately lateral to the acromion process when the arm is abducted to 90°)
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>°</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}



DMG 77-12 'Lower 3 Emperors'

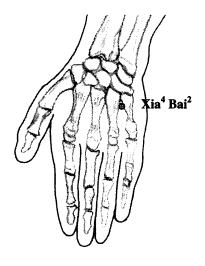
DMG 88-01 'Passing Through the Kidney 3 Needles'

#### Ankle Problems (LCH) [2° to 'Kidney Depletion']

- 1. Zhong<sup>1</sup> Bai<sup>2</sup> and Xia<sup>4</sup> Bai<sup>2</sup> (LCH):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)



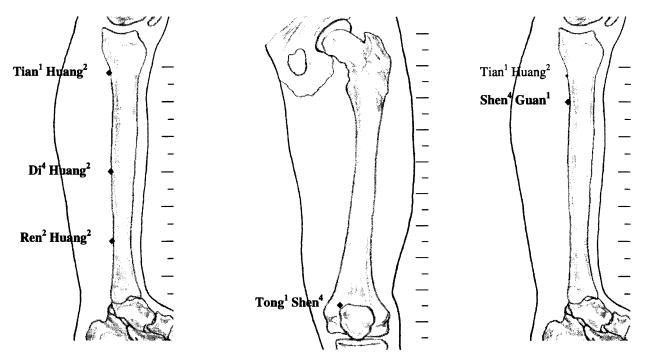
Dorsal view of RIGHT hand.



Dorsal view of LEFT hand.

#### Anuria (HPC)

- 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> treat daily until symptoms resolve (HPC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED. NEEDLING ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}

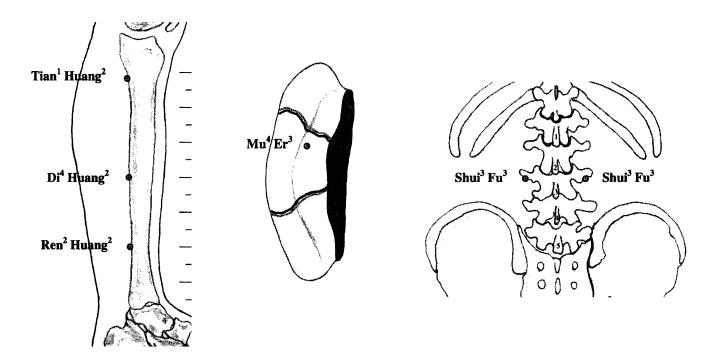


DMG 77-12 'Lower 3 Emperors'

#### Anuria (LCH-1)

#### 1. DMG 77-12 'Lower Three Emperors', Mu<sup>4</sup> Er<sup>3</sup>, and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):

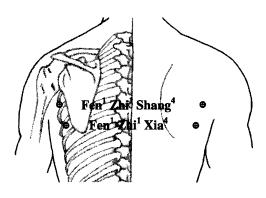
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
- Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}
- Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### Anuria (LCH-2)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and 'let' the venule at Huo<sup>3</sup> Ying<sup>4</sup> (LCH):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the first and second metatarsal bones, 0.5 *cun* proximal to the level of the metatarsophalangeal joints. 'Let' any venules visible around this point. *CONTRAINDICATED IN PREGNANCY; MOXA ALSO PROHIBITED.* {Liver Auxiliary and Heart Organ Branch Reaction Areas}

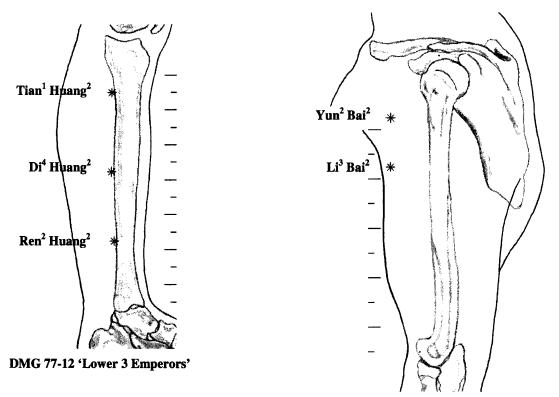




#### Anuria (LKC-1)

#### 1. DMG 77-12 'Lower Three Emperors', Li<sup>3</sup> Bai<sup>2</sup>, and Yun<sup>2</sup> Bai<sup>2</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located by coursing 4.5 cun distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 cun anteriorly. Needle 0.5 to 1.5 cun. {Kidney Auxiliary and Lung Branch Reaction Areas} (This point lies 2.0 cun anterior to Jian<sup>4</sup> Zhong<sup>1</sup> 建中)
- Yun<sup>2</sup> Bai<sup>2</sup>: This point is found on the anterolateral aspect of the proximal brachium. It is located by coursing 2.5 *cun* distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 *cun* anteriorly. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Auxiliary Reaction Areas} (This point lies 2.0 *cun* anterior to Jian<sup>1</sup> Zhong<sup>1</sup> 肩 中)

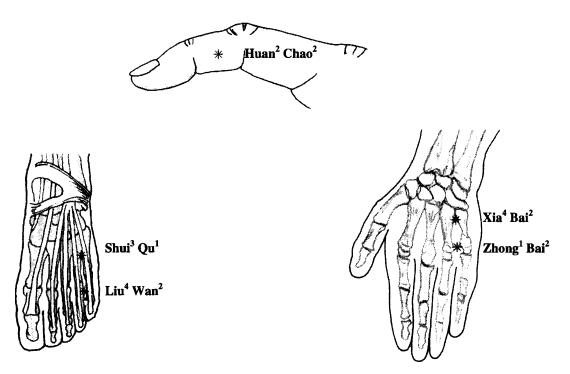


#### Anuria (LKC-2)

#### 1. Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Huan<sup>2</sup> Chao<sup>2</sup>, Zhong<sup>1</sup> Bai<sup>2</sup>, and Xia<sup>4</sup> Bai<sup>2</sup> (LKC):

- Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
- Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL.* {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
- Huan<sup>2</sup> Chao<sup>2</sup>: This point is located at the center of Digit Line A on the second phalanx of the 4<sup>th</sup> digit (ring finger). To determine the exact center of the middle phalanx along Digit Line A, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along said line. Needle 0.2 to 0.3 *cun*. {Liver and Kidney Auxiliary Reaction Areas}
- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)

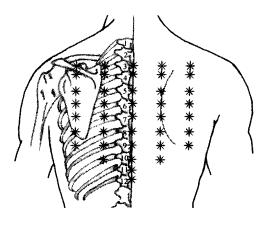
#### Radial to ulnar view RIGHT ring finger.



#### Anuria (LKC-3)

#### 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> (LKC):

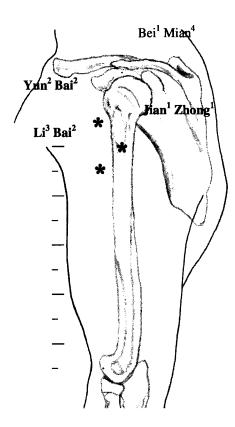
• Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the first and second row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)

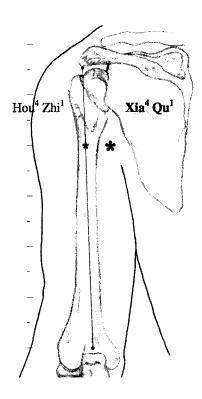


Wu<sup>3</sup> Ling<sup>3</sup>

#### Anuria (MC-1)

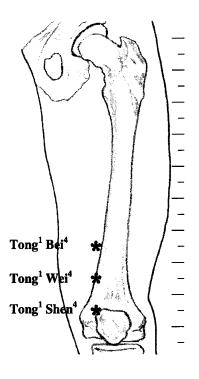
- 1. Jian<sup>1</sup> Zhong<sup>1</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Yun<sup>2</sup> Bai<sup>2</sup>, and Xia<sup>4</sup> Qu<sup>1</sup> (MC):
  - Jian<sup>1</sup> Zhong<sup>1</sup>: This point is located 2.5 *cun* immediately distal to the space between the acromion process and the head of the humerus (locate with arm hanging naturally down by the side). Needle 0.5 to 1.0 *cun*. {Heart Branch Reaction Area}
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>.
  - Xia<sup>4</sup> Qu<sup>1</sup>: This point is located on the posteromedial aspect of the proximal brachium, 8.0 *cun* proximal to the level of the transverse cubital crease and 1.0 *cun* medial to Hou<sup>4</sup> Zhi<sup>1</sup>. Needle 0.6 to 1.0 *cun*. {Lung Branch and Liver Branch Reaction Areas} (Hou<sup>4</sup> Zhi<sup>1</sup> is located on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San Jiao Channel, 8.0 *cun* proximal to the level of the transverse cubital crease.)



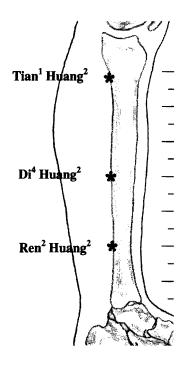


#### Anuria (MC-2)

- 1. DMG 77-12 'Lower Three Emperors' and DMG 88-01 'Passing Through the Kidney Three Needles' (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}



DMG 88-01 'Passing Through the Kidney Three Needles'

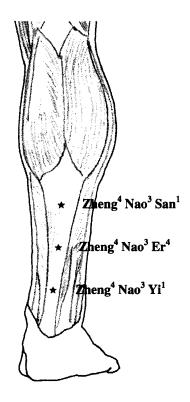


DMG 77-12 'Lower 3 Emperors'

#### Back (Entire) Ache/Pain (CCC)

#### 1. DMG 77-08 'Straight Brain Three Needles' (CCC):

- DMG 77-08 'Straight Brain Three Needles':
  - i. **Zheng<sup>4</sup> Nao<sup>3</sup> Yi<sup>1</sup>:** This point is located 4.5 *cun* proximal to the plantar surface of the heel on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. It is found midway between Zheng<sup>4</sup> Jin<sup>1</sup> and Zheng<sup>4</sup> Zong<sup>1</sup> of the 77-09 'Leg Spine Three Needles' Dao<sup>3</sup> Ma<sup>3</sup> group. Needle perpendicular insertion 1 to 2 *cun*. The best results are obtained if the tip of the needle reaches the tibia. {Brain Reaction Area}
  - ii. **Zheng<sup>4</sup> Nao<sup>3</sup> Er<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Nao<sup>3</sup> Yi<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. It is found midway between Zheng<sup>4</sup> Zong<sup>1</sup> and Zheng<sup>4</sup> Shi<sup>4</sup> of the 77-09 'Leg Spine Three Needles' Dao<sup>3</sup> Ma<sup>3</sup> group. Needle perpendicular insertion 1 to 2 *cun*. The best results are obtained if the tip of the needle reaches the tibia. {Brain Reaction Area}
  - iii. Zheng<sup>4</sup> Nao<sup>3</sup> San<sup>1</sup>: This point is located 2 cun proximal to Zheng<sup>4</sup> Nao<sup>3</sup> Er<sup>4</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. It is found 1 cun proximal to Zheng<sup>4</sup> Shi<sup>4</sup> of the 77-09 'Leg Spine Three Needles' Dao<sup>3</sup> Ma<sup>3</sup> group. Needle perpendicular insertion 1 to 2 cun. The best results are obtained if the tip of the needle reaches the tibia. {Brain Reaction Area}

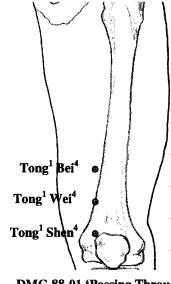


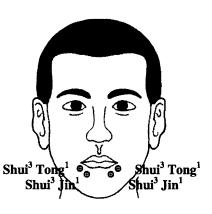
DMG 77-08 'Straight Brain 3 Needles'

#### Back Sore/Achy (LCH-1)

- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}

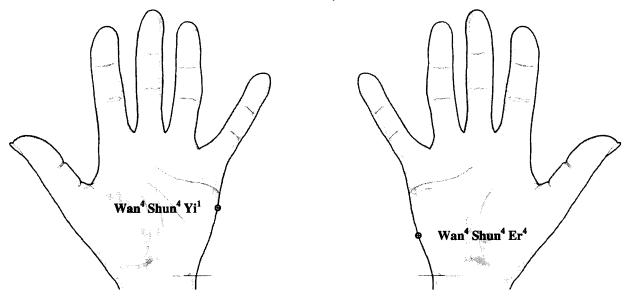






#### Back Sore/Achy (LCH-2)

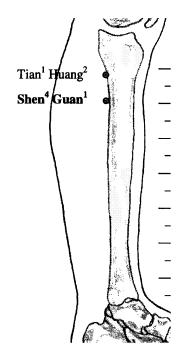
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Huo<sup>3</sup> San<sup>4</sup>, Shui<sup>3</sup> Xiang<sup>4</sup>, Shui<sup>3</sup> Xian<sup>1</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - **Huo<sup>3</sup> San<sup>4</sup>:** This point is located 1.0 *cun* proximal to Huo<sup>3</sup> Ju<sup>2</sup>. Huo<sup>3</sup> Ju<sup>2</sup> is located 1.0 *cun* proximal to Huo<sup>3</sup> Lian<sup>2</sup>. Huo<sup>3</sup> Lian<sup>2</sup> is located on the medial side of the foot, 1.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo, Huo<sup>3</sup> San<sup>4</sup> is located on the medial side of the foot, 3.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Needle at a 90° angle and immediately inferior to the bone. 0.5 to 0.8 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Branch, Kidney Branch, and Six Bowels Auxiliary Reaction Areas}
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 1.0 *cun*. {Six Bowel Reaction Area} [Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.]



#### Back Sore/Achy (LCH-2)

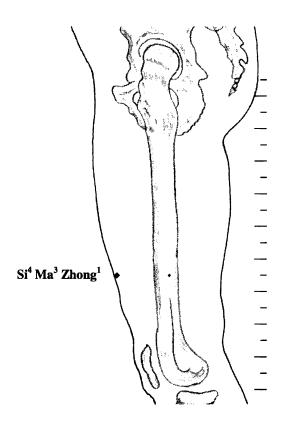


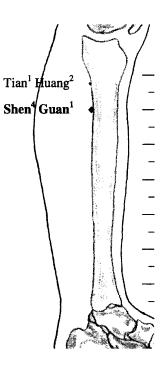




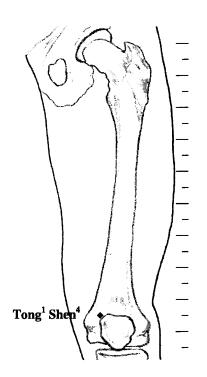
#### **Bladder Neoplasm (HPC)**

- 1. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> and 'Let' the Occipital Region of the lower extremity treat daily; a long period of recuperation/convalescence is required.
  - Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



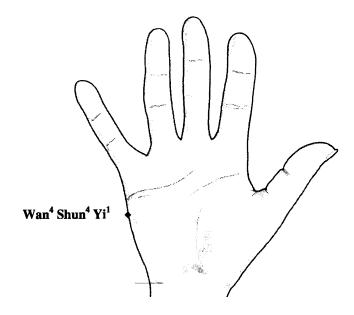


## Bladder Neoplasm (HPC)





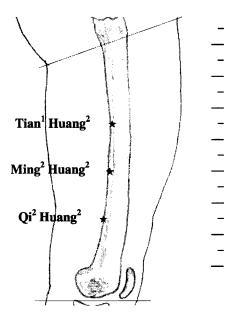
**Occipital Region** 



#### **Bone Spurs (CCC)**

# 1. DMG 88-07 'Upper Three Yellow' Note: simply needling DMG 88-07 'Upper Three Yellow' may require 3 or more months; add 'letting' to improve the clinical outcome (CCC):

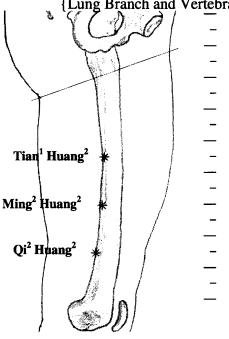
- DMG 88-07 'Upper Three Yellow':
  - i. Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle perpendicular 3.0 *cun.* {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
  - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}



DMG 88-07 'Upper 3 Yellow'

## **Bone Spurs (LKC)**

- 1. 'Let' the affected region then needle DMG 88-07 'Upper Three Yellow' and DMG 77-09 'Leg Spine Three Needles' (LKC):
  - DMG 88-07 'Upper Three Yellow':
    - i. Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle 1 to 3.0 *cun*. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
    - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
    - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - DMG 77-09 'Leg Spine Three Needles':
    - i. **Zheng<sup>4</sup> Jin<sup>1</sup>:** This point is located 3.5 *cun* proximal to the plantar surface of the heel, on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg; it lies midway between B1-60<sup>WHO</sup> and KI-3<sup>WHO</sup>. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - ii. Zheng<sup>4</sup> Zong<sup>1</sup>: This point is located 2 cun proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 cun to 1 cun; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - iii. **Zheng<sup>4</sup> Shi<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Zong<sup>1</sup>, i.e. 4 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and Vertebral Reaction Areas}



DMG 88-07 'Upper 3 Yellow'



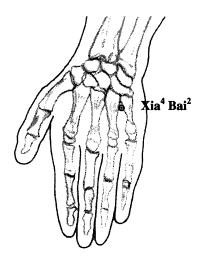
DMG 77-09 'Leg Spine 3 Needles'

#### **Calcaneodynia** (LCH) [2° to 'Kidney Depletion']

- 1. Zhong<sup>1</sup> Bai<sup>2</sup> and Xia<sup>4</sup> Bai<sup>2</sup> (LCH):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)



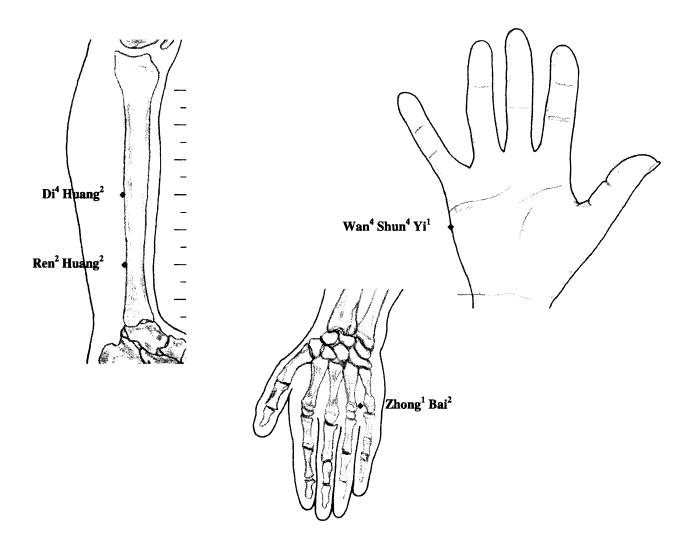
Dorsal view of RIGHT hand.



Dorsal view of LEFT hand.

## Cystic Kidney (HPC)

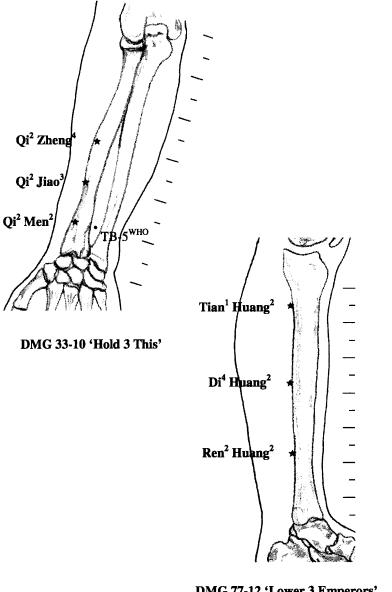
- 1. Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and Zhong<sup>1</sup> Bai<sup>2</sup> treat thusly until symptoms fully resolve: daily for 2 weeks, 1 week off, daily for 2 weeks, 1 week off, etc. (HPC):
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)



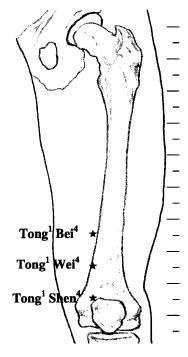
## Cystitis (CCC)

# 1. DMG 33-10 'Hold Three This', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):

- DMG 33-10 'Hold Three This':
  - i. Qi<sup>2</sup> Men<sup>2</sup>: This point is located on the dorsum of the distal antebrachium, 1.0 *cun* lateral (i.e. radial) to TB-5<sup>WHO</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 *cun*. {Lung Branch and Six Bowels Reaction Areas}
  - ii. Qi<sup>2</sup> Jiao<sup>3</sup>: This point is located on the dorsum of the distal antebrachium, 2.0 *cun* proximal to Qi<sup>2</sup> Men<sup>2</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 *cun*. {Lung Branch and Six Bowels Reaction Areas}
  - iii. Qi<sup>2</sup> Zheng<sup>4</sup>: This point is located on the dorsum of the distal antebrachium, 2.0 cun proximal to Qi<sup>2</sup> Jiao<sup>3</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 cun. {Lung Branch and Six Bowels Reaction Areas}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
  - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)



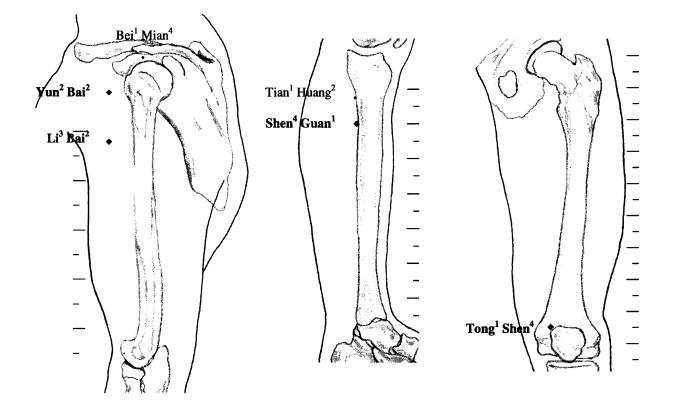
DMG 77-12 'Lower 3 Emperors'



DMG 88-01 'Passing Through the Kidney 3 Needles'

## **Cystitis (HPC)**

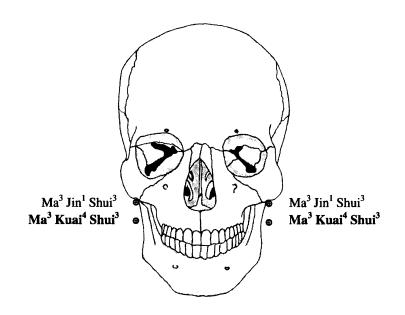
- 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> treat every other day and symptoms should be completely resolved within 10 days (HPC):
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is found 2 *cun* obliquely anterior and distal to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Six Bowels and Lung Auxiliary Branch Reaction Areas} (Bei<sup>1</sup> Mian<sup>4</sup> is found in the large depression immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}



## Cystitis (LCH)

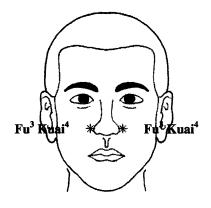
## 1. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> (LCH):

• **Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>:** This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun.* {Kidney and Bladder Reaction Areas} [Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus.]



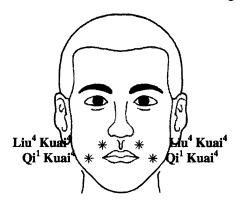
## Cystitis (LKC-1)

- 1.  $Fu^3 Kuai^4$  (LKC):
  - Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]



Cystitis (LKC-2)

- 1. Qi<sup>1</sup> Kuai<sup>4</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Xia<sup>4</sup> Bai<sup>2</sup> (LKC):
  - Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)

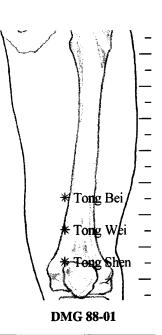




## Cystitis (LKC-3)

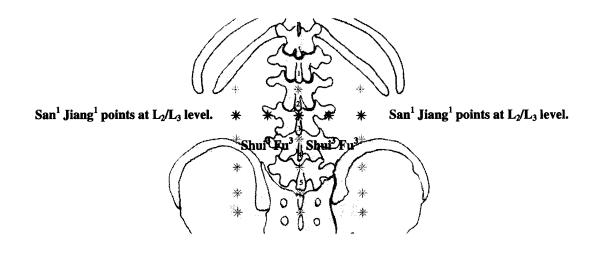
#### 1. DMG 88-01 'Passing Through the Kidney 3 Needles' (LKC):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella – where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area} DMG 88-01



## Cystitis (LKC-4)

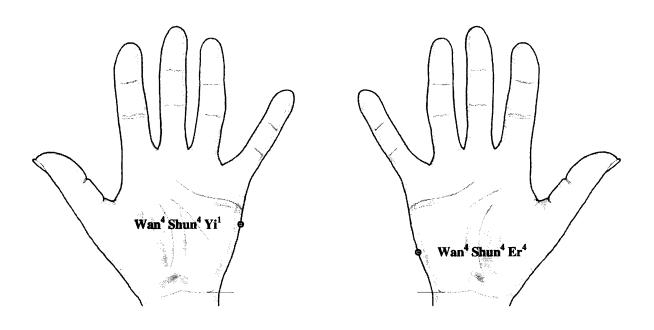
- 1. 'Let' along the horizontal row of Shui<sup>3</sup> Fu<sup>3</sup> and the constituent points of San<sup>1</sup> Jiang<sup>1</sup> at the  $L_2/L_3$  interspinous level (LKC):
  - Shui<sup>3</sup> Fu<sup>3</sup>: These two points are located 1.5 *cun* lateral to the interspinous space between L<sub>2</sub> and L<sub>3</sub>. 'Let' {General Kidney Reaction Area}
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let' those at the L<sub>2</sub>/L<sub>3</sub> interspinous segmental level. {Kidney and Six Bowels Reaction Areas}



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#### **Dental Pain (LCH)** [2° to 'Kidney Depletion']

- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> and Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup> (LCH):
   Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 cun distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 cun. {Kidney Branch Reaction
  - Area}
    Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



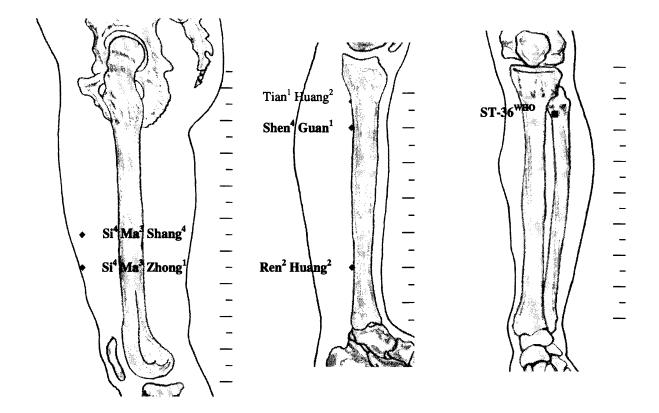
Palmar view of LEFT hand.

Palmar view of RIGHT hand.

## **Diabetes Insipidus (HPC)**

1. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>, Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, and ST-36<sup>WHO</sup> – treat daily.

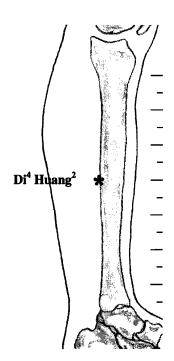
- Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas}
- Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>: This point is located 2 *cun* immediately proximal to Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas} (Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup> is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>)
- Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
- **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
- ST-36<sup>WHO</sup>: On the lower leg, 3 units below (distal to) the lateral 'eye' of the knee, approximately 1 finger width lateral to the tibia. Needle 1 to 2 units.



## **Diabetes Insipidus (MC)**

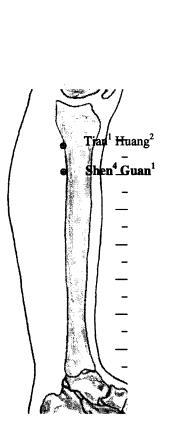
- 1. Ling<sup>2</sup> Gu<sup>3</sup> and Di<sup>4</sup> Huang<sup>2</sup> (MC):
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones the point communicates with the palmar point Chong<sup>2</sup> Xian<sup>1</sup>. Needle 1.5 to 2.0 *cun* i.e. one may needle through to connect with Chong<sup>2</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}

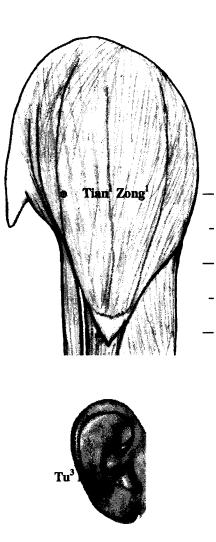


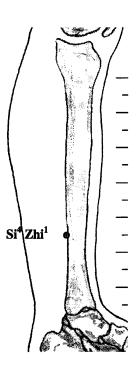


## **Diabetes Mellitus (LCH-1)**

- 1. Tian<sup>1</sup> Zong<sup>1</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, Si<sup>4</sup> Zhi<sup>1</sup>, and Tu<sup>3</sup> Er<sup>3</sup> (LCH):
  - **Tian<sup>1</sup> Zong<sup>1</sup>:** This point lies on the anterolateral aspect of the proximal brachium, in the 'groove' between the biceps brachii muscle and the humerus bone, 9.0 *cun* proximal to the level of the transverse cubital crease (locate this point with the palm of the hand placed on the chest). Needle 1.0 to 1.5 *cun*. {Six Bowels Reaction Area}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 1.0 *cun*. {Six Bowel Reaction Area} [Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.]
  - Si<sup>4</sup> Zhi<sup>1</sup>: This point is located 4.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Heart Branch, Four Extremities, and Kidney Branch Reaction Areas}
  - $Tu^3 Er^3$ : This point is located in the center of the cavum concha of the ear. Needle perpendicularly 0.1 to 0.2 *cun* with a fine needle. {Spleen Reaction Area}

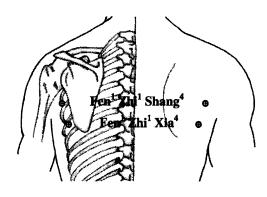


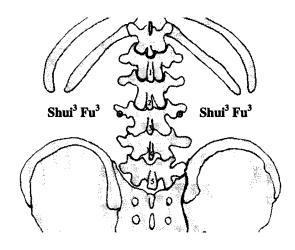




## **Diabetes Mellitus (LCH-2)**

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}

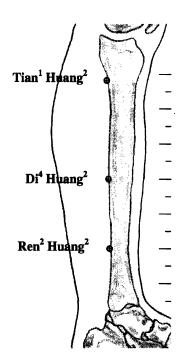




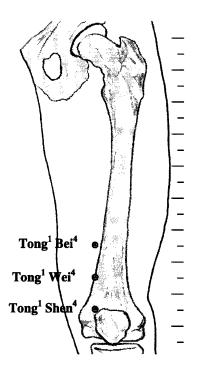
#### **Diabetes Mellitus (LCH-3)**

#### 1. DMG 77-12 'Lower Three Emperors' and DMG 88-01 (LCH):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}



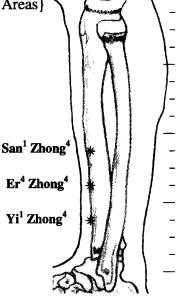
DMG 77-12 'Lower 3 Emperors'



DMG 88-01 'Passing Through the Kidney 3 Needles'

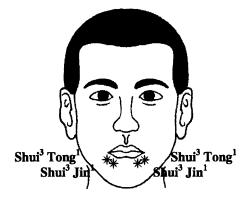
#### **Diminished Libido (LKC)**

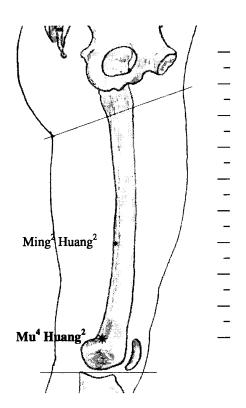
- 1. DMG 77-05 'Three Weights Three Needles', Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, Mu<sup>4</sup> Huang<sup>2</sup>, and Ling<sup>2</sup> Gu<sup>3</sup> (LKC):
  - DMG 77-05 'Three Weights Three Needles':
    - i. Yi<sup>1</sup> Zhong<sup>4</sup>: This point is located by coursing 3 *cun* proximal, then 1 *cun* anterior, to the apex of (as viewed from posterior to anterior) the lateral malleolus. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}
    - ii. **Er<sup>4</sup> Zhong<sup>4</sup>:** This point is located by coursing 2 *cun* proximal to Yi<sup>1</sup> Zhong<sup>4</sup>. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}
    - iii. San<sup>1</sup> Zhong<sup>4</sup>: This point is located by coursing 2 *cun* proximal to Er<sup>4</sup> Zhong<sup>4</sup>. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}
  - Mu<sup>4</sup> Huang<sup>2</sup>: This point is located on the midline (coronal plane) on the medial aspect of the thigh, 6 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {General Gallbladder, Liver, and Spleen Reaction Areas} (Ming<sup>2</sup> Huang<sup>2</sup> is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh.)
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones have the patient make a loose fist to facilitate locating the point. Needle 1.0 to 2.0 *cun*; i.e. one may needle through to connect with Zhong<sup>4</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch, Heart, and Kidney Reaction Areas}



DMG 77-05 '3 Weights 3 Needles'

## Diminished Libido (LKC)



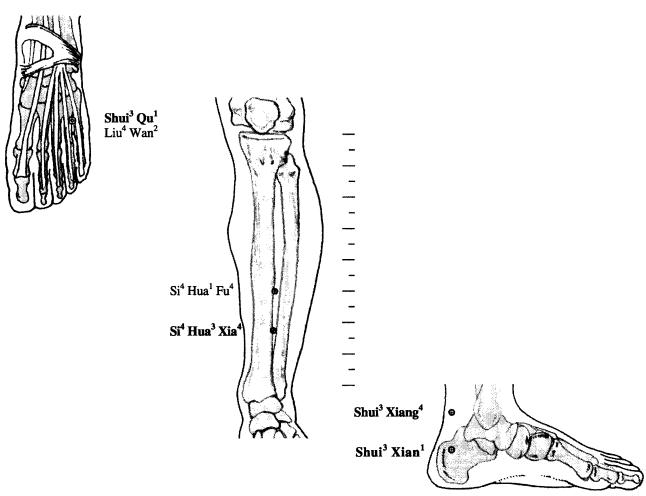




## Edema (LCH-1)

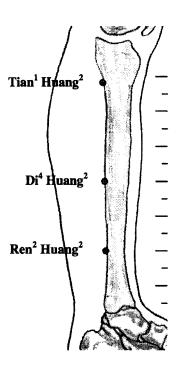
1. Shui<sup>3</sup> Qu<sup>1</sup>, Shui<sup>3</sup> Xian<sup>1</sup>, Shui<sup>3</sup> Xiang<sup>4</sup>, and Si<sup>4</sup> Hua<sup>3</sup> Xia<sup>4</sup> (LCH):

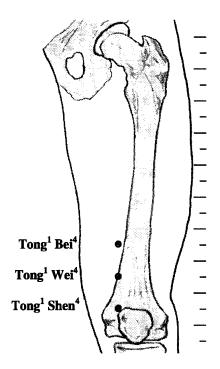
- Shui<sup>3</sup> Qu<sup>1</sup>: This point is located by coursing 1 *cun* proximal to Liu<sup>4</sup> Wan<sup>2</sup> and is, therefore, found on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 1.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 1.0 *cun*. {Lung Branch and Kidney Branch Reaction Areas} [Liu<sup>4</sup> Wan<sup>2</sup> is located 0.5 *cun* proximal to the metatarsophalangeal joints, between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones.]
- Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
- Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
- Si<sup>4</sup> Hua<sup>3</sup> Xia<sup>4</sup>: This point is located 2.5 *cun* distal to Si<sup>4</sup> Hua<sup>1</sup> Fu<sup>4</sup>, i.e. 12.5 *cun* distal to the lateral 'eye of the knee', immediately lateral and adherent to the anterior tibial crest. Needle 0.5 to 1.0 *cun* use a very fine needle. {Six Bowels, Lung Auxiliary, and Kidney Auxiliary Reaction Areas}



## Edema (LCH-2)

- 1. DMG 77-12 'Lower Three Emperors' and DMG 88-01 'Passing Through the Kidney Three Needles' (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. Tong<sup>1</sup> Bei<sup>4</sup>: This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 cun. {Kidney Reaction Area}



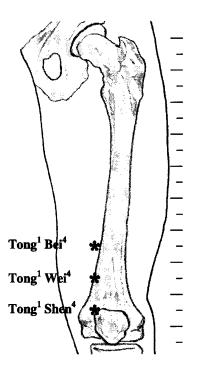


DMG 77-12 'Lower 3 Emperors'

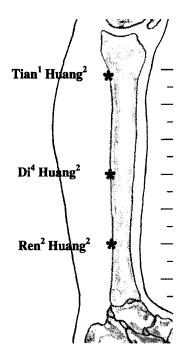
DMG 88-01 'Passing Through the Kidney 3 Needle

#### Edema – Facial (MC)

- 1. DMG 88-01 'Passing Through the Kidney Three Needles' and DMG 77-12 'Lower Three Emperors' (MC):
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>**: This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>**: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}



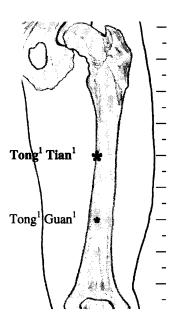
DMG 88-01 'Passing Through the Kidney Three Needles'

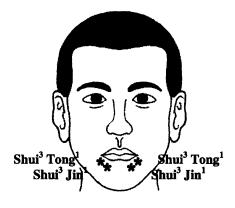


DMG 77-12 'Lower 3 Emperors'

## Edema – Lower Extremities (MC)

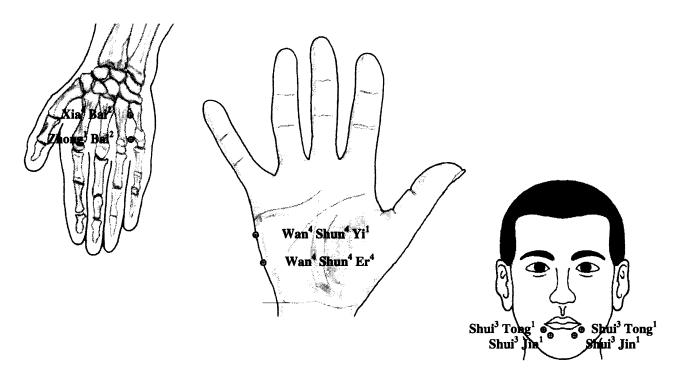
- 1. Tong<sup>1</sup> Tian<sup>1</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - **Tong<sup>1</sup> Tian<sup>1</sup>:** This point lies on the anterior surface of the thigh, 4 *cun* immediately proximal to Tong<sup>1</sup> Guan<sup>1</sup>. Needle 0.5 to 1.0 *cun*. {General Heart Reaction Area} (Tong<sup>1</sup> Tian<sup>1</sup> is found along the median plane (midsagittal plane) of the anterior thigh, 9 *cun* proximal to the center of the superior edge of the patella.)
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}





## **Fatigue (LCH)** [2° to 'Kidney Depletion']

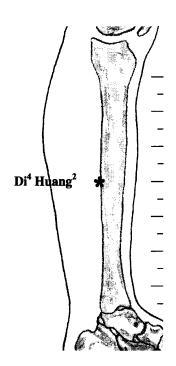
- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



## **Frequent Micturition (HPC-1)**

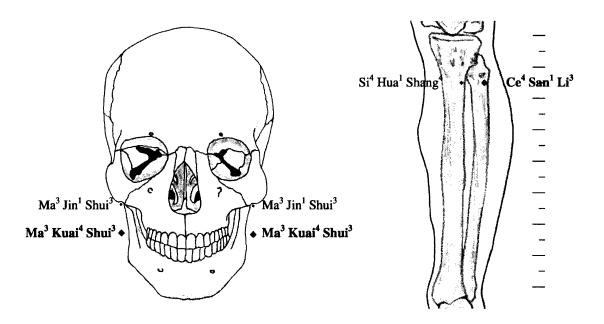
- 1. Ling<sup>2</sup> Gu<sup>3</sup> and Di<sup>4</sup> Huang<sup>2</sup> (HPC):
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones the point communicates with the palmar point Chong<sup>2</sup> Xian<sup>1</sup>. Needle 1.5 to 2.0 *cun* i.e. one may needle through to connect with Chong<sup>2</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}



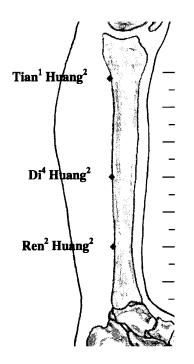


## **Frequent Micturition (HPC-2)**

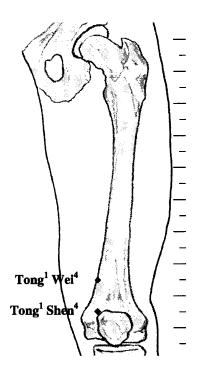
- 1. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus)
  - Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>: This point is located 1.5 *cun* lateral to Si<sup>4</sup> Hua<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Lung Branch Reaction Area} (Si<sup>4</sup> Hua<sup>1</sup> Shang<sup>4</sup> is located in the depression between the origins of the tibialis anterior and extensor digitorum longus muscles, 3 *cun* distal to the lateral 'eye' of the knee, on the anterior aspect of the proximal leg.)
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED. NEEDLING ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)



## **Frequent Micturition (HPC-2)**

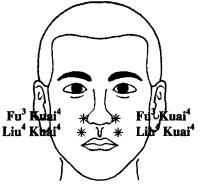


DMG 77-12 'Lower 3 Emperors'



## **Frequent Micturition (LKC-1)**

- 1. Fu<sup>3</sup> Kuai<sup>4</sup> and Liu<sup>4</sup> Kuai<sup>4</sup> (LKC):
  - Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.



**Frequent Micturition (LKC-2)** 

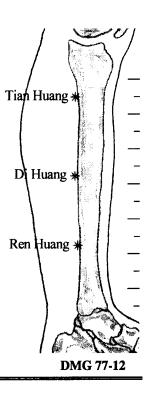
- 1. Shui<sup>3</sup> Qu<sup>1</sup> and Huo<sup>3</sup> Zhu<sup>3</sup> (LKC):
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Huo<sup>3</sup> Zhu<sup>3</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones. Needle 0.3 to 0.8 *cun* CONTRAINDICATED IN PREGNANCY; MOXABUSTION CONTRAINDICATED. {Heart Organ Branch Reaction Area}



## **Frequent Micturition (LKC-3)**

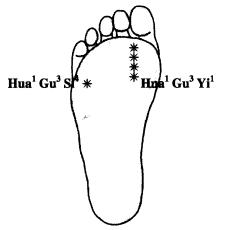
#### 1. DMG 77-12 'Lower Three Emperors' (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}



#### **Frequent Micturition (LKC-4)**

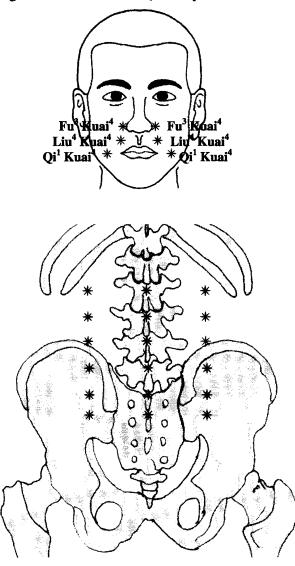
- 1. Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup> and Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup> (LKC):
  - Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup>: These four points are located on the plantar surface of the foot, between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun*, 1.0 *cun*, 1.5 *cun*, and 2.0 *cun* proximal to the intervening interdigital web separating the 1<sup>st</sup> and 2<sup>nd</sup> toes. Needle 0.5 to 1.0 cun (have the patient forcefully inhale while rapidly inserting needles). {Spleen, Lung, Kidney, and Liver Reaction Areas}
  - Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup>: This point is located on the plantar surface of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 1.5 *cun* proximal to the interdigital web separating the 4<sup>th</sup> and 5<sup>th</sup> digits. Needle 0.5 to 1.0 *cun*. {Lung and Kidney Reaction Areas}



## **Frequent Micturition (LKC-5)**

## 1. Fu<sup>3</sup> Kuai<sup>4</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> then moxa along San<sup>1</sup> Jiang<sup>1</sup> (LKC):

- Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}
- San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}

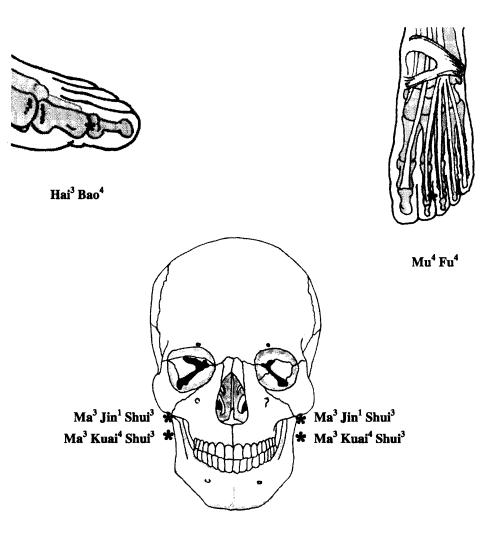


San<sup>1</sup> Jiang<sup>1</sup>

## **Frequent Micturition (MC-1)**

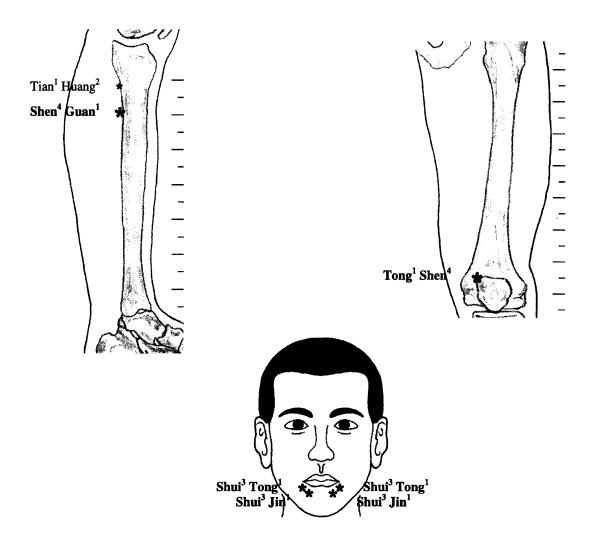
## 1. Hai<sup>3</sup> Bao<sup>4</sup>, Mu<sup>4</sup> Fu<sup>4</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (MC):

- Hai<sup>3</sup> Bao<sup>4</sup>: This point is found on the medial side of the great toe in the center (i.e. plantarto-dorsum center) of the interphalangeal joint of the hallux (great toe). Needle 0.1 to 0.3 *cun.* {Heart Branch Reaction Area}
- **Mu<sup>4</sup> Fu<sup>4</sup>:** This point is located 0.3 *cun* lateral to the center of the median plane on the dorsum of the middle phalanx on the 2<sup>nd</sup> digit of the foot. Needle 0.2 to 0.4 *cun* close to the bone (use a very fine needle to minimize patient discomfort). {Heart Auxiliary Reaction Area}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}



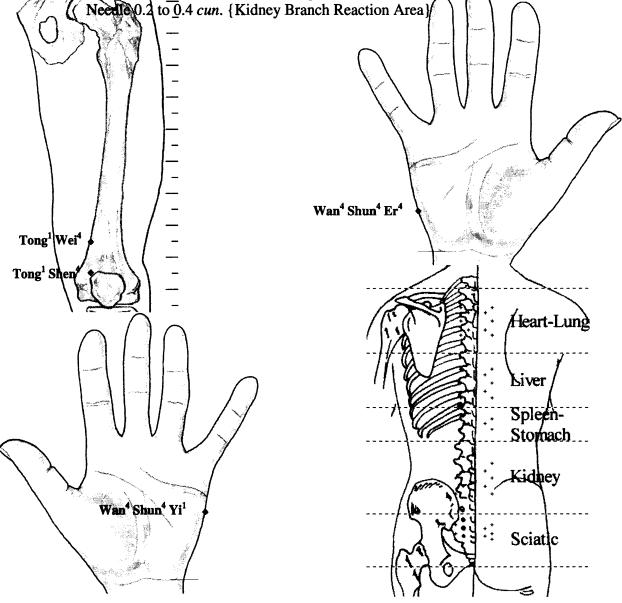
## **Frequent Micturition (MC-2)**

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



## **Glomerulonephritis (HPC)**

- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Subcutaneous needling on the back Kidney Region (HPC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'.



## **Glomerulonephritis (CCC)**

# 1. DMG 22-05 'Control the Spine Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):

- DMG 22-05 'Control the Spine Three Needles':
  - i. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 1.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - ii. Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - iii. Wan<sup>4</sup> Shun<sup>4</sup> San<sup>1</sup>: This point is located 3.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* distal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}

#### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
- iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

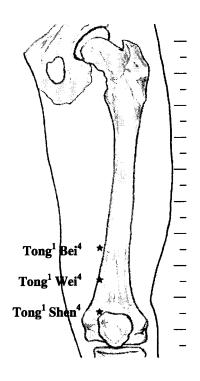
#### • DMG 88-01 'Passing Through the Kidney Three Needles':

- i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

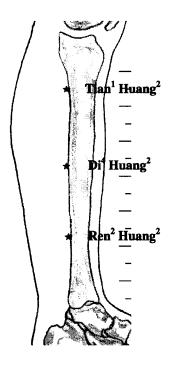
## **Glomerulonephritis (CCC)**



DMG 22-05 'Control the Spine 3 Needles'



DMG 88-01 'Passing Through the Kidney 3 Needles'

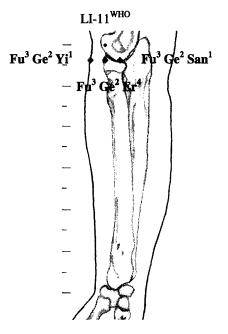


DMG 77-12 'Lower 3 Emperors'

#### **Glomerulonephritis – Acute (HPC)**

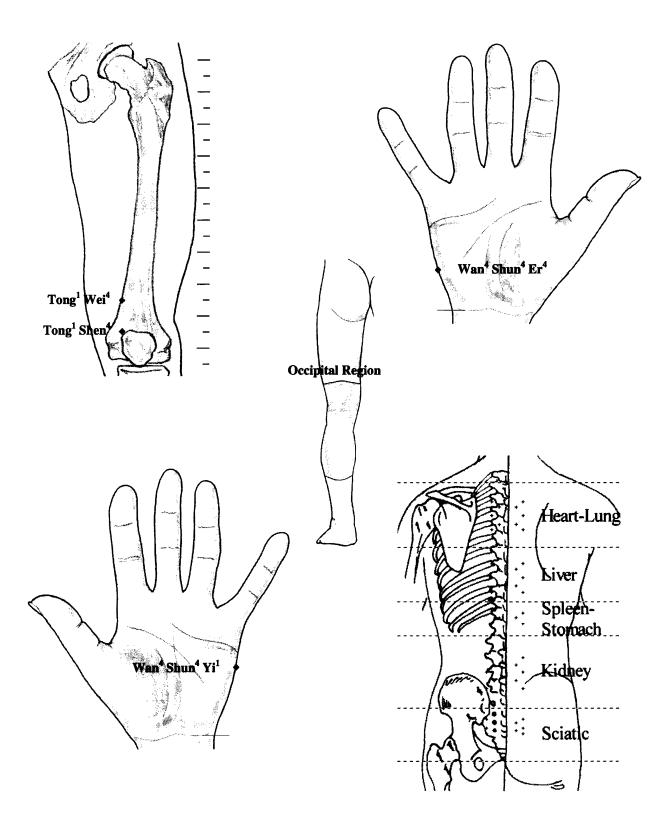
- 1. DMG 33-13 'Bowel Division 3 Needles', Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Subcutaneous threading of the Back Kidney Region, and 'Let' the Occipital Region of the lower extremity. In serious cases, during treatment period the patient should refrain from sexual activity, tobacco, and alcohol. Treat every other day and within one week there should be a positive change in the clinical picture (HPC):
  - DMG 33-13 'Bowel Division Three Needles':
    - i. Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>: This point is located on the posterior surface of the proximal antebrachium, 0.8 *cun* distal to LI-11<sup>WHO</sup>, on the Hand Yang<sup>2</sup> Ming<sup>2</sup> Large Intestine Channel. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - ii.  $Fu^3 Ge^2 Yi^1$ : This point is located 8 *fen* radial to  $Fu^3 Ge^2 Er^4$ . Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - iii. **Fu<sup>3</sup> Ge<sup>2</sup> San<sup>1</sup>:** This point is located 8 *fen* medial (ulnar) to Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}

#### Radial to ulnar view of the antebrachium.



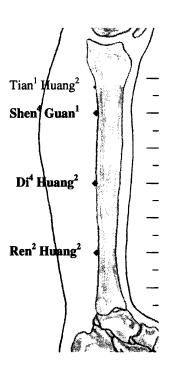
DMG 33-13 'Bowel Division 3 Needles'

# **Glomerulonephritis – Acute (HPC)**



### **Glomerulonephritis – Chronic (HPC)**

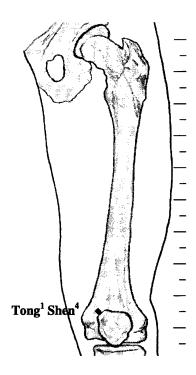
- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Huo<sup>3</sup> Ying<sup>4</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and 'Let' the Kidney Region of the back (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. *NEEDLE & MOXA CONTRAINDICATED DURING PREGNANCY*. {Heart Organ Branch and Liver Auxiliary Reaction Areas}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}

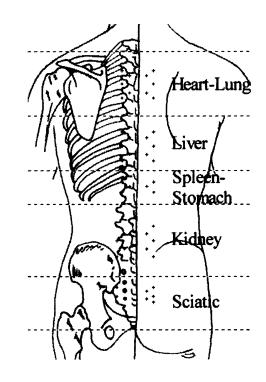


Huo<sup>3</sup> Ying<sup>4</sup>



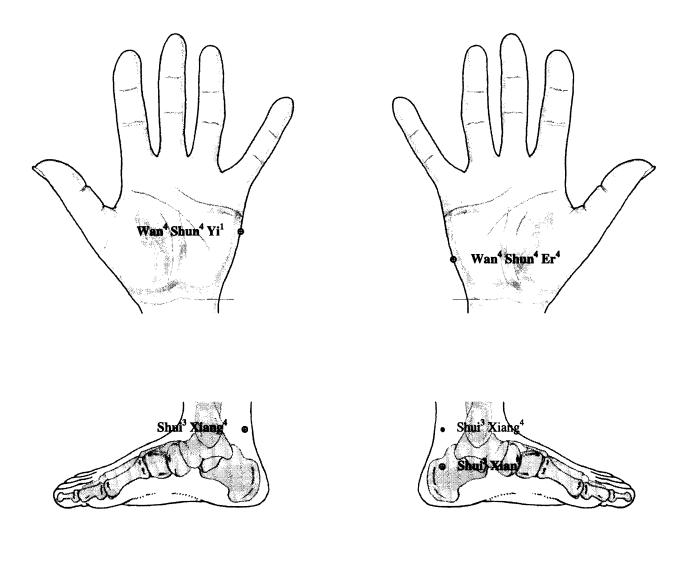
# **Glomerulonephritis – Chronic (HPC)**





### **Glomerulonephritis (LCH-1)**

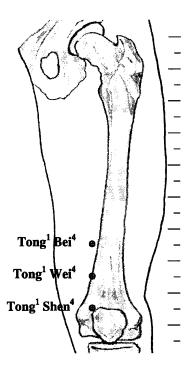
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Shui<sup>3</sup> Xiang<sup>4</sup>, and Shui<sup>3</sup> Xian<sup>1</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}



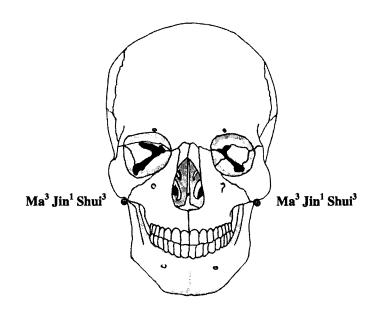
#### **Glomerulonephritis (LCH-2)**

### 1. DMG 88-01 'Passing Through the Kidney Three Needles' and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (LCH):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}

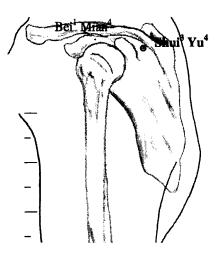


DMG 88-01 'Passing Through the Kidney Three Needles'

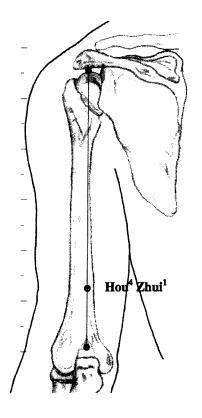


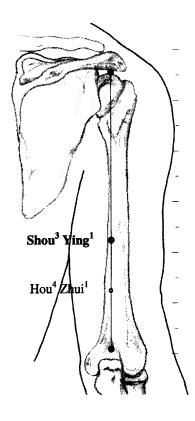
#### **Glomerulonephritis (LCH-3)**

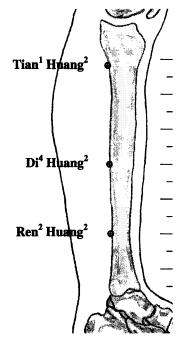
- 1. Hou<sup>4</sup> Zhui<sup>1</sup>, Shou<sup>3</sup> Ying<sup>1</sup>, DMG 77-12 'Lower Three Emperors', and 'let' the yellow fluid from Shui<sup>3</sup> Yu<sup>4</sup> (LCH):
  - Hou<sup>4</sup> Zhui<sup>1</sup>: This point is located on the posterior aspect of the brachium, 2.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Shou<sup>3</sup> Ying<sup>1</sup>: This point is located on the posterior aspect of the brachium, 4.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel, 2.0 *cun* proximal to Hou<sup>4</sup> Zhui<sup>1</sup>). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located on the proximal aspect of the brachium 2.0 *cun* immediately posterior, and slightly inferior, to Bei<sup>1</sup> Mian<sup>4</sup>. 'Let' the yellow fluid from this point. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is located in the center of the depression found immediately lateral to the acromion process when the arm is abducted to 90°)



# Glomerulonephritis (LCH-3)



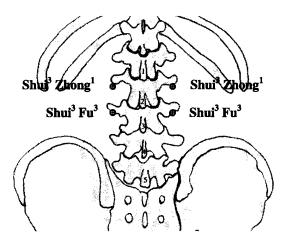


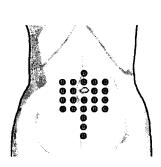


DMG 77-12 'Lower 3 Emperors'

#### **Glomerulonephritis (LCH-4)**

- 1. Shui<sup>3</sup> Zhong<sup>1</sup>, Shui<sup>3</sup> Fu<sup>3</sup>, and Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Zhong<sup>1</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_1$  and  $L_2$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>: This is a collective of 23 points located as follows: ['Let'. {Six Bowels Reaction Area}]
    - i. Midline Points (Conception Vessel): Superior to the umbilicus 1.0 and 2.0 *cun*. Inferior to the umbilicus 1.0, 2.0, 3.0, 4.0, and 5.0 *cun* respectively, for a total of 7 midline points.
    - ii. Lateral Line 1 Points: These bilaterally paired points are located on two lines, each located 1.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 *cun* inferior to the umbilicus for a total of 8 points.
    - iii. Lateral Line 2 Points: These bilaterally paired points are located on two lines, each located 2.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 *cun* inferior to the umbilicus for a total of 8 points.





Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>

### **Glomerulonephritis (LKC-1)**

- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Zhong<sup>1</sup> Bai<sup>2</sup> (LKC):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - Zhong<sup>1</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney/Branch Reaction Area}

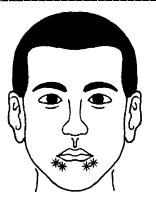


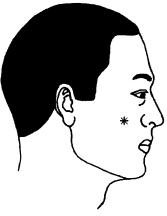


### **Glomerulonephritis (LKC-2)**

### 1. Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (LKC):

- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)

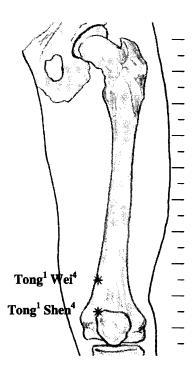


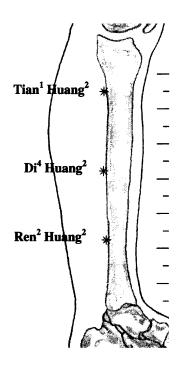


#### **Glomerulonephritis (LKC-3)**

#### 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):

- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

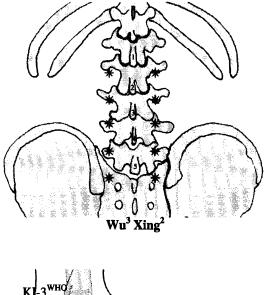




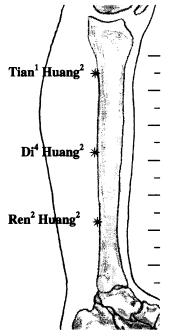
DMG 77-12 'Lower 3 Emperors'

#### **Glomerulonephritis (LKC-4)**

- 1. 'Let' Wu<sup>3</sup> Xing<sup>2</sup> then needle Shui<sup>3</sup> Xiang<sup>4</sup>, Shui<sup>3</sup> Xian<sup>1</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - Wu<sup>3</sup> Xing<sup>2</sup>: These 5 sets of bilaterally paired points are found 1 finger breadth lateral to either side of the Governing Vessel at the levels of the interspinous spaces at L<sub>1</sub>/ L<sub>2</sub>, L<sub>2</sub>/ L<sub>3</sub>, L<sub>3</sub>/ L<sub>4</sub>, L<sub>4</sub>/ L<sub>5</sub>, and L<sub>5</sub>/S<sub>1</sub> for a total of 10 points.
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located by coursing 0.5 *cun* distal to KI-3<sup>WHO</sup> then 0.5 *cun* posteriorly. Needle 0.3 to 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point lies on the medial side of the foot, 2.0 *cun* immediately distal to KI-3<sup>WHO</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

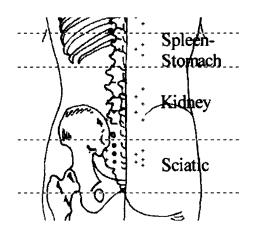




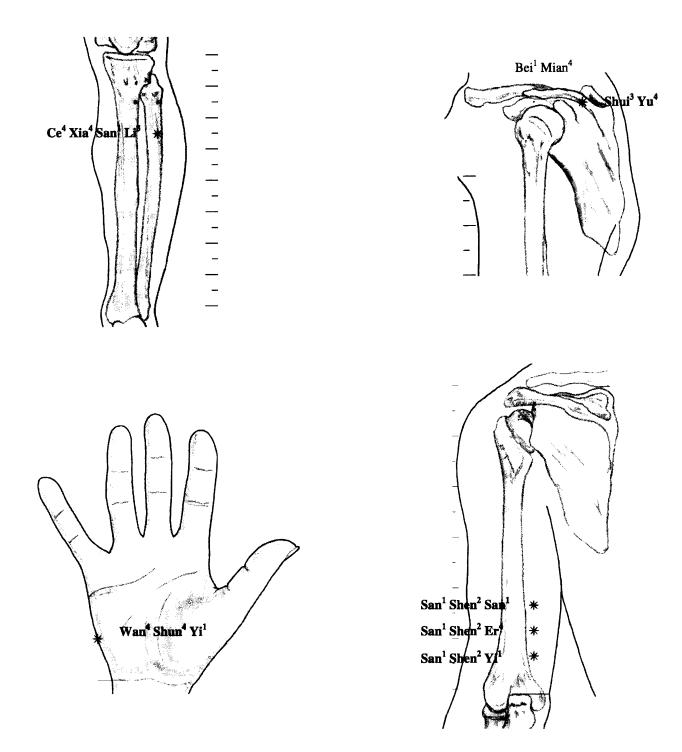


DMG 77-12 'Lower 3 Emperors'

- 1. 'Let' the affected area (Kidney Area) then needle Ce<sup>4</sup> Xia<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, Shui<sup>3</sup> Yu<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and DMG 44-09 'Three Spirits Three Needles' (LKC):
  - Ce<sup>4</sup> Xia<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>: This point is located 2.0 *cun* immediately distal to Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, on the lateral aspect of the proximal leg. Needle 1.0 to 1.5 *cun*. {Lung Branch and Tooth Reaction Areas} (Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup> is located 1.5 *cun* immediately lateral to ST-36<sup>WHO</sup>.)
  - Shui<sup>3</sup> Yu<sup>4</sup>: Locate this point by coursing 2.0 *cun* posterior to Bei<sup>1</sup> Mian<sup>4</sup> depending on the size of the patient, the point may be somewhat inferior to the level of Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 cun. 'Let' yellow serous fluid to treat kidney disorders. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is 0.2 *cun* superior (proximal) to the large depression found immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}



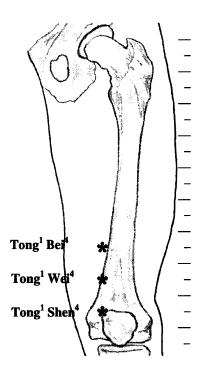
# **Glomerulonephritis (LKC-5)**



DMG 44-09 '3 Spirits 3 Needles'

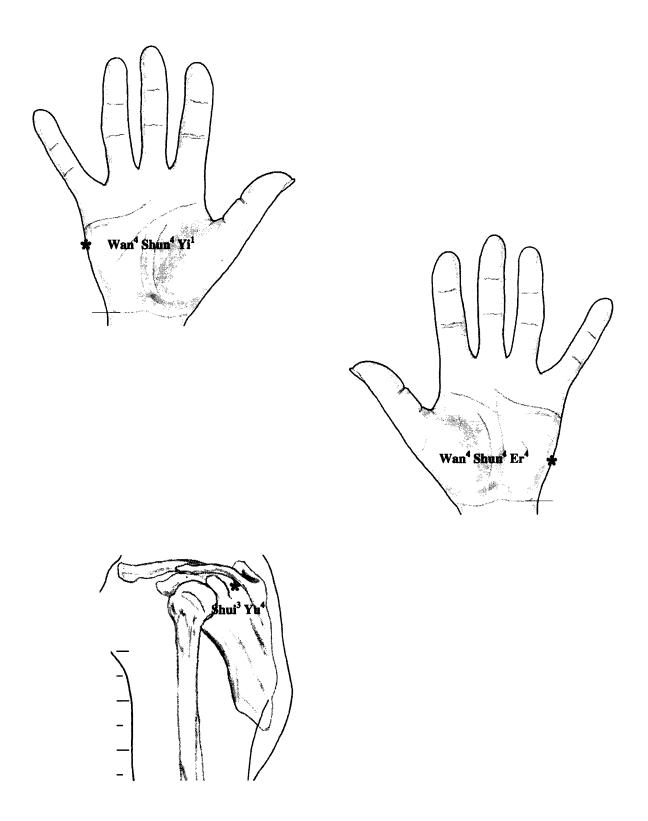
#### **Glomerulonephritis (MC)**

- 1. DMG 88-01 'Passing Through the Kidney Three Needles', Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and (contralateral) Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>. 'Let' Shui<sup>3</sup> Yu<sup>4</sup> 'let' the yellow fluid (MC):
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located 2.0 *cun* posterodistal to Bei<sup>1</sup> Mian<sup>4</sup>; Shui<sup>3</sup> Yu<sup>4</sup> is essentially SI-10<sup>WHO</sup>. Needle 0.3 to 0.5 *cun* or 'let' as indicated. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.)



DMG 88-01 'Passing Through the Kidney 3 Needles'

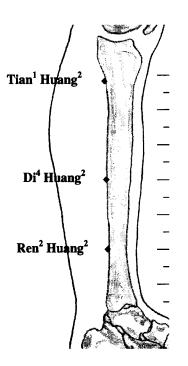
# Glomerulonephritis (MC)

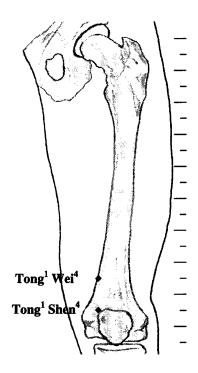


#### **Gonorrhea** (HPC)

### 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)

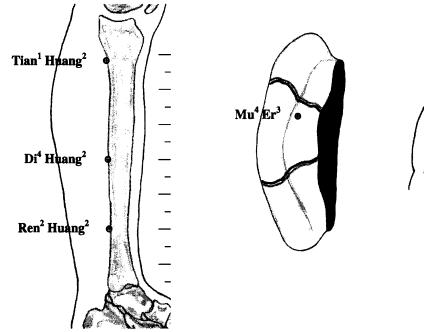


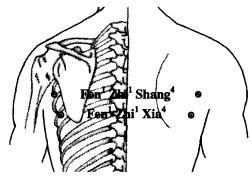


DMG 77-12 'Lower 3 Emperors'

#### Gonorrhea (LCH)

- 1. DMG 77-12 'Lower Three Emperors', Mu<sup>4</sup> Er<sup>3</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (LCH):
  DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}

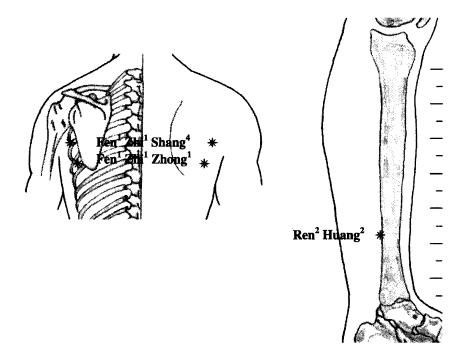




DMG 77-12 'Lower 3 Emperors'

#### **Gonorrhea** (LKC-1)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LKC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located by coursing 1.5 *cun* immediately inferior, then 0.6 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>**: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 cun proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 cun proximal to the interdigital web between said digits.)



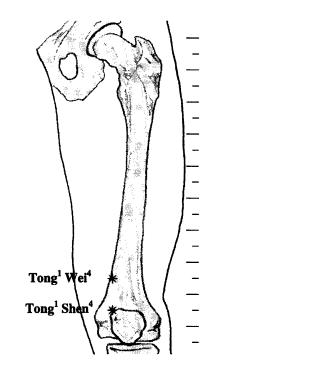


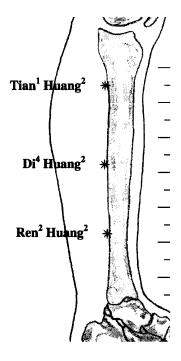
Shui<sup>3</sup> Qu<sup>1</sup>

Liu<sup>4</sup> Wan<sup>2</sup>

### Gonorrhea (LKC-2)

- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

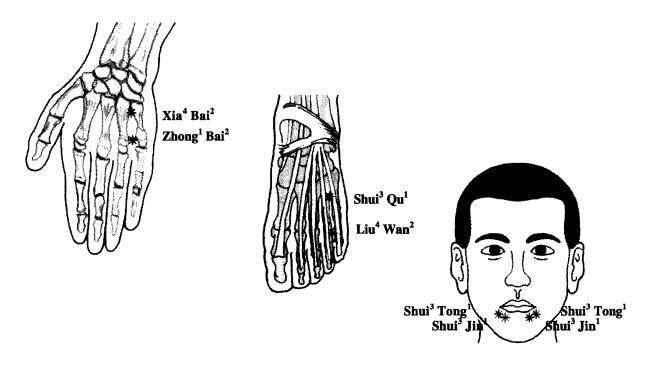




DMG 77-12 'Lower 3 Emperors'

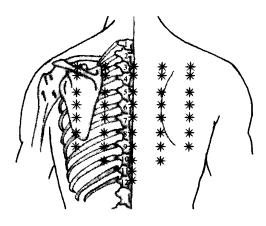
#### **Gonorrhea** (LKC-3)

- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):
  - Zhong<sup>1</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun.* {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL*. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

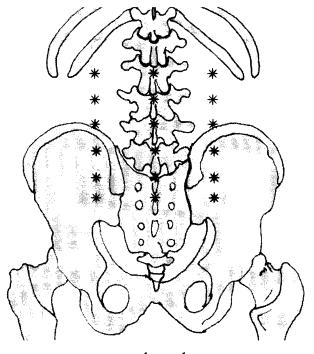


#### **Gonorrhea** (LKC-4)

- 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> and San<sup>1</sup> Jiang<sup>1</sup> (LKC):
  - Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the level of the third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}



Wu<sup>3</sup> Ling<sup>3</sup>

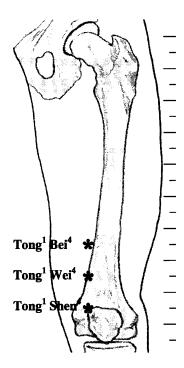


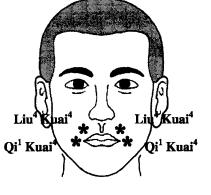
San<sup>1</sup> Jiang<sup>1</sup>

#### Gonorrhea (MC-1)

### 1. DMG 88-01 'Passing Through the Kidney Three Needles', Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (MC):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}



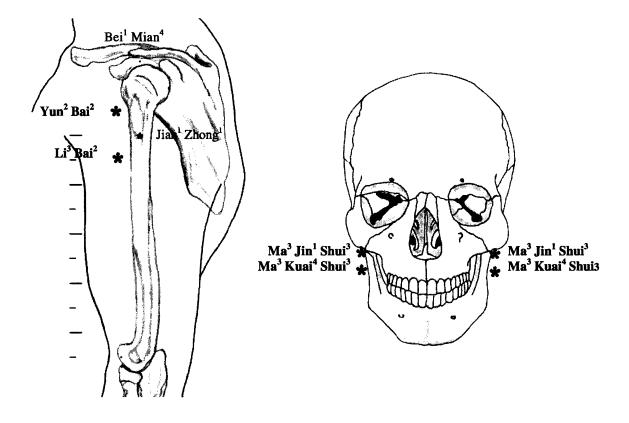


DMG 88-01 'Passing Through the Kidney 3 Needles'

### Gonorrhea (MC-2)

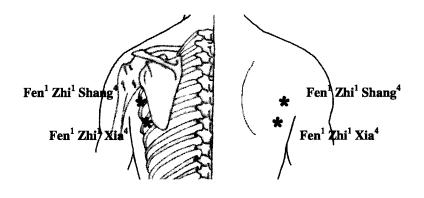
#### 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, (MC):

- Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>. (Jian<sup>1</sup> Zhong<sup>1</sup> is found with the arm hanging loosely down by the side and is located in the center of the deltoid muscle, 3 cun distal to the space between the acromion process and the humerus.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun.* {Kidney and Lung Auxiliary Reaction Areas}
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}



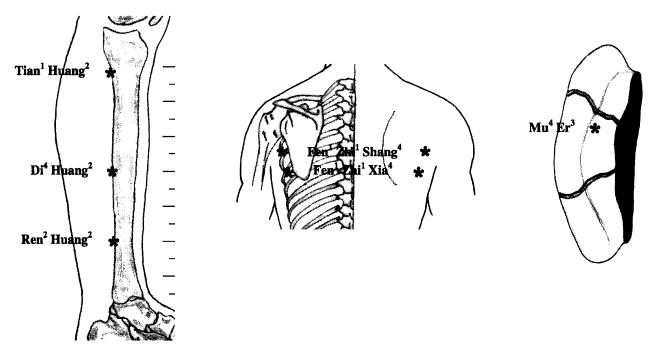
### Gonorrhea (MC-3)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup> and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (MC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}



#### Gonorrhea (MC-4)

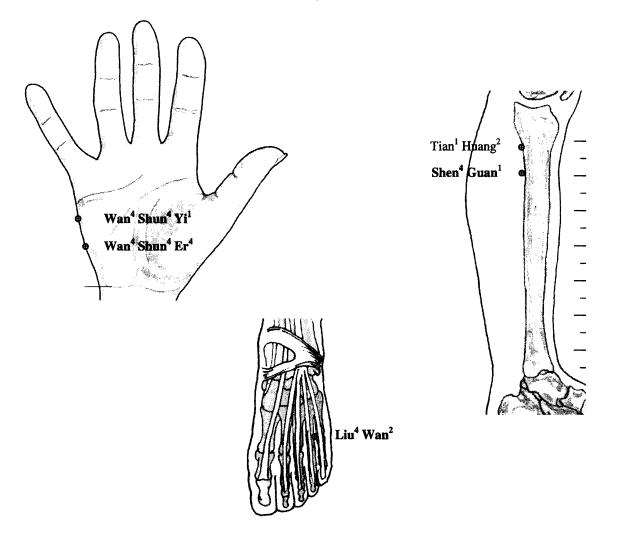
- 1. DMG 77-12 'Lower Three Emperors', Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and Mu<sup>4</sup> Er<sup>3</sup> (MC):
  DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### Headache (LCH) [2° to 'Kidney Depletion']

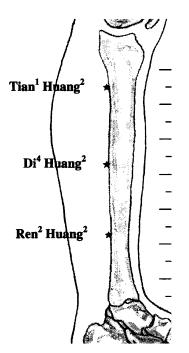
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. UNILATERAL NEEDLING ONLY; CONTRAINDICATED IN PREGNANCY. {Lung Branch and Kidney Branch Reaction Areas}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 1.0 *cun*. {Six Bowel Reaction Area} [Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.]



#### Hematuria (CCC)

#### 1. DMG 77-12 'Lower Three Emperors' (CCC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

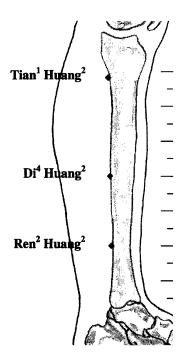


DMG 77-12 'Lower 3 Emperors'

#### Hematuria (HPC)

#### 1. DMG 77-12 'Lower Three Emperors' (HPC):

- DMG 77-12 'Lower Three Emperors':
  - i. Tian<sup>1</sup> Huang<sup>2</sup>: This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}

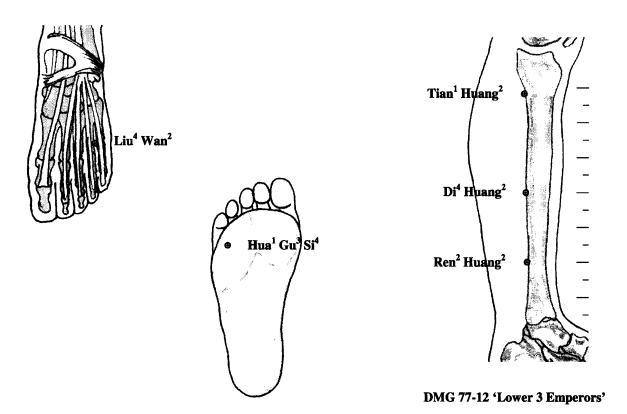


DMG 77-12 'Lower 3 Emperors'

### Hematuria (LCH)

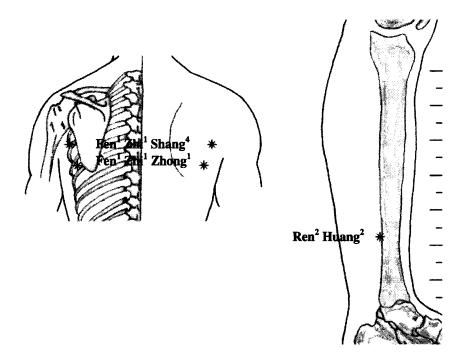
### 1. Liu<sup>4</sup> Wan<sup>2</sup>, Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LCH):

- Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. UNILATERAL NEEDLING ONLY; CONTRAINDICATED IN PREGNANCY. CONTRAINDICATED IN CASES MARKED BY ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM/SPUTUM OR DEBILITATION. {Lung Branch and Kidney Branch Reaction Areas}
- Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup>: This point is located on the plantar surface of the foot, in the interosseous space between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 1.0 *cun* proximal to the interdigital web between the 4<sup>th</sup> and 5<sup>th</sup> toes. Needle 0.5 to 1.0 *cun*. {Lung Reaction Area}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>°</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}



#### Hematuria (LKC)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LKC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located by coursing 1.5 *cun* immediately inferior, then 0.6 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>**: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 cun proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4th and 5th toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 cun proximal to the interdigital web between said digits.)



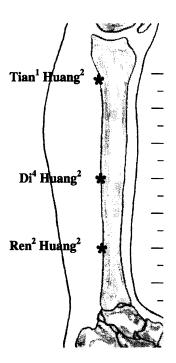


Shui<sup>3</sup> Qu<sup>1</sup>

Liu<sup>4</sup> Wan<sup>2</sup>

#### Hematuria (MC)

- 1. DMG 77-12 'Lower Three Emperors' and Liu<sup>4</sup> Wan<sup>2</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is found on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. CONTRAINDICATED IN PATIENTS WITH ASTHMA, LUNG DISEASES, EXCESSIVE PHLEGM, OR PHYSICALLY WEAK. {Lung Branch and Kidney Branch Reaction Areas}



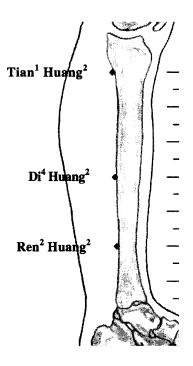


Liu<sup>4</sup> Wan<sup>2</sup>

DMG 77-12 'Lower 3 Emperors'

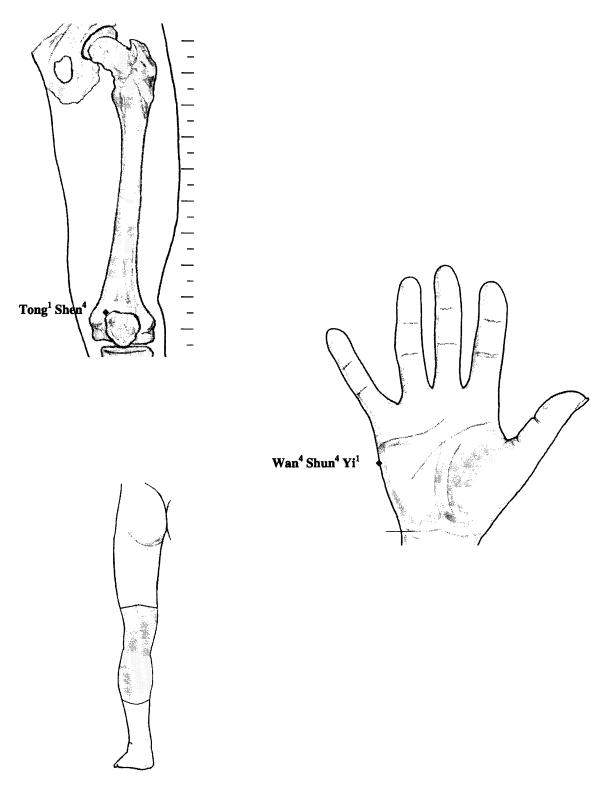
#### Hypernephroma (HPC)

- 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>; 'Let' Occipital Region of the lower extremity – treat daily. DO NOT 'LET' OVER THE AFFECTED KIDNEYS (HPC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



DMG 77-12 'Lower Three Emperors'

# Hypernephroma (HPC)

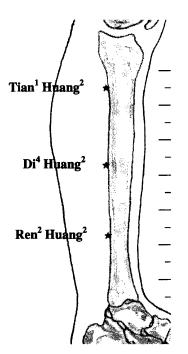


**Occipital Region** 

#### **'Kidney Depletion' (CCC)**

#### 1. DMG 77-12 'Lower Three Emperors' (CCC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

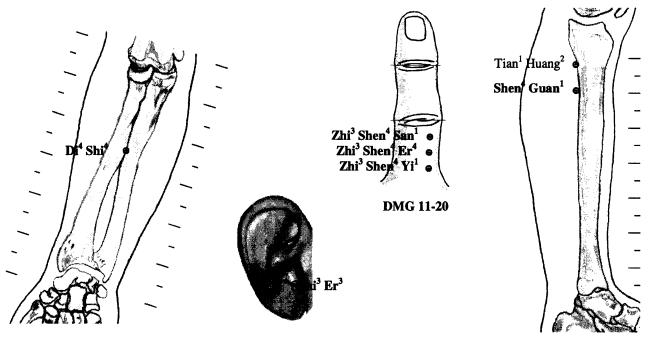


DMG 77-12 'Lower 3 Emperors'

#### **'Kidney Depletion' (LCH-1)**

### 1. DMG 11-20 'Finger Kidney Three Needles', Di<sup>4</sup> Shi<sup>4</sup>, Shui<sup>3</sup> Er<sup>3</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> (LCH):

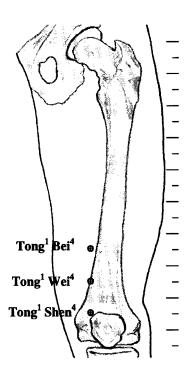
- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle 0.05 *cun* (i.e. 0.5 *fen*). {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, simply bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle 0.05 *cun* (i.e. 0.5 *fen*). {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - iii. Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle 0.05 cun (i.e. 0.5 fen). {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
- **Di<sup>4</sup> Shi<sup>4</sup>:** This point is located on the anterior surface of the antebrachium, 7.0 *cun* proximal to the anterior distal transverse wrist crease along the medial border of the radius bone. Needle 1.0 cun. {Lung Branch and Heart Branch Reaction Areas}
- Shui<sup>3</sup> Er<sup>3</sup>: This point is located at the caudal-most extremity of the posterior margin of the antihelix. Needle perpendicularly 0.1 to 0.2 *cun* with a fine needle. {Kidney Reaction Area}
- Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 1.0 *cun*. {Six Bowel Reaction Area} [Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.]



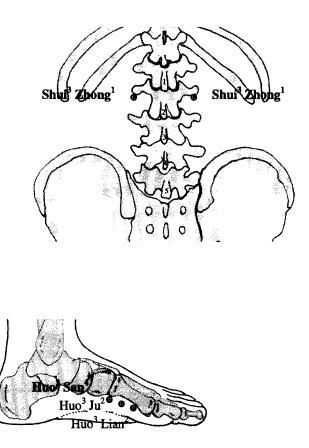
#### 'Kidney Depletion' (LCH-2)

# 1. DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Zhong<sup>1</sup>, and Huo<sup>3</sup> San<sup>4</sup> (LCH):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- Shui<sup>3</sup> Zhong<sup>1</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the L<sub>1</sub> and L<sub>2</sub> spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
- Huo<sup>3</sup> San<sup>4</sup>: This point is located 1.0 *cun* proximal to Huo<sup>3</sup> Ju<sup>2</sup>. Huo<sup>3</sup> Ju<sup>2</sup> is located 1.0 *cun* proximal to Huo<sup>3</sup> Lian<sup>2</sup>. Huo<sup>3</sup> Lian<sup>2</sup> is located on the medial side of the foot, 1.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo, Huo<sup>3</sup> San<sup>4</sup> is located on the medial side of the foot, 3.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo angle and immediately inferior to the first metatarsal bone. Needle at a 90° angle and immediately inferior to the bone. 0.5 to 0.8 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Branch, Kidney Branch, and Six Bowels Auxiliary Reaction Areas}

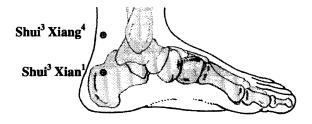


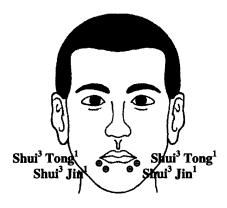
DMG 88-01 'Passing Through the Kidney 3 Needles'



## 'Kidney Depletion' (LCH-3)

- 1. Shui<sup>3</sup> Xiang<sup>4</sup>, Shui<sup>3</sup> Xian<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}





# 'Kidney Rheumatism' (LCH)

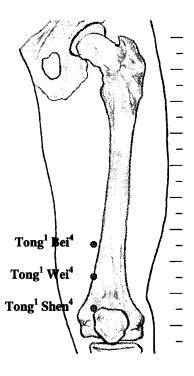
- 1. Shui<sup>3</sup> Tong<sup>1</sup> and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



### 'Kidney Water Insufficiency' (LCH)

#### 1. DMG 88-01 'Passing Through the Kidney Three Needles' (LCH):

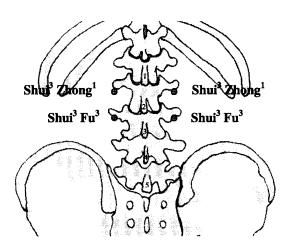
- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}

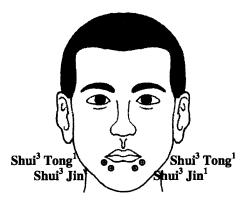


DMG 88-01 'Passing Through the Kidney 3 Needles'

## 'Kidney Vacuity' (LCH)

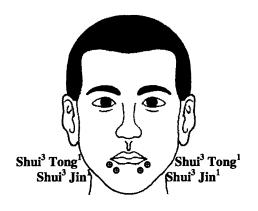
- 1. Shui<sup>3</sup> Zhong<sup>1</sup>, Shui<sup>3</sup> Fu<sup>3</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Zhong<sup>1</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the L<sub>1</sub> and L<sub>2</sub> spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}





## 'Kidney Wind-Damp' (LCH)

- 1. Shui<sup>3</sup> Tong<sup>1</sup> and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}

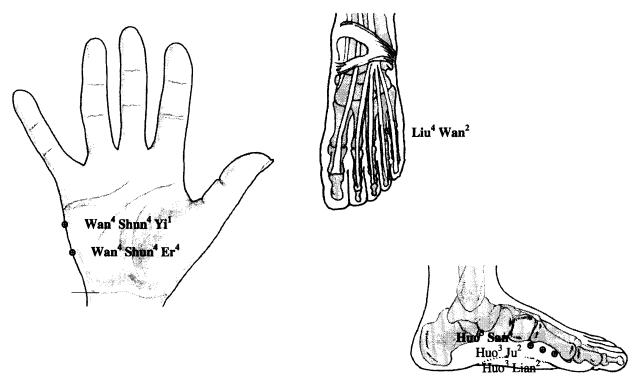


[2° to 'Kidney Depletion']

\*Includes 'dizziness', 'vertigo', 'giddiness', etc.

# 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, and Huo<sup>3</sup> San<sup>4</sup> (LCH):

- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
- Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
- Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. UNILATERAL NEEDLING ONLY; CONTRAINDICATED IN PREGNANCY. CONTRAINDICATED IN CASES MARKED BY ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM/SPUTUM OR DEBILITATION. {Lung Branch and Kidney Branch Reaction Areas}
- Huo<sup>3</sup> San<sup>4</sup>: This point is located 1.0 *cun* proximal to Huo<sup>3</sup> Ju<sup>2</sup>. Huo<sup>3</sup> Ju<sup>2</sup> is located 1.0 *cun* proximal to Huo<sup>3</sup> Lian<sup>2</sup>. Huo<sup>3</sup> Lian<sup>2</sup> is located on the medial side of the foot, 1.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo, Huo<sup>3</sup> San<sup>4</sup> is located on the medial side of the foot, 3.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo and immediately inferior to the first metatarsal bone. Needle at a 90° angle and immediately inferior to the bone. 0.5 to 0.8 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Branch, Kidney Branch, and Six Bowels Auxiliary Reaction Areas}



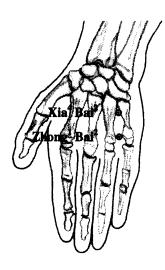
## Lightheadedness\* (LCH-2)

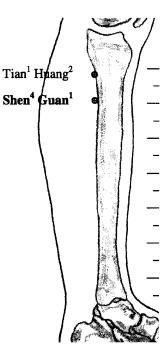
[2° to 'Kidney Depletion']

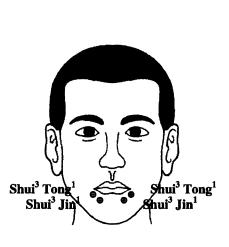
\*Includes 'dizziness', 'vertigo', 'giddiness', etc.

### 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):

- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
- Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 cun distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 1.0 cun. {Six Bowel Reaction Area} [Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression immediately distal to the medial tibial condyle, and lies 2.5 cun distal to the articular surface of the medial tibial condyle.]
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}







#### Low Back Ache (CCC-1)

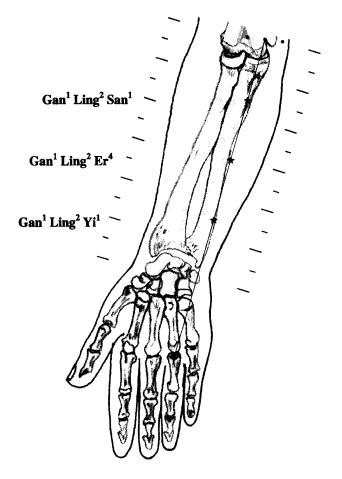
# 1. DMG 22-06 'Control Three Needles' and DMG 33-05 'Hold Liver Spirit Three Needles' (CCC):

- DMG 22-06 'Control Three Needles':
  - i. **Zhong<sup>4</sup> Kui<sup>2</sup>:** This point is located in the depression at the junction of the shaft and the head of the second metacarpal bone. Commencing at the base of the second metacarpal bone in the first dorsal interosseous space, slide distally along its radial shaft until you encounter the junction of the shaft and the head of this metacarpal. Needle, closely adherent to the 2<sup>nd</sup> metacarpal bone, 0.2 to 0.5 *cun.* {Heart Branch and Lung Branch Reaction Areas}
  - ii. Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand in an area known as the 'Hu<sup>3</sup> Kou<sup>3</sup>'; i.e., the region between the first and second metacarpal bones. The point is found at the articulation of the bases of the first and second metacarpal bones, proximal to LI-4<sup>WHO</sup>. Needle 1.0 to 2.0 *cun*. {Lung Branch, Heart, and Kidney Reaction Areas}
  - iii. **Da<sup>4</sup> Bai<sup>2</sup>:** This point may be found by first locating Ling<sup>2</sup> Gu<sup>3</sup> and Zhong<sup>4</sup> Kui<sup>2</sup>; bisect the distance between these two points to locate Da<sup>4</sup> Bai<sup>2</sup>, the point lies 1.0 *cun* distal to Ling<sup>2</sup> Gu<sup>3</sup>. Needle 0.5 to 1.5 *cun*. {Lung Branch Reaction Area}
- DMG 33-05 'Hold Liver Spirit Three Needles':
  - i. **Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>:** This point is located 3 *cun* proximal to the anterior distal transverse wrist crease on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - ii. **Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>:** This point is located 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup> on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - iii. **Gan<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup>:** This point is located 6 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>, i.e. 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>, on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}

# Low Back Ache (CCC-1)



DMG 22-06 'Control 3 Needles'

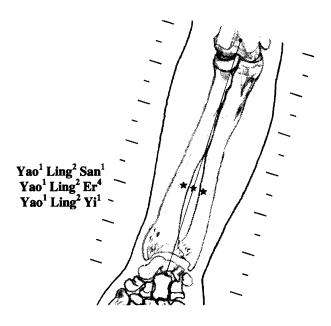


DMG 33-05 'Hold Liver Spirit 3 Needles'

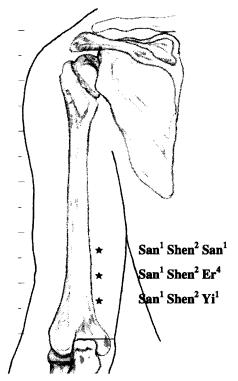
#### Low Back Ache (CCC-2)

- 1. DMG 33-06 'Hold Lumbar Spirit Three Needles' and DMG 44-09 'Three Spirits Three Needles' (CCC):
  - DMG 33-06 'Hold Lumbar Spirit Three Needles':
    - i. **Yao<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>:** This point is located 4.5 *cun* proximal to the anterior distal transverse crease of the wrist, in the interosseous space between the ulna and radius bones, on the Hand Jue<sup>2</sup> Yin<sup>1</sup> Pericardium Channel, i.e. 4.5 *cun* proximal to PC- $7^{WHO}$  on a line connecting PC- $7^{WHO}$  with PC- $3^{WHO}$ . Needle perpendicular insertion 0.2 0.3 *cun*. {Kidney Reaction Area}
    - ii. Yao<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup>: This point is located 0.5 cun radial to Yao<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>. Needle perpendicular insertion 0.2 0.3 cun. {Kidney Reaction Area}
    - iii. **Yao<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>:** This point is located 0.5 *cun* ulnar to Yao<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>. Needle perpendicular insertion 0.2 0.3 *cun*. {Kidney Reaction Area}
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}

# Low Back Ache (CCC-2)





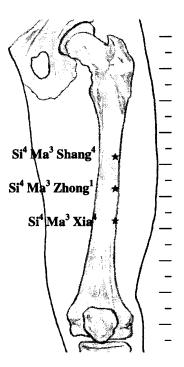


DMG 44-09 '3 Spirits 3 Needles'

#### Low Back Pain (CCC) [2° to 'Insufficient Lung Function']

#### 1. DMG 88-03 'Thigh Team of Four Horses' (CCC):

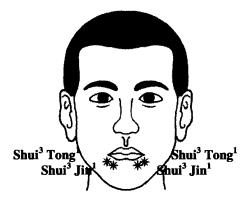
- DMG 88-03 'Thigh Team of Four Horses':
  - i. Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup>: This point is located 5.5 *cun* proximal to the superolateral angle of the patella; i.e. proceed 1.0 *cun* lateral then 5.5 *cun* proximal to the center of the superior edge of the patella. Needle perpendicularly 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas}
  - ii. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located 2.0 *cun* immediately proximal to Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup>. Needle perpendicularly 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas} (Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup> is located 1.0 *cun* lateral then 7.5 *cun* proximal to the center of the superior edge of the patella.)
  - iii. Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>: This point is located 2.0 *cun* immediately proximal to Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle perpendicularly 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas} (Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup> is located 1.0 *cun* lateral then 9.5 *cun* proximal to the center of the superior edge of the patella.)



DMG 88-03 'Thigh Team of 4 Horses'

#### Low Back Pain (CCC-1) [2° to 'Kidney Depletion']

- 1. Shui<sup>3</sup> Jin<sup>1</sup> and Shui<sup>3</sup> Tong<sup>1</sup> with Zhong<sup>1</sup> Bai<sup>2</sup> and Xia<sup>4</sup> Bai<sup>2</sup> (CCC):
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)

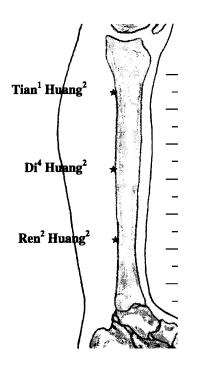




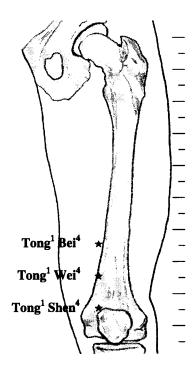
#### Low Back Pain (CCC-2) [2° to 'Kidney Depletion']

- 1. DMG 77-12 'Lower Three Emperors' and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

# Low Back Pain (CCC-2) [2° to 'Kidney Depletion']



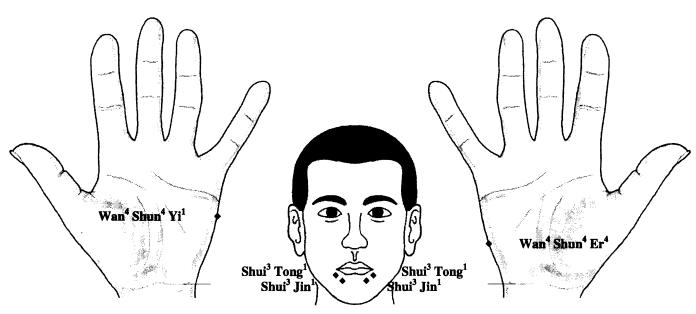
DMG 77-12 'Lower 3 Emperors'

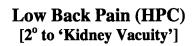


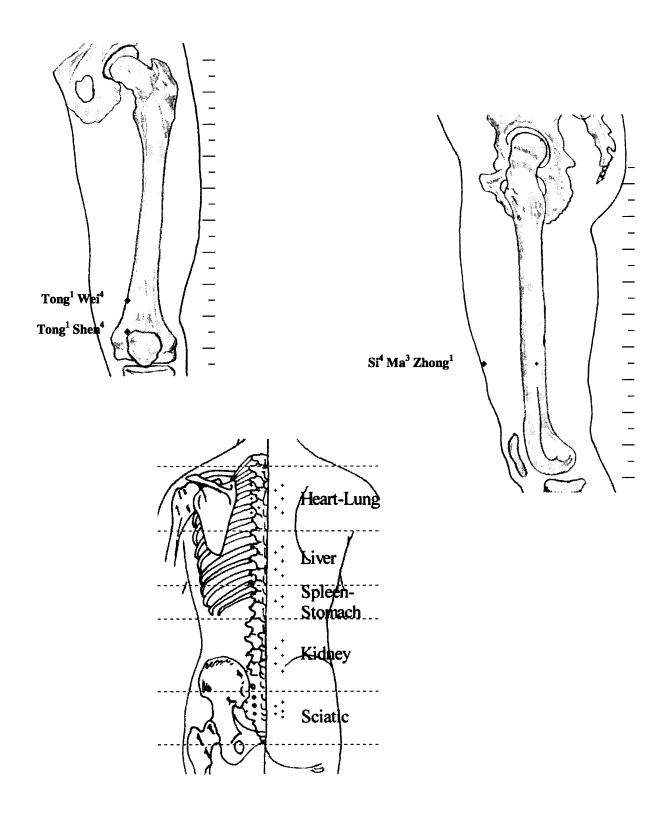
DMG 88-01 'Passing Through the Kidney 3 Needles'

#### Low Back Pain (HPC) [2° to 'Kidney Vacuity']

- 1. Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>, and 'Let' the Kidney Region on the back (HPC):
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 up to 0.5 *cun*. {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)
  - Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas}



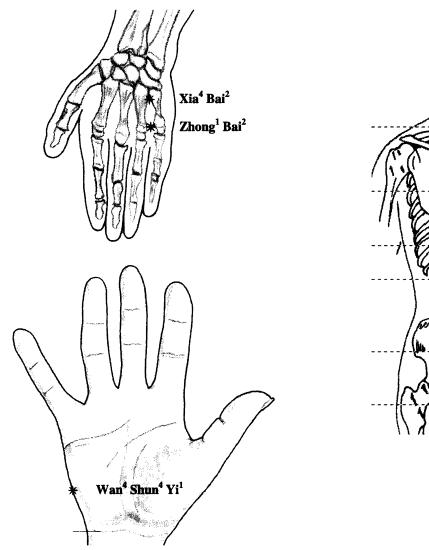


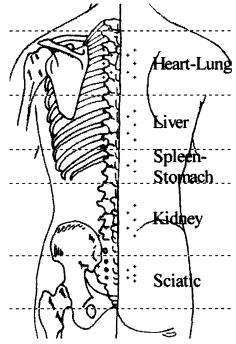


#### Low Back Pain (LKC-1) [2° to 'Kidney Vacuity']

# 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>. 'Let' the affected area of the low back (LKC):

- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}

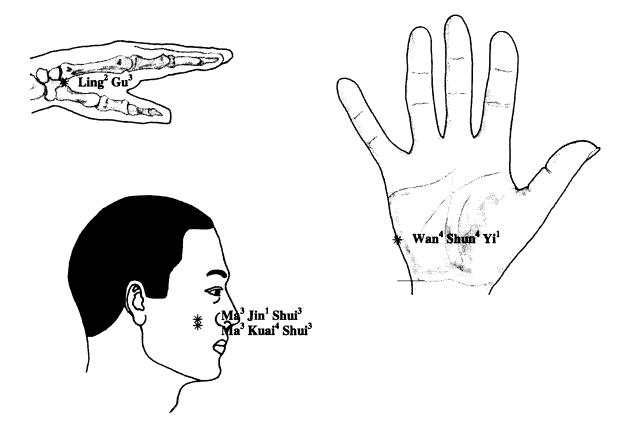




#### Low Back Pain (LKC-2) [2° to 'Kidney Depletion']

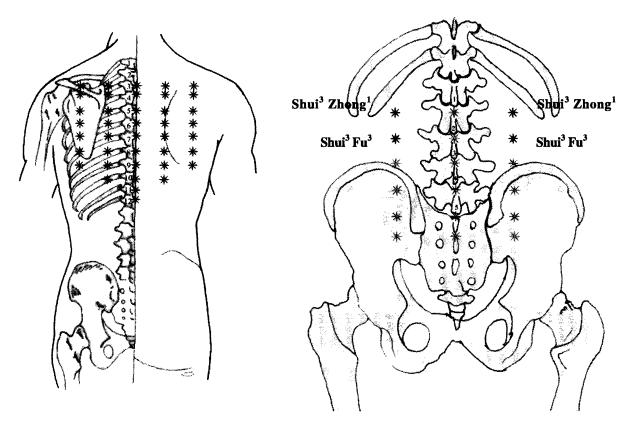
#### 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> and Ling<sup>2</sup> Gu<sup>3</sup> with Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> (LKC):

- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
- Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones have the patient make a loose fist to facilitate locating the point. Needle 1.0 to 2.0 *cun*; i.e. one may needle through to connect with Zhong<sup>4</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch, Heart, and Kidney Reaction Areas}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)
- **Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>:** This point lies 0.4 *cun* inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is located 0.4 *cun* lateral to SI-18<sup>WHO</sup>. SI-18<sup>WHO</sup> is found at the medial-to-lateral level of the outer canthus and at the superior-to-inferior level of the inferior border of the Zygomatic bone.)



#### Low Back Pain (LKC-3) [2° to 'Kidney Depletion']

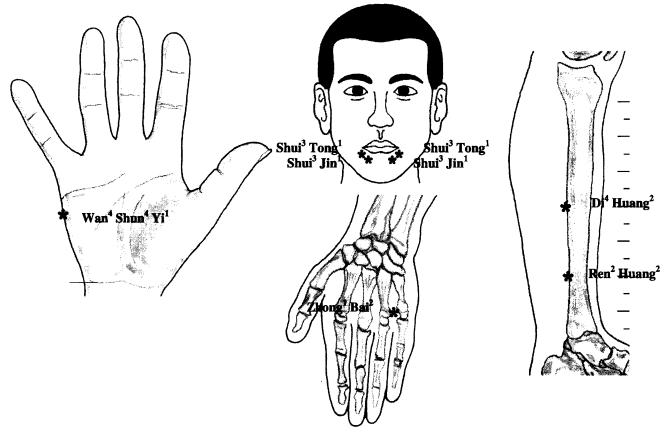
- 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> and along the Shui<sup>3</sup> Zhong<sup>1</sup>, Shui<sup>3</sup> Fu<sup>3</sup>, and same segmental level constituent points from San<sup>1</sup> Jiang<sup>1</sup> (LKC):
  - Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T2/T3, T3/T4, T4/T5, T5/T6, T6/T7, T7/T8, T8/T9, T9/T10, T10/T11, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T2/T3, and includes points at the levels of T3/T4, T4/T5, T5/T6, T6/T7, T7/T8, T8/T9, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the T2/T3, and includes points at the levels of T3/T4, T4/T5, T5/T6, T6/T7, T7/T8, and T8/T9. (In this case, use those points on the first and second rows.)
  - Shui<sup>3</sup> Zhong<sup>1</sup>: These two points are located 1.5 *cun* lateral to the interspinous space between L1 and L2. Needle 0.8 to 1.0 *cun* or 'Let' {General Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: These two points are located 1.5 *cun* lateral to the interspinous space between L2 and L3. Needle 0.8 to 1.0 *cun* or 'Let' {General Kidney Reaction Area}



Wu<sup>3</sup> Ling<sup>3</sup>

#### Low Back Pain (MC-1) [2° to 'Kidney Vacuity']

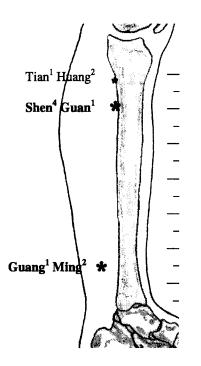
- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, and Ren<sup>2</sup> Huang<sup>2</sup> (MC):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand in the interosseous space between the fourth and fifth metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations; have the patient make a fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Areas}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}



#### Low Back Pain (MC-2) [2° to 'Kidney Vacuity']

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Guang<sup>1</sup> Ming<sup>2</sup>, DMG 11-20 'Finger Kidney Three Needles', and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> (MC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Guang<sup>1</sup> Ming<sup>2</sup>:** This point is located by proceeding 1.0 *cun* posterior, then 2.0 *cun* proximal, to the apex (as viewed from posterior to anterior) of the medial malleolus. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - DMG 11-20 'Finger Kidney Three Needles':
    - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
    - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
    - iii. **Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>:** To locate this point bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun* BILATERAL NEEDLING CONTRAINDICATED. {Kidney Branch Reaction Area}

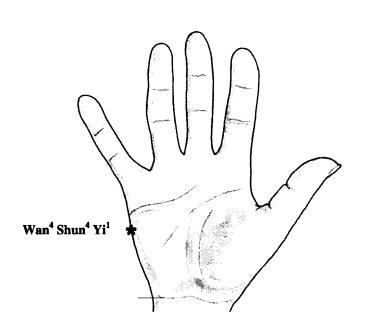
# Low Back Pain (MC-2) [2° to 'Kidney Vacuity']



RIGHT 4<sup>th</sup> Digit



DMG 11-20 'Finger Kidney 3 Needles'



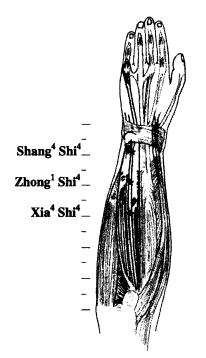
## Lumbago (CCC)

# 1. DMG 22-06 'Control Three Needles', DMG 33-11 'Hold Three Fires', and DMG 33-09 'Posterior Antebrachial Scholar Three Needles' (CCC):

- DMG 22-06 'Control Three Needles':
  - i. **Zhong<sup>4</sup> Kui<sup>2</sup>:** This point is located in the depression at the junction of the shaft and the head of the second metacarpal bone. Commencing at the base of the second metacarpal bone in the first dorsal interosseous space, slide distally along its radial shaft until you encounter the junction of the shaft and the head of this metacarpal. Needle, closely adherent to the 2<sup>nd</sup> metacarpal bone, 0.2 to 0.5 *cun.* {Heart Branch and Lung Branch Reaction Areas}
  - ii. Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand in an area known as the 'Hu<sup>3</sup> Kou<sup>3</sup>'; i.e., the region between the first and second metacarpal bones. The point is found at the articulation of the bases of the first and second metacarpal bones, proximal to LI-4<sup>WHO</sup>. Needle 1.0 to 2.0 *cun*. {Lung Branch, Heart, and Kidney Reaction Areas}
  - iii. **Da<sup>4</sup> Bai<sup>2</sup>:** This point may be found by first locating Ling<sup>2</sup> Gu<sup>3</sup> and Zhong<sup>4</sup> Kui<sup>2</sup>; bisect the distance between these two points to locate Da<sup>4</sup> Bai<sup>2</sup>, the point lies 1.0 cun distal to Ling<sup>2</sup> Gu<sup>3</sup>. Needle 0.5 to 1.5 cun. {Lung Branch Reaction Area}
- DMG 33-11 'Hold Three Fires':
  - i. Huo<sup>3</sup> Chuan<sup>4</sup>: This point is located 2.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
  - ii. **Huo<sup>3</sup> Ling<sup>2</sup>:** This point is located 4.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
  - iii. Huo<sup>3</sup> Shan<sup>1</sup>: This point is located 6.0 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
- DMG 33-09 'Posterior Antebrachial Scholar Three Needles':
  - i. Shang<sup>4</sup> Shi<sup>4</sup>: This point is located on the dorsum of the antebrachium 1 *cun* proximal to the level of SI-6<sup>WHO</sup>. It lies immediately radial to the ulna bone, between the tendons of the extensor carpi ulnaris muscle (ulnar) and the extensor digiti minimi muscle (radial). One can readily locate the extensor digiti minimi muscle by extending and flexing the 5<sup>th</sup> digit; needle immediately ulnar to this muscle. Needle oblique insertion from ulnar to radial 1.5 *cun* to treat lumbalgia. {Heart and Kidney Reaction Areas}
  - ii. **Zhong<sup>1</sup> Shi<sup>4</sup>:** This point is located on the dorsum of the antebrachium 2 cun proximal to Shang<sup>4</sup> Shi<sup>4</sup>. It lies immediately radial to the ulna bone, between the tendons of the extensor carpi ulnaris muscle (ulnar) and the extensor digiti minimi muscle (radial). One can readily locate the extensor digiti minimi muscle by extending and flexing the 5<sup>th</sup> digit; needle immediately ulnar to this muscle. Needle oblique insertion from ulnar to radial 1.5 cun to treat lumbalgia. {Heart and Kidney Reaction Areas}

iii. Xia<sup>4</sup> Shi<sup>4</sup>: This point is located on the dorsum of the antebrachium 2 *cun* proximal to Zhong<sup>1</sup> Shi<sup>4</sup>, i.e. 4 *cun* proximal to Shang<sup>4</sup> Shi<sup>4</sup>. It lies immediately radial to the ulna bone, between the tendons of the extensor carpi ulnaris muscle (ulnar) and the extensor digiti minimi muscle (radial). One can readily locate the extensor digiti minimi muscle by extending and flexing the 5<sup>th</sup> digit; needle immediately ulnar to this muscle. Needle oblique insertion from ulnar to radial 1.5 *cun* to treat lumbalgia. {Heart and Kidney Reaction Areas}

DMG 22-06 'Control 3 Needles'



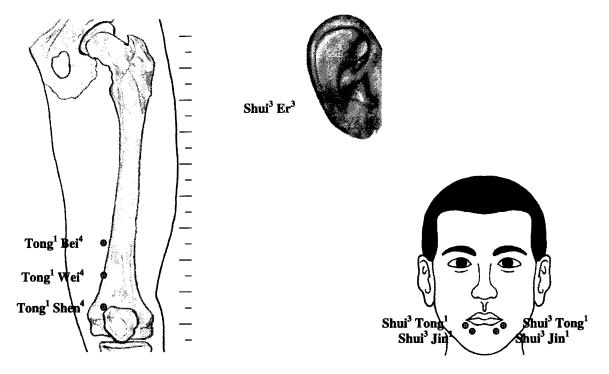
Huo<sup>3</sup> Shan<sup>1</sup> Huo<sup>3</sup> Ling<sup>2</sup> \* Huo<sup>3</sup> Chuan<sup>4</sup> \*

DMG 33-11 'Hold 3 Fires'

DMG 33-09 'Post. Antebrachial Scholar 3 Needles'

#### Lumbalgia (LCH-1) [2° to 'Kidney Depletion']

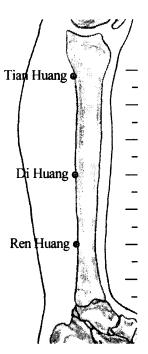
- 1. DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Er<sup>3</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Shui<sup>3</sup> Jin<sup>1</sup> (LCH):
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Er<sup>3</sup>: This point is located at the caudal-most extremity of the posterior margin of the antihelix. Needle perpendicularly 0.1 to 0.2 *cun* with a fine needle. {Kidney Reaction Area}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



DMG 88-01 'Passing Through the Kidney 3 Needles'

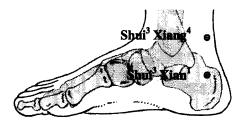
#### Lumbalgia (LCH-2) [2° to 'Kidney Depletion']

- 1. DMG 77-12 'Lower Three Emperors', Huo<sup>3</sup> San<sup>4</sup>, Shui<sup>3</sup> Xiang<sup>4</sup>, and Shui<sup>3</sup> Xian<sup>1</sup> (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}



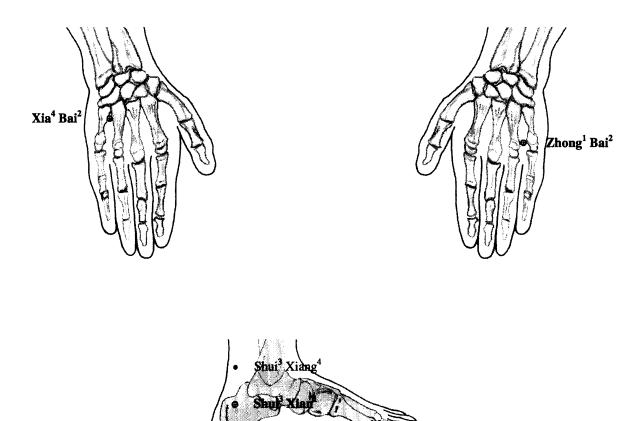
- Huo<sup>3</sup> San<sup>4</sup>: This point is located 1.0 cun proximal to Huo<sup>3</sup> Ju<sup>2</sup>.
- Huo<sup>3</sup> Ju<sup>2</sup> is located 1.0 *cun* proximal to Huo<sup>3</sup> Lian<sup>2</sup>. Huo<sup>3</sup> Lian<sup>2</sup> is located on the medial side of the foot, 1.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo, Huo<sup>3</sup> San<sup>4</sup> is located on the medial side of the foot, 3.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Needle at a 90° angle and immediately inferior to the bone. 0.5 to 0.8 *cun*. BILATERAL NEEDLING CONTRAINDICATED. {Heart Branch, Kidney Branch, and Six Bowels Auxiliary Reaction Areas}
- Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
- Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}





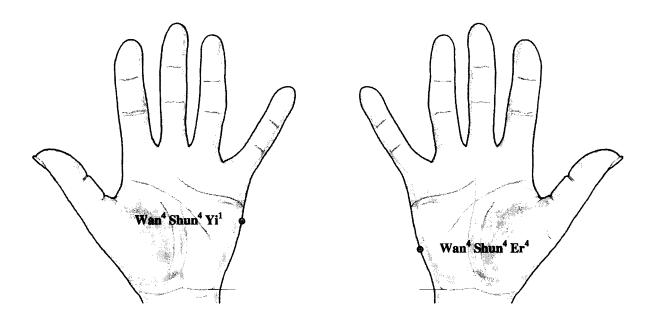
#### Lumbalgia (LCH-1) [2° to Nephropathy]

- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, and Shui<sup>3</sup> Xian<sup>1</sup> (LCH):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.5 *cun*. {Heart, Spleen, and Kidney Branch Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 cun distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 cun posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 cun immediately distal. Needle 0.5 cun. {Kidney Branch and Brain Reaction Areas}



#### Lumbalgia (LCH-2) [2° to Nephropathy]

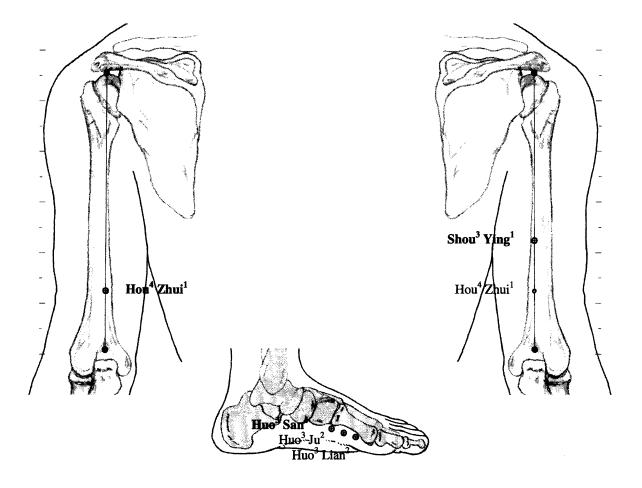
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Shui<sup>3</sup> Xiang<sup>4</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}





#### Lumbalgia (LCH-3) [2° to Nephropathy]

- 1. Hou<sup>4</sup> Zhui<sup>1</sup>, Shou<sup>3</sup> Ying<sup>1</sup>, and Huo<sup>3</sup> San<sup>4</sup> (LCH):
  - Hou<sup>4</sup> Zhui<sup>1</sup>: This point is located on the posterior aspect of the brachium, 2.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Shou<sup>3</sup> Ying<sup>1</sup>: This point is located on the posterior aspect of the brachium, 4.5 cun proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel, 2.0 cun proximal to Hou<sup>4</sup> Zhui<sup>1</sup>). Needle 0.3 to 0.5 cun. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Huo<sup>3</sup> San<sup>4</sup>: This point is located 1.0 *cun* proximal to Huo<sup>3</sup> Ju<sup>2</sup>. Huo<sup>3</sup> Ju<sup>2</sup> is located 1.0 *cun* proximal to Huo<sup>3</sup> Lian<sup>2</sup>. Huo<sup>3</sup> Lian<sup>2</sup> is located on the medial side of the foot, 1.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Ergo, Huo<sup>3</sup> San<sup>4</sup> is located on the medial side of the foot, 3.5 *cun* proximal to the metatarsophalangeal joint of the great toe, immediately inferior to the first metatarsal bone. Needle at a 90° angle and immediately inferior to the bone. 0.5 to 0.8 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Branch, Kidney Branch, and Six Bowels Auxiliary Reaction Areas}



#### Lumbar Sprain (CCC)

- 1. DMG 77-09 'Leg Spine Three Needles' (CCC):
  - DMG 77-09 'Leg Spine Three Needles':
    - i. **Zheng<sup>4</sup> Jin<sup>1</sup>:** This point is located 3.5 *cun* proximal to the plantar surface of the heel, on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg; it lies midway between B1-60<sup>WHO</sup> and KI-3<sup>WHO</sup>. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}
    - ii. **Zheng<sup>4</sup> Zong<sup>1</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}
    - iii. **Zheng<sup>4</sup> Shi<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Zong<sup>1</sup>, i.e. 4 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}



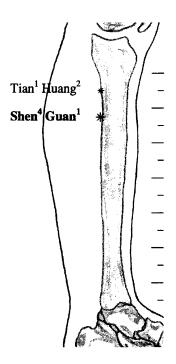
DMG 77-09 'Leg Spine 3 Needles'

## Lumbar Sprain/Strain (LKC)

# 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, and 'let' the affected area (LKC):

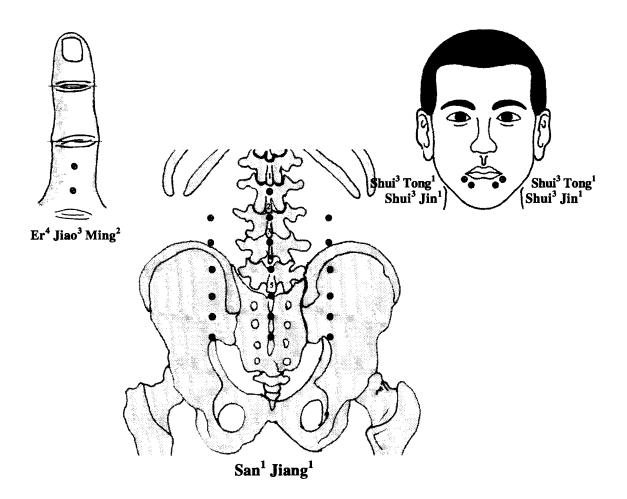
- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
- Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 cun distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 2.0 cun. {Six Bowel Reaction Area} (Tian<sup>1</sup> Huang<sup>2</sup> is located 1.0 cun distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle, ergo, Shen<sup>4</sup> Guan<sup>1</sup> is located 2.5 cun distal to Sp-9<sup>WHO</sup>)





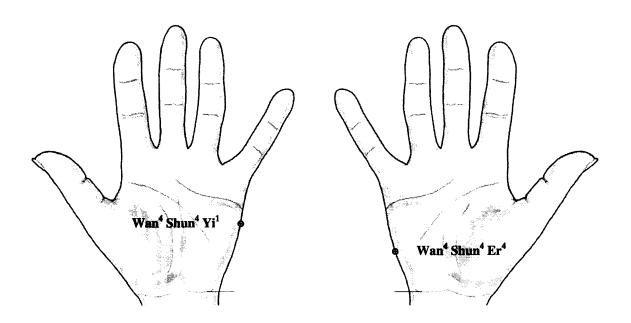
## Lumbar Sprain/Strain (LCH-1)

- 1. Er<sup>4</sup> Jiao<sup>3</sup> Ming<sup>2</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and San<sup>1</sup> Jiang<sup>1</sup> (LCH):
  - Er<sup>4</sup> Jiao<sup>3</sup> Ming<sup>2</sup>: These two points are located along the midline (Posterior Midsagittal Plane) of the proximal phalanx on the dorsum of the <sub>3r d</sub> digit (middle finger). The proximal point is located one third the distance from the dorsal metacarpophalangeal skin crease to the dorsal proximal interphalangeal skin crease, and the distal point is located two thirds the distance from the dorsal metacarpophalangeal skin crease to the dorsal proximal interphalangeal skin crease. Needle subcutaneously horizontal 0.05 *cun* (i.e. 0.5 *fen*). {Kidney Reaction Area}
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the labial commissure at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: 7 midline points, one each at the <sup>L</sup>1/<sup>L</sup><sub>2</sub> interspinous space, <sub>L2/L3</sub> interspinous space, <sub>L3/L4</sub> interspinous space, <sub>L4/L5</sub> interspinous space, <sub>L5/S1</sub> interspinous space, <sub>S1/S2</sub> interspinous space, and S2/S3. There are also 6 bilaterally paired sets of points with each set located 3.0 *cun* lateral to either side of the aforementioned midline points, commencing from the <sub>L2/L3</sub> interspinous space, for a grand total of 19 points. 'Let'. {Kidney and Six Bowels Reaction Areas}

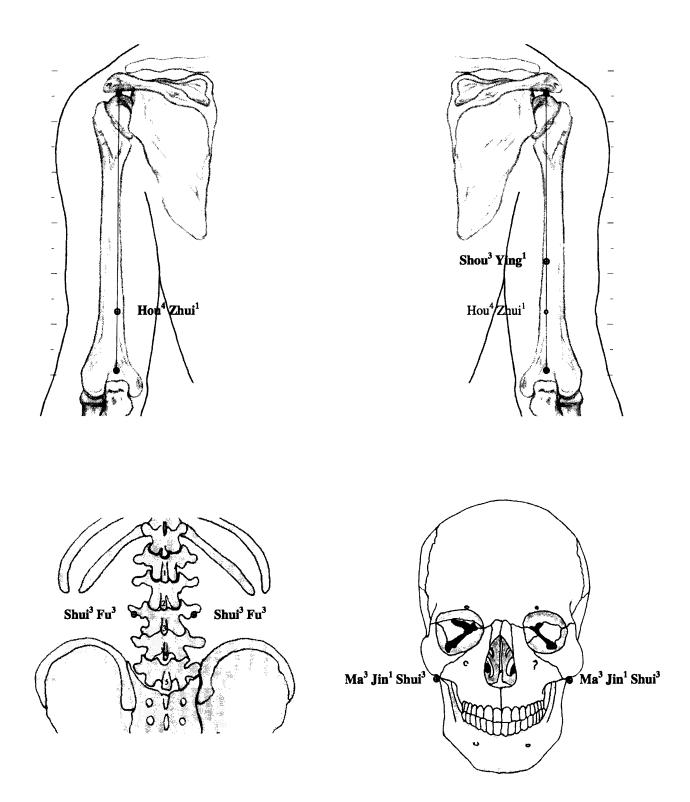


## Lumbar Sprain/Strain (LCH-2)

- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Hou<sup>4</sup> Zhui<sup>1</sup>, Shou<sup>3</sup> Ying<sup>1</sup>, Shui<sup>3</sup> Fu<sup>3</sup>, and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Hou<sup>4</sup> Zhui<sup>1</sup>: This point is located on the posterior aspect of the brachium, 2.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Shou<sup>3</sup> Ying<sup>1</sup>: This point is located on the posterior aspect of the brachium, 4.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel, 2.0 *cun* proximal to Hou<sup>4</sup> Zhui<sup>1</sup>). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}



# Lumbar Sprain/Strain (LCH-2)



#### Lumbar 'Stitch' (CCC)

#### 1. DMG 77-09 'Leg Spine Three Needles' (CCC):

- DMG 77-09 'Leg Spine Three Needles':
  - i. **Zheng<sup>4</sup> Jin<sup>1</sup>:** This point is located 3.5 *cun* proximal to the plantar surface of the heel, on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg; it lies midway between B1-60<sup>WHO</sup> and KI-3<sup>WHO</sup>. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}
  - ii. **Zheng<sup>4</sup> Zong<sup>1</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}
  - iii. **Zheng<sup>4</sup> Shi<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Zong<sup>1</sup>, i.e. 4 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle perpendicular insertion 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and General Vertebral Reaction Areas}

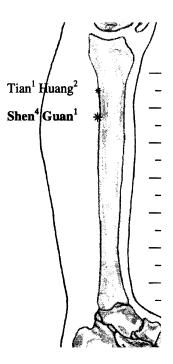


DMG 77-09 'Leg Spine 3 Needles'

1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, and 'let' the affected area (LKC):

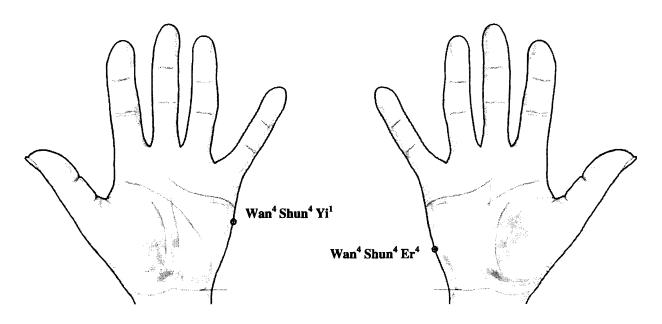
- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
- Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 cun distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 2.0 cun. {Six Bowel Reaction Area} (Tian<sup>1</sup> Huang<sup>2</sup> is located 1.0 cun distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle, ergo, Shen<sup>4</sup> Guan<sup>1</sup> is located 2.5 cun distal to Sp-9<sup>WHO</sup>)





#### Migraine Headache (LCH) [2° to 'Kidney Depletion']

- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. UNILATERAL NEEDLING ONLY; CONTRAINDICATED IN PREGNANCY. {Lung Branch and Kidney Branch Reaction Areas}





#### Nephralgia (LCH)

- **1.** Er<sup>4</sup> Jiao<sup>3</sup> Ming<sup>2</sup> and Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup> (LCH):
  - Er<sup>4</sup> Jiao<sup>3</sup> Ming<sup>2</sup>: These two points are located along the midline (Posterior Midsagittal Plane) of the proximal phalanx on the dorsum of the <sub>3r d</sub> digit (middle finger). The proximal point is located one third the distance from the dorsal metacarpophalangeal skin crease to the dorsal proximal interphalangeal skin crease, and the distal point is located two thirds the distance from the dorsal metacarpophalangeal skin crease to the dorsal proximal interphalangeal skin crease. Needle subcutaneously horizontal 0.05 cun (i.e. 0.5 fen). {Kidney Reaction Area}
  - Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>: This is a collective of 23 points located as follows: ['Let'. {Six Bowels Reaction Area}]
    - i. Midline Points (Conception Vessel): Superior to the umbilicus 1.0 and 2.0 *cun*. Inferior to the umbilicus 1.0, 2.0, 3.0, 4.0, and 5.0 *cun* respectively, for a total of 7 midline points.
    - ii. Lateral Line 1 Points: These bilaterally paired points are located on two lines, each located 1.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 *cun* inferior to the umbilicus for a total of 8 points.
    - iii. Lateral Line 2 Points: These bilaterally paired points are located on two lines, each located 2.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 cun inferior to the umbilicus for a total of 8 points.



Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>

Er<sup>4</sup> Jiao<sup>3</sup> Ming<sup>2</sup>

## Nephritis (CCC)

# 1. DMG 22-05 'Control the Spine Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):

- DMG 22-05 'Control the Spine Three Needles':
  - i. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 1.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - ii. Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - iii. Wan<sup>4</sup> Shun<sup>4</sup> San<sup>1</sup>: This point is located 3.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* distal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}

#### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
- iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

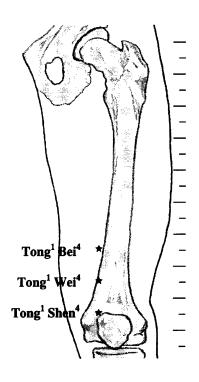
#### • DMG 88-01 'Passing Through the Kidney Three Needles':

- i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

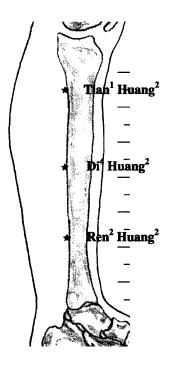
# Nephritis (CCC)



DMG 22-05 'Control the Spine 3 Needles'



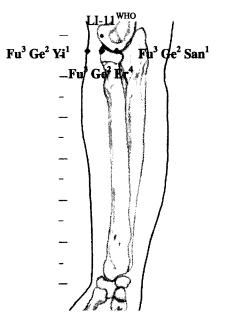
DMG 88-01 'Passing Through the Kidney 3 Needles'



DMG 77-12 'Lower 3 Emperors'

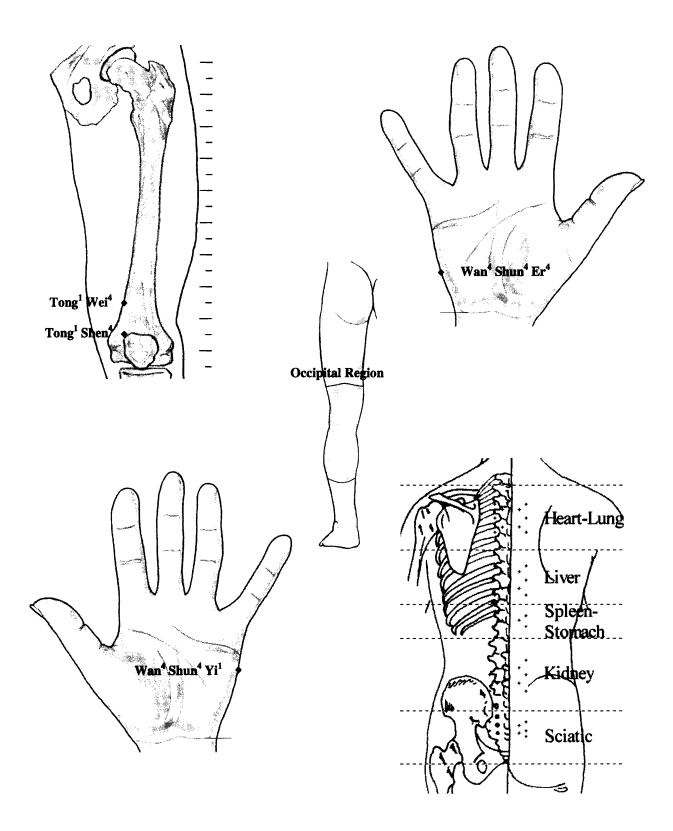
#### Nephritis – Acute (HPC)

- 1. DMG 33-13 'Bowel Division Three Needles', Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Subcutaneous threading of the Back Kidney Region, and 'Let' the Occipital Region of the lower extremity. In serious cases, during treatment period the patient should refrain from sexual activity, tobacco, and alcohol. Treat every other day and within one week there should be a positive change in the clinical picture (HPC):
  - DMG 33-13 'Bowel Division Three Needles':
    - i. Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>: This point is located on the posterior surface of the proximal antebrachium, 0.8 *cun* distal to LI-11<sup>WHO</sup>, on the Hand Yang<sup>2</sup> Ming<sup>2</sup> Large Intestine Channel. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - ii.  $Fu^3 Ge^2 Yi^1$ : This point is located 8 *fen* radial to  $Fu^3 Ge^2 Er^4$ . Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - iii. **Fu<sup>3</sup> Ge<sup>2</sup> San<sup>1</sup>:** This point is located 8 *fen* medial (ulnar) to Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



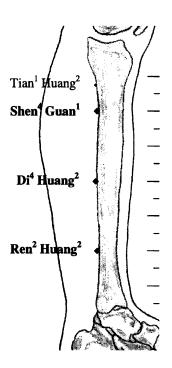
DMG 33-13 'Bowel Division 3 Needles'

Nephritis – Acute (HPC)



## Nephritis – Chronic (HPC)

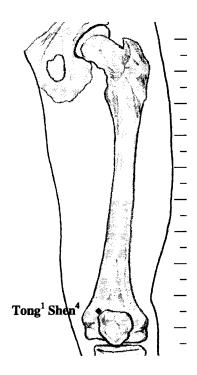
- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Huo<sup>3</sup> Ying<sup>4</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and 'Let' the Kidney Region of the back (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. *NEEDLE & MOXA CONTRAINDICATED DURING PREGNANCY*. {Heart Organ Branch and Liver Auxiliary Reaction Areas}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}

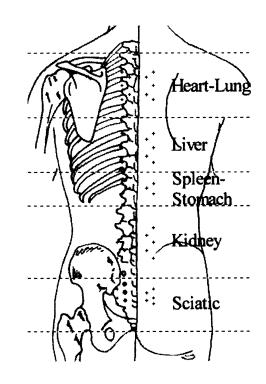


Huo<sup>3</sup> Ying<sup>4</sup>

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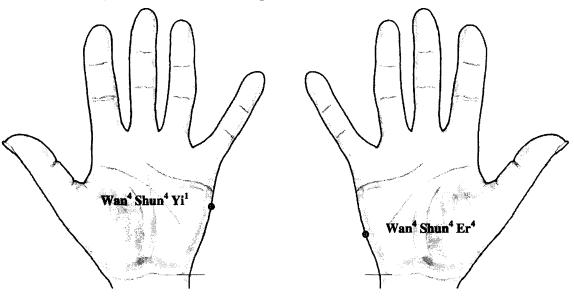
# Nephritis – Chronic (HPC)



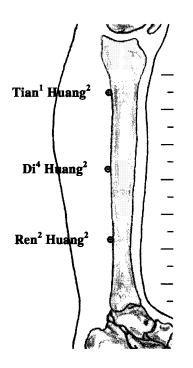


#### Nephritis (LCH-1)

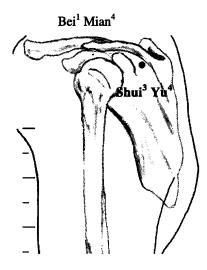
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, DMG 77-12 'Lower Three Emperors', and 'let' the yellow fluid at Shui<sup>3</sup> Yu<sup>4</sup> (LCH)
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located on the proximal aspect of the brachium 2.0 *cun* immediately posterior, and slightly inferior, to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is located in the center of the depression found immediately lateral to the acromion process when the arm is abducted to 90<sup>0</sup>)



# Nephritis (LCH-1)

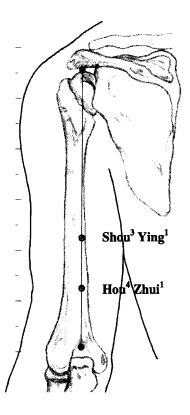


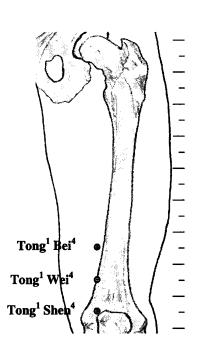
DMG 77-12 'Lower 3 Emperors

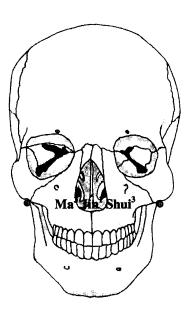


## Nephritis (LCH-2)

- 1. Hou<sup>4</sup> Zhui<sup>1</sup>, Shou<sup>3</sup> Ying<sup>1</sup>, DMG 88-01 'Passing Through the Kidney Three Needles', and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (LCH):
  - Hou<sup>4</sup> Zhui<sup>1</sup>: This point is located on the posterior aspect of the brachium, 2.5 *cun* proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel). Needle 0.3 to 0.5 *cun*. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - Shou<sup>3</sup> Ying<sup>1</sup>: This point is located on the posterior aspect of the brachium, 4.5 cun proximal to the level of the transverse cubital crease (the point is on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San<sup>1</sup> Jiao<sup>1</sup> Channel, 2.0 cun proximal to Hou<sup>4</sup> Zhui<sup>1</sup>). Needle 0.3 to 0.5 cun. {Liver Auxiliary, Heart Auxiliary Confluent, and Vertebral Reaction Areas}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}



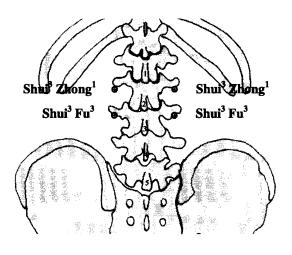


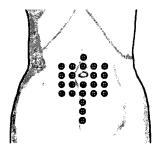


DMG 88-01 'Passing Through the Kidney 3 Needles'

# Nephritis (LCH-3)

- 1. Shui<sup>3</sup> Fu<sup>3</sup>, Shui<sup>3</sup> Zhong<sup>1</sup>, and Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Shui<sup>3</sup> Zhong<sup>1</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the L<sub>1</sub> and L<sub>2</sub> spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>: This is a collective of 23 points located as follows: ['Let'. {Six Bowels Reaction Area}]
    - i. Midline Points (Conception Vessel): Superior to the umbilicus 1.0 and 2.0 *cun*. Inferior to the umbilicus 1.0, 2.0, 3.0, 4.0, and 5.0 *cun* respectively, for a total of 7 midline points.
    - ii. Lateral Line 1 Points: These bilaterally paired points are located on two lines, each located 1.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 *cun* inferior to the umbilicus for a total of 8 points.
    - iii. Lateral Line 2 Points: These bilaterally paired points are located on two lines, each located 2.0 *cun* lateral to either side of the Conception Vessel. The first pair of points is located 1.0 *cun* superior to the umbilicus, the second pair is at the level of the umbilicus, the third pair is located 1.0 *cun* inferior to the umbilicus, and the fourth pair is located 2.0 *cun* inferior to the umbilicus for a total of 8 points.

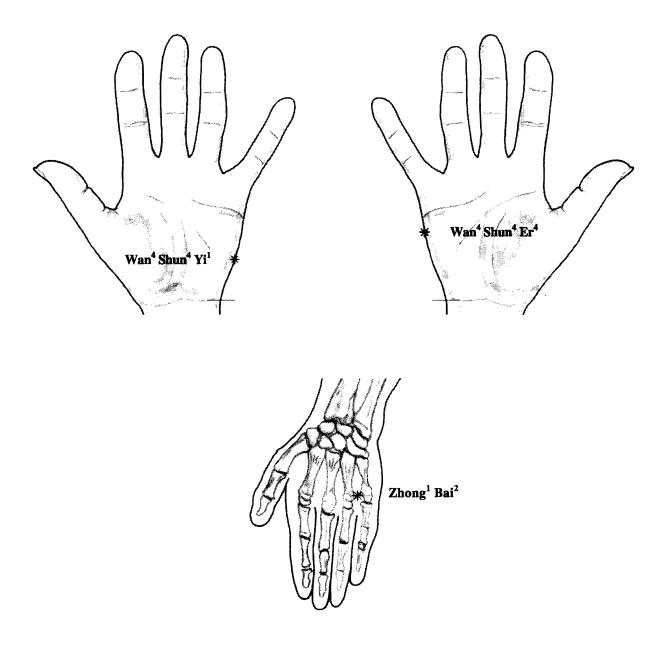




Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup>

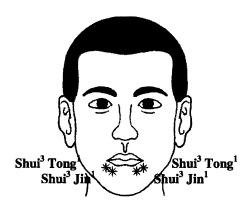
# Nephritis (LKC-1)

- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Zhong<sup>1</sup> Bai<sup>2</sup> (LKC):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}



# Nephritis (LKC-2)

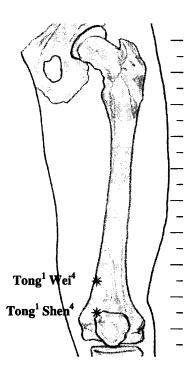
- 1. Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (LKC):
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)

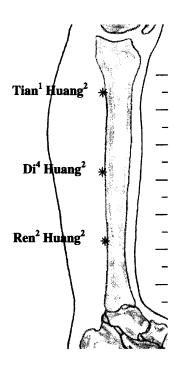




#### Nephritis (LKC-3)

- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

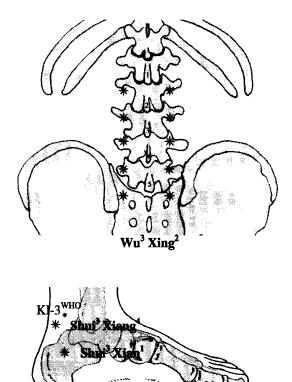


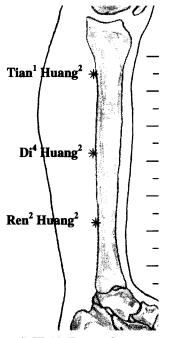


DMG 77-12 'Lower 3 Emperors'

#### Nephritis (LKC-4)

- 1. 'Let' Wu<sup>3</sup> Xing<sup>2</sup> then needle Shui<sup>3</sup> Xiang<sup>4</sup>, Shui<sup>3</sup> Xian<sup>1</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - Wu<sup>3</sup> Xing<sup>2</sup>: These 5 sets of bilaterally paired points are found 1 finger breadth lateral to either side of the Governing Vessel at the levels of the interspinous spaces at L<sub>1</sub>/ L<sub>2</sub>, L<sub>2</sub>/ L<sub>3</sub>, L<sub>3</sub>/ L<sub>4</sub>, L<sub>4</sub>/ L<sub>5</sub>, and L<sub>5</sub>/S<sub>1</sub> for a total of 10 points.
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located by coursing 0.5 *cun* distal to KI-3<sup>WHO</sup> then 0.5 *cun* posteriorly. Needle 0.3 to 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point lies on the medial side of the foot, 2.0 *cun* immediately distal to KI-3<sup>WHO</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

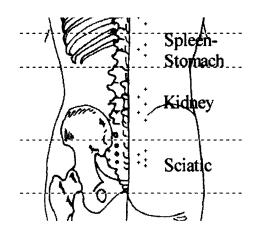




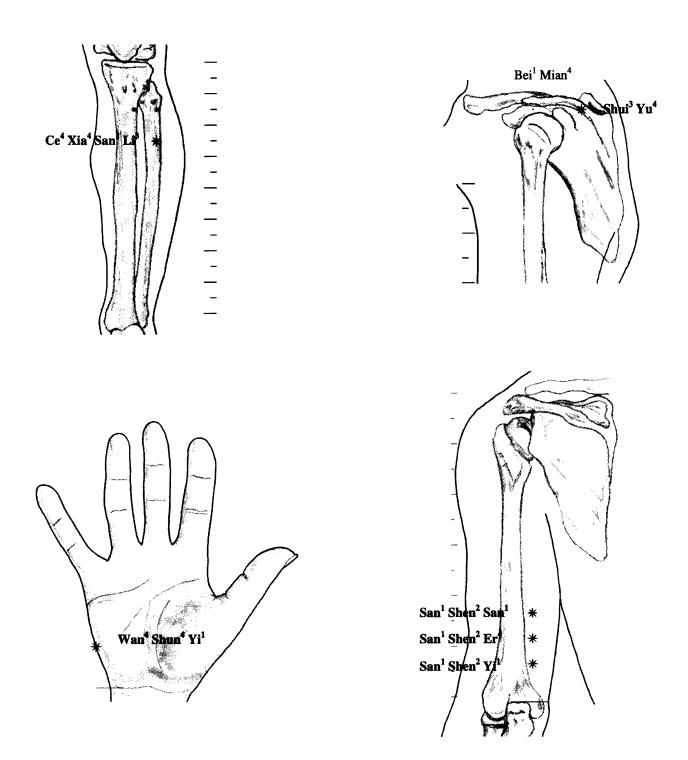
DMG 77-12 'Lower 3 Emperors'

## Nephritis (LKC-5)

- 1. 'Let' the affected area (Kidney Area) then needle Ce<sup>4</sup> Xia<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, Shui<sup>3</sup> Yu<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and DMG 44-09 'Three Spirits Three Needles' (LKC):
  - Ce<sup>4</sup> Xia<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>: This point is located 2.0 *cun* immediately distal to Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, on the lateral aspect of the proximal leg. Needle 1.0 to 1.5 *cun*. {Lung Branch and Tooth Reaction Areas} (Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup> is located 1.5 *cun* immediately lateral to ST-36<sup>WHO</sup>.)
  - Shui<sup>3</sup> Yu<sup>4</sup>: Locate this point by coursing 2.0 *cun* posterior to Bei<sup>1</sup> Mian<sup>4</sup> depending on the size of the patient, the point may be somewhat inferior to the level of Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 cun. 'Let' yellow serous fluid to treat kidney disorders. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is 0.2 *cun* superior (proximal) to the large depression found immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}



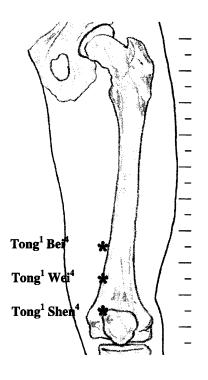
Nephritis (LKC-5)



DMG 44-09 '3 Spirits 3 Needles'

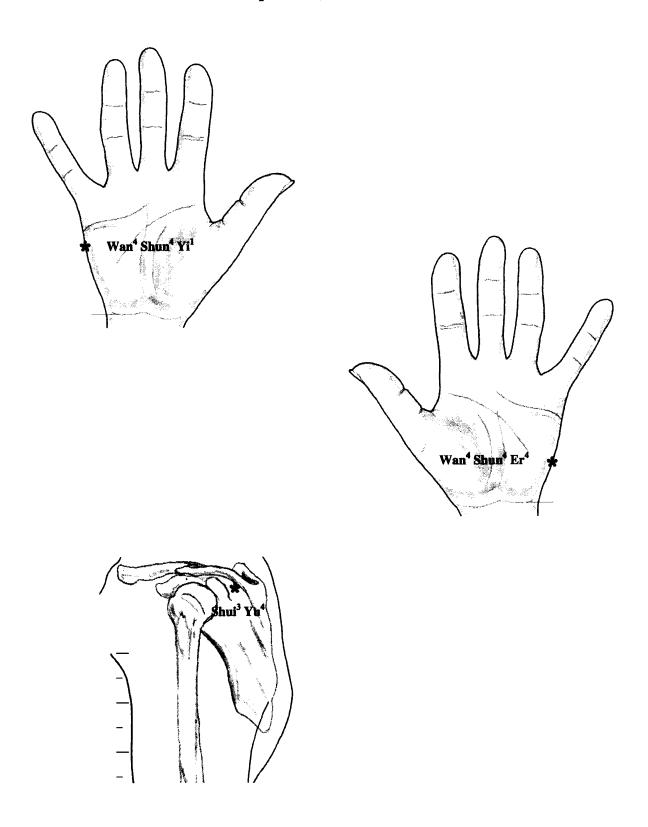
#### Nephritis (MC-1)

- 1. DMG 88-01 'Passing Through the Kidney Three Needles', Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and (contralateral) Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>. 'Let' Shui<sup>3</sup> Yu<sup>4</sup> 'let' the yellow fluid (MC):
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease and anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located 2.0 *cun* posterodistal to Bei<sup>1</sup> Mian<sup>4</sup>; Shui<sup>3</sup> Yu<sup>4</sup> is essentially SI-10<sup>WHO</sup>. Needle 0.3 to 0.5 *cun* or 'let' as indicated. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.)



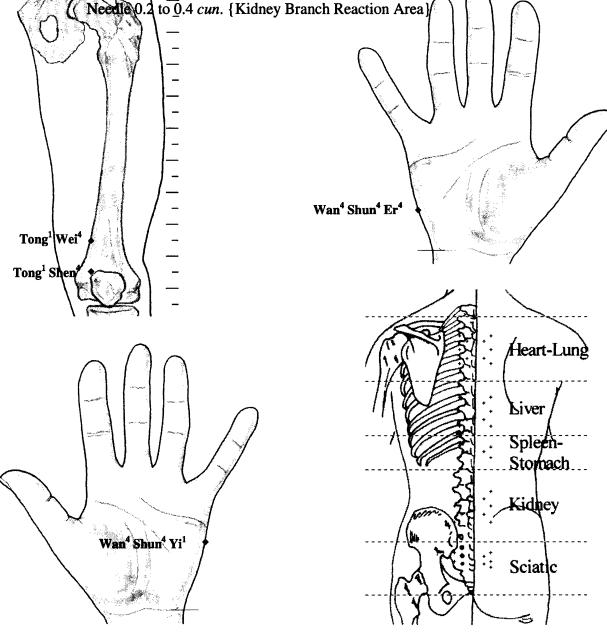
DMG 88-01 'Passing Through the Kidney 3 Needles'

Nephritis (MC-1)



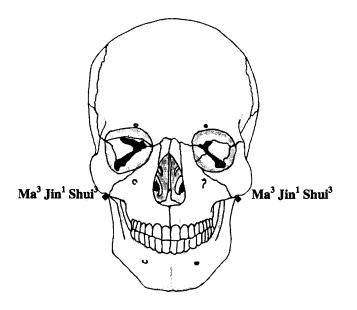
# Nephritis (MC-2)

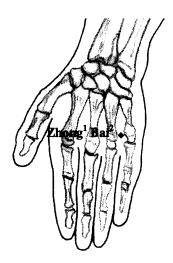
- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Subcutaneous needling on the back Kidney Region (MC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'.



# Nephrolithiasis (HPC-1)

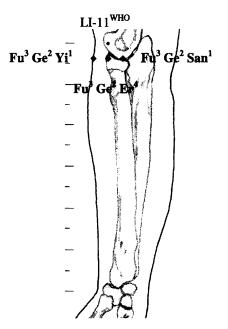
- 1. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> and Zhong<sup>1</sup> Bai<sup>2</sup> (HPC):
  - **Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>:** This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun.* {Kidney and Lung Auxiliary Reaction Areas}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)





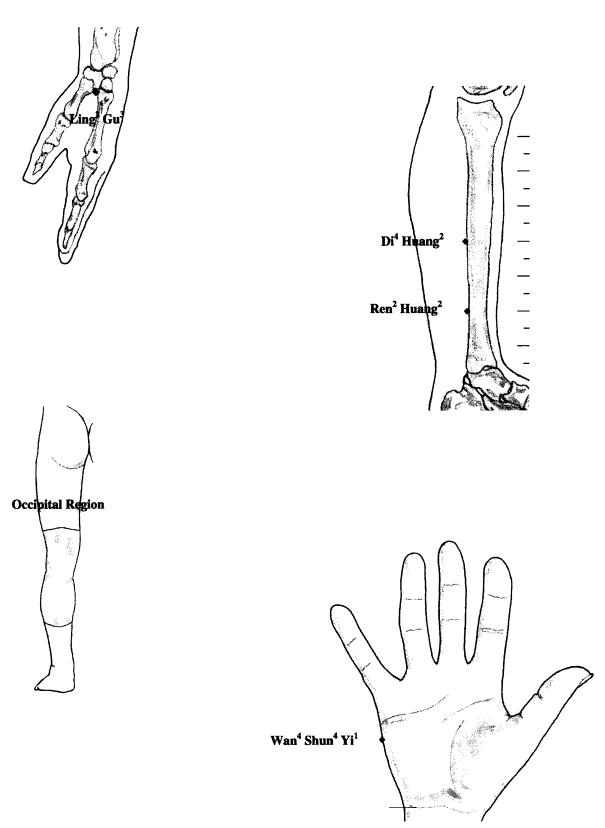
#### Nephrolithiasis (HPC-2)

- 1. DMG 33-13 'Bowel Division 3 Needles', Ling<sup>2</sup> Gu<sup>3</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and 'Let' the Occipital Region of the lower extremity treat daily and within 2 weeks there should be a clear improvement in the clinical picture (HPC):
  - DMG 33-13 'Bowel Division Three Needles':
    - i.  $Fu^3 Ge^2 Er^4$ : This point is located on the posterior surface of the proximal antebrachium, 0.8 *cun* distal to LI-11<sup>WHO</sup>, on the Hand Yang<sup>2</sup> Ming<sup>2</sup> Large Intestine Channel. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - ii.  $Fu^3 Ge^2 Yi^1$ : This point is located 8 *fen* radial to  $Fu^3 Ge^2 Er^4$ . Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - iii. **Fu<sup>3</sup> Ge<sup>2</sup> San<sup>1</sup>:** This point is located 8 *fen* medial (ulnar) to Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>. Needle 0.5 to 0.8 *cun.* {Heart and Lung Branch Reaction Areas}
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is found on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpals; have the patient make a loose fist to facilitate point location this point communicates with the palmar point Zhong<sup>4</sup> Xian<sup>1</sup> (重 仙 a.k.a. Chong<sup>2</sup> Xian<sup>1</sup>). Needle with a 1.5 ~ 2.0 *cun* needle; puncture through to connect with Zhong<sup>4</sup> Xian<sup>1</sup> (重仙 a.k.a. Chong<sup>2</sup> Xian<sup>1</sup>). *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



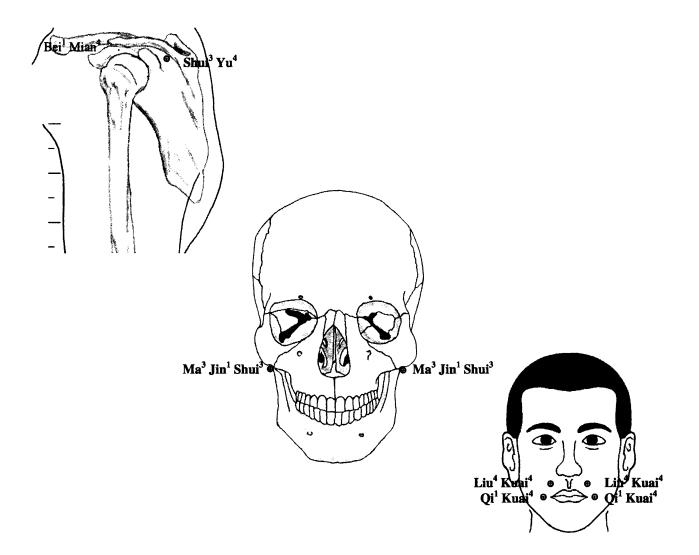
DMG 33-13 'Bowel Division 3 Needles'

Nephrolithiasis (HPC-2)



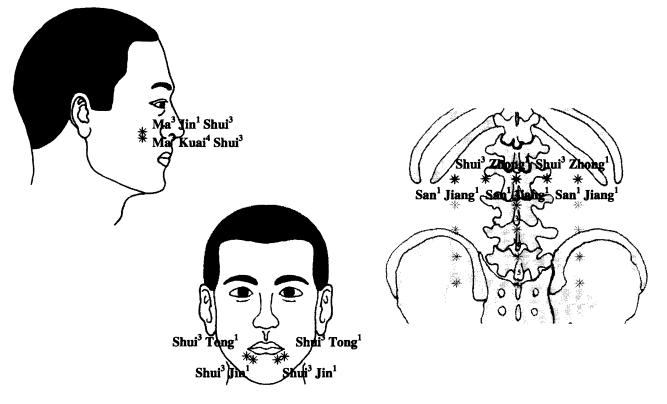
## Nephrolithiasis (LCH)

- 1. Shui<sup>3</sup> Yu<sup>4</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (LCH):
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located on the proximal aspect of the brachium 2.0 *cun* immediately posterior, and slightly inferior, to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is located in the center of the depression found immediately lateral to the acromion process when the arm is abducted to 90°)
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point lies 1.4 *cun* lateral to the center of the philtrum (i.e. 1.4 *cun* lateral to Ren<sup>2</sup> Zhong<sup>1</sup> or Du-24). Needle 0.1 to 0.3 *cun*. {Secretion/Excretion Reaction Area}
  - Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}



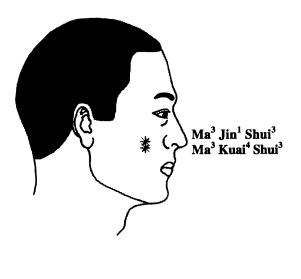
# Nephrolithiasis (LKC-1)

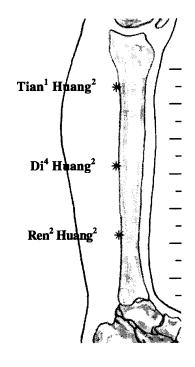
- 1. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup>. 'Let' along the row of Shui<sup>3</sup> Zhong<sup>1</sup> and the corresponding constituent points at the L<sub>1</sub>/L<sub>2</sub> interspinous level from San<sup>1</sup> Jiang<sup>1</sup> (LKC):
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point lies 0.4 *cun* inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is located 0.4 *cun* lateral to SI-18<sup>WHO</sup>. SI-18<sup>WHO</sup> is found at the medial-to-lateral level of the outer canthus and at the superior-to-inferior level of the inferior border of the Zygomatic bone.)
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Zhong<sup>1</sup>: These two points are located 1.5 *cun* lateral to the interspinous space between L<sub>1</sub> and L<sub>2</sub>. Needle 0.8 to 1.0 *cun* or 'Let' {General Kidney Reaction Area}
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}



#### Nephrolithiasis (LKC-2)

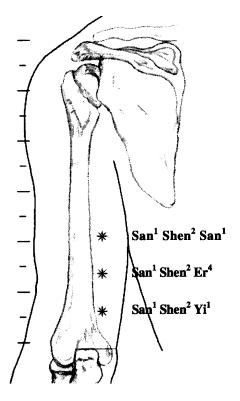
- 1. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, DMG 77-12 'Lower Three Emperors', DMG 44-09 'Three Spirits Three Needles', and Shui<sup>3</sup> Yu<sup>4</sup> (LKC):
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point lies 0.4 *cun* inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
  - Shui<sup>3</sup> Yu<sup>4</sup>: Locate this point by coursing 2.0 *cun* posterior to Bei<sup>1</sup> Mian<sup>4</sup> depending on the size of the patient, the point may be somewhat inferior to the level of Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 cun. 'Let' yellow serous fluid to treat kidney disorders. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is 0.2 *cun* superior (proximal) to the large depression found immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)





DMG 77-12 'Lower 3 Emperors'

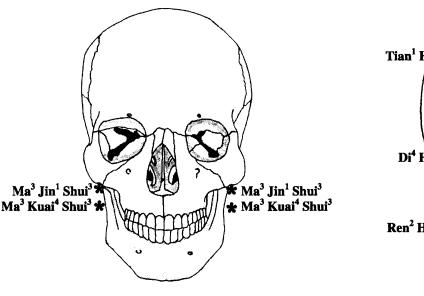
Bei<sup>1</sup> Mian<sup>4</sup>

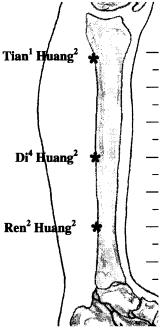


Shui<sup>3</sup> Yu<sup>4</sup>

DMG 44-09 '3 Spirits 3 Needles'

- 1. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, and DMG 77-12 'Lower Three Emperors' (MC):
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun.* {Kidney and Lung Auxiliary Reaction Areas}
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. Tian<sup>1</sup> Huang<sup>2</sup>: This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - **ii.** Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}

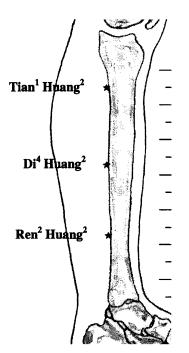




DMG 77-12 'Lower 3 Emperors'

#### Nephropathy (CCC)

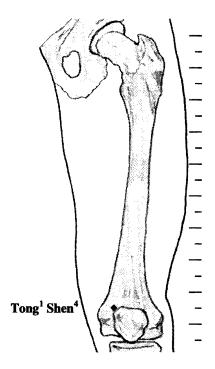
- 1. DMG 77-12 'Lower Three Emperors' (CCC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)



DMG 77-12 'Lower 3 Emperors'

#### Nephropathy (HPC)

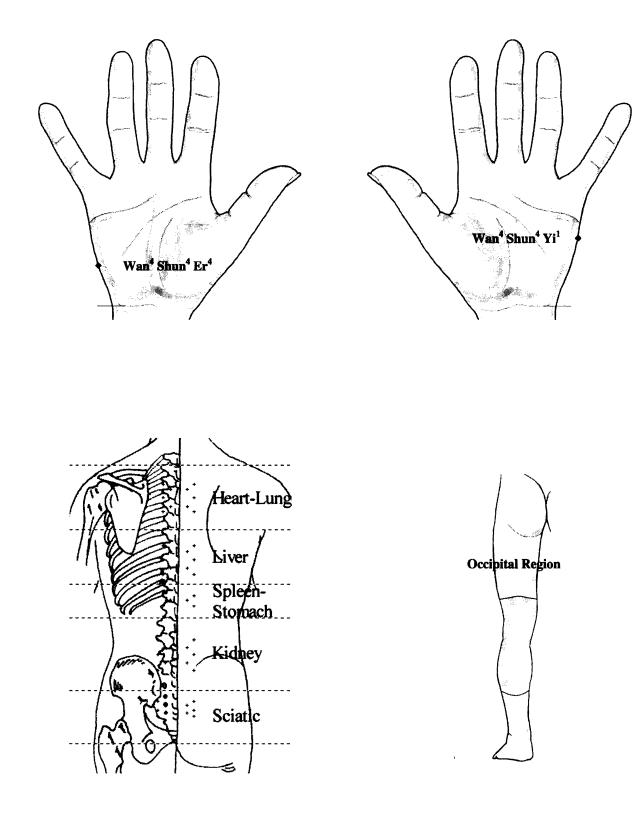
- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Huo<sup>3</sup> Ying<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Subcutaneous needling of the Kidney Region on the Back, and 'Let' the Occipital Region of the lower extremity treat daily (HPC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. NEEDLE & MOXA CONTRAINDICATED DURING PREGNANCY. {Heart Organ Branch and Liver Auxiliary Reaction Areas}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



Huo<sup>3</sup> Ying<sup>4</sup>

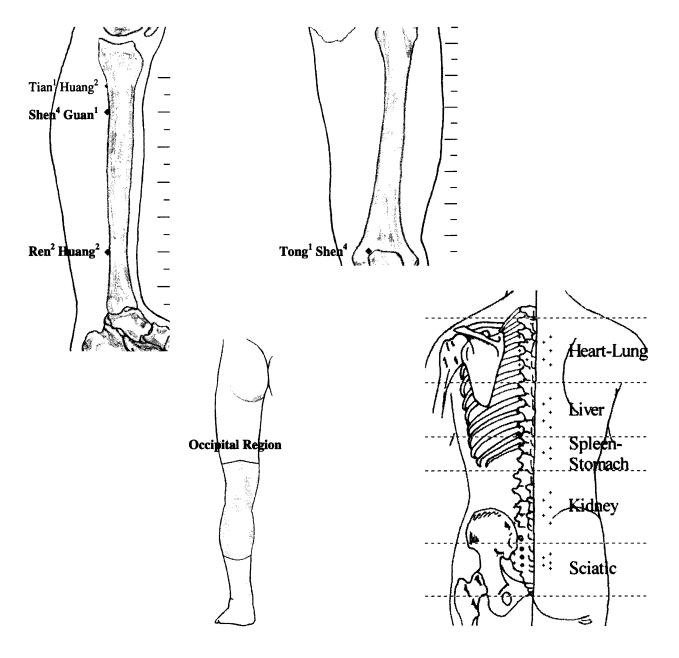


Nephropathy (HPC)



#### Nephrosclerosis (HPC)

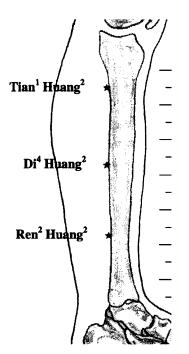
- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Subcutaneous needling of the Kidney Region on the Back, and 'Let' the Occipital Region of the lower extremity treat daily (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}



#### Nephrosis (CCC)

#### 1. DMG 77-12 'Lower Three Emperors' (CCC):

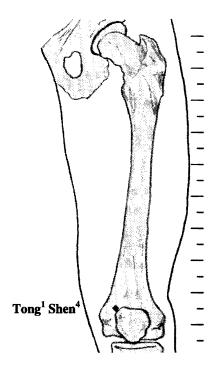
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)



DMG 77-12 'Lower 3 Emperors'

#### Nephrosis (HPC)

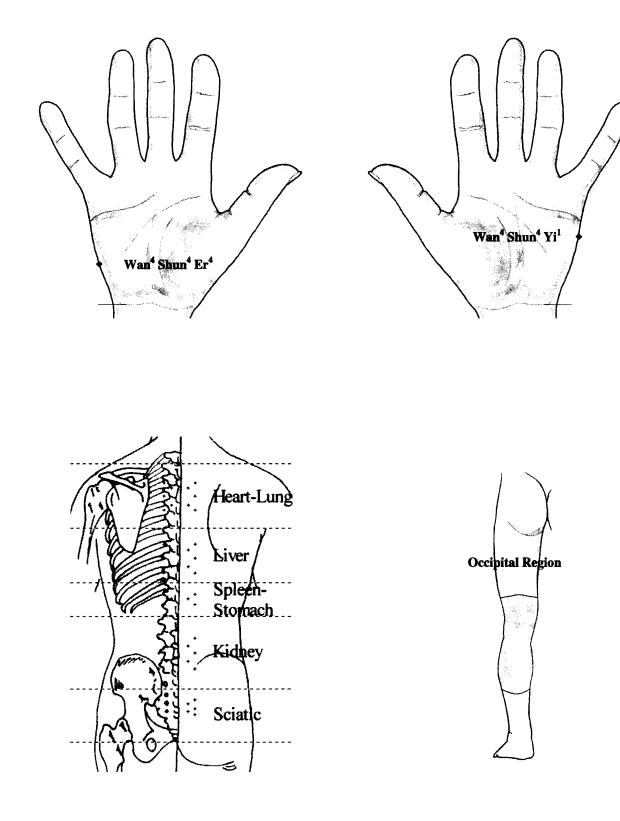
- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Huo<sup>3</sup> Ying<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Subcutaneous needling of the Kidney Region on the Back, and 'Let' the Occipital Region of the lower extremity - treat daily (HPC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the • patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 cun proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 cun. NEEDLE & MOXA CONTRAINDICATED DURING PREGNANCY. {Heart Organ Branch and Liver Auxiliary Reaction Areas}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the  $5^{th}$  metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 cun. {Kidney Branch Reaction
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist • crease, anterior to the  $5^{th}$  metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 cun. {Kidney Branch Reaction Area}



Huo<sup>3</sup> Ying<sup>4</sup>



Nephrosis (HPC)

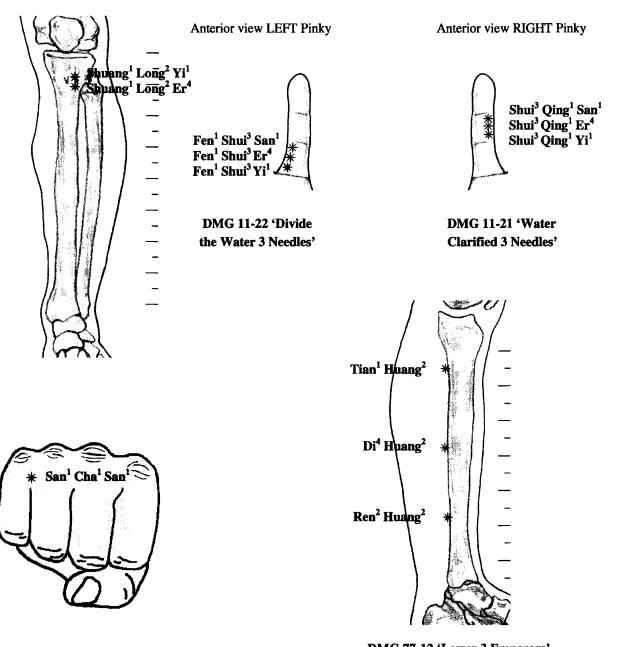


# Nephrosis (LKC)

- 1. Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>, Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup>, DMG 11-22 'Divide the Water Three Needles', DMG 11-21 'Water Clarified Three Needles', San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>: This point is located on the anterior aspect of the proximal leg, 1.5 *cun* immediately distal to the lateral 'eye of the knee'. Needle 0.5 to 0.8 *cun*. {Lung Branch and Liver Branch Reaction Areas}
  - Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup>: This point is located on the anterior aspect of the proximal leg, 0.6 *cun* immediately distal to Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>. Needle 0.5 to 0.8 *cun*. {Lung Branch and Liver Branch Reaction Areas} (Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup> is, therefore, located 2.1 *cun* immediately distal to the lateral eye of the knee.)
  - DMG 11-22 'Divide the Water Three Needles':
    - i. Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup>: This point is located in the center of anterior digit line B (@ 0.3 cun radial/lateral to the median plane) on the anterior surface of the proximal phalanx of the 5<sup>th</sup> digit (pinky). To determine the exact center of anterior digit line B on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease, along the course of said line. Needle 0.1 to 0.2 cun. {Kidney Reaction Area}
    - ii. Fen<sup>1</sup> Shui<sup>3</sup> Yi<sup>1</sup>: To locate this point, simply bisect the distance from Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - iii. Fen<sup>1</sup> Shui<sup>3</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 cun. {Kidney Reaction Area}
  - DMG 11-21 'Water Clarified Three Needles':
    - i. Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup>: This point is located in the center of anterior digit line B (@ 0.3 *cun* radial/lateral to the median plane) on the anterior surface of the middle phalanx of the 5<sup>th</sup> digit (pinky). To determine the exact center of anterior digit line B on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease, along the course of said line. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - ii. Shui<sup>3</sup> Qing<sup>1</sup> Yi<sup>1</sup>: To locate this point, simply bisect the distance from Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - iii. Shui<sup>3</sup> Qing<sup>1</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
  - San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>: This point is located in the center of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits of the hand with the fingers abducted. RA: Lung branch and Kidney auxiliary. Needle: Perpendicularly 2 *cun*; have the patient make a loose fist and insert the needle. {Kidney Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING*

CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED. {Kidney, Six Bowels, and Heart Branch Reaction Areas}

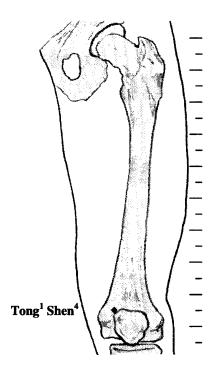
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
- iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)



DMG 77-12 'Lower 3 Emperors'

## Nephrotic Syndrome (HPC)

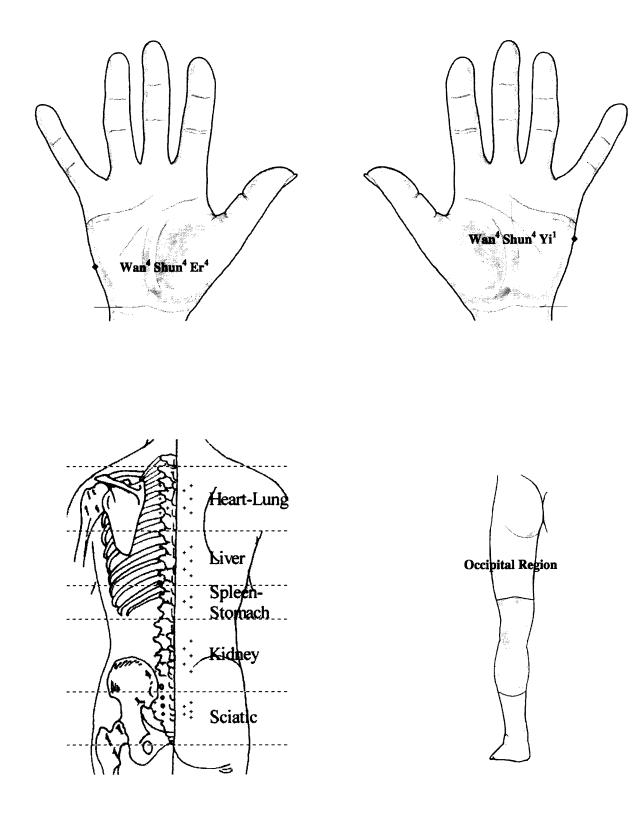
- 1. Tong<sup>1</sup> Shen<sup>4</sup>, Huo<sup>3</sup> Ying<sup>4</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Subcutaneous needling of the Kidney Region on the Back, and 'Let' the Occipital Region of the lower extremity treat daily (HPC):
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Huo<sup>3</sup> Ying<sup>4</sup>:** This point is located on the dorsum of the foot between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. *NEEDLE & MOXA CONTRAINDICATED DURING PREGNANCY*. {Heart Organ Branch and Liver Auxiliary Reaction Areas}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



Huo<sup>3</sup> Ying<sup>4</sup>



# Nephrotic Syndrome (HPC)

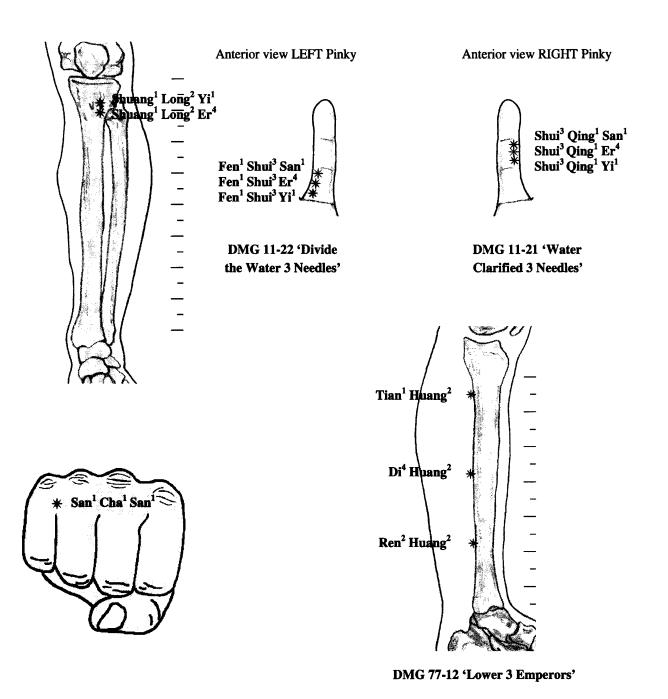


# Nephrotic Syndrome (LKC)

- 1. Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>, Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup>, DMG 11-22 'Divide the Water Three Needles', DMG 11-21 'Water Clarified Three Needles', San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>: This point is located on the anterior aspect of the proximal leg, 1.5 *cun* immediately distal to the lateral 'eye of the knee'. Needle 0.5 to 0.8 *cun*. {Lung Branch and Liver Branch Reaction Areas}
  - Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup>: This point is located on the anterior aspect of the proximal leg, 0.6 *cun* immediately distal to Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup>. Needle 0.5 to 0.8 *cun*. {Lung Branch and Liver Branch Reaction Areas} (Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup> is, therefore, located 2.1 *cun* immediately distal to the lateral eye of the knee.)
  - DMG 11-22 'Divide the Water Three Needles':
    - i. Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup>: This point is located in the center of anterior digit line B (@ 0.3 cun radial/lateral to the median plane) on the anterior surface of the proximal phalanx of the 5<sup>th</sup> digit (pinky). To determine the exact center of anterior digit line B on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease, along the course of said line. Needle 0.1 to 0.2 cun. {Kidney Reaction Area}
    - ii. Fen<sup>1</sup> Shui<sup>3</sup> Yi<sup>1</sup>: To locate this point, simply bisect the distance from Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - iii. Fen<sup>1</sup> Shui<sup>3</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 cun. {Kidney Reaction Area}
  - DMG 11-21 'Water Clarified Three Needles':
    - i. Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup>: This point is located in the center of anterior digit line B (@ 0.3 *cun* radial/lateral to the median plane) on the anterior surface of the middle phalanx of the 5<sup>th</sup> digit (pinky). To determine the exact center of anterior digit line B on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease, along the course of said line. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - ii. Shui<sup>3</sup> Qing<sup>1</sup> Yi<sup>1</sup>: To locate this point, simply bisect the distance from Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
    - iii. Shui<sup>3</sup> Qing<sup>1</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line B. Needle 0.1 to 0.2 *cun*. {Kidney Reaction Area}
  - San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>: This point is located in the center of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits of the hand with the fingers abducted. RA: Lung branch and Kidney auxiliary. Needle: Perpendicularly 2 *cun*; have the patient make a loose fist and insert the needle. {Kidney Reaction Area}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING*

CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED. {Kidney, Six Bowels, and Heart Branch Reaction Areas}

- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
- iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

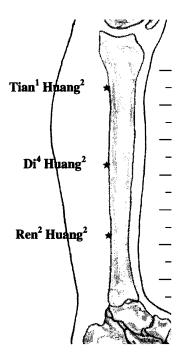


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## **Nephrotic Syndrome (CCC)**

#### 1. DMG 77-12 'Lower Three Emperors' (CCC):

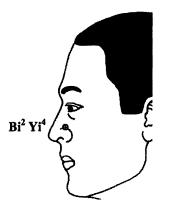
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)



DMG 77-12 'Lower 3 Emperors'

# Neuralgias (LCH) [2° to 'Kidney Depletion']

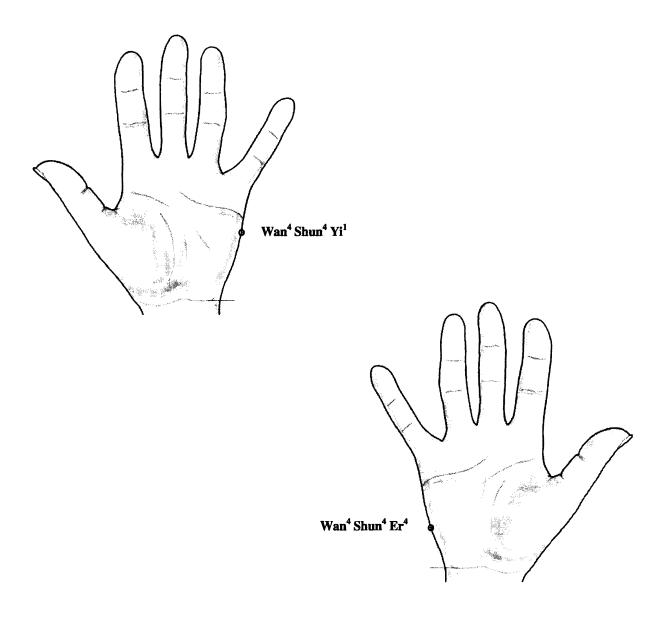
- 1. **Bi<sup>2</sup> Yi<sup>4</sup>** (LCH):
  - **Bi<sup>2</sup> Yi<sup>4</sup>:** This point is located in the depression found at the superior extremity of the nasal ala. Needle 0.1 to 0.2 *cun*. {Lung, Kidney, and Spleen Reaction Areas}



## **Ophthalmalgia (LCH)** [2° to 'Kidney Depletion']

# 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> and Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup> (LCH):

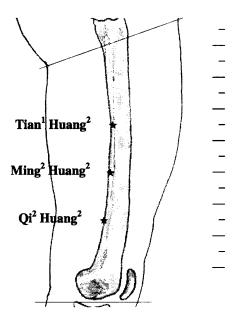
- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
- Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



## **Osteophytes (CCC)**

# 1. DMG 88-07 'Upper Three Yellow' Note: simply needling DMG 88-07 'Upper Three Yellow' may require 3 or more months; add 'letting' to improve the clinical outcome (CCC):

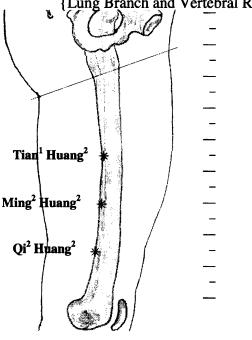
- DMG 88-07 'Upper Three Yellow':
  - i. Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle perpendicular 3.0 *cun.* {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
  - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}



DMG 88-07 'Upper 3 Yellow'

## **Osteophytes (LKC)**

- 1. 'Let' the affected region then needle DMG 88-07 'Upper Three Yellow' and DMG 77-09 'Leg Spine Three Needles' (LKC):
  - DMG 88-07 'Upper Three Yellow':
    - Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle 1 to 3.0 *cun*. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
    - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
    - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - DMG 77-09 'Leg Spine Three Needles':
    - i. **Zheng<sup>4</sup> Jin<sup>1</sup>:** This point is located 3.5 *cun* proximal to the plantar surface of the heel, on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg; it lies midway between Bl-60<sup>WHO</sup> and KI-3<sup>WHO</sup>. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - ii. Zheng<sup>4</sup> Zong<sup>1</sup>: This point is located 2 cun proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 cun to 1 cun; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - iii. **Zheng<sup>4</sup> Shi<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Zong<sup>1</sup>, i.e. 4 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and Vertebral Reaction Areas}



DMG 88-07 'Upper 3 Yellow'

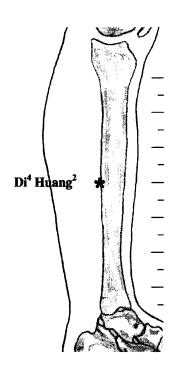


DMG 77-09 'Leg Spine 3 Needles'

# **Overactive Bladder (HPC-1)**

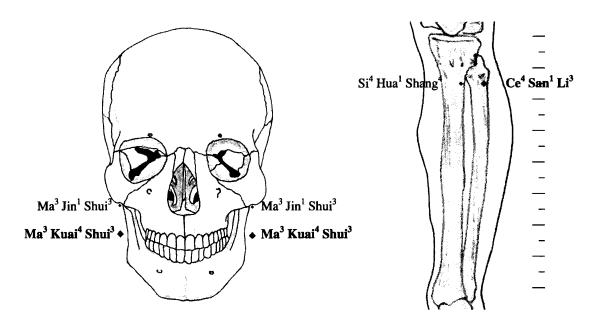
- 1. Ling<sup>2</sup> Gu<sup>3</sup> and Di<sup>4</sup> Huang<sup>2</sup> (HPC):
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones the point communicates with the palmar point Chong<sup>2</sup> Xian<sup>1</sup>. Needle 1.5 to 2.0 *cun* i.e. one may needle through to connect with Chong<sup>2</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}



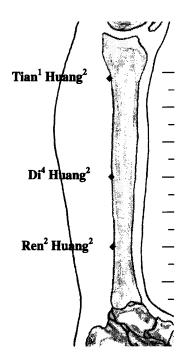


# **Overactive Bladder (HPC-2)**

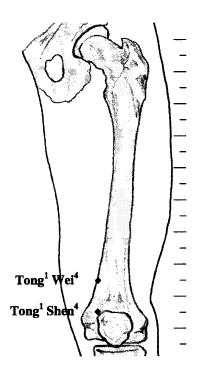
- 1. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>, DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus)
  - Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup>: This point is located 1.5 *cun* lateral to Si<sup>4</sup> Hua<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Lung Branch Reaction Area} (Si<sup>4</sup> Hua<sup>1</sup> Shang<sup>4</sup> is located in the depression between the origins of the tibialis anterior and extensor digitorum longus muscles, 3 *cun* distal to the lateral 'eye' of the knee, on the anterior aspect of the proximal leg.)
  - DMG 77-12 'Lower Three Emperors':
    - i. Tian<sup>1</sup> Huang<sup>2</sup>: This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)



# **Overactive Bladder (HPC-2)**

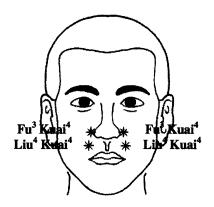


DMG 77-12 'Lower 3 Emperors'



# **Overactive Bladder (LKC-1)**

- 1. Fu<sup>3</sup> Kuai<sup>4</sup> and Liu<sup>4</sup> Kuai<sup>4</sup> (LKC):
  - Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.



# **Overactive Bladder (LKC-2)**

- 1. Shui <sup>3</sup>Qu<sup>1</sup> and Huo<sup>3</sup> Zhu<sup>3</sup> (LKC):
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun.* {Lung Branch and Kidney Branch Reaction Areas}
  - Huo<sup>3</sup> Zhu<sup>3</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones. Needle 0.3 to 0.8 *cun* CONTRAINDICATED IN PREGNANCY; MOXABUSTION CONTRAINDICATED. {Heart Organ Branch Reaction Area}



Shui<sup>3</sup> Qu<sup>1</sup>

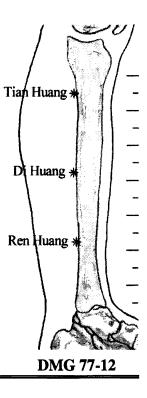


Huo<sup>3</sup> Zhu<sup>3</sup>

## **Overactive Bladder (LKC-3)**

#### 1. DMG 77-12 'Lower Three Emperors' (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}



### **Overactive Bladder (LKC-4)**

- 1. Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup> and Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup> (LKC):
  - Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup>: These four points are located on the plantar surface of the foot, between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun*, 1.0 *cun*, 1.5 *cun*, and 2.0 *cun* proximal to the intervening interdigital web separating the 1<sup>st</sup> and 2<sup>nd</sup> toes. Needle 0.5 to 1.0 cun (have the patient forcefully inhale while rapidly inserting needles). {Spleen, Lung, Kidney, and Liver Reaction Areas}
  - Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup>: This point is located on the plantar surface of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 1.5 *cun* proximal to the interdigital web separating the 4<sup>th</sup> and 5<sup>th</sup> digits. Needle 0.5 to 1.0 *cun*. {Lung and Kidney Reaction Areas}

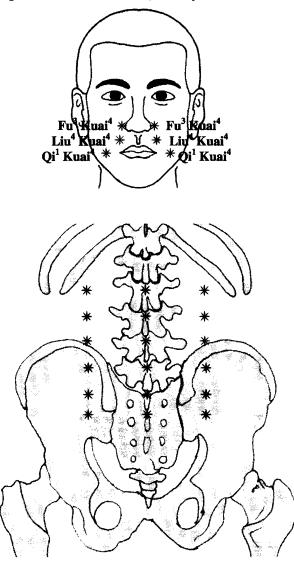




## **Overactive Bladder (LKC-5)**

# 1. Fu<sup>3</sup> Kuai<sup>4</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> then moxa along San<sup>1</sup> Jiang<sup>1</sup> (LKC):

- Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}
- San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}

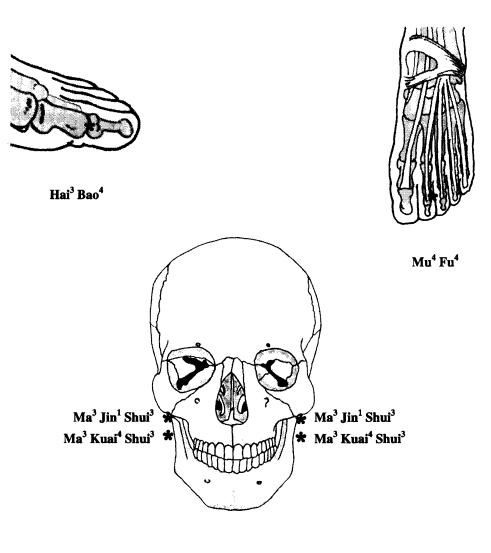


San<sup>1</sup> Jiang<sup>1</sup>

# **Overactive Bladder (MC-1)**

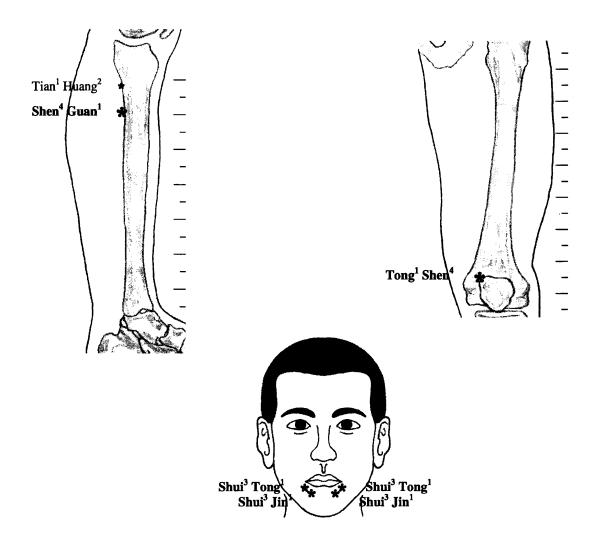
# 1. Hai<sup>3</sup> Bao<sup>4</sup>, Mu<sup>4</sup> Fu<sup>4</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (MC):

- Hai<sup>3</sup> Bao<sup>4</sup>: This point is found on the medial side of the great toe in the center (i.e. plantarto-dorsum center) of the interphalangeal joint of the hallux (great toe). Needle 0.1 to 0.3 *cun.* {Heart Branch Reaction Area}
- **Mu<sup>4</sup> Fu<sup>4</sup>:** This point is located 0.3 *cun* lateral to the center of the median plane on the dorsum of the middle phalanx on the 2<sup>nd</sup> digit of the foot. Needle 0.2 to 0.4 *cun* close to the bone (use a very fine needle to minimize patient discomfort). {Heart Auxiliary Reaction Area}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}



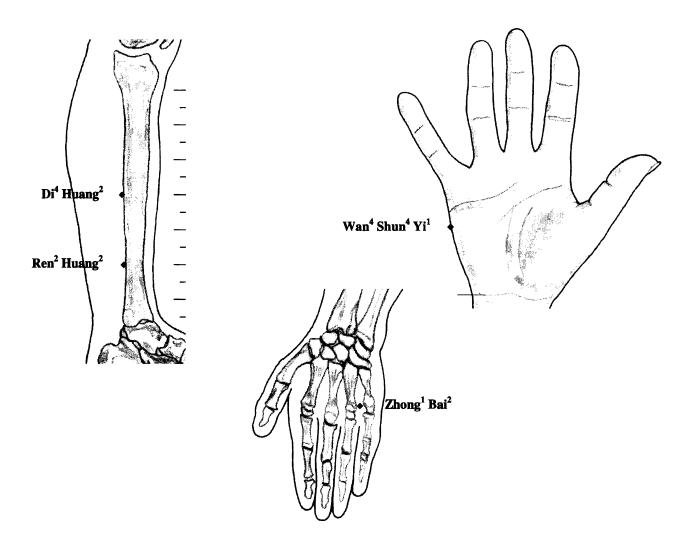
## **Overactive Bladder (MC-2)**

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



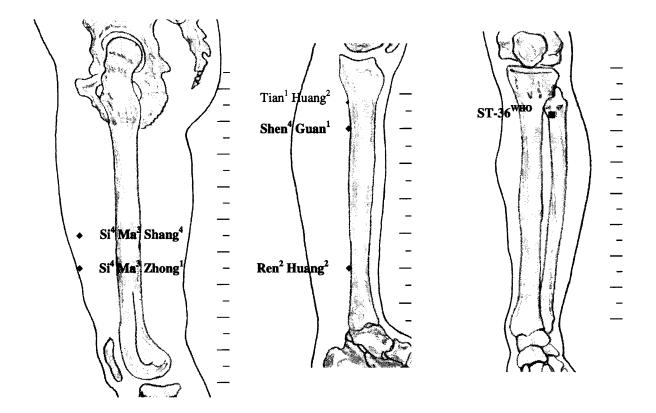
# **Polycystic Kidney (HPC)**

- 1. Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and Zhong<sup>1</sup> Bai<sup>2</sup> treat thusly until symptoms fully resolve: daily for 2 weeks, 1 week off, daily for 2 weeks, 1 week off, etc. (HPC):
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)



# Polyuria (HPC)

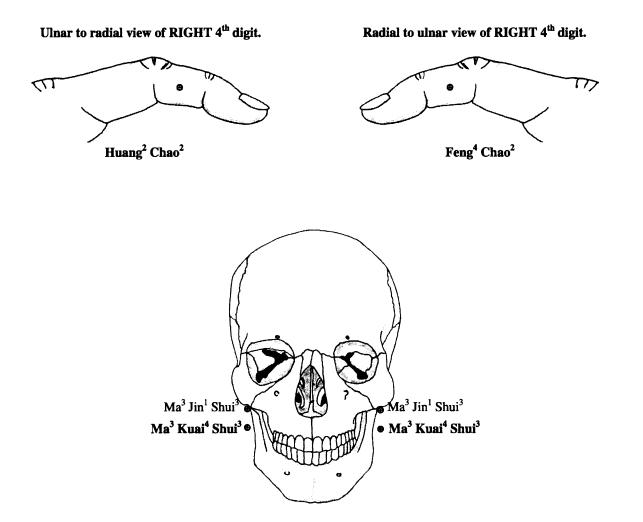
- 1. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>, Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, and ST-36<sup>WHO</sup> treat daily.
  - Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas}
  - Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>: This point is located 2 *cun* immediately proximal to Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas} (Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup> is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>)
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - ST-36<sup>WHO</sup>: On the lower leg, 3 units below (distal to) the lateral 'eye' of the knee, approximately 1 finger width lateral to the tibia. Needle 1 to 2 units



# Polyuria (LCH)

# 1. Huang<sup>2</sup> Chao<sup>2</sup>, Feng<sup>4</sup> Chao<sup>2</sup>, and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> (LCH):

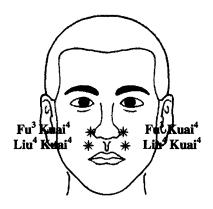
- **Huang<sup>2</sup> Chao<sup>2</sup>:** This point is located at the center of the ulnar border of the middle phalanx of the 4<sup>th</sup> digit (ring finger) of the hand. Needle 0.1 to 0.3 *cun*. {Liver Auxiliary and Kidney Auxiliary Reaction Areas} [This point is found in the center of Digit Line E on the middle phalanx of the ring finger to determine the center of Digit Line E, divide the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease along said line. It is a.k.a. Huan<sup>2</sup> Chao<sup>2</sup>]
- Feng<sup>4</sup> Chao<sup>2</sup>: This point is located at the center of the radial border of the middle phalanx of the 4<sup>th</sup> digit (ring finger) of the hand. Needle 0.1 to 0.3 *cun*. {No Reaction Areas listed} [This point is found at the center of Digit Line A on the middle phalanx of the ring finger – to determine the center of Digit Line A, divide the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease along said line.]
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} [Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus.]



# Polyuria (LKC-1)

## 1. Fu<sup>3</sup> Kuai<sup>4</sup> and Liu<sup>4</sup> Kuai<sup>4</sup> (LKC):

- Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.



Polyuria (LKC-2)

- 1. Shui <sup>3</sup>Qu<sup>1</sup> and Huo<sup>3</sup> Zhu<sup>3</sup> (LKC):
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Huo<sup>3</sup> Zhu<sup>3</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones. Needle 0.3 to 0.8 *cun* CONTRAINDICATED IN PREGNANCY; MOXABUSTION CONTRAINDICATED. {Heart Organ Branch Reaction Area}



Shui<sup>3</sup> Qu<sup>1</sup>

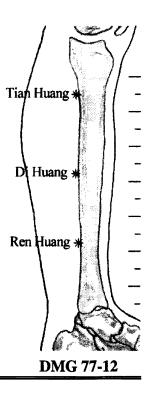


Huo<sup>3</sup> Zhu<sup>3</sup>

## Polyuria (LKC-3)

#### 1. DMG 77-12 'Lower Three Emperors' (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrochemius muscle. Needle 0.5 to 1.5 *cun*. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}



## Polyuria (LKC-4)

- 1. Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup> and Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup> (LKC):
  - Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup>: These four points are located on the plantar surface of the foot, between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun*, 1.0 *cun*, 1.5 *cun*, and 2.0 *cun* proximal to the intervening interdigital web separating the 1<sup>st</sup> and 2<sup>nd</sup> toes. Needle 0.5 to 1.0 cun (have the patient forcefully inhale while rapidly inserting needles). {Spleen, Lung, Kidney, and Liver Reaction Areas}
  - Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup>: This point is located on the plantar surface of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 1.5 *cun* proximal to the interdigital web separating the 4<sup>th</sup> and 5<sup>th</sup> digits. Needle 0.5 to 1.0 *cun*. {Lung and Kidney Reaction Areas}

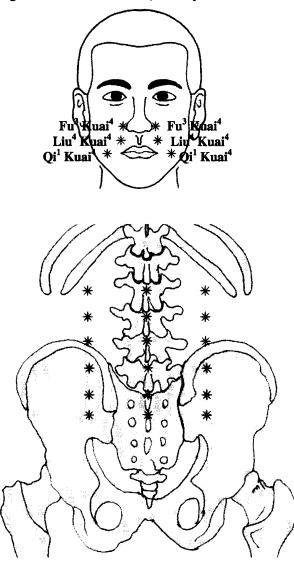




# Polyuria (LKC-5)

# 1. Fu<sup>3</sup> Kuai<sup>4</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> then moxa along San<sup>1</sup> Jiang<sup>1</sup> (LKC):

- Fu<sup>3</sup> Kuai<sup>4</sup>: This point is located by coursing 0.5 *cun* lateral to the inferolateral border of the nares, then 0.5 *cun* superior. Needle 0.1 to 0.3 *cun*. {Kidney and Six Bowels Reaction Areas} [This point is 0.5 *cun* directly superior to LI-20<sup>WHO</sup>.]
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}
- San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}

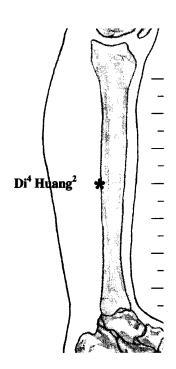


San<sup>1</sup> Jiang<sup>1</sup>

# Polyuria (MC)

- 1. Ling<sup>2</sup> Gu<sup>3</sup> and Di<sup>4</sup> Huang<sup>2</sup> (MC):
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones the point communicates with the palmar point Chong<sup>2</sup> Xian<sup>1</sup>. Needle 1.5 to 2.0 *cun* i.e. one may needle through to connect with Chong<sup>2</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}





# Proteinuria (CCC)

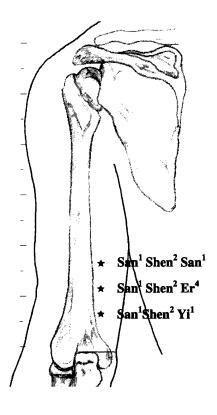
# 1. DMG 44-09 'Three Spirits Three Needles' and DMG 77-12 'Lower Three Emperors' (CCC): DMG 44-09 'Three Spirits Three Needles':

- i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
- ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
- iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his/her chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}

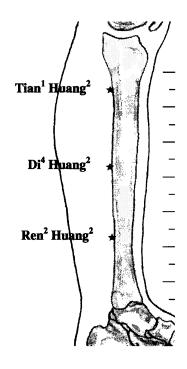
### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
- iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)

# Proteinuria (CCC)



DMG 44-09 '3 Spirits 3 Needles'

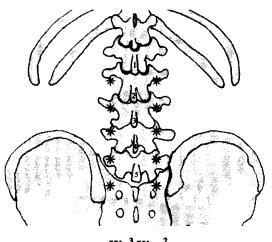


DMG 77-12 'Lower 3 Emperors'

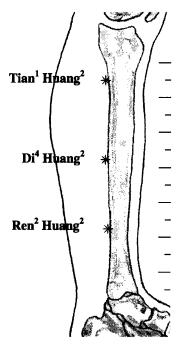
## Proteinuria (LKC)

- 1. 'Let' Wu<sup>3</sup> Xing<sup>2</sup> then needle DMG 77-12 'Lower Three Emperors', DMG 44-09 'Three Spirits Three Needles', and DMG 1111-02 'Three Branches Three Needles' (LKC):
  - Wu<sup>3</sup> Xing<sup>2</sup>: These 5 sets of bilaterally paired points are found 1 finger breadth lateral to either side of the Governing Vessel at the levels of the interspinous spaces at L<sub>1</sub>/ L<sub>2</sub>, L<sub>2</sub>/ L<sub>3</sub>, L<sub>3</sub>/ L<sub>4</sub>, L<sub>4</sub>/ L<sub>5</sub>, and L<sub>5</sub>/S<sub>1</sub> for a total of 10 points.
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his/her chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
  - DMG 1111-02 'Three Branches Three Needles':
    - i. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
    - ii. Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located 1.5 *cun* immediately inferior to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
    - iii. Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located 0.6 *cun* immediately medial to Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}

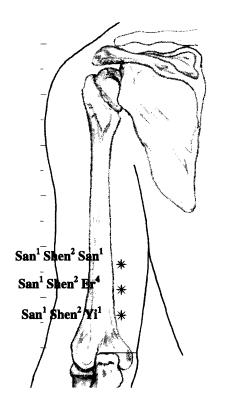
# Proteinuria (LKC)

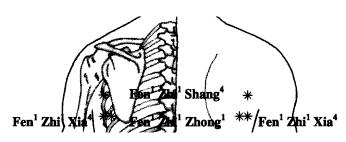


Wu<sup>3</sup> Xing<sup>2</sup>



DMG 77-12 'Lower 3 Emperors'



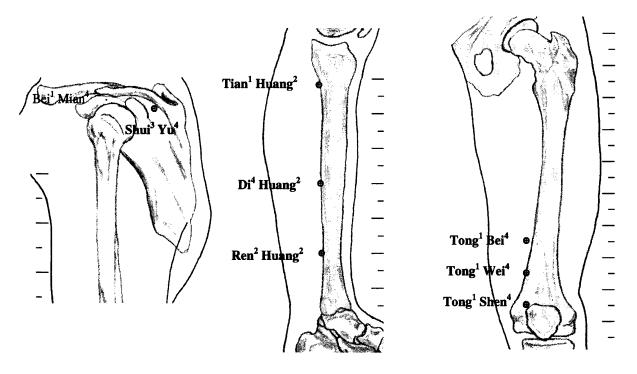


DMG 1111-02 '3 Branches 3 Needles'

DMG 44-09 '3 Spirits 3 Needles'

## **Proteinuria (LCH)**

- 1. Shui<sup>3</sup> Yu<sup>4</sup>, DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (LCH):
  - Shui<sup>3</sup> Yu<sup>4</sup>: This point is located on the proximal aspect of the brachium 2.0 *cun* immediately posterior, and slightly inferior, to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is located in the center of the depression found immediately lateral to the acromion process when the arm is abducted to 90°)
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
    - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}

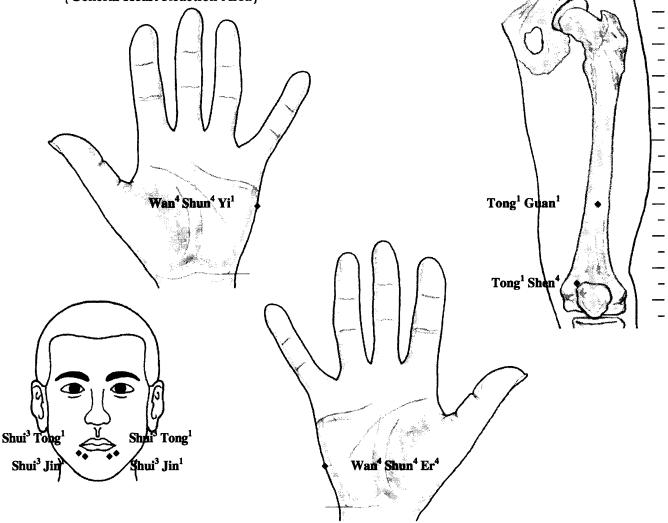


DMG 77-12 'Lower 3 Emperors'

DMG 88-01 'Passing Through the Kidney 3 Needles'

## **Pyelitis (HPC)**

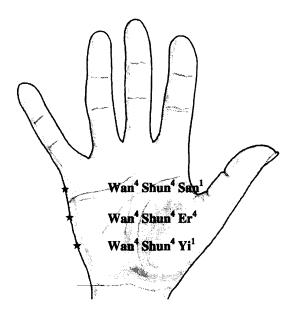
- 1. Shui<sup>3</sup> Jin<sup>1</sup>, Shui<sup>3</sup> Tong<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Guan<sup>1</sup> (HPC):
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 up to 0.5 *cun*. {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - **Tong<sup>1</sup> Guan<sup>1</sup>:** This point is found on the median plane (midsagittal plane) of the anterior thigh, 5 *cun* proximal to the center of the superior edge of the patella. Needle 0.3 to 0.5 *cun*. {General Heart Reaction Area}



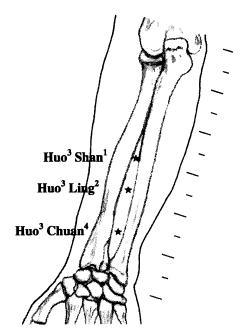
# Pyelitis (CCC-1)

- 1. DMG 22-05 'Control the Spine Three Needles' and DMG 33-11 'Hold Three Fires'(CCC) alternate with Pyelitis CCC-2 (follows):
  - DMG 22-05 'Control the Spine Three Needles':
    - i. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 1.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
    - ii. Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
    - iii. Wan<sup>4</sup> Shun<sup>4</sup> San<sup>1</sup>: This point is located 3.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* distal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - DMG 33-11 'Hold Three Fires':
    - i. Huo<sup>3</sup> Chuan<sup>4</sup>: This point is located 2.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
    - ii. **Huo<sup>3</sup> Ling<sup>2</sup>:** This point is located 4.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
    - iii. **Huo<sup>3</sup> Shan<sup>1</sup>:** This point is located 6.0 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}

# Pyelitis (CCC-1)



DMG 22-05 'Control the Spine 3 Needles'



DMG 33-11 'Hold 3 Fires'

# Pyelitis (CCC-2)

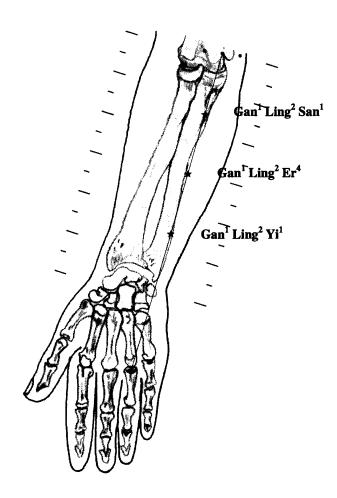
# 1. DMG 33-05 'Hold Liver Spirit Three Needles', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC) – alternate with Pyelitis CCC-1 (above):

- DMG 33-05 'Hold Liver Spirit Three Needles':
  - i. **Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>:** This point is located 3 *cun* proximal to the anterior distal transverse wrist crease on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - ii. **Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>:** This point is located 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup> on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - iii. **Gan<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup>:** This point is located 6 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>, i.e. 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>, on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}

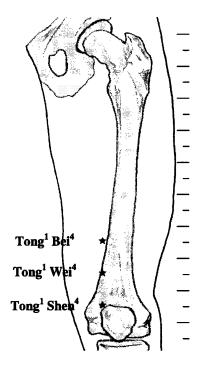
#### • DMG 88-01 'Passing Through the Kidney Three Needles':

- i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

## Pyelitis (CCC-2)



DMG 33-05 'Hold Liver Spirit 3 Needles'

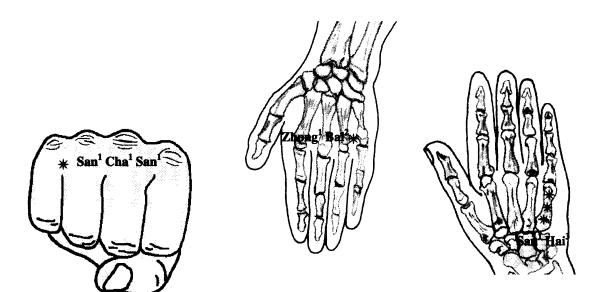


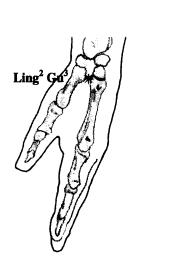
DMG 88-01 'Passing Through the Kidney 3 Needles'

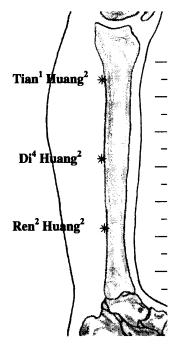
## Pyelitis (LKC)

- 1. San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>, Zhong<sup>1</sup> Bai<sup>2</sup>, San<sup>1</sup> Hai<sup>3</sup>, Zheng<sup>4</sup> Shui<sup>3</sup>, Ling<sup>2</sup> Gu<sup>3</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>: This point is located in the center of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits of the hand with the fingers abducted. RA: Lung branch and Kidney auxiliary. Needle: Perpendicularly 2 *cun*; have the patient make a loose fist and insert the needle. {Kidney Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - San<sup>1</sup> Hai<sup>3</sup>: These three point are located on the palm of the hand, along the course of the shaft of the 5<sup>th</sup> metacarpal bone. The central point is located at the midpoint of the shaft and the other two points are located 0.5 *cun* proximal, and 0.5 *cun* distal, to the central point along the shaft of the 5<sup>th</sup> metacarpal bone. Needle perpendicularly 0.2 to 0.5 *cun* or obliquely 0.3 to 0.8 *cun*. { Kidney, Uterus, and Bladder Reaction Areas }
  - **Zheng<sup>4</sup> Shui<sup>3</sup>:** This three point set is located on the dorsum of the proximal phalanx of the 5<sup>th</sup> digit of the hand. The central point is located at the midpoint of the posterior midsagittal line and the other two points are located at the midpoints of the radial and ulnar lines, respectively. Needle perpendicularly 0.1 to 0.2 *cun* or obliquely 0.2 *cun*. {Kidney Reaction Area}
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones have the patient make a loose fist to facilitate locating the point. Needle 1.0 to 2.0 *cun*; i.e. one may needle through to connect with Zhong<sup>4</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch, Heart, and Kidney Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4.0 cun immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 cun. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

Pyelitis (LKC)







Dorsal view RIGHT 5<sup>th</sup> finger.

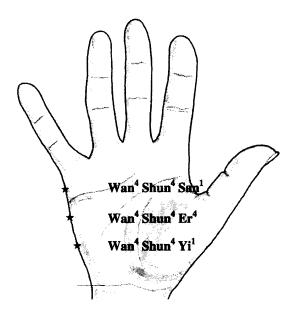


DMG 77-12 'Lower 3 Emperors'

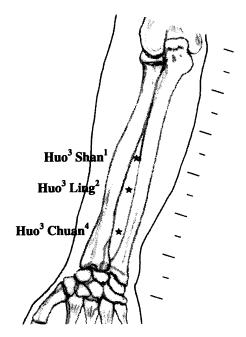
## **Pyelonephritis (CCC-1)**

- 1. DMG 22-05 'Control the Spine Three Needles' and DMG 33-11 'Hold Three Fires'(CCC) alternate with Pyelonephritis CCC-2 (follows):
  - DMG 22-05 'Control the Spine Three Needles':
    - i. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 1.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
    - ii. Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* proximal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
    - iii. Wan<sup>4</sup> Shun<sup>4</sup> San<sup>1</sup>: This point is located 3.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone at the junction of the palmar and dorsal ('red and white') skin; the point lies 0.5 *cun* distal to SI-3<sup>WHO</sup>. Needle perpendicularly 0.5 *cun* to 1.0 *cun* keeping the shaft of the needles in proximity to the anterior surface of the 5<sup>th</sup> metacarpal bone. {Kidney Branch Reaction Area}
  - DMG 33-11 'Hold Three Fires':
    - i. **Huo<sup>3</sup> Chuan<sup>4</sup>:** This point is located 2.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
    - ii. **Huo<sup>3</sup> Ling<sup>2</sup>:** This point is located 4.5 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}
    - iii. Huo<sup>3</sup> Shan<sup>1</sup>: This point is located 6.0 *cun* proximal to TB-4<sup>WHO</sup> on the Hand Shao<sup>4</sup> Yang<sup>2</sup> Triple Burner Channel, in the interosseous space between the ulna and radius bones, on the posterior surface of the antebrachium. Needle perpendicularly 1.0 to 1.5 *cun*. {Lung Branch and Heart Auxiliary Reaction Areas}

# **Pyelonephritis (CCC-1)**



DMG 22-05 'Control the Spine 3 Needles'



DMG 33-11 'Hold 3 Fires'

## **Pyelonephritis (CCC-2)**

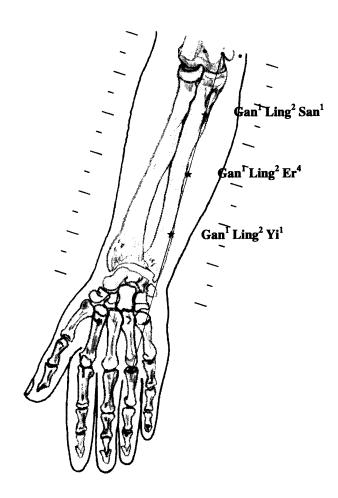
# 1. DMG 33-05 'Hold Liver Spirit Three Needles', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC) – alternate with Pyelonephritis CCC-1 (above):

- DMG 33-05 'Hold Liver Spirit Three Needles':
  - i. **Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>:** This point is located 3 *cun* proximal to the anterior distal transverse wrist crease on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - ii. **Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>:** This point is located 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup> on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}
  - iii. **Gan<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup>:** This point is located 6 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>, i.e. 3 *cun* proximal to Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup>, on the line drawn proximally from the base of the proximal phalanx of the 4<sup>th</sup> digit (ring finger) to a point midway between HT-3<sup>WHO</sup> and PC-3<sup>WHO</sup> (fingers adducted). Needle perpendicular insertion 0.5 to 1.5 *cun*. Oblique insertion from distal to proximal (inferior to superior) 2.0 *cun*. {Liver and Kidney Reaction Areas}

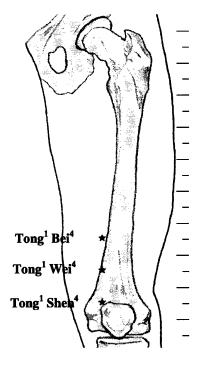
#### • DMG 88-01 'Passing Through the Kidney Three Needles':

- i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

## **Pyelonephritis (CCC-2)**



DMG 33-05 'Hold Liver Spirit 3 Needles'

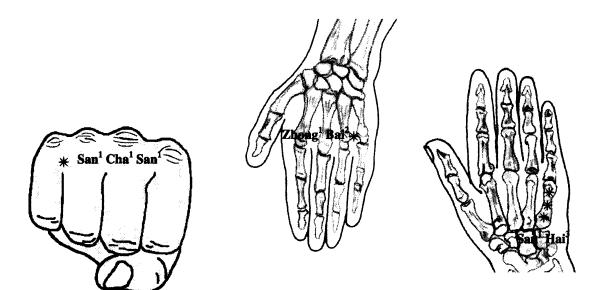


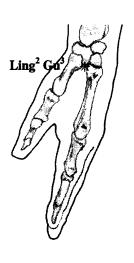
DMG 88-01 'Passing Through the Kidney 3 Needles'

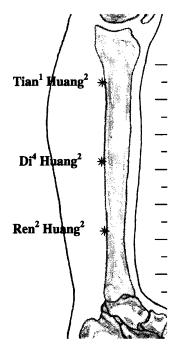
## **Pyelonephritis (LKC)**

- 1. San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>, Zhong<sup>1</sup> Bai<sup>2</sup>, San<sup>1</sup> Hai<sup>3</sup>, Zheng<sup>4</sup> Shui<sup>3</sup>, Ling<sup>2</sup> Gu<sup>3</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):
  - San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup>: This point is located in the center of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits of the hand with the fingers abducted. RA: Lung branch and Kidney auxiliary. Needle: Perpendicularly 2 *cun*; have the patient make a loose fist and insert the needle. {Kidney Reaction Area}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - San<sup>1</sup> Hai<sup>3</sup>: These three point are located on the palm of the hand, along the course of the shaft of the 5<sup>th</sup> metacarpal bone. The central point is located at the midpoint of the shaft and the other two points are located 0.5 *cun* proximal, and 0.5 *cun* distal, to the central point along the shaft of the 5<sup>th</sup> metacarpal bone. Needle perpendicularly 0.2 to 0.5 *cun* or obliquely 0.3 to 0.8 *cun*. { Kidney, Uterus, and Bladder Reaction Areas }
  - **Zheng<sup>4</sup> Shui<sup>3</sup>:** This three point set is located on the dorsum of the proximal phalanx of the 5<sup>th</sup> digit of the hand. The central point is located at the midpoint of the posterior midsagittal line and the other two points are located at the midpoints of the radial and ulnar lines, respectively. Needle perpendicularly 0.1 to 0.2 *cun* or obliquely 0.2 *cun*. {Kidney Reaction Area}
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones have the patient make a loose fist to facilitate locating the point. Needle 1.0 to 2.0 *cun*; i.e. one may needle through to connect with Zhong<sup>4</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch, Heart, and Kidney Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4.0 cun immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 cun. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

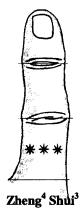
# **Pyelonephritis (LKC)**







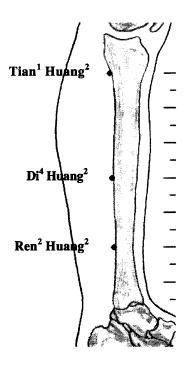
Dorsal view RIGHT 5<sup>th</sup> finger.



DMG 77-12 'Lower 3 Emperors'

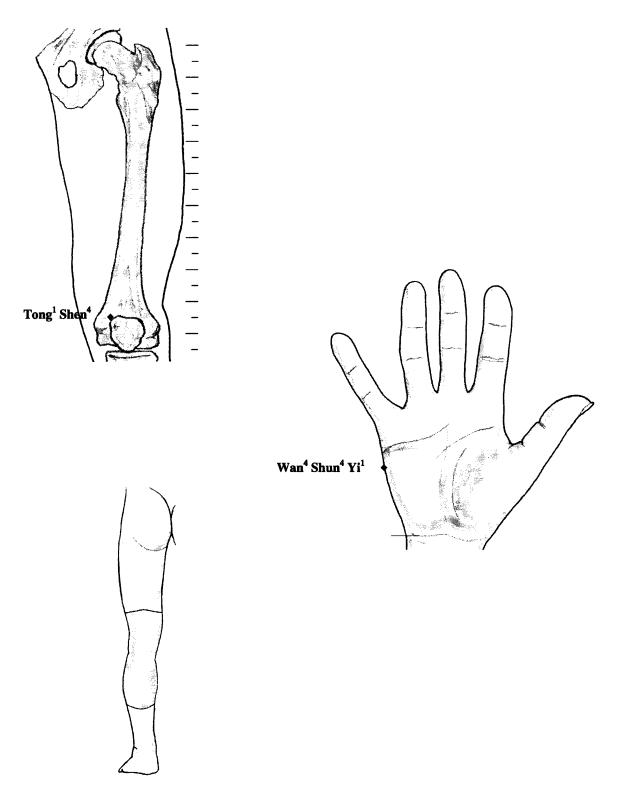
#### **Renal Adenocarcinoma (HPC)**

- 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>; 'Let' the Occipital Region of the lower extremity treat daily. DO NOT 'LET' OVER THE AFFECTED KIDNEYS (HPC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 cun. {Kidney Branch Reaction Area}



DMG 77-12 'Lower 3 Emperors'

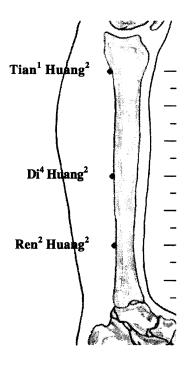
# **Renal Adenocarcinoma (HPC)**



**Occipital Region** 

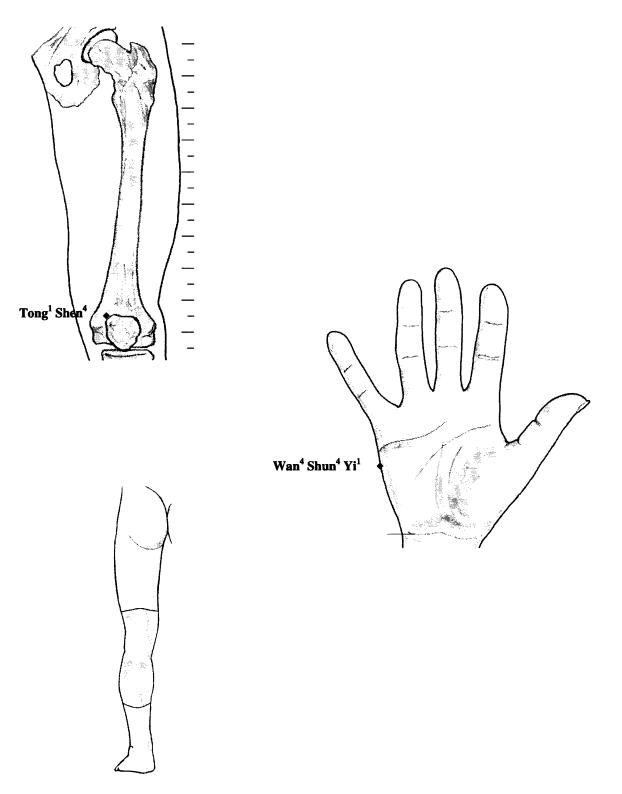
#### **Renal Cell Carcinoma (HPC)**

- 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>; 'Let' the Occipital Region of the lower extremity treat daily. DO NOT 'LET' OVER THE AFFECTED KIDNEYS (HPC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 cun. {Kidney Branch Reaction Area}



DMG 77-12 'Lower 3 Emperors'

# **Renal Cell Carcinoma (HPC)**



**Occipital Region** 

## **Skeletal Hyperostosis (CCC)**

- 1. DMG 11-17 'Finger Spine Three Needles', DMG 11-01 'Five Tigers Three Needles', and DMG 11-14 'Finger Bone Three Needles' (CCC):
  - DMG 11-17 'Finger Spine Three Needles':
    - i. Fei<sup>4</sup> Xin<sup>1</sup> Er<sup>2</sup>: This point is located at the midpoint of the posterior midsagittal digit line on the dorsal surface of the middle phalanx of the middle finger. To determine the midpoint of the posterior midsagittal digit line on the middle phalanx, bisect the distance from the dorsal proximal interphalangeal skin crease to the dorsal distal interphalangeal skin crease along the course of said line. Needle oblique insertion angled from distal to proximal 0.1 ~ 0.2 *cun*. {Heart and Lung Branch Reaction Areas}
    - ii. Fei<sup>4</sup> Xin<sup>1</sup> San<sup>1</sup>: To locate this point, simply bisect the distance Fei<sup>4</sup> Xin<sup>1</sup> Er<sup>2</sup> to the dorsal distal interphalangeal skin crease along the course of the posterior midsagittal digit line. Needle oblique insertion angled from distal to proximal  $0.1 \sim 0.2$  cun. {Heart and Lung Branch Reaction Areas}
    - iii. Fei<sup>4</sup> Xin<sup>1</sup> Yi<sup>1</sup>: To locate this point, simply bisect the distance from Fei<sup>4</sup> Xin<sup>1</sup> Er<sup>2</sup> to the dorsal proximal interphalangeal skin crease along the course of the posterior midsagittal digit line. Needle oblique insertion angled from distal to proximal 0.1 ~ 0.2 cun. {Heart and Lung Branch Reaction Areas}

#### • DMG 11-01 'Five Tigers Three Needles':

- i.  $Wu^3 Hu^3 San^1$ : This point is located in the center of anterior digit line A of the proximal phalanx of the thumb. To determine the exact center of anterior digit line A on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3 cun$  select 3 of the 5 points. {Spleen and Kidney reaction areas}
- ii. Wu<sup>3</sup> Hu<sup>3</sup> Yi<sup>1</sup>: This point is located on anterior digit line A, 0.4 cun <u>distal</u> to Wu<sup>3</sup> Hu<sup>3</sup> San<sup>1</sup>. Needle perpendicular 0.2 ~ 0.3 cun select 3 of the 5 points. {Spleen and Kidney reaction areas}
- iii. Wu<sup>3</sup> Hu<sup>3</sup> Er<sup>4</sup>: This point is located on anterior digit line A, 0.2 cun <u>distal</u> to Wu<sup>3</sup> Hu<sup>3</sup> San<sup>1</sup>. Needle perpendicular 0.2 ~ 0.3 cun select 3 of the 5 points. {Spleen and Kidney reaction areas}
- Wu<sup>3</sup> Hu<sup>3</sup> Si<sup>4</sup>: This point is located on anterior digit line A, 0.2 cun <u>proximal</u> to Wu<sup>3</sup> Hu<sup>3</sup> San<sup>1</sup>. Needle perpendicular 0.2 ~ 0.3 cun select 3 of the 5 points. {Spleen and Kidney reaction areas}
- v.  $Wu^3 Hu^3 Wu^3$ : This point is located on anterior digit line A, 0.4 *cun <u>proximal</u>* to Wu<sup>3</sup> Hu<sup>3</sup> San<sup>1</sup>. Needle perpendicular 0.2 ~ 0.3 *cun* select 3 of the 5 points. {Spleen and Kidney reaction areas}
- DMG 11-14 'Finger Bone Three Needles':
  - i. Fu<sup>4</sup> Yuan<sup>2</sup> Er<sup>4</sup>: This point is located in the center of anterior digit line D on the anterior surface of the proximal phalanx of the ring finger. To determine the exact center of anterior digit line D on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of said line. Needle perpendicular 0.2 to 0.3 *cun*. {Liver and Kidney Reaction Areas}

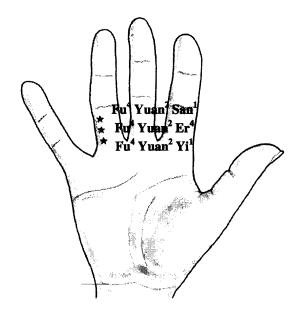
- ii. **Fu<sup>4</sup> Yuan<sup>2</sup> San<sup>1</sup>:** To locate this point, simply bisect the distance from Fu<sup>4</sup> Yuan<sup>2</sup> Er<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line D. Needle perpendicular 0.2 to 0.3 *cun*. {Liver and Kidney Reaction Areas}
- iii. **Fu<sup>4</sup> Yuan<sup>2</sup> Yi<sup>1</sup>:** To locate this point, simply bisect the distance from Fu<sup>4</sup> Yuan<sup>2</sup> Er<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line D. Needle perpendicular 0.2 to 0.3 *cun*. {Liver and Kidney Reaction Areas}



DMG 11-17 'Finger Spine 3 Needles'

Radial to ulnar view of RIGHT thumb.

DMG 11-01 '5 Tigers 3 Needles'

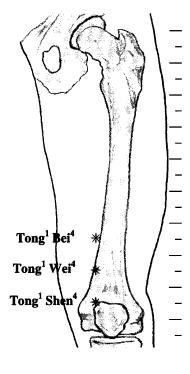


DMG 11-14 'Finger Bone 3 Needles'

#### Sore-Achy Back with Lightheadedness (LKC) [2° to 'Kidney-Depletion']

## 1. DMG 88-01 'Passing Through the Kidney Three Needles' and Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> (LKC):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area}
- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}



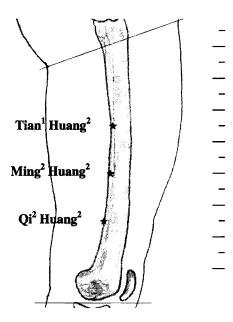
DMG 88-01 'Passing Through the Kidney 3 Needles'



#### **Spondylophytes (CCC)**

# 1. DMG 88-07 'Upper Three Yellow' Note: simply needling DMG 88-07 'Upper Three Yellow' may require 3 or more months; add 'letting' to improve the clinical outcome (CCC):

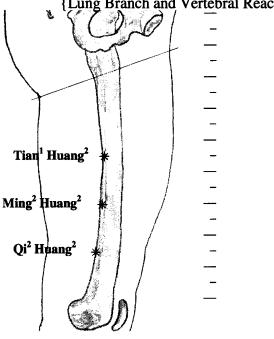
- DMG 88-07 'Upper Three Yellow':
  - i. Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle perpendicular 3.0 *cun.* {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
  - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle perpendicular 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}



DMG 88-07 'Upper 3 Yellow'

## Spondylophytes (LKC)

- 1. 'Let' the affected region then needle DMG 88-07 'Upper Three Yellow' and DMG 77-09 'Leg Spine Three Needles' (LKC):
  - DMG 88-07 'Upper Three Yellow':
    - Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle 1 to 3.0 *cun*. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
    - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
    - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
  - DMG 77-09 'Leg Spine Three Needles':
    - i. **Zheng<sup>4</sup> Jin<sup>1</sup>:** This point is located 3.5 *cun* proximal to the plantar surface of the heel, on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg; it lies midway between B1-60<sup>WHO</sup> and KI-3<sup>WHO</sup>. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - ii. Zheng<sup>4</sup> Zong<sup>1</sup>: This point is located 2 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {General Vertebral and General Brain Reaction Areas}
    - iii. **Zheng<sup>4</sup> Shi<sup>4</sup>:** This point is located 2 *cun* proximal to Zheng<sup>4</sup> Zong<sup>1</sup>, i.e. 4 *cun* proximal to Zheng<sup>4</sup> Jin<sup>1</sup> on the tendo calcaneus (Achilles tendon) of the posterior aspect of the distal leg. Needle 0.5 *cun* to 1 *cun*; insert to the tibia for best results. {Lung Branch and Vertebral Reaction Areas}



DMG 88-07 'Upper 3 Yellow'

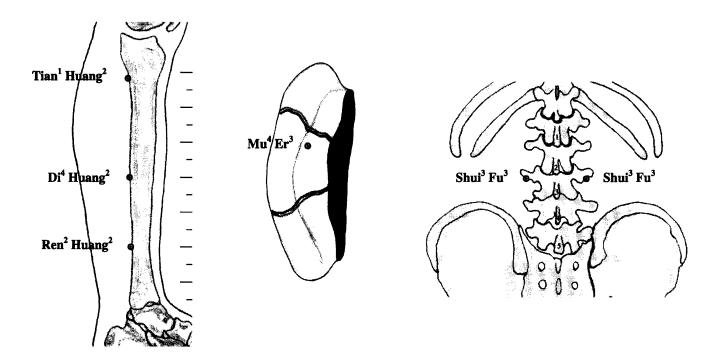


DMG 77-09 'Leg Spine 3 Needles'

## **Strangury (LCH-1)**

## 1. DMG 77-12 'Lower Three Emperors', Mu<sup>4</sup> Er<sup>3</sup>, and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):

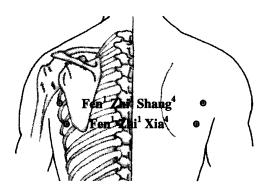
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
- Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}
- Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}



DMG 77-12 'Lower 3 Emperors'

## Strangury (LCH-2)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and 'let' the venule at Huo<sup>3</sup> Ying<sup>4</sup> (LCH):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Huo<sup>3</sup> Ying<sup>4</sup>: This point is located on the dorsum of the foot between the first and second metatarsal bones, 0.5 *cun* proximal to the level of the metatarsophalangeal joints. 'Let' any venules visible around this point. *CONTRAINDICATED IN PREGNANCY; MOXA ALSO PROHIBITED.* {Liver Auxiliary and Heart Organ Branch Reaction Areas}

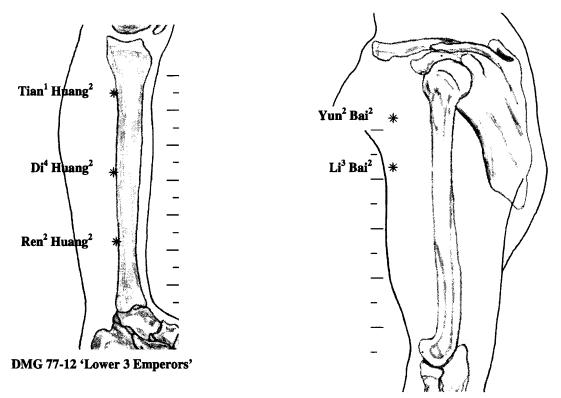




## **Strangury (LKC-1)**

## 1. DMG 77-12 'Lower Three Emperors', Li<sup>3</sup> Bai<sup>2</sup>, and Yun<sup>2</sup> Bai<sup>2</sup> (LKC):

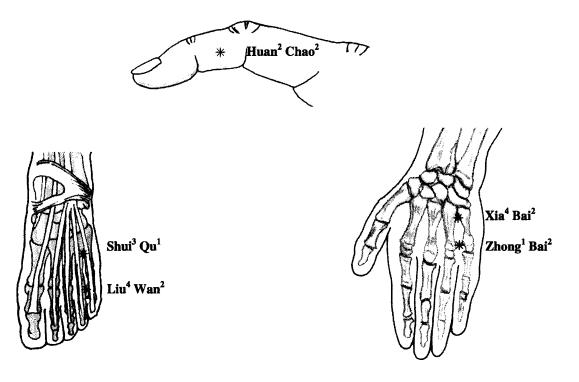
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located by coursing 4.5 cun distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 cun anteriorly. Needle 0.5 to 1.5 cun. {Kidney Auxiliary and Lung Branch Reaction Areas} (This point lies 2.0 cun anterior to Jian<sup>4</sup> Zhong<sup>1</sup> 建中)
- Yun<sup>2</sup> Bai<sup>2</sup>: This point is found on the anterolateral aspect of the proximal brachium. It is located by coursing 2.5 *cun* distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 *cun* anteriorly. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Auxiliary Reaction Areas} (This point lies 2.0 *cun* anterior to Jian<sup>1</sup> Zhong<sup>1</sup> 肩 中)



## 1. Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Huan<sup>2</sup> Chao<sup>2</sup>, Zhong<sup>1</sup> Bai<sup>2</sup>, and Xia<sup>4</sup> Bai<sup>2</sup> (LKC):

- Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
- Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL.* {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
- Huan<sup>2</sup> Chao<sup>2</sup>: This point is located at the center of Digit Line A on the second phalanx of the 4<sup>th</sup> digit (ring finger). To determine the exact center of the middle phalanx along Digit Line A, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along said line. Needle 0.2 to 0.3 *cun*. {Liver and Kidney Auxiliary Reaction Areas}
- **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)

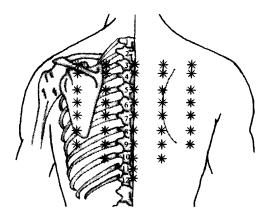
#### Radial to ulnar view RIGHT ring finger.



#### **Strangury (LKC-3)**

## 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> (LKC):

• Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the first and second row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)

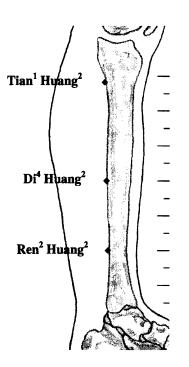


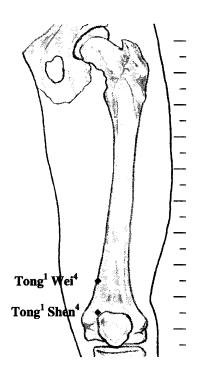
Wu<sup>3</sup> Ling<sup>3</sup>

## **Strangury with Turbid Urine (HPC)**

## 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* NEEDLING ALSO CONTRAINDICATED IN PREGNANCY. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)

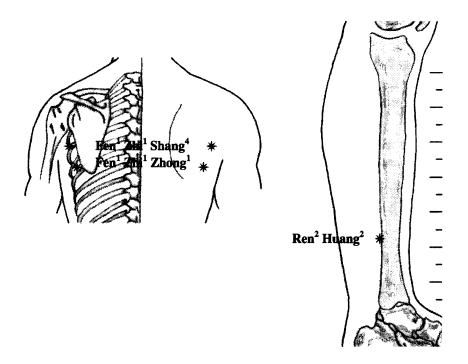




DMG 77-12 'Lower 3 Emperors'

## **Strangury with Turbid Urine (LKC-1)**

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LKC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located by coursing 1.5 *cun* immediately inferior, then 0.6 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>**: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 cun proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4th and 5th toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 cun proximal to the interdigital web between said digits.)





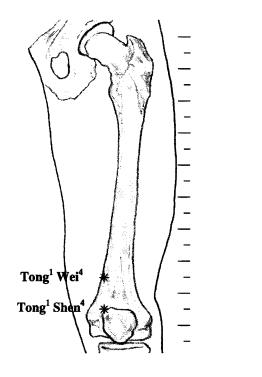
Shui<sup>3</sup> Qu<sup>1</sup>

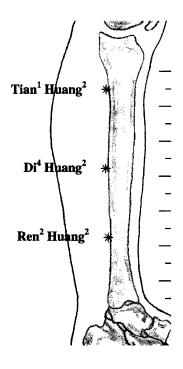
Liu<sup>4</sup> Wan<sup>2</sup>

## **Strangury with Turbid Urine (LKC-2)**

#### 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):

- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

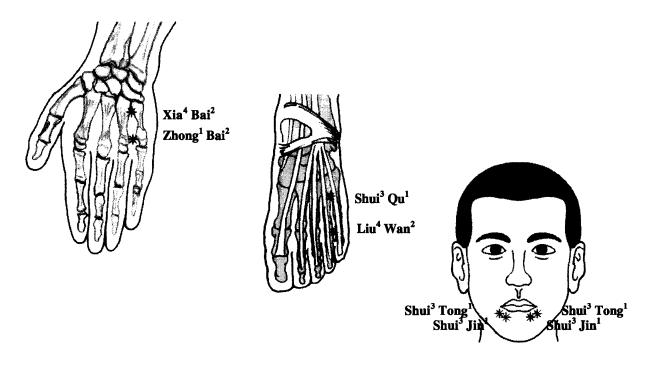




DMG 77-12 'Lower 3 Emperors'

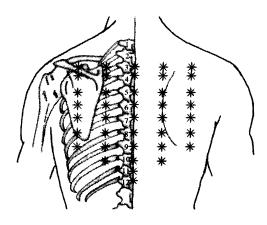
## **Strangury with Turbid Urine (LKC-3)**

- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun.* {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun* CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

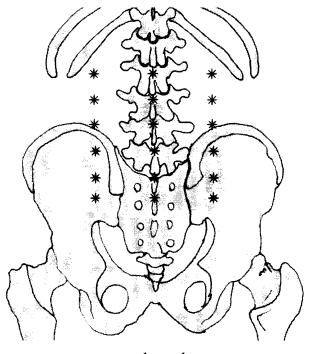


#### Strangury with Turbid Urine (LKC-4)

- 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> and San<sup>1</sup> Jiang<sup>1</sup> (LKC):
  - Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Lou Mai (Governing Vessel), commences from the level of the tr<sub>2</sub>/T<sub>3</sub>, and includes points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}



Wu<sup>3</sup> Ling<sup>3</sup>

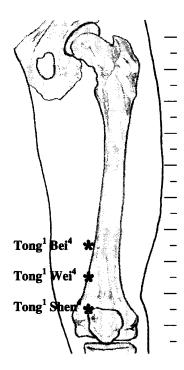


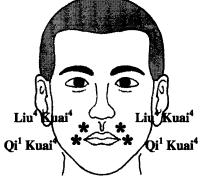
San<sup>1</sup> Jiang<sup>1</sup>

#### Strangury with Turbid Urine (MC-1)

## 1. DMG 88-01 'Passing Through the Kidney Three Needles', Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (MC):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}



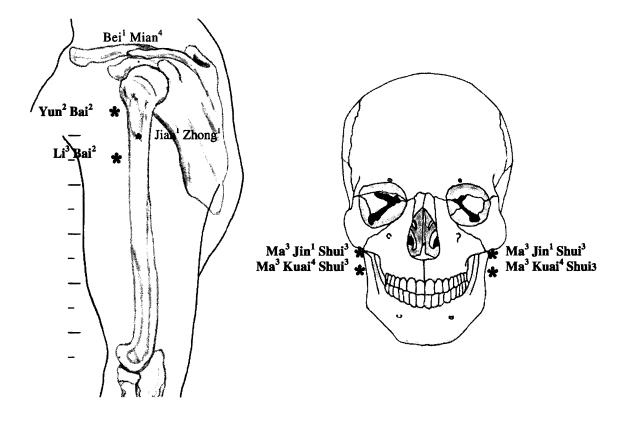


DMG 88-01 'Passing Through the Kidney 3 Needles'

## **Strangury with Turbid Urine (MC-2)**

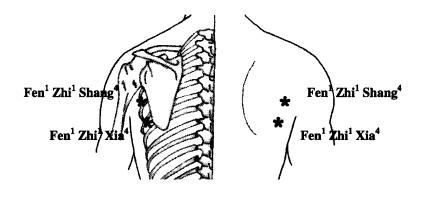
## 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, (MC):

- **Yun<sup>2</sup> Bai<sup>2</sup>:** This point is located with the arm hanging naturally down by the side, and lies 2.0 *cun* obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 *cun*. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 *cun* anterior and 1 *cun* proximal to Jian<sup>1</sup> Zhong<sup>1</sup>. (Jian<sup>1</sup> Zhong<sup>1</sup> is found with the arm hanging loosely down by the side and is located in the center of the deltoid muscle, 3 *cun* distal to the space between the acromion process and the humerus.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun.* {Kidney and Lung Auxiliary Reaction Areas}
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}



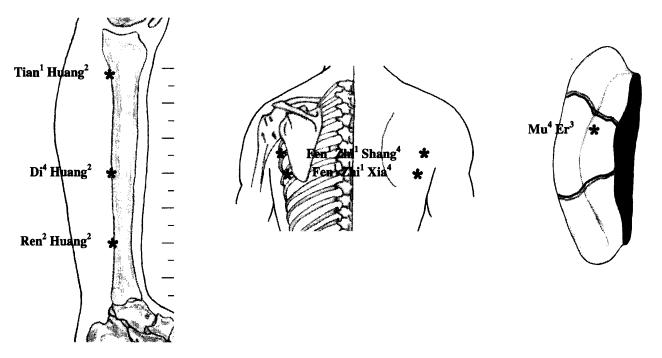
## Strangury with Turbid Urine (MC-3)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup> and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (MC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}



## Strangury with Turbid Urine (MC-4)

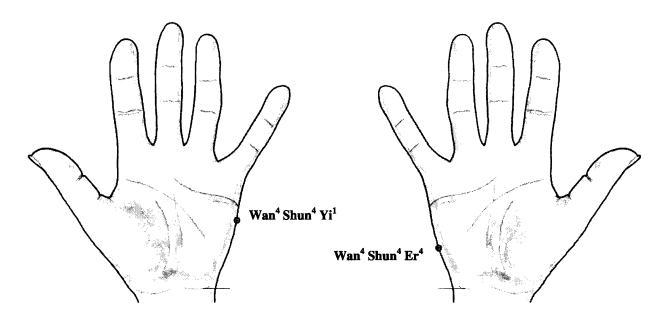
- 1. DMG 77-12 'Lower Three Emperors', Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and Mu<sup>4</sup> Er<sup>3</sup> (MC):
  DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### Temporal Headache (LCH) [2° to 'Kidney Depletion']

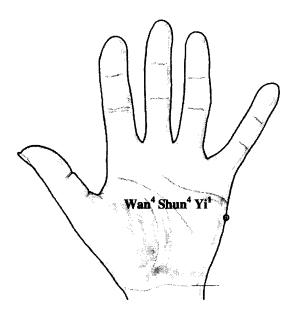
- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to the metatarsophalangeal joints. Needle 0.3 to 0.5 *cun*. UNILATERAL NEEDLING ONLY; CONTRAINDICATED IN PREGNANCY. {Lung Branch and Kidney Branch Reaction Areas}

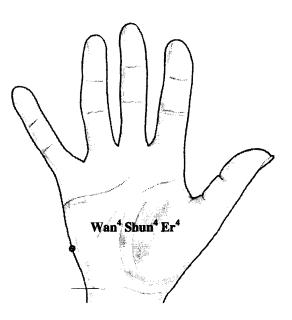




## Toothache (LCH) [2° to 'Kidney Depletion']

- 1. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> and Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup> (LCH):
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.5 to 1.5 *cun*. {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}

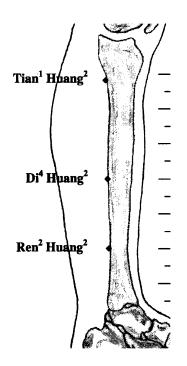




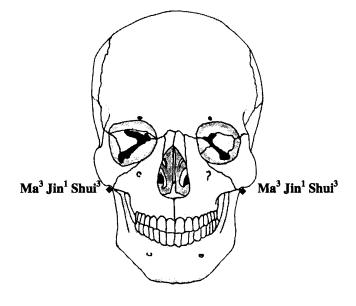
## Uremia (HPC-1) [Not a radical cure]

#### 1. DMG 77-12 'Lower Three Emperors' and Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> (HPC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED. NEEDLING ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}

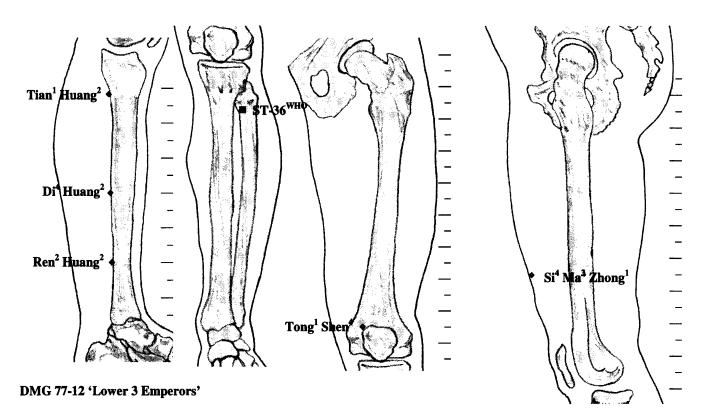


DMG 77-12 'Lower 3 Emperors'



## Uremia (HPC-2) [Not a radical cure]

- DMG 77-12 'Lower Three Emperors', ST-36<sup>WHO</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup> (HPC):
   DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED. NEEDLING ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - ST-36<sup>WHO</sup>: On the lower leg, 3 units below (distal to) the lateral 'eye' of the knee, approximately 1 finger width lateral to the tibia. Needle 1 to 2 units.
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
  - Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located by placing the palms of the hands (elbows fully extended) on the lateral thighs while standing erect. From where the tips of the middle fingers touch the thighs, proceed 3.0 *cun* anteriorly to arrive at Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 0.8 to 2.5 *cun*. {General Lung and Liver Branch Reaction Areas}



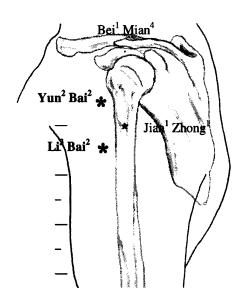
#### Urethralgia (LCH) [Aseptic]

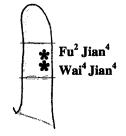
- 1. Huo<sup>3</sup> Zhu<sup>3</sup> (LCH):
  - Huo<sup>3</sup> Zhu<sup>3</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones. Needle 0.3 to 0.8 *cun. CONTRAINDICATED IN PREGNANCY; MOXABUSTION CONTRAINDICATED.* {Heart Organ Branch Reaction Area} [Huo<sup>3</sup> Zhu<sup>3</sup> is described as being 1.0 *cun* proximal to Huo<sup>3</sup> Ying<sup>4</sup>. Huo<sup>3</sup> Ying<sup>4</sup> is located on the dorsum of the foot, in the interosseous space between the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones, 0.5 *cun* proximal to the level of the metatarsophalangeal joints.]



## Urethralgia (MC-1)

- 1. Li<sup>3</sup> Bai<sup>2</sup>, Yun<sup>2</sup> Bai<sup>2</sup>, Fu<sup>2</sup> Jian<sup>4</sup>, and Wai<sup>4</sup> Jian<sup>4</sup> (MC):
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>. (Jian<sup>1</sup> Zhong<sup>1</sup> is found with the arm hanging loosely down by the side and is located in the center of the deltoid muscle, 3 cun distal to the space between the acromion process and the humerus.)
  - $Fu^2 Jian^4$ : This point is on the anterior surface of the middle phalanx of the 2<sup>nd</sup> digit (index finger) on anterior digit line B. The proximal to distal location of this point is found by dividing the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along anterior digit line B into thirds. The point is found at the demarcation between the middle and distal thirds on anterior digit line B. Needle 0.1 to 0.2 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Heart and Six Bowels Reaction Areas}
  - Wai<sup>4</sup> Jian<sup>1</sup>: This point is on the anterior surface of the middle phalanx of the 2<sup>nd</sup> digit (index finger) on anterior digit line B. The proximal to distal location of this point is found by dividing the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along anterior digit line B into thirds. The point is found at the demarcation between the proximal and middle thirds on digit line B. Needle 0.1 to 0.2 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Heart and Six Bowels Reaction Areas}

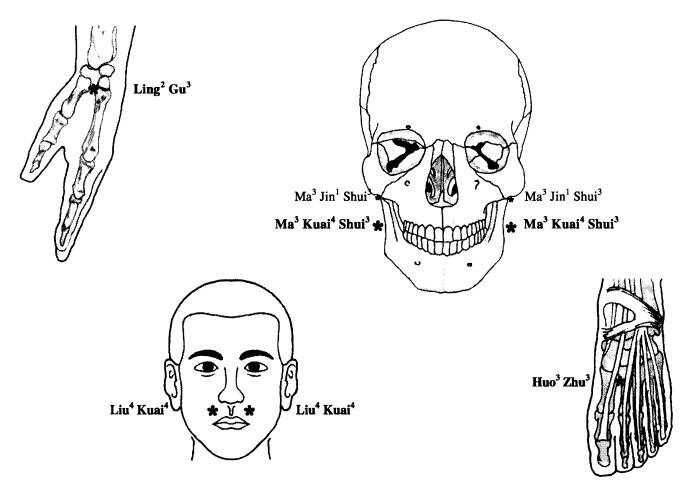




A-P view of the RIGHT Index Finger

# Urethralgia (MC-2)

- 1. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, Ling<sup>2</sup> Gu<sup>3</sup>, and Huo<sup>3</sup> Zhu<sup>3</sup> (MC):
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} [Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone, at the medial-to-lateral level of the lateral canthus.]
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is located on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal bones the point communicates with the palmar point Chong<sup>2</sup> Xian<sup>1</sup>. Needle 1.5 to 2.0 *cun* i.e. one may needle through to connect with Chong<sup>2</sup> Xian<sup>1</sup>. *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - Huo<sup>3</sup> Zhu<sup>3</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metatarsal bones. Needle 0.3 to 0.8 *cun CONTRAINDICATED IN PREGNANCY; MOXABUSTION CONTRAINDICATED.* {Heart Branch Reaction Area} (Huo<sup>3</sup> Zhu<sup>3</sup> is described as being 1.0 *cun* proximal to Huo<sup>3</sup> Ying<sup>4</sup> which is located on the dorsum of the foot between the first and second metatarsal bones, 0.5 *cun* proximal to the level of the metatarsophalangeal joints.)

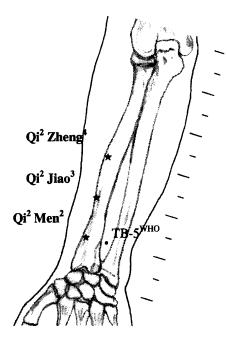


### **Urethritis (CCC)**

#### 1. DMG 33-10 'Hold Three This' (CCC):

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- DMG 33-10 'Hold Three This':
  - i.  $Qi^2 Men^2$ : This point is located on the dorsum of the distal antebrachium, 1.0 *cun* lateral (i.e. radial) to TB-5<sup>WHO</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 *cun*. {Lung Branch and Six Bowels Reaction Areas}
  - ii. Qi<sup>2</sup> Jiao<sup>3</sup>: This point is located on the dorsum of the distal antebrachium, 2.0 *cun* proximal to Qi<sup>2</sup> Men<sup>2</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 *cun*. {Lung Branch and Six Bowels Reaction Areas}
  - iii. Qi<sup>2</sup> Zheng<sup>4</sup>: This point is located on the dorsum of the distal antebrachium, 2.0 cun proximal to Qi<sup>2</sup> Jiao<sup>3</sup>. Needle obliquely 15° from lateral to medial (i.e. radial to ulnar) 1.5 cun. {Lung Branch and Six Bowels Reaction Areas}

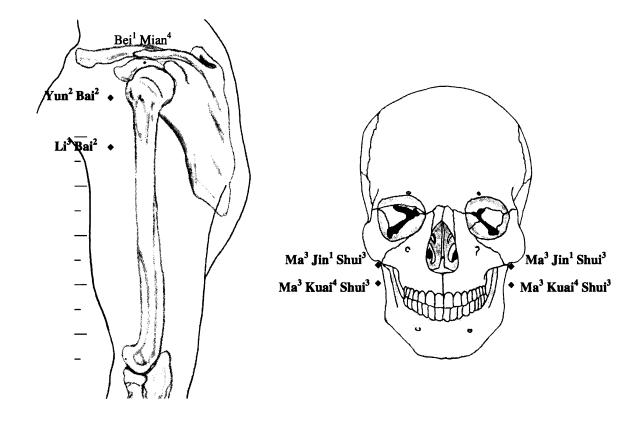


DMG 33-10 'Hold 3 This'

#### Urethritis (HPC-1) [Non-specific, Non-gonococcal]

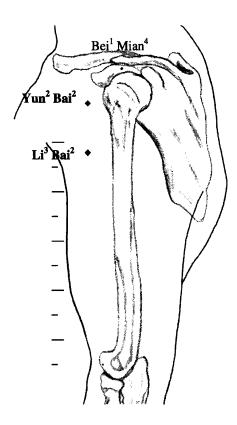
# 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> (HPC):

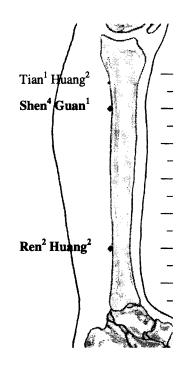
- Yun<sup>2</sup> Bai<sup>2</sup>: This point is found 2 *cun* obliquely anterior and distal to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Six Bowels and Lung Auxiliary Branch Reaction Areas} (Bei<sup>1</sup> Mian<sup>4</sup> is found in the large depression immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
- Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus)



#### Urethritis (HPC-2) [Non-specific, Non-gonococcal]

- 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, and Ren<sup>2</sup> Huang<sup>2</sup> initiate treatment immediately upon presentation of signs and symptoms and the patient should fully recover within 2 or 3 treatments (HPC):
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is found 2 *cun* obliquely anterior and distal to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Six Bowels and Lung Auxiliary Branch Reaction Areas} (Bei<sup>1</sup> Mian<sup>4</sup> is found in the large depression immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}

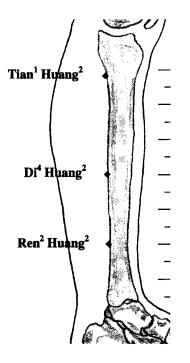


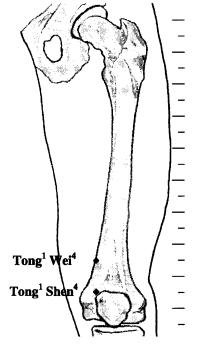


#### Urethritis (HPC-3) [Non-specific, Non-gonococcal]

#### 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED. NEEDLING ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)



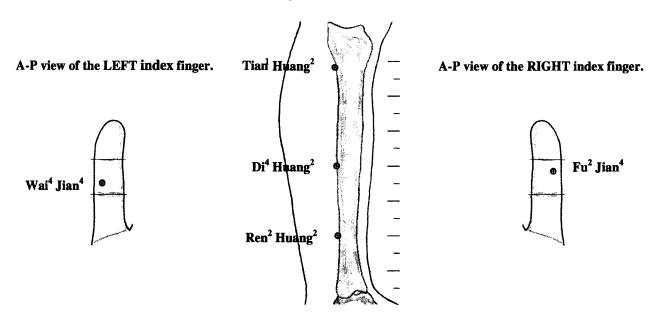


DMG 77-12 'Lower 3 Emperors'

#### Urethritis (LCH-1) [Non-specific, Non-gonococcal]

#### 1. Fu<sup>2</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LCH):

- Fu<sup>2</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and one third the distance from the distal interphalangeal skin crease to the proximal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located two thirds the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)
- Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and two thirds the distance from the distal interphalangeal skin crease to the proximal interphalangeal skin crease. Needle 0.2 *cun*. BILATERAL NEEDLING CONTRAINDICATED. {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - iii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch Reaction Area}

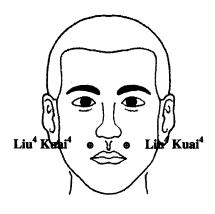


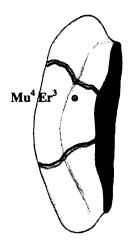
DMG 77-12 'Lower 3 Emperors'

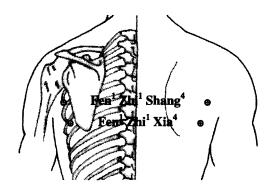
# Urethritis (LCH-2) [Non-specific, Non-gonococcal]

# 1. Liu<sup>4</sup> Kuai<sup>4</sup>, Mu<sup>4</sup> Er<sup>3</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (LCH):

- Liu<sup>4</sup> Kuai<sup>4</sup>: This point lies 1.4 *cun* lateral to the center of the philtrum (i.e. 1.4 *cun* lateral to Ren<sup>2</sup> Zhong<sup>1</sup> or Du-24). Needle 0.1 to 0.3 *cun*. {Secretion/Excretion Reaction Area}
- Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}
- Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
- Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}

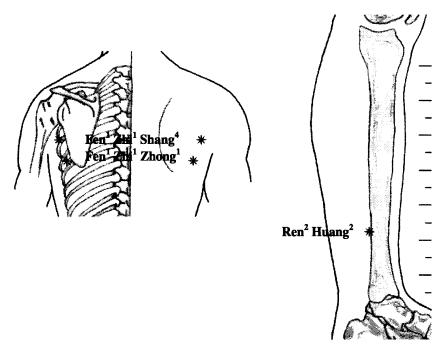






#### Urethritis (LKC-1) [Non-specific, Non-gonococcal]

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LKC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located by coursing 1.5 *cun* immediately inferior, then 0.6 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>**: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 cun proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 cun proximal to the interdigital web between said digits.)



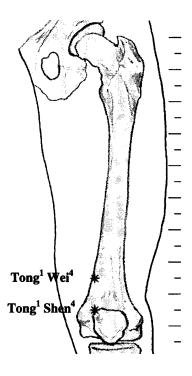


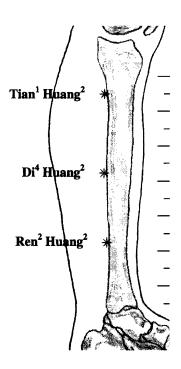
Shui<sup>3</sup> Qu<sup>1</sup> Liu<sup>4</sup> Wan<sup>2</sup>

#### Urethritis (LKC-2) [Non-specific, Non-gonococcal]

## 1. Tong<sup>1</sup> Shen<sup>4</sup>, Tong<sup>1</sup> Wei<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (LKC):

- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

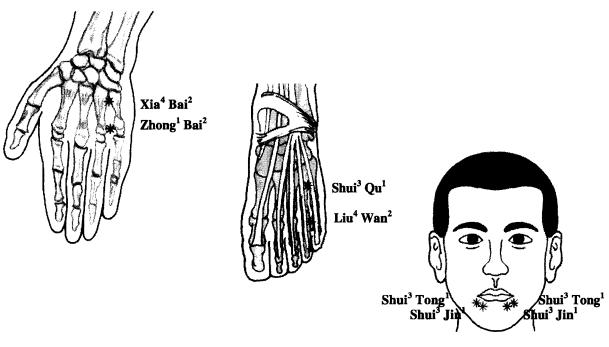




DMG 77-12 'Lower 3 Emperors'

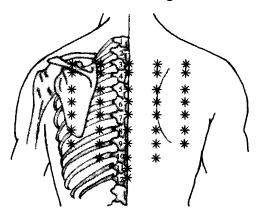
#### Urethritis (LKC-3) [Non-specific, Non-gonococcal]

- 1. Zhong<sup>1</sup> Bai<sup>2</sup>, Xia<sup>4</sup> Bai<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL.* {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

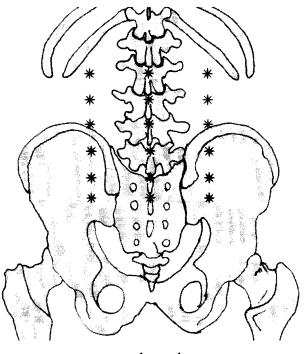


#### Urethritis (LKC-4) [Non-specific, Non-gonococcal]

- 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> and San<sup>1</sup> Jiang<sup>1</sup> (LKC):
  - Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the Lou Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)
  - San<sup>1</sup> Jiang<sup>1</sup>: This group of points includes: the interspinous spaces between L<sub>1</sub>/L<sub>2</sub>, L<sub>2</sub>/L<sub>3</sub>, L<sub>3</sub>/L<sub>4</sub>, L<sub>4</sub>/L<sub>5</sub>, L<sub>5</sub>/S<sub>1</sub>, and S<sub>1</sub>/S<sub>2</sub>, as well as the bilateral points found 3.0 *cun* lateral to the aforementioned segmental levels. 'Let'. {Kidney and Six Bowels Reaction Areas}



Wu<sup>3</sup> Ling<sup>3</sup>

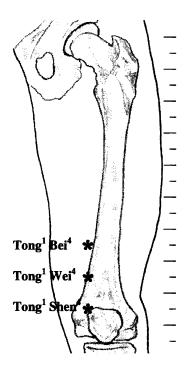


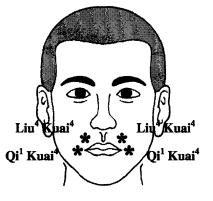
San<sup>1</sup> Jiang<sup>1</sup>

#### Urethritis (MC-1) [Non-specific, Non-gonococcal]

# 1. DMG 88-01 'Passing Through the Kidney Three Needles', Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (MC):

- DMG 88-01 'Passing Through the Kidney Three Needles':
  - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}

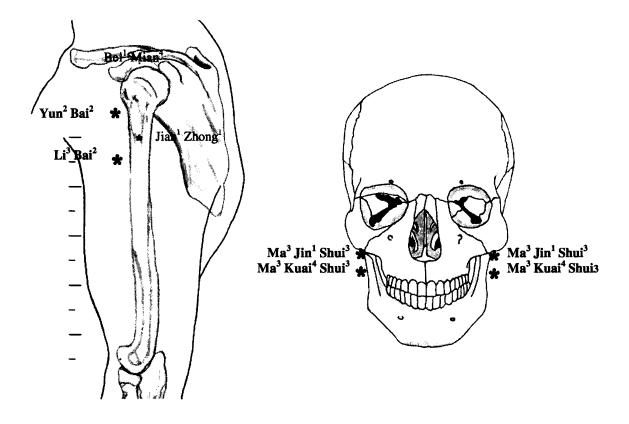




DMG 88-01 'Passing Through the Kidney 3 Needles'

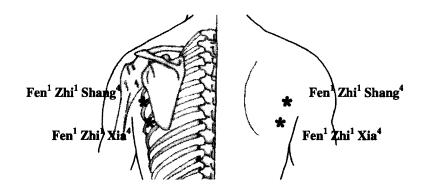
## Urethritis (MC-2) [Non-specific, Non-gonococcal]

- 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, and Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, (MC):
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>. (Jian<sup>1</sup> Zhong<sup>1</sup> is found with the arm hanging loosely down by the side and is located in the center of the deltoid muscle, 3 cun distal to the space between the acromion process and the humerus.)
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun.* {Kidney and Lung Auxiliary Reaction Areas}
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}



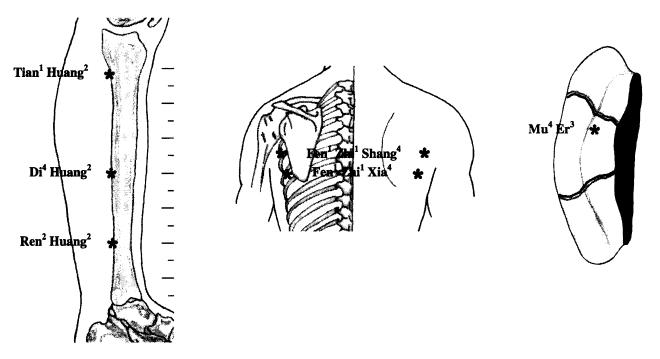
#### Urethritis (MC-3) [Non-specific, Non-gonococcal]

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup> and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (MC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}



#### Urethritis (MC-4) [Non-specific, Non-gonococcal]

- 1. DMG 77-12 'Lower Three Emperors', Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>, and Mu<sup>4</sup> Er<sup>3</sup> (MC):
   DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. CONTRAINDICATED IN *PREGNANCY*. {Kidney Branch Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point lies 1.5 *cun* inferior and 0.5 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - Mu<sup>4</sup> Er<sup>3</sup>: This point is located on the superior half of the posterior (medial) surface of the ear, 0.3 *cun* inferior to the posterior auricular artery. Needle 0.1 to 0.2 *cun*. {Liver Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### Urethritis (MC-5) [Non-specific, Non-gonococcal]

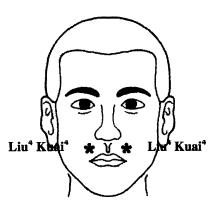
# 1. Fu<sup>2</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, and Li<sup>3</sup> Bai<sup>2</sup>, Yun<sup>2</sup> Bai<sup>2</sup> (MC):

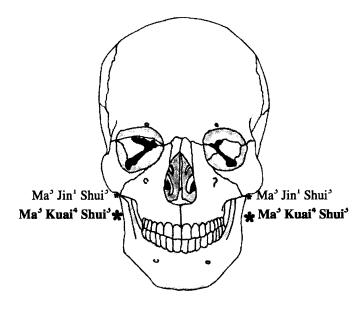
- $Fu^2 Jian^4$ : This point is on the anterior surface of the middle phalanx of the 2<sup>nd</sup> digit (index finger) on anterior digit line B. The proximal to distal location of this point is found by dividing the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along anterior digit line B into thirds. The point is found at the demarcation between the middle and distal thirds on anterior digit line B. Needle 0.1 to 0.2 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Heart and Six Bowels Reaction Areas}
- Wai<sup>4</sup> Jian<sup>1</sup>: This point is on the anterior surface of the middle phalanx of the 2<sup>nd</sup> digit (index finger) on anterior digit line B. The proximal to distal location of this point is found by dividing the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along anterior digit line B into thirds. The point is found at the demarcation between the proximal and middle thirds on digit line B. Needle 0.1 to 0.2 *cun BILATERAL NEEDLING CONTRAINDICATED*. {Heart and Six Bowels Reaction Areas}
- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus.
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
- Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>. (Jian<sup>1</sup> Zhong<sup>1</sup> is found with the arm hanging loosely down by the side and is located in the center of the deltoid muscle, 3 cun distal to the space between the acromion process and the humerus.)

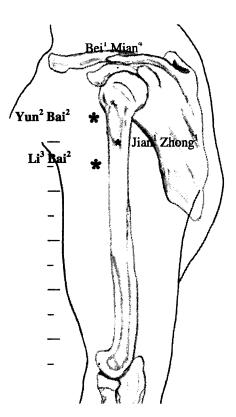
# **Urethritis (MC-5)**

Fu<sup>2</sup> Jian<sup>4</sup> Wai<sup>4</sup> Jian<sup>1</sup>





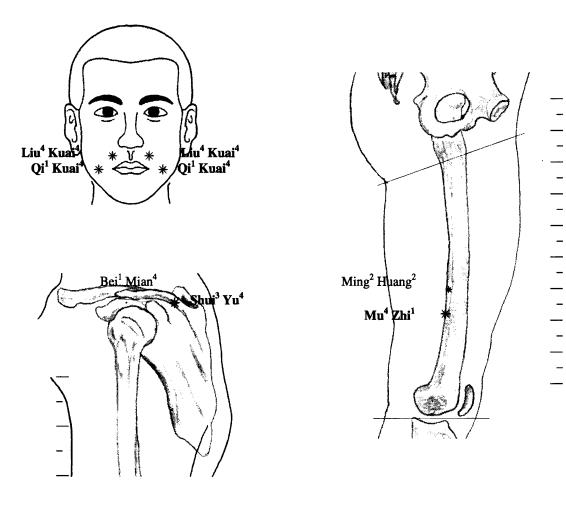




# Urethrolithiasis (LKC)

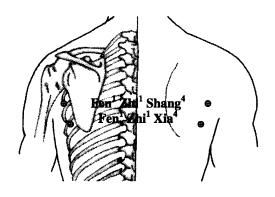
# 1. Liu<sup>4</sup> Kuai<sup>4</sup>, Qi<sup>1</sup> Kuai<sup>4</sup>, Shui<sup>3</sup> Yu<sup>4</sup>, and Mu<sup>4</sup> Zhi<sup>1</sup> (LKC):

- Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
- Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}
- Shui<sup>3</sup> Yu<sup>4</sup>: Locate this point by coursing 2.0 *cun* posterior to Bei<sup>1</sup> Mian<sup>4</sup> depending on the size of the patient, the point may be somewhat inferior to the level of Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 cun. 'Let' yellow serous fluid to treat kidney disorders. {Kidney Branch Reaction Area} (Bei<sup>1</sup> Mian<sup>4</sup> is 0.2 *cun* superior (proximal) to the large depression found immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
- **Mu<sup>4</sup> Zhi<sup>1</sup>:** This point is located 1.5 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup>. Needle 1.5 to 2.5 *cun*. {Gallbladder, Liver, and Heart Branch Reaction Areas} (Ming<sup>2</sup> Huang<sup>2</sup> is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh.)



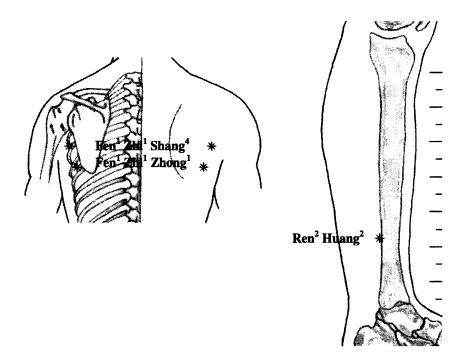
# Urodynia (LCH)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> (LCH):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold directly inferior to the posterior aspect of the acromion process, 1.0 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine Reaction Area}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located by proceeding 1.5 *cun* inferior, then 0.5 *cun* medial, to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}



# Urodynia (LKC)

- 1. Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Shui<sup>3</sup> Qu<sup>1</sup>, and Liu<sup>4</sup> Wan<sup>2</sup> (LKC):
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup>: This point is located by coursing 1.5 *cun* immediately inferior, then 0.6 *cun* medial to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>**: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun*. {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 cun proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL. {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 cun proximal to the interdigital web between said digits.)

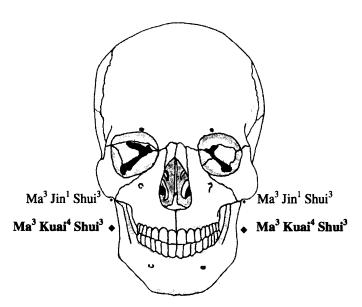




Shui<sup>3</sup> Qu<sup>1</sup> Liu<sup>4</sup> Wan<sup>2</sup>

# **Urolithiasis (HPC-1)**

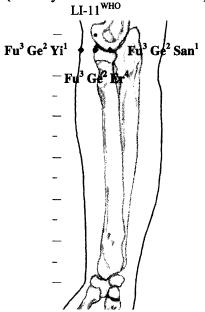
- 1. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> and Zhong<sup>1</sup> Bai<sup>2</sup> (HPC):
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} (Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus)
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal joints make a loose fist to facilitate locating the point. Needle 0.3 to 0.5 *cun*. {Kidney Branch Reaction Area} (Zhong<sup>1</sup> Bai<sup>2</sup> is found in the depression located at the junctions of the shafts and heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand.)





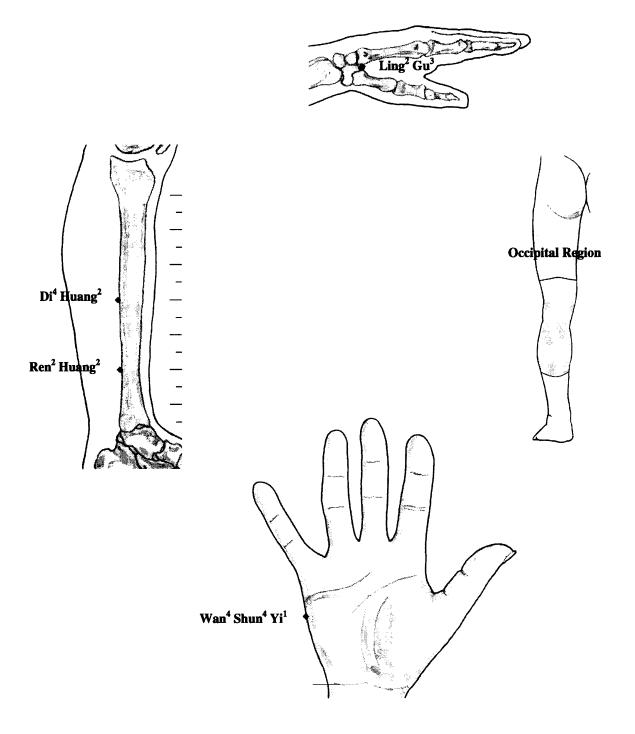
#### Urolithiasis (HPC-2)

- 1. DMG 33-13 'Bowel Division 3 Needles', Ling<sup>2</sup> Gu<sup>3</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and 'Let' the Occipital Region of the lower extremity treat daily and within 2 weeks there should be a clear improvement in the clinical picture (HPC):
  - DMG 33-13 'Bowel Division Three Needles':
    - i. Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>: This point is located on the posterior surface of the proximal antebrachium, 0.8 *cun* distal to LI-11<sup>WHO</sup>, on the Hand Yang<sup>2</sup> Ming<sup>2</sup> Large Intestine Channel. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - ii.  $Fu^3 Ge^2 Yi^1$ : This point is located 8 *fen* radial to  $Fu^3 Ge^2 Er^4$ . Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
    - iii. **Fu<sup>3</sup> Ge<sup>2</sup> San<sup>1</sup>:** This point is located 8 *fen* medial (ulnar) to Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup>. Needle 0.5 to 0.8 *cun*. {Heart and Lung Branch Reaction Areas}
  - Ling<sup>2</sup> Gu<sup>3</sup>: This point is found on the dorsum of the hand, immediately distal to the articulation of the bases of the 1<sup>st</sup> and 2<sup>nd</sup> metacarpals; have the patient make a loose fist to facilitate point location this point communicates with the palmar point Zhong<sup>4</sup> Xian<sup>1</sup> (重 仙 a.k.a. Chong<sup>2</sup> Xian<sup>1</sup>). Needle with a 1.5 ~ 2.0 *cun* needle; puncture through to connect with Zhong<sup>4</sup> Xian<sup>1</sup> (重仙 a.k.a. Chong<sup>2</sup> Xian<sup>1</sup>). *CONTRAINDICATED IN PREGNANCY*. {Lung Branch Reaction Area}
  - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.2 to 0.4 *cun*. {Kidney Branch Reaction Area}



DMG 33-13 'Bowel Division 3 Needles'

# Urolithiasis (HPC-2)



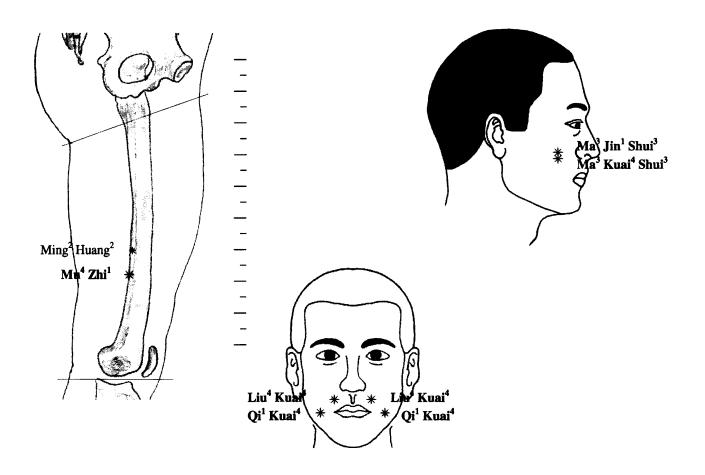
# Urolithiasis (LCH)

- 1. Shui<sup>3</sup> Fu<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (LCH):
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas} [Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus.]
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point lies 1.4 *cun* lateral to the center of the philtrum (i.e. 1.4 *cun* lateral to Ren<sup>2</sup> Zhong<sup>1</sup> or Du-24). Needle 0.1 to 0.3 *cun*. {Secretion/Excretion Reaction Area}
  - Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}

Shui<sup>3</sup> Fu<sup>3</sup> 🕝 Shui<sup>3</sup> Fu<sup>3</sup> Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> Liu<sup>4</sup> Ku Kuai<sup>4</sup> Li Qi<sup>1</sup> Kuai<sup>4</sup> Kuai<sup>4</sup>

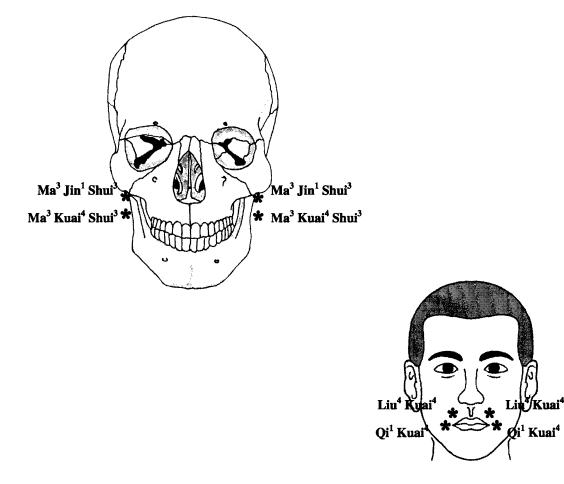
# Urolithiasis (LKC)

- 1. Mu<sup>4</sup> Zhi<sup>1</sup>, Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (LKC):
  - Mu<sup>4</sup> Zhi<sup>1</sup>: This point is located 1.5 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup>. Needle 1.5 to 2.5 *cun*. {Gallbladder, Liver, and Heart Branch Reaction Areas} (Ming<sup>2</sup> Huang<sup>2</sup> is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh.)
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is located by palpating for a depression along the inferior margin of the zygomatic bone at the medial to lateral level of the lateral angle/margin of the orbit; from this depression, course 0.4 *cun* lateral to arrive at Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.2 to 0.3 cun. {Kidney and Lung Auxiliary Reaction Areas} (This point is essentially 0.4 *cun* lateral to SI-18<sup>WHO</sup>.)
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point lies 0.4 *cun* inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum. Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
  - Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 1.0 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely, from medial to lateral, 0.5 to 1.5 *cun*. {Endocrine Reaction Area}



# **Urolithiasis (MC)**

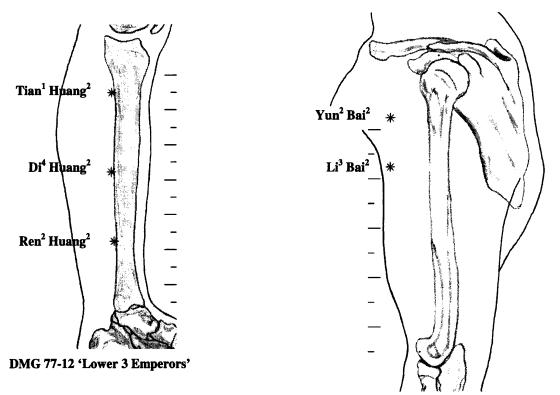
- 1. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>, Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>, Liu<sup>4</sup> Kuai<sup>4</sup>, and Qi<sup>1</sup> Kuai<sup>4</sup> (MC):
  - Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup>: This point is found on the face in the depression located along the inferior border of the zygomatic bone at the medial-to-lateral level of the lateral canthus. Needle 0.1 to 0.3 *cun*. {Kidney and Lung Auxiliary Reaction Areas}
  - Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup>: This point is 0.4 *cun* immediately inferior to Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> approximately at the most caudal level of the nose. Needle 0.1 to 0.3 *cun*. {Kidney and Bladder Reaction Areas}
  - Liu<sup>4</sup> Kuai<sup>4</sup>: This point is located on the face, 1.4 *cun* lateral to the center of the philtrum (GV-26<sup>WHO</sup>). Needle 0.1 to 0.3 *cun*. {Endocrine Reaction Area} To locate the center of the philtrum, bisect the distance from the extraoral labial-cutaneous junction to the base of the nose between the nostrils.
  - Qi<sup>1</sup> Kuai<sup>4</sup>: This point is located on the face, 0.5 *cun* lateral to the commissure of the lips at the angle of the mouth. Needle obliquely from medial to lateral 0.5 to 1.5 *cun*. {Lung Reaction Area}



# Uroschesis (LKC-1)

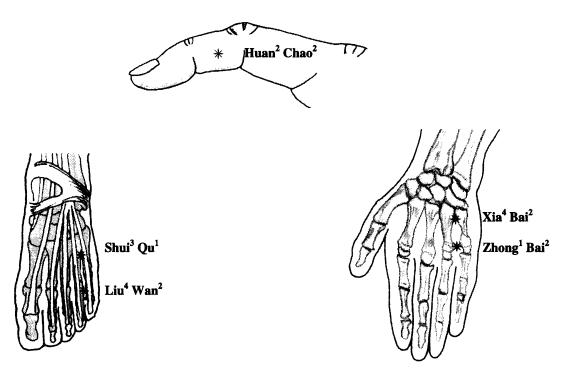
# 1. DMG 77-12 'Lower Three Emperors', Li<sup>3</sup> Bai<sup>2</sup>, and Yun<sup>2</sup> Bai<sup>2</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. NEEDLING CONTRAINDICATED IN PREGNANCY; MOXA ALSO CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. CONTRAINDICATED IN PREGNANCY. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- Li<sup>3</sup> Bai<sup>2</sup>: This point is located by coursing 4.5 cun distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 cun anteriorly. Needle 0.5 to 1.5 cun. {Kidney Auxiliary and Lung Branch Reaction Areas} (This point lies 2.0 cun anterior to Jian<sup>4</sup> Zhong<sup>1</sup> 建中)
- Yun<sup>2</sup> Bai<sup>2</sup>: This point is found on the anterolateral aspect of the proximal brachium. It is located by coursing 2.5 *cun* distal to the space between the acromion process and the greater tubercle of the humerus (LI-15<sup>WHO</sup>), then 2.0 *cun* anteriorly. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Auxiliary Reaction Areas} (This point lies 2.0 *cun* anterior to Jian<sup>1</sup> Zhong<sup>1</sup> 肩 中)



- 1. Shui<sup>3</sup> Qu<sup>1</sup>, Liu<sup>4</sup> Wan<sup>2</sup>, Huan<sup>2</sup> Chao<sup>2</sup>, Zhong<sup>1</sup> Bai<sup>2</sup>, and Xia<sup>4</sup> Bai<sup>2</sup> (LKC):
  - Shui<sup>3</sup> Qu<sup>1</sup>: This point is located on the dorsum of the foot, immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones. Needle 0.3 to 0.5 *cun.* {Lung Branch and Kidney Branch Reaction Areas}
  - Liu<sup>4</sup> Wan<sup>2</sup>: This point is located on the dorsum of the foot between the 4<sup>th</sup> and 5<sup>th</sup> metatarsal bones, 0.5 *cun* proximal to GB-43<sup>WHO</sup>. Needle with a 36 Gauge needle 0.3 to 0.5 *cun CONTRAINDICATED IN PATIENTS WITH ASTHMA, PULMONARY DISEASES, EXCESSIVE PHLEGM, OR WHO ARE WEAK/FRAIL.* {Lung Branch and Kidney Branch} (GB-43<sup>WHO</sup> is located 0.5 unit posterior to (proximal to) the web between the 4<sup>th</sup> and 5<sup>th</sup> toes, ergo, Liu<sup>4</sup> Wan<sup>2</sup> is located 1.0 *cun* proximal to the interdigital web between said digits.)
  - Huan<sup>2</sup> Chao<sup>2</sup>: This point is located at the center of Digit Line A on the second phalanx of the 4<sup>th</sup> digit (ring finger). To determine the exact center of the middle phalanx along Digit Line A, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along said line. Needle 0.2 to 0.3 *cun*. {Liver and Kidney Auxiliary Reaction Areas}
  - **Zhong<sup>1</sup> Bai<sup>2</sup>:** This point is located on the dorsum of the hand, between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations. Needle 0.5 *cun*. {Kidney Branch Reaction Area}
  - Xia<sup>4</sup> Bai<sup>2</sup>: This point is located on the dorsum of the hand between the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones, 1.5 *cun* proximal to the metacarpophalangeal joints. Needle 0.3 to 0.8 *cun*. {Liver and Kidney Confluent Reaction Area} (Xia<sup>4</sup> Bai<sup>2</sup> lies 1.0 *cun* proximal to Zhong<sup>1</sup> Bai<sup>2</sup>, and is located in the depression immediately distal to the articulation of the bases of the 4<sup>th</sup> and 5<sup>th</sup> metacarpal bones on the dorsum of the hand have the patient make a loose fist to facilitate locating this point.)

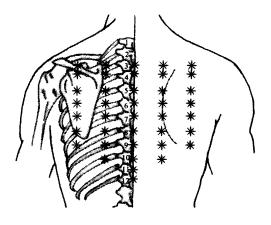
#### Radial to ulnar view RIGHT ring finger.



#### **Uroschesis (LKC-3)**

## 1. 'Let' Wu<sup>3</sup> Ling<sup>3</sup> (LKC):

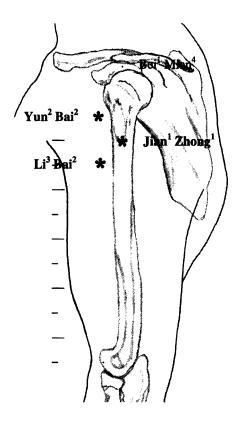
• Wu<sup>3</sup> Ling<sup>3</sup>: These points are found on five rostral-caudal lines located on the back and they should be 'let' rather than needled with filiform needles. The first row of ten points is located on the Du Mai (Governing Vessel) in the interspinous spaces between: T<sub>2</sub>/T<sub>3</sub>, T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, T<sub>9</sub>/T<sub>10</sub>, T<sub>10</sub>/T<sub>11</sub>, and T<sub>11</sub>/T<sub>12</sub>. The second row of 8 points (per row) is located 3 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, T<sub>8</sub>/T<sub>9</sub>, and T<sub>9</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>10</sub>. The third row of 7 points (per row) is located 6 *cun* lateral on either side of the Du Mai (Governing Vessel), commences from the level of the T<sub>2</sub>/T<sub>3</sub>, and includes points at the levels of T<sub>3</sub>/T<sub>4</sub>, T<sub>4</sub>/T<sub>5</sub>, T<sub>5</sub>/T<sub>6</sub>, T<sub>6</sub>/T<sub>7</sub>, T<sub>7</sub>/T<sub>8</sub>, and T<sub>8</sub>/T<sub>9</sub>. (In this case, use those points on the first and second rows.)

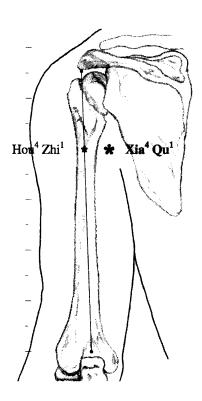


Wu<sup>3</sup> Ling<sup>3</sup>

# Uroschesis (MC-1)

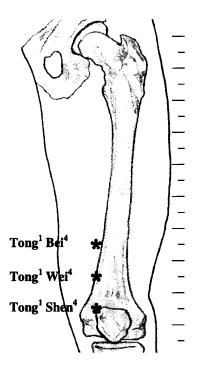
- 1. Jian<sup>1</sup> Zhong<sup>1</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Yun<sup>2</sup> Bai<sup>2</sup>, and Xia<sup>4</sup> Qu<sup>1</sup> (MC):
  - Jian<sup>1</sup> Zhong<sup>1</sup>: This point is located 2.5 *cun* immediately distal to the space between the acromion process and the head of the humerus (locate with arm hanging naturally down by the side). Needle 0.5 to 1.0 *cun*. {Heart Branch Reaction Area}
  - Li<sup>3</sup> Bai<sup>2</sup>: This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
  - Yun<sup>2</sup> Bai<sup>2</sup>: This point is located with the arm hanging naturally down by the side, and lies 2.0 cun obliquely anterodistal (towards the chest) from the point Bei<sup>1</sup> Mian<sup>4</sup>. (Bei<sup>1</sup> Mian<sup>4</sup> lies in the center of a depression found immediately lateral to the acromion process with the arm abducted to 90°.) Needle 0.3 to 0.5 cun. {Six Bowels and Lung Auxiliary Reaction Areas} Alternately, one may locate this point by proceeding 1 cun anterior and 1 cun proximal to Jian<sup>1</sup> Zhong<sup>1</sup>.
  - Xia<sup>4</sup> Qu<sup>1</sup>: This point is located on the posteromedial aspect of the proximal brachium, 8.0 *cun* proximal to the level of the transverse cubital crease and 1.0 *cun* medial to Hou<sup>4</sup> Zhi<sup>1</sup>. Needle 0.6 to 1.0 *cun*. {Lung Branch and Liver Branch Reaction Areas} (Hou<sup>4</sup> Zhi<sup>1</sup> is located on the Hand Shao<sup>4</sup> Yang<sup>2</sup> San Jiao Channel, 8.0 *cun* proximal to the level of the transverse cubital crease.)



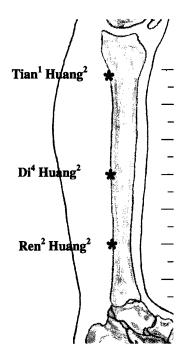


#### Uroschesis (MC-2)

- 1. DMG 77-12 'Lower Three Emperors' and DMG 88-01 'Passing Through the Kidney Three Needles' (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED; ALSO CONTRAINDICATED IN PREGNANCY.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. *CONTRAINDICATED IN PREGNANCY*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun. CONTRAINDICATED IN PREGNANCY.* {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}



DMG 88-01 'Passing Through the Kidney Three Needles'

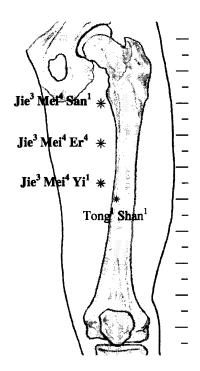


DMG 77-12 'Lower 3 Emperors'

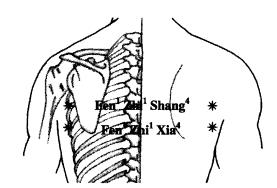
# Venereal Disease – Unspecified (LKC)

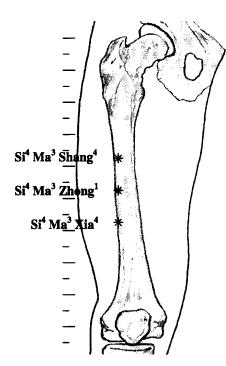
- 1. DMG 88-10 'Three Sisters Three Needles', Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>, and Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>; in severe cases, add DMG 88-03 'Thigh Team of Four Horses' and DMG 88-07 'Upper Three Yellow' (LKC):
  - DMG 88-10 'Three Sisters Three Needles':
    - i. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>: This point lies 1 *cun* medial and 1 *cun* proximal to Tong<sup>1</sup> Shan<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Tong<sup>1</sup> Shan<sup>1</sup> is found on the median plane (midsagittal plane) of the anterior thigh, 7 *cun* proximal to the center of the superior edge of the patella.)
    - ii. **Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>:** This point lies 2.5 *cun* immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
    - iii. Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>: This point lies 2.5 cun immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.5 to 3.0 cun. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 cun medial to the median plane (midsagittal plane) at a point 13 cun proximal to the center of the superior edge of the patella.)
  - Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>: This point is located inferior to the 'fork' formed between the axillary border of the scapula and the humerus. It lies in proximity to the posterior axillary fold, directly inferior to the posterior aspect of the acromion process, 1 *cun* inferior to the most caudal aspect of the glenohumeral articulation. Needle 1.0 to 1.5 *cun*. {Endocrine and Liver Reaction Areas}
  - Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup>: This point is located 1.5 *cun* immediately inferior to Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup>. Needle 1.0 to 1.5 *cun*. {Endocrine, Lung Branch, and Breast Reaction Areas}
  - DMG 88-03 'Thigh Team of Four Horses':
    - i. Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup>: This point is located 5.5 *cun* proximal to the superolateral angle of the patella. Needle 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas} (To locate this point, commence at the center of the superior edge of the patella, course laterally 1.0 *cun* to arrive at the superolateral angle of the patella, and then proceed proximally 5.5 *cun* to arrive at Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup>.)
    - ii. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>: This point is located 2.0 *cun* proximal to Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup>. Needle 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas}
    - iii. Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup>: This point is located 2.0 *cun* proximal to Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup>. Needle 1.0 to 3.0 *cun*. {General Lung and Liver Branch Reaction Areas}
  - DMG 88-07 'Upper Three Yellow':
    - Ming<sup>2</sup> Huang<sup>2</sup>: This point is located at the exact center (proximal to distal) of the midline (coronal plane) on the medial aspect of the thigh. Needle 1 to 3.0 *cun*. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}
    - ii. Qi<sup>2</sup> Huang<sup>2</sup>: This point is located 3.0 *cun* distal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 *cun*. {Gall Bladder General and Liver Branch Reaction Areas}
    - iii. Tian<sup>1</sup> Huang<sup>2</sup>: This point is located 3.0 cun proximal to Ming<sup>2</sup> Huang<sup>2</sup> on the midline (coronal plane) of the medial aspect of the thigh. Needle 1.5 to 3.0 cun. {Superficially the Heart, mid-level the Liver, and deep the Kidney General Reaction Areas}

# Venereal Disease – Unspecified (LKC)

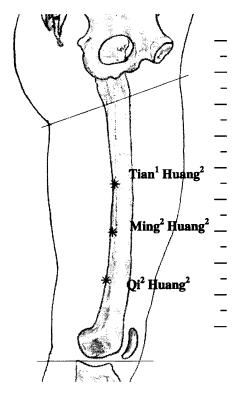


DMG 88-10 '3 Sisters 3 Needles'





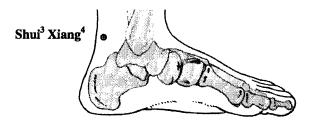
DMG 88-03 'Thigh Team of 4 Horses'

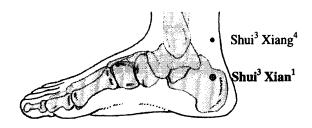


DMG 88-07 'Upper 3 Yellow'

#### Vertebral Pain (LCH) [2° to 'Kidney Depletion']

- 1. Shui<sup>3</sup> Xiang<sup>4</sup> and Shui<sup>3</sup> Xian<sup>1</sup> (LCH):
  - Shui<sup>3</sup> Xiang<sup>4</sup>: This point is located in the depression immediately anterior to the Achilles tendon, 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, on the medial side of the ankle. Needle 0.3 to 0.5 *cun* one may even needle to penetrate through to the lateral side along the anterior border of the Achilles tendon. {Kidney Branch and Brain Reaction Areas}
  - Shui<sup>3</sup> Xian<sup>1</sup>: This point is located 2.0 *cun* distal to Shui<sup>3</sup> Xiang<sup>4</sup>. It may be found by coursing 2.0 *cun* posterior to the apex (as viewed from posterior to anterior) of the medial malleolus, and then 2.0 *cun* immediately distal. Needle 0.5 *cun*. {Kidney Branch and Brain Reaction Areas}





Section 2

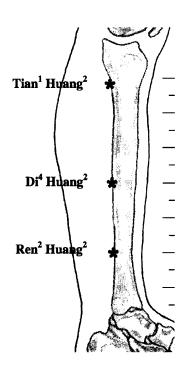
# Male Genital Disorders



'Andrology'

#### **Balanitis (MC)**

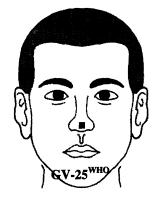
- 1. DMG 77-12 'Lower Three Emperors', CV-3<sup>WHO</sup>, and GV-25<sup>WHO</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus. Puncture perpendicularly, 0.5 to 1.0 *cun*.
  - GV-25<sup>WHO</sup> (DU 25): On the face at the centre of the nose APEX. Puncture obliquely upward (superiorly) 0.2 to 0.3 *cun*.



DMG 77-12 'Lower 3 Emperors'



CV-3<sup>WHO</sup>



#### **Cryptorchidism (CCC)**

#### 1. DMG 11-03 'Finger Three Yang' (CCC):

- DMG 11-03 'Finger Three Yang':
  - i. Ren<sup>2</sup> Yang<sup>2</sup>: The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular 0.2 ~ 0.3 cun. {Six Bowels and Liver Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun*. {Six Bowels and Liver Reaction Areas}
  - iii. **Di<sup>4</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3 cun$ . {Six Bowels and Liver Reaction Areas}

Radial to ulnar view of RIGHT index finger.

Di<sup>4</sup> Yang Yang<sup>2</sup> Fian<sup>1</sup>

DMG 11-03 'Finger Three Yang'

## Cryptorchidism (LKC)

#### 1. DMG 11-03 'Finger Three Yang', Nei<sup>4</sup> Yin<sup>1</sup>, and Chen<sup>2</sup> Yin<sup>1</sup> (LKC):

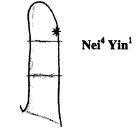
- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
  - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 cun. {Six Bowels and Liver Organ Reaction Areas}
- Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 *cun* distal and 0.4 *cun* lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
- Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}

#### Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

Anterior view of **RIGHT index finger.** 



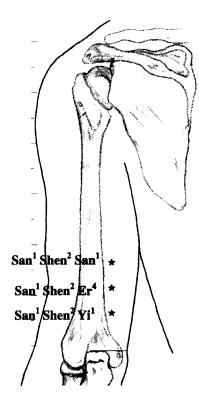
Radial to ulnar view of LEFT index finger.



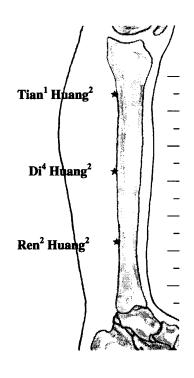
#### **Erectile Dysfunction (CCC)**

- 1. DMG 44-09 'Three Spirits Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

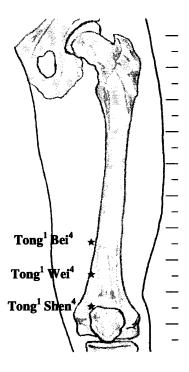
# **Erectile Dysfunction (CCC)**



DMG 44-09 '3 Spirits 3 Needles'



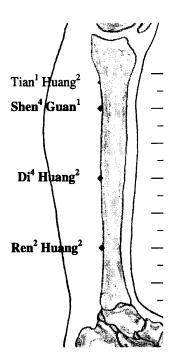
DMG 77-12 'Lower 3 Emperors'

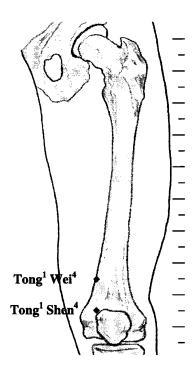


DMG 88-01 'Passing Through the Kidney Three Needles'

## **Erectile Dysfunction (HPC)**

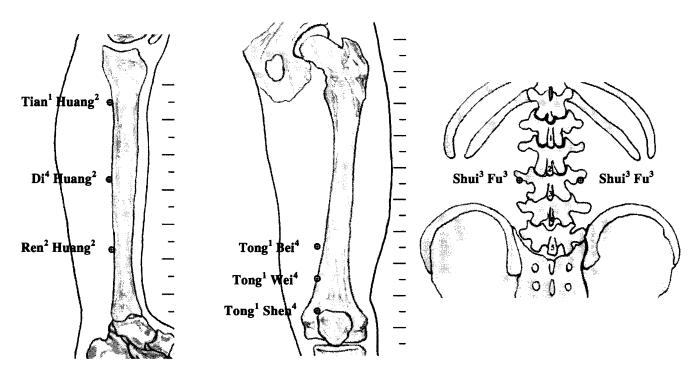
- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)





#### **Erectile Dysfunction (LCH)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7.0 cun proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 cun. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the L<sub>2</sub> and L<sub>3</sub> spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}



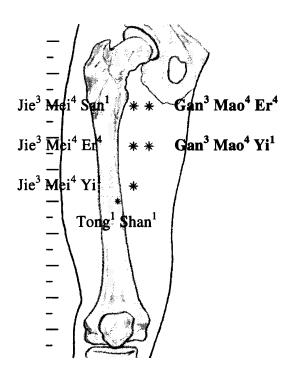
DMG 77-12 'Lower 3 Emperors'

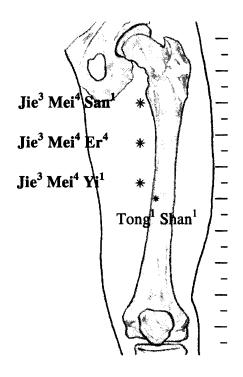
DMG 88-01 'Passing Through the Kidney 3 Needles'

#### **Erectile Dysfunction (LKC-1)**

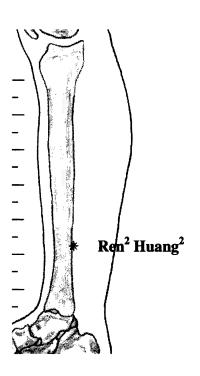
- 1. DMG 88-10 'Three Sisters Three Needles', Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>, Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 88-10 'Three Sisters Three Needles':
    - i. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>: This point lies 1 *cun* medial and 1 *cun* proximal to Tong<sup>1</sup> Shan<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Tong<sup>1</sup> Shan<sup>1</sup> is found on the median plane (midsagittal plane) of the anterior thigh, 7 *cun* proximal to the center of the superior edge of the patella.)
    - ii. **Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>:** This point lies 2.5 *cun* immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
    - iii. Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>: This point lies 2.5 cun immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.5 to 3.0 cun. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 cun medial to the median plane (midsagittal plane) at a point 13 cun proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 13 *cun* proximal to the center of the superior edge of the patella.)
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.

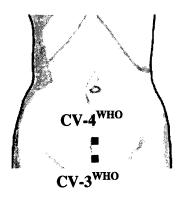
# **Erectile Dysfunction (LKC-1)**





DMG 88-10 '3 Sisters 3 Needles'

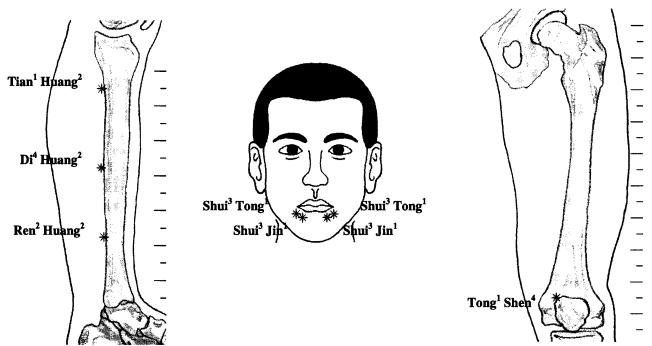




#### **Erectile Dysfunction (LKC-2)**

## 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):

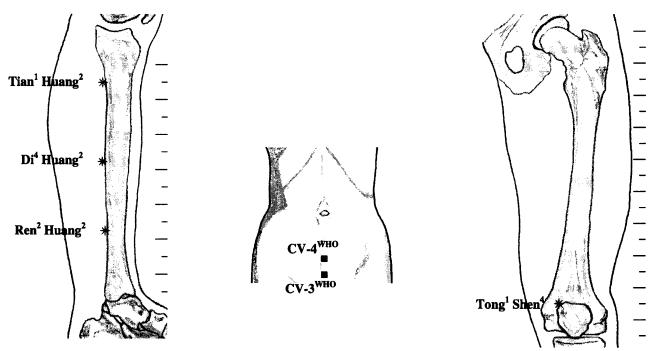
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### **Erectile Dysfunction (LKC-3)**

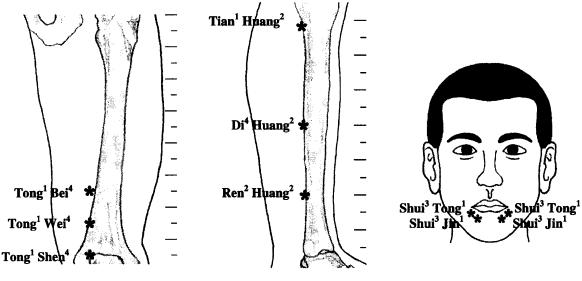
- 1. DMG 77-12 'Lower Three Emperors' and Tong<sup>1</sup> Shen<sup>4</sup> then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.



DMG 77-12 'Lower 3 Emperors'

#### **Erectile Dysfunction (MC-1)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



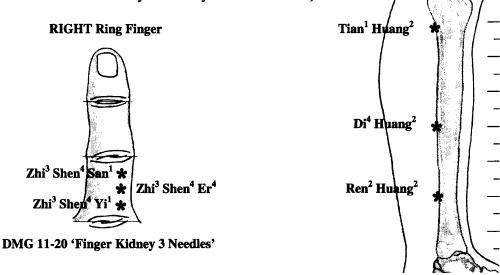
DMG 88-01 'Passing Through the Kidney Three Needles'

DMG 77-12 'Lower 3 Emperors'

#### **Erectile Dysfunction (MC-2)**

# 1. DMG 77-12 'Lower Three Emperors' and DMG 11-20 'Finger Kidney Three Needles' (MC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - iii. **Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>:** To locate this point bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}



DMG 77-12 'Lower 3 Emperors'

#### Hernia (CCC)

#### 1. DMG 11-04 'Finger Three Spaces' and DMG 11-03 'Finger Three Yang'

- DMG 11-04 'Finger Three Spaces':
  - i. Da<sup>4</sup> Jian<sup>4</sup>: This point is located in the center of anterior digit line B on the anterior surface of the proximal phalanx of the index finger. To determine the exact center of anterior digit line B on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of said line. Needle 0.3 to 0.4 *cun*. {Lung and Heart Organ Branch, Six Bowels, and Liver Reaction Areas}
  - ii. Xiao<sup>3</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.3 to 0.4 *cun*. {Lung and Heart Organ Branch, Six Bowels, and Liver Reaction Areas}
  - iii. Ce<sup>4</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line B. Needle 0.3 to 0.4 *cun*. {Lung and Heart Organ Branch, Six Bowels, and Liver Reaction Areas}
- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
  - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 cun. {Six Bowels and Liver Reaction Areas}



DMG 11-04 'Finger 3 Spaces'

Radial to ulnar view of RIGHT index finger.

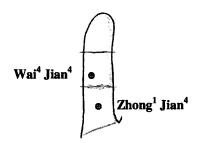
Yang <sup>7</sup>anı

DMG 11-03 'Finger Three Yang'

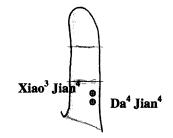
#### Hernia (LCH)

- 1. Wai<sup>4</sup> Jian<sup>4</sup>, Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, and Zhong<sup>1</sup> Jian<sup>4</sup> needling these four points simultaneously is very effective ONLY if reflexogenic (black or green) markings are noted over the points.
  - Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and two thirds the distance from the distal interphalangeal skin crease to the proximal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)
  - **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)
  - Xiao<sup>3</sup> Jian<sup>4</sup>: This point is located 0.2 *cun* distal to Da<sup>4</sup> Jian<sup>4</sup>. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Lung Branch, Heart Organ, and Six Bowels Branch Reaction Areas}
  - **Zhong<sup>1</sup> Jian<sup>4</sup>:** This point is located in the center of anterior digit line C, on the anterior surface of the proximal phalanx of the index finger. To determine the exact center of anterior digit line C on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease, along the median plane. Needle 0.2 to 0.25 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Lung Branch, Heart Organ, and Six Bowels Reaction Areas}

A-P view of LEFT index finger.



A-P view of RIGHT index finger.

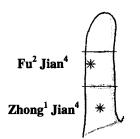


## Hernia (LKC-1)

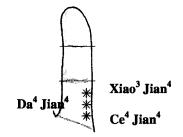
## 1. DMG 11-04 'Finger Three Spaces', Zhong<sup>1</sup> Jian<sup>4</sup>, and Fu<sup>2</sup> Jian<sup>4</sup> (LKC):

- DMG 11-04 'Finger Three Spaces':
  - i. **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located in the center of anterior digit line B (@ 0.3 cun radial/lateral to the median plane) on the anterior surface of the proximal phalanx of the index finger. To determine the exact center of anterior digit line B on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease, along the course of said line. Needle 0.1 to 0.4 cun or 'let'. {Heart Organ, Six Bowels Branch, and Liver Branch Reaction Areas}
  - ii. Xiao<sup>3</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.2 to 0.4 *cun* or 'let'. {Lung, Heart Organ Branch, and Six Bowels Reaction Areas}
  - iii. Ce<sup>4</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line B. Needle 0.2 to 0.4 *cun* or 'let'. {Lung, Heart Organ Branch, and Six Bowels Reaction Areas}
- **Zhong<sup>1</sup> Jian<sup>4</sup>:** This point is located in the center of anterior digit line C, on the anterior surface of the proximal phalanx of the index finger. To determine the exact center of anterior digit line C on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease, along the course of said line. Needle 0.2 to 0.3 *cun*. {Lung, Heart Organ Branch, and Six Bowels Reaction Areas}
- Fu<sup>2</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.3 *cun* radial (lateral) and 0.15 *cun* distal to the center of the phalanx. Needle 0.2 to 0.3 *cun* or 'let'. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Organ, Six Bowels, and Liver Branch Reaction Areas}

Palmar surface LEFT index finger.



#### Palmar surface RIGHT index finger.

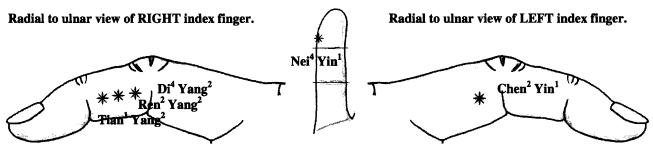




# Hernia (LKC-2)

# 1. DMG 11-03 'Finger Three Yang' with Nei<sup>4</sup> Yin<sup>1</sup> and Chen<sup>2</sup> Yin<sup>1</sup> (LKC):

- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - iii. **Di<sup>4</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
- Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 cun distal and 0.4 cun lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
- Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}



DMG 11-03 'Finger 3 Yang'

## Hernia (LKC-3)

- **1. Hai<sup>3</sup> Bao<sup>4</sup>** (LKC):
  - Hai<sup>3</sup> Bao<sup>4</sup>: This point is located on the medial side of the foot at the midpoint (i.e. plantar dorsal midpoint) of the interphalangeal joint on the medial side of the great toe. Needle 0.1 to 0.3 *cun.* {Heart Branch Reaction Area}



#### Hydrocele (LKC)

#### 1. DMG 11-03 'Finger Three Yang' (LKC):

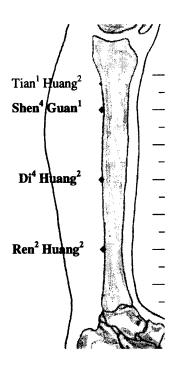
- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}

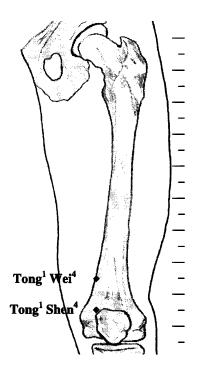
Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)

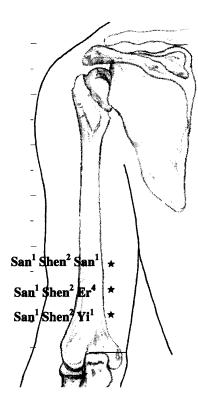




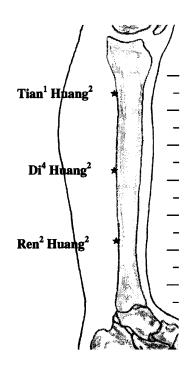
## **Impotence (CCC)**

- 1. DMG 44-09 'Three Spirits Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

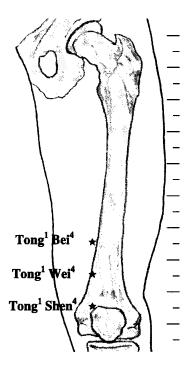
# **Impotence (CCC)**



DMG 44-09 '3 Spirits 3 Needles'



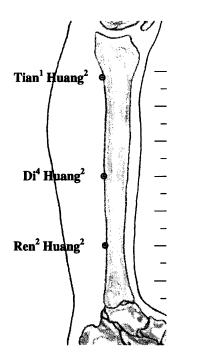
DMG 77-12 'Lower 3 Emperors'

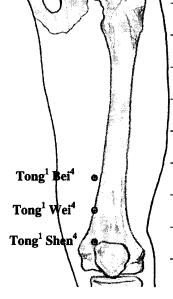


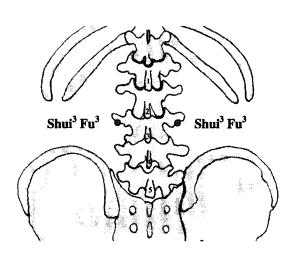
DMG 88-01 'Passing Through the Kidney Three Needles'

#### **Impotence (LCH)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun.* {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}







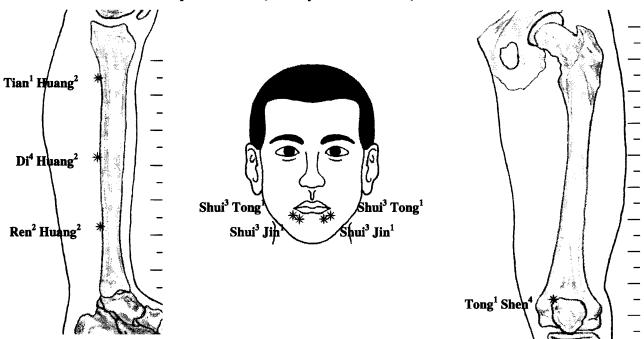
DMG 77-12 'Lower 3 Emperors'

DMG 88-01 'Passing Through the Kidney Three Needles'

#### **Impotence (LKC-1)**

## 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

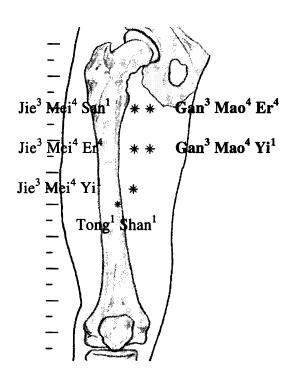


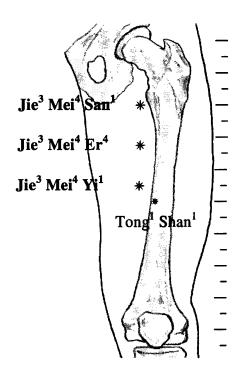
DMG 77-12 'Lower 3 Emperors'

#### **Impotence (LKC-2)**

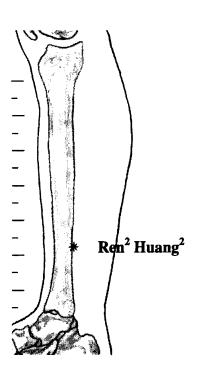
- 1. DMG 88-10 'Three Sisters Three Needles', Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>, Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 88-10 'Three Sisters Three Needles':
    - i. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>: This point lies 1 *cun* medial and 1 *cun* proximal to Tong<sup>1</sup> Shan<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Tong<sup>1</sup> Shan<sup>1</sup> is found on the median plane (midsagittal plane) of the anterior thigh, 7 *cun* proximal to the center of the superior edge of the patella.)
    - ii. **Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>:** This point lies 2.5 *cun* immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
    - iii. **Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>:** This point lies 2.5 *cun* immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 13 *cun* proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 13 *cun* proximal to the center of the superior edge of the patella.)
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.

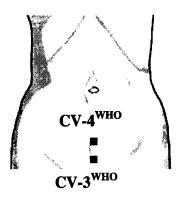
# **Impotence (LKC-2)**





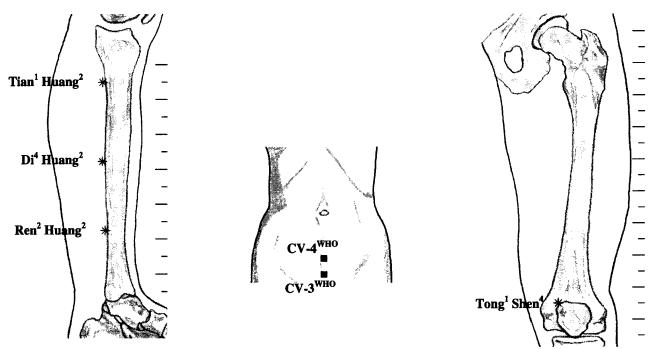
DMG 88-10 '3 Sisters 3 Needles'





#### **Impotence (LKC-3)**

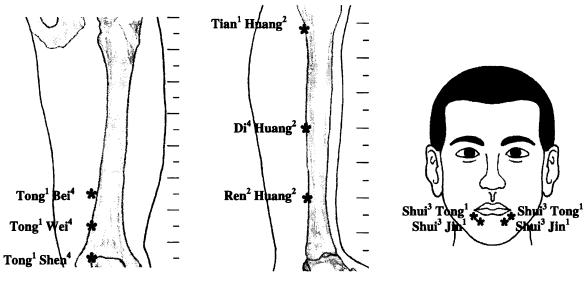
- 1. DMG 77-12 'Lower Three Emperors' and Tong<sup>1</sup> Shen<sup>4</sup> then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.



DMG 77-12 'Lower 3 Emperors'

#### **Impotence (MC-1)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



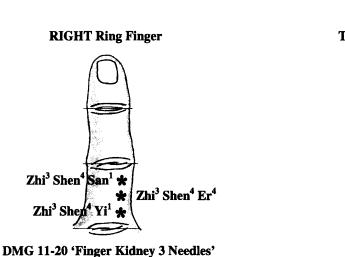
DMG 88-01 'Passing Through the Kidney Three Needles'

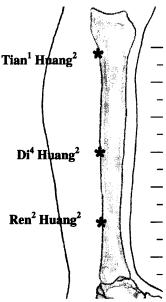
DMG 77-12 'Lower 3 Emperors'

#### **Impotence (MC-2)**

# 1. DMG 77-12 'Lower Three Emperors' and DMG 11-20 'Finger Kidney Three Needles' (MC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - iii. **Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>:** To locate this point bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}



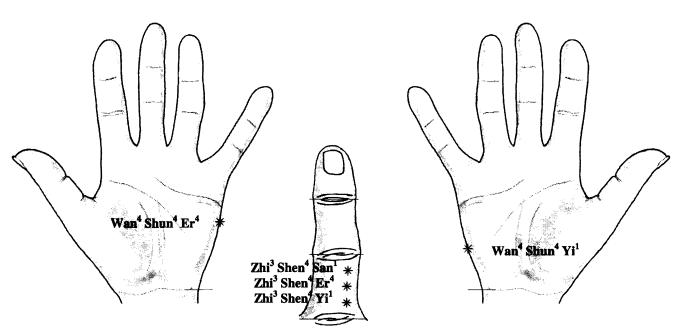


DMG 77-12 'Lower 3 Emperors'

#### Male 'Kidney-Depletion' (LKC-1)

# 1. DMG 11-20 'Finger Kidney Three Needles', Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>, and Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup> (LKC):

- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger (the ulnar digit line lies 0.3 *cun* ulnar to the posterior midsagittal line). To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease, along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle 0.1 to 0.2 *cun*. {Liver Auxiliary, Kidney Auxiliary, and Heart Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, simply bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle 0.1 to 0.2 *cun.* {Liver Auxiliary, Kidney Auxiliary, and Heart Reaction Areas}
  - iii. Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>: To locate this point, simply bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle 0.1 to 0.2 *cun*. {Liver Auxiliary, Kidney Auxiliary, and Heart Reaction Areas}
- Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}
- Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup>: This point is located 2.5 *cun* distal to the anterior distal transverse wrist crease, anterior to the 5<sup>th</sup> metacarpal bone, at the junction of the 'red and white skin'. Needle 0.5 to 1.0 *cun*. {Kidney Branch Reaction Area}

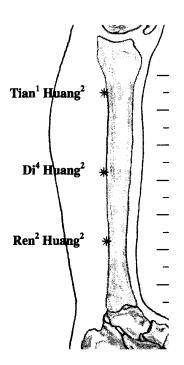


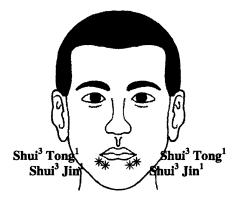
DMG 11-20 'Finger Kidney 3 Needles'

#### Male 'Kidney-Depletion' (LKC-2)

#### 1. DMG 77-12 'Lower Three Emperors', Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

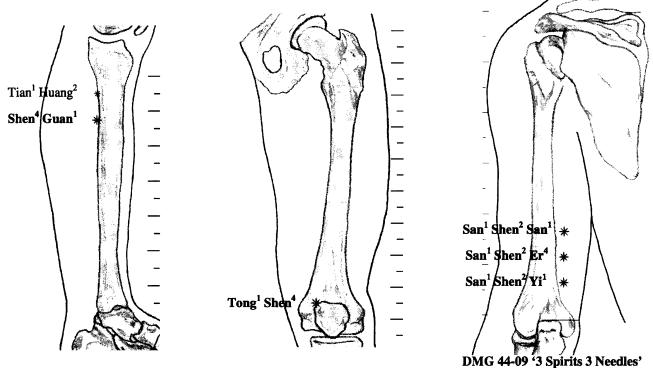




DMG 77-12 'Lower 3 Emperors'

#### Male 'Kidney-Depletion' (LKC-3)

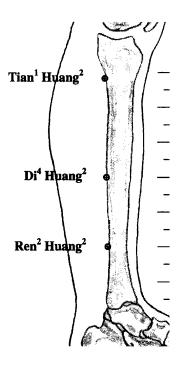
- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and DMG 44-09 'Three Spirits Three Needles' (LKC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 2.0 *cun*. {Six Bowel Reaction Area} (Tian<sup>1</sup> Huang<sup>2</sup> is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle, ergo, Shen<sup>4</sup> Guan<sup>1</sup> is located 2.5 *cun* distal to Sp-9<sup>WHO</sup>)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his chest when locating this point. Needle from distal to proximal 1.0 *cun*. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus place the patient's palm on his chest when locating this point. Needle from distal to proximal 1.0 cun. {Kidney Auxiliary, Liver Auxiliary, Liver Branch Reaction Areas}



#### **Nocturnal Emission (LCH)**

#### 1. DMG 77-12 'Lower Three Emperors' (LCH):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}



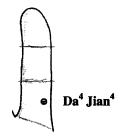
DMG 77-12 'Lower 3 Emperors'

## Orchialgia (LCH)

#### 1. Da<sup>4</sup> Jian<sup>4</sup> (LCH):

• **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)

#### A-P view of the RIGHT index finger.



#### **Orchitis (CCC)**

- 1. DMG 11-03 'Finger Three Yang' (CCC):
  - DMG 11-03 'Finger Three Yang':
    - i. Ren<sup>2</sup> Yang<sup>2</sup>: The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun*. {Six Bowels and Liver Reaction Areas}

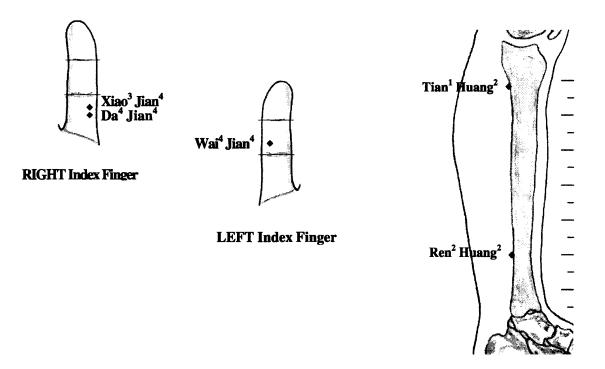
Radial to ulnar view of RIGHT index finger.

Di<sup>4</sup> Yang Fian<sup>1</sup> Yang

DMG 11-03 'Finger Three Yang'

#### **Orchitis (HPC-1)**

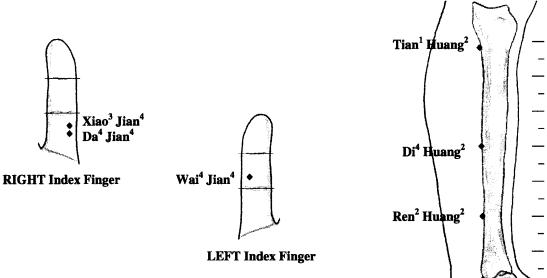
- 1. Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, Tian <sup>1</sup> Huang<sup>2</sup>, and Ren<sup>2</sup> Huang<sup>2</sup> treat daily until symptoms resolve (HPC):
  - **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)
  - Xiao<sup>3</sup> Jian<sup>4</sup>: This point is located 0.2 *cun* distal to Da<sup>4</sup> Jian<sup>4</sup>. Needle 0.2 to 0.3 *cun.* BILATERAL NEEDLING CONTRAINDICATED. {Lung Branch, Heart Organ, and Six Bowels Branch Reaction Areas}
  - Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease, along the course of digit line B.)
  - **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}



- 1. Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and DMG 77-12 'Lower Three Emperors' (HPC):
  - Da<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)
  - Xiao<sup>3</sup> Jian<sup>4</sup>: This point is located 0.2 *cun* distal to Da<sup>4</sup> Jian<sup>4</sup>. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Lung Branch, Heart Organ, and Six Bowels Branch Reaction Areas}
  - Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease from the distance from the B.)

#### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun. MOXABUSTION CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
- iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}

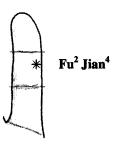


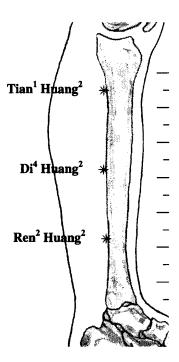
DMG 77-12 'Lower 3 Emperors'

# **Orchitis (LKC-1)**

# 1. Fu<sup>2</sup> Jian<sup>4</sup> and DMG 77-12 'Lower Three Emperors' (LKC):

- **Fu<sup>2</sup> Jian<sup>4</sup>:** This point is located on the anterior surface of the middle phalanx of the index finger, 0.3 *cun* radial (lateral) and 0.15 *cun* distal to the center of the phalanx. Needle 0.2 to 0.3 *cun* or 'let'. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ, Six Bowels, and Liver Branch Reaction Areas}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)





DMG 77-12 'Lower 3 Emperors'

# **Orchitis (LKC-2)**

- 1. DMG 11-03 'Finger Three Yang' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}

Radial to ulnar view of RIGHT index finger.



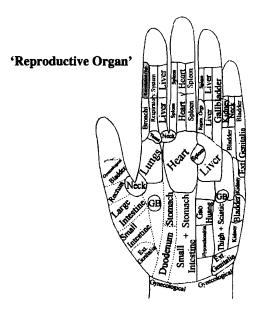
DMG 11-03 'Finger 3 Yang'

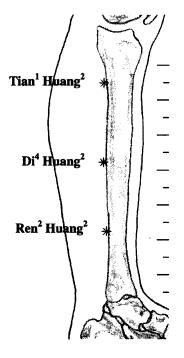
#### **Orchitis (LKC-3)**

- 1. 'Let' any visible veinules in the 'Reproductive Organ' region of the second phalanx of the index finger, then needle DMG 11-03 'Finger Three Yang' and DMG 77-12 'Lower Three Emperors' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}

#### • DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
- iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)





DMG 77-12 'Lower 3 Emperors'

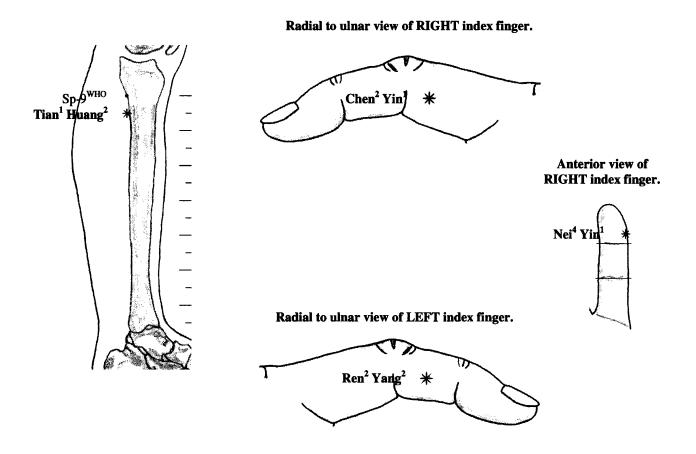
Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

# **Orchitis (LKC-4)**

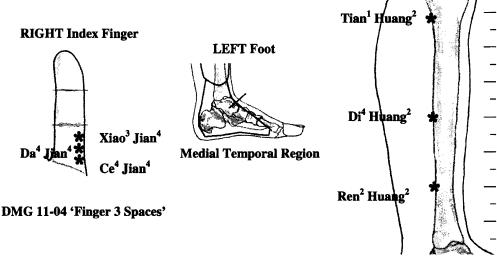
- 1. 'Let' from the medial malleolus to Tian<sup>1</sup> Huang<sup>2</sup> then needle Nei<sup>4</sup> Yin<sup>1</sup>, Chen<sup>2</sup> Yin<sup>1</sup>, and Ren<sup>2</sup> Yang<sup>2</sup> (LKC):
  - **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 *cun* distal and 0.4 *cun* lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
  - Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}
  - **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}



#### **Orchitis (MC)**

# 1. DMG 11-04 'Finger Three Spaces' and DMG 77-12 'Lower Three Emperors'; follow with 'Letting' the medial Temporal Region of the leg (MC):

- DMG 11-04 'Finger Three Spaces':
  - i. **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located in the center of anterior digit line B on the anterior surface of the proximal phalanx of the index finger. To determine the exact center of anterior digit line B on the proximal phalanx, bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.4 *cun* or 'let' any visible small black macule or superficial venule. *BILATERAL NEEDLING CONTRAINDICATED*. {Heart and Six Bowels Branch Reaction Areas}
  - ii. Xiao<sup>3</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line B. Needle 0.2 to 0.4 *cun* or 'let' any visible small black macule or superficial venule. BILATERAL NEEDLING CONTRAINDICATED. {Heart, Lung Branch, and Six Bowels Branch Reaction Areas}
  - iii. Ce<sup>4</sup> Jian<sup>4</sup>: To locate this point, simply bisect the distance from Da<sup>4</sup> Jian<sup>4</sup> to the anterior metacarpophalangeal skin crease along the course of anterior digit line B. Needle 0.2 to 0.4 *cun* or 'let' any visible small black macule or superficial venule. BILATERAL NEEDLING CONTRAINDICATED. {Lung, Heart Branch, and Six Bowels Reaction Areas}
- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
  - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}



DMG 77-12 'Lower 3 Emperors'

#### Phallalgia (CCC)

- 1. DMG 11-03 'Finger Three Yang' (CCC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - iii. **Di<sup>4</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3 cun$ . {Six Bowels and Liver Reaction Areas}

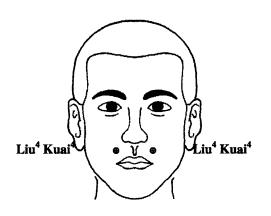
Radial to ulnar view of RIGHT index finger.

Di<sup>\*</sup> Yang Fian<sup>1</sup> Yang

DMG 11-03 'Finger Three Yang'

# Phallalgia (LCH)

- Liu<sup>4</sup> Kuai<sup>4</sup> (LCH):
  Liu<sup>4</sup> Kuai<sup>4</sup>: This point lies 1.4 *cun* lateral to the center of the philtrum (i.e. 1.4 *cun* lateral to Ren<sup>2</sup> Zhong<sup>1</sup> or Du-24). Needle 0.1 to 0.3 *cun*. {Secretion/Excretion Reaction Area}



#### Phallalgia (LKC)

#### 1. DMG 11-03 'Finger Three Yang', Nei<sup>4</sup> Yin<sup>1</sup>, and Chen<sup>2</sup> Yin<sup>1</sup> (LKC):

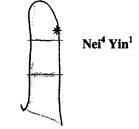
- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
  - iii. **Di<sup>4</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
- Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 cun distal and 0.4 cun lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
- Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}

Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

Anterior view of RIGHT index finger.

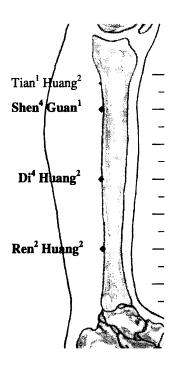


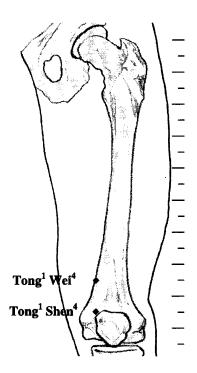
Radial to ulnar view of LEFT index finger.



# **Premature Ejaculation (HPC)**

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>°</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)

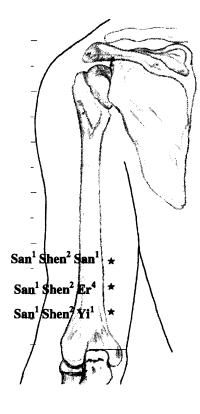




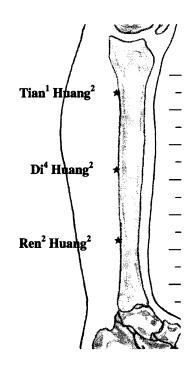
# **Premature Ejaculation (CCC)**

- 1. DMG 44-09 'Three Spirits Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

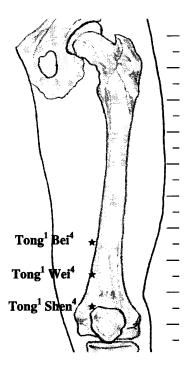
# **Premature Ejaculation (CCC)**



DMG 44-09 '3 Spirits 3 Needles'



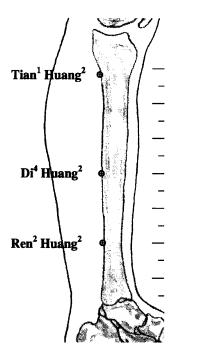
DMG 77-12 'Lower 3 Emperors'

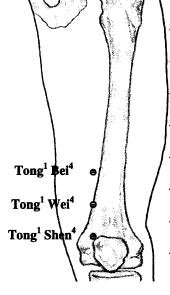


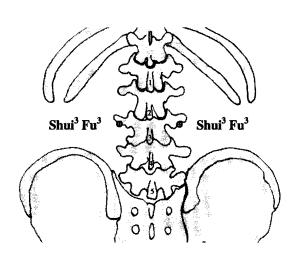
DMG 88-01 'Passing Through the Kidney Three Needles'

#### **Premature Ejaculation (LCH)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}







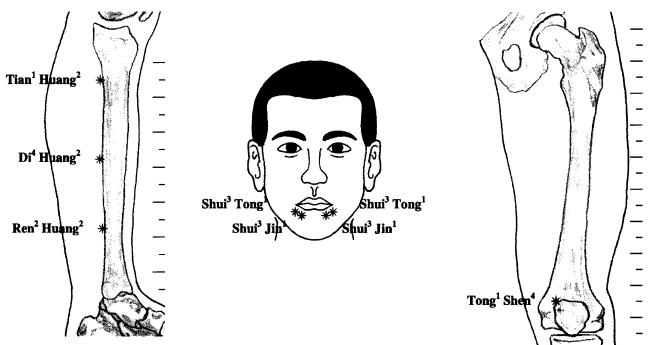
DMG 77-12 'Lower 3 Emperors'

DMG 88-01 'Passing Through the Kidney Three Needles'

# **Premature Ejaculation (LKC-1)**

# 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}

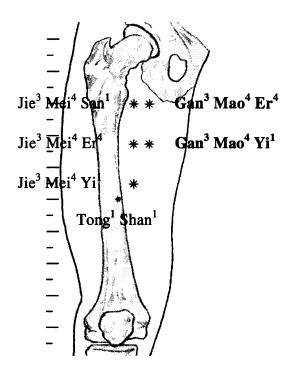


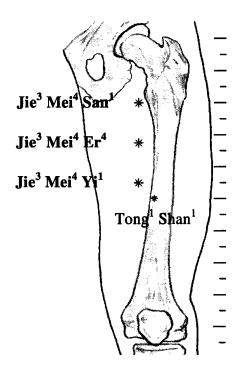
DMG 77-12 'Lower 3 Emperors'

#### **Premature Ejaculation (LKC-2)**

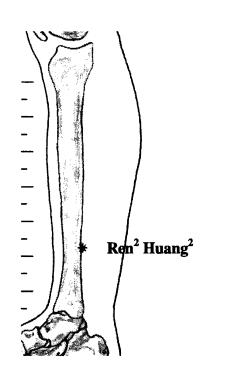
- 1. DMG 88-10 'Three Sisters Three Needles', Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>, Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 88-10 'Three Sisters Three Needles':
    - i. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>: This point lies 1 *cun* medial and 1 *cun* proximal to Tong<sup>1</sup> Shan<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Tong<sup>1</sup> Shan<sup>1</sup> is found on the median plane (midsagittal plane) of the anterior thigh, 7 *cun* proximal to the center of the superior edge of the patella.)
    - ii. Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>: This point lies 2.5 cun immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>. Needle 1.5 to 3.0 cun. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 cun medial to the median plane (midsagittal plane) at a point 10.5 cun proximal to the center of the superior edge of the patella.)
    - iii. Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>: This point lies 2.5 cun immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.5 to 3.0 cun. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 cun medial to the median plane (midsagittal plane) at a point 13 cun proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 13 *cun* proximal to the center of the superior edge of the patella.)
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.

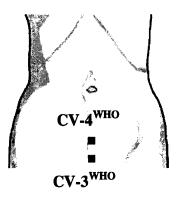
# **Premature Ejaculation (LKC-2)**





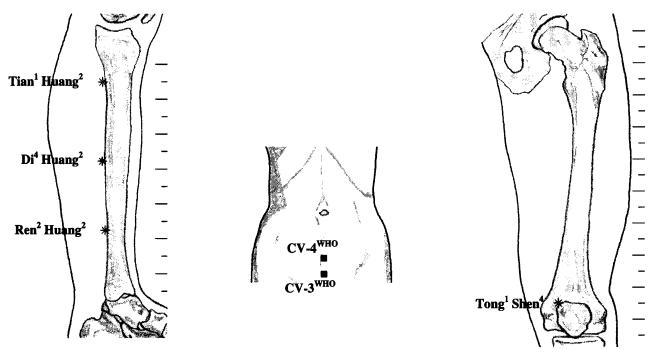
DMG 88-10 '3 Sisters 3 Needles'





## **Premature Ejaculation (LKC-3)**

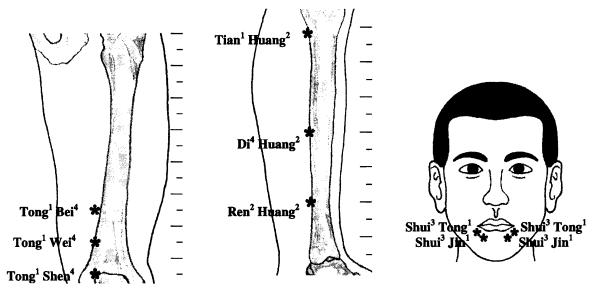
- 1. DMG 77-12 'Lower Three Emperors' and Tong<sup>1</sup> Shen<sup>4</sup> then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.



DMG 77-12 'Lower 3 Emperors'

#### **Premature Ejaculation (MC-1)**

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



DMG 88-01 'Passing Through the Kidney Three Needles'

DMG 77-12 'Lower 3 Emperors'

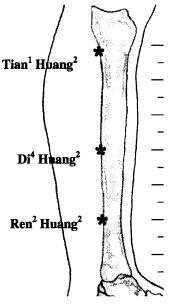
#### **Premature Ejaculation (MC-2)**

# DMG 77-12 'Lower Three Emperors' and DMG 11-20 'Finger Kidney Three Needles' (MC): DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
- iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - iii. **Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>:** To locate this point bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}



DMG 11-20 'Finger Kidney 3 Needles'



DMG 77-12 'Lower 3 Emperors'

#### **Prostatic Hypertrophy (CCC)**

- 1. DMG 11-03 'Finger Three Yang' (CCC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - ii. Tian<sup>1</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun*. {Six Bowels and Liver Reaction Areas}
    - iii.  $Di^4 Yang^2$ : To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun.* {Six Bowels and Liver Reaction Areas}

Radial to ulnar view of RIGHT index finger.

Yang

DMG 11-03 'Finger Three Yang'

## **Prostatic Hypertrophy (LKC)**

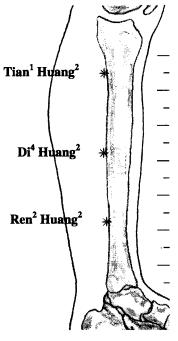
- 1. DMG 11-03 'Finger Three Yang', DMG 77-12 'Lower Three Emperors', and DMG 77-05 'Three Weights Three Needles' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4.0 cun immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 cun. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - DMG 77-05 'Three Weights Three Needles':
    - i. Yi<sup>1</sup> Zhong<sup>4</sup>: This point is located by coursing 3 *cun* proximal, then 1 *cun* anterior, to the apex of (as viewed from posterior to anterior) the lateral malleolus. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}
    - ii. **Er<sup>4</sup> Zhong<sup>4</sup>:** This point is located by coursing 2 *cun* proximal to Yi<sup>1</sup> Zhong<sup>4</sup>. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}
    - iii. San<sup>1</sup> Zhong<sup>4</sup>: This point is located by coursing 2 *cun* proximal to Er<sup>4</sup> Zhong<sup>4</sup>. Needle 1.0 to 2.0 *cun* or 'let' with a prismatic needle. {Heart Branch, Lung Branch, and Spleen Reaction Areas}

# **Prostatic Hypertrophy (LKC)**

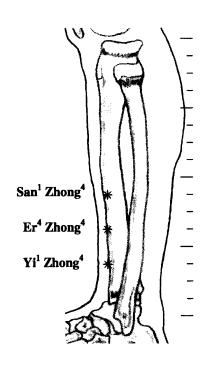
Radial to ulnar view of RIGHT index finger.

Dit Yeng Ron Wang<sup>2</sup> T \*\* Tian<sup>1</sup> Yang<sup>2</sup>

DMG 11-03 'Finger 3 Yang'



DMG 77-12 'Lower 3 Emperors'



DMG 77-05 '3 Weights 3 Needles'

#### Seminoma (CCC)

- 1. DMG 11-03 'Finger Three Yang' (CCC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - iii.  $Di^4 Yang^2$ : To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun.* {Six Bowels and Liver Reaction Areas}

Radial to ulnar view of RIGHT index finger.

Di<sup>\*</sup>Yang Yang<sup>2</sup> Fian<sup>1</sup> Yang

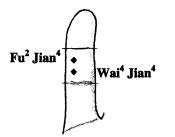
DMG 11-03 'Finger Three Yang'

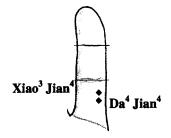
#### Seminoma (HPC)

- 1. Needle Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and Fu<sup>2</sup> Jian<sup>4</sup>; additionally, one may also 'let' the 'Malign-Blood' from Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and Fu<sup>2</sup> Jian<sup>4</sup> treat daily (HPC):
  - **Da<sup>4</sup> Jian<sup>4</sup>:** This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)
  - Xiao<sup>3</sup> Jian<sup>4</sup>: This point is located 0.2 *cun* distal to Da<sup>4</sup> Jian<sup>4</sup>. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Lung Branch, Heart Organ, and Six Bowels Branch Reaction Areas}
  - Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)
  - Fu<sup>2</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and two thirds the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located two thirds the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)

Palmar surface LEFT Index

Palmar surface RIGHT Index





#### Seminoma (LKC-1)

- 1. DMG 11-03 'Finger Three Yang' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}

Radial to ulnar view of RIGHT index finger.

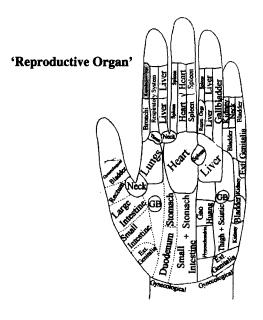


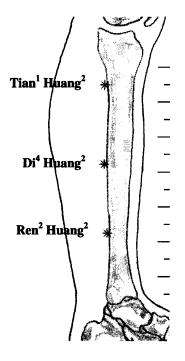
DMG 11-03 'Finger 3 Yang'

#### Seminoma (LKC-2)

- 1. 'Let' any visible veinules in the 'Reproductive Organ' region of the second phalanx of the index finger, then needle DMG 11-03 'Finger Three Yang' and DMG 77-12 'Lower Three Emperors' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)





DMG 77-12 'Lower 3 Emperors'

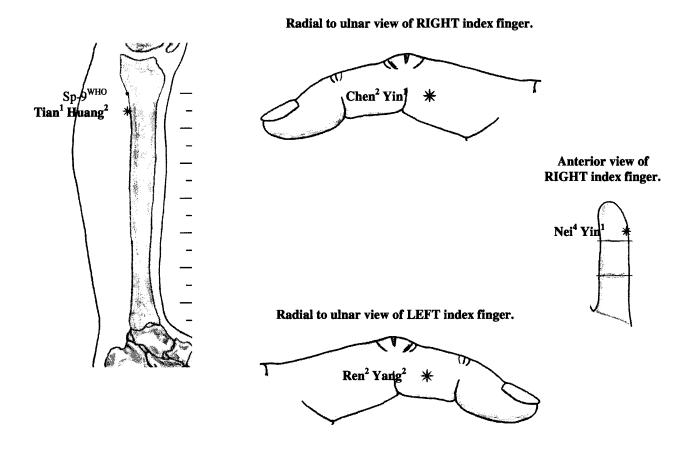
Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

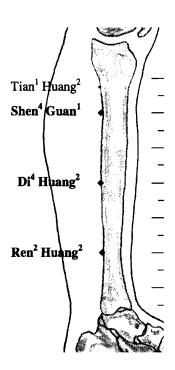
## Seminoma (LKC-3)

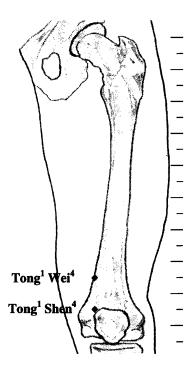
- 1. 'Let' from the medial malleolus to Tian<sup>1</sup> Huang<sup>2</sup> then needle Nei<sup>4</sup> Yin<sup>1</sup>, Chen<sup>2</sup> Yin<sup>1</sup>, and Ren<sup>2</sup> Yang<sup>2</sup> (LKC):
  - **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. MOXA CONTRAINDICATED.* {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 *cun* distal and 0.4 *cun* lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
  - Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}
  - **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}



# Spermatorrhea (HPC)

- 1. Shen<sup>4</sup> Guan<sup>1</sup>, Di<sup>4</sup> Huang<sup>2</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Tong<sup>1</sup> Wei<sup>4</sup> treat daily, one may expect resolution within one week. (HPC):
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}
  - **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>°</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
  - **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Shen<sup>4</sup> is located in the depression found at the superomedial angle of the patella)

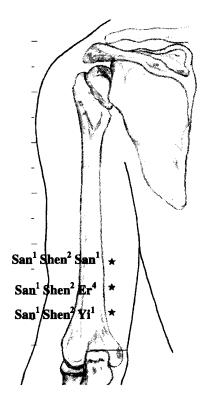




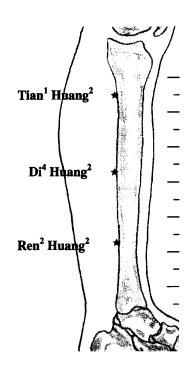
# Spermatorrhea (CCC)

- 1. DMG 44-09 'Three Spirits Three Needles', DMG 77-12 'Lower Three Emperors', and DMG 88-01 'Passing Through the Kidney Three Needles' (CCC):
  - DMG 44-09 'Three Spirits Three Needles':
    - i. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>: This point is located 1.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - ii. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>: This point is located 1 *cun* proximal to San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup>, i.e. 2.5 *cun* proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 *cun* to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
    - iii. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup>: This is located 1 cun proximal to San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup>, i.e. 3.5 cun proximal to the apex of the olecranon process of the ulna bone and medial to the humerus. Place the patient's palm on his chest when locating this point. Needle oblique insertion from inferior to superior 1 cun to treat disorders stemming from 'Kidney Depletion'. {Kidney Auxiliary, Liver Auxiliary, and Lung Branch Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas} (Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun proximal* to Sp-6<sup>WHO</sup>.)
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4 *cun* proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> lies 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel.)
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is found in the depression located at the superomedial angle of the patella. To locate this point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella; the point lies in the depression at intersection of these two lines. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.5 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 2 *cun* immediately proximal to Tong<sup>1</sup> Wei<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Tong<sup>1</sup> Bei<sup>4</sup> is located 4 *cun* proximal to Tong<sup>1</sup> Shen<sup>4</sup>.)

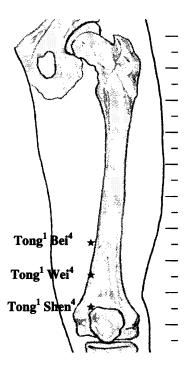
# Spermatorrhea (CCC)



DMG 44-09 '3 Spirits 3 Needles'



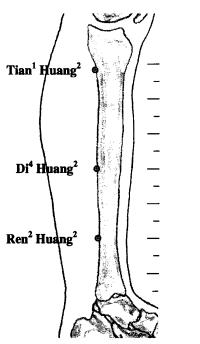
DMG 77-12 'Lower 3 Emperors'

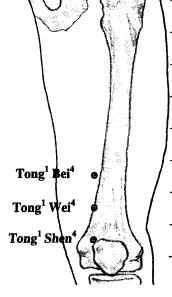


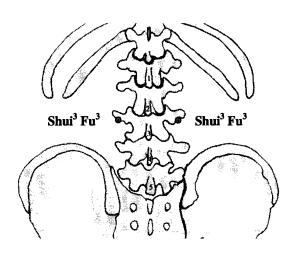
DMG 88-01 'Passing Through the Kidney Three Needles'

#### Spermatorrhea (LCH)

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', and Shui<sup>3</sup> Fu<sup>3</sup> (LCH):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Branch Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Fu<sup>3</sup>: This set of points is located 1.5 *cun* lateral to either side of the interspinous space between the  $L_2$  and  $L_3$  spinous processes. Needle 0.8 to 1.0 *cun*. {General Kidney Reaction Area}







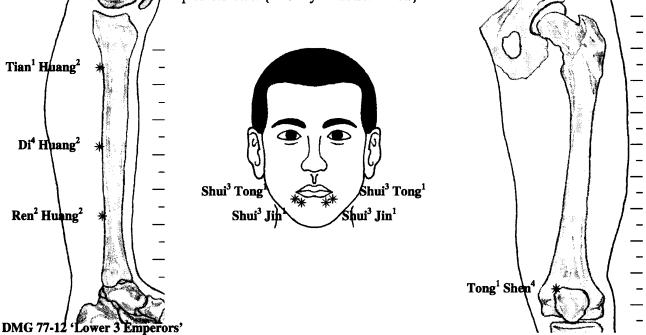
DMG 77-12 'Lower 3 Emperors'

DMG 88-01 'Passing Through the Kidney Three Needles'

## Spermatorrhea (LKC-1)

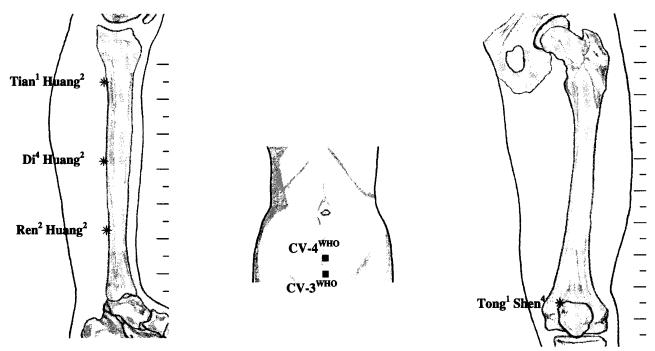
# 1. DMG 77-12 'Lower Three Emperors', Tong<sup>1</sup> Shen<sup>4</sup>, Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (LKC):

- DMG 77-12 'Lower Three Emperors':
  - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
- Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* obliquely medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
- Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.5 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle perpendicularly 0.2 to 0.3 *cun* or obliquely from medial to lateral up to 0.5 *cun*. {Kidney Reaction Area}



#### Spermatorrhea (LKC-2)

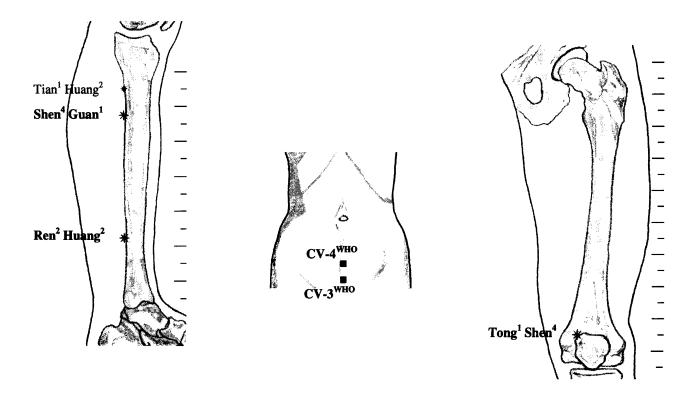
- 1. DMG 77-12 'Lower Three Emperors' and Tong<sup>1</sup> Shen<sup>4</sup> then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 cun proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 cun. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 4.0 *cun* immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 *cun*. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.



DMG 77-12 'Lower 3 Emperors'

# Spermatorrhea (LKC-3)

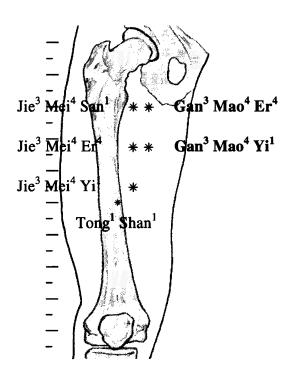
- 1. Ren<sup>2</sup> Huang<sup>2</sup>, Shen<sup>4</sup> Guan<sup>1</sup>, and Tong<sup>1</sup> Shen<sup>4</sup> the moxa from CV-3<sup>WHO</sup> to CV-4<sup>WHO</sup> (LKC):
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - Shen<sup>4</sup> Guan<sup>1</sup>: This point is located 1.5 *cun* distal to Tian<sup>1</sup> Huang<sup>2</sup> on the medial side of the proximal leg. Needle 0.5 to 2.0 *cun*. {Six Bowel Reaction Area} (Tian<sup>1</sup> Huang<sup>2</sup> is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle, ergo, Shen<sup>4</sup> Guan<sup>1</sup> is located 2.5 *cun* distal to Sp-9<sup>WHO</sup>)
  - **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found immediately proximal and medial to the superomedial angle of the patella. To locate the point, draw a transverse line tangent to the superior margin of the patella and a vertical line tangent to the medial margin of the patella where the two lines intersect is the location of the point. Needle 0.5 to 1.0 *cun.* {Kidney Reaction Area}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.

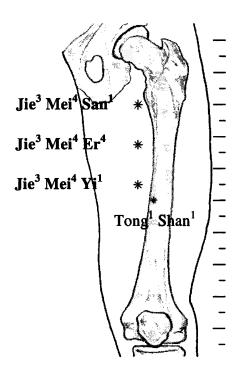


## Spermatorrhea (LKC-4)

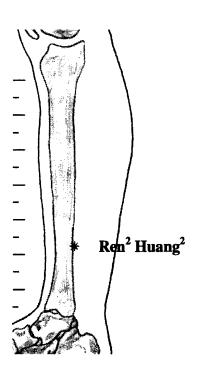
- 1. DMG 88-10 'Three Sisters Three Needles', Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>, Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>, Ren<sup>2</sup> Huang<sup>2</sup>, then moxa CV-4<sup>WHO</sup> and CV-3<sup>WHO</sup> (LKC):
  - DMG 88-10 'Three Sisters Three Needles':
    - i. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>: This point lies 1 *cun* medial and 1 *cun* proximal to Tong<sup>1</sup> Shan<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Tong<sup>1</sup> Shan<sup>1</sup> is found on the median plane (midsagittal plane) of the anterior thigh, 7 *cun* proximal to the center of the superior edge of the patella.)
    - ii. **Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>:** This point lies 2.5 *cun* immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup>. Needle 1.5 to 3.0 *cun*. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
    - iii. Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>: This point lies 2.5 cun immediately proximal to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.5 to 3.0 cun. {Six Bowel and Kidney Branch Reaction Areas} (Ergo, Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 cun medial to the median plane (midsagittal plane) at a point 13 cun proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 10.5 *cun* proximal to the center of the superior edge of the patella.)
  - Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup>: This point lies 1.0 *cun* immediately medial to Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup>. Needle 1.0 to 2.0 *cun*. {Six Bowels and Lung Branch Reaction Areas} (Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> is found 1 *cun* medial to the median plane (midsagittal plane) at a point 13 *cun* proximal to the center of the superior edge of the patella.)
  - **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
  - CV-4<sup>WHO</sup> (RN 4): On the lower abdomen and on the anterior midline, 3 *cun* below (inferior to) the centre of the umbilicus.
  - CV-3<sup>WHO</sup> (RN 3): On the lower abdomen and on the anterior midline, 4 *cun* below (inferior to) the centre of the umbilicus.

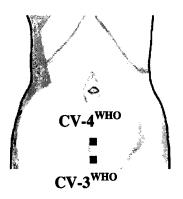
## Spermatorrhea (LKC-4)





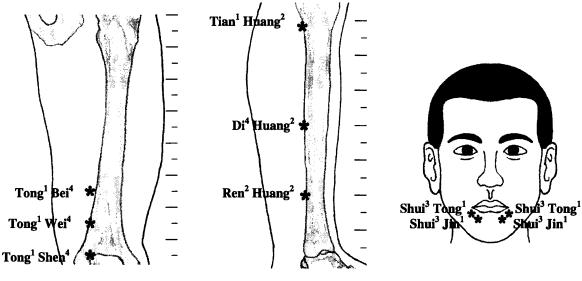
DMG 88-10 '3 Sisters 3 Needles'





#### Spermatorrhea (MC-1)

- 1. DMG 77-12 'Lower Three Emperors', DMG 88-01 'Passing Through the Kidney Three Needles', Shui<sup>3</sup> Jin<sup>1</sup>, and Shui<sup>3</sup> Tong<sup>1</sup> (MC):
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - Di<sup>4</sup> Huang<sup>2</sup>: This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
    - iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
  - DMG 88-01 'Passing Through the Kidney Three Needles':
    - i. **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
    - ii. **Tong<sup>1</sup> Wei<sup>4</sup>:** This point is located 2.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
    - iii. **Tong<sup>1</sup> Bei<sup>4</sup>:** This point is located 4.0 *cun* immediately proximal to Tong<sup>1</sup> Shen<sup>4</sup>. Needle 0.5 to 1.0 *cun*. {Kidney Reaction Area}
  - Shui<sup>3</sup> Jin<sup>1</sup>: This point is located 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup>. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area} (To locate this point, proceed to a point 0.5 *cun* medial to Shui<sup>3</sup> Tong<sup>1</sup> and 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction of the inferior lip.)
  - Shui<sup>3</sup> Tong<sup>1</sup>: This point is located 0.4 *cun* directly inferior to the extraoral labial-cutaneous junction at the corner of the mouth. Needle obliquely from medial to lateral 0.1 to 0.5 *cun*. {Kidney Reaction Area}



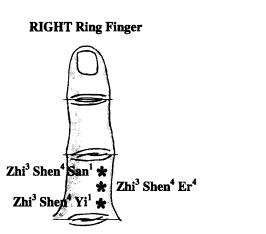
DMG 88-01 'Passing Through the Kidney Three Needles'

DMG 77-12 'Lower 3 Emperors'

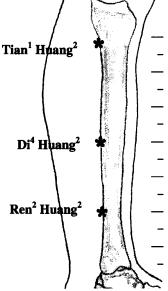
#### Spermatorrhea (MC-2)

# DMG 77-12 'Lower Three Emperors' and DMG 11-20 'Finger Kidney Three Needles' (MC): DMG 77-12 'Lower Three Emperors':

- i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is found in the depression immediately distal to the medial tibial condyle; it lies 2.5 *cun* distal to the articular surface of the medial tibial condyle. Needle 0.5 to 1.0 *cun MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- ii. **Di<sup>4</sup> Huang<sup>2</sup>:** This point is located 7 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle inferior to superior at a 45<sup>0</sup> angle 1.0 to 1.8 *cun*. {Kidney Reaction Area}
- iii. **Ren<sup>2</sup> Huang<sup>2</sup>:** This point is located 3 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area}
- DMG 11-20 'Finger Kidney Three Needles':
  - i. **Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup>:** This point is located at the midpoint of the ulnar digit line on the dorsal surface of the proximal phalanx of the ring finger. To determine the midpoint of the ulnar digit line on the proximal phalanx, bisect the distance from the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits to the dorsal proximal interphalangeal skin crease along the course of the said line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - ii. **Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup>:** To locate this point, bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits along the course of the ulnar digit line (make a loose fist to accentuate the base of the web between the 4<sup>th</sup> and 5<sup>th</sup> digits). Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}
  - iii. **Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup>:** To locate this point bisect the distance from Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> to the dorsal proximal interphalangeal skin crease along the course of the ulnar digit line. Needle perpendicular 0.1 to 0.2 *cun*, closely adjacent to the bone. {Liver Auxiliary and Kidney Auxiliary Reaction Areas}



DMG 11-20 'Finger Kidney 3 Needles'



DMG 77-12 'Lower 3 Emperors'

#### **Testicular Cancer (LKC-1)**

#### 1. DMG 11-03 'Finger Three Yang' (LKC):

- DMG 11-03 'Finger Three Yang':
  - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
  - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
  - iii. **Di<sup>4</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}

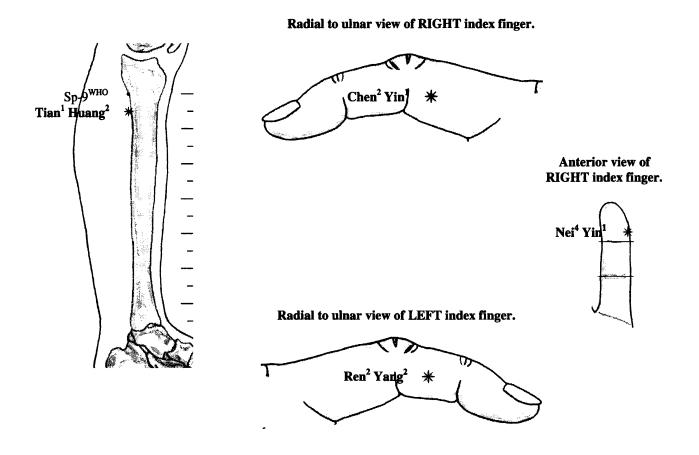
Radial to ulnar view of RIGHT index finger.



DMG 11-03 'Finger 3 Yang'

### **Testicular Cancer (LKC-2)**

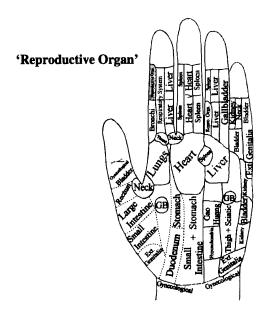
- 1. 'Let' from the medial malleolus to Tian<sup>1</sup> Huang<sup>2</sup> then needle Nei<sup>4</sup> Yin<sup>1</sup>, Chen<sup>2</sup> Yin<sup>1</sup>, and Ren<sup>2</sup> Yang<sup>2</sup> (LKC):
  - **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun. MOXA CONTRAINDICATED*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
  - Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 *cun* distal and 0.4 *cun* lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
  - Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}
  - **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}

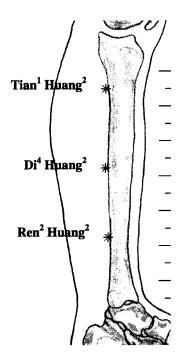


#### **Testicular Cancer (LKC-3)**

- 1. 'Let' any visible veinules in the 'Reproductive Organ' region of the second phalanx of the index finger, then needle DMG 11-03 'Finger Three Yang' and DMG 77-12 'Lower Three Emperors' (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun*. {Six Bowels and Liver Organ Reaction Areas}
  - DMG 77-12 'Lower Three Emperors':
    - i. **Tian<sup>1</sup> Huang<sup>2</sup>:** This point is located 1.0 *cun* distal to Sp-9<sup>WHO</sup>, on the medial aspect of the proximal leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle. Needle 0.5 to 1.5 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
    - ii. Ren<sup>2</sup> Huang<sup>2</sup>: This point is located 3.5 *cun* proximal to the apex of (as viewed from posterior to anterior) the medial malleolus on the Foot Tai<sup>4</sup> Yin<sup>1</sup> Spleen Channel; i.e. Ren<sup>2</sup> Huang<sup>2</sup> is located 0.5 *cun* proximal to Sp-6<sup>WHO</sup>. Needle 0.6 to 1.5 *cun*. {Kidney Branch and Lung Branch Reaction Areas}
    - iii. Di<sup>4</sup> Huang<sup>2</sup>: This point is located 4.0 cun immediately proximal to Ren<sup>2</sup> Huang<sup>2</sup>. Needle 1.0 to 2.0 cun. {Kidney Reaction Area} (Di<sup>4</sup> Huang<sup>2</sup> is located 7.5 cun proximal to the apex of (as viewed from posterior to anterior) the medial malleolus.)

## **Testicular Cancer (LKC-3)**





DMG 77-12 'Lower 3 Emperors'

Radial to ulnar view of RIGHT index finger.

Di⁴ Ren<sup>2</sup> Yang Tian<sup>1</sup> Yang<sup>2</sup> T

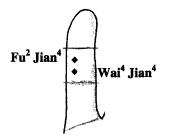
DMG 11-03 'Finger 3 Yang'

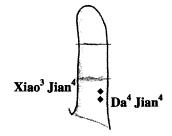
#### **Testicular Carcinoma (HPC)**

- 1. Needle Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and Fu<sup>2</sup> Jian<sup>4</sup>; additionally, one may also 'let' the 'Malign-Blood' from Da<sup>4</sup> Jian<sup>4</sup>, Xiao<sup>3</sup> Jian<sup>4</sup>, Wai<sup>4</sup> Jian<sup>4</sup>, and Fu<sup>2</sup> Jian<sup>4</sup> treat daily (HPC):
  - Da<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the proximal phalanx of the index finger, 0.3 *cun* radial (lateral) to the exact center of said phalanx. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located at the proximal-to-distal center of digit line B; to locate the center of digit line B, simply bisect the distance from the anterior metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease along the course of digit line B.)
  - Xiao<sup>3</sup> Jian<sup>4</sup>: This point is located 0.2 *cun* distal to Da<sup>4</sup> Jian<sup>4</sup>. Needle 0.2 to 0.3 *cun*. *BILATERAL NEEDLING CONTRAINDICATED*. {Lung Branch, Heart Organ, and Six Bowels Branch Reaction Areas}
  - Wai<sup>4</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located one third the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)
  - Fu<sup>2</sup> Jian<sup>4</sup>: This point is located on the anterior surface of the middle phalanx of the index finger, 0.2 *cun* radial (lateral) to the median plane of said phalanx, and two thirds the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease. Needle 0.2 *cun. BILATERAL NEEDLING CONTRAINDICATED.* {Heart Organ and Six Bowels Branch Reaction Areas} (This point is located two thirds the distance from the proximal interphalangeal skin crease to the distal interphalangeal skin crease, along the course of digit line B.)

Palmar surface LEFT Index

Palmar surface RIGHT Index





#### **Testicular Neoplasm (CCC)**

- 1. DMG 11-03 'Finger Three Yang' (CCC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle perpendicular  $0.2 \sim 0.3$  cun. {Six Bowels and Liver Reaction Areas}
    - ii. Tian<sup>1</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 *cun*. {Six Bowels and Liver Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle perpendicular 0.2 ~ 0.3 cun. {Six Bowels and Liver Reaction Areas}

Radial to ulnar view of RIGHT index finger.

Di<sup>4</sup> Yang Fian<sup>1</sup>

DMG 11-03 'Finger Three Yang'

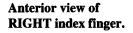
#### **Testicular Neoplasm (LKC)**

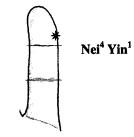
- 1. DMG 11-03 'Finger Three Yang', Nei<sup>4</sup> Yin<sup>1</sup>, and Chen<sup>2</sup> Yin<sup>1</sup> retain the needles for 45 minutes (LKC):
  - DMG 11-03 'Finger Three Yang':
    - i. **Ren<sup>2</sup> Yang<sup>2</sup>:** The point is located at the center of anterior digit line A, along the demarcation of the anterior and posterior surfaces of the middle phalanx of the index finger. To determine the exact center of anterior digit line A on the middle phalanx, bisect the distance from the anterior proximal interphalangeal skin crease to the anterior distal interphalangeal skin crease along the course of said line. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - ii. **Tian<sup>1</sup> Yang<sup>2</sup>:** To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior distal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 *cun.* {Six Bowels and Liver Organ Reaction Areas}
    - iii. Di<sup>4</sup> Yang<sup>2</sup>: To locate this point, simply bisect the distance from Ren<sup>2</sup> Yang<sup>2</sup> to the anterior proximal interphalangeal skin crease along the course of anterior digit line A. Needle 0.2 to 0.3 cun. {Six Bowels and Liver Organ Reaction Areas}
  - Nei<sup>4</sup> Yin<sup>1</sup>: This point lies on the palmar surface of the distal phalanx of the 2<sup>nd</sup> digit, 0.25 *cun* distal and 0.4 *cun* lateral (radial) to the center of the distal interphalangeal skin crease. Needle 0.2 to 0.3 cun. {Liver and Six Bowels Reaction Areas}
  - Chen<sup>2</sup> Yin<sup>1</sup>: This point lies on the proximal phalanx of the 2<sup>nd</sup> digit along anterior digit line A, <sup>3</sup>/<sub>4</sub> of the distance from the metacarpophalangeal skin crease to the anterior proximal interphalangeal skin crease. Needle 0.2 to 0.4 *cun*. {Heart Organ, Liver Branch, and Six Bowels Reaction Areas}

Radial to ulnar view of RIGHT index finger.

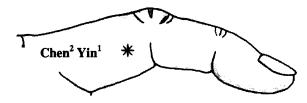


DMG 11-03 'Finger 3 Yang'





Radial to ulnar view of LEFT index finger.



#### **POINT INDEX** Bi<sup>2</sup> Yi<sup>4</sup> [鼻翼穴: 1010.22] LCH: 173. Ce<sup>4</sup> Jian<sup>4</sup> [側間穴: NA] CCC: 288. LKC: 288, 290. MC: 315. Ce<sup>4</sup> San<sup>1</sup> Li<sup>3</sup> [側三里穴: 77.22] HPC: 46, 178. Ce<sup>4</sup> Xia<sup>4</sup> San<sup>1</sup> Li<sup>3</sup> [側下三里穴: 77.23] LKC: 68, 146. Chen<sup>2</sup> Yin<sup>1</sup> [沈陰穴: NA] LKC: 277, 291, 314, 318, 336, 349, 354. CV-3<sup>who</sup> LKC: 282, 285, 298, 300, 324, 326, 342, 343, 344. MC: 275. CV-4<sup>WHO</sup> LKC: 282, 285, 298, 300, 324, 326, 342, 343, 344. Da<sup>4</sup> Bai<sup>2</sup> [大白穴: 22.04] CCC: 100, 116. Da<sup>4</sup> Jian<sup>4</sup> [大間穴: 11.01] CCC: 288. HPC: 309, 310, 333, 352. LCH: 289, 307. LKC: 290. MC: 315. Di<sup>4</sup> Huang<sup>2</sup> [地皇穴: 77.19] CCC: 2, 26, 54, 83, 90, 106, 132, 159, 163, 172, 192, 278, 294, 320, 338. HPC: 8, 25, 45, 46, 58, 72, 84, 88, 136, 152, 177, 178, 185, 210, 212, 224, 235, 236, 243, 260, 280, 293, 310, 319, 337. LCH: 6, 9, 37, 41, 62, 73, 85, 119, 138, 196, 219, 244, 281, 296, 306, 322, 340. LKC: 4, 11, 49, 66, 67, 75, 144, 145, 156, 166, 170, 181, 189, 194, 202, 208, 221, 226, 247, 265, 284, 285, 297, 300, 304, 311, 313, 323, 326, 330, 335, 341, 342, 350.

MC: 15, 34, 42, 81, 87, 113, 158, 191, 232, 253, 269, 275, 286, 287, 301, 302, 315,

Di<sup>4</sup> Shi<sup>4</sup> [地士穴: 33.14] LCH: 91. Di<sup>4</sup> Yang<sup>2</sup> [地陽穴: NA] CCC: 276, 288, 308, 316, 329, 332, 353. LKC: 277, 291, 292, 312, 318, 330, 334, 348, 350, 354. DMG 11-01 'Five Tigers Three Needles' CCC: 214. DMG 11-03 'Finger Three Yang' CCC: 276, 288, 308, 316, 329, 332, 353. LKC: 277, 291, 292, 312, 318, 330, 334, 348, 350, 354. DMG 11-04 'Finger Three Spaces' CCC: 288. LKC: 288, 290. MC: 315.

327, 328, 346, 347.

- DMG 11-14 'Finger Bone Three Needles' CCC: 214.
- DMG 11-17 'Finger Spine Three Needles' CCC: 214.
- DMG 11-20 'Finger Kidney Three Needles' LCH: 91. LKC: 303. MC: 114, 287, 302, 328, 347.
- DMG 11-21 'Water Clarified Three Needles' LKC: 166, 170.
- DMG 11-22 'Divide the Water Three Needles' LKC: 166, 170.
- DMG 22-05 'Control the Spine Three Needles' CCC: 54, 132, 198, 204.
- DMG 22-06 'Control Three Needles' CCC: 100, 116.
- DMG 33-05 'Hold Liver Spirit Three Needles' CCC: 100, 200, 206.
- DMG 33-06 'Hold Lumbar Spirit Three Needles' CCC: 102.

DMG 33-09 'Posterior Antebrachial Scholar Three Needles' CCC: 116. DMG 33-10 'Hold Three This' CCC: 26, 240.

- DMG 33-11 'Hold Three Fires' CCC: 116, 198, 204.
- DMG 33-13 'Bowel Division Three Needles' HPC: 56, 134, 152, 260.
- DMG 44-09 'Three Spirits Three Needles' CCC: 2, 102, 192, 278, 294, 320, 338. LKC: 4, 68, 146, 156, 194, 305.
- DMG 77-05 'Three Weights Three Needles' LKC: 38, 330.
- DMG 77-08 'Straight Brain Three Needles' CCC: 16.
- DMG 77-09 'Leg Spine Three Needles' CCC: 123, 128. LKC: 23, 176, 218.
- DMG 77-12 'Lower Three Emperors' CCC: 2, 26, 54, 83, 90, 106, 132, 159, 163,
  - 172, 192, 278, 294, 320, 338. HPC: 8, 46, 72, 84, 88, 178, 210, 212, 224,
  - 235, 236, 243, 310. LCH: 6, 9, 37, 41, 62, 73, 85, 119, 138, 196,
  - 219, 244, 281, 296, 306, 322, 340.
  - LKC: 4, 11, 49, 66, 67, 75, 144, 145, 156, 166, 170, 181, 189, 194, 202, 208, 221, 226, 247, 284, 265, 285, 297, 300, 304, 311, 313, 323, 326, 330, 335, 341, 342, 350.
  - MC: 15, 42, 81, 87, 158, 232, 253, 269, 275, 286, 287, 301, 302, 315, 327, 328, 346, 347.

DMG 88-01 'Passing Through the Kidney 3 Needles'

- CCC: 26, 54, 106, 132, 200, 206, 278, 294, 320, 338.
- LCH: 6, 17, 37, 41, 61, 92, 95, 118, 140, 196, 281, 296, 322, 340.
- LKC: 31, 216.
- MC: 15, 42, 70, 78, 148, 229, 250, 269, 286, 301, 327, 346.
- DMG 88-03 'Thigh Team of Four Horses' CCC: 104. LKC: 270.
- DMG 88-07 'Upper Three Yellow' CCC: 22, 175, 217. LKC: 23, 176, 218, 270.

DMG 88-10 'Three Sisters Three Needles'

LKC: 270, 282, 298, 324, 344.

- DMG 1111-02 'Three Branches Three Needles' LKC: 4, 194.
- Er<sup>2</sup> Jiao<sup>3</sup> Ming<sup>2</sup> [二角明穴: 11.12] LCH: 125, 131.
- Er<sup>4</sup> Zhong<sup>4</sup> [二重穴: 77.06] LKC: 38, 330.
- Fei<sup>4</sup> Xin<sup>1</sup> Er<sup>2</sup> [肺心二穴: ref. 11.11] CCC: 224.
- Fei<sup>4</sup> Xin<sup>1</sup> San<sup>1</sup> [肺心三穴: ref. 11.11] CCC: 224.
- Fei<sup>4</sup> Xin<sup>1</sup> Yi<sup>1</sup> [肺心一穴: ref. 11.11] CCC: 224.
- Fen<sup>1</sup> Shui<sup>3</sup> Er<sup>4</sup> [分水二穴: NA] LKC: 166, 170.
- Fen<sup>1</sup> Shui<sup>3</sup> San<sup>1</sup> [分水三穴: NA] LKC: 166, 170.
- Fen<sup>1</sup> Shui<sup>3</sup> Yi<sup>1</sup> [分水一穴: NA] LKC: 166, 170.
- Fen<sup>1</sup> Zhi<sup>1</sup> Shang<sup>4</sup> [分枝上穴: DT.01] LCH: 10, 36, 73, 220, 245, 257. LKC: 4, 74, 86, 194, 225, 246, 258, 270. MC: 80, 81, 231, 232, 252.
- Fen<sup>1</sup> Zhi<sup>1</sup> Xia<sup>4</sup> [分枝下穴: DT.02] LCH: 10, 36, 73, 220, 245, 257. LKC: 4, 194, 270. MC: 80, 81, 231, 232, 252.
- Fen<sup>1</sup> Zhi<sup>1</sup> Zhong<sup>1</sup> [分枝中穴: NA] LKC: 4, 74, 86, 194, 225, 246, 258.
- Feng<sup>4</sup> Chao<sup>2</sup> [鳳巢穴: NA] LCH: 187.
- Fu<sup>3</sup> Chao<sup>2</sup> Er<sup>4</sup> Shi<sup>2</sup> San<sup>1</sup> [腑巢二十三穴: VT.05] LCH: 64, 131, 141.
- Fu<sup>3</sup> Ge<sup>2</sup> Er<sup>4</sup> [腑格二穴: NA] HPC: 56, 134, 152, 260.
- Fu<sup>3</sup> Ge<sup>2</sup> San<sup>1</sup> [腑格三穴: NA] HPC: 56, 134, 152, 260.

Fu<sup>3</sup> Ge<sup>2</sup> Yi<sup>1</sup> [腑格一穴: NA] HPC: 56, 134, 152, 260. Fu<sup>2</sup> Jian<sup>4</sup> [浮間: 11.03] HPC: 333, 352. LCH: 244. LKC: 288, 290, 311. MC: 238, 254. Fu<sup>3</sup> Kuai<sup>4</sup> [腑快穴: 1010.15] LKC: 30, 48, 50, 180, 182, 188, 190. Fu<sup>4</sup> Yuan<sup>2</sup> Er<sup>4</sup> [復原二穴: ref. 11.22] CCC: 214. Fu<sup>4</sup> Yuan<sup>2</sup> San<sup>1</sup> [復原三穴: ref. 11.22] CCC: 214. Fu<sup>4</sup> Yuan<sup>2</sup> Yi<sup>1</sup> [復原一穴: ref. 11.22] CCC: 214. Gan<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup> [肝靈二穴: NA] CCC: 100, 200, 206. Gan<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup> [肝靈三穴: NA] CCC: 100, 200, 206. Gan<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup>[肝靈一穴: NA] CCC: 100, 200, 206. Gan<sup>3</sup> Mao<sup>4</sup> Er<sup>4</sup> [咸冒二穴: 88.07] LKC: 282, 298, 324, 344. Gan<sup>3</sup> Mao<sup>4</sup> Yi<sup>1</sup> [感冒一穴: 88.08] LKC: 282, 298, 324, 344. Guang<sup>1</sup> Ming<sup>2</sup> [光明穴: 77.28] MC: 114.  $\text{GV-25}^{\text{WHO}}$ MC: 275. Hai<sup>3</sup> Bao<sup>4</sup>: [海豹穴:] LKC: 291. MC: 51, 183. Hou<sup>4</sup> Zhui<sup>1</sup> [後椎穴:] LCH: 62, 122, 126, 140. Hua<sup>1</sup> Gu<sup>3</sup> Si<sup>4</sup> [花骨四穴:] LCH: 85. LKC: 49, 181, 189. Hua<sup>1</sup> Gu<sup>3</sup> Yi<sup>1</sup> [花骨一穴:]

LKC: 49, 181, 189. Huan<sup>2</sup> Chao<sup>2</sup> [還巢穴: 11.06] LCH: 187. LKC: 12, 222, 266. Huo<sup>3</sup> Chuan<sup>4</sup> [火串穴: 33.04] CCC: 116, 198, 204. Huo<sup>3</sup> Ling<sup>2</sup> [火陵穴: 33.05] CCC: 116, 198, 204. Huo<sup>3</sup> San<sup>4</sup> [火散穴: 66.10] LCH: 18, 92, 98, 119, 122. Huo<sup>3</sup> Shan<sup>1</sup> [火山穴: 33.06] CCC: 116, 198, 204. Huo<sup>3</sup> Ying<sup>4</sup> [火硬穴: 66.03] HPC: 58, 136, 160, 164, 168. LCH: 10, 220. Huo<sup>3</sup> Zhu<sup>3</sup> [火主穴: 66.04] LCH: 237. LKC: 48, 180, 188. MC: 239. Jian<sup>1</sup> Zhong<sup>1</sup> [ 局中穴: 44.06 ] MC: 14, 268. Jie<sup>3</sup> Mei<sup>4</sup> Er<sup>4</sup> [姐妹二穴: 88.05] LKC: 270, 282, 298, 324, 344. Jie<sup>3</sup> Mei<sup>4</sup> San<sup>1</sup> [姐妹三穴: 88.06] LKC: 270, 282, 298, 324, 344. Jie<sup>3</sup> Mei<sup>4</sup> Yi<sup>1</sup> [姐妹一穴: 88.04] LKC: 270, 282, 298, 324, 344. Li<sup>3</sup> Bai<sup>2</sup> [李白穴: 44.12] HPC: 28, 241, 242. LKC: 11, 221, 265. MC: 14, 79, 230, 238, 251, 254, 268. Ling<sup>2</sup> Gu<sup>3</sup> [靈骨穴: 22.05] CCC: 100.116. HPC: 45, 152, 177, 260. LKC: 38, 111, 202, 208. MC: 34, 191, 239. Liu<sup>4</sup> Kuai<sup>4</sup> [六快穴: 1010.16] LCH: 154, 245, 262, 317. LKC: 30, 48, 50, 180, 182, 188, 190, 256, 263. MC: 78, 229, 239, 250, 254, 264.

Liu<sup>4</sup> Wan<sup>2</sup> [六完穴: 66.08] LCH: 82, 85, 98, 130, 233. LKC: 12, 74, 76, 86, 222, 225, 227, 246, 248, 258, 266. MC: 87. Ma<sup>3</sup> Jin<sup>1</sup> Shui<sup>3</sup> [馬金穴: 101013] HPC: 151, 235, 241. LCH: 61, 126, 140, 154. LKC: 65, 111, 143, 155, 156, 263. MC: 51, 79, 158, 183, 230, 251, 264. Ma<sup>3</sup> Kuai<sup>4</sup> Shui<sup>3</sup> [馬快水穴: 1010.14] HPC: 46, 178, 241, 259. LCH: 29, 187, 262. LKC: 111, 155, 156, 263. MC: 51, 79, 158, 183, 230, 239, 251, 254, 264. Ming<sup>2</sup> Huang<sup>2</sup> [明黃穴: 88.12] CCC: 22, 175, 217. LKC: 23, 176, 218, 270. Mu<sup>4</sup> Er<sup>3</sup> [木耳穴: 99.02] LCH: 9, 73, 219, 245. MC: 81, 232. Mu<sup>4</sup> Fu<sup>4</sup>[木婦穴: 66.02] MC: 51, 183. Mu<sup>4</sup> Huang<sup>2</sup> [木黃穴: NA] LKC: 38. Mu<sup>4</sup> Zhi<sup>1</sup> [木枝穴: 1010.18] LKC: 256, 263. Nei<sup>4</sup> Yin<sup>1</sup> [内陰穴: NA] LKC: 277, 291, 314, 318, 336, 349, 354. Qi<sup>2</sup> Huang<sup>2</sup> [其黃穴: 88.14] CCC: 22, 175, 217. LKC: 23, 176, 218, 270. Qi<sup>2</sup> Jiao<sup>3</sup> [其角穴:] CCC: 26, 240. Qi<sup>1</sup> Kuai<sup>4</sup> [七快穴: 1010.17] LCH: 154, 262. LKC: 30, 50, 182, 190, 256, 263. 78, 229, 250, 264. MC: Qi<sup>2</sup> Men<sup>2</sup> [其門穴: 33.01] CCC: 26, 240.

Qi<sup>2</sup> Zheng<sup>4</sup> [其正穴: 33.03] CCC: 26, 240. Ren<sup>2</sup> Huang<sup>2</sup> [人皇穴: 77.21] CCC: 2, 26, 54, 83, 90, 106, 132, 159, 163, 172, 192, 278, 294, 320, 338. HPC: 8, 25, 33, 46, 58, 72, 84, 88, 136, 152, 162, 178, 185, 186, 210, 212, 224, 235, 236, 242, 243, 260, 280, 293, 309, 310, 319, 337. LCH: 6, 9, 37, 41, 62, 73, 85, 119, 138, 196, 219, 225, 244, 281, 296, 306, 322. LKC: 4, 11, 49, 66, 67, 74, 75, 86, 144, 145, 156, 166, 170, 181, 189, 194, 202, 208, 221, 226, 246, 247, 258, 265, 284, 282, 285, 286, 297, 298, 300, 304, 311, 313, 323, 324, 326, 330, 335, 340, 341, 342, 343, 344, 350. MC: 15, 42, 81, 87, 113, 158, 232, 253, 269, 275, 287, 301, 302, 315, 327, 328, 346, 347. Ren<sup>2</sup> Yang<sup>2</sup> [人陽穴: NA] CCC: 276, 288, 308, 316, 329, 332, 353. LKC: 277, 291, 292, 312, 314, 318, 330, 334, 336, 348, 350, 349, 354. San<sup>1</sup> Cha<sup>1</sup> San<sup>1</sup> [三叉三穴: ref. A.04 Dr. Yang's book] LKC: 166, 170, 202, 208. San<sup>1</sup> Hai<sup>3</sup> [三海穴: NA] LKC: 202, 208. San<sup>1</sup> Jiang<sup>1</sup> [三江穴: DT.15] LCH: 125. LKC: 31, 50, 77, 155, 182, 190, 228, 249. San<sup>1</sup> Shen<sup>2</sup> Er<sup>4</sup> [三神二穴: NA] CCC: 2, 102, 192, 278, 294, 320, 338. LKC: 4, 68, 146, 156, 194, 305. San<sup>1</sup> Shen<sup>2</sup> San<sup>1</sup> [三神三穴: NA] CCC: 2, 102, 192, 278, 294, 320, 338. LKC: 4, 68, 146, 156, 194, 305. San<sup>1</sup> Shen<sup>2</sup> Yi<sup>1</sup> [三神一穴: NA] CCC: 2, 102, 192, 278, 294, 320, 338. LKC: 4, 68, 146, 156, 194, 305. San<sup>1</sup> Zhong<sup>4</sup> [三重穴: 77.07] LKC: 38, 330. Shang<sup>4</sup> Shi<sup>4</sup> [上士穴: NA] CCC: 116.

Shen<sup>4</sup> Guan<sup>1</sup> [腎關穴: 77.18] HPC: 8, 20, 28, 33, 58, 136, 162, 186, 242, 280, 293, 319, 337. LCH: 18, 35, 82, 91, 99. LKC: 124, 129, 305, 343. MC: 52, 114, 184. Shou<sup>3</sup> Ying<sup>1</sup> [首英穴: 44.03] LCH: 62, 122, 126, 140. Shuang<sup>1</sup> Long<sup>2</sup> Er<sup>4</sup> [雙龍二穴: NA] LKC: 166, 170. Shuang<sup>1</sup> Long<sup>2</sup> Yi<sup>1</sup> [雙龍一穴: NA] LKC: 166, 170. Shui<sup>3</sup> Er<sup>3</sup> [水耳穴: 99.06] LCH: 91, 118. Shui<sup>3</sup> Fu<sup>3</sup> [水腑穴: DT.14] LCH: 9, 36, 64, 96, 126, 141, 262, 281, 296, 322, 340. LKC: 31, 112, 219. Shui<sup>3</sup> Jin<sup>1</sup> [水金穴: 1010.20] CCC: 105. HPC: 108, 197. LCH: 17, 44, 93, 94, 96, 97, 99, 118, 125. LKC: 38, 65, 76, 143, 155, 227, 248, 284, 297. 304. 323. 341. 43, 52, 113, 184, 286, 301, 327, 346. MC: Shui<sup>3</sup> Qing<sup>1</sup> Er<sup>4</sup> [水清二穴: NA] LKC: 166, 170. Shui<sup>3</sup> Qing<sup>1</sup> San<sup>1</sup> [水清三穴: NA] LKC: 166, 170. Shui<sup>3</sup> Qing<sup>1</sup> Yi<sup>1</sup> [水清一穴: NA] LKC: 166, 170. Shui<sup>3</sup> Qu<sup>1</sup> [水曲穴: 66.09] LCH: 40. LKC: 12, 48, 74, 76, 86, 180, 188, 222, 225, 227, 246, 248, 258, 266. Shui<sup>3</sup> Tong<sup>1</sup> [水通穴: 1010.19] CCC: 105. HPC: 108, 197. LCH: 17, 44, 93, 94, 96, 97, 99, 118, 125. LKC: 38, 65, 76, 143, 155, 227, 248, 284, 297, 304, 323, 341. MC: 43, 52, 113, 184, 286, 301, 327, 346.

Shui<sup>3</sup> Xian<sup>1</sup> [水仙穴: 66.15] LCH: 18, 40, 60, 93, 119, 120, 272. LKC: 67, 145. Shui<sup>3</sup> Xiang<sup>4</sup> [水相穴: 66.14] LCH: 18, 40, 60, 93, 119, 121, 272. LKC: 67, 145. Shui<sup>3</sup> Yu<sup>4</sup> [水愈穴: 44.17] LCH: 6, 62, 138, 154, 196. LKC: 68, 146, 256. MC: 70, 148. Shui<sup>3</sup> Zhong<sup>1</sup> [水中穴: DT.13] LCH: 64, 92, 96, 141. LKC: 112, 155. Si<sup>4</sup> Hua<sup>3</sup> Xia<sup>4</sup> [四花下穴: 77.11] LCH: 40. Si<sup>4</sup> Ma<sup>3</sup> Shang<sup>4</sup> [四花上穴: 88.18] CCC: 104. HPC: 33, 186. LKC: 270. Si<sup>4</sup> Ma<sup>3</sup> Xia<sup>4</sup> [四馬下穴: 88.19] CCC: 104. LKC: 270. Si<sup>4</sup> Ma<sup>3</sup> Zhong<sup>1</sup> [四馬中穴: 88.17] CCC: 104. HPC: 20, 33, 108, 186, 236. LKC: 270. Si<sup>4</sup> Zhi<sup>1</sup> [四肢穴: 77.20] LCH: 35. ST-36<sup>who</sup> HPC: 33, 186, 236. Tian<sup>1</sup> Huang<sup>2</sup> [天皇穴: 77.17] CCC: 2, 26, 54, 83, 90, 106, 132, 159, 163, 172, 192, 217, 278, 294, 320, 338. HPC: 8, 46, 72, 84, 88, 178, 210, 212, 224, 235, 236, 243, 309, 310. LCH: 6, 9, 37, 41, 62, 73, 85, 119, 138, 196, 219, 244, 281, 296, 306, 322, 340. LKC: 4, 11, 49, 66, 67, 75, 144, 145, 156, 166, 170, 181, 189, 194, 202, 208, 221, 226, 247, 265, 284, 285, 286, 297, 300, 304, 311, 313, 314, 323, 326, 330, 335, 336, 341, 342, 350, 349. MC: 15, 42, 81, 87, 158, 232, 253, 269, 275, 287, 301, 302, 315, 327, 328, 346, 347.

Tian<sup>1</sup> Huang<sup>2</sup> [天黃穴: 88.13] CCC: 22, 175. LKC: 23, 176, 218, 270. Tian<sup>1</sup> Yang<sup>2</sup> [天陽穴: NA] CCC: 276, 288, 308, 316, 329, 332, 353. LKC: 277, 291, 292, 312, 318, 330, 334, 348, 350.354. Tian<sup>1</sup> Zong<sup>1</sup> [天宗穴: 44.10] LCH: 35. Tong<sup>1</sup> Bei<sup>4</sup> [通背穴: 88.11] CCC: 26, 54, 106, 132, 200, 206, 278, 294, 320, 338. LCH: 6, 17, 37, 41, 61, 92, 95, 118, 140, 196, 281, 296, 322, 340. LKC: 31, 216. 15, 42, 70, 78, 148, 229, 250, 269, 286, MC: 301, 327, 346. Tong<sup>1</sup> Guan<sup>1</sup> [通關穴: 88.01] HPC: 197. Tong<sup>1</sup> Shen<sup>4</sup> [通腎穴: 88.09] CCC: 26, 54, 106, 132, 200, 206, 278, 294, 320, 338. HPC: 8, 20, 28, 46, 53, 56, 58, 72, 88, 95, 108, 134, 136, 150, 160, 162, 164, 168, 178, 197, 210, 212, 224, 236, 243, 280, 293, 319, 337. LCH: 6, 17, 37, 41, 61, 92, 118, 140, 196, 281, 296, 322, 340. LKC: 31, 66, 75, 144, 216, 226, 247, 284, 285, 297, 300, 305, 323, 326, 341, 342, 343. 15, 42, 52, 70, 78, 148, 184, 229, 250, MC: 269, 286, 301, 327, 346. Tong<sup>1</sup> Tian<sup>1</sup> [通天穴: 88.03] MC: 43. Tong<sup>1</sup> Wei<sup>4</sup> [通胃穴: 88.10] CCC: 26, 54, 106, 132, 200, 206, 278, 294, 320, 338. HPC: 46, 53, 56, 72, 108, 134, 150, 178, 224, 243, 280, 293, 319, 337. LCH: 6, 17, 37, 41, 61, 92, 95, 118, 140, 196, 281, 296, 322, 340. LKC: 31, 66, 75, 144, 216, 226, 247. 15, 42, 70, 78, 148, 229, 250, 269, MC: 286, 301, 327, 346. Tu<sup>3</sup> Er<sup>3</sup> [土耳穴: 99.04] LCH: 35.

Wai<sup>4</sup> Jian<sup>1</sup> [外間穴: 11.04] HPC: 309, 310, 333, 352. LCH: 244, 289. MC: 238, 254. Wan<sup>4</sup> Shun<sup>4</sup> Er<sup>4</sup> [腕順二穴: 22.09] CCC: 54, 132, 198, 204. HPC: 53, 56, 108, 134, 150, 160, 164, 168, 197. LCH: 18, 32, 44, 60, 82, 98, 121, 126, 130, 138, 174, 233, 234. LKC: 65, 142, 303. MC: 70, 148. Wan<sup>4</sup> Shun<sup>4</sup> San<sup>1</sup> [腕順三穴: NA ] CCC: 54, 132, 198, 204. Wan<sup>4</sup> Shun<sup>4</sup> Yi<sup>1</sup> [腕順一穴: 22.08] CCC: 54, 132, 198, 204. HPC: 20, 25, 53, 56, 88, 108, 134, 150, 152, 160, 164, 168, 185, 197, 210, 212, 260. LCH: 18, 32, 44, 60, 82, 98, 121, 126, 130, 138, 174, 233, 234. LKC: 65, 68, 110, 111, 142, 146, 216, 303. MC: 70, 113, 114, 148. Wu<sup>3</sup> Hu<sup>3</sup> Er<sup>4</sup> [五虎二穴: ref. 11.27] CCC: 214. Wu<sup>3</sup> Hu<sup>3</sup> San<sup>1</sup> [五虎三穴: ref. 11.27] CCC: 214. Wu<sup>3</sup> Hu<sup>3</sup> Si<sup>4</sup> [五虎四穴: ref. 11.27] CCC: 214. Wu<sup>3</sup> Hu<sup>3</sup> Wu<sup>3</sup> [五虎五穴: ref. 11.27] CCC: 214. Wu<sup>3</sup> Hu<sup>3</sup> Yi<sup>1</sup> [五虎一穴: ref. 11.27] CCC: 214. Wu<sup>3</sup> Ling<sup>3</sup> [五嶺穴: DT.04] LKC: 13, 77, 112, 223, 228, 249, 267. Wu<sup>3</sup> Xing<sup>2</sup> [五形穴:] LKC: 4, 67, 145, 194. Xia<sup>4</sup> Bai<sup>2</sup> [下白穴: 22.07] CCC: 105. LCH: 7, 17, 24, 44, 99, 120. LKC: 12, 30, 76, 110, 124, 129, 222, 227, 248, 266.

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Xia<sup>4</sup> Qu<sup>1</sup> [下曲穴: 44.15] MC: 14, 268. Xia<sup>4</sup> Shi<sup>4</sup> [下士穴: NA] CCC: 117. Xiao<sup>3</sup> Jian<sup>4</sup> [小間穴: 11.02] CCC: 288. HPC: 309, 310, 333, 352. LCH: 289. LKC: 290. MC: 315. Yao<sup>1</sup> Ling<sup>2</sup> Er<sup>4</sup> [腰靈二穴: NA] CCC: 102. Yao<sup>1</sup> Ling<sup>2</sup> San<sup>1</sup> [腰靈三穴: NA] CCC: 102. Yao<sup>1</sup> Ling<sup>2</sup> Yi<sup>1</sup> [腰靈一穴: NA] CCC: 102. Yi<sup>1</sup> Zhong<sup>4</sup> [一重穴: 77.05] LKC: 38, 330. Yun<sup>2</sup> Bai<sup>2</sup> [雲白穴: 44.11] HPC: 28, 241, 242. LKC: 11, 221, 265. MC: 14, 79, 230, 238, 251, 254, 268. Zheng<sup>4</sup> Jin<sup>1</sup> [正筋穴: 77.01] CCC: 123, 128. LKC: 23, 176, 218. Zheng<sup>4</sup> Nao<sup>3</sup> Er<sup>4</sup> [正腦二穴: NA] CCC: 16. Zheng<sup>4</sup> Nao<sup>3</sup> San<sup>1</sup> [正腦三穴: NA] CCC: 16. Zheng<sup>4</sup> Nao<sup>3</sup> Yi<sup>1</sup> [正腦一穴: NA] CCC: 16. Zheng<sup>4</sup> Shi<sup>4</sup> [正士穴: 77.03] CCC: 123, 128. LKC: 23, 176, 218. Zheng<sup>4</sup> Shui<sup>3</sup> [正水穴: NA] LKC: 202, 208. Zheng<sup>4</sup> Zong<sup>1</sup> [正宗穴: 77.02] CCC: 123, 128. LKC: 23, 176, 218.

Zhi<sup>3</sup> Shen<sup>4</sup> Er<sup>4</sup> [指腎樲穴: ref. 11.15] LCH: 91. LKC: 303. 114, 287, 302, 328, 347. MC: Zhi<sup>3</sup> Shen<sup>4</sup> San<sup>1</sup> [指腎三穴: ref. 11.15] LCH: 91. LKC: 303. 114, 287, 302, 328, 347. MC: Zhi<sup>3</sup> Shen<sup>4</sup> Yi<sup>1</sup> [指腎一穴: ref. 11.15] LCH: 91. LKC: 303. 114, 287, 302, 328, 347. MC: Zhong <sup>1</sup>Bai<sup>2</sup> [中白穴: 22.06] CCC: 105. HPC: 25, 151, 185, 259. LCH: 7, 17, 24, 44, 99, 120. LKC: 12, 65, 76, 110, 124, 129, 142, 202, 208, 222, 227, 248, 266. MC: 113. Zhong<sup>1</sup> Jian<sup>4</sup> [中間穴: 11.05] LCH: 289. LKC: 290. Zhong<sup>4</sup> Kui<sup>2</sup> [重魁穴: NA] CCC: 100, 116. Zhong<sup>1</sup> Shi<sup>4</sup> [中士穴: NA] CCC: 116.

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