

# The Vampire Codex by Michelle Belanger

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# The Vampire Codex

The Vampire Codex is a document written by occultist and psychic vampire Michelle Belanger for use as the instructional text of House Kheperu (www.kheperu.org). The prototype of this work was first set to paper in late 1991. A specially printed version was offered to select students in conjunction with the International Society of Vampires beginning in 1995. Later revisions led to the Sanguinarium edition, published by the Sanguiarium Press in October 2000. This version is derived from the Sanguinarium edition which also came to be circulated widely on the Internet.

The Vampire Codex has had a significant impact on the worldwide community of psychic vampires, becoming the fundamental text used by numerous Houses, Orders, Covens, and Clans. It has influenced the teachings of vampire groups throughout the US, Canada, and Western Europe. It has also come to the attention of several noteworthy occult organizations, including the Temple of Set, the IOT and the Church of Satan. (Peter Gilmore, current head of the Church of Satan, expressed his disappointment at Michelle's absence at the New York City release of "V" as he wanted her autograph on the special edition of the Codex released with that work).

As the Kheprian Order has continued to expand and reveal deeper and more complicated levels of its teachings, the Codex has continued to grow since its first underground releases. A special edition written for the Order of the Strigoi Vii was released as book two of "V" October 2003 by vampyrealmanac.com in conjunction with Aangel Publishing. An expanded, revised edition will be published by Weiser Books in the fall of 2004. This will be the definitive edition, featuring 108 individual sections broken up into divisions which address psychic vampirism, basic energy work, and advanced metaphysical techniques. The version below has come to be known as the Vampire Codex: Internet Edition and is freely and widely shared with any and all interested parties. It is derived mainly from the 2000 Sanguinarium edition, although it includes a few sections originally left out of that published edition.

## I. The Kheprian Charge

We are the many-born. We are the immortal. We have been known by many names throughout the ages, though few have understood the truth of our existence.

Endlessly, we die and are reborn, changed yet unchanging throughout the ages. We move from lifetime to lifetime, taking up bodies as garments.

We are watchers and we are wanderers.

We seek knowledge and understanding above all.

Long ago we strove the sunder the life of our body from our roving minds, for it grounded us. It held us back. It bound us to a single span of days. Through a ritual of death and rebirth, we severed our living ties and gained immortality.

Now we are freed of the life of the body, but we are irrevocably tied to the life we cut away. It sustains us and empowers us.

We thirst for life and we feed upon it.

It is our greatest weakness and our greatest prize.

# II. Beginnings

Eternal, we wander the aeons, moving to the rhythm of our own inner tides.

Freed from the most fundamental of cycles, we are nevertheless beings bound by cycles. Our heightened awareness of ourselves and the world around us forces us to acknowledge natural rhythms that others simply ignore.

As the day waxes and wanes, we can feel it, and we know that the true realm of magick is the night, for that is when we wax in power. As the moon grows gravid and slim, we feel it, and we know, too, that there are more complex rhythms of power tied to her phases. As the wheel of the year turns round, we feel the wild times, the apogees and nadirs of power.

The dark time of the year is our time, as are the threshold times when we celebrate Samhain and Beltane. These days are our Im Kheperu, the Day of Transformation, and our Im Sekhemu, the Day of Double Power. As beings poised on the threshold of many things, the energies of these holidays affect us profoundly. At these times we enjoy our greatest power, but in balance, we also pay a stronger price. Waves of energy rise and fall within us, and when in their grip, our hunger burns.

Forever, we are active elements moving through passive worlds.

Our rules are our own. We accept no others. We define who we are and what we shall become. There is nothing in our lives which we cannot control if we but choose to.

Our memories are carried like gems within our souls. Over the lifetimes they build and crystallize until we can take them out and gaze upon them as we choose.

Life sustains us, but death defines us. We are the many-born. Our conception was in death, and each death now brings us a new beginning, forever without end.

## III. Catalysts of Change

Everything we touch, we change. We take in energy constantly, and although this is how we feed, this energy is never destroyed. Through us, it is transformed. It changes states. It resonates to a higher level.

Yet every birth is accompanied by struggle and pain. Every rebirth is just as painful. It may seem that we bring destruction, chaos, and turmoil to all those around us. And in a sense we do. But the changes are always for the better, even though the initial change may seem terrible.

Change is terrible. It tears away what we've grown comfortable with. It destroys what we find familiar, stable, and simple, leaving uncertainty in its wake. But to face uncertainty and to thrive is to become stronger. Everything must change or die. We are active participants in this universal mystery.

Every person that we come into contact with, no matter how casually, is altered. Wherever we go, change will follow. Our dynamic spirits stretch out all around us, and the wake we leave in our passing is like ripples on the ocean. Only the ripples we cause can become tidal waves.

As beings on a threshhold state, we are living embodiments of the dynamic complimentarity that keeps the universe in constant motion. This is our burden. Yet this also is our purpose. In the gray area between two polar opposites lies revelation. We feed upon all around us. Yet we can also harness that energy to heal. We tear away and bring destruction, yet we also nurture new growth.

This is our nature, the mystery of who we are.

There is no rebirth without destruction. Light only blinds without shadow to throw it into relief. Understanding comes from balancing all these things within the Self. We are that Balance. We affect it, and it affects us. We are facilitators of the universal flow. We must accept this, and never fear to move with that flow.

### IV. Awakenings

We are neither wholly born nor wholly made what we are. The choice for us to become was made long ago. From that time onward, we have been reborn again and again, carrying within us in every lifetime the seed of what we are.

Sometimes we forget ourselves, and wander our lives like sleepwalkers, only half-aware of our true natures. Yet sleeping or awakened, we are born with the potential for transformation.

Awakening is a process of expanded awareness. Anyone with gifts and talents of a subtle nature undergoes an awakening in their life. This is when they come into their own, finally accepting what has been latent within them since birth. For us, the process can be traumatic, as the existence we awaken to opens us up to a host of strange thoughts, sensations, and experiences which lie outside the limits accepted even by other Awakened.

Awakening is the alchemical forge in which we are transformed from dross to spiritual gold. It is the recalling of a part of our Selves that has become clouded over time. It is becoming more than the little self of this lifetime, grasping the totality of who we were and who we are to be -- our Essential Self.

Some of us have greater potential than others. Some are born with an instinctive understanding of their potential and they may gradually come to realize that potential on their own. They recall without prompting and their power is great.

The bulk of our number are born ignorant to what they are. As they grow and mature, there are subtle hints of the latent power, but fear and self-doubt generally keep these from being acknowledged and accepted. Such as these must be awakened to their true selves by another of our number already familiar to our ways.

There are two rituals of initiation. The Lesser Initiation is an exchange of feeding which occurs between the teacher and the initiate. The initiate is drained deeply, often for the first time. This heightens his awareness of his energy body and will often catalyze him into realizing his potential in the next few days. The sensations that this process inspires are usually too intense to ignore or explain away. If fed from deeply enough, his instincts will overcome him and he will feed from others in order to replenish his depleted system.

The Greater Initiation involves a ritual death and rebirth which occurs on both the physical and spiritual levels for the initiate. It is visionary and shamanic in nature and forces the initiate to face

himself and all that he has been within the boundaries of his own soul. Like all deaths and rebirths, this ritual strips away old identities and assumptions. The little self of this lifetime is subsumed into the greater Self, and the initiate is irrevocably changed. This rite is reserved for only the strongest minds, for any who are weak or filled with fear may not survive the initiation. Their minds can be blown away like dry autumn leaves in the face of the totality of who they are.

#### V. Potential

We often associate with the Awakened or with those who hover upon the threshold of Awakening. We prefer the company of those who can interact at least to some degree with the level of reality that is our constant daily experience.

By our very natures we Awaken those around us. Even those not of our kind can be affected by the transformative effects of our presence. We draw out latent powers and provide a burden of proof for individuals who have otherwise rejected their own natures due to self-doubt. We can use this intentionally if we choose, though it will always occur to some degree, whether intentional or not.

Sometimes we mistake a Potential of our own kind merely for one of the Awakened. If such an unrecognized Potential is fed from, the effect, though unintentional, is equivalent to the Lesser Initiation. The Potential feels himself undergo a change and is driven to feed from others. Such accidents cannot be abandoned. Confused as to their true nature, ignorant of their power, they wield that power nonetheless and can cause much damage to themselves and others if left to struggle on their own.

Still others have Potential, but it is too weak to ever fully be realized in this lifetime. Others are too unstable to survive the initiation. They are best left to sleep so they will come to maturity in their own time. If forced to awaken, they are merely shadows of us -- weak in power, unstable in mind, whose powers are likely to fade unless constantly put to use or manipulated by their mentor.

Sometimes a feeding vessel may manifest the symptoms of vampirism, but this is merely a sympathetic state brought about through prolonged or obsessive contact with one of our own. Such a one's natural reserves are depleted to a point where they cannot recover their vitality on their own. Given time, however, and separated physically and / or emotionally from the dominating personality, such a person will gradually recover and return to a normal, non-vampiric state. In some cases, the afflicted person does not wish to give up the state of sympathetic vampirism. If the person understands even a little of what has happened to him and wants the condition to continue, he can maintain this quasi-vampiric state indefinitely and may even eventually come to be mistaken for one of our number as he will accept that he is nothing else.

#### VI. Other Awakened

There are many beyond ourselves who have the potential for power. They also undergo a process like our Becoming which consists primarily of a expanded awareness and an awakening to their greater Self. This commonly occurs with the onset of puberty, although it may happen later or

earlier, depending on nature and circumstance. These are commonly referred to as the Awakened. Their ways and their powers are diverse.

Like us, many of the Awakened follow a particular archetype. They use this archetype as a symbol to define themselves and their powers. They have a fundamental connection to the energy of this archetype, and although human in body, they are something more in spirit. Angels, witches, the Fey, Otherkin, Shifters, these are but a few of the archetypes that may be followed. Like ourselves, it may be that such individuals are responsible for inspiring much of the folklore that gave rise to the archetype in the first place and now, in a less spiritually open time, they have only the buried grains of truth lingering in the folklore to fall back upon to define themselves. Like us, they are human and Other. They are spiritual travelers who take up bodies as garments. We should always treat them with respect, for ultimately, we serve common goals.

You will be attracted to the Awakened in much the same manner that you are drawn to Potentials of our kind. Much is unspoken and unconscious. Trust that your greater Self is guiding you, for it knows and understands what may not always be accessible to your conscious mind.

Like ourselves, the Awakened can perceive and manipulate the many layers of reality. They call themselves by many names and they follow many diverse paths. Most of the Awakened draw their power from the positive, generative forces of reality. Thus, they may fear us when they first encounter us. This fear arises from ignorance. Though we are darkness and they are light, we all work toward the same goal. We each in our way bring awareness to the world, catalyzing those with potential toward Awakening.

When we come upon one who is verging upon Awakening, it is our duty to guide and instruct them. Do not mistake every Awakened being for a Potential of our kind. Nor should you attempt to push those not of our kind into accepting our ways and our arts. This way is not for everyone, and no one should ever be forced into following it. Be aware that some may resonate with more than one archetype, and these are the most difficult of all to identify and to educate. They may have much in common with us, but there will be limits to what we can explain and help them understand. In all cases, serve your function as a catalyst, helping them toward their path but not seeking to define that path for them. Ultimately, each person must walk their path alone.

## VII. Fledglings

You are responsible for teaching and guiding those of our kind whom you have awakened to their true natures. You must guide them through their transformation, helping to ease the transition from one level of awareness to the next.

Those who you guide in this way will be as your children and will share a deep bond with you like no other.

You will know their very heart and soul. The mysteries of their Essential Self will be unveiled to you. No distance will separate your awareness of them.

The link goes both ways, and they can communicate with you and know your feelings when they choose. You may use the link to feed from them at a distance, to borrow their strength as your own.

Their thoughts will be yours to know; their actions will fall under your control if you so choose -but do not seek to abuse this power you wield over them for as dearly as they may love you and revere you while under your control, they will just as thoroughly hate and revile you once that control has slipped away.

#### VIII. The Beacon

Our kind has ways of recognizing its own. Often this recognition occurs on an unspoken level and is very subtle, so you must learn to trust your impulses and allow your greater Self to guide you.

Especially in the unawakened, this recognition manifests itself as a Beacon which calls us to them so that they may realize their Potential. The Beacon calls to us on a very basic level, and often speaks purely to our unconscious minds. Thus we find ourselves inexplicably attracted to a Potential, stricken with a sudden fascination for him and a need to draw him closer to us. If we listen to our perceptions and trust our instinctual reactions, we can refine this awareness of others until we can consciously pick out the Beacon in those around us. Sometimes, even after such a refinement has been achieved, the Beacon still slips past our conscious actions and we find ourselves simply responding to its unspoken pull. The pull of the Beacon drives us to feed from the Potential, thus awakening him to the most basic aspect of his hidden nature.

We must learn to recognize the Beacon in others, to judge its varying degrees of strength so that we may go about the awakening in a deliberate manner. We must learn to recognize when it is appropriate to awaken a Potential and when that awakening will bring only grief to all involved.

We must let our judgment rule us in this matter and we must sometimes resist the merely instinctual pull of the Beacon for awakenings that are not appropriate. Not all of those with Potential are fit for the awakening, and if we act rashly we may unwittingly loose the beast of our destruction through a careless move.

#### IX. Characteristics

The Beacon is present to a limited degree in those who have already become. It is strong enough for us to recognize one of our number when we come into contact with him, even if this recognition is the barest hint of perception.

We may also be known by our distinct auras: deep purple sometimes shot through with red, surrounded by a nimbus of black or grey mist. The outer layer often stretches into tendrils that extend far beyond our physical forms, reaching out and feeding from those around us. To those who can perceive that level of reality, we often appear to be a nexus of such tendrils.

The tendrils are varying shades of grey, with a smooth, rope-like appearance. They are not

perceptibly present in everyone; they can be filaments so fine even the most experienced seer will have difficulty perceiving them.

We are often noted for our pallor, but more often it is the intensity of our eyes which gives us away. We tend to be thin with a powerful and often intimidating presence which wraps about us like a shroud.

Our hands are often very cold. This is a cold which saps heat away, and lingers where it has been touched. It is a symptom of our constant, low-level energy draw. If we consciously channel energy through our hands, they grow very warm. It is not the temperature which is important: it is the responsiveness of our physical bodies to subtle effects that is distinctive.

We are sensitive to strong odors and tastes, as our senses are often acute. Many of us can hear in a more than normal human range. Some of this is physical hearing, some may be limited clairaudience, as our subtle senses extend far beyond our physical selves. We are almost always much stronger and quicker than we look, for the body is merely a vessel for a much more powerful Will.

We are sensitive to light and to the excessive heat of the sun. This is symptomatic of our acute sensitivity to energy. The radiation of the sun is an overwhelming form of energy which our systems have trouble assimilating. Many of us burn very easily in the sun. Almost all of us are made sick by it. When required to be out in full daylight, we develop headaches, nausea, dizziness. The light saps us of our strength, leaving us exhausted and drained. The night is our natural dominion, for in the mythic imagination, it is the realm of secrets, of magick, and all that the day-lit world rejects.

We carry ourselves with a proud determination and can seem arrogant, detached, and cold. We are often of a predatory nature, and with difficulty avoid using those around us.

To most we seem unapproachable. There is an air about us which seems somehow to set us apart. Even those ignorant to our true natures react to this, treating us with respect, attraction or fear.

The unawakened stare then look away from us and are unable to meet our gaze. They are disturbed by our presence but rarely will they understand what disturbed them or why. Instinctually, they fear us.

The Awakened will know us for what we are, though they may hesitate to put a name to it. Still, on an unspoken level they will understand and attempt to define us through the filters of their individual beliefs and symbol systems.

Children will know us, though rarely do they fear. In their innocence, they have not yet learned to doubt, and thus are open to a clear perception of the world around them.

## X. Subtle Body Changes

To the Awakened who can perceive energy or the subtle body, we may appear flawed or incomplete. This difference in our energy bodies can be mistaken as illness or disease. In truth, most of our kind partially or completely lack an energy center. This is most often the one located in the belly, just below the navel. It is because we lack this center that we need to feed, for our subtle bodies cannot sustain the energy necessary to maintain our physical forms. There is a schism between our body and our spirit, and while this schism places us in our threshold state, it creates weaknesses along with many benefits.

Our physical connection to life is thin and weak. In those of our number who have not become, this may manifest itself in actual physical debility or illness. Severe allergies, immune system malfunctions, and other birth defects are not uncommon. If they gain awareness of their powers and at the very least learn how to feed, they may learn to compensate for these weaknesses. However, once you have learned to compensate, if you are unable to feed enough to sustain yourself, this weakness will return with greater severity than before.

Often well-meaning Awakened will offer to heal you so that you need not suffer the drawbacks associated with this lacking. Their efforts should be discouraged for they do not understand our nature. The absence of this center defines us as what we are and is carried over from lifetime to lifetime. It cannot and should not be "fixed." In this respect, vampirism is a condition of the spirit, and it is the spirit which predisposes the body to physically manifest the characteristics associated with vampirism.

Occasionally damage can be done to the subtle body of another that will partially or completely destroy an energy center. Such damage may be more permanent than the physical flesh, and thus will be carried over from lifetime to lifetime. This damage is most often the result of an accident, yet it produces much the same results as that which we embody.

Those who have been damaged in this way will find that they need to feed. Their subtle bodies can no longer sustain their physical forms, and if life energy is not taken from an outside source, they will suffer debilitating effects associated with the lost or damaged energy center.

Though these are not our children, they are technically of our number. It is our duty to help and guide them in understanding what has happened to them and what this may entail. There is however hope that such individuals will eventually heal on a subtle level, and thus recover from their state of vampirism.

## XI. Separateness

Our strength and our weakness is life. We depend upon the vital force, for lacking enough of it ourselves, we are forced to glean it from others.

In this we are self-serving and self-preserving, though good and evil cannot be applied to our state. We know what we need, and we know we must take it, sometimes to the detriment of others. This is an unavoidable fact of reality.

We are predators at heart, even though we are physically indistinguishable from our prey. The spirit within us sets us apart. Our perceptions, our passions, and our powers make us strangers among ordinary men. Even if we refuse to act upon our more destructive impulses, we keenly feel the difference between us and those who do not share what we are. No matter how hard we try to blend in, we can never truly belong.

This is a blessing and a curse. The lives we live are fuller and more dynamic than anything most others might imagine. The levels of reality we are privy to make the world a profound and wondrous place. Yet there are few who can share our insights. Thus, we tend to be solitary, feeding alone, rarely interacting with those who would not and could not understand. Our utter separateness drives us to seek out companionship among our own kind for it is here only that we find true acceptance and understanding.

We may find friends and allies among the Awakened, but they can never truly understand what we are and what that means within the context of so many different lives. There are some experiences they can neither accept nor share, and thus there is always something lacking when in their company.

Thus we should always treasure those who are of our nature. They are our companions throughout the many, many long years. Time and again, we will find one another, for the bonds between us are never broken or worn thin.

We can love and hate one another with great passion, yet we are forever loyal to our own.

## XII. Basic Feeding

We may gain what we need through feeding, drawing in life as we would breath.

When we are the center of attention of a whole group, we may feed upon the emotions of those around us as they are directed toward us. Those involved in the group are unlikely to notice the loss of energy, and oftentimes feeding in this way only increases their focus upon you.

This is an activity many Potentials engage in, though they do not often consciously understand what it is they do. This is one of the main reasons many Potentials are drawn toward the stage. Many become actors, storytellers, musicians or other performers so that they may achieve the kind of focused attention they crave.

For those who have Become, this is a pleasing activity, but rarely satisfies more than the most superficial of needs.

Even when a group is not focused upon us, we may feed generally upon them. No physical contact is necessary: we simply expand our awareness to encompass the group around us as if throwing out a net, or visualize ourselves at the center of a whirlpool, drawing everything in. Thus our energy extends beyond ourselves and, like embracing good friends, we pull bits of everyone about us into ourselves, breathing them deeply.

This is less satisfying than a focused group draw but can sustain us in a time of desperate need when no other option is available. Places with high energy and many emotions are preferable for this activity, and thus we are often drawn to dance halls and clubs. Once again, this manner of feeding is subtle and easily overlooked, and those being fed from are unlikely to notice the loss. High energy places often have enough ambient energy floating loosely in the atmosphere that you are truly taking little from any of the individual people there.

The two above techniques may be focused variably upon a single person for a slightly more intense effect. The individual in question does not have to be aware of your activities, and they do not even have to be close for you to feed from them. With concentration and focus, you can easily reach out across a room and draw off energy from a specific individual. At most, this person will feel a little tired from what you have taken, but most people are so desensitized to the subtle reality that they will pass this off as ordinary fatigue, stress, or too much drink.

Taking from unawakened individuals has its drawbacks, however. Certainly there are more of them, and they are far less likely to notice what you are doing than Awakened individuals. However, they are almost wholly ignorant to the energy that courses through them and they do little or nothing to cultivate this aspect of their spiritual selves, and so the quality of their energy is very poor.

Feeding from the Awakened is far more rewarding, as they cultivate their energy bodies, and so the quality of energy is purer and more intense. However, feeding without permission from the Awakened runs you the risk of getting caught. Many also perceive this as a psychic attack, and your actions will rarely be responded to kindly.

To this end, willing partners are the most advisable as they will not retaliate for anything which they consider an infringement on their person. Having a willing partner who is Awakened is more fulfilling anyway, since the more feedback you receive from your targets, the more satisfying the drain, especially if they have some awareness of what is happening to them. It is like making love: the best partner is the one who responds to your touch, whose reactions guide you in increasing their experience of the exchange.

Single target, long-distance draws are convenient for establishing a connection to someone in order to draw them closer to you but before it is socially appropriate to engage in actual physical contact.

In general, energy coupled with some strong emotion is more fulfilling than simple energy alone. One of the most intense emotions we can feed upon is fear, but the negative repercussions associated with inspiring this emotion make it inadvisable to pursue. The next most intense emotion is passion or ecstasy, and this can be very fulfilling for both you and your partner. Any emotion that is transformative in its power and depth pleasantly satisfies our needs.

We may also feed upon energy gathered for religious purposes. This will sustain us in a time of need when no other sources are available, though often it is meager fare.

When people gather to worship, they generate a strong force of energy but few, if any of them, ever know how to properly direct it. Thus it curls up like smoke directionlessly through their place of

worship or clings around those items which served as the foci for the group's attentions.

Whether we sit in on the actual worship or appear shortly thereafter, we may affect a general draw using the net technique which pulls the undirected energy into ourselves. The objects which were focused upon by the crowd can also be drained of the energy endowed in them, either from a distant, general draw or from the more direct drain of physical contact.

Many find such activities scandalous and unforgivable, but in truth the groups that can be preyed upon in this fashion have little awareness that they have been victimized and suffer not from our predations. The energy of their worship was undirected anyway and would dissipate eventually on its own, having served to benefit no one.

#### XIII. Breath and Life

We can adequately feed from a distance, extending our subtle bodies and our wills beyond the limits of our physical bodies in order to touch the energies of others. Such techniques can be satisfying in their own right, yet we are not solely beings of energy. We are a balance of spirit and matter, as are all things, and so contact with more than just energy-bodies is necessary for us to feel truly satisfied.

Physical contact coupled with that extension of our Selves that creates energy contact is the main method used to feed.

The primary centers for achieving such contact are our hands and our mouths. The hands may tingle when used for this purpose. Our touch at this time is intense, often very cold but also shiveringly pleasant. As we draw forth more energy, the cold gives way to warmth which in turn gives way to heat. The heat is a byproduct of the energy exchange.

In extreme cases, we may leave traces of our feeding, even when feeding solely with our hands. We can draw blood up through the very pores or leave barely discernible bruises at our points of contact.

We draw energy in like breath: this is a controlled breathing technique which encompasses much more than our lungs. Even when the primary focus is our hands or if our target is far removed from us physically, this breathing helps focus our intake of energy. It is one slow, sustained inhalation, almost like smoking a cigarette or sucking air through a very small straw. If done correctly, it will seem that your are breathing in far beyond the capacity of your lungs. Like breath, energy is drawn in, filling us with life and vitality. You will feel it, like a rush, spread through you, tingling down to your fingers and toes. You will achieve an altered state of consciousness while doing this, where body and energy body are both clearly perceived. Time may seem drawn out and distance will be altered. Your perceptions can expand to encompass a whole room, seeing everything inside and out all at once.

Like breath, energy may also be expelled, exhaled into the person you choose to give it to. This secondary function of drawing energy is used in healing. It is the necessary counterbalance to our

function of taking energy. We are creatures of balance above all else, and even as we can sap the energy of those around us, so too can we build it up in order to help and heal.

## XIV. Assimilating Energy

When we feed, we must take the life energy of others. It cannot be given. It can be offered freely, but still we must do the taking. This is fundamental to the way in which we must process the energy for use ourselves.

When we draw in energy from another, it is transformed through the feeding process into energy we can assimilate and use. If another, however well-meaning, seeks to force energy into us, it will do us little good. The energy must be assimilated to match our own if we are to benefit from it.

It is very difficult for us to assimilate any energy beyond that of life. Others may draw their strength from the earth, the elements, even the stars, but we are bound to life by our lack of it. Some of us are more disconnected from life than others, and this is reflected in what and how much we can feed from in order to sustain ourselves. Few of us can feed from alternate sources, but when we can, it is a blessing which should not be ignored.

#### XV. Blood and Life

Do not mistake mere blood for life. We feed upon something far subtler.

However, do not be surprised if, in feeding, you taste blood within your mouth, for blood and life are intricately interwoven.

We are creatures of both matter and spirit, and thus we affect others on both of these levels. Blood is the physical substance of life, and so we are bound ever so slightly to this material expression of our spiritual need.

Do not be misled by the juxtaposition of energy and blood. No cut or puncture is necessary for the transfer to occur. Our ways are far subtler than that. As you draw out life, you draw out a minute amount of blood with the life. Even when there is no physical contact between you and your partner, when the draw is deep enough, this will occur.

For this reason, always take care in who you feed from, for a taint in their blood may carry over to you.

Never feed from the ill or diseased. Never feed from those who have drugs or alcohol in their system unless you wish to partake of their intoxication for yourself. The taints in their bodies will transfer over to you. You will know those who are tainted by the sensations you get when near them. You will have an instinctual aversion to touching or getting close to such people. Likewise, your senses will warn you if you attempt to initiate a draw. Much of your awareness of the taint will occur on an unspoken level, so be attentive to your impressions and intuitions.

Given time and careful observation, you will learn to discern these sensations in order to identify the taint. This knowledge, however, may bring you great grief, for there are few left in this world who are not tainted in one manner or another.

## XVI. Geography of the Energy Body

On the body, there are certain centers where energy is concentrated. These have come to be known generally as chakras. We can easily make a connection to a person at any of these centers, bridging the gap between body and energy-body, physical and spiritual. Indeed, these centers are like junctions between the two bodies and one can affect the body on either or both levels simultaneously through the skilled manipulation of these centers.

The function of the chakras are like subtle body organs. Each has a different purpose and affect on the subtle and physical form, but for the most part, they all gather, process, and circulate energy. They have been described as "wheels of light", which is indeed the literal translation of the word chakra, and each one has a distinct frequency at which it resonates energy, keeping it constantly spinning, pulsing, and in motion.

These centers and their usage has been known to cultures from ancient Egypt and before. The energy flowing through these centers is known as prana in Sanskrit. It is chi to the Chinese, ki to the Japanese, the ba or "breath of life" to the Egyptians. The energy has been described as a fluid and has been equated with breath, blood and life by varying cultures. It is the essential stuff of life and it is etheric yet fluid, mutable, and in a constant state of motion. It is the spiritual mercury of the ancient alchemists, the element most crucial to transformation and the creation of the Philosopher's Stone.

Different systems depict these centers at varying points in the body. The Hindu system of Chakras has been most widely accepted by the West, and it depicts a set of seven "wheels of light" which occur in a centralized line throughout the body. The Tibetan system, which may have more purely inherited the ancient wisdom that went before, recognizes only five. These five correspond to five aspects the Egyptians attributed to the human soul. As our heritage is Egyptian and pre-Egyptian, we have chosen their words to describe these centers.

Different systems depict these centers at varying points in the body. The Hindu system of chakras has been most widely accepted by the West, and it depicts a set of seven "wheels of light" which occur in a centralized line throughout the body. The Tibetan system recognizes only five, so it is important to be aware that not all systems agree. We recognize major six centers within the body, and their location and characteristics are as follows:

The first energy center is located at the crown of the head, and is accessible from either crown or forehead. This is often depicted as two different centers, but due to their proximity, these are affected as one. To the Egyptians and those that preceded them, this center was known as the Akh. The Akh is the immortal body, that which contains our undying, Essential Selves. This energy center is the point at which the immortal body crosses over with the physical form.

The next center is located at the throat, and is accessible from the mouth or the sides of the throat over the veins. This is known as the Khu. The Khu is the voice and will of an individual. It is the seat of individual determination and magickal power for it is through the word that our Wills are enacted.

The next center is located above the heart. This is the Ab. It is accessible directly above the heart, between the breasts. The Ab is the center of the physical being, where the physical stuff of life is circulated throughout the organism. It is a very powerful center of raw life energy. The Ab is the dynamic opposite of the Ba. Where the Ab is the center of the physical life-force, with the heart and all its pumping blood, the Ba is the center of the spiritual life-force and serves much the same function as the heart with circulating and directing the subtle life energies.

When doing energy work or doing visualizations, it will seem that the center of power is located in the chest, just beneath the very base of the sternum. This is the Ka. It is the dynamic opposite of the Akh, so that where the Akh is the immortal, higher soul, the Ka is the body-soul, tied to the needs and hungers of the physical form. It is here that a strong sensation can be felt during feeding. The Ka is interlinked with the very capacity to feed. It is the seat of the spiritual hunger, as well as the bridge between the subtle energy and the point in the body where this is drawn in and made useful.

The Ba is located in the belly, just beneath the navel. The Ba is the center of the spiritual life force. By its action, it sustains the life of the subtle body and connects the subtle body to the physical, transitory form. It is further the tie which connects us to the wheel of death and rebirth. Altering or severing this center completely will affect the way in which the soul travels through the wheel. Most other energy traditions such as Yoga describe this center as the seat of the subtle power. It is this area just beneath the navel that a Yogi is trained to focus on when gathering power. For us, this center is significantly altered. Many of us are disconnected from it partially or entirely. Our center, as a result, is higher, and lies in the Ka.

Finally, there is a center at the root. This is the Min, the sexual force. This center is most completely tied to the body and is the dynamic opposite of the Khu. Where the Khu is the word and will, this is the instinct, that which has the power to rob us of our wills and transform us into beasts. This center is accessible through the genitals or just inside the joint of the thigh.

Minor centers exist at the wrists, the insides of the elbows and the backs of the knees. The palms of the hands and the soles of the feet also contain minor chakras. Any of these can be used to create a connection, although we are hardly bound to reach out to another's energy body through these sites. Any physical contact will do, and as mentioned before, even physical contact is not necessary to feed.

## XVII. More on Feeding

Our energy actually pierces the subtle body of our partner and penetrates it, drawing energy out as if through a straw. Afterward, a wound is left in the aura of the partner, though this will close on its own in a few days. It can sometimes be echoed in the flesh in the form of a small rounded bruise. In

the case of long-standing partners, the wound can become a permanent weak spot in the aura through which we can easily penetrate and gain access to their energy.

Generally speaking, feeding is not harmful to the partner. They have a connection to the universal force; this will replenish them in time, usually overnight. Most partners will just feel a little tired and fuzzy-headed after being fed from. Many have described it like a mild drug, something that is pleasantly mellowing. Some experience euphoria during feeding and feel they are riding intense waves of pleasure. Others can achieve an altered state of consciousness with intense dream-like visions.

Feeding partners may be a little hypersensitive to bright light afterwards and they may experience a sudden feeling of cold. They may be a little more tired than usual the next morning, and they may have a headache that is much like a hangover. However, under ordinary circumstances, these are the most severe side affects feeding will produce in a partner.

Some caution should be used when feeding from those who are not accustomed to it, however. If fed from too quickly or too deeply, the partner may experience difficulty in breathing. Irregularities in the heartbeat may follow. The partner's body will tingle all over, though this may quickly give way to feelings of numbness and cold. Some find this pleasant. To others, it is alarming. It may become very difficult for the person to move and the limbs will feel heavy and uncoordinated. In very extreme cases, the partner will experience a general depression of the entire sympathetic nervous system. This includes lowered body temperature, lowered blood pressure, slowed heartrate, and a general lassitude which may manifest itself in extreme cases as an all-over muscular weakness and trembling or partial paralysis.

When feed from extremely deeply, it is almost guaranteed that a partner will partially or completely lose consciousness. Do not panic if this occurs. Make certain that they are in no immediate danger, and if they seem to be breathing all right, just let them sleep it off. With their connection to the universal life force, there is very little permanent damage you can do to someone by overfeeding, so long as you do not make it a habit to do so.

Consistent overfeeding will evoke in the partner symptoms similar to those which we experience during periods of starvation. The continual shortage of energy will begin to tax the immune system. They will be tired all the time, sickly and weak. They may sleep a great deal, or they may find themselves unable to actually sleep despite their overwhelming lethargy. Putting constant demands upon one partner will eventually put them in a position where their system can no longer compensate for the loss of energy fast enough to meet your needs. This is why it is always wise to have at least one other reliable source which you can feed from. The best strategy to keep you and all those close to you healthy is to have two or three partners which you feed from, rotating through them so that no single one of them must bear the full weight of your needs.

A draw can be enacted in conjunction with tantric magick. Your primary contact is made at the mouth or the throat, and a tendril is inserted into the subtle body of your partner. Through intense visualization, this tendril is guided down through your partner's subtle body to the root chakra. Here the Kundalini energy that is so crucial to Tantra lies coiled. You can grasp onto the Kundalini energy and manually pull it up through each successive chakra. Draw in only a little during this

process until the drawing up of the energy is complete. Once you have brought the Kundalini through all the chakras to your primary point of contact, you will have generated an immense amount of energy from which both yourself and your partner can benefit. You and your partner will sense something like an explosion of light and energy within yourselves, followed immediately by a bursting sensation as if you had just been pushed through some barrier. This will consummate in a powerful sense of climax on the subtle level.

Feeding in this manner is very productive, as it serves to energize both yourself and your partner. Your partner will almost invariably experience a prolonged and impressive orgasm, and one may feed upon the torrent of energy that results from the climax to increase mutual stimulation. It is almost impossible to exhaust a partner when feeding from the root: whereas prolonged or deep feeding from any of the other major energy centers can cause trembling, weakness, dizziness, and an overall depression of the system, feeding from the root seems to only increase that which you feed upon. The partner, after recovering from the intensity of the drain is almost always energized and while they still feel the effects of physical exhaustion, they are driven by a fevered desire that can sustain them for hours. The process is very difficult to master, however, and if the coil of Kundalini energy slips from your grasp, you will simply end up initiating a deep feed from all the chakras in succession.

## XIX. Dreamwalking

Remember, we can feed through a touch, but our spirits extend far beyond the limits of our body. Long-distance draws that are just as intimate and intense as feeding flesh to flesh can be achieved.

When you are starved for energy and no opportunity to adequately sate your needs has arrived, you may find that you will send yourself out in dreams. This is much like astral travel, although it is largely an unconscious activity. You will dream of someone close to you. This can be a family member, a good friend, a current or a former lover. This person need not be located physically close to you, as the subtle reality does not know distance as we know it in the physical world. Your body may be confined to your bedroom, yet your dream-self may wander hundreds and even thousands of miles away.

The dream will seem unusually vivid. It is very likely that the dream will also be lucid, and you will realize at least in part that you are dreaming, but that this other person is somehow actually present in the dream. In the course of the dream, you will have an exchange with the target person. The exchange can be overtly vampiric, or it may manifest itself in an erotic context. The person who you have visited this way will wake up tired and worn just as if you had fed directly from them that night. Often, they will recall the dream as well, and if it is possible to compare experiences, you will find that certain elements of the dreamscape were shared by both people involved in the dream.

With practice, you will come to be able to distinguish between your ordinary dreams and these dream-walking experiences. The process does not always have to be unconscious. You may gain mastery over this ability and dream-walk at will. However it remains a survival technique inherent in the vampiric nature. Therefore, especially in periods of dire need, you may find your soul wandering regardless of your personal control.

### **XX.** Choosing Donors

In crowds or when performing a general, long-distance drain, it is nearly impossible to assure that your victims are willing. When physical contact is not involved or when the drain is weak enough, such consent is unnecessary.

However, when you feed deeply upon someone, especially through physical contact, it is advisable that you make certain your partner understands what is being done to them so that they know the risks and cannot blame you for invading their person. Lying and dissembling to someone you must be so close to will only make their reaction to you all the more violent when and if they discover your true nature.

This requires us to choose our long-term feeding partners with great care. Casual feeding is discouraged as too many partners may gossip and eventually learn what you have done to them by comparing notes. Two or three regular partners are suggested, so you may establish strong links with them and rotate them as the need arises, so no single one is exhausted by your demands.

Our partners ideally must be awake enough to understand and accept what we are or else our explanation of what we do to them will be met only with scorn and incredulity. You must carefully build a relationship up with a prospective partner, sounding out their beliefs until you feel comfortable in entrusting them with the truth of what you are. If you cannot feel comfortable in telling them what you do to them, you should not use them as a regular feeding partner.

We must select partners who are emotionally strong and mentally stable. Those who are versed in the arts of the subtle reality are preferable. The bond that we must share with someone in order to feed deeply from them is profound indeed. It encompasses all levels of being, physical, spiritual, mental, and emotional, and it can be more than most ordinary folk can safely handle. Our lovemaking and often even our casual contact touches them profoundly on a more than physical level. Even for those who have had some experience with the subtle reality, this is something they have probably never experienced before and will never experience with any partner save ourselves.

For some, this is too much. It ruins them for everything else. They can easily become obsessed with us, and especially they will become obsessed with what we can do to them. Such an obsession is unhealthy for them as well as for us. Thus, we must give our love carefully and diligently watch those whom we are close to for signs of instability so we may protect them from the destruction our nature inevitably wreaks.

#### XXI. The Kiss and the Curse

We do not bring only pain and loss to those we feed upon. The experience of our touch on levels far deeper than the physical can be transformative to those strong enough to bear up under it.

Let others condemn us, call us evil or perverse, but let them never speak of love or an understanding

of it. For we love and share with one another in way so profound that those not of our number have never imagined it before. Ours is the kissing of souls, unburdened by the limitations of physical flesh. Ours is the deepest knowing of another soul. Ours is the truest communion.

Those we feed upon experience waves of ecstasy, like riding the crest of a prolonged orgasm, though one which is not located specifically in the flesh.

Our draw is like a drug. Our partners are overcome with a soothing sensation, until they relax to their very core. They feel they are drifting in an ocean of pleasure. They are filled with a golden, melting sensation that is almost narcotic in its intensity. Our draw can bring visions and it can bring rest and sleep even to the most restless of souls. The pleasure we give is not wholly physical but occurs upon all levels, and serves to bridge the space between these levels of existence in our partners, raising them up into an apotheosis of Self. Our touch is mystical, and it changes our partners profoundly on levels they may only have imagined.

Like a drug, however, our draw can be addictive. We understand too well the overpowering desire our need inspires in us, but our partners can also come to be reliant upon the pleasure that we give to them. They can become trained to be responsive to our touch, and their physical and subtle bodies can grow so accustomed to our drain that they overproduce vitality in anticipation of having it drained away. Thus we must always take care in how often we feed from our partners, and try to guard against obsessing them with the pleasure that we give to the exclusion of all else.

#### **XXII. Subtle Links**

Each time you feed from someone, you forge a subtle link with them. This link is like an astral tentacle or a silver cord. It connects your subtle body to their subtle body. Every time you feed from this person after forging the initial link, you make this link stronger and deeper. The link can also be strengthened simply through casual contact with the person, so whenever you come together socially the link is reinforced bit by bit.

This link serves as a constant connection to the person. Through it, you can sense where they are, what their emotional state is, and if they are in any physical danger or distress. The deeper and stronger the link, the easier it is to travel down it in order to sense the person on the other end.

Through a strong link, you will be able to pick up stray thoughts in addition to emotions. You will also be able to implant suggestions and emotions. By tugging gently on the link with the person, you can make them think of you and draw them to you.

With concentration, an especially strong link will enable you to extend your awareness completely enough so your are able to perceive through the other person's senses.

# XXIII. Feeding Through Links

Once a link is forged with someone, you may use the link to feed from them at a distance. The

deeper and stronger the link, the more efficiently you can draw energy through it. With most such connections, you do not even have to concentrate to draw forth from the person. To a certain extent, you are in constant contact with that person, and while the energy you gain from them passively is only minimal, a number of such connections with various people will help sustain you in times of need as well as prolong the time you can go between more active feedings.

If you choose to actively drain through a link, there are two good ways of doing so.

First, you can simply concentrate on pulling some of that person's energy to you through the link. Center yourself. Focus on your connection to that person, then visualize the person clearly. Visualize yourself reaching out and touching them to feed then breathe in, drawing in energy as well as breath.

You may also extend yourself down through the link, initiating a deeper contact with their energy body as you do so. This is a more direct way of feeding from those you have subtle connections to, and it is also much more obvious to the person on the other end. As before, concentrate upon the person and get a clear image of them in your head. Then focus on extending your subtle senses to that person, much as you would if you chose to see through their eyes or perceive their emotional state.

When you are successfully focused on them, it will seem you are in two places at once. Part of you will be sitting or standing wherever your body is, and you will retain some awareness of these surroundings. Part of you will be focused entirely upon the other person and will feel as if it occupies the same space that they do, or is somehow enveloped around them. Once this has occurred, you may initiate a drain, pulling their energy in through your breath as you had done before.

The target of such a drain is likely to become aware of it at least on a semi-conscious level. They may suddenly find themselves thinking of you for no reason they can explain. They may smell your perfume or catch sight of you out of the corner of their eye. If they are asleep, they may see you enter their dreams. This is a lot like conscious dream-walking. The technique behind it is largely the same. Sensitive targets may actually perceive your presence, seeing you, ghost-like, hovering somewhere nearby.

Of all the things we can do, this has historically frightened people the most. It serves as the basis for all the myths and legends of demonic and vampiric nightly visitations. As such, it is the most revealing of our nature and it will quickly expose you to those it happens to. For this reason, this skill should be exercised cautiously and with great discretion.

# **XXIV.** Manipulating Links

Links can also be used to control the people on the other end. Just as you can receive emotions and scraps of thoughts through a strong link, so too can you send these things down the link to your target. Thus you can influence your target's emotional state and even implant suggestions for certain attitudes, beliefs, and behaviors in his unconscious mind.

You can also use the link to focus an attack upon your target. Instead of sending benign thoughts and emotions down the link, you may send negatively charged energy, such as impressions of pain, despair, or depression. You may also use your ability to feed through a link as an attack, mercilessly draining energy until your target's reserves are seriously depleted.

You can also picture the link as a tendril of yourself that enters them somewhere at their core. Extending the visualization, you can reach out and yank on this tendril, as if trying to uproot it. The connection is often too deep for anything to actually tear or sever it, so the force you visualize is transferred to them. They will feel something in the center of their being pulling and tearing down to their core. The severity of this sensation and the damage it does depends upon the force with which it is done as well as how deep the connection goes.

You may also tug upon a link in order to draw a person to you. Visualize the person clearly and send them images of you. Pull them toward you and at the same time, send the distinct impression that they should contact you soon. If they are too far to come directly to you, they are likely to email or call. If they are able to come directly to you, they probably will within the course of a few days.

## **XXV.** Cautionary Notes

When you forge a connection with someone, always keep in mind that the link goes both ways. A target, if aware of their link to you, can trace it in much the same way you can trace it to them.

If the person you have forged a connection with is awakened, they can do many of the same things through the link that you can. If they become aware of the connection, they can use it to contact you, send emotions or thoughts to you, or even to attack you.

The link can thus be used to find you and to harm you, so it is best to manipulate such connections with caution and discretion so that those on the other end either remain ignorant to their existence or have no cause to resent your connection to them.

Once forged, however, a link can never be completely severed. They can be worn down to a bare filament, but even these threads can be used with effort. Once you have a connection to someone, it will always be there. For this reason if no other, always choose who you will feed deeply from with great caution, for you will always carry a part of them with you, and it can be used to bring you harm.

## **XXVI.** The Caste System

All of us exist upon a threshold. This is what makes us what we are, and what allows us the command over energy and the subtle reality that comprises the bulk of our powers. We walk in two worlds at once, and although the bodies we have are but mortal, the spirit within is vast and eternal.

Each of us differs in the quality and quantity of energy we require to sustain us. The depth of our

need is influenced by the strength of the connection between our bodies and our souls. Those of us who are more connected to our bodies need to take in less energy from those around us unless we are engaged in very draining spiritual work. Those who are balanced more on the spirit side of the threshold tend to enjoy greater powers and sensitivities, but their need for vital spirit is also increased.

Where on the threshold one falls affects not only the quantity and quality of energy required, but also what skills may be learned, what talents will be inborn, and how ones nature will manifest itself. It is crucial to understand these matters and how they affect the individual, especially in a Potential or in one who is verging upon awakening.

The caste system is an attempt to simplify the various threshold states. The castes are guidelines for understanding ourselves, our basic natures, and the role we play in our community. Although loosely based upon an ancient social system, the castes are not intended to become a hierarchy or social structure in this day and age. That time has long gone by. Instead, use the castes as what they are intended to be: guidelines for personal understanding which will hopefully explain some of the mysteries of why one person processes energy one way, and someone else has a very different experience and approach.

Keep in mind that the caste system is very limited. There are but three archetypes offered here, and not everyone will fit neatly into any of them. It is far more likely that each person will find within themselves qualities of two or more. We have been through many lifetimes, and our souls have grown and changed. We have learned much, and most of us have come a long way from what we once were. Discovering the caste that describes you the best may hold the key for understanding your basic nature and how to proceed in awakening to it, but use the caste solely as a tool. Do not try to become something you are not, and do not allow yourself to chafe beneath an archetype that does not suit you. In the end, you are you, with all your complexities and contradictions, and no simple word will ever be found to encompass all of these.

#### XXVII. Priests

Those of our number who are most disconnected from the physical side of the threshold have the greatest range of sensitivity and power at their disposal, but they suffer the greatest weaknesses. They are few in number and many have not survived the passing millennia as their disconnectedness from the flesh can often lead them to reside purely in spirit. The demands of the balance they struggle to maintain while in the flesh are extreme, and over the years, it has taken its toll. These individuals are our priests, and they often command the greatest respect for the level of awareness they can attain.

The priest's physical body is inextricably linked to his psychical well-being. If his power begins to wane and he approaches need, his health will suffer, for he can no longer compensate for the lost energy center in his subtle body. Need, especially deep need, can be physically debilitating for one of this caste, and if left to go too long without feeding, they can be reduced to invalids, hollow shells of what they could be.

Priests are very sensitive to the changing cycles. Much of their power wanes during the day, then waxes full with the approach of night. They suffer the most under direct light and must take pains to avoid sunstroke. Their systems are sensitive to most complex foods, especially when in deep need. Of all our kind, their physical bodies are the most concretely affected by their spiritual state. Thus, they are the most likely of our number to be recognized for what they are for their nature manifests itself in very physical ways.

The priest requires a greater quantity and a finer quality of energy than any other of our number. He, more so than any other, is constantly pulling energy into himself. This occurs on an unconscious, instinctive level, and though it can be consciously dampened, it cannot be shut off completely. However, even this constant draw will not sustain the priest unless coupled with conscious feeding.

Priests are the only of our number that must feed deeply on a regular basis. This entails feeding from the energy at the very core of another rather than simply skimming energy from their surface. This is a draw which encompasses all of the energy centers at once, and can leave the partner burned (suffering extreme effects of energy loss) the next day.

Because they stand upon the threshold between matter and spirit, the priests have access to the greatest range of powers inherent in our kind. However, priests run the risk of being mentally or emotionally unstable because of the strain such power puts on their systems. They must develop strong egos and indomitable wills in order to bear up under the burden of their power, but this may lead them to become domineering, arrogant, and obsessed with control.

Moderation as well as control are the two rules a priest must live by. With great power comes great responsibility, and those of the priestly caste who do not understand or respect this doctrine will end up bringing harm to both themselves and others. A priest must feed carefully, always drawing away before feeling completely satisfied. He must never give in to the urge to pull all of his partner into himself, to devour for the sake of devouring. Priests hold the power of life and death, sanity and madness over their partners, and they must recognize this power and use it responsibly.

The priest's way must ever be the way of balance. He must sacrifice satiation for the safety of the partner. He must accept physical weakness and pain in exchange for the ability to manipulate the subtle energies of all around him. He must accept the pull of his constant need in exchange for the ability to feed upon his partners in so profound a manner that he will come to grasp and understand their very essence.

#### **XXVIII. Counselors**

The counselors, of all our kind, retain the strongest connection to life. Though they have access to most of the powers inherent in our kind, they suffer only mildly from our traditional drawbacks. They are less sensitive to light and the natural cycles as are the priests, and their flesh only rarely seems abnormally cold. They are also less likely to be recognized for what they are. Their subtle natures may influence their physical bodies, but such manifestations are often far subtler than those of a priest.

Counselors do not have to feed unless regularly fed upon, though they often grow accustomed to feeding upon others for the pleasure it gives. If they are ill or over-extending themselves on a subtle level, counselors will also deplete their energy enough to make feeding a necessity. Even so, they suffer only mild symptoms of withdrawal when forced to go without energy for an extended period of time. Ceasing to feed altogether is rarely debilitating to them. Once they overcome the mental and physical addiction, they can lead a relatively ordinary life, if that is their choice.

A counselor can go his entire life without awakening to his true nature. There may be hints of it and he may have access to a few subtle powers, but unless he is fed upon, he is unlikely to ever need to feed in an overt fashion. If an unawakened counselor feeds at all, it is only superficially, usually through intimate contact with friends and lovers. They can get all they need through touching or even through general non-contact draws. Even once they have been fed upon, counselors rarely, if ever, experience deep need, tending to skim energy from the surface of their partners.

Counselors are often very sensual people, as their need for energy is answered through close personal contact with others. The sensual nature of their spirit is often reflected in their physical form, so that counselors tend to be attractive in body, lithe and fine-boned. Male or female, there is a compelling, seductive quality about them that transcends gender. Many find themselves attracted to vocations of entertainment, and are gifted in music, the arts, and dance.

Counselors find it extremely pleasurable to be fed upon. Their systems adapt readily to the demands of feeding, producing energy to match the needs of their partner. Once a counselor has adapted to a regular routine of being fed from, he will grow uncomfortable when that routine is broken. Physical discomfort, mental distraction, irritability, and hyperkineticism may result from an over-abundance of energy if such a counselor is not fed from regularly.

Counselors, like priests, tend to be mentally or emotionally unstable, especially when their energy is out of balance. They also tend toward obsessiveness, especially when it comes to feeding, sensation, and pleasure.

#### XXIX. Warriors

The warrior caste in some ways may seem less powerful than even the counselors, but one of their benefits is that their true strengths are hidden. Their powers tend to manifest themselves in a very physical nature, allowing them to consciously augment their natural strength, stamina, and speed. In body, they tend to be broad-shouldered and rugged, with a natural propensity for various martial arts. They can also consciously enhance their healing so they recover almost completely from the most grievous of wounds.

Warriors are typically less sensitive to the subtle reality than either priests or counselors, although they can achieve sensitivity with effort. Mainly, this desensitized state is brought about by a thick "wall" which protects them from the energy of others. It is a kind of psychic armor that is kept in place instinctually and without any thought or effort. It may be hard to recognize the Potential in a warrior because of this armor, as it tends to keep their energy in as well as keeping other energies

out. Do not mistake the wall for spiritual thick-headedness, however. Like the rocky crust of a volcano, the warrior's armor hides a volatile and immensely powerful force within. Once a warrior has learned to tap this force, they are a power to be reckoned with.

Warriors almost always excel at warcraft, having an instinctive knowledge of weapons and their handling. They are often remarkable strategists and tacticians. This results from the sum of their memories and skills gained in previous lives. This remembering can be called forth consciously, but is always present and ready to be drawn upon on an unspoken level. A warrior's inherent physical provess tends to make him restless in this world. He can easily feel caged and oppressed by the edicts of society, and his wasted talents have a danger of spilling out into undirected aggression.

In terms of feeding, the needs of a warrior are much like those of a counselor. Casual physical contact or even long-distance draws are all they ordinarily require to fill their needs. Unlike counselors, warriors tend not to get lost in feeding for its own sake, and they are very resistant to being fed from.

An unawakened warrior tends to instinctively make use of his physical powers. Especially in times of trauma and distress, these abilities will come to him without a conscious effort. Extensive use of his latent powers will drive an unawakened warrior to feed. This process can occur unconsciously, often in a group draw, but it may serve to awaken the warrior to his true nature.

Warriors suffer from the traditional drawbacks of our kind. They are bound more strongly to the cycles than are the counselors, though they are not as limited by these cycles as the priests. They are sensitive to bright light and their reaction to food will wax and wane according to their energy levels. When their energies are very low and they do not feed to replenish them, warriors will require a greater quantity of food to sustain themselves, but this will rarely satisfy. It may even make them sick.

Of all the castes, the warriors store the greatest portion of energy. This is energy not meant to be fed from, but energy which can be directed through their Will and their rage. Although it takes a good deal to delve deep enough into the warrior to reach his hidden reserves, once this well-spring is tapped, the power and intensity of the output is immense.

## **XXX.** Subtle Reality Basics

Our greatest power, that which sustains us and defines us as what we are, is our ability to manipulate energy. By extending our energy beyond ourselves, we are able to manipulate the energies of others even over great distances.

First we must become aware of our own energies. We must know our subtle body, its strengths and limitations. We must have a clear picture of our subtle being in our minds so that we are better able to manipulate that subtle body to affect the world around us.

We must remember that thought is energy, and what we imagine and consciously visualize will have an effect upon the world around us. We manipulate our own energy bodies through

visualization, directing our energies according to our will.

The main foci for the manipulation of energy are our mouths and our hands. The mouth and the hands are our tools. The way we manipulate these tools is through breath, visualization, and will. Our breath combines our physical and subtle bodies in a unified stream of life / air.

By inhaling in such a way as to breathe with more than just our lungs, we take energy in. By exhaling in such a way as to utilize both our physical and subtle bodies, we expel energy. Visualize the energy as light which rides upon the breath. It is a softly glowing liquid that flows around and through all things. When we breathe, we drink this in. It gathers in our center, below the heart in our Ka.

With the touch of our hands, with the kiss of our lips, or with the concentrated intent to touch over a distance, all coupled with breath, we can pull energy out of others or breathe it into them in a healing stream.

In order to more efficiently take energy out of another or to put it in, we must extend beyond breath. Using the stream of the breath as a focus, visualize a tendril of the subtle body moving toward and inserting itself into the target. Once a connection is made, the sense of it is unmistakable. Do not let doubt or worry distract you, but retain your focus on the visualization and the breath.

It is best to think of this tendril not as something which moves through ordinary space or ordinary physicality. It is powered by the breath and the breath focuses and directs it, yet it cannot be found physically in the stream of the breath. It is an extension of our wills and our imaginations, and thus exists on a level of pure energy.

Think of the world as a double-exposure. The clearest part of the photograph is the physical, material world. This is what the majority of humanity mistakes for the sum total of reality. But there is a translucent ghost-image that is layered on top of and throughout the other. In truth, they are inextricably woven together. It is this quasi-reality through which our subtle bodies move, and it is the other objects and forces in this quasi-reality that our subtle bodies interact with and influence.

Think of yourself as existing in both of these realities at once. Be aware of the material universe around you but at the same time be aware of the shadow reality that is woven throughout it. Know that you can affect and be affected by both.

In the subtle reality, the physical boundaries of things and people are not necessarily fixed. By moving parts or all of your subtle body in this aspect of reality, you can pass over great distances as if they were nothing, for in truth, here all points exist as one point. You can move inside a living body, perceiving the organs and internal functions as if they were laid open before you, down to a microscopic level.

In the subtle reality, you can see past the ordinary boundaries of things with a sense that is more impression coupled with insight. Actual physical sight is only an analogy here, a metaphor for perceiving on a deeper level. However, as you are more accustomed to physical sight, you are most likely to interpret your impressions of this aspect of reality in terms of images and vision.

You cannot only perceive things in the subtle reality, but you can influence them as well. You can take things out of a living body and you can put things in, provided the objects and forces you are manipulating have their origin in the subtle reality through which you move. These things will not be "real" in the physical or material sense, for they exist on the level of pure energy. However, if they are strong enough, they can ultimately have a tangible affect on the physical reality, for the two are merely different aspects of the same thing.

### **XXXI.** Augmentation

All of the abilities and powers inherent to our kind are almost solely fueled by energy. Mastery of these powers requires an understanding of one's own energy as well as the ability to visualize that energy on the subtle level. The more advanced powers require the ability to manipulate the subtle body in order to perceive and interact with the subtle reality.

With determination and practice, all of our kind regardless of caste have the potential to learn and master any of the following skills.

The first and most basic thing we can do is physical augmentation. Augmentation uses our energy to influence our physical bodies. Augmentation allows us to push beyond our physical limitations through a concentrated act of will.

To augment, you must extend your awareness only slightly to the energy coursing through your body. Focus is essential. Gather the energy into your center, just under your heart chakra, then force it throughout yourself with a specific intent. In this way you may will a burst of strength or a burst of speed, you may increase your endurance, your pain tolerance, and even the rate at which you heal.

Through concentration of your will and your energy, you can heightened your senses of touch, taste, hearing, and so forth. A limited amount of increased sensual acuity comes without thought. All senses are affected in this way, though scent, taste, and touch are the most noticeably keener.

With practice, augmentation will come naturally, without a conscious effort, and may be kept up for extended periods of time. However, augmenting for extended periods tends to burn the system out very quickly so that one must feed more heavily and more often in order to compensate.

The same concept can be applied to pushing yourself beyond the limits of physical infirmity or disease. Many of us are sickly, because the connection between the physical and the spiritual bodies is disjointed or incomplete. Yet we can overcome whatever our physical limitations may be with a concentrated effort of will. As with augmentation, focus is essential, and compensating for extended periods of time will deplete you so that you will have to feed heavily more often. Yet with practice and diligence, one can compensate for the most debilitating conditions without hardly a thought, so that even those with serious heart conditions can achieve a level of physical activity and endurance that would astonish physicians.

### XXXII. Subtle Perception

Sight of the subtle which lies within and throughout all physical things comes with practice and concentration. Most of us can, to one degree or another, perceive the energy we manipulate, the life which courses through those around us. This is not so much something that is seen with the eyes as it is something which gives the impression of sight. It is a perception, an intuition, easily ignored or discounted. It may manifest to you as light or color as that is the easiest way your mind can interpret it. Whenever you attempt to see on this level, remember not to take the idea of sight too literally and instead trust your instincts and impressions.

Another sensual impression we gain is the sense of others' physical and emotional states. This involves our ability to pick up on their energy and latent thoughts. Though this can be done simply by focusing our attention briefly on the person in question, the strongest sensations are gained through physical contact. It is by gauging our impressions to our target's energy that we can determine whether he is sick or well, drugged, diseased, or intoxicated. We can further perceive his general emotional state, energy level, and level of power (if any).

Again, these impressions can be very vague and it will take time and practice to even realize that you can sense these things, let alone learn how to differentiate sick from well, energized from drained, and the diverse states in between. Learn through trial and error, as everyone's impressions tend to differ, and trust your instincts at all times.

## **XXXIII.** Manifesting

We all possess a certain presence which hangs about us at all times. Whether we wish this or not, it will still be present to a limited degree, even when an effort is made to damp the effect down.

Our presence tends to be dark and intimidating, and it inspires fear and uncertainty in most who are exposed to it. Some, however, find our presence darkly fascinating, and for these it manifests as an irresistible and almost sexual attraction.

Manifesting is the art of taking this presence and manipulating it to our advantage.

Manifesting requires much the same technique as augmentation, however in the case of manifestation, the energy gathered is not directed within ourselves, to our physical bodies. Instead, it is extended outward so that it spreads around us like a cloak.

Center yourself, gather your energies, then expand them out around yourself. Visualize a nimbus of energy surrounding you, and focus on a particular image or emotion which you desire to project with this energy.

A great deal of manifesting relies upon the people around you. You are extending your energy to influence their minds on a semi-conscious level. Because you are speaking directly to their unconscious minds, their individual perceptions of your intent will ultimately influence what they

perceive and how they react to you.

The most basic form of manifesting is manifesting the vampire. This draws upon the archetype that has developed around our kind over the years and can have a very potent psychological affect on those around you. Gather to your core all that makes you what you are: all the darkness, the alienation, the predatory need. Then shoot this concentrated energy throughout your being, extending it a few feet in front of you so that all those around you will be affected by this projection. By experimenting, you can extend this inimical aura around yourself for many feet, and what with satisfaction at it clears your way through a pressing crowd.

Using essentially the same technique, you can project fear, respect, intimidation, attraction, awe, and virtually anything else into the minds of those around you. Most will react to this projection on an unconscious level, moving toward you or hastily out of your way as you desire. Manifesting will especially draw the attention of those who are awakened or even semi-awake.

This effect may also be used to obscure yourself from others. The technique is the same, but instead of projecting fear or attraction, you should simply influence those around you to ignore you. Project obscurity and the sense that you are unremarkable and blend into your surroundings. When done properly, this will allow you to lose yourself in a crowd or even help you to hide unnoticed in an empty room.

#### XXXIV. Nature of the Aura

We all share a distinctive aura which others may perceive and use to identify us. Our vampiric signature is most obviously expressed in the auras of priests and least obvious in the auras of concubines. We may also perceive this aura as well as the auras of others. This perception occurs on the subtle level and enables us to gain information about those around us.

Essentially, the aura is the subtle body where it extends beyond the limits of the physical body. As we constantly tread upon the threshold of spirit and matter, our subtle bodies are much larger than those of ordinary folk, and they extend far around us, depending upon our self-mastery, energy level, and level of power.

The aura can be perceived in several relatively thin layers of almost-light which extend just beyond the skin. If you look for actual, physical light extending around the body like a halo, you will miss the subtle nuances of the actual aura.

The aura can be perceived as light or color, though it is really neither of these things. In truth, light and color are merely the best metaphors was can devise in order to describe and interpret something which layers over physical reality from the subtle like a double-exposure.

The aura may appear textured, most often like a liquid -- oily, rippling, misty. It is not static but fluid and is constantly though subtly changing. It can be perceived through touch as warmth or as a subtle tension or pressure that is almost there beneath your fingers.

Its essence is subtle and thus our experience of it is subtle. Perception of the aura is ultimately something which must be intuited, perceived by insight more than with our ordinary senses.

## XXXV. Perceiving the Aura

The best place to first look for a glimpse of the aura is on the hand around the fingers. Look closely at the area just above the flesh. A very small layer, perhaps only millimeters thick, should be perceptible. It will differ in texture and quality from the air around it, and after a time, colors may suggest themselves to you. At all times you should trust your instincts and impressions and allow them to guide you to your conclusions. Do not doubt your perceptions until after you have explored them fully. Once you are finished, you can step back and analyze your experience all you wish.

After you have focused on the first layer, another layer, like a misty ring above the first, may become perceptible. This is the outer shell of the aura. It varies in thickness from person to person. The layer of the aura can actually vary from day to day or hour to hour on any given person according to mood, energy level, and so forth. In general, this layer is colorless but may appear lighter or darker in varying shades of grey. When particularly thick and opaque, this usually suggests shields.

The inner layer of the aura can vary in brightness and color according to health, emotional state, and energy level. There is no standard interpretation chart for any of these qualities, as perception is strongly influenced by the subjective expectations of the individual.

We filter all of our perceptions, to one degree or another, through our individual symbol system. Thus, intuition has proven to be the only set rule for aura interpretation. What are your emotional reactions and instinctual responses to a particular color or quality in the aura? If you see a particular color, analyze what that color means to you. The aura, like so many other psychic impressions, speaks to you in the language of symbol. As your symbol system is uniquely your own, you must come to understand the meaning of your individual symbols if you are to accurately interpret your perceptions of the aura.

## XXXVI. Energy Manipulation

It is part of our essential nature to manipulate energy, and we are not limited to only taking energy away from others into ourselves. Because we can sense energy, grasp it, influence it, and channel it, we may also give energy to others. Most often, we do this to help and to heal, though like all things, this skill can also be used to hurt and harm.

For most energy manipulations, our best focus is our hands. We can easily gather energy into our hands and manipulate it. If the energy comes from within ourselves, we need but to draw the energy into our center, then channel the energy down to either or both hands.

If you are successful in focusing energy into your hands, they will begin to grow warm and tingle. The capillaries will expand, causing a splotchy pinkening of the skin as, on a subtler level, the

energy channels also expand to increase circulation on both levels.

A thrumming sensation may encompass your arms all the way up to the elbows and in some cases may even be perceptible to those around you. If someone touches your hands at this point, he will not only notice the increased heat (a by-product of the coalescing energy) but he will also feel an electrical vibration coursing through your flesh.

Once you have gathered such a charge to your hands, you may direct the energy toward a specific goal. To do this, you must visualize what you wish to do, accompanying the visualization with actual physical contact and motions to help maintain focus.

### XXXVII. The Energy Ball

Once you have learned how to focus and direct energy through your body, the most basic form of external energy manipulation is the energy ball. Cup your hands slightly until you feel a build-up of energy gather in your palm. It will have a barely perceptible heft to it, and if you press your fingers around it, you will feel a subtle tension before it begins to give.

This energy is malleable, like a very viscous fluid, and may be handled and shaped as you would clay.

Bring your hands together, palms still cupped and slightly parted, and form the energy into a ball. Feel its weight and the tension it creates between your fingers. Mold it and shape it with your hands. In this state, it can be thrown at a target or passed from person to person. In general, anyone struck with such a neutral ball of energy will feel something, though they may be hard pressed to define what.

If you look at this collected energy as you would the aura, you will find that it is perceptible as something misty or oily in the space between your hands.

You may charge this energy with a specific emotion or sensation. Simply concentrate on the energy in your hands and concentrate on that emotion or sensation. Recall it so completely that you actually experience it while focusing on the energy ball. Direct the sensation to the energy in your hands. The energy will then become infused with the emotion or sensation which you generated.

Now, when you throw this energy ball at someone, they will experience the sensation or emotion as you did. They may ignore it or they may act upon what they suddenly feel. Sometimes, if the sensation is strong enough, they may jump and instinctively look over at you.

# XXXVIII. Augmented Healing

Energy gathered into your hands, if allowed to remain neutral and uncharged by any extraneous emotions, can be used to heal yourself or another.

Cup the energy in your hand and hold this around the affected area. Channel the energy through your hands to the wound. As you send the energy through your hands, extends your awareness to include all that the energy comes into contact with. Focus on gradually smaller and smaller levels until you sense the source of the problem.

Your perception of the problem and how you seek to deal with it will depend upon your knowledge of anatomy and your technique of visualization. In general, you can speed the healing of any wound by vitalizing the area with energy and stimulating both circulation and cell growth.

If there are broken bones, visualize the ends of the bone knitting back together. If there are tears in muscles or tendons, will the fibers to reknit themselves. Visualize the blood gathering to carry away the fluids which cause swelling or any clotted matter left over from bruises or other ruptures. Visualize cell growth and mitosis occurring on an increased level.

Flood the area with as much energy as you can spare, then gradually cease the flow. Keep your hands over the area, holding the heat you've generated in place for a bit longer, then pull away.

## **XXXIX.** Advanced Healing Techniques

Sometimes a wound or illness may not have a physical cause. In such a case, lay your hands upon the area where the problem is focused and extend your awareness to the internal level. Probe out with your subtle sense and locate the intrusion which is the source of the problem. This may be a dark spot or a dense "object." It may merely be a feeling, such as a sensation of cold or pain. Find it, then, taking one hand, close both your physical and subtle self around it. Draw it out and throw it away. Do not take it into yourself as this can cause complications, not the least of which is the possibility of having the infection attack you.

Sometimes a wound or illness may exist on both the physical and subtle levels. In such a case, place your hands over the affected area and extend your awareness to the internal level. Draw out the subtle intrusion first. Heal the problem on the physical level only after this has been done. The physical and the subtle levels of existence are so interlinked that if you heal the physical but leave the subtle aspect untouched, the subtle intrusion will eventually cause the physical problem to recur.

You may use these techniques on yourself or others as the need arises. If your visualization is strong, you may not need to touch the affected area when healing yourself. Simply center, build up some energy, then focus inward and become aware of your internal processes. Focus your perception on the affected area and proceed with the healing visualizations discussed above. Cease when you feel you have done all the good that you can.

## **XLI. Shielding Techniques**

Because of what we are, we have little need for shields ourselves. Shields are, by definition, antithetical to our nature. We are constantly taking energy into ourselves. To close ourselves off from this would be to close ourselves off from what sustains us. Selective shields, or filters, which

allow only certain things through, are more useful to us by far.

Our best defense against energy intended to do us harm is simply to fall back upon our essential nature. It is our nature to devour, and so we merely take it all in, good energy, bad energy, tendrils, missiles, all of it. While we rarely gain any actual benefit from taking such energies in, neither are we harmed by them.

If you are attacked by something, grab onto it on the subtle level and pull it into yourself. Break it down into neutral energy as you would process anything else. Though in general the assimilation of energy is an unconscious process, in cases of attack, you may actually have to concentrate on the process. Just will the energy to break down. Purge it of any specific charges or intents and make it a part of you. You may also purge it, process it, then throw it back in the direction it came as a response to whoever attacked you.

If such an attack is clearly being directed by another, trace the attack to its source as you would travel down one of your own tendrils. Then reverse the attack and drain through your enemy's connection to you. The attacker will usually be so surprised by this response as to cut the attack off immediately.

Most of the awakened consciously or unconsciously set up shields in order to guard against a myriad of psychic attacks. Shields, as they are constructed of energy, can be drained into non-existence by those of our kind. The energy may not be something which we can process or make use of, but it is energy nonetheless and therefore not proof against our manipulations.

## **XLIII. Creating Filters**

We are constantly pulling energy into ourselves. This function is unconscious and often undiscerning. When you are among a group of people, you will draw upon the ambient energy that is generated by that group. Occasionally, there is a quality to the energy of a group that you may not wish to take into yourself. This is especially true if many of the individuals in the group are tainted in some way, as with illness, intoxication, or drug-use.

Rather than shielding yourself and thus blocking yourself off from all the energy in the room, you may set up a filter. Less rigid and opaque than a true shield, a filter allows you to sort through all that you take in and block certain elements of that energy out. A filter may target certain emotions which you do not wish to vicariously experience or they may filter out the taint of alcohol, drugs, or disease so you do not draw these things into yourself during a general crowd feed.

Target the specific energy that you do not wish to take in. Visualize a filter, like a porous shield, that will allow everything to pass through except this particular energy. If you are actively drawing from the crowd around you, simply be selective in what you pull into yourself through nets or tendrils. Isolate the unwanted energy from everything else and discard it before you actively pull the rest through. All this requires is an awareness of yourself and your surroundings on the subtle level.

A filter can also be used to take only a specific sort of energy in. Simply isolate that element among

the ambient energy, focus on it, then draw upon it to the exclusion of all else. As the subtle and the physical are intricately interwoven, this can work on chemicals present in your target's system. Though physical contact facilitates this technique, it can be done with effort from a distance. In this way, you can focus on the drugs in someone's system and pull them away, thus robbing them of their high. Treat the drugs as you would any intrusion on the subtle level, grabbing onto them with your subtle body but not pulling them into yourself.

If you grab onto the drugs or alcohol present in another's system in this way and pull them into yourself, you will experience the effects of the drugs vicariously. Sometimes this is desirable. Simply focus on someone who is suitably intoxicated, focus on the element present in their systems that is responsible for the intoxication, and draw it into yourself. Once again, this is most efficiently done with person to person physical contact, but can be effected in a group or long-distance draw.

Because you have the ability to manipulate energy on such a level, you can also consciously burn the resulting intoxication out of your system whenever you choose. Simply extend your awareness within yourself, focus on the intoxicant, gather it up and cast it away. This works to a certain degree even it you have physically imbibed the intoxicant.

## **XLIV. Spiritual Cleansings**

Energy is our greatest resource. It sustains us, it makes us strong. It is both our weapon and our tool. It is our nature to tread the very threshold between spirit and matter. For this reason, we have a greater sensitivity to the subtle than any other physical being. However, our sensitivities are both a power and a bane. Just as we can easily affect the energies of the subtle reality, so too are we easily affected by them.

We are very sensitive to the energy of the places we live. Discarded energy and emotions flake off of people much like dust, and over time they inevitably build up in a place. A build-up of negative emotions can begin to affect us by altering our health and our mood. This is true to a certain extent of every living being, but for us the sensitivity level is excruciatingly high. We should take care in our living spaces to encourage a good flow of energy through the rooms, and to make certain that the psychic space of our houses is cleaned out once in a while.

To effect such a cleaning, simply go through the house from room to room, reaching out on the subtle level with your energy and scraping things down. Visualize extensions of your energy body literally scraping down the walls and gathering the crud out of the corners. Take care to gather this detritus together and hold it -- do not draw it into your self. When you have gone through the entire house, work toward the front or back door and throw the stuff out. Shake it off your hands, scraping it off if it seems to cling aggressively. Outside, energy flows more freely than indoors, and this negative buildup will be carried away and dissipate naturally once expelled.

Often we will unconsciously react to the subtle nature of a place, responding to the impressions we get from it without even really thinking about it. In order to promote the healthiest atmosphere for ourselves, we must take care that our living space is arranged in such a way that we respond to it positively on the subtle level as well as on the physical. Techniques like Feng Shui are crucial to

our kind as even the slightest upset in the energy of a place can affect us. In the most ideal case, the space in which we live should be attuned to us, charged much like the sacred space in a temple or Wiccan circle. Many of us build our sacred space around us naturally and without thinking about it, so that the difference between our space and that of others can be distinctly felt when we visit others and when we travel.

## **XLV. Otherside Beings**

The subtle reality is immense. Because our concepts of distance and physical boundaries do not exist there, any single space may be populated by hundreds of subtle beings, resonances, and impressions. Even the most desolate, empty space here in the physical world is crawling with things on the subtle level. Some can perceive and interact with us, but most are largely too out of phase to notice anything but their own small sliver of the realm.

Most ordinary people are like the out of phase beings. They are too intent on their one small aspect of reality to respond to anything else. Yet because of our sensitive natures, we cannot help but perceive and respond to at least some of these other things, and because we exist more completely in both the physical and the subtle realities, many of these things are likely to notice and respond to us. Some of our kind find it intensely disturbing to feel and be felt by such otherworldly things.

Rarely are subtle beings interested enough in our realm to attempt to do malicious harm to anyone. Yet, all things which exist in the subtle reality feed as we do, and many of them seek out humanity as their main source of food. Just as our long-distance drains do not really harm our targets and are rarely even felt by them, so too are these preying entities rarely felt by anyone they seek out. Yet it can be very inconvenient for us to become a source of energy for another being as we do not really produce enough energy to sustain ourselves.

We should be aware of this aspect of the subtle reality, and we should hone our perceptions so that we can sense when a subtle being is present in our home. Since we can interact with the subtle as well as the physical realm, we have the ability to forcibly eject such beings from our home. Much as one would clean the house of spent energy and emotions, simply isolate the entity, reach out on the subtle level and gather it up. As a subtle being, it has little definitive form, so you will have to judge by your impressions whether you have gotten hold of it or not. Once you have hold of the thing, carry it out to the front or back door and essentially give it the boot. Toss it out of your living space and project the definite impression that you do not want it coming back. Most subtle beings seem somewhat intimidated by our kind, as we can just as easily feed upon them as they can from us, and this seems to cause them discomfort or harm.

Many subtle entities are not harmful at all, and discretion should be used when an invading being is punished by being thrown out. A certain amount of subtle traffic is always to be expected in our homes. First of all, there is the simple fact that subtle beings are all over the place. It is the nature of the subtle reality that such things occupy all spaces and no space at the same time. Yet there is also the fact that many subtle entities seem attracted to our kind. They may sense our unique energy signature, and they may be attracted out of simple curiosity. To a certain extent, we have a good deal in common with these beings, especially in the manner in which we interact with the subtle

reality and feed upon energy. We certainly have a more real and palpable presence in the subtle reality than most incarnated beings.

As it is difficult to communicate with such beings except in the vaguest terms, their reasons will probably remain known only to them. Whatever the case, we should not be surprised or alarmed by their presence unless they take an active role in disturbing the sanctity of our home.

## **XLVI.** Creating Change

Because of the way we interact with energy and the subtle reality, we are actively connected to the collective unconscious. We naturally respond to the eddies and tides of beliefs and ideas in that vast, psychic realm. With effort, we can also naturally affect those eddies and tides.

The collective unconscious exists on the level of pure energy. It has a subtle reality all its own and is a part of the greater Spiritus Mundi, the spirit of the world. All humanity influences and is influenced by the collective unconscious. It is the sum total of all their thoughts, dreams, emotions, myths, and nightmares. It is the well of inspiration and the source of creative thought.

The unawakened are unaware of the affect they have upon the collective unconscious. Nor are they aware of how it in turn affects them. It defines their beliefs, their dreams, their very perception and experience of reality.

As vampires, we are already living embodiments of a very potent archetype which lies deep in the darker regions of the collective unconscious. The nature of our vampirism is in part defined by this archetype in the collective. Our strengths, our weaknesses, and the image which we project to others is strongly influenced by the collective archetype. Paradoxically, what we are and what we have been in the past has also in part defined the shape which the archetype takes. In this we are both the creators and the creations of the archetype. Such paradox is woven throughout reality.

We can become consciously aware of our connection to the collective. Thus we can consciously choose what elements will affect us and what will not. In this way, we can shape our individual perceptions of reality.

On a more profound level, we can also consciously influence the collective. We can insert thoughts, ideas, beliefs, and set them adrift on its currents. They will circulate among the masses of humanity, occasionally surfacing in an individual's thoughts, often influencing the behavior, perceptions, and beliefs of the unawakened on a profound yet unspoken level.

In this way, we can shape the reality of others. We can subtly influence thoughts and attitudes on a world-wide scale. Such subtle manipulation is very difficult to master, and it requires an extensive awareness of the collective.

Those who seek to influence the world in this way must also be willing to be influenced in turn on an equally profound level. As an active element in a passive world, the collective will surge up and manifest through you. You will become a tool of the Spiritus Mundi. It will guide your actions so

that you may bring change, destruction, and regeneration where it is needed most.

# **XLVII.** Cycles

We are the many-born. We are the immortal. Eternal, we wander the aeons, moving to the rhythm of our own inner tides. We are active elements moving through passive worlds.

We insure that energy is in constant motion. That which is static, we cause to move. That which has grown stagnant, we tear away.

We separate the subtle from the dense, spirit from matter. We are agents of the dynamic balance which keeps the universe in constant motion. We separate the dual aspects of reality in order to reunite them. We seek the union of opposites which transforms all things.

Ours is a journey toward understanding, and our charge is knowledge and wisdom. We are the catalysts, and we must serve to awaken the slumbering world to its deepest levels of reality.

# **A Few Notes in Closing the Codex**

Our culture teaches us that we cannot stand on our own. We cannot know something just because we know it; we need authentic degrees and certificates in order to prove our knowledge and understanding to others. If we are to amount to anything, we need approval. And from youth upwards, it is ingrained in us to seek this approval -- from parents, from teachers, from friends, from our bosses at work -- from everywhere.

Regardless of our own self-worth, regardless of how satisfied we are with our own lives, unless these other people approve of us, we are taught to feel worthless. Even the most independent and rebellious among us feels a little twinge at being called "crazy" or "freak" or told that we're deluded or sick or hopelessly lost in a fantasy world.

It's very hard not to let this universal disapproval of our ideals and our ways make us doubt ourselves from time to time. But it is the doubt and the fear of disapproval that keeps so many of us from discovering ourselves and opening ourselves up to the vast lifetimes of knowledge we already carry within.

Before you doubt yourself any further, ask yourself -- who is the real authority on your life? Is it someone outside of you, who has never experienced the things you've experienced or felt the things that you've felt? The only authority on your life is you -- so seek approval there first. Trust those little whispers of guidance offered by your inner Self. If you are satisfied with what it tells you, what does it matter what anyone else has to say?

Seek Your Own Truth



# The Vampire Ritual Book by Michelle Belanger

(The Lost Rites of the Sanguinarium)

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#### **Introduction:**

The Vampire Ritual Book

Back in 1999, Father Sebastian asked me if I would be up to the task of composing a vampire ritual book for the Sanguinarium. This was at a time when I was highly active on a couple of Internet sites that allowed freelancers to post their work and then paid them a small amount of money for each independent hit that their work received. I had found early on that I had great success with my rites and rituals on these sites. I got a great deal of fan mail from Pagans and Wiccans who had encountered my work on the sites, and there were many requests to use my rituals for handfastings, child naming ceremonies, funerals, and the like.

I had already been hard at work developing the ritual structure for House Kheperu, and some of the early versions of seasonal rites and rites of initiation were up on my website at <a href="https://www.kheperu.org">www.kheperu.org</a>. These also gained me a great deal of email from individuals who wanted to make use of the rites or who simply wanted to let me know how much the rituals there had moved them.

However, House Kheperu is a pretty unique animal in the vampire community. At that time, our caste system was still very controversial, and many of our past life beliefs also distinguished us from other vampire households. As the past life material was worked into a number of our rites, it made them a little hard for groups that didn't have that background to make use of. Many of the other rites have integral roles played by members of each caste, and this further excluded the Kheprian rituals from a widespread, general use. Several groups were still borrowing bits and pieces of our rites and integrating them into their own practices, mainly because there were no other well-written ritual traditions publicly available that were vampire-based.

At first, Sebastian and I considered developing "official" Sanguinarium rituals, but I tabled that idea right away because there was too great a chance such a tradition would just degrade into something rigid and inflexible. Based on my experiences with ritual and my strong beliefs on the purpose of ritual for the group and the individual, I felt it would be healthier to develop sample rituals that would serve as a guideline for others who could use them as inspiration for writing their own.

I wrote up a number of rites, rituals, and prayers that I felt would appeal to a generalized vampire audience. In the meantime, Sebastian continued to evolve the Sanguinarium, taking it in different directions, until it gave way to his private occult order, the OSV. The idea for the Sanguinarium ritual book was tabled, and nothing more became of the manuscript. However, as I'm wont to do, I kept the completed manuscript on my hard drive, tinkering with it now and again, and adding new

rituals as they occurred to me. Some were adaptations of Kheprian rites, but others were designed exclusively to answer needs I saw within the vampire subculture.

Today the community is constantly changing, but the need created by organizations like the Sanguinarium remains. Many people are drawn toward the vampire as a spiritual archetype, and those people feel a need for rites and rituals that differ from those belonging to more typical Pagan and Wiccan traditions. In the interest of helping such people develop a tradition more suited to their tastes, I picked up the old ritual book, dusted it off, and presented it here. Several of these rites have a distinctly Sanguinarium flair, for they were written with that tradition in mind.

Even in its heyday, the Sanguinarium did not appeal to everyone, but there are many individuals who celebrate the spirituality of the vampire. Because of this, even with the lingering Sanguinarium influence, I feel the rituals compiled here can have relevance to some aspects of our community. Certainly, with a few alterations here and there to customize the rites for a specific group, many of these rituals can be appropriate to anyone who feels drawn to that powerful archetype. It's important to keep in mind that even at the time of their original writing, none of these rituals were cast in stone. The section on "living ritual" addresses this more fully, but suffice to say that I firmly believe rituals should grow and change as the need for them grows and changes, and individuals should never feel shy about tailoring the rites to their own tastes in whatever ways seem most appropriate. Perhaps the most important lesson you can take away from the introductory portions of this book is the knowledge that a ritual has no power if it does not appeal directly to those who are participating in it. As such, treat your ritual work as divine play. Change the rules when it feels right, and adapt the words so you can feel your heart resonating through them.

--Michelle Belanger December 14, 2003

# **Chapter One:**

An Introduction to Ritual

Ritual is most often associated with gods and with religion. When Wiccans perform ritual, they are invoking the Goddess and her consort, the God, bringing their presence down into the sacred space. When Catholics perform ritual, they are calling their God to be present at the ceremony, in the form of the Eucharist. However, ritual itself can be independent of specific gods or even specific religious practices. In this respect, ritual is a tool used to achieve a heightened state of consciousness, awareness, and focus, especially in a group setting.

Ritual is often performed with an expressed purpose such as to reaffirm the bonds shared by a community, to celebrate a particular time of the year, or to acknowledge an individual's rite of passage. Rituals can be constructed for extremely specific goals, and these will vary depending upon the group, the individual, and the situation. The heightened state that ritual inspires in the participants enables them to raise energy, harness it, and direct it toward a unified goal.

An additional purpose of ritual is to build a temporary or permanent structure of energy known as sacred space. Within the confines of sacred space, ordinary reality is heightened and refined so that

it may come more completely into contact with the realm of spirit. Ritual establishes sacred space as a crossing-over point between the spiritual and the mundane so that the participants can move beyond the confines of ordinary reality.

Ritual often utilizes hand gestures, drama, music, the spoken word, and objects that appeal to all the senses. The use of candles and incense is common, as is the use of specific ritual clothes. These all serve as tools that establish focus and move awareness from ordinary reality to a more elevated frame of mind.

Ritual balances the sacred and the mundane, integrating body and spirit for all who participate. The elevated state of ritual is very energetically healthy and it provides an atmosphere that induces clarity, focus, and refined awareness. Ritual can also facilitate contact and integration with your Higher Self and for this reason can be very enlightening and empowering.

Sacred space improves the quality of energy in an area, and maintaining a constant presence of sacred space creates a cascade affect that heightens and refines the energy in a widespread location. For these reasons, it is very helpful to integrate some aspect of ritual into your regular routine. It does not matter what form the ritual takes or even if it is an active expression of religious sentiment. How you choose to express and perform ritual will be unique to you and your particular interests and needs. As long as your ritual work is a striving toward something finer than ordinary reality, it will ultimately benefit and enrich you.

## **Vampire Ritual**

The rituals of the vampire community have grown into a unique tradition all their own. Often separate from rituals invoking gods or goddesses, the rituals of the vampire community are typically focused on reaffirming the bonds of that community and evoking the power of the individual.

Great emphasis is placed on individuality in the vampire community, so there are no absolutes to ritual. Intent is everything. Dress, symbols, and tools vary from group to group and even ritual to ritual. The format of ritual also varies according to group. Not only is ritual form often customized according to the needs of each different group, vampires typically change their ritual format from ritual to ritual, maintaining a level of spontaneity that engages all involved, making each ritual a special and personal instance of divine play.

The design of vampire rituals is often syncretic, integrating elements from a variety of other systems and adding concepts relevant to vampires. Pagan and Wiccan rituals can serve as inspiration, but vampires will feel free to draw material from the rituals of ancient Egypt, from Hinduism, Persian traditions, Japanese Shinto, shamanism, and even LaVeyan Satanism. As long as the symbols and ritual activities speak on a meaningful level to those involved in the ritual, vampires feel free to innovate and explore a myriad of ritual expressions.

Although vampires have borrowed the basic structure of the Pagan Wheel of the Year, most vampire traditions play down the connection to nature. While many Pagan rituals take place in

natural settings and out of doors, vampire rituals often occur indoors. The vast majority of vampires live in urban settings, and some people have suggested that vampirism itself is an urban phenomenon, a response to the city's lack of sources of natural energy. Whether people tend to be vampiric because their environment is lacking in natural sources of energy is a matter of debate. However, the fact remains that most vampires are city-dwellers. Not only do vampire rituals typically take place inside, it is not uncommon for vampire rituals to occur at night clubs or other social events, tucked in among the bands and other performers. Possibly as a result of this, vampire ritual often has a very theatrical element to it, with the participants dressing in Gothic finery in honor of the event.

In addition to a certain flair for the dramatic, vampire rituals tend to place a strong emphasis on energy and the energetic structure of sacred space. The sacred space in a vampire ritual is typically set up through a series of actions that are often delegated to three separate individuals or groups. First, the space is cleared energetically and the boundaries of the circle are established. After this, new energy is raised in the space, infused with raw, creative potential. Finally, the energy is harnessed and shaped into a spiritual temple. Every person present in the sacred space is seen as being a part of that temple, contributing some vital aspect to its structure.

Especially when a vampire ritual is being performed for an audience, the individuals involved in creating sacred space will use words, gestures, tools, and other ritual actions to demonstrate their work. However, these things are not seen as ends to themselves but as methods of focus. Each activity is accomplished by intent alone. For some groups, no outward action may occur to mark each step. Even though items are approached in terms of symbol only, there are still some significant meanings attached to colors and objects. Colors that will occur again and again in vampire ritual items and ritual clothes are:

black (shadows, hidden knowledge)
purple (wisdom, magickal power)
silver (psychic energy, the moon)
red (life-force, blood)

Once the space is prepared, participants will typically file into the space and form a circle. They often hold hands, sharing energy around the circle before beginning anything else. The sharing of energy is very important within the vampire tradition, and it is not uncommon for vampires to greet one another by touching energy or presenting their energy, unshielded, to be touched. This is a gesture of trust and it is also a way of connecting beyond words and beyond the facades so many people tend to keep up. Since vampires are uniquely tuned to this type of energy, it feels natural and right to open one's energy to companions in this way.

Vampire ritual is run by at least one priest. Gender is inconsequential. The priest often operates within the circle and may have one or two assistants. These assistants are often representatives of the different castes, a concept we will delve into in more detail in the next chapter. Although vampires do not often keep altars, a table is often kept in the center of the circle simply to hold any books or ritual tools that might be used during the course of the ritual. As there is such a heavy focus on energy and intent, vampire rituals do not require the use of ritual tools. The individual is seen as his or her own tool, and all ritual actions can be accomplished through an extension of energy or a focusing of intent. However, going back to the dramatic aspect of ritual, some groups do choose to use items simply for the aesthetic or theatrical qualities they bring to the ritual. These items can change from group to group and even from ritual to ritual.

After the sharing of energy, most rituals are opened with a statement or charge that expresses the sacred identity of the group. Specific deities are very rarely invoked. Even when they are specifically called upon, deities are still often seen in terms of symbol and archetype rather than as objectively real beings. If deities are called upon, they are almost always dark gods and goddesses with chthonic associations or associations with magick and forbidden wisdom. Some of the most common beings names are Lilith, Set, and Lucifer in his guise as Lightbringer.

This symbolic approach to deity arises because most vampires see the real "deity" at work in ritual as the individual. "Thou art god, thou art goddess," is taken very literally in this system, and each individual reverences his or her own divine spark. Because of this, vampire ritual is less a "drawing down" and more a "drawing out" -- the power of the ceremony comes from invoking the divinity within each participant.

Vampires most commonly gather for ritual for social reasons. Vampire rituals honor some aspect of the community, such as a rite of passage, or celebrate a specific holiday. Group ritual among vampires is very rarely used to accomplish magickal effects. Magickal rituals are almost always solitary affairs.

Raising energy and sharing it within the group is both a main function and a main goal of vampiric ritual. Creating sacred space, where spirit and divinity are more keenly felt, is also both a function and a goal of vampire ritual. A vampire ritual has been successful if the participants come away more aware of their energy and the way that energy connects all of them and if the participants come away with a heightened awareness of their immortal Selves – that divine spark that is their inner divinity.

Other concepts and symbols relevant to vampires that might be encountered in vampire ritual:

Spiritual immortality and rebirth

Life-force, manifested as either prana or blood

**Energetic connection and exchange between individuals** 

Affinity with night, darkness, and shadows

Rapport with spirits, mainly spirits of the dead

Death as change

Ankhs as symbols of life and eternity

Skulls, skeletons, or coffins as symbols of power/triumph over death

Ancient, hidden, or forbidden knowledge

Exceeding human limitations/becoming more than human

Ancient Egypt is often revered and drawn upon for inspiration because of its antiquity, its reverence for death and personal immortality, and its mythic connection with forgotten wisdom. In addition to this, the Watcher Angel and Enochian myths often hold significance among vampires. This is largely because of the notion that more-than-human beings at some point in the distant past made a conscious choice to become flesh. Adding to the potent allure of this mythos is the forbidden knowledge possessed by the Watchers, which was then passed on to humanity against the will of the gods. The Promethian aspect of this cycle of myths is also a strong part of the allure the figure of Lucifer holds for many vampires.

# **Chapter Two:**

Ritual and Sacred Space

When we perform rituals and ceremonies, we are building sacred space. This is a realm which exists within yet apart from our ordinary reality that allows us to come into contact with the extraordinary. In sacred space, our sensitivities are heightened. Our thoughts and feelings are in an elevated state. Building sacred space may seem like something esoteric, but it is not difficult at all. Since the energies we harness for magick and ritual are within and throughout all things, in a sense sacred space is all around us. We only need to learn how to harness it.

Sacred space is really just a frame of mind. You can build it wherever and whenever you please. Once you get used to it, you can carry a little of it inside of you at all times, so that even in the midst of the most mundane environment, you can find a stillpoint and be at peace with yourself. Once you understand that sacred space is where you choose to make it, and that you can carry it within, you can perform ritual any time and anywhere – even on your way to work, riding the subway.

Some rituals call for a little more pomp and ceremony, however. Rituals held with large groups to honor important days or events can benefit from a more theatrical approach. It's important to

understand that the pomp and ceremony is not required to create sacred space – what really build ritual space is energy and the Will to direct it. So long as your Will is focused, you can erect an inner temple with no outward actions and without resorting to any tools. But tools and ritual actions are not only helpful in achieving focus. They add an aesthetic level to ritual as well. They especially help to focus the attention of a large group, catching everyone up in the beauty and potency of the ceremony. Chants and ritual actions help us achieve the focus necessary to reach this state of mind. To this end, try starting and ending your rituals with the framework listed below. This will help you establish the ritual area as something that exists outside of ordinary reality where the higher goals of ritual can be approached.

#### **Caste Roles in Ritual**

The set of ritual actions used below to build sacred space build upon the Kheprian concept of castes. Too often members of the vampire community encounter the word "caste" and assume that it is only related to a social hierarchy. However, in the Kheprian system, castes are more about energy and a person's preferential role in working with energy. The first caste that enters Kheprian ritual space is the Warrior Caste. The Warriors clear the space of any pre-existing energy, breaking down any metaphysical barriers that might exist, chasing away unwanted spiritual entities, and then standing guard at the quarters. The Concubines – more widely known as the Counselor Caste – then enter. Their role is the generation of energy, building up raw material, connecting people and things, and facilitating flow. Once this caste has infused the blank slate created by the Warriors with energetic potential, the Priests enter. The Priest caste harness and direct energy, and in ritual they take the raw potential provided by the Counselors and shape it into the actual spiritual temple. Each Priest becomes a pillar in that temple, holding the shape of the structure throughout the ritual. The Warriors continue to guard the perimeter and serve as a firm foundation throughout the ritual, and the Counselors weave connections between everyone present, making sure energy flows and builds properly throughout the ritual.

The framework below is based on these notions. You do not have to recognize specific castes within your own system to use this, however. The castes are just formalizations of three fundamental relations to energy. Everyone falls into one of these three roles: grounding/stabilizing, connecting/building, and harnessing/directing. In truth, anyone – even members of the Kheprian castes – can perform any of these three functions. The distinction comes about because most people have one method that comes more naturally to them, and that feels more "right" to perform during ritual. When approaching this ritual system within your own group, talk among yourselves and decide what roles feel right to you. It's perfectly acceptable to feel as if you fit into more than one, but consider what energetic archetype best fits how your view yourself magickally. Once you've assigned roles (and remember that you can switch them in later rites if you want to) then you can start building space through the set of steps outlined below.

Sebastian has suggested that in the Sanguinarium ritual system, the castes should be associated with the old guild system that existed on the Sanguinarium site from 1998 onward. These guilds are

described in the Vampyre Almanac, and while their correlation to the castes is hardly perfect, they establish a division of concepts and duties within the Sanguinarium system. By Sebastian's suggestion, the Mradu, once the guild for "sanguine scholars," should be used to designate Warriors. Ramkht, the guild of "vampyre artists," become Priests. There was no immediate corollary to the Concubine caste, so Lady Eden of the Court of Lightning Bay developed a term, Kitra, meaning "knot," for this caste.

### **Erecting the Temple**

The ritual space should be large enough to accommodate everyone in a loose circle. Within the circle, there should be a small table with a candle, incense, and any other ritual tools that might be required during the rite (don't forget matches!). This should not be located at the center of the circle but rather off to one side, typically near the "head" of the circle. For some traditions, this will be North, while others prefer East. The direction of the "head" is a matter of individual preference and group symbolism. In the Kheprian tradition, the head of the circle is magnetic North, because that's the way energy prefers to flow.

**Part I:** The Warriors enter the ritual space. All carry daggers that have been ritually consecrated. They walk counter-clockwise around the perimeter of the ritual space, using their blades to symbolically "cut" the energy and clear it. This "cutting" should be reinforced with an actual energetic sweep of the space. The person designated as the head Warrior leads this activity, and when he feels that the space has been cleared, he steps to the center and thrusts the tip of his blade into the floor, grounding the energy through the blade.

I clear this space
With the steel in my hand
And the steel of my Will.
Let all that was here be sundered
So we begin with the purity of void.

The Warriors take up points around the circle. Ideally, there should be at least four Warriors, and they should stand at the four quarters. If there are less than four, elect two to act as Watchtowers, standing at North and South. If there are more than four, elect four Watchtowers and allow the others to arrange themselves so there is balance in the circle when the other castes enter. As the Watchtowers take their positions, they turn to face outward from the circle, holding up their blades. Starting with the lead Warrior, who should stand at the "head" of the circle (for some this is North, for others, East) each Warrior, counter-clockwise around the circle faces outward, takes a fighting stance, and says:

I stand as the Watchtower,

Guardian of this circle.

I have cast everything unwanted out.

Nothing we do not welcome here

Will pass my blade and watchful eye.

In Honor and Blood.

The Warrior makes a symbolic cut in the air and then sheaths his blade, turning back to face the inside of the circle. As each Warrior finishes, they stand at attention, waiting for the next two steps in the ritual set-up.

**Part II:** The Counselors enter next. They pass through the outer perimeter established by the Warriors. Like the Warriors, the Counselors move counter-clockwise around the circle, using the Warriors to define the outermost edge. As they move, the Counselors begin to sway and dance, raising energy with their sinuous movements. They may play musical instruments or they may move to music that is already playing softly in the background. The lead Counselor lights a candle on the altar and lights incense from this. The lead Counselor gestures into the smoke, wafting the incense up across neck and throat. Each Counselor moves to the altar and does the same, always moving in rhythm to their dance. They Counselors join hands together at the center of the circle, cycling energy between themselves, building this energy internally, then pushing it out to fill the circle. Some groups may want to express the building of this energy in a more sensual manner than simply holding hands, instead having the Counselors touch and caress one another, celebrating life and love as they raise the energy of the circle. When the Counselors deem that they have raised enough energy, they extend their hands into the center of their inner circle, cupping their hands upward to hold a collective ball of energy. They infuse this with all of the positive emotions generated through their interactions and their dance, and the lead Counselor guides this also toward the energy that is the focus of the ritual The lead Counselor says:

This is our essence, Our precious life. Freely given to enrich this circle. Spirit to spirit, flesh to flesh, We weave the bonds that connect us.

The lead Counselor guides everyone into raising the collected energy above them in the center of the circle, then releasing it outward. All the Counselors stand with their arms raised for a moment, letting the energy wash over them. Then they step backward and take their places in the circle, moving evenly between the Warriors to maintain balance in the circle.

**Part III:** The Priests enter last, moving through the Warriors and Counselors to the inside part of the circle. The lead Priest heads the procession as the Priests walk slowly around the interior of the circle, moving counter-clockwise. After they have made one pass around the circle, inspecting the

work of the Warriors and Counselors, the Priests move to the center. They hold their hands out to their sides, palms up to grab and harness the energy. Each Priest should envision a temple. This can be a temple that takes whatever form seems appropriate in that moment, or it can be a temple that was agreed upon by all the Priests previously. As the Priests harness and shape the energy, they should close their eyes and focus on this temple, seeing themselves each as a pillar holding the entire structure up. When the lead Priest feels that the energy has begun to take on a solid form, he or she speaks the following:

We are the Priest Caste, Shapers of spirit and form. With the Warriors as our Foundation And the Counselors as our Mortar, We build this structure brick by brick Through our Immortal Will.

Alternately, all the Priests can speak together, intoning as one voice the creation of the temple. As the words are spoken, the Priests open their eyes and raise their hands slowly up at their sides, palms up, guiding the energy into its final form. The temple should not merely be shaped as a circle but should actually be a complete sphere of energy, surrounding the entire gathering on all sides as well as above and below. When the lead Priest feels that the temple has been erected, he nods to the others and they begin to step away from the center of the circle, taking places among the Warriors and Counselors. They maintain their hold on the structure of the temple as they move, slowly releasing it to stand on its own. During the course of the ritual, the Priests must keep that sense of being a pillar in the backs of their minds, harnessing the energy and giving it structure, just as the Counselors must maintain that sense of connection, weaving energy between everyone in the circle, and cycling and heightening it within themselves. The Warriors continue to stand guard against any outside influences threatening the space of the temple, while at the same time maintaining a firm foundation so the energy raised and directed also stays grounded and does not overwhelm any in the rite.

Open any ritual or ceremony with this set of actions. The framework is suitable for consecrating sacred space for Cabals and other gatherings as well. If the wording of any of the declarations seems clumsy or inappropriate for your particular group, play with them a little until you find a formula that works best for you. The idea here is to get your energy and the energy of everyone with you focused on building a place where you can all reach higher into your Selves than ordinary reality allows. Different symbols speak to each of us more strongly, so add what you feel is lacking to make the wording speak to you.

### **Focusing Group Consciousness**

Once you have declared the sacred space, another crucial thing you should attend to before starting the ritual is get everyone in tune. A ritual will work best if you've focused the consciousness of the group on the experience at hand. One way that we do this in Kheprian rituals is simply by standing

in a circle and joining hands. We observe a moment of silence where everyone thinks about the ritual and the connection we all share. We pass energy among us around the circle, usually taking with our left hands and giving with our rights. The particular direction doesn't really matter. Counter-clockwise is what works for us, but the important thing is that everyone knows what direction things are supposed to be moving in before the sharing starts. If you haven't coordinated this ahead of time, some people will pull one way, some will pull the other, and the energy of the circle will get really crazy really fast.

In addition to sharing our energy so everyone balances and gets in tune, we recite the Kheprian Charge. This is a short declaration of who we are, what we believe, and how those beliefs connect us. A charge like this further serves to focus the consciousness of the group by stressing the group identity. When you're coming together to do a community ritual, you're doing it because there are important things you share as a community. These beliefs and ideals define you as a group, and going over them in a ritualized fashion really helps achieve focus and a sense of interconnectedness.

#### As an example, here is the Kheprian Charge:

We are the many-born, we are the Immortal Eternal, we wander the aeons, moving to the rhythm of our own inner tides. We are active elements moving through passive worlds.

Endlessly we die and are reborn, changed yet unchanging through the years. We move from lifetime to lifetime, taking up bodies as garments.

Ours is a journey toward understanding, and our charge is knowledge and wisdom. We are the catalysts, and as we Awaken to our Selves, we serve to Awaken the very world.

Wiccans usually recite the Charge of the Goddess to focus group consciousness at the start of a rite. Each group, by definition, will have a different belief system that defines it as a distinct community. Therefore, the Charge or opening prayer for each group will have to be customized for the beliefs of that group. This Charge, or opening prayer, does not have to be recited by everybody. In Wiccan ceremonies, as referenced above, the Charge of the Goddess is usually recited by the officiating priestess. Whether this opening prayer is recited by one person or by the group as a whole will really depend on the structure of your particular group. Some groups may not feel comfortable opening with a Charge or prayer. For some, a moment of silence where everyone shares energy and gets the group "in tune" is enough. A few of the more primal groups, like the Court of the Barrens in New York, prefer to focus conscious through a group howl, with each member throwing his or her head back, digging deep into their primal selves, and howling wordlessly with the power of that primal side. Each group has something different that appeals to them, and each group should feel

free to experiment until that special something is found.

After group consciousness has been focused, you can move on to the body of the ritual, where the actual purpose of the rite is expressed and all of the ritual actions pertinent to that purpose are carried out within the sacred space.

#### **Unmaking the Temple**

At the conclusion of a ritual, the sacred space that has been erected in the form of a spiritual temple should be taken down. As the temple is taken down, it is important to acknowledge that the temple itself is a state of mind, something that is not dependent upon a particular time or place, but instead is carried in each of us at all times. In this sense, sacred space is entirely portable, and can be carried with the practitioners from place to place, being set up and invoked when it is needed. Never forget this, and never fail to bring back a little of the sacred reality into your ordinary lives.

The leading Priest decides when the rite is concluded. He should indicate the close of the rite to the participants in a formal manner. As an example, he can say:

Brick by brick, we built our sacred temple. And brick by brick, we now unmake it, We take the essence back into ourselves, And carry it with us always, Thus our temple is never sundered But it lives within.

All other Priests answer, "It lives within." The lead Priest nods to the Warrior closest to the doorway or traditional exit of the circle. Typically, this is directly opposite the head of the circle. This Warrior, sometimes known as "Guardian of the Gate," then takes his blade and symbolically cuts a door into the space of the temple. He "holds" this door open, and the Priests file out.

The lead Counselor moves to the center of the circle and says:

We have built bonds between us, Spirit to spirit, flesh to flesh. Our time together is over for now, But we will always honor these bonds.

The Counselors raise their hands, palms up, as the lead Counselor speaks. As the words are finished, all lower their heads and hold their hands over their hearts. They respond, "We honor these bonds." They pull some of the connections that have been established within the circle closer,

holding the ties of the circle deep within their hearts. Like the Priests, they then file out past the Guardian of the Gate.

The Warriors are the last ones standing in the circle. The lead Warrior steps toward the altar. He take his blade back out, passing it through the flame of the candle. **Then he snuffs the candle and says:** 

We are Guardians
And we are Destroyers,
We stand at the beginning
And we stand at the end.
With our strength, this space was created.
With our strength we tear it down
So it may be created once again.
In Honor and Blood.

As he says, "In Honor and Blood," the lead Warrior drops to the ground and plants the point of his blade in the floor, grounding out the remaining energies. As he does this, all other Warriors respond with, "In Honor and Blood," and do the same. When all the energy is cleared from the space, the file out past the Guardian of the Gate. The Guardian is the last to leave.

### **Note on Special Roles**

The castes lend themselves to a number of specialized roles within ritual space. In the closing of the temple, the most notable of these is the Warrior position of "Guardian of the Gate." This role is particularly important when a ritual requires passage in and out of the circle once sacred space has been established. The Guardian of the Gate is the creator and keeper of the energetic "door" that allows individuals to pass into and out of the sacred space. An additional function of this Guardian is to cleanse the energy of anyone passing into the circle. In traditional Wiccan and neo-Pagan rituals, this is often done with smudging, using the smoke of an herb like sage to symbolically burn away impurities and cleanse the energy around an individual. Rather than sage, the main method the Guardian of the Gate employs is simply reaching out with his own energy and clearing or "wiping away" any impurities from the person about to enter. This can be done symbolically by cutting an outline around the person with the Warrior's consecrated blade. Additional methods can be used if the group so desires, but the important aspect is the energetic cleansing.

In addition to the Guardian of the Gate, there are of course leading roles within each caste. These guide the other members of their caste through their actions and typically deliver the speaking parts involved with setting up and taking down the temple. The person leading the body of the ritual, sometimes referred to as the High Priest, is almost always taken from the Priest caste but may not necessarily be the lead Priest who helped set up the ritual space.

Among the Counselors, there are two specialized roles within in ritual. The first is Herald. This is

someone designated to pass between the inside and outside of the circle, leading new people in past the Guardian of the Gate when the ritual calls for such an entrance. While the Guardian of the Gate maintains the separation between sacred space and the outside world, the Herald is someone who occupies a middle ground, belonging to neither and thus free to move between both. Because this role involves establishing a connection between things outside the circle and things inside the circle, this position is ideal for someone who resonates with the energetic workings of the Counselor caste.

The second specialized Counselor role is ritual assistant. The ritual assistant stands near the High Priest, playing a supportive role to that position. The ritual assistant fulfills two main functions. First, the ritual assistant helps the High Priest handle any items needed in the ritual, handing things off or taking them away to free up the High Priest's own hands. Additionally, the ritual assistant acts as energetic support for the High Priest, ensuring that a direct connection of energy is flowing from those gathered to the High Priest to facilitate the magick of the rite. In my own Kheprian system, the ritual assistant is traditionally a Counselor, although this is also a position ideal for another member of the Priest caste.

# **Chapter Three:**

Creating Living Ritual

As you go through this book, it's important to realize that the rites and rituals contained herein are meant to be a guideline only. Even in House Kheperu, our rites and rituals change a little bit every time we perform them. We can write down the general gist of a ritual, but we can never really capture the spirit of the thing on the page. A good rite, a living ritual, is something which happens in the moment, something which is built by the energies and personalities of everyone who is participating in it. The person who is leading the ritual adds their own touch to it. The person for whom the ritual is being held also influences the wording, the tone, and the feel of things. And every single spectator, each person who is not directly involved in the action of the ritual but who serves as a witness and an observer, all of these people add their subtle changes, as well.

The result is a ritual which is wholly unique for that point in time and for the people who are involved in it. It is potent, and it has very profound meaning for everyone involved. It is impossible to record the words that go along with a ritual like this. The words just come. What we can record is a basic framework for what the ritual is supposed to accomplish. This serves as a guideline that the ritual priest must be familiar with – so familiar with, in fact, that he can decide, right then, on the fly, what is appropriate to focus on, what he should change, what to leave out entirely, and what may need to be inserted for the rite to have the maximum impact and meaning for everyone involved. Yet even with these on-the-fly alterations, the ritual priest must still be able to pick up where he left off, maintain the overall continuity of the ritual, and bring things to a solid and meaningful conclusion.

I call this Living Ritual. It is very similar to an improvisational performance in theater, only applied to a ritual setting. It is not an easy form of ritual to pull off, because there are so many variables involved once things get going, and there is never the easy crutch of a scripted rite to fall back upon. In order to perform a ritual like this, the ritual priest must have an excellent sense of timing and a keen ability to judge people. He should know a good deal about people's emotional reactions,

and how to maximize upon those in ritual space. He should know what symbols and phrases are meaningful not only to the individual but to the group as a whole, and he must know how to manipulate these for maximum effect. A background in theater certainly helps.

Ritual means nothing if it does not impact us upon a very profound level. But everyone who has chosen to participate in that ritual has asked to be affected on that level, and through their shared participation, they also serve to heighten that level, pushing it to an even more intense state. The group comes together as a whole, opening themselves up to deeper experiences, to spiritual revelation and emotion, and it is the responsibility of the ritual priest to understand this, understand what is needed, and to guide the rite toward that end.

All of this makes the ritual sound like some kind of psychodrama. But that's only because it is. Our own theatrical tradition comes down to us not from stages that were meant to merely amuse, but from the Greek tradition of dramatic ritual that was part of the yearly celebrated mysteries. Theater and ritual have always gone hand in hand. Recreational theater still has a phenomenal impact on the emotional and mental state of those who observe it, not to mention those who actually are involved in the performance. It is a potent psychological tool, and why would something this profound be used merely for recreation when it can be harnessed and used to affect a more personal spiritual response in observers and participants?

Ritual is about stepping out of our ordinary space and crossing the threshold to something more profound. Think about going to the movies. When you enter the theater, you have made an agreement with the people behind the picture: you are going to suspend your disbelief, and for the course of the movie, the trials and triumphs, the joys and fears of the characters on the screen are going to become, at least for a little while, more real to you than your own life. You are going to live, for two hours, vicariously through them, and you will come away as if you had actually experienced all of those emotions yourself. Participating in a shared reality like that speaks to us on a very deep level. And in ritual, we are not just simply stepping through the doors and entering that Other space for the sake of recreation. We are stepping into a shared space with others who are important to us, to celebrate ideas that are important to us, and to strive toward something which we believe is nothing less than sacred. There is nothing more potent or more personally transformative than an experience of that kind.

So you see, a ritual priest has a very great responsibility to fulfill. He has to not only maintain that feeling of Other space, that sense of the sacred, in a general way, but he must also maintain the heightened sense of reality that everyone has come to the ritual to experience for each individual person. This requires a massive amount of presence and charisma on his part, as well as a very deep understanding of how the energies in such a group work, how to harness them, focus them, and keep them cycling through everyone so there is no lull in the intensity. Living Ritual is a direct, intense, and immediate experience. It is not only a very personal sort of ritual, but it is also a very personalized ritual. Which is why it must change moment to moment, as the need for such change arises, and why no one ritual, even if the framework and overall intent is the same, can be repeated precisely the way it was in a time before.

#### **Tips for Creating Living Ritual**

So how do you go about writing a Living Ritual? Well, we've found that you first have to throw out your expectations of what a ritual should look like, at least on the written page. There's just no neat way to write down one of these rituals, and even if you try, you're going to wind up rewriting it almost completely the very next time you hold that particular rite. If you do write one down, you're going to end up with something that looks more like a collection of rough notes, possibly with diagrams and a few isolated bits of dialogue that you will hope retain some semblance of their wording when applied to the actual rite.

Sound chaotic? Of course it does, but this is what it should be. You need to have just enough order in place to account for the natural chaos that will inevitably occur. A static script cannot possibly bend in the directions you will need it to bend if you are going to achieve true Living Ritual. What you need is a framework which you can build upon once you are actually involved in the ritual itself. This framework should be designed to be flexible but it should also have stable enough parameters that you have a clear beginning, middle, and end to the ritual. Everything in between really will depend upon what you want to accomplish with the ritual, what it's meant to celebrate, how many people are going to be involved, and what symbols and language you will need for the maximum impact of the rite.

As a general rule, the beginning of a ritual is marked by two things: establishing community and establishing the purpose of the ritual. These two things can be part and parcel of the same speech which opens the ritual, although this is not always the case. The middle of the ritual is a peak in the ritual action. It is a focal point of interest, where the main purpose of the rite achieves a climax and can then begin moving toward resolution. This is usually accompanied by some overt ritual action which acknowledges that climax and which marks it as special for everyone involved. The end of the ritual is when things conclude. The climactic point of the rite is given resolution. The ritual priest offers an interpretation or explanation for why what has just been shared is important to the community. He takes the climax out of the realm of the individual and makes it something that is pertinent on a communal level. This is the point where even the observers to the ritual are given meaning which they can attach personally to what has just occurred.

Establishing community is usually achieved through a group prayer or charge which covers the basic beliefs that are shared by the community. These basic beliefs are the identity of the community. They are the mortar which hold the individual members together, and they are why each of those individual persons has chosen to participate in this rite in the first place, and share something special with everyone else.

Establishing purpose usually takes the form of a proclamation. The ritual priest explains why everyone has gathered together and what specifically is to be separated. If the ritual is something which focuses on one individual, such as a rite of passage, then that individual is brought forward and acknowledged as the focal point of the action to come.

A great deal can vary from here on out depending on the purpose of the ritual, the symbol system of the people involved, and the technique of the ritual priest. In general, there is action, and it moves toward a climax. This action involves spoken words, and the main dialogue will be that of the leading priest, but others will very likely have spoken parts as well, as they respond to the dialogue

of the priest. Ritual actions may occur here, such as the taking of vows or the sharing of wine. Very rarely is this simply dialogue – an actual physical action which represents the ideas and beliefs expressed in the dialogue at this time has a very potent affect. It is a ritualized action, and as such it becomes a symbol for the meaning of the entire ritual. Usually the climax occurs when this ritual action takes place.

From the point of the ritual action, there is more dialogue which interprets and explains what just occurred. Blessings may occur here, or words of advice, or songs, or something else which takes the specific action(s) and puts it in the realm of individual meaning for every person present. The opening was an affirmation of why that group has something to share. You should not achieve closure with the ritual until everyone has actually shared something to reinforce that feeling of community.

Of course, this framework gives you a lot of room for improvisation. Sometimes it's hard to fill in those spaces, especially because there are no real guidelines for what is appropriate and what is not. On the whole, it is much easier for the ritual priest to just recite something out of a book, but it will never have the direct and personal impact that a living ritual can have. With a book or a memorized script, you are not in danger of saying the wrong thing. When put on the spot, however, things get said that maybe you never intended, but they are almost always the truth. They are spoken from the heart, in the heat of the moment, with all the masks we ordinarily wear stripped away. This, above all else, is the real source of power in Living Ritual. It forces us to be ourselves in the middle of the ritual space. There are no pretty words we can rely on except what we pull up out of our own hearts. No book or set formula exists to serve as a barrier between the leading priest and everyone else. It is all raw, immediate, and just the way it is.

Below you will find some questions that may help you when designing a living ritual of your own. They don't necessarily cover everything, but they should make you think enough about the ritual you are planning to probably come up with the questions that were missed.

#### What is the purpose of the ritual?

People come together to celebrate ritual for all manner of things. Usually, the main purpose of ritual is to mark a rite of passage. Marriages, baptisms, funerals, all of these are rites of passage. They mark a transition from one state to the next. A rite of dedication or the passing from level of initiation to the next, these are rites of passage as well.

Another purpose for ritual is to commemorate an event. Perhaps your group gets together every year to celebrate their founding. That would be a commemoration. Seasonal rituals commemorate events, although these usually aren't events as we think of them in a mundane sense, such as an anniversary, so much as a celebration which is tied to myth. Christmas commemorates the birth of Christ. Independence Day commemorates the "birth" of the United States.

If a ritual is not intended to mark a rite of passage or to commemorate an event, then it is probably just a community ritual. Community rituals are no less important that the other two types discussed

above. In some respects, they are far more important, because they are what help to build the sense of unity and shared purpose within the group that holds it together. A very loose version of a community ritual is an annual family reunion. Everyone gets together and celebrates their bond as a family. Traditional meals are shared, traditional games are played. No one calls it a ritual, but that doesn't make it any less potent or significant. Community is why the other types of ritual hold any kind of significance for us in the first place.

### What kind if meaning is it supposed to have for those present?

What do you want people to go away with from this ritual? Keeping in mind that the emotional level of sacred space is significantly heightened, determined what kinds of emotions you want to evoke in people. Is this ritual one of pure celebration, or is it meant to be a ritual of atonement, where everyone seriously reevaluates their lives and determines what needs to be let go. Is this a ritual of farewell? Is it something that will involve more than one strong kind of emotion, like a funeral where the life of the deceased is celebrated at the same time that his loved ones say farewell?

The emotional content of the ritual is very important, because you have to be prepared for intense reactions. It is not uncommon for people in ritual – even celebratory ritual – to be moved to tears. It is your responsibility to make certain that the language and tone of the rite is respectful of that, and that, by the end of the ritual, there is some kind of emotional closure for everyone, so they can go away feeling better about things. Catharsis is a power and transformative tool, but only because the person going through it feels cleansed at the end.

## Who will be involved in running the ritual?

Who do you have to play the main parts in the ritual? Who will be the leading priest, and what are his strengths or weaknesses? Does he have the presence and charisma to pull the ritual off? If it is a very potently emotional ritual, this is a crucial consideration. Some community rituals are pretty light-hearted affairs, and it won't have a negative impact on anyone if the leading priest is also light-hearted about the rite. But a priest who cannot maintain the solemnity and respect required for a more somber ritual, such as a funeral, may actually hurt the ritual. The rite is only as powerful as the people involved in it, and it certainly only has what power those people allow it to have, but the keystone for this power, the central pillar that must be able to hold it all up is the priest. If the priest is weak, then no matter what effort the other participants may make, the overall ritual can crumble.

#### Who will this ritual be open to?

Carefully consider who you will and will not allow to the ritual. Some rituals cannot be open to the public. Some rituals are so intensely personal, only the priest, the person involved, and a few hand-

selected friends can participate if things are going to go smoothly. There is a level of trust that each participant must achieve in order to truly let go and experience all that the ritual has to offer. If the presence of just one person shatters that trust, then the ritual looses that much potency.

Respect is also a very important thing to consider among those who may potentially participate in a ritual. Some rituals, like celebrations of community, can be open to children or individuals at any level of initiation into the group. But other rituals deal with much more profound ideas and beliefs. These ideas and beliefs hold great significance for the people celebrating them, or else they wouldn't be celebrating them in a ritual at all. Do not disrespect the sanctity of those beliefs by allowing people who either do not understand those beliefs or who cannot show them the respect they deserve in the confines of the ritual. This sets a precedent for some exclusivity in ritual, but the fact of the matter is, especially where beliefs are concerned, some things are exclusive. You do not want to expose a raw initiate to the mystery of mysteries – not because that is a great secret of the faith, but because a raw initiate probably won't even know what it is he's looking at.

## What symbols do you want to use?

Symbols, phrases, and style of language can be very crucial to a ritual. Symbols, of course, have to be pertinent to the group in order to have any meaning. If a group is organized enough in its beliefs and its sense of community to be holding rituals, chances are it already has a number of established symbols which have significance for its beliefs and its community. Symbols like this add power to the ritual by giving everyone present a convenient focus for the ideas and beliefs which the symbol represents. If an Otherkin ritual is being held, no one needs to explain the meaning of the Septagram. The entire group understands the meanings, and part of that understanding defines them as a group in the first place. The Septagram then, like the Christian Cross, serves as a representation of the common beliefs of those gathered in the ritual.

As a group develops its own feel, certain phrases, words, or types of language also become part of that group's identity. When designing a ritual for that group, it is your responsibility to be familiar with these words and what they mean, not just on the surface but on a symbolic level as well. If there are specific prayers or standard responses, such as "So Mote It Be," which hold great significance for everyone present, then these should be worked into the rite. A lot of this really deals with the unique identity of the group for whom the ritual is tailored, but the basic idea is you're not going to conclude a Wiccan prayer with "Amen" and expect all the participants to resonate with that. The importance of the words is what the community attaches to them, and if the community attaches no importance, then there will be less of an impact when those words are used in ritual.

#### What tools do you want to use?

This again is a concern which is very dependent upon the beliefs and symbol system in place within the context of the community. What tools are ordinarily used by the members of the community,

especially when delineating their sacred lives from the mundane. For example, do individuals within the community tend to light candles when they are meditating? Then candles should probably be lit for the duration of the ritual. Do members of the community tend to use incense to clear and declare their sacred space? Then incense should also be used as part of the ritual.

Some communities have very involved tools, and these have as much meaning and impact as the basic faith-symbols of the group. Wine, shared as a ritual drink, is a very symbolic ritual tool, and it finds its way into rites from Judaism to Christianity, and even to Wicca. Some tools can even be symbols in and of themselves, such as the wand in Wicca or the compass in Freemasonry. These are actual objects which can be used physically or symbolically during the course of the ritual which have deep meaning for the participants.

If you use a ritual tool, you of course need to understand what it means. The tool has significance because it represents something, and that representation must be pertinent within the context of the ritual. You're not going to have someone jump over the broom in a baptismal rite. That has meaning only for weddings, unless for some reason your particular group has totally reworked the meaning of that tool.

Some groups prefer to work without any ritual tools, but as covered above, even candles and incense fall under this category, and these can be found in practically every religion the world over. So consider carefully the content of the ritual and the impact certain actions need to have. If having a physical object can help reinforce the meaning of that content and those actions, then by all means use it in the rite. Just try not to get bogged down in tools. When not used properly, ritual tools can be very distracting. Too many ritual tools tend to obscure the ritual rather than clarify and accent its meaning.

## How do you want people to feel when you conclude the ritual?

This goes along with the emotional content you want to cover in the ritual, but it also impacts how you want to achieve closure with that impact. As discussed above, when done correctly, Living Ritual evokes a very powerful emotional response from the participants. You need to figure out where you want this response to take people, how you want them to leave the ritual and take it out into their lives. You really need to understand the psychology of your group in order to answer this question. You need to know what kind of emotional release they might need, and to what level that might be healthy. You need to be able to judge how far things should go, and you need to be able to pull it all back together into a meaningful whole. A lot of thought should go into this, and into the whole experience of the ritual, because of the deep psychological, spiritual, and emotional affects you can have on your participants with your rites.

This is nothing to take lightly, and you should always consider what you are trying to accomplish with as much wisdom and maturity as you can muster. Ritual is supposed to improve people's lives. It is intended to show them new aspects of themselves, help them to let go of old ways of being, and in general give them a tangible transformative experience that they can hold onto when they return to their everyday lives. That might seem like a tall order to fill, but I've seen it done. I've done it

myself. And in the end, there is nothing more rewarding than feeling the impact that you have had on everyone in guiding them through this deeply meaningful experience. It's an accomplishment, and it's worth all the care and effort and stage fright you might have to endure when planning something real.

# **Chapter Four:**

The Four Pillars of Ritual

In the past ten years, I have done a lot of work with rites and rituals. I've attended numerous rituals held by Wiccans and Pagans. I've run some Wiccan and Pagan rites myself, and of course I have designed, written, and run Kheprian rituals.

One thing all of this ritual work has taught me is that ritual operates on several different levels. Some rituals only hit upon one or two of these levels, but good rituals, really good rituals, encompass them all.

I've given the matter some thought, and after going through quite a few books on the topic and comparing the written theory to what I've experienced in practice, I think I've got an idea of what these levels are and how they affect the ritual. These levels of meaning are so important to the impact and success of the ritual, that I have chosen to call them the Pillars of Ritual. They are what holds the ritual up, what makes it work, not just for the group, but for the individual. They give it meaning and impact, intensity, and depth. There are Four Pillars, and if any one of these is not present in a ritual, that rite is generally incomplete on a very fundamental level. **The Four Pillars of Ritual, as I see them, are:** 

Sacred Psychological Dramatic Energetic

The Sacred Level of ritual is that level which contains the sacred and symbolic content which has meaning for the entire community. This is the level of the ritual that encodes the belief system in a meaningful manner, it touches upon myths and shared beliefs. This is not so much the words, but the meaning behind the words. The words are just vehicles for this meaning.

This is really the most basic level of ritual, and the very reason for having a ritual in the first place. The Sacred Level of a seasonal Pagan rite, for example, is what makes that rite important and appropriate for that time of year. Any myths that go along with that rite, any specific charges or prayers, any symbolic ritual actions – these are all part of the Sacred Level of the ritual. It is the Sacred Level of the ritual which ties it to the belief system of the group and makes it pertinent to them as a spiritual community. In many cases, without the Sacred level, there would be no need to have the ritual in the first place.

The Psychological Level of ritual takes the beliefs and symbols of the group and makes these meaningful to the individual. The Psychological Level of a ritual gets the individual involved and speaks to him on a direct and personal emotional level. Aspects of a ritual that are part of the Psychological Level of that rite include songs, chants, or ritual actions which make each person get involved in a portion of the rite. Anything which requires each person to participate and requires them to apply the sacred meaning of the ritual to their individual lives, is part of the Psychological Level of the ritual.

Quite simply, these activities, within the context of the ritual, have a deep psychological impact upon the participants. When designed with this in mind, these ritual actions can help people work through attachments, overcome negative habits and behaviors, or achieve an emotional catharsis. When the Psychological Level of a ritual is missing, it becomes just a symbolic framework with no direct meaning for those present. And when the rite is over, and each person returns to his or her own life, there is little meaning they can take away for themselves.

The Dramatic Level may seem superficial in a way, but it is still an indispensable part of meaningful ritual. The Dramatic Level is in part the wording of the rite, but it is also how those words are delivered. The Dramatic Level of a rite relies heavily upon the skills and charisma of the person leading the ritual. Little things can really injure the Dramatic Level of a ritual. If the leading priest does not enunciate clearly, if words are jumbled or mispronounced, if the words are not delivered with the right tone or emotion, then the Dramatic Level of the ritual suffers greatly.

For example, if the leading priest were to take a very casual and even joking tone with a very serious rite, say a funeral, or even a marriage, that detracts from the meaning and impact of the ritual for every person present. The lines – and it helps to look at the wording of the ritual as if it were a script – have to be delivered with the proper meaning and respect. If the person leading the ritual does not take it seriously or if they do not have confidence in what they are doing, then the participants are likely to lose focus. The tone of the rite will degenerate into something silly or uncomfortable, which is everyone's loss.

Finally there is the Energetic Level of the ritual. I feel that this is one of the most crucial levels of ritual, but also the most overlooked. Very few people have a real grasp on how energy works between individuals, let alone how to harness that energy and focus it during a rite for the maximum power and impact.

Everyone rite and ritual occurs in something called sacred space. Sacred space is that realm of feeling and being that is removed from and slightly elevated above our ordinary day-to-day existence. When a Wiccan priestess casts the circle and calls the quarters, she is establishing sacred space. This is much more than the words and actions that she performs when establishing that space. The words and actions serve as a focus for the way she is manipulating the energy of the place to create a clear and protected pocket of sacred space wherever the ritual is being held. Knowing how to manipulate the energies of yourself and the surrounding area is one aspect of the Energetic Level of ritual.

Once sacred space has been established, the leading priest must then maintain that space and

connect every participant into that higher, sacred level of awareness. This, too, requires a manipulation of energy. The priest must be aware of not only his own energy but the energy of every person in the rite. He needs to be able to reach out to all of these people and connect them on that energetic level, keeping the energy circulated through the group and building it through the climax of the rite. This also is a significant part of the Energetic Level of ritual.

Everyone who participates in the ritual gives energy to it. This energy is charged with a feel that is uniquely them, and it is additionally charged with any emotions they are feeling as they experience the rite. Using this energy to heighten the emotions of the entire group, pulling it out of each person and feeding it back to them in a more heightened state, these are all things the leading priest must do on the Energetic Level of the ritual. All of this energy is then focused and directed toward a cause, such as healing or change, or it is simply given back to each individual in its heightened and refined state so that they will all carry the "charge" of that ritual back into their ordinary lives.

The Energetic Level of ritual is perhaps the hardest to master and the trickiest to perceive. With the first three Pillars of Ritual, there are obvious gestures, actions, and words that serve as focal points for the ritual priest. With the Energetic Level, however, the priest's perception and influence occurs completely on the subtle level. His focus and charisma on the Dramatic Level can help add potency and direction to the Energetic Level. Each individual's emotional response on the Psychological Level helps them to participate, knowingly or not, on the Energetic Level by giving emotionally charged energy to the rite. And the group focus that is achieved through the shared symbols and belief system helps to connect everyone, which makes it easier to build the sacred space and maintain the cycling of energies throughout the group. But unless the leading priest is aware of these subtle energetic interactions and knows how to harness them for the maximum impact of the rite, the presence of the energy can actually work against the purpose of a ritual, drawing focus off of certain key parts, draining certain individuals, making others uncomfortable because of clashing or out of sync energies, and sometimes heightening emotions to such a level that many of the participants go away feeling worse than when they actually started the rite.

A ritual can be held that is missing one or more of these pillars. It happens all the time, especially among groups that are relatively new to running ritual. Generally, the Sacred Level is always present, and when it isn't, most people don't know enough to call the activity they just engaged in a ritual anyway (a family reunion with traditional foods, activities, and so forth, fits the schema of a secular ritual, for example). When the Psychological Level is missing, the rite has little to no impact on the individuals who participated in it. It was usually just empty words and actions that they engaged in out of an obligation to a shared belief system. Some sects of Christianity have degraded to the point where their rituals are like this, totally lacking any personal significance for their participants.

We've probably all been to a ritual where the Dramatic Level was missing or dreadfully mishandled. Rites like this are unfortunately as laughable as they are pathetic. And nearly every non-Kheprian ritual that I've attended has been missing the Energetic Level to one degree or another. I feel this is mainly because energy and the way it interacts on a subtle level between people is very poorly understood by our culture today, and even those people who understand in theory that it is there have very few resources at their disposal to help them learn to perceive and work with it.

The best rituals are those that contain all Four Pillars in a balanced mix. There should not be too much emphasis place on any single one Pillar, because that will lead to problems with the ritual as well. Basically, if you look at the Four Pillars as actual supports, then the best approach is to make certain that the weight of the ritual is evenly distributed between them all, and that each Pillar is about the same size and strength as every other one. That way, they serve as a solid foundation for the ritual work and everyone involved can go away having been spiritually fulfilled as a community and as individuals on a conscious level and on a deeper level that speaks more directly to their subtle selves.

# **Chapter Five:**

#### Personal Rites

These are rites that I perform that have a special significance for me. I am presenting these to give you a feel for what ritual can be like on a private and solitary level. I personally find these rites very useful and fulfilling, so you are welcome to try them out for yourself, tweaking the wording a little bit if need be, to see how they work for you.

As you have probably learned from the introduction to this little book of rituals, rites and rituals are intensely personal things, and no single ritual can be written that will work for every person in every situation. Often, even writing a ritual for a group is a delicate balance of each person's preferences from that group. Some people are very internal with their ritual: they don't like to do a whole lot of ritual activity. Chants and dancing seem a little hokey to them, and they feel awkward reciting memorized prayers. Other people are very hands-on with their rituals, and the real power of a rite for them is in the performance of ritual actions, drawing the circle with a sword, for example, or sharing cakes and wine among the group.

As you learn more about private and group ritual, you will find that there is no way you can satisfy everyone with one version of a ritual. For me, that's why personal rituals are so important – they allow me to do a rite just for me, with the words that work for me, and with the actions and the feel to things that work for me. In a group ritual, I have to compromise with everyone in what we do and say so that some aspect of the ritual speaks to everyone in the group. This may seem like appealing to the least common denominator, and it's true that some rituals written for groups will feel really watered-down and pale, but making certain that group ritual speaks to everyone present is very important for building a solid sense of community.

What all of this is intended to convey ultimately is that writing, performing, and participating in ritual is an intensely personal experience, and it is an experience that must be flexible, changing as your attitudes and needs change, and as the attitudes and needs of the group change. Don't ever be afraid to experiment with ritual, and don't ever feel that there is a right or a wrong way of doing a ritual. The right and the wrong of ritual lies only with you. Take what you want from these examples, and make them your own.

This is a personal rite that I often perform when my regular life is starting to overwhelm the magick and mystery that I feel in the Darkside of my being. Whenever I am getting bogged down in work or bills or other mundane issues, I pick a cool, clear night, and I go out and watch the sun go down. I usually stand in an open place, far from people and buildings, where I can feel the darkness settling over all of nature. The birds settle down for the night and the night creatures begin to stir. I can hear bats chirping and fluttering overhead and some of the feral cats in the neighborhood call as they are stalking through the tall grasses. The sunset is really just a time of reflection. I allow it to remind me that the day-lit world is only one half of my existence, and that in time, it always gives over to something darker, wilder, and more mysterious.

As twilight falls and the light fades from the sky, I face the west, raise my arms above my head, and take several deep, cleansing breaths. I take in the energy of the night as it begins to wash over the land, and I feel the cool nightwind begin to pick up through the grasses and trees.

Sometimes out loud, sometimes silently to myself, I greet the night. I drink the darkness in, and I allow it to re-awaken that part of myself that is also darker, wilder, and more mysterious than anything the mundane world has to offer. Then I will usually say a prayer to the night as a reminder of why I cherish the darkness and why it speaks to me so much. This is a good example of my typical night-prayer:

#### Hymn to the Night

I welcome the Night and the silence it brings. I welcome the solitude, and the cool, soothing shadows.

The night is my time, the time of mysteries, dreams, and contemplation. The darkness within me now blankets the world.

The rising night-tide fills me with power and revelation. Fortress! Sanctuary! Blessed Haven!
No matter my trials in the day-lit world,
I know the night will always be mine.

After that, I continue with my head thrown back and my arms outstretched for just a little while, feeling the night wash over me as twilight fades to a glittered midnight-blue. Then I clasp my hands

before me and bow my head, holding my power within me and giving thanks for the reminder of why that power is so special. In silence, I turn and leave the place I chose for this personal ritual, and return to my ordinary routine feeling empowered ands renewed.

You can do this every night, or you may choose to do it only on nights of special importance. If you are feeling out of touch with yourself or your nature, I recommend performing this brief ritual in order to get reconnected. Use this as a re-affirmation of your power. Use it to invoke your Self and to establish dominion over the area in which you live. You can say the prayer out loud, or you can reflect upon it silently, meditating upon the meaning the words hold for you. It is a very useful centering ritual and it calls power that you can later direct as you please.

### **My Daily Meditation**

Almost universally, we use candles during our meditations and in our rites. For myself, when I do my daily mediation, I start off in the darkened shrine, and I mark the beginning of the meditation with the lighting of the pillar candle in there.

The lighting of the flame, that first burst of light, is, for me, a symbol of beginning. As I hold the match to the wick, I reflect on where we have come from, how all of this started. And as the candle takes light, I recite the Im Kheperu prayer taken from the ancient Egyptian Text The Modes of Ra:

Kheper-i kheper kheperu, kheper-kuy, m kheper n khepri kheperu m sep tepy.

"I became, and the becoming became. I became by becoming the form of Khepra, god of transformations, who came into being in the First Time. Through me all transformations were enacted."

After this, I continue with my daily meditation, reflecting on what I want to accomplish for the day. I state my concerns and my intentions out loud so I cannot later deny them. Speaking them out loud to myself is a kind of oath. I have said it, and in saying it, made it real. Later, if I begin to waver in my intentions, all I have to do is think back to saying the intention to myself. If I do not fulfill what was spoken, I have made it a lie. And I hate being a liar. This of itself is enough motivation for me to always get done what I have set out to do each day – even when the tasks I have set myself are a challenge to fulfill.

When I am finished with my goals for the day, there is a daily affirmation that I conclude with. This is a simple prayer, a prayer for strength. In its original version, I focused on the negative feelings, and I countered them by asking for strength. Later, I realized that this was not the proper approach. It made the prayer too weak, and almost implied a giving in to the weaknesses. So instead, I reworded it to focus on the strength, and through the language of the secondary line, to eradicate the weakness from my being. It was a small change in syntax, but overall, it makes a huge difference in the statement and its psychological affect:

I have my Balance, So I am not weak.

I have my Self, So I am not lost.

I have my Power, So I am not frightened.

I have my Path, So I will progress.

Finally, when I have said all that needs to be said for the day, and I feel much stronger and centered in myself and focused on achieving my goals, I conclude the meditation. Since I started out by lighting the candle, I finish by blowing the candle out. Now, since I don't want to think that anything I've done in that shrine is finished once the candle is no longer burning, what I say as I blow out the candle is this: "The candle goes out, but the energy remains." And then I leave the shrine and go out to meet my day.

# **Chapter Six:**

Archetype Rituals

The vampire as an archetype is a very potent tool. The history of the vampire alone insures this. From its roots in Eastern European folklore, the vampire has influenced poetry, fiction, and film throughout Western culture. The vampire as portrayed in these imaginative mediums further influenced the popular perception of the archetype, to the point where the perception of a real vampire was indelibly altered in the popular imagination. The reflexivity of fiction and fact have made it nearly impossible to separate the reality of the vampire from the archetype: one feeds into the other in a loop as complicated and infinite as the orobouros.

When working with the vampire archetype in mediums other than fiction or play, it is tempting to cast aside all those aspects of the vampire that seem to have developed solely in the avenues of fiction. And yet there is no denying that the fictional portrayal of vampires has left an indelible stamp upon our imaginations – and it is our imagination with which we guide our Will in magick

and ritual.

For many years there has been a bitter divide in the vampire community. There are those individuals who maintain that a vampire is born and not made. This has led to a stark exclusivity in the community where individuals who are attracted to the vampire as a symbol and an archetype are looked down upon by the "real" vampires. I will admit that I myself come from the school of thought that vampiric qualities are more of a condition and therefore not something that someone can just choose to adopt. However, in this sense, I am speaking strictly of vampirism in terms of an individual's need to take energy and/or life-force from others.

I will be one of the first people to admit that the vampire, as it has developed into an archetype in popular culture, is a potent figure, laden with psychological and metaphysical significance. Because I recognize that the vampire as a archetype has grown into a potent symbol in the mythic imagination, I can see how a number of people may be attracted to this figure as a means of expressing certain aspects of themselves and of their spirituality. These individuals may not necessarily be vampiric in the respect that they regularly require energy in order to maintain their physical, spiritual, and emotional well-being. However, this fact does not undermine the vampire's allure to them, and it would be small of us who are legitimately vampiric to attempt to monopolize the archetype.

The rituals here are my attempt to harness the vampire archetype in a magickal and spiritual sense. They are intended especially for anyone to whom the vampire appeals on a deep and personal level—whether they are strictly vampiric in an energetic sense or not. In some ways, the rites in this section are my attempt to bridge the gap between those groups of people within the vampire subculture that have been labeled "lifestylers" and those individuals who have labeled themselves "real vampires." In light of the potency of archetypal images in both a spiritual and psychological sense, I see no reason why the vampire cannot be approached within a magickal context in order to empower, enlighten, and inspire practitioners.

I understand that some individuals within the vampire subculture are going to be critical of this approach, largely because it seems at first to cheapen their exclusive claim to real vampirism. But I think over the burden of time we will see that those individuals who are by nature vampiric have potent allies and supporters among those individuals inspired by the vampire as an archetype. To maintain the schism between "real vampires" and "lifestylers" merely weakens us by turning two aspects of our community upon one another. A far preferable approach is for both sides to seek to understand and respect one another and further to acknowledge that there is even a possibility for some cross-over in these two approaches to the concept of vampirism.

#### The Vampiric Bond

In the myths and stories, there is a legendary connection that can be forged between two vampires. This is sometimes called a "blood bond" and it has been widely popularized through fictional mediums such as White Wolf's role-playing game, Vampire: The Masquerade.

Although it is most commonly a subject of fiction, the concept of a bond forged between two people

and sealed by an exchange of their very essence is a potent one. Such a deep exchange is possible and shouldn't be dismissed merely because it has a counterpart in fiction and fantasy. In many cases, reality inspires fiction but there is nothing wrong with taking ideas from imaginative sources and putting them to practical use.

In magick, intent is everything, and the symbols you choose to express that intent are simply there to help you focus. As long as you can keep the fictional ideal separate from your practical use of it, there is nothing wrong or dangerous in deriving some of your symbols from a fictional source. Additionally, especially where the vampiric bond is concerned, a good deal of the fictional treatments of this connection exist because there is a basis for the bond in real experience.

The following rite draws upon this potent aspect of the vampire archetype. It is designed to be performed between two people who are willing to be committed -- and connected -- to one another in ways that go deeper than friendship but do not have to cross over into romantic love.

The exchange of energy/life-force/essence that occurs here cements a connection between the two people that goes deeper than flesh. It is something they experience in their hearts and in their spirits, and it is something that can tie them together empathically and even telepathically over great distances.

This rite is not something that should be undertaken lightly because it's not easily undone. The Vampiric Bond should be approached as a sacred union -- not exactly a marriage, but certainly more than just "best friends". The two people who dedicate themselves to one another in a rite such as this do not have to be -- or to become -- lovers. However, they are expressing a deeply felt love that ties them, if not flesh to flesh, then soul to soul.

The most important part of this rite is that it is an equal sharing between two people. One partner does not hold dominion over the other; both are bound to the other on equal terms. This is why each partner takes a turn at giving, and each takes a turn at taking from the other. A bond of this magnitude, when it's unbalanced in favor of one partner, is disrespectful of the other person's value as an individual. The disparity between the two people will eventually cause all manner of problems, and is something you should always seek to avoid.

A couple final notes. First of all, bonds like this do not limit you to just one person. It's not like you have one link you can give away and then you're done. If you want to, you can bond yourself to many people. Just keep in mind that you should always do this with people you feel a very deep connection with, people you are respectful of, whose essence you are willing to share within your soul.

Finally, because a bond of this sort is not necessarily a profession of romantic or sexual love, there is no rule saying you can only do it with a person of the opposite sex. Do this with whomever you choose; so long as you and the other person feel a deep connection and respect for one another that you'd like to acknowledge in a ritual fashion, who you do it with is strictly between you and them.

#### The Rite:

To prepare for this rite, you and your bonded-to-be should set an evening aside where you can be alone together. On your own, each of you should prepare yourself ritually: fast for at least an hour prior to performing the rite, drinking only water but eating no food and abstaining especially from alcohol, cigarettes, or any substances that might affect your perceptions. Take a cleansing bath or shower, allowing the water to wash away any stress, distractions, or energies you do not want to bring with you to this intensely personal rite.

Prepare the place where this exchange is going to happen. Place pillows on the floor so you and your bonded-to-be will be comfortable. Place candles or tealights around the room and dim the electric lights or turn them off completely. Burn some incense that you both find pleasing and that will help set the mood for this sacred, intimate exchange. Finally, put on some soft music in the background. Select this carefully, making sure that both of you resonate with the music on some level and find its sound to be conducive to the sort of ritual atmosphere you are building. Play it loud enough to drown out any extraneous noises that might otherwise distract you such as the sounds of traffic, neighbors, or room-mates. But keep it low enough so it does not detract from the experience, which should ideally be focused on just the two of you.

When everything is set, and you both feel focused and at ease, you are ready to begin. Sit down with your partner and take a moment for each of you to get into a focused and relaxed state of mind. You might find that it's helpful to meditate a little, just to still any turbulent emotions and help raise your consciousness to the level that this rite demands. Once you are prepared mentally and spiritually, take a few moments to just feel one another's energy. You can do this by holding out your hands, palms up, and having your partner place his or her hands over yours, palms down. Your hands do not need to touch; in fact, it is easier to get a sense for the energy if you do not touch skin to skin so this very physical sensation doesn't block out the more subtle perception of energy. You may also find that it's easier to sense the energy if you close your eyes.

When you have both successfully started to perceive one another's energy, take some time to touch body and energy. Gently put your palms together and feel both the energy and the flesh as they touch. Concentrate on the sensation of the other person and their proximity to you, and work on opening yourself up to this other person until you feel some mingling of your energy with their own. You may want to take the touching farther, moving beyond just your hands to running your fingers along wrists and arms. As you touch your partner, make this a sacred rite, a worship of their essence and their flesh. Touch them so you begin to know the feel of them with your fingers; caress their fingers, their palms, and perhaps even their face. At no time does this touching need to be sexual; simply feel one another on both levels in an act that celebrates the sensation of both spirit and flesh.

After connecting on this level, take a few moments to make certain that you each have dropped all the shields you otherwise maintain to keep people, emotions, and other energies out. Open yourself completely to the other person, even if this makes you feel a little vulnerable. Finally, once both of you are as open and unshielded to each other as possible, you are ready to begin the actual exchange.

Kiss the person on the forehead over the third eye and breathe in as you do this. As you take in breath, also inhale their life-force, tasting their essence upon your tongue. Now place your lips gently over their heart. Breathe in as you breathed in over their third eye, inhaling and tasting their essence. Finally place on hand behind their head and tilt it to one side. Gently lay your lips against the pulsing vein in their throat. Press your lips to their skin just enough so you can feel their pulse against your lips. Here again, breathe in deeply, breathing their life-force as you inhale. You may want to put your free hand over their heart so you can focus even more completely upon the rhythm of the life coursing within them.

Feel that life bleeding out into you. Breathe it in deeply, savoring the unique essence of it. Breathe them until you can taste and smell and feel them with every fiber of your body. Breathe them until it feels as if your hearts are beating as one. Pull their essence inside of you, feeling it gather in your chest. Hold it in your heart until you feel their essence mingle with your own, so the other person truly becomes a part of you.

When you are finished, gently release your partner, reverently drawing away from their throat. Be sure to keep a hand lightly on their back or shoulder, as they may be unsteady after this exchange; you may find that you yourself are a little light-headed and dizzy.

Now the roles will switch. You become the passive partner, and your companion will take from you. He or she will go through the same set of motions: forehead, heart, and finally, throat. You both may want to twine your hands together as you are sharing this together. Many people find that if they close their eyes, they are able to focus more intensely on the sensation of the other person's essence and energy.

Share with one another until you feel a deep and ineffable commingling of Self. Make certain that this exchange is equal between you, so that neither partner has a stronger hold upon the other. When you are done sharing between you, take a moment to separate physically and just feel the connection that remains within you. Close your eyes and concentrate on the bond that now stretches between you and your partner.

To close the ritual, both of you should face one another and place your hands over one another's hearts. In unison, speak this vow:

I give of myself As I take from you, so we forge a bond that ties us soul to soul.

We are Immortal.
We are Undying.
And nothing can sever
the bond we have sealed.

Close your eyes and concentrate on one another's energy until you feel your two hearts beat as one. Remain connected on this profound level for as long as you wish to: enjoy the intensity of experience this connection open up. When you are finished, you may wish to say something more personal to your partner. Do this if you feel you want to. Then take down the sacred space and take some time to come down from your intensely heightened state. Sharing a light meal or even just some cheese, bread, and wine, will help to ground you after such an intense working.

### Vampire Sunrise Vigil

Perform this ritual when there is something in your life that you need to get over or leave behind, be it an attitude, a relationship, or a particular period of your life that needs to be over.

This ritual is best done alone. It is also best done outside. If you can find a remote spot with a good view of the east where you will be undisturbed for a few hours in the early morning, this would be ideal.

This ritual is symbolic of dying and letting go of things that are painful to you. It gets its symbolism from the traditional idea that a vampire will burst into flames when exposed to the sun; there have been numerous instances in fiction and in film where a vampire has "met the sun" and thus brought an end to his or her life. The idea is a powerful one of the flames of renewal, with a spin that makes it especially pertinent to those drawn to the vampire archetype.

All you need for this ritual is yourself, a small parchment which you will prepare ahead of time, a non-flammable bowl of sand (a large mixing bowl filled up half-way with play-sand works well), and a lighter or book of matches (a lighter is much, much easier than matches). Please note that it you live in a dry climate that is prone to wildfires, please take every precaution necessary to insure that your use of fire out of doors does not get out of hand and endanger anyone. It goes without saying that any rite that uses fire requires you to handle that fire safely and responsibly to prevent injury to yourself and anyone else.

The parchment that you prepare ahead of time will contain a statement or list that detail what you are symbolically "dying" to. You may want to prepare this a few days ahead of the vigil itself and carry it on your person for a while, really charging it with the energy of those ideas, attitudes, feelings, and so forth that you are trying to let go.

Try to pick a clear, cloudless day for the ritual. Ideally, the place where you will be performing the rite will give you a clear view of the sun -- some place where, once the sun rises, you will be bathed in its light. If it is at all possible with your schedule, stay up the whole night before you perform this rite. You can spend the whole night at the location of the final part of the ritual, but this is not absolutely necessary.

When you are ready to perform the ritual, get up a few hours before dawn, while it's still dark enough to see the stars. Take a ritual bath or shower to cleanse yourself and get yourself into a spiritual frame of mind. Put on new, clean clothes. You can drink some water, but otherwise you should fast, not eating, drinking, or smoking a cigarette until after you've performed the rite. When

you are ready, take your parchment, bowl, and lighter and head out to the location you've chosen.

Spend the next two hours or so keeping a vigil at the spot you've selected. Sit down in the grass and meditate on what you want to leave behind and why. Reflect upon all the reasons you are doing this and go over in your mind each little thing that led up to this point in your life. Consider the words you have inscribed upon the parchment and what they mean to you. Then think about what it will be like to release yourself from these things, to let the flames swallow all of it, until it is only ash, blowing away on the wind.

As you start to see things grow lighter in the east, it's not uncommon to experience a certain amount of anxiety or even fear. Any kind of letting go and leaving things behind is like a little death, and it's perfectly natural to be frightened of death, even if you've chosen to meet it on your own terms. The most frightening thing about letting go of something you've gotten used to is the fact that you're never sure what might come next: so the fear of death is really a fear of the unknown.

As you watch the dawn approaching, consider these anxieties and fears. Remind yourself that soon there will be no going back. Once the sun slips over the horizon, you will never be quite the same person again -- the old you will be consumed by the fire, and something different will emerge. Wrestle with the fear and dare yourself to continue sitting there, to face the sun and all that it represents. Dare yourself to face the prospect of letting go.

As the sun slips over the horizon, imagine that you are a vampire just like in the movies and the books. Imagine that the rays of the rising sun indeed can scorch your flesh, are scorching it even now. As you feel the sun fall on your face, your arms, your hands, feel it burning you to ashes -- burning away the person you were and leaving something else behind.

Once the sun has fully risen over the lip of the horizon, take out the parchment. Read off the words you have written then -- out loud so all of nature can hear these words, or silently, reflectively to yourself. Once you have read the words on the parchment, take out the lighter. **Strike the flame and say:** 

I let these things go.
I let them go,
And they are ashes
Carried upon the wind.

Light one edge of the parchment. Hold it as the flames lick toward the center. Hold it as long as you can without getting burned. When only a tiny edge held in the tips of your fingers drop it into the bowl of sand. When the last ember has died, carefully pick up the charred parchment. Crush it in your hand and blow these away on the wind. With that final breath, expel everything and anything connected to what was written on the parchment that you have held inside you: all pain, all doubt, all attachment. Let all these things drift away on the wind with the ashes of who you were.

When you are done, face the risen sun. Feel its heat upon your flesh and know that it has burned away something you needed to let go anyway. Take a moment to reflect on this in silence, then gather up your things and return home.

#### **Death and Rebirth Rite**

This is a very intense ritual that should not be lightly undertaken. A good deal of preparation is involved, and it must be run by people who know what they're doing. The initiate will also invest a great deal of effort into this ritual. He or she must fast for at least twenty-four hours prior to the ritual. An hour prior to the ritual, the initiate must cleanse himself with a ritual bath. Oil of myrrh is added to the water. After this bath, the initiate dries off and, nude, censes his or her body with the smoke from seven incense wands (myrrh again, or a dark, underworld scent). The initiate must tie up his or her hair if it is long. Minimal clothing should be worn. Some may prefer to be nude.

The ritual chamber should be prepared as follows: a table should be set aside to store the ritual implements. These include a bedsheet, a roll of duct tape, a pair of scissors, a hood or blindfold, a vessel of pure water, a vessel of scented oil (vitalizing scents like lavender or rosemary are ideal), and a bell. A brazier with a charcoal should also be present with a copious supply of Phoenix blend incense (two parts sandalwood to one part cinnamon). The room should be lit only with candlelight. The room should be thoroughly cleansed, both physically and spiritually, and censed with the incense (phoenix blend) until the air is heavy with the smoke. The room should be set up as ritual space, with powerful wards, guardians, or shields to keep it safe. Two guardians, drawn from the Warrior caste, may be chosen to stand guard at the north and south of the chamber. They must remain silent throughout the rite, watching, except for when responses are indicate for all. They will take action only if a problem arises. It is recommended that no one beyond those directly involved in the ritual be in the chamber. If any exceptions are made, these people must stand on the furthest edges of the ritual space and remain silent throughout the ritual, except when responses are indicated for all.

A bed or table (a massotherapy table is ideal) should be set in the middle of the room. This may be draped with cloth or otherwise decorated. An extra length of cloth, preferably silk or gauze in a dark color should lie nearby. This should be long enough and wide enough to completely cover the initiate when he or she is lying down.

At least two people should enact this rite with the initiate: a Priest trained in metasurgery and a Counselor trained in the role of Herald. Both of them need to be strong enough to carry the initiate between them and move him or her a short distance. An additional attendant may be required to assist with this part of the ritual.

#### Part I: Preparation of the Dead

(Soft music like chant or ethereal music should be playing softly in the background. All curtains should be pulled. When it is time, the Herald takes the hood or blindfold and goes to

where the initiate is waiting. The Herald approaches the initiate solemnly.) **Herald:** You have been chosen to descend among the dead. Have you prepared yourself? **Initiate:** I have fasted and cleansed myself in body and spirit. I am ready to descend. **Herald:** Do you understand the perils of this journey? Do you know fully what you seek to undertake? **Initiate:** I understand that the journey will be frought with danger. I accept all responsibility. **Herald:** Few who descend into the realm of the dead, ever return to the light of day. Only the worthy can survive the tests in the Hall of Judgment. **Initiate:** I am worthy. Herald: So be it. (The Herald lays a finger against the initiate's lips)

**Herald:** I declare you dead. You have lost the power of speech. (places the blindfold or hood over the initiate's eyes) I declare you dead. You have lost the power of sight. You are as a corpse now, and I will lead you to the hall of the dead.

(The Herald takes the initiate by the arm and leads him or her to the ritual chamber. No one speaks to the initiate or acknowledges him as a living being from this point forward. The

Herald may be accompanied by an attendant, and this individual will assist the Herald in handling the "corpse." The Herald leads the initiate through the main door and announces the arrival of the initiate to the Priest.)

**Herald:** I have brought you the dead one, the corpse of N. The body has been washed in water scented with myrrh. The flesh has been cleansed with offerings of incense. Now it remains for you to bind him (her) and prepare him (her) for journey into the underworld.

**Priest:** Bring me the corpse of N. that I may prepare it.

(The attendants walk the initiate over to the center of the room next to the coffin or table waiting there.)

**Priest:** Hand me the shroud and held me wrap the corpse.

(The Herald takes the sheet from the altar and unfolds it. The initiate remains standing, blindfolded. The initiate's arms are to be crossed upon his chest, hands in fists. Together, the Herald and the Priest wrap the initiate from the shoulders down to the feet. The duct tape is used to further bind the initiate in the sheet, wrapping from the shoulders to the hips, then down the legs, to the ankles. The bindings should be tight, but not so tight as to interfere with circulation. The Priest then leaves the Herald supporting the initiate and throws more incense on the coals. The priest takes up the entire brazier and fumes the body of the initiate, adding more incense as necessary to produce copious amounts of smoke.)

**Priest:** This is the corpse of N., who was one of our brethren. Tonight we prepare him for his descent into the netherworld. May the ancients protect him from the many perils that await him along his journey. May he reach the Hall of Judgment, strong and whole. And may he pass the tests, so that he will arise, a transcendent spirit, ageless and immortal!

**Herald:** May the ancients attend him and guide him.

(Once the initiate is firmly bound in the winding sheet, the Priest places his hand upon the

initiate's forehead, over the third eye. This is the first Opening. The Priest should connect to the initiate's energy, reaching in and beginning to evoke a heightened state. The Priest should press forward into the initiate's energy, also pushing forward with his hand. The Herald should stand behind the initiate, bracing him with his body. The Priest continues to push forward, finally pushing the initiate over. The Herald, assisted by the attendant, catches the initiate. Together, they tilt the initiate horizontally, lifting him onto the table. Once the initiate is placed on the table, the Priest draws the additional cloth over him, covering him completely. Note that this must be a very thin cloth, like gauze or silk, as it will be lying over the initiate's nose and mouth for the duration of the ceremony. Once the body is covered, the Priest stands over him, preparing to perform the Opening Ceremony. The Priest must build a rapport with the initiate's energy and run through a quick, minor attunement to help push the initiate into an altered state. All are silent as the Priest does this work.)

# Part II: The Underworld Journey

(It is recommended that the instructions to the dead person be read allowed from a book. When the response calls for "All" this includes everyone in the room with the exception of the initiate.)

**Herald:** N., you are dead, but still you can hear me. I call out to you across the worlds. Hear well my instructions. You are a spirit now, and you will travel through the realm of the dead. Along each stage of your journey, you will come to a gate. At each gate, there are fierce Guardians. They will not let you pass unless you make the proper sacrifice. You must give this willingly and completely before you can pass through. Listen to me, and I will help you.

(The Priest moves to the Root chakra, the seat of Min. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the First Gate, they will ask you, why have you come here? And you must answer:

(The Priest, Herald, and any attendants all recite the response.)

**All:** I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Fear not, N., but simply answer:

**All:** I offer my body, my connection to mortal flesh. I have no need of it here.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. Beyond the gate is a realm of shadows, N., filled with specters and frightening beings. The hungry ghosts will descend upon you and attempt to rend your flesh. But you have no body now, so they cannot hurt you. Do not fear what you see here, but keep you feet upon the path. If you proceed without wavering, you will come to the next gate.

(The Priest moves to the Navel chakra, the seat of the Ba. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy. The Ba can be visualized as a bird that is trapped in a cage; when the cage is opened, the bird flies forth.)

**Herald:** At the Second Gate, they will ask you, why have you come here? And you must answer:

All: I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Do not waver, N., but simply reply:

**All:** I offer my life-force, the vitality of flesh. I have no need of it here.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. Beyond the gate there will be more shadows. The hungry beings that haunt this place will descend upon you, grasping to drink your life force. But you are empty now, and they cannot hurt you. Do not fear what you see here, but keep your feet upon the path. If you proceed without wavering, you will come to the next gate.

(The Priest moves to the Solar Plexus chakra, the seat of the Ka. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the Third Gate, they will ask you, why have you come here? And you must answer:

**All:** I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Do not waver, N., but simply reply:

**All:** I offer my shadow, the second vessel of my Self. It connects my flesh with spirit, I have no need of it here.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. Beyond the gate there will be more shadows, darker and ever darker. These are ghosts that hunger for other spirits, and they will descend upon you and try to tear your subtle flesh. But you have given up your second body, so they cannot hurt you. Do not fear what you see here, but keep your feet upon the path. If you

proceed without wavering, you will come to the next gate.

(The Priest moves to the Heart chakra, the seat of the Ab. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the Fourth Gate, they will ask you, why have you come here? And you must answer:

All: I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Do not waver, N., but simply reply:

**All:** I offer my heart, the vessel of all I feel.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. Beyond the gate there will be more shadows, darker and ever darker. The hungry ghosts here seek any memory of emotion. They will descend upon you, trying to tear feelings from your soul. But you have surrendered your heart, so there is nothing that can feel. Do not fear what you see here, but keep your feet upon the path. If you proceed without wavering, you will come to the next gate.

(The Priest moves to the Throat chakra, the seat of the Khu. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the Fifth Gate, they will ask you, why have you come here? And you must answer:

All: I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Do not waver, N., but simply reply:

**All:** I offer my voice, the seat of spoken power.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. Beyond the gate there will be more shadows, so dark, you can barely see. The hungry ghosts here feed upon the magick of words. They will descend upon you, trying to suck the voice from your throat. But you have surrendered your voice, so there is nothing they can steal. Do not fear what you see here, but keep your feet upon the path. If you proceed without wavering, you will come to the next gate.

(The Priest moves to the Third Eye chakra, the connection between the body and the Akh. First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the Sixth Gate, they will ask you, why have you come here? But you have no voice, so simply remember the words:

All: I come to claim my birthright. You must let me pass.

**Herald:** The Guardians are fierce, and they will ask you, what do you offer? Do not waver, N., but reach up behind your eyes and offer your vision.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies.)

**Herald:** The Guardians will take this offering, and they will let you pass. You cannot see them, but you can feel the hungry ghosts pressing around you. They seek to terrify you with terrible visions, but you are blind to their work. You cannot be harmed. Do not fear the things here, but keep your feet upon the path. If you proceed without wavering, you will come to the final gate.

(The Priest moves to the Crown above the head, the connection between the subtle body and the Akh . First, he connects with the energy here, reaching in to stimulate and connect with the chakra. Then he begins to loosen the connections between body and spirit. The chakra should be visualized as a gate, and the Priest should work to open this gate, releasing the initiate's energy.)

**Herald:** At the Seventh Gate, they will ask you, why have you come here? You are blind to the Guardians, N., and you have no voice to speak. This is the hardest gate of all, for there is nothing left for you to give except your Self. Hear the words and make it so:

**All:** I offer what I am, my past, my present, and my future. There is nothing more to give.

(As the offering is made, the Priest makes a final pull on the chakra, releasing the energies. He then reaches down through all the opened chakras, pulling energy from the Root, through the Navel, through all the chakras, all the way up to the Akh, creating a geyser of energy that fountains from body to spirit.)

**Herald:** And the Guardians will take you and drag you through the Gate. They will cast you into the Hall of Judgment where you are to be weighed against the measure of truth. If you weigh the scales down, you will be destroyed utterly, given to the creatures here to be devoured. But do not fear, N., for you weigh nothing now. You are empty of everything, open and clear. The scales

balance beneath you, and you are judged worthy to return, a shining, immortal soul.

(all pause in silence for a few moments)

**Herald:** The ancients embrace you, for you are one of their own. But you have been given safe passage, permission to return. You go from gate to gate, returning to the world that you know. First, you are given back your sacrifice of Self.

**All:** You are an immortal spirit, shining and pure.

(The Priest connects with the Crown chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Next, you are given back your sacrifice of vision.

**All:** You are an immortal spirit, your sight knows no bounds.

(The Priest connects with the Third Eye chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Next, you are given back your sacrifice of voice.

**All:** You are an immortal spirit, your words vibrate with power.

(The Priest connects with the Throat chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Next, you are given back your sacrifice of heart.

All: You are an immortal spirit, your feelings are pure.

(The Priest connects with the Heart chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Next, you are given back your sacrifice of your shadow.

**All:** You are an immortal spirit. You move in two worlds at once.

(The Priest connects with the Solar Plexus chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Next, you are given back your sacrifice of life-force.

All: You are an immortal spirit, vitality flows through your limbs.

(The Priest connects with the Navel chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world.)

**Herald:** You go from gate to gate, returning to the world that you know. Finally, you are given back your sacrifice of flesh.

**All:** You are an immortal spirit, you are clothed in beautiful flesh.

(The Priest connects with the Root chakra, reweaving the connections between body and spirit. The chakra must be closed, but only partially, so that the initiate is pulled back to his body and his awareness of the physical world. The Priest also pulls the cascade of energy back down to the root, anchoring the initiate in his body once more. After a few moments, the Priest pulls the cloth off of the initiate, grabbing it at the feet and whipping it aside. The blindfold is removed and the initiate is allowed to open his eyes. The Herald and the attendant help the Priest lift the initiate into a standing position once more.)

**Priest:** This is the body of N., recently dead, but returned to us. I share with him my life, my sacred breath.

(As the Herald and attendant hold the initiate up, the Priest cups energy into his hands and holds these before the initiate's mouth. The Priest then breathes a violet breathe toward the initiate, revitalizing his spirit and flesh. Alternately, the Priest can literally open the initiate's mouth and lightly breathe a violet breathe into the mouth. What is important is the transfer of energy.)

All: N. lives!

(The Priest takes the scissors and begins to cut the wrappings away. The others assist. The Herald anoints the initiate's forehead and lips with pure water. Then he anoints oil on the wrists, the palms of the hands, and the soles of the feet. When the initiate is fully unbound, the

## **Priest embraces him.**)

**Priest:** Welcome back to us. You have endured a great journey, and you are forever changed. Go now with the attendants. Refresh yourself and reflect upon what you have learned.

(The initiate bows and is lead from the chamber. It is recommended that the initiate take a second ritual bath to contemplate the experience and to help ground back into his body. The Herald and attendant should accompany the initiate throughout this, as the initiate may be dizzy and have trouble standing. When the bath is finished, all break the initiate's fast together, sharing a meal.)

# **Chapter Seven:**

Yearly Rites

When I first started working in the scene, one of the questions I always asked others when we were comparing experiences was if they felt differently at different times of the year. The responses were almost always the same. Summer made most vampires feel depressed and lethargic. The heat and sun and long days were just too much. October, when the first scent of fall was on the air, everyone experienced a thrill and a growing sense of power. Halloween was a universally favorite holiday among vampires, because they felt they could let go on that day and just be themselves. Most vampires, even if they didn't like the cold, loved winter because of the long nights and the strength and creativity this inspired in them. And then, around May, many of the others felt that restless intensity that I did, that almost agonizing surge of hunger and the temptation to just give in and go wild.

Comparing these experiences with the Pagan Wheel of the Year, I made some interesting connections. First of all, Samhain (pronounced "Sow-en") and Beltane, two major Pagan holidays, roughly corresponded to the times of the year that I and many others felt a peak of power. In October, for Samhain, the sudden rush was joyous and liberating, and for Beltane there was a desperate note to it, as if something inside me was giving one last swansong before dying away. Interestingly, Samhain and Beltane can be seen as threshold holidays. Samhain is believed to be the night the wall between the worlds grows thin, and the dead can walk among the living. It is the threshold of death where the Wheel turns toward winter. Beltane is the threshold of life, and has been celebrated as a wild fertility holiday for many hundreds of years. It is essentially the threshold of life, opening onto the Lightside of the year, and serving as a counterpoint to Samhain.

I found this very interesting. It made perfect sense why many of us were attracted to Pagan and Wiccan traditions, yet once we were involved with them, it always felt like something was a little off. Essentially, they celebrated many of the same holidays we resonate to, but with the wrong focus. For the Wiccans and Pagans, the focus of the Wheel of the Year is light and life. The darkness is something to be overcome. Yet we are tied to night and to the Darkside of the year. We

are inspired by darkness as much as they are inspired by light. This doesn't make us evil: it's more about balance. Among the spiritually aware, some people will resonate with the light. But that means some of us must resonate with the dark in order to make a whole.

The following four rites celebrate pivotal times on the Wheel of the Year. But these celebrations are from our perspective. I have stayed away from gods and goddesses or any other formal belief system. These rituals are more about uniting our community and celebrating who and what we are. You do not have to be Wiccan or Pagan or anything at all to celebrate and enjoy these rituals. No belief even in a god is inherent in the rites. It's all about us and what makes us unique. Hopefully, your household will enjoy these rites as much as my own has.

**Timing Notes:** The Night of Transformation should be celebrated on October 31, otherwise known as Samhain. The Night of the Immortal Stars falls upon the Winter Solstice, a date that varies from year to year but usually falls on the 21st or 22nd of December. The Night of Double Power should be celebrated on April 30, and the Festival of Radiant Life falls upon the Summer Solstice. Like the Winter Solstice, that date also varies from year to year, hovering around the 21st of June.

### **Notes on Caste and Gender**

I need to make a couple of comments before we begin. First, in the rituals which follow, all male and female roles are interchangeable. There is no significance at all to the gender I specify in any of these rites. Men and women can both hold a priestly position, and there are no limitations on gender in any of the other ritual positions either. It is up to each individual group to determine who is best suited for leading ritual.

Additionally, for those groups that use the caste system, keep in mind that while the Priest caste is ideally suited to running certain rituals, members of other castes are equally capable of running rites. If you use the caste system in your group, consider the purpose and feel of a ritual, and use this to determine who would be best to run it. Rites that fall within the province of the Warrior caste, such a rites of protection and guardian rites, are probably best lead by an elder Warrior. Rites that are about unity, connections, and love, may be run by Kitra, who have a special interaction with such energies. Do not limit yourselves by expectations but tailor your rites and rituals in a way that works best for you.

Furthermore, the rites here have been created for general use by the Sanguinarium. As there are a wide variety of traditions represented within the Sanguinarium, running from Pagan to Christian to LaVeyan Satanist, an effort has been made to strike a balance between dark and light traditions in both symbolism and wording. The rites are not expected to appeal to every group; there is no way to accomplish that. Instead, they are offered as examples for use as guidelines in creating your own vital, personal, and spiritually intimate rituals. Many rites are based loosely upon rituals typically celebrated by House Kheperu. If you want more information on specifically Kheprian rituals, reference our site at: <a href="https://www.kheperu.org">www.kheperu.org</a>.

And as a final note, the final form of the rite for Im Sekhemu was inspired in part by a tradition

begun by Vicutus of House Sekhemu. House Sekhemu has a rite where a rose is raised above the ritual area, and anything that is said or done beneath the rose stays within the realm of the rose. I felt this really helped to capture the essence of the celebratory part of the Im Sekhemu ritual, and so I incorporated some of the sentiments of the rose rite into this ritual. Those who wish to perform this rite more in keeping with Sekhrian tradition will add rose petals to the glasses of wine and suspend a single red rose above the ritual space as part of the process of constructing the sacred space for the rite. My thanks to Vicutus for this elegant and beautiful inspiration for my ritual.

## Im Kheperu:

The Night of Transformation

## **Preparation:**

A roll of the dead should be written out before the ritual. This should consist of the names of all the deceased who meant something to each of the persons participating in the ritual. This should be carefully scribed upon a piece of parchment. An attendant to the priestess should be chosen to keep track of this and to read off the names when the time comes.

Each participant should also prepare his or her own parchment with something he or she wishes to change in their lives. At the center of the circle, a brazier with hot coals should be erected. This should be large enough to safely burn the names of the dead as well as the individual parchments.

To begin, everyone gathers in a circle. The leading priest or priestess centers herself and establishes sacred space. This should be felt by everyone, and everyone should center themselves and add to the sacred space.

All pats are read by the ritualist or leading priest, unless otherwise stated. This ritual was first performed publicly at the first Kheprian Open House in October 2000.

(Begin with a Charge or Opening Prayer)

#### **Proclamation:**

**Priest:** This is the season of thresholds. This is the Im Kheperu, when the wall between the worlds grows thin and the realm of spirit and the realm of matter touch and merge.

This is a time of great power and transformation. Our present and our past become one. This is when we awaken to ourselves, when the memories of other lives and other times arise in our consciousness and we can most fully Become.

Tonight we come together to celebrate the threshold that we walk, to celebrate the transformative power of the holiday, and to embrace what we are.

(an optional reading from an appropriate source may be inserted here)

#### The Rite:

**Priest:** This is the threshold of the Dark Side of the Year, when the Wheel turns toward winter and everything descends into darkness and cold. The lesson of this season is death: death as transformation and change.

Death is not something terrible for us to fear. It is merely a transition from one state to the next. And within that transition lies revelation.

Death is the silent contemplation of a soul learning to know itself. It is that growth, as of a seed, which occurs only in darkness, hidden away from all senses.

In death, we descend into darkness that we may more fully comprehend illumination. It is a second birth, and when we emerge, we are transformed.

Everyone join hands and share the power of this night.

(an optional chant or song may be sung by those in the circle as everyone raises energy and shares it together.)

### **Example:**

Present, future, first and last: Help us wake the slumbering past.

Present, future, part and whole: Help us wake the slumbering soul.

(energy is gathered during this chant, and it will be exchanged from person to person through their joined hands. In the Kheprian tradition, we share energy from left to right, although different traditions have a different preference. The priest is in charge of monitoring the energy, and when she feels an appropriate level has been reached, she gives the sign to draw

the chanting to a close.	There are a few	moments of	silence as e	veryone bask	ks in the ş	glow of
what they have gathere	ed.)					

#### The Roll of the Dead:

**Priest:** In this season of death and transition, we take time to honor those who have gone before. We name them aloud, cherishing the memory of their lives that each of us holds within our heart.

(a chosen reader reads off the names of the dead. When the reader is finished, he or she goes up to the brazier and lights the parchment with all of the names, allowing it to burn to ash.)

**Priest:** For all you who have crossed over, we offer our blessings and our prayers. We cherish what we have left of you here, those invisible fingers of yours still touching our lives. You light the path before us, and you give us inspiration in our own journey.

Some of you remain with us. Some of you have already moved on. Wherever you are now in the Wheel, we promise to love you. We promise to never forget. Your deaths remind us that we too must move on eventually. Each lifetime passes so that the new may come. The knowledge we carry of our own pasts gives us hope for your future. We know that we will meet with you again, and even through death, we will carry our love for you in our hearts.

In honor of you, our blessed dead, and the example that you have set, we each of us this night promise to die to something that hurts us in our current lives. This is something which keeps us stagnant and prevents us from growth. It is a weight which holds down our shining souls.

(beginning with the priest, each person takes out his or her parchment.)

**Priest:** This night, poised on the threshold of living and dying, I promise to die to (insert vow). As you have let go of your old life and moved on to something new, I let go of this so that I too may be transformed.

(the priest takes her parchment to the brazier and ignites it, watching it as it burns to ash. As the parchments burns, she whispers, "Change it, change it," over and over. As she returns to her place in the circle, she continues this chant, at first being the only one saying, "Change it, change it." The next person to her left goes forward, repeating the vow and watching the parchment and the words written upon it burn to ash. As the parchment burns, this person, too, begins chanting, "Change it, change it." As this person returns to his place in the circle, he continues chanting, "Change it, change it," with the priest. This goes around the circle until everyone has burned their parchment and the chant "Change it, change it" has gotten louder and louder as each person joins in. When everyone has burned their parchment and is chanting, the priest leads the chant until it gets louder and more intense. When it reaches a peak where everyone is completely engulfed in the sound of the words and the desire for change, the priest gives a sign and concludes with "Change me!" As before, there is a moment of silence as the energy ripples through all those present at the circle.)

**Priest:** All you spirits – you mortal and immortal beings! Hear these our vows. Help us to learn from your example. Help us to let go of all those things in our lives that hold us back. Help us break down our barriers and let go of our fear. Help us to transform ourselves and our lives so that we may more fully Become who we were meant to be.

Does anyone have any prayers or requests to put before this circle before the ritual is ended?

(prayers and other things are shared. Everyone who wants to say something is given their time)

**Priest:** Friends! This ritual now is ended but our sacred space is never closed. Take what you have touched here tonight back into your ordinary lives; let it make every moment sacred and powerful. Go forth, changed in your Selves, so that you may better change the world in which we live.

In darkness and light.

**All:** Forever.

Akhemu Sekhu:

The Night of the Immortal Stars

# **Preparation:**

Two scrolls should be written out ahead of time. One will have the names of all the members who are present at the ritual. Optionally, you can list their castes and degrees. The other scroll will have the names of those who are absent, yet still considered a part of the group. Their castes and degrees can also optionally be listed. There should also be a chalice and a bottle of red wine. The Herald is the keeper of the scrolls of names and will read these aloud when indicated by the Priest.

## (Open with a Charge or Opening Prayer)

#### **Proclamation:**

**Priest:** This is the Night of the Immortal Stars, the longest night of the year. It is the night when the Darkside is strongest, and the Family gathers to celebrate our ancient bond.

Our paths are many, but the journey that we walk is the same. We are bound together by common experiences and common goals. We each seek self-cultivation and self-knowledge, and we each strive to integrate the knowledge and experience of a thousand lifetimes into one cohesive whole.

Bonds of spirit and bonds of blood hold us together, so that we return, lifetime after lifetime, to the same places and times. Whatever the circumstances of each birth, we find one another and gather together so that we may re-establish our ancient bonds.

## The Reading of the Names:

**Priest:** Those who are present: know that we welcome you. You enrich this night with your presence, and we celebrate what you are able to bring with you here.

(The Herald goes through the roll of those present, beginning with the elders. Caste and degree or other status can be optionally named. Everyone bows their head as each name is read off and reflects upon their personal connection to each person named.)

**Herald:** (the Herald names each person present, using the name that person prefers when in ritual.) **Priest:** We bless you. We greet you. We call you by name. **All:** We bless you. We greet you. We call you by name. **Priest:** And those who are absent this night: although distance and circumstance have kept you from this gathering, know that you are welcomed as well. Distance is a thing of the body only, and in our spirits we can feel you near. (the names of those absent are read, beginning with the eldest among them. Each person bows their head and reflects upon their relation to each of those named) Herald: (the Herald names each person who is absent, using the name that person prefers when in ritual.) **Priest:** We bless you. We greet you. We call you by name. **All:** We bless you. We greet you. We call you by name. **Priest:** Brothers and sisters, present or absent, we extend to you our blessings and our love. (an optional reading, appropriate to the gathering, may be inserted here.) **Priest:** Everyone. We are children of darkness; darkness and night. Tonight is our night, the longest night of the year. This is the peak of the Dark Side, when our powers wax the greatest. The mysteries of this season pulse within our blood. The revelation of darkness fills our hearts, empowering our souls.

(the priest pours the wine and blesses it, holding the chalice aloft to the gathering.)

Drink with me, and drink deep the night. Let this wine symbolize our bonds of spirit and of blood. Each of us has our own particular journey, but nights like this remind us that we do not walk alone. We all have our individual strengths, but where those strengths fail, this family comes through. The darkness binds us, each to each, so we may rely on one another through the long nights.

As we share this wine, let us think upon what we give to one another. As the cup comes to you, speak aloud what the family gives you, and offer up your thanks.

# **Example:**

As I drink from this cup, I take strength from the family, and a place to belong.

(the cup is passed around the circle. Each person takes the cup, holds it aloft, speaks their thanks, then drinks. When the chalice gets back to the priest, he places it back upon the altar.)

**Priest:** Carry these things in your heart of hearts, and let them empower you. And when you are separate from us and you feel alone, reflect upon this, and know that we are there with you, supporting you, connected in spirit as well as thought.

(The priest then leads everyone in a closing prayer, something which strongly speaks of your group's particular bonds. I've included the Kheprian Family Prayer as a guideline.)

**Family Prayer:** 

May we endure together peacefully
May we enjoy each lifetime as it comes
May we benefit each other as we better ourselves,
And may we always find one another,
in every time and in every place,
To share this companionship
and to celebrate this bond.

In darkness and light.

All: Forever.

## Im Sekhemu:

The Night of Double Power

### **Preparation:**

Music should be chosen, and a space should be set aside for dancing and other activities for after the ritual. Wine and food should also be laid out. The feast for after-ritual does not have to be lavish, but the food should be the kind everyone can enjoy. Decadent things like chocolates and pastries are very appropriate to the spirit of the holiday. Some groups may choose to indulge in more than decadent foods after the ritual. This day is a celebration of desires, and each group should decide for themselves just how far these desires should be explored within the context of the ritual. In all cases, any play and indulgence should be safe, legal, and performed between consenting adults.

(Begin with a Charge or Opening Prayer)

#### **Proclamation:**

**Priest:** This is the night of the Double Power. This is our wild season, when our power surges within us. October was the threshold of death, and this is the threshold of life. Here we emerge from

the womb of winter, vital and	d changed. `	We are as a	newborns,	and the f	irst sensation	we experie	nce
as we seize upon life is hung	er – hunger	and need.					

(an optional reading can be inserted here)

#### The Rite:

**Priest:** This is the season of lust and life, when the Wheel turns toward the light side of the year. The nights are getting shorter, and we can feel the last peak of power before the coming of summer. This season teaches us that our natures are double-edged. While we each have great power, we also have great needs. The more fully we come into that power, the more undeniable the need.

On this night, we celebrate our hunger and what it means. We celebrate the double-edged power of this season, when the growing absence within us makes us acutely aware of what it is we are.

(If those standing in circle are not already holding hands, the Priest instructs them to do so. All join hands, completing the circle and sharing energy from left to right between the members.)

# The Affirmation:

**Priest:** We cannot be other than what we are, and what we are is contradiction. We are an intricate dance of conflicting opposites: We destroy and we create. We die so that we are reborn. We hunger for life even as we celebrate living. And we give just as much as we take, changing people, awakening them, and touching their souls forever.

It is necessary for us often to be controlled in our daily lives, and to hide our natures. But in this season especially, hiding becomes difficult. It is hard for us to hide from others, and it is harder still to hide from ourselves. This season heightens everything about us, making our natures spill out around the edges of our ordinary lives. Yet there is a time and a place for restraint, and sometimes we can only learn to control a desire by first giving in.

As we stand here in this circle, I want each of you to think of a desire or a need that you have, that you have denied yourself. Why have you suppressed this hunger? I want you to reflect upon your need and accept it as something which drives you. Open yourself to your hunger so you may learn when you need to control it and when you need to give in. Raise your voice with mine as we abandon those things that restrain us:

#### Chant:

Give me freedom, give me life,

give me strength in the night!

(All join in this chant. The members of the circle may choose to dance as well. The chant should start off quietly, and as more and more voices are raised, it should gain in strength, conviction, and power. As all members of the circle chant or sing, the energy should be focused on releasing each person from burdens of insecurity and fear that hold them back from fully realizing their needs. The priest should monitor the progression of energy, allowing it to reach a heightened pitch, then giving the signal for the chanting to stop and the energy to be given its final direction.)

**Priest:** We could each drink a river of life and still not be sated, for this is the nature of our darkness. On this night, in the season of double power, we must understand, accept, and celebrate our hunger so we may then discover the balance between indulgence and restraint. Here and now, within this circle, may we each explore our hunger and desires. Dance, kiss, embrace, and feed, safe within the circle for as long as you require. May we each celebrate freely who and what we are here, and what is shared among us now, remains among us, safe in the darkness, and cherished in our hearts.

Now swear with me in or sacred space so that we all may feel safe in this moment.

Do you swear to be true to your hunger as you are true to your Self in the boundaries of this space?

All: So do I swear.

**Priest:** Do you swear that what happens here remains here, safe within our sacred space?

All: So do I swear.

**Priest:** Do you swear to experience this moment as nothing more and nothing less than a pure exploration of your needs and your identity?

**All:** So do I swear.

**Priest:** Then let us pass the chalice and drink deep the wine of night. This is our first indulgence. May we celebrate flesh and spirit, body and soul, in this life and in all lives, as befits the blessed children of darkness and light.

**Priest:** By this wine and by our essence, I hereby sanctify this place of our revels. May we sate our hungers for spirit and flesh together in this space. In darkness and light!

**All:** Forever.

(at this point, everyone moves toward the center of the circle. Instead of just holding hands, all embrace. Energy is exchanged among willing partners, and someone who has been designated beforehand puts on music while someone else brings the food and drink. All who are present take time to savor the sensations of touch and smell and taste as they sample the foods of the feast, enjoy the music, caress their friends, dance, and feed. This can last as long as the group likes. At the end of the revel, the circle is brought back together briefly to bring things to a close.)

**Priest:** What we have witnessed here and what we have enjoyed we will carry in our hearts forever. Our night of power has ended, and now we must return to the daylit world of mundane things. As we part, let us not forget what we shared this night, and let us carry it always in our secret hearts. In darkness and light.

All: Forever.
(The circle parts and the sacred space is taken down)
Seshep Ankh:
The Festival of Radiant Life
Preparation:
A scroll, listing the names of all the donors, black swans, and other providers, should be prepared ahead of time. Anyone who has given energy to support a member of the household should be listed on this scroll, whether they will be present at the ritual or not. Ideally, as many donors as possible should be in attendance at this rite, and if there are enough, the circle should be set up so that a donor stands in every other space. The Herald is put in charge of this scroll and will read from it during the ritual.
When arranging the circle, separate the vampires from those who provide for them. From these, create two circles, vampires on the inside and donors ranged in a second circle around them. At the center of the circle, there should be a small table with cups and wine. A plate of fine chocolates or some other sweets should be here as well. All those who feed regularly from someone present in the circle should help contribute money to the purchase of the wine and sweets.
(Open with a Charge or Opening Prayer)
Proclamation:
Priest: This is the night of midsummer, the longest day of the year. On this night, people all over the world celebrate the sustaining power of light provided by the sun. But for us, the heat of the sun and the rays of its light are not sustaining. The sun drains us and exhausts us, making us long for the cool shadows of midnight.

We are children of darkness, darkness and shadow. But there is one light which we are drawn toward, and that is the light of precious life. Those who would sustain us do so by offering the radiant energy of their vitality. By taking this light into ourselves, we reaffirm what we are and we make ourselves strong.

(an optional reading may be inserted at this point)

**Priest:** We should never fail to appreciate those who offer up their radiant energy to sustain us in our need. They give themselves to us in body and in spirit out of respect and love. They are our cherished lovers and friends, the black swans of our extended family. It is their light we should celebrate this evening, the light of their sustaining life.

Without the gifts they willingly provide for us, we would weaken and waste away. Our darkness cannot exist without their life, and it is the dynamic interaction of the two that grants us the power to change ourselves and to change the very reality around us.

### The Blessing of the Providers:

(The Herald now reads the names of the providers written there. All donors, present or absent, are named aloud.)

**Herald:** Blessed providers, we give you our thanks, our loyalty and our love. May we never fail to appreciate you, lest you no longer be there to provide.

(The names are read from the scroll.)

**Priest:** Take a moment to consider those who have given to you. As you do, I want you to consider what you have provided in return.

(all contemplate in silence for a few moments).

**Priest:** We would be poor partners indeed if all we did was hunger and feed. Each of us in our own way offers something of ourselves to those that sustain us. I want you all to think of the things you have to offer. As we go around the circle, I want each of you to speak one offering aloud. Name it as a promise to give back to our givers, for without their precious radiance, our darkness would devour itself.

(Starting with the priest and going around the circle from her left, each person names something which they can offer to their donors. This should be kept to a simple word or phrase, such as "emotional support" or "love". When it gets all the way back to the priest, everyone takes a few moments to reflect upon the things that were said.)

**Priest:** All you donors who are present here. Know that we appreciate you, and we try to give back what we can. We are not simply takers. We do not devour and leave nothing in return. You who so often serve us, tonight let us serve you.

(The priest pours wine, handing cups to each of the vampires.)

**Priest:** Go forth to those who have given to you and give to them in return. Take this time to let your donors know how much they are appreciated and to say a special thank you. Offer them what you can, for they offer much to us in our times of need.

(The wine goes around the circle. The exchanges between members and their donors can be brief or extended and very intimate. When all the donors have been given something from each person who has taken from them over the course of the year, the vampires gather back to the center of the circle.)

**Priest:** Everyone. Do not forget what you have shared here. Let the light of their spirits sustain you throughout the summer to come. Respect their offerings, and always remember that they are as

much a part of our community as we are.

This ceremony is ended.

Let us go forth to walk in darkness and in light.

All: Forever.

# **Chapter Eight:**

Rites of Passage

Every society has its rites of passage, rituals which acknowledge the crossing over from one state of being to the next. Here in America, going out and buying alcohol on your 21st birthday has become a widespread tradition. When people do this, they are celebrating a rite of passage that marks their transition from childhood to adulthood.

Rites of passage help us to structure out lives. They help us set up the parameters that define one state of being from another. As the above example attests, rites of passage do not always have to be religiously connected. So long as the symbolism of the ritual resonates with its purpose, it will suffice for those involved.

There are some rites of passage experienced by all communities, regardless of religion or culture; these are birth, marriage, and death. These three transitions are experienced by practically everyone on the planet. But depending on the society, there can be other transitions as well, such as a boy's entering into manhood, or a priest's ordination into his order. These transitions deserve to be formally recognized as well, and ritual adds both solemnity and meaning to the experience.

Within our community, there are quite a few rites of passage to be celebrated. There is the initial acceptance into the community, and after that, there are different levels of knowledge and understanding to be attained within the community. As a member learns and grows, he or she passes through a kind of spiritual childhood to a spiritual adulthood. This transition is important and should be recognized with a rite. Acceptance into a household is another transition unique to our community that can be solemnized with a rite of passage. Marriage is important to many members of our community, but the relationship between a vampire and a donor, while not always a marriage, should be solemnized as well. And these are just a few of the rites that have special significance to our unique community.

All of the following ceremonies use language and symbolism that make them uniquely ours. They are designed to help establish the stages of growth and the significant life transitions that are special to our community. As with all the ceremonies and rituals in this book, please feel free to alter and add to these rituals to tailor them for your own particular group or family.

#### The Rite of Dedication

This is the most basic initiation, one that simply acknowledges that the initiate wishes to become a part of the community. The person who takes this initiation is formally acknowledged as a student or fledgling, but he or she is still in the outer circle. This is not a ritual of transformation. That comes later, when the initiate knows a little more about the community. Most groups require that an initiate have a sponsor from within the community even to get this far. After this initiation, the sponsor is allowed to teach the initiate the basics of the community, and a rite of transformation (or death and rebirth) may be performed when the initiate is deemed ready.

# (Begin with a Charge or Opening Prayer)

**Priest:** We gather together this night because there is one among us seeking answers. This new seeker has glimpsed the greater reality of what we are, and yearns to know more. Now it is time to take the first few steps on the journey toward understanding.

(Seeker), come forward. You stand now in a sacred place, before all those who have gone before you on this path, so be certainly that you speak truly. Tell me, (Seeker), what do you come seeking?

**Seeker:** I come seeking understanding.

**Priest:** And why do you seek this?

**Seeker:** To better know myself and my place in the world.

**Priest:** And how do you seek this?

**Seeker:** With pure intentions and an open heart.

**Priest:** Very well, then. We accept your sincerity. (Seeker). Look around you here at our gathering. These are your fellow seekers, those who have passed this way before. Our paths are many, but the journey we have undertaken is the same.

Ours is a journey toward understanding. In accepting our natures, we accept a responsibility our souls took up many millennia ago. Ours also is a journey of transformation. In changing ourselves, we seek to change the very world in which we live.

Ours is a solitary journey, often misunderstood. It is a long and arduous path we walk, and the way is not always clear. This is a journey of many lifetimes, and in undertaking it, you are undertaking a great responsibility. The burden you seek to take up here, you will carry with you for many years.

Do you still seek to walk beside us?

Seeker: I do.

**Priest:** Very well. Before you embark upon this transformative journey, there are certain vows you must make to us. I charge you by all you hold sacred to carry these vows in your heart. If it is found that you have broken any one of these, you will be expelled from our company, and all that you have gained will be stripped away.

Answer me, "So do I swear."

**Priest:** Do you swear to accept the burden of responsibility for your thoughts and actions as you follow this path?

**Seeker:** So do I swear.

**Priest:** Do you swear that you shall always seek with a pure heart and an honest desire and that you will never abuse the knowledge that you gain as you walk this path?

Seeker: So do I swear.

**Priest:** Do you swear that you will guard this knowledge from those who would abuse it, never revealing those of our number to any who might bring them harm?

Seeker: So do I swear.

**Priest:** And do you swear to dedicate yourself to change, taking up the burden of transformation which is our birthright?

**Seeker:** So do I swear.

**Priest:** It has been witnessed.

Initiate. Always look within yourself first for the answers that you seek. Others may offer guidance, but only you can walk your path.

Before you leave this circle, I have five gifts to give to you. Each is a lesson and a revelation. Carry them with you as your strength on this path.

(The Priest goes to the altar where a chalice of water, a burning candle, a bowl of ash, and some burning incense are waiting. The Priest takes the chalice of water first, and dipping her fingers into it, anoints the forehead of the Initiate.)

(Seeker's name), I do consecrate you with water, so you may be fluid and change as the tides of the world change.

(The Priest takes the candle and passes it under the Initiate's face, taking care not to burn him.)

(Seeker's name), I do consecrate you with fire that you may know your passions and the spirit which drives you.
(The Priest takes the ash and, dipping her fingers into it, marks the forehead of the Initiate with a single, short line.)
(Seeker's name), I do consecrate you with earth, so you may balance your spiritual pursuits with feet firmly planted here in the material realm.
(The Priest takes the lit incense and passes it in front of the Initiate, wafting the smoke toward him.)
(Seeker's name), I do consecrate you with air, that you may aspire to the heavens with an intellect and imagination capable of transforming the world.
(The Priest cups her hands and channels energy into them, then lays these over the initiate's heart.)
(Seeker's Name) And I do consecrate you with spirit so you may never forget what it is we are.
Now, (Seeker). Step forward and be reborn.
(The Priest embraces the Initiate, often giving a personal blessing as she does so. The Priest takes the Initiate's hand and has him stand beside her, presenting him to the group.)

**Priest:** Everyone, welcome (Seeker) into our number. Give him your blessings and your love.

(Each of those present embrace the Initiate, offering words of welcome or personal blessings.)

This ceremony is ended, and your journey just begun.

Go forth to walk in darkness and in light.

All: Forever.

# The Sanguine Initiation

Within the Sanguinarian aspect of the community, blood plays an integral role in exchanges between mentor and student as well as between vampire and donor. In the mythology of vampirism, the power of the vampire is passed from mentor to student, and it is through such an exchange that one becomes a vampire or is "turned." Most members of the community accept that you cannot be "turned" into a vampire – vampiric qualities are with us all along. However, potent exchanges can help to bring these to the forefront, and the passing of power from a teacher to an initiate is an ancient tradition that underscores a number of magickal systems.

While among Pranic vampires, the initiatory exchange is often one of energy, among Sanguinarians, the initiation of a new member into the community often involves a symbolic sharing of blood. This rite is an example of a Sanguine initiation, and should be used only by consenting adults in a safe and responsible manner. Both persons involved in such a rite should study the safe practices of bloodletting beforehand, so they understand all aspects of this exchange and all risks involved.

This rite can very effectively be turned into a Pranic rite of initiation simply by substituting an energy exchange for the exchange of blood.

# **Preparation:**

You will need two new lancets, two cups of red wine, and alcohol swabs (and possibly band-aids) for aftercare. Set these out somewhere on an altar or small table near where the ceremony is going to be held. For most people, this rite is intensely personal and should be celebrated privately

between mentor and student. For a few groups, this is an event the whole community celebrates, and therefore the mentor and student perform their exchange at the center of a circle formed by the members of the entire household. The actual form the ritual takes can vary from person to person and from household to household, but the exchange of blood between mentor and student is pretty universal in any Sanguine initiation. Be certain that both mentor and student have recent paperwork verifying that they are free from blood-borne diseases. Be aware of safety first whenever working with blood.

#### The Rite:

**Mentor:** I have brought you here tonight because I wish to share with you the most precious gift I have to give: my nature. You have been with me for some time now, learning and sharing in my life, and now I feel it is time to pass that life on to you.

We are creatures of darkness, but we are also creatures of life. Life empowers us and sustains us. It is our most precious possession, and the greatest gift we can share. By sharing my blood with you this night, I am sharing with you my life, my vitality, my very soul.

Do you understand the importance of what I am offering you? After tonight, we two will be connected in a way that goes beyond words. More than brother (sister), more than friend, you will be the child of my heart and my soul. Neither you nor I can break the bond that is forged tonight. Are you willing to accept it?

**Student:** I am willing to accept your most precious gift.

**Mentor:** Very well, but before I give of myself to you, you must first surrender yourself to me. I will be your teacher, your parent and your guide within this community, and in order for me to fulfill my role to you, you must place your trust in me. Do you understand what that means?

**Student:** I do, and I willingly offer myself to you.

(The student should focus on his vital energy, gathering it into one hand and focusing specifically on one finger. When ready, the student then opens one of the lancets and taps the tip of this finger with the sharp point. Continuing to focus vital energy and the essence of

himself into that finger, thus infusing the blood, the student then guides a drop or two of blood to fall into the chalice of wine. Cupping the wine in both hands, the student gently swirls it around, continuing to infuse it with his essence and his energy. Reverently, the student hands the chalice to the mentor. The mentor accepts the chalice and takes a drink, without completely draining the chalice.)

**Mentor:** Your sacrifice is appreciated. With what you have given me, I will be bound to you as much as you will be bound to me. I will not forget our bond or treat it carelessly.

(The mentor then focuses on his own vital energy, gathering it into one hand and focusing specifically on one finger. Beyond just focusing on his essence and vital energy, the mentor should also focus on his identity as a vampyre, what that means and everything that comes along with it. When ready, the mentor then opens the other lancet and taps the tip of this finger with the point. Continuing to focus vital energy and the essential nature of his vampirism into that finger, the mentor then guides a drop or two of blood to fall into the chalice of wine.)

**Mentor:** This is my blood, my precious life. It is the symbol of my spirit and all that I am. I shed this for you so that you may drink and become one of our number.

(Cupping the wine in both hands, the mentor gently swirls the wine around, mingling not only his own essence and energy with the wine but also mingling his own energy with that of the student's. Reverently, he hands the chalice to his student. The student accepts the chalice and drinks the remainder. The student and mentor may embrace after this.)

**Mentor:** You are now blood of my blood and soul of my soul. Everything that I am, you are as well. Never fail to appreciate the sanctity of this precious gift. Let us be bound together, in darkness and in light.

**Student:** Forever.

(Mentor and student clasp hands, and may choose to press their wounds together. If either

has anything further to say to the other, now is the time. The union should be solemnized with a moment of silence. If they are with a group, the mentor then presents the student to the others after this moment of silent reflection. If they have performed the ceremony alone, at the next gathering, the student will be presented around as a member of the community.)

**Note:** In the case of psi-vamps, this same rite can be used as an initiation. Simply remove the blood aspect entirely and rely solely upon an infusion of energy into the ritual wine. Any sanguine rite can be tailored to psychic vampires in this way, and similarly, any rite involving just energy can be used by sanguine vampires simply by replacing any energetic offering with a safe offering of a few drops of blood obtained with sterilized lancets.

# **First Degree Initiation**

Some groups are very informal about their degrees of initiation. Some are very strict. This is a basic ritual to recognize an initiate's passage from the Outer Circle to the first level of the Inner Circle. Depending on the system, the initiate may still not have gone through a rite of transformation, although they most certainly have gone through a formal Dedication Ceremony as described earlier. To achieve this degree, the initiate must have decided on the role they wish to fill within the community. In groups that use the caste system, this means the initiate has decided what caste they belong to and how this affects their relation to the rest of their household. In order to "pass" this ritual, the initiate must adequately respond to the questions that the secondary priest and the High Priest will put to him during the course of the ceremony.

### **Preparation:**

The energy of the ritual space is established according to the group's tradition. Once the temple has been erected, the members of the Inner Circle gather together with the High Priest. They all form a circle and join hands. At the far end of the circle, opposite the High Priest, two people do not join hands, leaving an opening in the circle. This threshold is blocked by a Guardian, typically played by a member of the Warrior caste, who stands facing out of the circle. The Guardian may have a blade or a staff to represent his or her office.

The initiate and the initiate's sponsor are not present for the set-up, nor do they stand in the circle. Ideally, they should meet in a separate room and wait for the Herald to retrieve them. The Herald is the only one allowed to pass in and out of the sacred space unchallenged. Those gathered in the circle discuss the initiate and how each person present feels about that person achieving this degree. When everyone is ready, the High Priest sends the Herald out to retrieve the initiate and his or her sponsor. The Herald leads them back to the circle, passing by the Guardian. The Guardian allows the Herald to pass but blocks the initiate.

The Rite:
Guardian: What are you doing here?
Initiate: I have come seeking the Elders.
Guardian: (barring the way) You may not pass.
Initiate: I have prepared long and hard for this.
Guardian: You may not pass.
Initiate: There is nowhere else for me.
Guardian: You may not pass.
Sponsor: I will take responsibility for him.
Guardian: Very well.
(the Guardian moves aside, and the sponsor leads the initiate into the circle. The initiate is brought before the High Priest.)

**High Priest:** (Sponsor's name) You have entered our Inner Circle with a stranger who does not belong. Who is this person and why do you bring him here?

**Sponsor:** This is (Initiate's name), my student. I have taught him the ways of our family, and now I feel it is time he be accepted among us. If you require, I will speak for him.

**High Priest:** Let him speak for himself.

(The Sponsor nods, then steps aside, leaving the initiate to stand alone in the center of the circle.)

**High Priest:** Who are you?

**Initiate:** (Name) the student of (Sponsor's name)

**High Priest:** Why do you come here?

**Initiate:** This is where I belong.

**High Priest:** What do you seek to gain?

**Initiate:** Knowledge of my Self and my community.

**High Priest:** What do you have to offer us? **Initiate:** (responds with the appropriate phrase) I am a Warrior, I offer my strength. I am a Counselor, I offer my love. I am a Priest, I offer my vision. **High Priest:** Very well. You stand before our inner community, and we acknowledge your words. (Sponsor's name) speaks for you, and though his recommendation goes far, it is not enough. Many have come before us, and it takes more than words to win our trust. What are you willing to sacrifice to prove you are sincere? **Initiate:** I offer my very life-force to any of you here. (the initiate cups his hands before his heart and channels energy there. Anyone who wishes to share this from the circle goes and lays a hand over the initiate's heart.) **High Priest:** Your offering is accepted. Your words are sincere. You claim a place among us. Do any of the Elders object to this? **Everyone:** We have no objection.

**High Priest:** Then let us welcome him in. (Sponsor's name), you are no longer responsible for this person, for he has proven that he can walk among us on his own. From this moment onward, his actions are his own actions, and any praise or blame those actions earn belongs to him.

(The Priest places an ankh or other symbol of the household around the initiate's neck).

**High Priest:** (Initiate's name), take this ankh and wear it proudly. It is a symbol of our household, and by wearing it, you proclaim to all the world that you are one of our number. Let it remind you of this night and the duties you have proclaimed.

(The initiate can optionally say the Sanguine Ankh Consecration as the ankh is placed over his head. Once it is done, the High Priest embraces the initiate and presents him to the Elders.)

**High Priest:** (Initiate's name), you are given the title of Warrior /Priest / Counselor (choose the appropriate one; alternately use Mradu / Ramkht / Kitra). You now stand at First Degree within our circle. (alternately, "Calmae"). Use your knowledge responsibly, and respect what you have earned.

(Everyone welcomes the initiate by name and may at this time offer specific blessings. The sponsor may also offer specific words of encouragement or advice.)

**High Priest:** This ceremony is ended. Let us go forth now in darkness and in light.

**All:** Forever.

**Marriage:** A Sharing of Life

This basic wedding ceremony can be expanded upon to add elements of Pagan handfastings, more traditional aspects such as giving away the bride, and any number of alterations. It can also be altered to include a sanguine exchange between the bride and groom if they so choose this. For a Sanguinarian wedding ceremony, when the bride and groom exchange wine with one another, each of them should also make a small cut on one finger with a new, sterilized lancet, and add a few drops of their own blood to the wine they present to their partner.

This ceremony requires wine to be exchanged, and therefore you will need a bottle of wine and a chalice. The best man will handle the wine, the maid of honor carries the chalice. There is a place left for an exchange of personally-written vows between bride and groom, and an exchange of rings

can be inserted here as well.

#### The Rite:

**Priest:** Friends. When we come into this world, we have only our selves, and most of our journey in life is walked alone. Some of us are content in our solitude, while others spend their whole lives searching for someone else to share with them their passions, their sorrows, and their joys.

A very lucky few of us can find that person: someone who helps us carry our burdens and achieve our dreams, just as we, in turn, help them. It is a rare and wondrous occasion when we realize that we have found someone to build a life with; and such an occasion should be celebrated, solemnly and joyfully, among friends.

We are gathered here tonight because there are two souls among us who cry out for union. They have walked together for a time now, and they have realized that they no longer wish to walk alone.

Would (bride's name) and (groom's name) please step forward?

(The couple to be married steps forward. If a more traditional wedding ceremony is desired, the groom may step forward and wait by the priest while a friend or relative walks the bride forward to join them.)

**Priest:** (Groom's name) and (bride's name). By swearing yourselves to one another this night, you help forge a bond that will be with you in every time and in every place throughout the long journey of years. Marriage is not merely a bond of the flesh; it is also a binding of souls.

When we touch one another, when we kiss and make love, we do not embrace only the body. We touch the spirit as well. The union of flesh is sacred and beautiful, but the union of souls is forever. Even when death separates you, that bond will remain. Nothing is more eternal than a vampire's love.

Now that you understand this, are you still ready to swear yourselves to one another and enter into a binding union?

**Bride & Groom:** Yes, we are.

**Priest:** Very well. Repeat after me: (The priest takes the groom's hand and looks him in the eye. The Priest then says each line below, and the groom repeats it.) **Priest:** I, (groom's name) promise (bride's name) my unconditional love. **Groom:** I, (groom's name) promise (bride's name) my unconditional love. **Priest:** To be her strength when she is weak. **Groom:** To be her strength when she is weak. **Priest:** To be her comfort when she grieves. **Groom:** To be her comfort when she grieves. **Priest:** To provide for her in times of need. **Groom:** To provide for her in times of need. **Priest:** And to laugh with her in times of joy.

<b>Groom:</b> And to laugh with her in times of joy.
Priest: Your vows have been witnessed.
(The priest releases his hand and takes up the hand of the bride.)
Priest: Now, (bride's name), repeat after me:
(The priest takes the bride's hand and looks her in the eye. The Priest then says each line below, and the bride repeats it.)
<b>Priest:</b> I, (bride's name) promise (bride's name) my unconditional love.
<b>Groom:</b> I, (bride's name) promise (groom's name) my unconditional love.
<b>Priest:</b> To be his strength when he is weak.
<b>Groom:</b> To be his strength when he is weak.
<b>Priest:</b> To be his comfort when he grieves.
<b>Groom:</b> To be his comfort when he grieves.

<b>Priest:</b> To provide for him in times of need.
<b>Groom:</b> To provide for him in times of need.
<b>Priest:</b> And to laugh with him in times of joy.
<b>Groom:</b> And to laugh with him in times of joy.
(Priest releases her hand)
(The best man brings forth the wine. The maid of honor brings forth a chalice. Red wine is preferred, for it represents blood. The wine should be uncorked before the ceremony to avoid any awkward difficulties. Both the cup-bearer and the wine-bearer stand close to the bride and groom.)
<b>Priest:</b> (Groom's Name), take up the wine and pour some into the chalice. As you do so, repeat after me:
(Bride's name), I pour out my life for you, I offer up my precious spirit.
Groom: (Bride's name), I pour out my life for you, I offer up my precious spirit.
<b>Priest:</b> Let this sacrifice bind us, spirit to spirit, flesh to flesh.
<b>Groom:</b> Let this sacrifice bind us, spirit to spirit, flesh to flesh.

**Priest:** So that no earthly power may destroy our union. **Groom:** So that no earthly power may destroy our union. (The Groom hands the bottle of wine back to the best man. Then he takes the cup from the maid of honor and raises it to the Bride's lips. She drinks. The cup is then handed back to the maid of honor.) **Priest:** (Bride's Name), Take up the wine and pour your future husband a portion. As you do so, repeat after me: (Groom's name), I pour out my life for you, I offer up my precious spirit. **Bride:** (Groom's name), I pour out my life for you, I offer up my precious spirit. **Priest:** Let this sacrifice bind us, spirit to spirit, flesh to flesh. **Bride:** Let this sacrifice bind us, spirit to spirit, flesh to flesh. **Priest:** So that no earthly power may destroy our union. **Bride:** So that no earthly power may destroy our union.

(The Bride hands the bottle back to the best man and takes up the chalice. She raises this to her future husband and holds it as he drinks. Then she hands the chalice back to the maid of honor.)
Personal Vows:
(If the Bride and Groom have personal vows to make to one another, they can say them here.)
Conclusion:
<b>Priest:</b> Everyone hear bears witness to this rite. Your hearts know that you two are wed. Kiss and show us all your passion.
(The Bride and Groom kiss. When they are finished, the Priest presents them to the audience.)
<b>Priest:</b> Our thanks to everyone who has gathered here tonight to bear witness to these vows. May I present to you (Bride's name and Groom's name). Please offer them your dark blessings for a long and joyous union. Go forth in darkness and light
All: Forever

# Naming Ceremony

(Dedication to the Child)

Children are often a natural consequence of marriage and other unions. This ritual is offered as an alternative to a Baptism or Wiccaning, providing a rite that acknowledges both the child and the responsibility of child-rearing. This rite can also be used to bind a non-related care-giver to the child, as in the case of a step-parent or other individual who is committed to helping raise the little one.

### The Rite:

**Priest:** We are gathered tonight to welcome a new soul into our community. This child represents the greatest potential any of us can achieve: the ability to affect the future. By nurturing, guiding, and gently instructing this new life, we can create positive change that will be felt now and in succeeding generations.

(The parents and/or caregivers are called forth. If both parents cannot be present, it is preferable that the mother lead the child through this ceremony, but there is no restriction that prevents the father from being the main supporter in the rite.)

**Priest:** (Mother and Father). This little soul has chosen you as his parents. There are things that he feels he can learn from you, and undoubtedly there will be things that you can learn from him.

Through your body, Mother), you provided him flesh. It is thus your duty to nurture that flesh. As his parents and caregivers, you are bound to feed him and to clothe him, to keep him safe, and to nurse him through illness. But your duties do not end there, for this child is not simply a being of flesh and blood. He is a being of mind and spirit as well.

As you must nurture his body, so must you nurture both his spirit and his mind. In this way, you will become not merely his caretakers, but his guides, his guardians, and his friends as well. Henceforth, it will be your sacred duty to teach this child in the ways of the world, to instruct him in his spiritual path, to help him explore and develop his intellect and natural abilities, and to provide

him with your compassion, your support, your discipline and your love.

Being a parent is not just about giving birth. In nurturing this little life, you are committing yourselves to great burdens and rewards. I ask you both, do you understand the full measure of what you are committing to? Are you both willing and able to undertake this responsibility to this child?

**Response:** Yes, we are.

**Priest:** Very well. There are seven vows that you must swear to this child. These bind you to him, in spirit as well as blood. I charge you both, by all that you hold sacred, to keep these vows inscribed upon your hearts, and to never forget them in all your dealings through this child's life.

After each, please respond, "So do I swear."

**Priest:** Do you swear to care for him when he is sick and to provide comfort for him when he is in pain?

Parents: So do I swear.

**Priest:** Do you swear to laugh with him and to teach him how to play so you are a friend to him as well as a mentor?

Parents: So do I swear.

**Priest:** Do you swear to be his emotional support when he is going through hard times and to serve as his spiritual guide as well as you are able?

Parents: So do I swear.

<b>Priest:</b> Do you swear to teach him about himself and the world around him and to help him learn to lead a happy and centered life?
Parents: So do I swear.
<b>Priest:</b> Do you swear to encourage him to experiment and explore his identity and his gifts, guiding him safely with an open mind?
Parents: So do I swear.
<b>Priest:</b> Do you swear to provide discipline when it is needed, but always to correct him with love and never with anger in your heart?
Parents: So do I swear.
<b>Priest:</b> And finally, to love him unconditionally, no matter what, and to always welcome him back into your heart if he chooses to stray?
Parents: So do I swear.
(The Priest weaves energy between all parties swearing the oath to bind and witness the vow.)
Priest: It has been witnessed. Now, place your hands over the child's heart.

(Those who are dedicating themselves to the child step forward and join the mother, each placing a hand gently upon the child. The priest lays hands over the hands upon the child.) **Priest:** I bind you to this child, not with ties of blood, but with your own vows and dedication. In heart as well as in spirit, this child is now a part of you, to be treated as you would be treated yourself. (Names of Mother and Caregivers), may each of you become a mentor to this child during his youth, and his friend once he has grown. Keep sacred the vows you have made tonight. Remember that you do not have to be a perfect parent, but you should strive to be perfect in your love. (The Priest sends a warm wave of energy through all their hands, blessing the Mother and Caregivers. There is a moment of silence as all reflect on the ties sealed here this day.) The Naming: (All step away but the mother.) **Priest:** Now, Mother: you have borne this child from his first moments. You shared with him your body, and it is by your choice that he was brought into this world. By what name shall we call him? **Mother:** I name this child (Child's name). Priest. Very well.

(The Priest gathers energy into his left hand and touches the child on the forehead, the lips, and the heart.)

**Priest:** (Child's Name). I greet you. I bless you. I call you by name. May you meet the world with an open mind, a questing spirit, and a loving heart. May the secrets of the world be clear to you, and may you always find your way along your particular life's path.

Now, for all those who have gathered to witness this rite, I present to you the child (child's name), his mother, and his father. Please welcome this child into our community, and give everyone here your blessings and your love.

(The family and caretakers are presented around and each person present can greet them and offer blessings or advice. When all are finished, the Priest draws the ceremony to a close.)

**Priest:** This ceremony is ended. Let us all go forth and celebrate, in darkness and in light.

**All:** Forever.

#### **Rite of Familial Bonds**

By the descriptions that appeared in the 1998 Vampyre Almanac, the Sanguinarium tradition recognized several types and sizes of groups within the vampire community. These ranged from clutches to courts, differing both in size and in the nature of the connection between the individuals involved. Ultimately, as things grew and changed, the primary vampire unit became the House, a collection of individual bounds by similar beliefs and practices that is comparable to a Wiccan coven. However, a House is more of an organizational group, and many of us within the vampire community feel closer bonds then even our shared symbols and beliefs. The tight-knit groups founded by vampires who live in close proximity to one another hearken back to the ancient tribe or clan, establishing extended families that rely upon one another and provide mutual support and love. When such a group is particularly close, calling it a House does not seem quite enough. For those who feel that their circle of friends have indeed became their Family, this rite exists.

Preamble:

Priest: The world is changing, and with it, our definition of family must change. Sometimes the families we are born into do not suit us. We may find that there are differences that cannot be surmounted. Our life choices may be rejected, or we may simply feel nothing in common with those to whom we are born. As we venture out into the world, we sometimes find brothers, sisters, and even parents among those who have no relation to us through blood. Although the relationship thus shared is something that the world might not recognize, we know the truth: family is where you find it, and love does not adhere to those boundaries imposed upon it by culture and society.

In our community, especially, we often choose to redefine the boundaries of family. We find new children in those that we teach; we find new parents in those who guide us through the discovery of self. Over time, such deep connections are built that we cannot avoid the fact that we have become family to one another. Despite the opinions of the rest of the world, we must feel free to accept our family where we find it, to enjoy the love and support of those the world might consider strangers, and to honor the connection we share with those who are our spiritual flesh and blood.

This is a ritual to honor such found family, so that their bond may be recognized and formalized by the community. For, whatever shape it may take, the bonds of family are sacred, and it is through love and support of others that many of us are able to make our way in the world. Would those entering together into this ritual please step forward?

(The family steps forward and stands in a semi-circle in front of the Priest.)

**Priest:** We gather this day to formally acknowledge the bonds that nature and birthright did not supply. You who gather here before me, (name, and name, and name:) you have come together in support of one another. Your connection has gone far beyond that of just friends. Yet, as you are not all lovers, and you are not blood related, the world still recognizes you only as friends.

There is a word for a group of people that help of one another grow, who support one another, financially, spiritually, and emotionally, who share a bond that will remain in their hearts throughout their lives. That word is family.

You (insert number of people entering into the group) have come before me this night to declare your devotion and to make it clear to the world that, even though you bear no connection through birth or through blood, you are a family nevertheless.

Is this truly your intention?

Family (as one): Yes it is.

**Priest:** Very well, but before we proceed, let me caution you. This bond is not to be undertaken lightly. You are about to pledge to me and all that you hold sacred that the (number) of you will hence forward be connected, that you will love one another and support one another through all of life's trials, working together to provide a healthy living space, where all of you can grow and flourish. Once forged, this bond should not be broken, so be certain that this is what you want -- and that you are willing to work to nurture it and to protect it. Is this still your intention?

Family (as one): yes it is.

**Priest:** Very well. You will make your vows together, and then individually so that your duty to one another is perfectly clear. First, place your hands together before me. I will bind you by the ties of spirit and flesh as you swear to me these vows. I will speak each vow, and you will all, as a unit, repeat it back to me.

(Everyone extends a hand to the center of the semi-circle, clasping hands so that they are all touching. The priest then lays his hand over theirs, weaving them together with threads of energy.)

**Priest:** I pledge you my love, my devotion, and my support.

**All:** I pledge you my love, my devotion, and my support.

**Priest:** In the weak times and in the hard times,

**All:** In the weak times and in the hard times.

**Priest:** When you cannot bear up alone,

**All:** When you cannot bear up alone,

**Priest:** I will be there, I will try to be strong.

**All:** I will be there, I will try to be strong.

**Priest:** When you need an ear to listen,

All: When you need an ear to listen,

**Priest**: a shoulder to cry on, or an extra pair of hands,

All: a shoulder to cry on, or an extra pair of hands,

**Priest:** I will try to help, I will do what I can.

**All:** I will try to help, I will do what I can.

**Priest:** as brother to sister, as parent to child,

All: as brother to sister, as parent to child,

**Priest:** I will be there for you,

**All:** I will be there for you, **Priest:** so we can weather the storms of life together, **All:** so we can weather the storms of life together, **Priest:** as a family strengthened for unity and love. **Priest:** as a family strengthened for unity and love. **Priest:** These things, you swear, and as a family, you swear them together. Now, a family is a group that is made up by individual parts, so you must each take individual vows and swear before one another to solidify this union. (The priest approaches each member in turn, starting with the mother or father figure, and proceeding through each member in turn, finishing with the newest member of the family. When he approaches each person, the Priest holds his hand over their head, gathering energy.)

**Priest:** As you swear these vows, you open your mind to thinking as a family. You open your lips to speaking as a family. And you open your heart to loving as a family.

(The Priest touches forehead, lips, and heart, in turn, connecting with the individual's energy and opening these points to the energy of everyone else in the family group. This is done for each person in turn before they take their individual vows. As the Priest continues to speak, he holds his hand over the individual's heart, binding their energy with the power and intent of the vow.)

**Priest:** The vows that you swear should be written upon your soul, so that you carry them with you always. You are bound by these oaths, and your place in this family relies upon your loyalty to these oaths. Never fail to appreciate the power and sanctity of what you swear here this night. After each vow, swear to your new family: "I will be there."

**Priest:** In times of weakness and emotional need:

**Family Member:** I will be there.

**Priest:** In times of joy and celebration:

**Family Member:** I will be there.

**Priest:** For the simple things, those day-to-day tasks so often overlooked:

**Family Member:** I will be there.

**Priest:** When the family grows together, when the family fights, and when the family makes amends:

Family Member: I will be there.

**Priest:** In love, in devotion, and in mutual support, now and all the days of my life:

Family Member: I will be there.

(These vows are repeated for each member. When each member has sworn these vows to every other member of the family, the priest takes all of their hands and holds them collectively together. The priest then holds his hands over their hands, weaving energy between them, forging a blessing that solidifies the bonds that they have sworn.)

**Priest:** Spirit to spirit, flesh to flesh, I seal this sacred bond. May you be strong together, may you prosper together, and may you always know love. If any of you have any additional vows or statements to make to one another, please do so now.

(Insert optional declarations from the family members.)

**Priest:** Embrace, and be one.

(All the family members engage in a group hug.)

**Priest:** This ceremony is ended. Got forth as a Family in darkness and light.

**All:** Forever.

### The Promising of a Donor

There are many kinds of relationships, and sometimes marriage does not quite fit the connection which exists between two people. Within our community, a unique form of relationship has developed: that of a vampire and his or her donor. A donor can be a Kitra (Counselor caste), drawn from within the vampire community, or a donor may be a non-vampire who has nevertheless chosen

to offer him or herself up to a vampire companion. The relationship between the vampire and donor is something sacred, and it should be treated as such. Promises should be made on the part of both parties, and the occasion of this promising deserves a celebration all its own.

#### The Rite:

Priest: Friends, we are gathered on this night to solemnize a very special union. Many within our community cannot exist wholly on their own. Our power, our spirit, and sometimes our very health depends upon the offerings of others. Our Counselors, our donors, our Kitra, and our beloved black swans give of themselves to sustain us, and the relationships we forge with such providers can be as lasting and profound as any marriage.

Tonight we gather to celebrate the promising of a vampire and a provider. They have come together to formalize their relationship and to swear solemn vows. Would (donor's name) please step forward?

# (The donor approaches the priest.)

**Priest:** (Donor's name), you have offered yourself body and spirit to your vampire. This is not something to be undertaken lightly. The very nature of a vampire is to transform and change. You cannot be touched deeply by one of our number without being altered in some aspect of your being. It is important, before you proceed, that you understand the risks of this relationship. Do you understand that, as a donor, you are offering your own vitality to strengthen your vampire's vital force?

Donor: I do.

**Priest:** Do you understand that, by swearing these vows, you are promising to take responsibility for your vampire's health, providing for him when he is in need whenever this does not endanger your own health and well-being?

Donor: I do.

**Priest:** Do you understand that you are responsible not only for the health of the one you would swear to, but also for your own health, caring for yourself so the vampire's demands do not overtax you, and keeping your body free of poison and disease?

Donor: I do.

**Priest:** Do you understand that when the one you would swear to feeds, he is touching not only your body but deep into your soul so that a connection will linger between you even when your physical bodies are distant?

Donor: I do.

**Priest:** And do you understand that his kiss may change you in ways no one can predict, opening potential abilities and resurrecting memories that may complicate your life?

Donor: I do.

**Priest:** Knowing these things, and having been advised of both the joys and the risks by the one you would swear to, are you still willing to proceed?

**Donor:** I am.

**Priest:** Very well. Would (Vampire's name) please step forward and stand before me?

(The vampire entering into the relationship steps forward.)

**Priest:** (Vampire's name), you have offered to accept (Donor's name) as your donor. Do you understand that (Donor's name) is bestowing upon you a sacred trust and that this relationship is not meant to benefit only you?

Vampire: I do.

**Priest:** Do you understand that in taking these vows today, you take up a responsibility toward the one you would swear to, helping her, guiding her, and protecting her?

Vampire: I do.

**Priest:** Do you understand that you are obligated to guard her health as if it were your own, to never overfeed, and to only take with her permission?

Vampire: I do.

**Priest:** Do you understand that you both share responsibility for looking after your needs, communicating openly with one another about your health and your energy?

Vampire: I do.

**Priest:** And do you understand that the interactions you propose will forge a link the goes deeper than flesh between the two of you, and that you are not to abuse this link to abuse or control her?

Vampire: I do.

**Priest:** Very well. Before I solemnize this union before the eyes of our community, it is required that you each make vows to one another. (Donor's name), you will repeat after me:

**Priest:** I promise to give of myself to (Vampire's name), so that my life may strengthen his life, and my soul may strengthen his soul.

**Donor:** I promise to give of myself to (Vampire's name), so that my life may strengthen his life, and my soul may strengthen his soul.

**Priest:** I promise to always be discrete about our exchanges and to never talk about them with others without his knowledge and his permission.

**Donor:** I promise to always be discrete about our exchanges and to never talk about them with others without his knowledge and his permission.

**Priest:** I promise to offer myself freely and to never try to manipulate or control (Vampire's name) through his reliance on me.

**Donor:** I promise to offer myself freely and to never try to manipulate or control (Vampire's name) through his reliance on me.

**Priest:** I promise to respect (Vampire's name) and to be mindful of his hunger, so that when he is in need, I am there to provide.

**Donor:** I promise to respect (Vampire's name) and to be mindful of his hunger, so that when he is in need, I am there to provide.

**Priest:** And I promise never to turn on (Vampire's name), even if our relationship ends, but to always hold him fondly in my heart.

**Donor:** And I promise never to turn on (Vampire's name), even if our relationship ends, but to always hold him fondly in my heart.

**Priest:** Very well. It has been witnessed. And you, (Vampire's name). There are vows you must swear as well. Repeat after me:

**Priest:** I promise to care for (Donor's name) and to cherish the gift she provides for me, so that she never feels I have taken her for granted.

**Vampire:** I promise to care for (Donor's name) and to cherish the gift she provides for me, so that she never feels I have taken her for granted.

**Priest:** I promise to provide what I can in return for what she offers me, so that our exchange is never one-sided.

**Vampire:** I promise to provide what I can in return for what she offers me, so that our exchange is never one-sided.

**Priest:** I promise to be discrete about our exchanges, and to never talk about them with others without her knowledge and her permission.

**Vampire:** I promise to be discrete about our exchanges, and to never gossip or brag about them to others.

**Priest:** I promise to protect (Donor's name) and to never demand more than she can safely give, for her life is as my life, and her soul is as my soul.

**Vampire:** I promise to protect (Donor's name) and to never demand more than she can safely give, for her life is as my life, and her soul is as my soul.

**Priest:** And I promise to always hold (Donor's name) in fond regard, even if our relationship ceases, for the gift that she has provided for me I will carry forever upon my soul.

**Vampire:** And I promise to always hold (Donor's name) in fond regard, even if our relationship ceases, for the gift that she has provided for me I will carry forever upon my soul.

**Priest:** It has been witnessed.

(The Priest seals the vows with energy, weaving it between the Vampire and Donor, from forehead, to heart, to root.)

**Priest:** Everyone! (Donor's name) has proven that she understands her obligations to us, and she has sworn to be loyal and true. (Vampire's name) has proven that he understands his responsibilities, and he has sworn to treat his donor with respect and with care.

Until such time as this relationship is ended mutually by the both of you, take care to be faithful to your vows. Respect one another, and make an effort to communicate. Be mindful of one another's feelings, and never do anything without considering the consequences of your actions, for this is not a worldly union of the flesh, but an agreement to share an essential portion of your souls. By giving of yourself, by taking her life into you, you will forge an bond that will tie your two spirits together for many lifetimes to come. Do not take such a sharing lightly. No one outside our community can share a union such as this. Never fail to appreciate the sanctity what you have.

(The vampire may choose to give the donor a token that will mark her as his. This will most likely be a necklace with his house sigil on it, or a pendant of some other distinguishing

symbol. In rare instances, a donor may choose to get a tattoo or piercing that represents this union.)

**Priest:** Everyone, I present to you (Vampire's name) and his donor, (Donor's name). She is now his primary source of life, and his cherished provider. Let no one challenge the sharing between them.

Go forth in darkness and in light.

All: Forever.

#### The Rite of the Dead:

Celebrating the Journey of the Soul

In books and in movies, vampires are immortal, living a life that does not end except through violent circumstances. As vampires, we do not lay claim to the immortality of the physical body, but we do believe in the immortality of the soul. Death is inevitable for us all, and at the right point in life, it is often a welcome transition, leading us from a life we have finished to a whole new set of opportunities and possibilities. Although death should not be feared, there is no denying that it can be traumatic, and no one is hurt more than those who are left behind. The following rite is acknowledges both the new journey undertaken by a soul that has transitioned from flesh to spirit and also the pain and loss experience by those who remain behind.

### **Preparation:**

This rite should be performed either at the funeral home where the body is being shown to family and friends or at the graveside, prior to actual burial. Because so many members of the community see the body as just a vessel that is necessarily mortal and finite, few may choose to go to the trouble and expense of having their bodies embalmed. In the case of cremation, of course, no body is shown, and an urn, with a photo and other mementos of the deceased will be the focus of the rite.

In some cases, the family of the deceased will not be sympathetic to his beliefs, and a priest of a traditional religion will be present for the "real" funeral. In such cases, first attempt to get permission from the family members to have a small memorial service of your own. If it is impossible to reason with the family, then a private service among the community will have to be held without the actual presence of the deceased. In such a private rite, set up a small memorial altar

to the dead person, placing photos, items of special importance, and other mementos at the center of the ritual space.

Friends and family gather for the ritual. A small group of those who were closest to the deceased (lovers, immediate family, best friends) is selected, and these individuals should have some token to leave with their departed one. These tokens are symbols of love, promises, and well-wishing for the future, and they can take any form. Flowers are acceptable, or polished stones, hand-made cards or letters, or even small statues or pieces of jewelry – these gifts represent one final bond between the living and the dead, and they are very important for the living to help them achieve closure with the deceased. If the rite occurs by the casket, these items are placed inside to be buried with the deceased. If the rite is held at the graveside, the tokens can be thrown in on the coffin before the first spadefuls of earth or left around the memorial stone. If the rite had to be held privately, have the immediate family and friends leave their tokens on the memorial altar, and then gather these up to be placed at the gravesite at a later time.

(The Priest opens the ceremony with the Charge or Opening Prayer)

### **Proclamation:**

**Priest:** Friends! This night marks a very somber occasion. (Name), our dear friend and a valued member of our community, has left us and moved on to a new life and new beginnings. Tonight we gather in honor of (Name), to remember his life with us, and to reflect upon the meaning of his death.

Death comes to all of us in our time. Although our spirits are immortal, the flesh is weak. Our bodies are mere vessels for our eternal Selves, and not only is it unavoidable that these bodies will weaken and die, but that death is a necessary step for further growth and change.

However we may understand these truths in our spirits and in our minds, death is still a very difficult process for the heart to endure. We love what is familiar to us. We grow accustomed to a particular face or smile, the pleasing notes of a specific voice. These things are unique to each incarnation, and once they have faded they will never occur in quite the same way again. This is the true loss in death. The spirit has left a body that was failing and giving out in order to move on to something vital and new. But we, the living, must continue on with the knowledge that, although the spirit lives, the particular combination of body and soul that we have come to cherish and know as (Name) will never be with us again.

### **Reading:**

(an optional reading may be inserted here. More than one person can read something they have prepared to honor the deceased. Many will probably want this honor. To keep the length of the rite down, choose three who were closest to the deceased. If many other members of the community feel they must say something, have them write their sentiments on a piece of parchment. These can be buried with the deceased or, if this is impossible, all the parchments should be gathered and burned, then the ashes scattered to the winds so the intent of the letters is carried to the deceased.)

# **Responsorial:**

**Priest:** (Name)! You touched each and every one of us. You changed our lives, and none of us will be the same because of you. The bonds that we forged with you will not be erased with the passage of time, nor the passing from one life to the next. Even though you have moved on to something different, we will all remember what we share with you.

After each statement, please respond: "We will not forget."

(The Priest can read the following statements or, alternately, various members of the mourning party can each be assigned one statement to read. This last works well especially if the mourning party is sizable.)

**Priest:** Your vision, your insight, the lessons you taught us:

**All:** We will not forget.

**Priest:** Your voice, your smile, the sound of your laughter:

**All:** We will not forget.

Priest: Your heart, your compassion, the way that you touched us:
All: We will not forget.
<b>Priest:</b> Your quirks, your hang-ups, all your endearing faults:
All: We will not forget.
<b>Priest:</b> And when next we see you, in another life:
All: We will not forget.
(Everyone observes a moment of silence.)
<b>Priest:</b> (Name)! Along every journey there comes a parting, and while we may meet again in the

**Priest:** (Name)! Along every journey there comes a parting, and while we may meet again in the future, for now we must say "fare well". No matter how much we will miss you, you must move on to your new life, and we must carry on with our own.

Never forget us, as we will never forget you. Remember: lives may come and go for us, but this family is forever. We will always cherish you in our hearts, and carry our memory of you in our eternal souls. Now let us each make an offering to our departed friend, to strengthen him along his new journey.

(The Priest leads everyone in making an offering of energy for the deceased. Those with items to leave in the coffin or at the graveside can charge these with the offering of energy. Others may simply hold out their upturned hands. In single file, each should leave their offerings at the memorial. If the rite is not being held at graveside or coffin, then the memorial is likely to be a photo of the deceased or a simple shrine set up to honor the dead person's memory. When everyone has had a chance to leave their offering, the Priest closes the ceremony with the Family Prayer.)

### **Conclusion:**

#### **Priest:**

May we endure together peacefully.

May we enjoy each lifetime as it comes.

May we benefit each other as we better ourselves,

And may we always find one another,

In every time and in every place,

To share this companionship and to celebrate this bond.

**Priest:** Go forth in darkness and light.

**All:** Forever.

# **Chapter Nine:**

Community Rituals

I've found that quite a few members of our community are very leery of ritual. They feel it comes too close to something that has burned them before: religion. Many of the organized religions that exist right now in the Western world are oppressive to the individual. They attempt to take one vision of divinity and make it right for everyone. They attempt to take one style of ritual and make it the only style anyone is exposed to. This style of religion stifles individual spirituality, for spirituality is often something that is intensely personal. One symbol and one set way of doing things does not and cannot suffice for everyone. Each and every one of us has a different path we must follow, and no one but we can say how it should be walked.

Please remember that the rituals here are not intended to become a religion. They are guidelines only, and they have all been written to leave room for individual expressions of spirituality. You do not have to believe in a god or goddess to take part in any of these rituals. You do not have to be properly religious at all: so long as you share a connection to our community, something in these rituals will speak to you.

When it comes down to it, most rituals that are performed publicly are less about religion or spirituality and more about community. Public rituals are intended to bring the community together. They give its members a shared tradition and shared experiences. Spirituality should be a fundamental part of any ritual, but spirituality is more the realm of the individual. The most intense spiritual experiences will still be had by the individual, alone, in moments of personal contemplation. No ritual written in all the world can take the place of spontaneous spiritual experience.

The following rituals are written specifically for the Sanguinarium community. They are rites that celebrate the starting of a household or the blessing of a haven – community-oriented actions which impact and generally benefit everyone. These are things that the community should celebrate and recognize together, and they hopefully will become the foundation of a tradition the community will follow in years to come.

# **Establishing a New House**

Houses are the backbone of the vampire community. Houses are bound together by similar beliefs and practices, and they provide a support structure for members as well as a place to meet donors and others who are sympathetic to our lives.

Most houses are physical groups founded by a number of individuals who live in proximity to one another. Many such Houses often have a physical home that everyone can meet at which serves as the hub for networking, meeting, socializing, and instruction. But Houses are not limited to physical space. Many vampire Houses exist online, hosting message boards and websites where members can meet, network, and find support just as they do in a physical House.

It is a great responsibility to found a House, and running the House takes a lot of dedication and hard work. It's important that everyone remembers that a House exists for the betterment of its members. The fundamental concept that makes Houses work in this community is that there is strength in numbers. Not everyone will want to join a House and not everyone should be expected to, but overall, this small unit of organization can create big things when everyone within the House is working together for both the House's benefit and the benefit of the overall community.

The following rite is designed to be performed at a Sanguinarium Court or other sizable gathering of vampire groups.

**Preparation:** This rite is best performed before the entire community. In places where the community is small, everyone gathers in a semi-circle before the officiating priest. At the beginning, the members of the new household stand at the center of the semi-circle, mixed in with everyone else. The new household should prepare ahead of time a piece of parchment with all the members' names on it, starting with the elders and going down in rank. Caste and degree can optionally be listed and read off with each person's name. The new household should also have a representation of their house sigil and a brief explanation of what this means. The explanation may be written down or memorized by one of the elders. The members of the house can select a leader to respond for them, or they can each take turns responding to the questions of the priest.

### The Rite:

**Priest:** Everyone. We have gathered this night to witness the birth of a new household within our community. This is a joyous and solemn event that the whole community is called to witness and to share.

Households are spiritual, social, and emotional families. They are the very building blocks of our community, and their diversity makes us strong. The members of a particular household are bound together by common beliefs and a common spiritual path. They share the same symbols, the same loyalties, and the same common goals.

Would the members of the new household please come forward?

(the prospective members come forward out of the crowd)

**Priest:** You (three, four, etc.,) desire to found your own household. This is not something that can be undertaken lightly. In founding a household you are pledging to the community and to all your prospective members to provide a safe and healthy space for people to learn and to grow. A lot of work is involved in maintaining a household, and every member must contribute to the betterment of the whole. Are you certain you are capable of these things?

**Members:** We are willing to accept the task.

<b>Priest:</b> Very well. First, to be recognized by the community, your household should have a name. What do you wish to call yourselves?
Members: We are the House of (Name).
<b>Priest:</b> And what sigil have you chosen to represent you?
<b>Members:</b> This is our sigil, the sigil of (name). We have chosen this because it represents, (explanation of sigil), and this suits the ideals of our House.
<b>Priest:</b> And what ideals have you founded this House upon?
<b>Members:</b> These are our beliefs. They are what hold us together: (the fundamental goals and beliefs of the house are briefly explained by the speaker).
<b>Priest:</b> And who are the members of this household?
<b>Members:</b> These are our Elders. They form the backbone of our House: (reads off the names. Any who are present come forward to be recognized by the crowd.). These are the others that make up our House. It is for them that the House exists: (reads off the remaining names of members.)
<b>Priest:</b> Who are the ones who take responsibility for this household? At least three should lead. Step forward.

(The individuals who have founded the House and who are committing themselves to running the House step forward and state their names. If the House has positions like Secretary or Treasurer, each person also names his respective title and position.)

**Priest:** (Name and Name and Name:) Each of you, independently, could not support this household alone. A single person has many strengths, but also many weaknesses. The opinion of one can be flawed, and with only a single point of view, how can these flaws be seen? Therefore, there must be three, so that no single one of you holds power alone. Decisions that are made for the community must be made together, with all three in accordance. What strengths each of you have will be shared to enrich one another. What weaknesses you suffer will not be suffered alone but supported by the strengths of the remaining two. In this way, you three will become the dynamic balance that will keep this place vital and strong. Are you three willing to lead this house wisely and responsibly?

Administrative Members: We are.

**Priest:** Very well. Before I give you sanctioning as a household and welcome you into our community, there are certain vows you must swear to us all. These vows are sacred and binding, and if you are found to be in violation of any of them, your position in our community will be taken away. After each vow, all must respond, "So do we swear."

**Priest:** To respect the privacy of our community and to never bring undue attention to us through illegal or objectionable activities.

**Administrative Members:** So do we swear.

**Priest:** To respect the rules of community and to teach any new members to abide by these rules.

**Administrative Members:** So do we swear.

**Priest:** To guide and teach all those who come to you so that they understand our community and respect our ways.

**Administrative Members:** So do we swear.

**Priest:** To respect the other members of our community and never to speak out against them in idle gossip but to voice legitimate complaints in a constructive manner.

**Administrative Members:** So do we swear.

**Priest:** And to help contribute to the growth of our community by providing a place where all can come to you to learn and grow and come to understand our ways.

**Administrative Members:** So do we swear.

(The Priest turns to all in attendance, addressing the other members of the community, heads of other Houses, etc.)

**Priest:** The members of House (name) have sworn to us. Does anyone here doubt the sincerity of their words?

(There is a pause in case there is an objection)

**Priest:** You three: (name and name and name.) I give you my blessings, and I bless the sacred duty you have undertaken. I establish this household, (name of house) in your names, and in the name of our community.

(The Priest holds out his hands above the administrative members, blessing them with energy.)

**Priest:** May you be strong, even in the face of adversity and hardship. May you be wise, so that your judgment is never clouded by fear or personal desires. And may you be dedicated, so that everything you do, even in your ordinary lives, serves to better you and to better our community.

Now, with my authority as Priest and by the vows you have just taken, I formally recognize you (three, four) as House (name). You are now an official part of our community, with all the privileges and responsibilities which that entails.

All you who are witnesses: I present to you House (name). Give them your blessings. May they be strong and loyal, and may their family serve to enrich us all. In darkness and light.

All: Forever.

### Blessing a Haven

A haven is any physical place that regularly hosts gatherings of the vampire community. In cities like New York, most havens are nightclubs, but a haven can also be the back room of an occult bookstore or even someone's private residence. The important thing about a haven is not its location but what it provides for the community: a place to meet. Havens are places where vampires can gather to speak with one another, relax, celebrate, teach, and let their real faces show. Havens can be devoted to purely social events, but many host a variety of things, blending socializing and fun with workshops, rituals, and other community-related demonstrations. The energy of a haven is important because it helps to provide a safe space that is conducive to honest and unrestrained interaction. Many havens, even those that are essentially just someone's living, have names. These names help to further establish the special atmosphere of the haven, lending the space a greater identity that it would normally have.

The following rite is designed to help establish the energy of a haven, and to consecrate it to its purpose of helping the community grow and thrive. The rite is written for a Priest, but as it is a cleansing ritual, it can also be performed by a Warrior (Mradu). Keep this in mind as you read the rite.

### **Preparation:**

This ritual calls for incense to cleanse the space of the haven. Stick incense can be used, but the best effect is achieved with granular incense burned in a censer. If fire codes prevent the use of incense, scented water can be substituted instead.

(The Priest approaches the building to be consecrated. He begins at the main door, standing in the threshold.)

**Priest:** With darkness and with life, I bless and sanctify this place. May it be purified and cleansed of all disruptive influences. May the dust of the past be cleared away.

(The priest takes five to ten sticks of incense and lights them. When they are smoldering, he blows the fire out, and wafts the smoke around the threshold.)

**Priest:** With fire do I purify. With air do I cleanse. May all that is harmful be carried away. May all that is stagnant be cleared.

(The priest steps through the threshold and enters the haven.)

**Priest:** I do name this place (name of haven), and hereby dedicate it to our purposes. May it be a welcoming haven and a safe gathering place for our people. May all who enter come in peace. May joy and pleasure be had by all, and may no petty squabbles mar what nurtures us here.

(Go left and begin moving in a circle around the main floor. Waft the incense smoke up and down the walls. At each pass, repeat the prayer: With fire do I purify. With air do I cleanse. Let the sacred incense smoke clear everything away. When you have made a complete circuit of the main floor, stand in the approximate center of the room. Swirl the incense in a circular motion, wafting the smoke in a spiral toward the ceiling. Ground and center, then draw all the energy of the place into yourself. Transform this to the declared purpose of the haven, sending it all outward into the club, weaving the energy throughout the structure of the building and setting up boundaries between the physical space of the haven and everything beyond that space. Do this for each floor. Pay special attention to windows, sealing these off from hostile influences with incense and energy so that the boundaries of the haven remain firm.)

**Priest:** (Name of Haven). This is our sacred space, our home, and blessed haven. May no one mar the peacefulness that I establish here now. Let it draw those who need us in. Let it shine as a dark beacon for all who would seek shelter in the shadows of our world. This is our fortress against all who would judge, all who would misunderstand. Let it gather our community to us. Let it make us strong.

By all the powers, ancient and new, by all the spirits, mortal and immortal, I consecrate this place by the name of (name).

In darkness and light, forever.

(You can do a water version of this blessing, sprinkling water around the haven with a freshly cut branch or with your fingers. As an alternate Sanguine rite, the priest can draw a drop of blood from his finger prior to starting the blessing, mix this in with the water as an extra consecration, and bless the haven with both water and blood. Obviously, some wording should be changed for a water version, so instead of sanctifying with fire, the priest sanctifies with water and / or blood, and instead of burning away impurities, use the imagery of washing and cleansing. Warriors often prefer to use a blade for the consecration of the space, and may incorporate blood as well.)

## **Gathering Rite**

This rite centers around the use of a pomegranate, a special fruit that does not grow in temperate climes. Typically, pomegranates are imported to the US in the autumn and they are rarely available fresh any other time of the year. When you are holding a gathering of your Family in the fall, this isn't a problem, but what about the rest of the year?

Fortunately, pomegranate juice is available year round, and with a little change in the wording, this can be substituted for fresh pomegranates in this ritual.

Although compared to other juices pomegranate can be a little expensive, a bottle of it is still cheaper than most table wines. The main brand of pomegranate juice that's available on American markets is called Pomme, and I've seen it at most grocery stores, though you may have search around a little for it. For example, the Super K-mart where I live keeps it with the specialty fruits and vegetables, and not with the regular juice. If you can't find Pomme in any of your local stores, they do have a website, so you could order it direct.

Pomegranate juice is also the main ingredient in grenadine syrup, so in a pinch, you could mix this

with some ginger ale and still have a symbolic drink to share with everyone.

### **Preparation:**

Three readers are selected from the group ahead of time. These can be representatives from each of the castes or simply three individuals who feel called to take part in the ceremony. Prior to beginning, sacred space is set up and the Charge is spoken.

#### The Rite:

#### First Reader (Priest):

We are gathered here this night to celebrate this, our ancient Family. As a Family, our paths are many, but we walk together as one. As we progress, we each help one another toward common goals, and we share common experiences along the way.

### Second Reader (Warrior):

Though there are times that we may wander, we are tied together by bonds of spirit and of blood. These call us back to one another over and over, regardless the place, regardless the time. We set out together as a Family, and it is as a Family now that we move into the future, celebrating who and what we are each step along the way.

### Third Reader (Counselor):

This pomegranate is filled with seeds, each shining like a single drop of blood. In myth, six seeds of such a fruit bound Persephone to the Underworld, requiring that she return again and again. In older myths still, this was the fruit of the Tree of Knowledge. To eat of its flesh was to become wise as a god.

# **Second Reader:**

The countless seeds enclosed in the pomegranate's flesh are like the countless lives enclosed in a single form. Each of us is one who is many. Each of us has traveled the lands of the dead, and yet

again and again, we have returned. And each of us has seized knowledge other consider forbidden, so we may walk as more than mortal men.

#### First Reader:

Let us share these seeds among us, as a symbol of our Family. As the bowl goes 'round, take out three seeds. These represent present, past, and future. Savor them, and as you taste their sweetness, reflect on the mysteries of our family: who we are, where we come from, and where our future may lead.

(the bowl is passed and each participant takes out three seeds. When the bowl comes back to the first person, it is set upon the altar.)

#### Third Reader:

Let us all join hands and reaffirm the bonds of this, our ancient Family:

(the Third Reader then leads everyone in the Family Prayer)

### **Close:**

May we endure together peacefully.

May we enjoy each lifetime as it comes.

May we benefit each other as we better ourselves,

And may we always find one another,

In every time and in every place,

To share this companionship and to celebrate this bond.

**Priest:** In darkness and light.

**All:** Forever.

# **Chapter Ten:**

Other Prayers and Invocations

A ritual does not have to be enacted by a group to be powerful or even legitimate. Many of us are far more comfortable performing our ritual work alone. While group rituals build community, private rites can be very intense and potent. Many rites that are performed to work magick are private rites enacted between only one or two people. The fewer the number of people involved, the easier it is to get everyone focused together on the purpose of the rite. When working solo, you don't have to content with anyone's wandering attention. Some resources may be limited if you are working just by yourself, but in certain cases, the one-pointed focus that an individual can achieve makes it worth it.

Solitary rituals, in addition to being more focused are also more intimate and private. There are some ceremonies that have greater meaning for us if no one witnesses them save ourselves and whatever powers we may invoke. The following rites, which read more like prayers (hence the title of this chapter) are solitary rituals that you can perform by yourself wherever and whenever you feel they are appropriate. While many may feel better if they have a specific part of their home set aside for rituals, or if they perform their private rites at a personal altar or shrine, there is no strict need for these things. As we covered at the very beginning of this collection, sacred space, ideally, is carried within, and therefore you can make any place your temple or your altar.

# **Sanguine Ankh Consecration**

Most vampire houses have a specific ankh that symbolizes the House and its ideals. For many vampires, whether they belong to a House or not, their ankh represents their dedication to pursuing their identity as a vampire, with all that this entails. When a new ankh is obtained, it should be consecrated before putting it on, so you reflect upon all that it means to you. If you have an altar, keep the ankh on the altar overnight. Then, after night has fallen the next day, take up the ankh and say these words:

This is the symbol of life. It is the symbol of my ancient heritage, A heritage I now proudly proclaim.

Life sustains me and makes me strong: Every breath and every sweet drop of blood Is a celebration of what I am.

Let this ankh be my constant reminder

As I wear it each night above my heart Of the life that is so very precious And the darkness that encircles my soul.

Kiss the ankh and place it over your heart. As an alternate Sanguine rite, you can draw a drop of blood from your finger and consecrate the ankh with this blood before saying the prayer. It's a good idea to reconsecrate your ankh on a yearly basis, to remind yourself of what it means to wear this symbol.

# **Prayer for Strength in the Face of Prejudice**

Copy this prayer down and carry it with you. When you encounter a person or situation where you are being judged or treated unfairly because of who and what you are, take out this prayer and recite it to yourself. Whenever you feel weak or uncertain, read this prayer out loud, or reflect upon it silently. If you are hesitant about your own worth and your own power, it should give you confidence and strength.

I am true to myself, and still they judge me.
I follow my heart, yet am condemned as a freak.
They hate me and they revile me.
They make no effort to understand.

Give me the strength to overcome their smallness. Give me the wisdom to rise above. Fear is the seed of their hatred. I must accept myself regardless of how others feel.

I will not let their misunderstanding daunt me.
I will not let their prejudice keep me from who I am.
I am stronger than all of their narrow opinions.
Throughout all hardship, my soul will endure.

What god are you invoking here? No one but you. You are praying to the higher part of you that lies beyond such petty things as appearances and prejudices. You are calling upon that immortal part of yourself that has been judged and tortured and even murdered for who you are and what you can do.

This part of you has the strength to endure these things. This part is where your true wisdom lies. This prayer helps you connect with that a little better so you don't feel so weak or alone when faced with the harsh realities of the world.

# The Kheprian Charge

Although the rites in this book are not intended to be strictly Kheprian rites, many of them are based upon the rituals celebrated within House Kheperu. To this end, most of the rites open with the Charge. While you are encouraged to write a Charge or Opening Prayer that encapsulates the spirit and beliefs of your own group, I have included the Kheprian Charge here as a reference and for use, should you wish to incorporate it into your own rituals:

We are the many-born. We are the Immortal. Eternal we wander the aeons, Moving to the rhythm of our own inner tides. We are active elements moving through passive worlds

Endlessly we die and are reborn, Changed yet unchanging through the years. We move from lifetime to lifetime, Taking up bodies as garments.

Ours is a journey toward understanding, And our charge is knowledge and wisdom. We are the catalysts, and as we Awaken to ourselves, We serve to Awaken the very world.

### **The Family Prayer**

In House Kheperu, the Family Prayer has several functions. It can be recited alone as an affirmation

of Family, and it can be recited together as a group as a mini-gathering rite. Finally, we often close rituals with the Family Prayer as a reminder of where we have come from, who we are, and how we hope to relate in the future. Several rites within this book have been concluded with a modified version of this prayer. Below is the full version. Feel free to use this to conclude all rituals, just as you use the Charge to open them:

We have passed this way again.
We have been many things to one another throughout the years:
Brothers, Lovers, Friends, and Bitterest Enemies.
But through it all, we have remained,
Tied together, soul to soul,
In this our Ancient Family.
May we endure together peacefully.
May we enjoy each new lifetime as it comes,
May we strengthen each other as we strengthen ourselves,
And may we always find one another
In very time and in every place
To share in this companionship
And to celebrate this bond.

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