



# MASTER MONOGRAPH

ROSICRUCIAN ORDER  
AMORC



NEOPHYTE SECTION

**Analytical Series No. 2**

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**Analytical Series** **Number 2**

Dear Fratres and Sorores,

As was the case at the end of the First Atrium, we propose that you devote full attention to this second lesson of the Analytical Series so that the work of the Second Atrium may be complete. Its purpose, as in the first lesson, is to review the fundamental points in those monographs you have studied in recent months. But we remind you that its primary purpose is more to elicit questions within you than it is to bring you answers. You will find that most of the notions which presently elude your comprehension or which you think deserve fuller explanation will be developed in the Temple Degrees. In the meanwhile, write down in your study notebook any comments which are inspired by the points covered in this lesson.

**LIFE:** In the opening monographs of the Second Atrium we began the study of life's origins. As we explained to you, contrary to what most scientists assert, life is not the fruit of chance and the result of some biological "accident." In fact, life corresponds to laws which the Universal Intelligence set into motion at the moment of our planet's creation, and generally, at the moment of the universe's creation. From that standpoint, life is a cosmic energy, much as Spirit and Soul are. Humans do not have the power to generate this energy, for they themselves are only a manifestation of it. Consequently, no scientist can ever create life and still less give consciousness to the creatures he might try to bring to life through the use of totally artificial processes.

- In your opinion, what is the purpose of life and how do you explain its appearance on Earth? Does it have a pre-established objective to reach or does it adapt to the circumstances of the environment?
- As you know, a multitude of living creatures exist in both the plant and animal kingdoms. This multitude of plants and animals should arouse our admiration for, by themselves, they are visible proof of the Invisible Intelligence directing and controlling the whole of Creation. In your opinion, does a gap exist between the plant and animal kingdoms? If you think so, how do you explain that gap and why does it exist?
- Scientists agree that humans are the most evolved living creatures populating our planet. That being so, do you think that the Vital Life Force animating humans differs from that which animates plants and animals? If

so, does this difference suffice to explain the relative superiority of the human being?

- Element A of the Vital Life Force corresponds to the energy supplied to humans by means of breathing, and the bloodstream becomes the carrier of this element to the body while in the lungs. Element B, on the other hand, is brought to the body by the food and drink we ingest and it is at the level of the small intestine that the bloodstream becomes the carrier of this corresponding energy. Plants and animals also owe their existence to the Vital Life Force animating them. In your opinion, depending on genera and species, how do the two polarities of this force manifest themselves in their organism? Do they involve respiration and the absorption of food and drink to an equal degree? If so, what are the organs involved and how do they function?

**ILLNESS:** It is true that health is the element which contributes most to human happiness, for when you suffer physically or mentally, it is difficult to be happy and to live in perfect serenity, not only with yourself but also with others. Consequently, it is normal and natural to combat disease and to do all in your power so that the maximum number of individuals—adults and children—may be spared suffering. But it is necessary to have a good understanding of the causes of disease, for it is on such an understanding that the effectiveness of any therapy rests. Most scientists state that diseases are due essentially to the action of pathogenic viruses and bacteria permeating our environment. While Rosicrucians do not deny the existence of such microbes, they nevertheless consider that the major cause of illness lies primarily within the individual.

- All of us at one time or another have suffered from some benign disorder or illness, such as a chill, cold, flu, indigestion, etc. Try to recall the last time this happened. Now try to remember your physical and mental condition. Were you not frustrated, tired, stressed, depressed? Was it not at a time when you were preoccupied by family and professional cares? In other words, ask yourself these questions so as to determine whether, at the time when you fell ill, you were not experiencing a disharmony in the whole of your organism.
- You have learned that, from a mystical standpoint, most diseases result from a lowering of our body's vibratory frequency, this lowering being the result of some disharmony. Also, we have explained that this disharmony

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results from a more or less marked imbalance between Elements A and B of the Vital Life Force. We also studied the factors which are generally the source of this energy imbalance. Here is a list of those factors which can damage our vital equilibrium:

Negative thoughts • Negative emotions • Polluted air • Insufficient respiratory volume • Insufficient nourishment • Excessive nourishment • Ill-balanced nourishment • Toxic water • Insufficiency of water • Physical fatigue • Mental fatigue • Poor quality of sleep • Lack of physical exercise • Excessive physical activity.

In the table below, write on Line No. 1 the factor which seems to you *most detrimental* to health. On Line No. 2 write what you consider to be the second most detrimental factor to health. Then, continue listing factors you consider detrimental to your health, writing on Line No. 14 the factor which seems to you to be least harmful. You may wish to then add any other factors that you consider detrimental to one's health.

Factors Detrimental to Our Vital Balance	
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As you know, Rosicrucians have always distinguished two great categories of illnesses: those accompanied by fever and those which do not cause fever. In the former case, a negative treatment must be applied, for negative energy is needed. In the latter case, a positive treatment must be applied, for positive energy is necessary. Among the following pathological conditions, try to determine those which are accompanied by a feverish state and those which are not. Then, write them in the corresponding column of the table appearing on the next page. If necessary, use reference works or, if a relative or friend practices medicine, you may want to ask that person the question, without, however, specifying the purpose of your action. Simply inform him or her that you are currently interested in medical studies.

Angina	Hypertension
Appendicitis	Inflammatory pains
Arthritis	Insomnia
Asthma	Mumps
Bloating	Otitis
Bronchitis	Parotitis
Cold	Rhinopharyngitis
Conjunctivitis	Sciatica
Depression	Shingles
Eczema	Sinusitis
Facial neuralgia	Spasmodic pains
General fatigue	Urticaria
Hepatitis	Weight loss
Hypoglycemia	

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- Throughout recorded history, humans have suffered from various diseases. Entire nations were even decimated by epidemics. In your opinion, are there presently more or fewer diseases than in ancient times? If you think there are more, to what do you attribute this increase? (*Place a check mark in the appropriate column.*)

	YES	NO
1) To the weakening of the human organism		
2) To the deterioration of living conditions		
3) To the multiplication of pathogenic agents		
4) To the degeneracy of lifestyles		
5) To the secondary effects of a certain form of allopathy		
6) To the pollution of our environment		
7) To the decrease of immunization forces		
8) To lack of spirituality		

If you believe other factors are at play, what are they?

If you think that the number of diseases has decreased, to what factors do you attribute that decrease? (*Place a check mark in the appropriate column.*)

	YES	NO
1) To the strengthening of the human body		
2) To the improvement in living conditions		
3) To the decrease of pathogenic agents		
4) To the positive evolution of lifestyles		
5) To progress in medicine		
6) To a better adaptation to our environment		
7) To the increase of immunization forces		
8) To a soaring trend in spirituality		

If you believe other factors are at play, what are they?

**ROSICRUCIAN TREATMENTS:** As you have learned, Rosicrucian therapy is based on the use of the energies in the body. Therefore, it is perfectly natural. To give yourself a negative treatment, you have learned that the fingertips of the left hand are first applied to the first thoracic ganglion on the right side of the spinal column, and then deep negative breathing is performed. As for the positive treatment, the fingertips of the right hand are first applied to the first thoracic ganglion on the left side of the spinal column, and then deep positive breathing is performed.

- While the fundamental goal of a negative treatment is to bring a surplus of negative energy to the body, does this surplus act by reinforcing the negative polarity of our Vital Life Force or by neutralizing an excess of its



positive polarity? Conversely, although the objective of a positive treatment is primarily to transmit an influx of positive energy to the whole of our body, does its action reinforce the positive polarity of our Vital Life Force or does it neutralize an excess of its negative polarity?

- Knowing that the energy emanating from the first three fingers of our left hand has a negative predominance and that the energy radiating from our right hand has a positive predominance, what are, in your opinion, the respective polarities of the ganglionic chain located to the left of the spinal column and of the chain located to its right? Hence, how do you explain the action of negative and positive treatments?
- In order of priority, to what do you attribute the healing of most illnesses: to the benefits of medicine, to the effectiveness of surgery, to the natural immunity of the body, to the effects of positive mental behavior, to the direct intervention of cosmic laws? If you think of any other factors, write them in your study notebook.

**THE AURA:** You now know that the aura of material things is an electromagnetic field resulting from the interaction occurring between the vibrations composing them and those surrounding them—all these vibrations having their origin in spirit energy. In humans, the nature of this electromagnetic field is far more complex, for it is subject to the vibratory influx of two other major energies: Vital Life Force and Soul. As we said in one of the monographs in this Second Atrium, we will return in more detail to the study of the aura, but, even now, we propose that you reflect on a few noteworthy points.

- As you probably suspect, not all material bodies have the same aura. In other words, the radiance of the electromagnetic field surrounding them varies in quality and intensity. In your opinion, what are the factors involved in the nature of that radiance?
- Look over this list of material substances:

air	gold	silver
copper	lead	stone
earth	plastic	water
glass	sand	wood

If you were to compare equal amounts of these substances, which of these different material substances, in your opinion, has the most intense electromagnetic radiance? Write your answer on Line No. 1 of the following table. Then note the others in decreasing order, so that substance No. 12 corresponds to the one whose radiance is least intense.

<b>The Aura of Material Substances</b>	
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- According to Rosicrucian tradition, the spectral band of the human aura includes 19 colors. At one extremity of this band is the color black which, as we explained, indicates a very negative, even demonic, personality. At the other extremity is the color white, which is the expression of great inner evolution. Although it may be difficult at this stage of your Rosicrucian studies, try to define the other 17 colors, knowing that each color often demonstrates a light and dark aspect. To take a specific example, light green and dark green are two of the 19 colors of the spectrum of the aura. After having determined them, attempt to define the type of personality corresponding to them by calling upon your intuition. In other words, try

to define the characteristics of an individual whose aura has a light green, dark green predominance, etc.

**VOWEL SOUNDS:** Originally, the intonation of vowel sounds was a fundamental practice in all religions. It corresponded to an initiatory process which is found in Judaism, Christianity, Islam, Hinduism, and Buddhism. Unfortunately, this practice has declined through the ages and now survives mostly in the form of psalmodies—which is to say, liturgical chants. In fact, traditional orders alone have preserved the knowledge of vowel sounds and perpetuate their mystical usage. As you progress in the degrees of AMORC you will become familiar with such knowledge, and you will benefit from the physical and psychic effects produced by a periodic yet regular intonation of vowel sounds.

- The expression *vowel sounds* was perhaps unknown to you until now, for it is used exclusively by Rosicrucians. However, you have certainly already heard about mantras, particularly if you have already taken an interest in Hinduism and Buddhism. While the use of vowel sounds and mantras have many points in common, there exist nevertheless a few differences in the mode of practice and the objectives sought. By taking time to reflect on this, can you give a few of those differences?
- By practicing the vowel sounds OM, RA, and MA, you have probably noticed that their intonation calls upon differing phonatory processes. Also, apart from the psychic center these sounds help to awaken, they cause certain parts of the body to vibrate. In coming days, take time to observe how you intone these sounds. In other words, note the position of your tongue, the extent of opening of your mouth, the shape assumed by your lips, the orientation of your breath, etc. Also, try to define the sound that produces a vibratory resonance in your head, neck, rib cage, abdomen, or in any other part of the body. Such an analysis will enable you to become aware of what constitutes the specific characteristics of each of these three vowel sounds.

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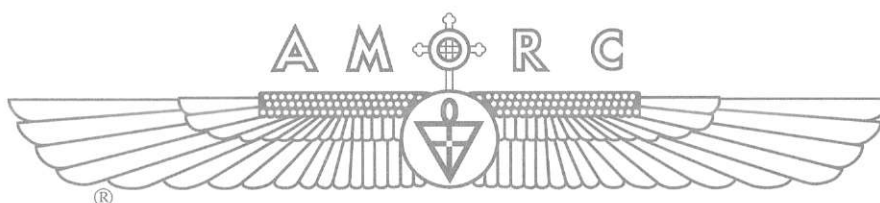
After paying sufficient attention to each point in this lesson, we advise you to set it aside with your other monographs. A few months from now, do not hesitate to review it and, without consulting the work you have done today, answer once again each of the questions. By comparing your answers of that time with those you have just written in the various tables and in your study notebook, you will become aware of your inner evolution and of the changes gradually occurring in your comprehension of the laws and principles involved.

With all best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER

*Consecrated to truth  
and dedicated to every Rosicrucian*



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