

The New Hermetics

Level 5 - The Adept



Welcome to the Adept level. In this level you will prepare for and explore the all-important state of Cosmic Consciousness, the Tiphareth experience. You will discover the infinite genius and bliss that is within us all. This has been called Enlightenment, Samadhi, Illumination, Zen, the Knowledge and Conversation of Your Holy Guardian Angel and many other names.

Transformed by this experience, you will fearlessly confront the remaining "demons" within you, transforming these fearful beasts into servants. You will once and for all establish yourself in the light of your own genius and personal inspiration, projecting love and harmony out into the world, working with the paths of מ (mem) and ל (lamed)

1. Conscious Communion with Cosmic Consciousness
2. The Bornless Invocation
3. Conquering Your Demons
4. Rosicrucian Healing
5. Radiating Rosicrucian Love
6. Balancing Your Power

Each of these programs is a technology designed to move your mind in specific directions. Find a quiet place to sit or lie down where you will be comfortable and able to devote your full attention to the programs. Each program is about a half hour. DO NOT listen to these programs while you are engaged in other activities, particularly driving or working on anything that requires your full concentration. You should always have this workbook nearby so that you can complete the written work immediately at the end of each program. This work is usually fairly small and can be completed in less than five additional minutes. Please fill out the workbook as you proceed, completing each section in order to the best of your abilities. You may skip around to a certain degree, but try to keep relatively in order.

Session 1 - Creating Inner Harmony

Date and Time _____

Now that you are working at the Adept Level, you have all the tools you need for accomplishing nearly anything that you want in life. You understand all the components of your consciousness. All that's necessary is to actively create a singular direction in your life.

Take out your goals. Review them to be certain which ones you have already accomplished and to discover if there are any that you no longer desire. Compare your goals with your values and your beliefs, and compare these with the emotions that you experience. You must now systematically make adjustments to your values, add or remove beliefs and emotions. Use all of the technologies that you have learned. What beliefs do you need to accomplish your goals? Install them. What emotions might you need to get where you want to go? Create anchors. What painful feelings do you experience that might get in your way? Change them into pleasure. What values and rules do you have that are in conflict with your goals? Adjust them. Work on every part of your life until you are energized and prepared to take consistent action toward your goals.

GOALS:

1. _____
2. _____
3. _____
4. _____
5. _____

What character traits would support these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

What emotions would support these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

What beliefs would support these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

What values would support these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

What negative character traits need to be eliminated?

6. _____
7. _____
8. _____
9. _____
10. _____

What negative emotions need to be eliminated?

6. _____
7. _____
8. _____
9. _____
10. _____

What limiting beliefs need to be eliminated?

6. _____
7. _____
8. _____
9. _____
10. _____

What limiting values need to be eliminated?

6. _____
7. _____
8. _____
9. _____
10. _____

Once you have created this inner harmony you will be a thousand times more effective at all of the magical tools of the New Hermetics and ready to move on to the next tool.

Session 2 - Communion with Cosmic Consciousness

This tool is really the whole purpose of the New Hermetics. Its intention is to establish a permanent and repeatable link between your consciousness and cosmic consciousness. Really any of the "mystical" tools of the New Hermetics might result in this union, but this is simply a direct way of approaching this consciousness.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 3 - The Bornless Invocation

This is another variation for invoking your connection with cosmic consciousness. Compare this with the previous program.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 4 - Conquering Your Demons

We all have sneaky little fearful demons of the mind that creep up on us and prevent us from taking various actions and experiencing life to the fullest. With this tool you will redirect the power of these disturbing pieces of consciousness toward the accomplishment of your own goals.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 5 - Rosicrucian Healing

This program is for energizing and healing your whole being with the light of cosmic consciousness.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 6 - Radiating Rosicrucian Love

Use this tool as often as you like to forgive and to spread love to the whole world. As you listen to this program you will be participating in the healing of our planet.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 7 - Balancing Your Power

In this program you will be guided through a series of experiences to prepare you for the ups and downs that life will bring to you. You have now explored all of the essential tools of the New Hermetics and this program is a benediction and a final conditioning to prepare you for the road ahead.

Date and Time You Listened to This Program _____

Please describe your experience:

Session 8 - Communion with Cosmic Consciousness

Date and Time You Listened to This Program _____

Please describe your experience:

Session 9 - The Bornless Invocation

Date and Time You Listened to This Program _____

Please describe your experience:

Session 10 - Conquering Your Demons

Date and Time You Listened to This Program _____

Please describe your experience:

Session 11 - Rosicrucian Healing

Date and Time You Listened to This Program _____

Please describe your experience:

Session 12 - Radiating Rosicrucian Love

Date and Time You Listened to This Program _____

Please describe your experience:

Session 13 - Balancing Your Power

Date and Time You Listened to This Program _____

Please describe your experience:

Session 14 - Communion with Cosmic Consciousness

Date and Time You Listened to This Program _____

Please describe your experience:

Session 15 - The Bornless Invocation

Date and Time You Listened to This Program _____

Please describe your experience:

Session 16 - Conquering Your Demons

Date and Time You Listened to This Program _____

Please describe your experience:

Session 17 – Rosicrucian Healing

Date and Time You Listened to This Program _____

Please describe your experience:

Session 18 - Radiating Rosicrucian Love

Date and Time You Listened to This Program _____

Please describe your experience:

Session 19 - Balancing Your Power

Date and Time You Listened to This Program _____

Please describe your experience:
