# **<u>Class 28 – Candle Spells</u>**

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# **1. Preparation for This Class**

• *Video Clip:* Carving Candles

### 2. Completing Your Candle Spell

Assuming you've completed the design and research on your directors and limiters for your candle spell, you'll want to complete your spell by following the steps below. More detail is given on each step in later sections.

- 1. Write verses for your spell. Your spell verses form a chant that you will use to launch your spell.
- 2. **Design your candle**. You can use one or more candles for a candle spell. You will want to carve (and sometimes anoint) your candle(s). The candle carvings reinforce the programming of the spell and help to build the spell's energy matrix.
- 3. Test verses and candle carvings with 12-card readings. As with every other aspect of the spell, you will test your verses and candle carvings/anointings with a 12-card reading, making corrections in your design as needed.
- 4. **Prepare candle**. Cleanse and key your carving tool. Carve and anoint (or paint) your candle in preparation for launching the spell.
- 5. Choose timing and launch spell. The timing for launching your spell is just as important as any other factor in your spell design. Time your spell to align with astrological and other factors.

6. **Do checkup readings on your spell**. Once you've launched your spell, readings to monitor its progress are very important.

# 3. Writing Verses for Your Spell

The verses of a spell are the translation of the directors and limiters into vocal directions to the Universe. We don't launch the spell with directors and limiters because they are not in the form of a chant. Verses, in the form of a chant, allow you to use voices of command and words of power to create the proper emphasis and add force to the spell. The meaning of the words also impacts the spell since words are symbols that can access certain powers or forces in the Universe. The words in the verses form integral parts of the energy matrix of a spell along with the carvings on the candle.

One couple, with the Golden Dawn, devoted all their time to the study of thought forms. They discovered that they could see all kinds of thought forms and that thoughts were actually things. They painted the thought forms. They discovered that everything we think and say emanates an actual mass out into the Universe. Therefore, when you create and say your spell verses you are creating an actual energy structure. It's a real thing, not just words.

The best way to begin writing verses is to refer to nursery rhymes. Many nursery rhymes, such as "Jack and Jill" or "London Bridge," are actually spell verses designed for very specific purposes. For instance, the "Goosey, Goosey, Gander" rhyme was for programming an energy matrix that looked like a goose to follow certain people around the castle – it programmed a watcher.

Your verses should pick up the highlights of your directors and limiters. One way to accomplish this is to go through and underline all the factors from the directors and limiters that you want to include. Verbalize the gist of the directors and limiters in chant form, making sure that you don't introduce new ideas into the verses that are not wanted. Don't leave anything out that is wanted. Rhyming couplets are the easiest form to use, where every 2 lines of the verse rhyme.

Your verses flow logically from one to the next like flow lines in a Tarot reading. You may want to use the following guidelines to help you write verses in the correct order:

- When the spell is to start and how
- How the spell will proceed
- What kinds of things the spell will accomplish
- How the spell will build momentum
- How the spell will end

In other words, the verses begin at the conception of the spell, work their way through the achievements and activities of the spell, and finish with how the spell will end. This is the flow line you want to create in your verses.

Once you have written your verses read them aloud to yourself several times. The verses should flow smoothly and roll along easily. You may have to refine the wording after you hear it out loud several times because there may be a few spots where the wording is choppy or awkward. If you need help with rhyming consider buying a rhyming dictionary or using online sources such as www.rhymezone.com.

Don't worry too much about the sonics of your verses at this point. Sonics become more important when you are doing multiple candle spells where you want verses that correspond sonically with the element candle you are lighting.

At the end of the verses add a final verse:

Spell will spin and spell will grow Till all be done and it be so!

Here are some sample verses to get you started:

#### July 1990 Money Spell Verses

Summon the true force that flows through all – Allies unite to respond to my call – With power I ask and send this spell Into the world with tones as clear as a bell.

Money shall come with no delay From whatever sources – tribute pay To greet spirit, angels, all who will bring Success into my life, your praises to sing.

No harm, no regrets, will others need to see Money now can come, easy and free To my career, old debts now to pay A house to afford where I can stay.

In hope and courage I do my part – To honor ancient dreams my new life will start. Ring the money, I see now I deserve May my new life this universe now serve.

#### **CANDLE SPELL, Heal Tether**

To heal Tether and keep her well I burn this candle and do this spell Angels and guardians, Grandmother, too – Stay with her, help her, this ordeal to go thru. Devas and dog spirits do your magic well So on this earth plane, she shall long dwell. Show her our love, all her doubts put aside Be again the priestess and travel at my side!

#### **CANDLE SPELL, Healing Spell**

Child of wonder, child of flame Send health to Linda, heal her shame. Nourish her spirit And guide her aim.

Help her to have the hope to see Her path to live happy, joyous and free. May her bondage be brief May she have love instead of grief.

Courage and wisdom make her spirit strong No past behavior make her feel wrong. Light her life with love's warm glow All around her radiance to know.

#### **House Finding Spell**

To find a house quickly, I do this spell Build the energy, spread the work, my allies tell. As candle burns so start this magical force Fulfill directors and limiters, go to the source Where help is ready to see this project through And all our needs be met, our state wishes do.

A house for rent, spacious and well-kept, clean In April be available, by Betsy and David can be seen. Four bedrooms at least and bathrooms three or two Spacious yard, safe for Tether, and quiet with a view.

Large kitchen, family rooms, a sacred place to be For Tether, our friends, and each of us three.

A place for ritual, wood-working, and for my work Where who we are and what we do causes no one irk. For two years minimum, exceed not 1200 monthly to pay Agreeable landlord or lady, happy for us to stay.

Help Betsy and David to carry on their search So as of May first we have a new place to perch.

#### 4. Designing Your Candle

We will review the procedure for designing candles for a single candle spell (multiple candle spells will be covered in the next class). We carve and anoint (paint) our candles to program them for the spell. As with sonics, never carve icons or symbols that you don't know or haven't thoroughly researched. We will give you a set of known symbols you can use on your candle.

#### Types of Candles

You can use either a taper candle or a pillar candle. If you use a pillar candle draw a horizontal line partway down the candle and carve your symbols above the line. When you launch the spell burn the candle down to the line. This allows you to use the candle more than once. Many practitioners only use spell candles once, keeping them in case a spell needs to be taken down – you need the original candle to take down a spell. Consecrated candles (candles dedicated to a specific purpose or ritual) usually have symbols carved down low.

Choose high quality candles from reputable makers such as Colonial Candle Company or Yankee Candle. If you're using a candle from a company that you've never tried before burn the candle ahead of time to make sure it burns properly. Use candles high in beeswax and low in paraffin, these are easier to carve and anoint. You can usually tell the content of the candle by its degree of softness – beeswax is softer than paraffin. You can stick your thumbnail in the bottom of the candle to test its softness or hardness.

#### Carving Tool

Buy and key a carving tool. Most people use leather tools such as awls or engravers and some people use crochet hooks. The tool should have a rounded tip that easily allows you to carve lines on a candle. Key the carving tool the same way you did your Athame, with the carving end of the tool being equivalent to the tip of your Athame. Do not begin carving your candle until your carving tool has been keyed.

#### Color of Candle

With single candle spells we recommend using a white candle. White is a good safe color that has good flow and communicates well (remember that white is the color of communication). Since you are using the candle to communicate your

desires to the Universe white works well. Air is mutable and white is an air color so the white candle will take on the characteristics of any colors painted on it.

If your spell is heavily oriented to increasing your understanding or knowledge rather than to achieving some goal, you may want to use sky blue, the color of spiritual understanding and knowing. We typically use different colored candles for multiple candle spells, tarot spells and ritual (for the four directions).

The symbols you carve and paint onto your candle have precedence (more effect) than the color of the candle or the colors you paint on the candle. That's why you can paint a sun symbol on a white candle to create a Sun Candle – the sun symbol has more power than the white color of the candle.

#### Symbols

The symbols you choose for your candle need to highlight the essential elements or ingredients in your spell. The symbols are arranged from the bottom of the candle to the top, with the base or bottom symbol representing the essence of the spell. The base symbol is usually one of the four element symbols. You can use either mundane or spiritual symbols, depending on whether your spell has a material or spiritual aim, and you can mix them on your candle. You can also use color to indicate the mundane or the spiritual (a sky blue candle with clouds, the mundane symbol for air, would include both the mundane and spiritual aspects of air).

If you wrote a spell to generate money to buy a piece of land you would probably use the mundane symbol for earth (mountains) as the base symbol. One student wrote a spell for this and wanted to use the shield, the spiritual symbol for earth, as the base symbol because she wanted the land to be spiritual. However, the shield was an inappropriate symbol because it might produce a spiritual sense of the land but not the land itself. The Disc (five pointed star with a circle around it) would be appropriate for a career spell since the 8 Discs in the tarot represents career. The shield is the old symbol for the Plate, which makes it a spiritual symbol. However it does not seem to carry enough force so in this school we use the Pantacle or Disc instead – we borrowed it from the Tarot. In the Tarot you've got the Wand, Athame, Chalice and the Pantacle or Disc. Using the Disc symbol is consistent with the other symbols in the Tarot.

As you move up the candle connect the symbols with upward facing arrows. Be sure that your symbols and the color of your symbols are harmonious in terms of the elements. For example, you wouldn't want to connect an earth symbol with a fire symbol unless you painted the arrow between them a water color, fire and earth don't mix unless you have water to mediate them. The same is true for the colors you choose for anointing the symbols. Make sure the colors you paint the symbols with are harmonious with the elements that the symbols represent. For instance, you wouldn't want to paint a Disc with orange or red because those fire colors don't mix with earth. You could, however, paint the Disc with sun yellow or deep red, which can mix with earth. You have more leeway in terms of color and elemental mixing with spiritual symbols, they have less material impact. For instance, you can put an Athame (fire symbol) on a green candle (earth color) even though physical fire and earth don't mix. The Athame is spiritual fire so there isn't a conflict.

Here's an example of the symbols you might use for a money spell:

- **Base Symbol**: Closest to bottom of candle. Use a Disc. Success and/or finances are more conceptual. If you were creating a spell to buy a building you would use the mountain range for mundane earth.
- 2<sup>nd</sup> Symbol: Waves for mundane water. This is for soothing one's emotional state relative to money.
- **3<sup>rd</sup> Symbol**: Lightning bolt for powers and beings coming to one's aid in manifesting money, with perhaps clouds for an air mediator.
- 4<sup>th</sup> Symbol: Amount of money or dollar sign with broadcasting radians around it.
- **5<sup>th</sup> Symbol**: Time period in which the money is to manifest or date by which the money will manifest.

There are arrows between each symbol and above the last symbol, pointing to the top of the candle. Again, color the arrows so that they act as mediators between the meaning and colors of the symbols.

Element	Spiritual or General	Mundane or	Miscellaneous
	Symbol	Material Symbol	Symbols
Air	Wand	Clouds	Carrier (not related to air)

Here is a list of symbols to get you started.

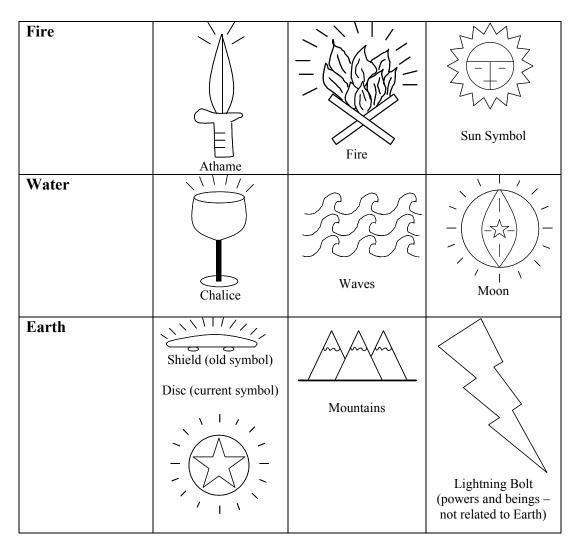


Figure 28.1

Additional Notes on Symbols and Colors

- The radians around the symbols (little lines radiating outward) are broadcasters, which increase the power and communication ability of the symbols. The Disc has both external broadcasters (radians) and internal broadcasters (the five points of the star).
- The Sun symbol usually denotes masculine energy. You can use it to bring in the Sun, to uplift a weary spirit or for life oppression. For more advanced spells you might put the Sun symbol on a navy blue candle for life oppression – lightens up the emotional states.
- The Moon symbol is used to bring out hidden emotions, feminine energy or intuition. For example, use the Moon symbol to increase intuitive force. In a marriage or relationship use the Moon symbol to bring

emotions to the front or to establish Doctrines for Daily Living (similar to ground rules). The Moon also transforms lower emotional states to higher ones.

- The arrow between the symbols helps to establish the upward flow. When you light the candle you are actually radiating that energy out through the candle flame.
- You can be creative with your symbols just check them out with readings first to make sure they won't bring in something you don't want. For instance, you can use a heart symbol for a heart or a horseshoe magnet to bring something to you.

#### Anointing Your Candle

Once you've picked the color of your candle and the symbols you want to carve, the next step is to decide how you want to anoint your candle. You will anoint your candle after you carve it. Anointing is the process of layering color (paint), scent or various liquids onto the candle. It's a way to program your spell in even greater detail. For candle spells you always paint the symbols with various colors – scent and other liquids are optional. Always paint the symbols first then anoint the candle with more general liquids. You want to program the lines of the symbols with specific colors and prevent the more general anointing liquid from touching them.

Essential oils work well as do food coloring, perfume, spices and Tabasco sauce. Keep in mind the elemental mix you want to highlight when you choose your anointing substances. If you use oils make sure they are not cloudy. You may want to do a four element cleansing or sweeping with your Wand to any bottle of liquid you use.

You associate the liquids with the appropriate element by color, taste, smell and effect, similar to how you analyzed firebowl incenses. For instance, Tabasco sauce is fiery, musk is earthy, soy sauce and Worcestershire sauce are brown earth, lavender is water with a little fire, eucalyptus is air and fire, pine is fire, and peppermint is high in air and fire. For empathic work you may want to anoint a water candle with brown earth so you don't get washed away.

The Wiccan way of anointing is from the center of the candle to the tip, and then from the center of the candle to the base. We don't use this method. Instead, we anoint from the base of the candle to the tip, which keeps the upward flow of energy consistent. Anoint the candle by smoothing the liquid on from base to tip moving around the candle with overlapping vertical strips until you've covered the entire candle. As you anoint be careful that you don't leave dry or uneven spots since these could split your candle. In addition to specifying the types of liquid or scent (if any) that you will use, you also need to specify the colors you will use to paint the symbols. The best way to do this is to draw a picture of your candle with the symbols, then specify the colors of each symbol and arrow. A symbol can be painted many different colors – you may paint the outline one color, the inside another color, and the inside lines yet another color. See the Figure 28.2 below for guidelines (we've only started to define the colors at the base of the candle since there wasn't room to define every color in this diagram).

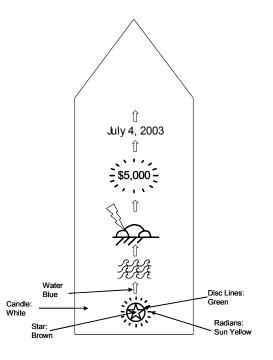


Figure 28.2

### 5. Testing Verses and Candle Design

Once you have created your verses and designed your candle (on paper), test them with a 12-card reading. Put the verses and candle design on top of and to the right of the original signifier and the Magi. This is the same method used to test the directors and limiters.

As with the directors and limiters, don't try to interpret this reading as you would a regular 12-card reading. Look for reversed flow lines or cards. These indicate problems that the spell needs to overcome or problems with your candle carving plans or verses. Look at the context of the reversed flow lines to determine what the problem is. If the problem resolves itself in the far future or far far future, the reversed line indicates resistance that the spell will eventually overcome. Reversed flow lines that don't resolve in the future indicate problems with the candle design or verses. You may need to ask your teacher for help in interpreting these readings as they can get a little tricky.

Once you a get a clear reading on the verses and candle design you can move on to preparing your candle.

### 6. Preparing Your Candle

As a general rule you may want to four element cleanse everything involved in carving and anointing your candle. This includes the candle, paints, brushes, carving tools and liquids and scents. You may even want to cleanse your workspace where you will be carving your candle. This prevents any unwanted energies from entering or impacting your spell.

After you have cleansed everything, key your carving tool. As mentioned before, your carving tool should have a rounded point that allows you to easily carve the symbols on your candle. The carving tool should leave furrows that are deep and wide enough to paint in. Many people use leather-working tools or crochet hooks. Key this tool just as you would an Athame, with the pointed end being the same as the tip of the Athame.

To carve and anoint your candle:

- 1. Use a Sharpie permanent marker to draw the symbols and arrows on your candle, starting at the base and working your way upward. You can use a paper towel to wipe off any mistakes. Refer to the video clip on carving candles to assist you in this process.
- 2. Using your keyed carving tool, carve out the symbols you have just drawn starting at the base of the candle and working your way up. You may need to carve each line lightly then go over it several times to deepen the furrow. Remember that the furrows need to be deep and wide enough to paint in. Use a paper towel to wipe off any marks from the permanent marker that remain after you're done carving.
- 3. Referring to your candle design, paint the symbols with your chosen colors. Acrylics or watercolor paints work well. If you're applying scents or other liquids, apply those after you paint your symbols.

### Helpful Hints

You don't have to complete the carving and anointing process all at once. You may want to do a little then put it away for a while. Whenever you work on your candle make sure that your full attention is on what you are doing. Don't let your

attention wander otherwise you could introduce unwanted factors into your spell. You may want to put on some soothing music as you carve.

Some people write a verse or two just for carving and anointing the candle. They repeat the verse the whole time they are working on the candle. You may want to write some verses for this process since it will keep your attention engaged in the process and strengthen the programming for the spell.

To get the paint to stick to the candle don't use too much water. Wax repels water so the less water you use the easier the paint will stick. Art stores also have a substance you can paint on your candle to make it tacky. It's sometimes called "Candle Magic."

Leave enough space at the top of your candle so you can burn the candle without burning all the symbols off. You may need the candle with all the symbols intact later if you need to take the spell down.

### 7. Timing and Launching Your Spell

It's important to choose the proper timing for your spell depending on whether your spell is for increasing or decreasing something. If your spell is to promote growth of some kind do it on the waxing or increasing cycle of the moon, which requires the spell to use less energy. If your spell is for getting rid of something, such as cancer or a tumor, do it on the waning or decreasing cycle of the moon. You can find out about moon cycles in the weather section of your local paper, on the Internet or some calendars.

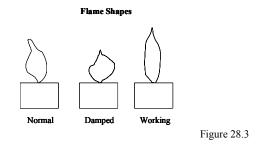
Healing, money, and job spells are all related to growth so do those when the moon is waxing. Job spells are also better in the spring than in the fall since spring is a time of growth and renewal. Moving spells are best done when the moon is waning.

Launch growth spells from midnight to sunrise, or at sunrise. Launch decreasing or going away spells from late evening to midnight or to the highest point of the moon on the rising side.

Once you've picked the time and date for launching your spell, follow this procedure to actually launch it:

1. Four element cleanse your house on the day you want to launch the spell. You may also want to bathe and four element cleanse yourself.

- 2. Record the spell in your Spell-Book of Shadows. Include the date, directors and limiters, verses and candle design (plus colors and anointings).
- 3. Standing in the South facing North put your carved candle on your keyed Plate in front of you (to the North of you). Place the directors and limiters on the Plate with the candle but not under the candle.
- 4. If you think your spell will hit resistance put a ring of sea salt around the candle, either on the Plate or around the Plate, to protect it. The Plate will also ward off resistance.
- 5. Record the time you start in your Spell-Book of Shadows. Have your verses ready in front of you. Light the candle with a wooden or paper match.
- 6. Say your verses in a voice of command. You can say the verses once or three times. Place the verses on the Plate.
- 7. Watch the flame of your candle. If it is immediately dampened then it has hit resistance. Eventually the flame should come up to a tall working flame as the spell works through the resistance.



8. Let the candle burn for 30 minutes, then blow it out. Don't snuff the flame that smothers the spell. Record the time you blew out the flame.

#### Additional Notes

You can launch your spell more than once. Some people launch their spells for several days in a row – lighting the candle and saying the verses. This gives the spell more force (as long as you're still in the appropriate phase of the moon, etc.). Make sure you don't burn the symbols off your candle – you'll need the candle intact later if you need to take the spell down. Keep your candle wrapped and stored in a safe place.

Always keep a separate Book of Shadows for your spell work – don't record your spell work with your Tarot readings. You may carry your Book of Shadows for Tarot readings done outside your home and you don't want people reading your

spells. When you've completed a Spell-Book of Shadows lock it and protect it by drawing Discs on the front and back cover.

# 8. Checking Up on Your Spell

After you've launched your spell wait about 2 weeks then do a 12-card reading to see how it is doing. Use your original signifier with the Magi on top of and to the right of it. Reversed cards in these readings show any interference that the spell is up against. The interference could be from you or from outside sources.

To find the source of the interference compare the reversed flow lines to your life and your attitudes. If they match something that you're doing then you know the interference is coming from you. Do whatever is necessary to stop the interference (from old beliefs, doubt, fear, etc.) and do another reading in a few days. Those reversed flow lines should clear up.

If the spell is running into other kinds of interference, progress the reading to find out whether the spell can successfully overcome it. You may need to do readings every couple of weeks to track your spell's progress.

### 9. Taking Down a Spell

The reason we instruct you to record your spells so meticulously is because you may, at some point, need to take a spell down. If your spell somehow goes awry due to lack of research or other factors, you'll need to take it down. You cannot easily counter a spell with another spell. The safest course of action is to take down the original spell.

To take your spell down follow the exact same procedure as you did to launch it but instead of using the original "spell will spin verse" use this one:

Spell will spin and spell will go As the first, may it be so."

Let the candle burn for 3-4 minutes, then say:

"To kill the spell and stop it now."

Then, instead of blowing out the candle as you did to launch the spell, snuff the candle. You want to contain the energy this time instead of sending it out.

If the spell has not gone seriously awry (you can tell from your checkup readings and from indicators in your own life), cut lines on the candle and sweep it with electric blue. Some people then bury the candle for a moon cycle to cleanse it in the earth. If the spell has gone seriously awry snap or break the candle in half.

#### **10. Simple Single Candle Spells**

Candle spells don't always have to be complicated. You can do simple single candle spells that just do one thing. For instance, you can heal a broken arm by carving the person's name, arrow to broken arm, then arrow to tip. Light the candle and say, "To help old John to make him well, so I say and send this spell."

You can also use the Sun Candle to achieve a similar aim. To send healing energy to John with the Sun Candle, use this verse:

Child of Wonder Child of Flame Nourish John's Spirit And Protect His Aim.

A more elaborate example:

Child of wonder, child of flame Nourish Alton's spirit and release his aim From bondage or health that drags him down Set him free, his notes of triumph now to resound.

All the power be his to do his task Helpers stand ready, should he now ask. No harm to others, his success shall be – What be his choice, clear for him to see.

As he enters the sunset of his life, Peace be his, a laying down of much strife. Wisdom and truth – make his vision be clear Veils of unknown perceived without fear.

In another example, if you had broken bones and your emotions kept them from healing or if you had a money crisis and your emotions were preventing the situation from resolving itself take a green candle and put a Chalice or waves on it. With this candle design you are asking the spell to flow or help with the emotions. You can also use the Sun symbol on a green candle, which nourishes spirit vitality. You can put a Sun on the green candle but not a brown candle because the green has enough water to mediate the Sun.

*War Story for Your Enjoyment*: Once when students at Seven Arrows were asking their teacher all kinds of questions about spell work, the teacher pulled out a pistol and shot a hole in the ceiling. He said, "This works just as well [as spell work]!"

# **<u>11. Exit Ritual</u>**

For your Exit Ritual, Day Greetings and Day Endings (6 directions) this week use

"Through Listening I Know You."