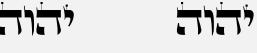
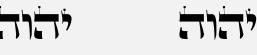
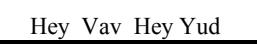
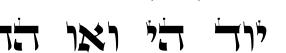
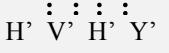
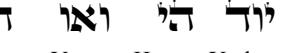
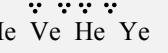
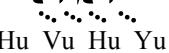
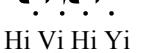
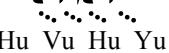
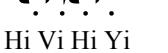
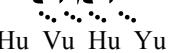




# Tikkun HaNefesh

LEFT BRAIN <b>BINAH</b>  3 He Ve He Ye	<b>SKULL</b> <b>KETER</b>  1 Ha Va Ha Ya	<b>RIGHT BRAIN</b> <b>CHOCHMAH</b>  2 Ha Va Ha Ya
LEFT EYE    5 Yud Hey Yud	<b>NOSE</b>    9 Hey Vav Hey Yud	RIGHT EYE    4 Yud Hey Yud
LEFT EAR   7 Yud Hey Yud	8 Hey Vav Hey Yud	RIGHT EAR   6 Yud Hey Yud
LEFT ARM <b>GEVURAH</b>   12 Yud Hey Yud	<b>MOUTH</b> <b>(אַדִּית)</b>  Hey Vav Hey Yud Achha'u Gib'at Datlana'ot Vosher'z Boma'i	10 Right Arm <b>CHESED</b>  
LEFT LEG <b>HOD</b>   15 Yud Hey Yud	UPPER BODY & INTERNAL ORGANS <b>TIFERET</b>  Ho Vo Ho Yo	11 Right Leg <b>NETZACH</b>  
LEFT LEG <b>HOD</b>   15 Yud Hey Yud	<b>REPRODUCTIVE ORGANS</b> <b>YESOD</b>  Yu Hu Vu Hu	14 Right Leg <b>NETZACH</b>  
LEFT LEG <b>HOD</b>   15 Yud Hey Yud	<b>FEET</b> <b>MALCHUT</b> <b>עֲטָרָה מֶלֶכְוֹת</b>  Hey Vav Hey Yud	17 Right Foot <b>MALCHUT</b>  