

Tapping the Power of Your Superconscious

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Introduction

You are about to embark on an adventure in self discovery. Congratulations! The information in the following pages is the result of many years of experience, refinement and experimentation that has yielded excellent results for the author and many of his friends, family members and clients.

The general theme here is that we are all much more powerful than we may have been led to believe, particularly in the power of our minds. Many speak of 'awakening' today. I believe the True Awakening lies in simply coming to realize what we already have. The latest research into Quantum Physics has begun to explain how Mind, or Consciousness, has always played the major role in determining our particular reality. We have been creating our reality all along, simply without conscious awareness! You now have a tool to help you take the reins of your own Mind, and begin to steer your life in the direction you want.

As we grow in our power to affect ourselves, others and the world, a heightened sense of responsibility must guide our behavior. Dowsing must only be used for 'the highest good of all'. If it is used for selfish gain or to inflict harm, the karmic backlash will be inevitable. If our motivation is for the upliftment, betterment and healing of ourselves, others and the world, the results can only be positive.

Sometimes you may not notice an immediate result from your efforts. Rest assured you have been 'heard'; often, there are circumstances and other players involved in a situation that need to move into the optimal position before our intention manifests. In this case, make your request and let it go.

I would like to thank you for purchasing this mini-course, and for making the effort to improve the lives of your self and others. Your efforts will not go unrewarded.

Dave Cowan, Boulder CO

A Comprehensive Mini-Course in Dowsing

Dowsing is an ancient art that can be understood in terms of modern science. Dowsing can be used as way to access subtle information via changes in the human energy field through changes in the autonomic nerves and micro-muscles of the body, like muscle testing. It is a form of Biofeedback. For many years, Dowsing was somewhat limited to seeking water, oil or minerals on a property. Many mineral and oil exploration companies still employ Dowsters. Traditional Dowsing can be considered a ‘read-only’ application, as the Dowser simply asks for information about a place, person or thing and gets ‘yes’ and ‘no’ responses to questions as well as quantitative or qualitative data, such as ‘percentage of probability’ or ‘how many gallons per minute’, etc. This data can be read on a numerical ‘pie chart’, a map, or simply off the digits of your spare hand. The quality of the data depends on the purity of intent, mental clarity and questioning skill of the Dowser, as well as their ability to ‘get out of the way’ once the question has been put forth.

The basic principle here is that everything on the most fundamental level is pure energy. What differentiates things from each other is their rate of vibration. Your brain is a powerful energetic broadcaster and receiver of electromagnetic and other subtle energies, even if you are not consciously aware of it. Our understanding of Quantum Physics and the neurobiology of the brain can explain all this, which would merit at least another chapter. Suffice to say we have all experienced at one time or other, a strong ‘hunch’ or intuitive knowing which later on turned out to be true. This is especially noticeable between mothers and children as well as among animals. This intuitive ease is partly due to the strong biological link between mother and child and the survival ‘hardwiring’ in the mother. It is also due to the fact that female brains, generally, are constructed in a manner more conducive to ‘whole brain’, or Alpha brain wave producing states and modes of operation. This is one reason why ‘intuition’ is just as

likely to be called ‘women’s intuition’. It is also why you usually won’t find as many men at a dowsing class, although that is changing. Some men these days are beginning to come around and pull themselves out of the extreme male polarity which has been historically predominant on the planet for the last 6000 years or so, as they are seeing it just isn’t working for them or allowing them to be ‘whole’ persons.

Recently, Dowsing has been taken on a more active form where the intent of the dowser can create a change in the selected target, no matter what the physical distance involved. The Dowser does not do the work; for lack of a better term, the ‘Dowsing System’ does. Placing oneself in an Alpha Brain State greatly increases your intuitive powers and access to the Dowsing System. Being at a 10 hertz brain state (Alpha) connects you to the Dowsing System, or planetary intelligence grid. This grid corresponds to Edgar Cayce’s prediction of the arrival of a ‘new energy’ coming to Earth around 1997. Some have called this the ‘Christ Consciousness Grid’. This is where the Healing originates. The Grid responds instantly to sincere requests for help and is non-local, that is, not limited by ordinary Time or Space.

By the way, in Native American culture, the Alpha state is equated with what was called the ‘Land of the Spirit.’ Beta brain waves, where we are in our everyday, busyness with business, relates to the ‘Land of the Living Dead’!

‘Active Dowsing’ involves a non-local transfer of energy operating on a Quantum level. It is helpful, but not altogether necessary, to have your target’s permission, as you can appeal directly to their Higher Self for permission.

Ways to achieve Alpha:

This is a skill fundamental to effective dowsing. You may need to work with these techniques for a while before you notice any direct changes in yourself. Generally, we are more relaxed, open and intuitive in an Alpha state. Try not to be interrupted or distracted by day-to-day concerns when doing this. Give yourself the time it takes to become relaxed.

1) Raise your vision (gaze upwards about 20 degrees) breath deeply and evenly and create or remember a multi-sensorial visualization. A landscape works well. Once relaxed, create a physical trigger for yourself with the intent to bring you back to this state spontaneously; the tip of the tongue behind top teeth, for example. Tell yourself, “Whenever I create this physical connection, I will automatically be returned to this state”.

Placing a written affirmation on the wall about 20 degrees up in your field of view and repeating it out loud as you view it helps to imprint the suggestion more completely. We are more open to positive suggestion in the Alpha state.

2) Imagine or draw in the air a figure ‘8’ moving horizontally across your field of vision, like a big pair of glasses. This brings your attention to your peripheral vision and unites and balances your brain hemispheres. Or simply become aware in the moment of what you can see in your peripheral vision, but are not usually paying attention to.

3) Do a simple ‘cross-crawl’ exercise tapping your knees rhythmically with the opposite hand as you march in a standing position.

Once you are accustomed to Alpha, you can eventually Dowse it in!

Basics:

Beliefs

You may find some of the concepts in the Protocol section uncomfortable or challenging to your view of reality. If so, simply pass over these items and go on to things you are comfortable with. On this note, however, bear in mind that in the Materialist Western world, the predominant institutional spiritual view has been very contrary to personal empowerment and directly accessing ‘God’ without going through his supposed ‘official representatives’. This has historically been all about control. The first politicians were priests! One particular group even purposely edited out all references in their Scriptures to re-incarnation or personal spiritual empowerment in a deliberate attempt to consolidate the Truth under one authority. This led to the ‘Dark Ages’ in Europe. Those who still insisted on side-stepping the ‘official version’ of Truth often found themselves burned at the stake. This is our cultural heritage. Why let it be yours?

Power is not inherently ‘evil’, especially if it is balanced with an equal measure of Love and Wisdom. Cultivate these three and you will begin to appreciate that all that has been assumed and taught to be outside of us, including ‘God’, is within.

Water

Ensuring proper hydration has a definite impact on your Dowsing. How so? What we are doing, at least on one level, when we Dowse is sending a thought form or intent through the non-local field of intelligence underlying all material reality. This is also known as ‘Subspace’. Your brain and body are capable of ‘Subspace communication’. We actually do it all the time, but usually call these experiences a ‘hunch’ or ‘instinct, gut feeling’. Throughout your body, which is mostly water, you have a network of special protein shapes made mostly of collagen, which, along with ‘clustered’ or organized

water molecules, provides the basis of an entire electromagnetic and subtle energy sending and receiving antenna. This is known as the 'extra cellular matrix', a largely unrecognized aspect of biology. See Dr. James Oschman's book, 'Energy Medicine, The Scientific Basis' (Churchill Livingstone, 2000) for more details.

Another way to think of your body is that it is like a battery, and all your activities, including thinking and intending, require and produce some electrical activity. This activity accounts for the EEG and ECG readings in Biofeedback. As a battery, your body needs plenty of water and electrolytes in the form of minerals. Otherwise, your battery will run down quickly, and you may not have much endurance. The minerals needed for proper electrical functioning include Magnesium, plant-based Calcium, true Sodium and Potassium. Eating foods rich in these nutrients will make you a better Dowser! A good suggestion is Alfalfa or Kelp tablets daily.

Choosing a Pendulum.

The material or 'energy' of a Pendulum essentially does not matter. Although minerals and crystals definitely have a specific frequency and application in crystal therapy, a rock or a piece of gum and a string works, as does a paperclip and dental floss, or a needle and thread. The 'magic' is in YOU, not the tool! However, most Dowsters find a pendulum that appeals to them esthetically, and that is fine. Most important is the weight and therefore the spin speed of the pendulum. It should not be too heavy for you, as this will lead to a slow response and very long sessions, and it should not be too light as this will be super sensitive to every subtle movement and may be hard to control. Find a reasonable weight for you, and hold the string or chain on the short side. A shorter string saves time and allows you to move through the protocol more efficiently.

The First Level: Working with 'Yes and No'

If you are brand new to Dowsing, you will want to work at this level for a while to build confidence before moving into the Active type of Dowsing. 'Yes and No' can be invaluable, and applies to any possible question you can conceive of. To establish your 'yes' and 'no' responses, we need to program our nervous system, including the brain and muscles, with our intent. We will use a vertical movement of the pendulum for our 'yes' response and a horizontal motion for 'no'. It's OK if you are currently using other movements for 'yes' and 'no'. You can simply re-program your body/mind at will.

Instructions for self programming 'Yes' and 'No' Responses

Get into an Alpha state. Do this at a quiet time of day when you will not be disturbed. With your Pendulum in your right hand (for the right handed) make a vertical movement with the pendulum in the air and repeat to yourself "This is my 'yes'". Say it a few times...8 times will get the information from short term to into long term memory! Now stop the movement and check the results...with the pendulum stationary, say 'Show me Yes' and wait. Let go of any need to control the outcome. Be still, but not stiff. Don't forget to breathe! It may take time at first, and the movement may be small and tentative. Continue to ask about things you know are true, like 'My name is -----', or 'Today is Tuesday' (when it is).

In a similar manner, produce a horizontal movement and program yourself 8 times with "This is my 'No'". After this affirm with some obvious false statements or questions you know require a 'no' to be true like, 'Rain always falls up' or 'My Doctor understands Nutrition'. Get in the habit of Dowsing for simple decisions like food or supplement choices. Once your confidence builds, you can begin to ask about more abstract things like other people and situations.

Permission

A necessary preliminary before any Dowsing session is to ask “May I, can I and should I dowse for myself (or whomever) at this time?” This is a courtesy and acknowledgement to the ‘dowsing system’, but also may alert you to the inappropriateness of your dowsing at this time or some form of interference or lack of willingness on the target’s part. The question actually covers a lot of ground:

“May I?” asks “Do I have permission?”

“Can I?” asks “Do I have the ability?”

“Should I” asks “Is this an appropriate time or issue to be dowsing about?”

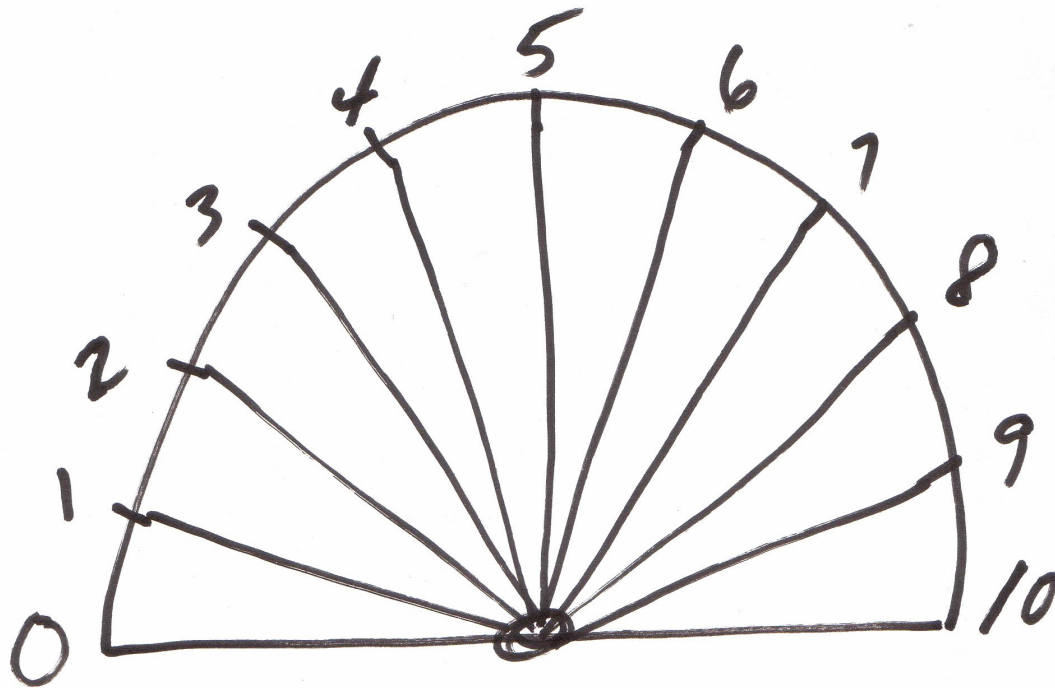
You may also want to check, “Is it in the highest good of all involved to Dowse for _____ at this time”?

If you get a ‘no’, which is admittedly rare, simply choose another subject or topic. Ask if you check in later.

Sometimes it is not possible to get a person's direct permission to Dowse for them. In these cases, I am comfortable with asking their Higher Self. The prime criteria for 'appropriateness' is the Dowser's motivation. Are you motivated by a sincere desire to help, and for outcomes that are 'for the highest good of all'? Then, go for it!

Again, you may want to work with ‘yes and no’ dowsing for a while to build your confidence. You will undoubtedly begin to see the outcome of future situations you have asked about. As noted, a good and valuable area to work with is food. Ask with your pendulum over an item of food or meal questions like “Is this food nourishing for me?”, “Am I allergic to this food?”, or “Is this food toxic for me?” etc.

The next step in basic Dowsing is to begin to get to get answers regarding quantity or quality. To do this, all you need is a scale of 10. You can draw one out like this:



This chart can be used in a number of ways. It is your mental intent that determines how to use and read this chart.

To use it as a percentage chart, assume each number represents 10 percent, with '10' meaning '100%'. Hold the Pendulum loosely and center it over the 'hub' point. Here are some examples of language to use when reading percentage:

“With ‘10’ meaning ‘100%’ or ‘ideal’, please show me the percentage of my overall Energy Level ?”

“With ‘10’ being ideal, what is the percentage of my Hydration at his point?”

“With ‘10’ being ‘100%’, what percentage of my income would be ideal for me to put in a savings account?”

“With ‘10’ as ‘100%’, to what percentage does this (food, person, place) energize me? (or deplete me)?”

To use the scale to determine numerical values, such as weights, distance or time values (days, weeks, months, years, specific year) first determine your measurement criteria by asking if you can receive information in pounds, ounces, gallons, days, months or years, etc. Next, ask how many digits are in the final answer. Let’s say you’re asking about a specific year a trauma happened. Here’s a typical dialogue:

“Can I, May I and Should I get information on Bob’s traumatic accident in the past?” (Yes)

“Will it be helpful in identifying when this accident (producing a current problem, chronic headaches) occurred?” (Yes)

“Is it appropriate to ask this in terms of days (no), months (no) or years (yes)?”

“How many digits in this year?” (pendulum swings to ‘4’)

“The first digit is...(swings to 1), the second digit is... (swings to 9), the third digit is... (swings to 8) and the last digit is... (swings to 6)”

“So the trauma that is causing Bob’s headache problem occurred in 1986?” (yes)

You could take it a little further and ask “With ‘10’ as ‘100%’, what percentage of Bob’s headaches are directly associated with this Trauma?” “What percentage can be attributed to other causes?”

Percentage has innumerable applications in measuring past, present and future influences. You can also measure physical things like distance, volume, weight, etc. You may want to re-

check your dowsing accuracy (ideal: 100%) before basing any important decisions on your measurements!

The use of the Scale as a Probability Chart

This application vastly expands the Chart's usefulness, particularly around future outcomes. At this point though, I must make clear that the future is not fixed, and that outcomes are subject to change by the free wills of all those involved. So future predictions, or 'fortune telling', is risky as far as reliability is concerned. I would not bet the farm on a racehorse I dowsed would win at 100% probability because too much can happen in the meantime! If the issue is particularly important to you, then monitor it carefully, and dowse around the peripheral issues, always making the statement "For the highest good of all" in your wording.

However, the chart is useful for probabilities, can help guide present choices and can be used as in the following examples:

"With 10 as ideal, what is the current probability I will pass the (math, drivers, final) exam?"

"If I study an extra hour a day, what then is the probability I will pass?"

"With 10 as ideal, under the current conditions, what is the probability that my new business will prosper?"

"If I add (Mary) to the staff, what is this probability now? And if I lay off Susan?"...etc."

"With 10 as Ideal, at my current rate of skill acquisition, what is the probability I will be an expert Dowser in 1 week? ...in 1 Month? ...in 1 year?"

A chart of 10 can be easily sketched on a napkin, notepad or any scrap paper, and you're in business! Even more 'handy'

is the appendage dangling off your spare arm. We all have a built-in scale of ten, if you use the digits and spaces as illustrated: (left hand facing up)

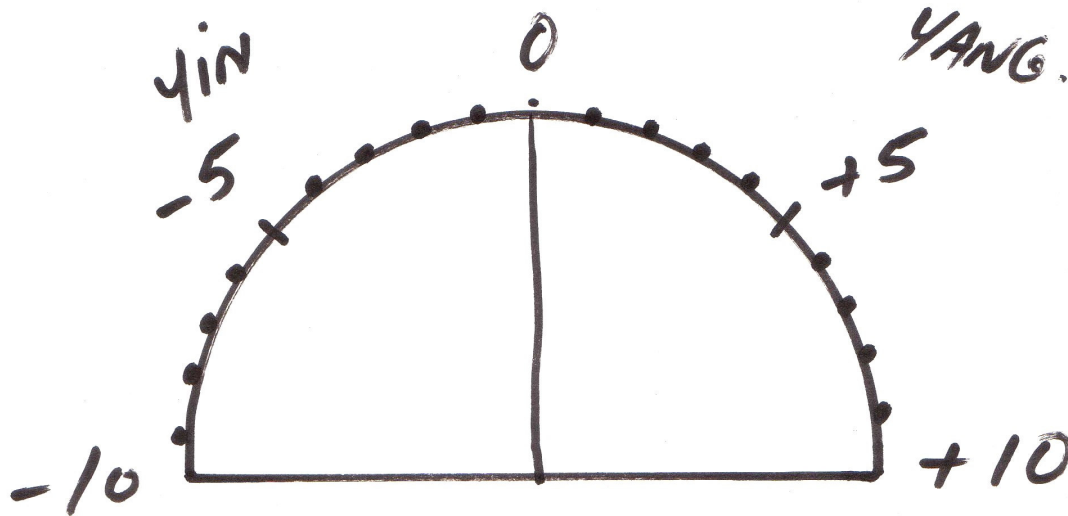


Again, in order to dowse for numbers over 10, ask, “How many digits in my answer?”

Let’s say the Pendulum swings to ‘4’. You know then your answer is in the thousands. Then ask, “The first digit is...(wait), and the second is...”etc.

Another useful chart is one that allows you assess both sides of a question. A good example would be asking, “What is the overall effect on my energy of this (person, place, thing, or event)?” With the center line, or number 5 if you use your 'hand chart', being the neutral point, anything to right is a positive effect, anything to the left a negative. This could also be expanded to include ‘Yin’ and ‘Yang’ effects as well. Ie: “With Yin on the left of center, what is the effect of this (person, food, place, or vent) on my Meridians... On my (specific) Meridian?”

You can use this chart to measure integrity, love and truth indexes, and spiritual quality or condition as well. Always do this before doing business, purchasing or entering into a contract with anyone.



These charts are simply tools to help you form questions and learn more, always ‘for the highest good of all’.

Actually, anything you can dream of can be made into a chart of different choices for you to Dowse. Colors, ice cream flavors, remedies, people...the list is endless. If you start making and collecting charts, you will eventually end up with a custom set of charts uniquely your own!

With these measuring tools, you can now learn about any number of events, effects, quantities, etc. from any time frame. This can provide excellent guidance for you, your family, friends, and clients. Keep these charts and questioning techniques in mind when we explore the protocol that follows. You are only limited by your imagination as to what you can learn with clear Intent and access to the Global Grid via your own Quantum Energy Field.

Level Two, or ‘Active’ Dowsing

When I first learned to use a pendulum, I was quite pleased with the level of guidance working with ‘yes’, ‘no’ and that the percentages and probabilities provided. I was quite amazed to learn from a friend that she was using her pendulum to help ‘broadcast’ homeopathic remedies at a distance to her friends and clients! This was quite a shocker to me! A yet, on another level, I understood humans are currently operating on a very low percentage of our mental, and thereby ‘psychic’, potential. Some say we typically use around 10% of our brains! And much of our DNA appears to be inactive, as well. It seems we are mostly potential!

My friend gave me a sample statement to read, or intend, as I swung the pendulum in a circle. After trying it out on a number of sensitive friends, I was convinced, as were they, that ‘something’ was going on. It was shortly after this, I was privileged to attend one of Raymond Graces’ seminars where he taught the methods my friend had introduced me to. It turned out she had learned them from Raymon, too! I highly recommend the experience to anyone. You can track him down at www.raymongrace.com. His books and DVD's are very inspirational, as is he. Much of what you read here, I learned with Raymon.

One of the reasons we programmed your ‘yes’ and ‘no’ movements as a vertical and horizontal movement was to ‘free up’ your left and right spin circle movements for ‘Active Dowsing’; taking out and bringing in energies respectively. This will give you a total of four movements altogether.

In a similar way that you programmed yourself for ‘yes’ and ‘no’, in an Alpha State purposely produce a left, or counterclockwise, spin, and tell yourself, “This is for removing energies” eight times. Then do the same for the right clockwise spin, saying “This is for bringing in energies” eight times.

Now let's look at how the two 'levels' of Dowsing work together. Let's say you measured your Life Force today at 60%. Now you have two options. With a Right Spin, you can simply ask the Dowsing System to raise your Life Force to 100%. Start the spinning movement yourself, but once the spins starts, **LET GO OF ALL EXPECTATION**. This is crucial. Another term to consider is 'surrender'. Allow the spin to continue as long as it needs. It **WILL** begin to slow down and come to a halt naturally. The time it takes to complete your request could be an indication of how difficult the job is! Big jobs definitely take longer.

Now if you go back and re-ask the question, what do you get? I would be surprised if you don't get 100%. But let's look at what we've actually accomplished here. Your energy was down for a reason; maybe lack of sleep, energy-draining people or environments, poor nutrition...the list goes on and on. If we do not identify and/or balance the causes of the Energy loss, we have really just given ourselves an 'energy band aid', and likely will find our energy drop soon after. We have performed 'allopathic dowsing', referring to the prevailing Medical philosophy of the 'civilized' world, where we have mistaken covering or suppressing symptoms for a 'cure'. Would it not be better to take the time to investigate possible causes and remove them as influences? I have found much of my initial work with myself or others is mostly a removal process. Once we remove the stressors, the body or energy field will naturally rise to its optimal healthy level. We are self-healing organisms. By the way, that's why I think it's misleading for anyone to call themselves a 'Healer', because it's a lie! We never 'heal' another...we can help their Healing process, but ultimately it is they who Heal themselves with the help of the Divine.

Let's redo the above scenario with this is mind:

"With 10 as 100%, where is my Life Force today?" Answer: 60%

“Are their blockages to my Life Force that I can dowse out now?” Answer: yes

“Are these blockages physical?” (no) “mental?” (no) “spiritual?” (no) “emotional?” (yes)

“Are these emotional blocks more than 10 in number?” (no) “How Many emotional blocks are there?” (3)

“Is it necessary, needful or beneficial to know more about these emotional blockages in order to clear them?” (no)

If the answer to the above question is ‘yes’, you will need to go deeper with your questioning, such as, “Are these blockages from a past or future life?”, “Is this the best time to proceed with this clearing (‘should I’)?”, or “To what degree (percentage) is this person willing to let go of these blockages?”, etc.

With a Left Spin: “I now ask that these 3 emotional blocks to my ideal Life Force be completely removed and replaced by pure Life Energy of the highest vibration”.

After this, re-measure your Life Force. Again, I would not be surprised to see it naturally rise to 100% once you remove the identified blocks. Now the improvement is more likely to ‘stick’.

I do think there is something scientifically significant about the spinning movement that plays a role here. 'Spin' is the basic physical dynamic operating in the Universe, all the way from the Galactic spin to the electrical spin of the mitochondrial DNA in your cells. Spinning produces a vortex, and vortexes concentrate energy into a state where matter interacts with 'hyper spatial dimensions'. I feel the spinning of the Pendulum creates an opening in Subspace, where your strong Intent, which is producing measurable electrical as well as subtle energy effects, 'goes into' the vortex and emerges where it is

needed to affect change. This is just my intuition on the subject, but it makes sense.

With the Protocol that follows, you will find that the majority of it involves removal work. And sometime you may have to go back and repeat a removal, as some hidden aspect of the blockage likely brought it back. When Raymon was asked, “Does Dowsing once remove an issue forever?” his reply was, “Well, do you only take one bath for a lifetime!”

When removing, or Dowsing generally, don’t get stuck on a set or memorized way of speaking. Raymon uses powerful words like ‘scramble, deactivate and neutralize’ to give some emotional ‘oomph’ to the request. Be imaginative, and really mean what you are asking for! What you forget to say is covered by the Dowsing system, anyway.

As for the Protocol, my general advice is to use it on yourself first. Get good and cleaned up before you start helping others. You’ll get better results if you do. When you’re in an airplane, they always tell you to put the oxygen mask on yourself first, otherwise, in an emergency, you’re no good to yourself or anyone else!

After you’ve covered the Protocol all the way through, your follow-up, or ‘maintenance’ sessions can be made a lot shorter by first asking, with your mind focused on page one, “Is there an issue for me on this page?” If ‘yes’, ask “How many?”, and either point to each item and ask, “Is it this one, this one, etc?” or simply dowse out the numbers of the items needing work.

Please do not consider this Protocol to be ‘gospel’. If an item rubs you the wrong way, or is against your belief system, pass it by. But please don’t let your ‘adopted’ beliefs limit your power, either! This was the reason many of these beliefs became institutionalized centuries ago; to keep people weak and under domination. Do not be afraid of your Power. Power

must be balanced by Love and Wisdom, but not abandoned because of Fear of who we are!

So use this Protocol as a foundation, if you like, and you will likely begin adding new things as you go along and learn more. There's not a subject under the Sun that cannot be Dowsed. I am always cheered when I come up with a concept for a new chart...it makes my day!

More Preliminaries: Spirit Guides

Remember we discussed the global 'consciousness grid' as the actual means for Active Dowsing? Well, that's not all that's involved. We all have Spirit Guides; some experts say between 3 and 5, usually. A lot of this understanding comes from researchers into 'Near Death Experiences', where people who die get a little tour of the 'other side' and, in most cases, are told they don't have a reservation and aren't expected yet, and end up back in their bodies! The Munroe Institute has done a lot of this research. See also 'The Destiny of Souls' by Michael Newton, PhD...for some fascinating case studies of life between lives.

The quality of your Spirit Guides is a major factor in the quality of your Dowsing. It seems that until we are aware of them, they pretty much have 'carte blanche' on how helpful or not they want to be. Spirit Guides are a lot like people (I guess they would say they are!)...some are helpful, some are neutral, and some can be a real pain in the...astral!

In Lynn Grabhorn's 2003 book, 'Dear God, What's Happening to us?', (Hampton Roads, 2003) she writes about three essential clearings or 'upgrades' that must be made in order to navigate the 'Shift of the Ages' which is upon us. She is very particular in the languaging of these three clearings, so I will respect her wishes, and quote them verbatim. We will consider these once-a-lifetime adjustments, and a great way to launch or 'upgrade' your Dowsing practice as well as personal

life. She reports that there are three areas where our lives can be compromised by what she calls ‘the others’; beings of a negative persuasion that are involved in creating blockages to your growth. You may perform these clearings with a Right Spin. Wait until the spin is over before proceeding to the next clearing. Thank you Lynn!

1. Your Guide Team

“From the Light of God that I am, I hereby declare that my team of Guides shall, as soon as any necessary transference can be made, be comprised only of members of 100 percent pure Light who have never been re-programmed by entities of the dark.”

2. Your Primary Guide

“From the Light of God that I am, I hereby declare the entity that is my Primary Guide shall be an entity of 100 percent pure Light that has never been reprogrammed by entities of the dark, with such change, if necessary, to be made as soon as possible”

3. Your Consciousness

“From the Light of God that I am, I hereby declare that my consciousness mix should be converted, if necessary, to a mix of 100 percent pure Light of entities that have never been re-programmed by those of the dark. I further declare that this conversion should take place as soon as possible, but preferably during evening hours as I sleep and as gently as possible in order that I might continue my normal daily routines”

What is Reality?

Before going through the Protocol section, I would like to dispel some illusions some folks may have about the objective

‘reality’ of a lot of these issues we’ll be clearing, especially the ‘spooks’ in the early part of the protocol. According to the metaphysics of the Course in Miracles, a very wonderful non-dualistic system, the manifest world in all of its aspects is a grand projected illusion of the Mind...not the Divine Mind, however, but the divided and fearful Egoic Mind. The Egoic Mind was the result of an unfortunate decision of God's creation (us) to venture from Oneness and experience 'something else'. This understanding, by the way, answers the quandary, ‘How could God create such a world of pain, misery and death?’ Simple; He didn’t. We did...you and I and our very human Minds. There is nothing ‘out there’ that is not a projection of our Reality ‘in here’. Quantum Physics has, for over a hundred years now, shot holes in the belief in a solid objective world outside of the observer. If a tree falls in the forest and no-one is there, does it make a sound? No. As a matter of fact, there’s no tree or forest either. Sorry if this upsets your appletart...well, no, I’m not. The Truth doesn’t have to be comfortable to be true.

But Truth, once accepted without fear, is ultimately liberating. If all these ‘phantoms’ (entities, demons, etc.) are projections of our own consciousness, what is there to fear? The Light of Truth will, in every case, dispel all illusions. That, by the way, is the job of the ‘Holy Spirit’. You could call the Holy Spirit the ‘active aspect’ of the Prime Creator. It is also the ‘memory of Oneness’ buried deep within the Minds of all who are dreaming they are separate. So Active Dowsing is all really an exercise in personal freedom and helping others awaken to the Truth about themselves. Our aim when working with others is not to give these things (entities) more reality than they deserve (which is none), but to demonstrate and allow others the experience of themselves as unburdened by these useless vestiges of an outmoded, obsolete and dangerous level of consciousness; the fearful Ego. Some say this predominant state of mind on the planet is like sleep, and the projected world we ‘create’ daily is none other than our private

nightmare! There's a big benefit to waking up from this dream!

Too many people are enamored by the 'spiritual' simply by virtue of it being beyond their understanding. We are all already eternal Spiritual beings. We have nothing to add to ourselves to become all we can be. Just a lot of stuff to remove...beliefs, illusions, fears, imprints, memories; the list goes on. And where do all these blockages exist? Out there, in the objects and events of the physical world? Nope. They exist only where you experience them...in your Mind. In the Tibetan and Egyptian books of the dead, we see the same dynamic being played out as the departed soul faces a series of their worst fears each symbolized in a personal and poignant manner, and each image disappearing as soon as they are looked at without fear.

So, despite the Dualistic language we may use, we are actually clearing out phantoms of illusion that seem very 'real' until they vanish in the Light of our Intent. This idea can be summarized with the affirmation, "All I ever Experience is Myself". As you go through the various clearings, the language and assumptions inherent in the language are conducive to projecting these issues outside ourselves. Bear this in mind, and feel free to Dowse out any Fear that an issue may bring up. And of course, always ask permission with the 'Can I, May I' Should I' preliminary before Dowsing for someone else, and respect those who do not want it at this time.

Reminder: It is not necessary to know all the details about a situation...dowsing works by Intention. Your Guides and the Grid handle the details.

When working with vague target information, such as doing distance work for a friend of a friend, ask "Does the Dowsing system know who I am intending to dowse for at this time?"

The original version of the following Check List or Protocol was given in a two day workshop. Obviously, we won't be able

to go into the same amount of details and examples, but you should be able to work with, and expand upon all of them. Even doing the first few on a regular basis will have a dramatic positive influence.

After doing the whole Protocol for yourself you may want to just do a regular daily clearing, something like this:

Left Spin: “I ask the Dowsing System and my Guides to remove all negative and non-beneficial energies and frequencies from my physical, mental, emotional and spiritual bodies, transmuting any lower frequencies all into pure 5th Dimensional energies of Healing, Love and Joy. (wait for Spin to stop)

Right Spin: “I now ask to raise my frequency, protection and dowsing accuracy levels to 100% of their potential for the entire day. Bless me, my family and loved ones with Divine Peace, and allow me the opportunity today to Forgive and share Love”

The Protocol

Establish an Alpha State. Then ask, “Can I, May I, Should I Dowse today for (myself, other person, situation)?” Ask if you have sufficient Guides and Angelic assistance to do this work today.

1. Your Spiritual Protection Level.

Measure the percentage. If not ‘100’, ask if there are interfering entities or energies present? If ‘Yes’, ask if Steps 2 through 9 will clear them. You can also simply Right Spin your protection up to 100%, but this may be temporary, and you’ll want to recheck your Protection as you go, especially if you start getting inconsistent or contradictory results.

2. Dowsing Accuracy Level

Use percentage. Remove obstacles (Left Spin) Raise to 100 if needed (Right Spin)

3. Overall Body and Energetic Frequency

As above

If under 100 the ‘shortcut’ is to simply Right Spin your frequency up. The more thorough approach, though, could sound like this:

“Is the main factor affecting my frequency negatively Physical? (yes, no) Mental? Emotional? Spiritual?”

“Are there more than one category of blockages?”

“Are there items in the protocol that will address this (these) issue(s)?” (yes, no)

After you go through more of the Protocol, come back to the original question about your Frequency.

The raising of frequencies will speed your Spiritual Evolution, but may also bring issue, representing low or incoherent frequencies, to the surface. This is sometimes the 'price' paid for accelerated growth. You may want to ask your Guides and the Dowsing System to moderate your frequency rise to a level and rate that is easiest for you to adapt to.

4. Life Force

This is a little different than Frequency and has to do with the strength of your ‘Chi’, or Electrical Energy in your field. You could break it into Volts, Amps and Resistance, if you care to. Volts would be an indication of the strength of

your kidney-adrenal complex; the ‘battery’ of your Energy Field according to Chinese Medicine. Amps reflect your Brain power; the ability to hold, generate and create thought. Resistance has to do with the Ease of Flow of Energies through the body, which can be affected by a large number of factors.

Use Percentage of ideal as with #2

5. Negative Entities in the Energy Field

This is referring to the presence of disincarnates in your field. Disincarnates are human souls who have left the body, but have not ascended to the higher dimensions. Instead, usually because of their strong mental or emotional attachment to the earth plane, or ‘3D’, they become stuck in the dimension which is in the closest frequency band next to 3D, the lower astral plane, or 4D.

They attach to living humans because they are still living out some kind of negative drama like grief, revenge, addictions, or sexual deviations. It is when we are in a negative emotional state sympathetic to these ‘lost souls’ that we create an opening for them to ‘hitch hike’ onto our energy field. You could call these predispositions ‘attractor fields’. Once we pick up this crud, we then begin, usually, to feel or act worse; that is, more like them.

Periods of unconsciousness also provide an open door for entity possession. It’s not unusual for people who’ve been knocked out in a fight, surgery or accident to go through a ‘personality change’ after the event. If the personality in these cases goes ‘downhill’ suspect an entity possession.

Bear in mind that Entity possession is more common than not. I’m surprised when someone who I’m working with for the first time doesn’t have at least a few! There are many more disincarnates than living humans. Think of all the deaths throughout history that were the result of some negative drama; war, poverty, and disease, for example.

Again, we don't want to dwell on, or create fear around these things, as, from Non Dual perspective, they are projected aspects of us. They are actually doing us a service in the long run in pulling us into the 'deep end' of an area that has perhaps been only a minor issue for us, but that we will never overcome until we experience it to it's extreme polarity. It's like an electrical charge which cannot be discharged until both positive and negative come together and produce a spark of light. This is consistent with Jung's psychology on the need to face and embrace our 'shadow' selves to become whole.

Nonetheless, the entities can become chronic factors in illness and depression, and we certainly have the option to release them. Here's a possible scenario:

"Does Mary have an issue with negative entities in her Field?" (yes)

"How many? More than 10? (yes) More than 20? (no)

Using the Left Hand scale of ten, "Ok, there are 10 plus how many?"

(swings to 4) "Does Mary Have 14 entities in her field?" (yes)

At this point, you can ask a lot more questions about the past, such as 'How many years have they been present, to what degree have they created limitation in her life?' etc. But this is not necessary information. It may be helpful in explaining some events, but the main point is to clean them up.

"Will my Spirit Guides clear the entities" (yes) (I'll address what to do if you get 'no' later)

Left Spin: "I ask my Guides to take each one of the entities we have identified by whatever means necessary to

the highest, most appropriate dimension for the highest good of all. Please reverse all negative affect they may have had on Mary, and remove from Mary all mental, emotional, physical or spiritual attractor fields for these and similar entities. Thank you". (Wait)

It is not unusual for people to feel a subtle change in their bodies as the entities leave. Generally, people report a sense of lightness, and relief. The languaging does not need to be exact, and you'll likely come up with things to add. As noted, try to avoid getting into a mindless repetition of a stock phrase, but break it up and change the language. It is the clear intent that is paramount.

There seems to be a limit of 22 possible entities for any one body. Maybe this is because we have 22 chromosomes where some say the entities psychically attach. Each Chromosome may be associated with a specific negative emotional potential. Perhaps a connection could also be made with entities and the development of 'inherited' disease running in families?

6. Negative Entities in the Physical Body – as above

These entities are different from the ones in the energy field in that they can be considered 'squatters' while the latter are more like 'hitch hikers'. As squatters, they usually are more long-term tenants and can be located in a specific place in the body, often a joint. When you send them on, chronic joint pain which may have been around for years can instantly vanish! I have learned that you can combine these entities in the clearing for question 4 above, but it's good to know the distinction.

7. Negative Entities in the Home and property – as above

This clearing can make a world of difference to the emotional tone of a home. Real estate agents will want to

know about this! You may also want to clear used cars, the subway car, your office or school in the same manner. The important thing is to give these beings a destination. It's one of the 'rules of the game' that once you identify them and their effect on others, they have to obey your command. Gee, that makes up pretty powerful, doesn't it? Remember, it's all us!

8. Negative Entities at a Distance

This can include entities in another dimension or time frame, or prior home that still project an influence. They could be from your childhood, or past/future/parallel lives. If you don't ask, you won't know.

9. Demonic Forces

The language here is unfortunate, as there is a lot of historical and cultural 'baggage' around the term 'demon'. The main difference here is that, unlike a disincarnate, a demon has never had an earthly incarnation. They are among the 'fallen ones' or 'fallen angels' of legend. According to some views of spiritual cosmology, the present Universe has been tainted by a rebellious faction who has taken the 'separated ego' experience to its extreme limit. It was inevitable, I guess, if we go back to the idea that issues will not be 'depolarized' or transcended until both polarities reach their limit and collapse back onto one another.

The effect and motivation of demons is similar to that of entities, just cranked up a notch. They enjoy suffering, and like to spread it around. 'Misery loves company' is their motto. Some say suffering human energy is their nourishment. They must really love the media! What a smorgasbord of pain!

Because of the nature of Demons, most Spirit Guides will not deal with them. Go ahead and ask if you get 'yes' for the

question, “Do I, or does so-and-so, have an issue with demons?”, “Will my Spirit Guides clear them?” and I’ll bet you get “NO!” They don’t really shout, but the result’s usually definite!

However, there is a class of beings who will. Raymon Grace refers to them as ‘Spirit Doctors’, indicating some kind of specialized credential, I assume. Through Dowsing, I have learned that they are a group of Archangels; powerful beings that not many in the lower Astral want to argue with!

So again, if you get ‘Yes’ to demonic interference or presence, ask, “Will the Spirit Doctors take care of them? And see what happens.

The language can be similar to Step 4. You may want to embellish it a bit, such as: (with a Left Spin)

“I now ask the Spirit Doctors (after determining their willingness to help) to take and totally bind all demonic forces affecting (target) and render them totally harmless by taking them to the most appropriate dimension for the highest good of all. Help them to recognize the spark of Light at the center of their being. Prevent them from wreaking any future havoc on any dimension, and clear (target) of all negative affects and attractor fields associated with these beings in all time frames and dimensions”. (Wait)

I did have one case where the demon would not budge. It then occurred to me that this one was really ready for the ultimate healing. I asked the Spirit Doctors to take it to the 'outer darkness' or Void. Once there, it was able to 'snap back' into a higher dimension for complete healing.

Now that we’ve cleared the major spiritual riff-raff, we must acknowledge there is a whole menagerie of creeps, slime balls, and low-lifers out in the lower astral plane, and some from beyond. I understand the 6th and 9th also have

their less-than-desirables. Sorry for sounding harsh, but that's where they are at. Now, for every possible negative thought or emotion, somewhere out in the mind-made universe, that thought-form or emotion-form has an existence. All Thought produces Form on some level. So these 'beings', again, are just projections of sick minds. By seeing them as objects outside ourselves in need of healing, though, we do, in a sense, resolve them within, and depolarize their energies in out minds. Again, it's not a simple black and white picture...yes, they do exist 'out there', but 'out there' is really all 'in here'.

The following is an example of a chart you can use (or make your own) to further identify low-energy beings. As you go along and read more and meet more people like you, you'll likely find things to add to your 'hit list'. I simply ask, "Is there something on this page that needs to be cleared for (person)?" If I get "Yes" I'll ask, "How Many?" and then identify them one by one.

In order to clear these and similar issues, you are going to have to get the right help. You have Spirit Guides and you know the Spirit Doctors. The second chart following is an example of a 'Who you gonna call?' chart. For each identified creep, I'll refer to the second chart and ask "Who will take care of this one?" Let's say it goes over to Archangel Michael in regards to an Energy Vampire. With a Left Spins, ask something like this:

"I now ask Archangel Michael to take and bind this Energy Vampire, taking it to the most appropriate Dimension for healing, preventing it from doing any more harm to anyone. Clear (person) of all ill affects of this being and prevent it from ever returning. Thank You." (wait for spin to stop, while holding intention)



Any Problem here?

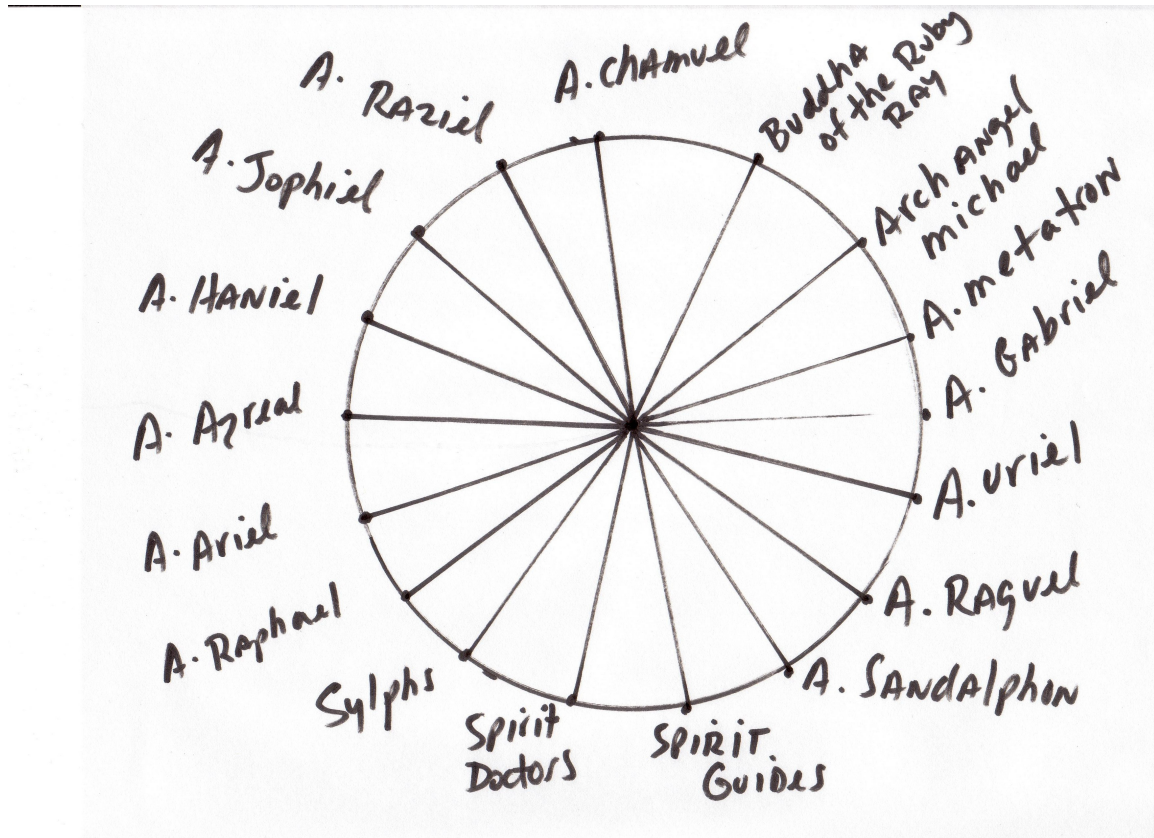
By the way, 'Henchmen' are particularly nasty demons. A 'Beast' is very base and animalistic. 'Zombies' are essentially soul-less and easy prey for mind control. A 'Psychic Weapon' is often the trace of a Past Life murder, like an etheric bullet, arrow or sword.

Poltergeists can be responsible for things falling, getting lost and re-appearing, and general mischief. Interestingly, in psychology, poltergeists have been associated with a cantankerous teenage girl living at the premises.

A negative Elemental may be associated with heavy metal poisoning, or toxic or radioactive ground.

'ET' types are now understood to be 'other-dimensional' beings, most that are benign or friendly. Some may be invasive, or working on other's behalf.

Often 'murderers' are beings associated with past lives. Remember, we have likely played both sides of this one, too!



Who You Gonna Call? ('A' stands for 'Archangel')

I don't like to spend too much time on the negative, as the more attention we give it, the stronger it gets in our awareness. Another one of the Rules of the Game is "Where you put your attention, it increases". People who are freaked out by Entities, etc. and constantly concerned about 'protection' are doing themselves in! Fear feeds the flame! So shake them off, turn them over to the experts, and let's get on with filling the world with Love, Light and Gratitude. These are the vibrations that are destined to depolarize all the negativity in the Universe. The best 'protection' is being in Joy, which is your natural state and birthright. If you are going to do this work, however, be sure to go on at least to the next step.

10. Filling Voids

At this time ask if you have created any energetic voids. If ‘yes’, ask with a Right Spin:

“Please fill all voids created by these clearings with 5th Dimensional frequencies of unconditional love, truth, thankfulness, joy...etc. Seal these clearings for all time and create a 15 foot thick protective field around (client) that will only allow healthy, loving frequencies in and will deflect all negative frequencies back to the universe as Love.”

The reason we ask for things to be transmuted into 5th Dimensional energies is that this is the closet frequency range to us that is non-dual. In other words, it is the most accessible realm of perfection to us here in 3D, which is obviously, dualistic; a world of opposites. Some would say that the Shift of the Ages that is upon us at this time, transpiring primarily over the years 1987 to 2012, will actually catapult all of 3D Earth and all who are willing into 5D. So shifting people through dowsing toward 5D is a way of helping prepare them for the changes, and have a taste of those changes now.

11. Negative Energetic Patterns at Birth

We all suffered Birth Trauma. Coming back into 3D after basking in Unconditional Love was rather a rude shock. There was a lot of pain, noise, confusion, etc. And possible regret...”Oh yeah, now I remember...what the heck did I volunteer for this again?”

If you get ‘Yes’ in response to this issue, ask for the degree of influence of these patterns on the life path, with ‘10’ as extremely bad. Ask the Guides to reverse all mental, emotional, spiritual, physical and cell memories of birth trauma, transmuting their energies into 5th Dimensional frequencies of Joy and Love.

You may also want to 'time travel' back to the point of Birth (just ask, can we go back to the time of birth?) and remove the trauma then. This has the effect of neutralizing all ill effects of birth trauma throughout the entire life path.

12. Compatibility of Spirit Guides – with significant persons, partners, co-workers

If you get “yes’ to this item (when asking, "Is this an issue?"), it may help explain why certain relationships have hit an impasse; why we always seem to ‘lock horns’ with certain people and never grow towards a more mature relationship.

You can ask, “To what degree (percentage) are my and my bosses Spirit Guides compatible?”

**“Are these Guides willing to raise their compatibility?”
(if yes...)**

With a Left Spin: “I now ask my Guides to help all Guides involved to release all blockages, resistances, and other issues preventing their 100% compatibility, for the highest good of all.”

Recheck the question, and raise the Compatibility with a Right Spin if necessary. It shouldn’t be. You may be surprised how the relationship will shift.

13. Hexes, curses, spells, black magic, bad medicine, witchcraft

These are archaic terms for ‘negative thought forms’. Be sensitive to your subject and use the latter term if you think they’ll be upset or mystified by these concepts. A thought form is simply an energy imprint created by a powerful intent directed with strong emotional energy. These thought forms take on a pseudo life of their own and hang out in the lower Astral plane, or 4th Dimension. The 4th Dimension is the domain of the 'collective consciousness' of mankind. Seeing as

the current human Mind is split into a dualistic state at this time, it's no surprise the Astral plane is the plane of 'angels and demons'.

Let's say in your lineage, your distant relative accidentally killed your neighbor's cow. The neighbor was understandably upset, and directed to your poor ancestor a thought form like, "May all your children be cursed with buck teeth from this time forward!" That energy went straight into your ancestor's DNA memory and was passed on to the entire lineage, just as predicted. Words are powerful forms. Sound is a 7th Dimensional phenomenon. Words are not just inert sound. Words are most powerful when they are coupled with intent and strong emotion. Miguel Ruiz, in 'The Four Agreements', cautions us not to use our Word against ourselves (his definition of 'sin') or our neighbor (his definition of 'black magic'). Instead, he encourages us to be 'Impeccable with our Word'.

If you get 'Yes' when asking if this is an issue, you can certainly ask 'how many' and even pinpoint years, if you wish, but this is not necessary, only interesting.

Remove them and their affects with a Left Spin. Be sure to include 'all time frames and dimensions' in your Dowsing. Transmute their energy to 5th Dimensional energies. Check properties too for curses. Some properties have been the site of previous wars, burial grounds, or places of negative activity. A 'curse on the land' was a serious deal in olden times. We moderns may need to be reminded of these things, which we tossed out of our view of the world in the age of Materialism. See # 16 below.

14. Family Curses

These are similar to above and specifically directed to your lineage. Be sure to remove these from ancestors, children and future lineage members as well.

15. Pre-historic curses

This is a bit more mysterious. My understanding is that this has to do with negative memories imprinted perhaps on a DNA or even elemental level. The DNA in every cell in your body is not just a record of your immediate lineage; it is a record of all life forms on the planet, and all matter that existed before life. The elements in our bodies were literally formed in the explosion of a Star that existed before our current Sun. Our Sun is a ‘second generation Star’ formed out of the dust of this former Star. So your elements carry the energetic signature, or memory, of this cataclysm, and every other cataclysm that occurred on Earth over the billions of years it took for Life to emerge. That’s a lot of Stress and challenges. Many times in the ancient past almost all Life was wiped out on Earth to be replaced by a more adapted, complex set of Life forms.

If these ‘curses’ are present, you can Dowse them out with a Left Spin, transmuting their energy into 5th Dimensional energy.

16. Curses on Home or Property

These could have been directed toward former occupants, or may represent current issues, like disgruntled neighbors. They also can have deep historical roots, such as curses on former battlefields, or sites of massacres, illness, or graves. Ask if there are any ‘Earth-bound Spirits’ involved, and whether your Guides will help them go to a higher Dimension. After clearing the Curses (left spin), send the Spirits onward with a Right Spin:

“I now ask my Guides and the Dowsing System to take all willing Earth bound Spirits in the home and property of _____ to move to the highest dimension appropriate to their Soul Path and for the Highest Good of All”

17. Spirits of Victimization

As discussed earlier, thoughts carry vibration. They can also take on a vibratory life of their own, as it were, and ‘personify’ as specific kinds of Spiritual energies. Also, some lower Astral beings ‘specialize’ in creating and sustaining specific forms of suffering. A Spirit of Victimization will try to keep someone feeling powerless, under control, and fearful of making a change for their own good. This imprisons the Will, and keeps one from realizing their Power and Potential. Clear and replace with a Spirit of Empowerment and Responsibility.

18. Spirits of co-dependency

I think ‘co-dependency’ is a somewhat worn-out psychological concept which seemed to give power to the notion that people can ensnare themselves in unhealthy relationships which are difficult or impossible to rise above.

To be inter-dependent is good, as we are all, on a transpersonal level, the same being trying to wake up to his/her True Self. A Spirit of Co-Dependency, for our purposes, can be viewed as being locked in a mutually limiting, destructive, or ‘enmeshed’, relationship. These relationships have a ‘heavy’ quality to them and often involve patterns of blame, guilt and anger. Dowsing this out (left Spin) can help break the deadlock and enable people to move forward individually. This can go either way as far as the relationship goes, as the other person will also be free to choose to grow independently either within or without the relationship.

19. Spirit of Death

Freud came up with the concept of the ‘death instinct’, which he called ‘Thanatos’, to explain how some patients seemed driven to self-destruction. He may have actually been dealing in some cases with a disincarnate or Demon possession. There is a phenomenon, though, when people reach a certain

impasse, or plateau, with their healing where a part of them does not want to give up the ‘payoffs’ their illness gives them. For some people, being sick gave them the first opportunity to be treated with respect by their loved ones; to feel ‘special’ or ‘needed’. On an unconscious level, this may be very difficult to give up, and to go back to the way it used to be when you were healthy and ignored, taken for granted or abused. This is not healthy. We need to heal on all levels; heal from the illness but also heal the emotions and beliefs that led to the illness and also to the ‘way things were’ before becoming sick and ‘special’.

Another point to consider here is that, contrary to the Modern Medical Madness model, death is not the ‘enemy’. It is a transition from one form to another and, as many ancient cultures knew a reason to celebrate at the end of a successful life. So if, for example, you Dowse for someone who is dealing with a long chronic issue, perhaps is in a lot of pain and unable to have a reasonable quality of life, and you get ‘yes’ to the Spirit of Death being present, next ask, “Is it in the highest good of all concerned to remove it?”. Don’t be surprised if you get ‘No’, and, if so, respect the choice they have made and find other issues to Dowse about. Otherwise, if you determine the Spirit of Death is inappropriate at this time, and a blockage to healing and learning, ask permission of your Guides, and clear it with a left Spin, transmuting it’s energies into Pure Life Force.

So when a Spirit of Death is appropriate is when it represents a conscious choice to Transition from the physical body. What is truly alive can never be destroyed. It is possible to heal mentally, emotionally and spiritually and still depart the body.

When a Spirit of Death is not appropriate is when it is coming from unconscious guilt. It is the unconscious guilt, stemming from the Ego that drives us to self-destructive beliefs and behaviors, like suicide. Suicide can be quick and dramatic, or slow, as in the case of self-neglect.

20. Psychic Cords

These are very real etheric lines of energy connecting us usually with someone we have had a close or intimate relationship with in the past. These cords often connect to the main Chakras of the body, and are very likely present in those who have suffered sexual abuse or rape (roughly 25% of all females and 10% of all males). There is an element of parasitism implied with Psychic cords, and we can just as easily be the perpetrators of them as the victims. Any strong mental/emotional projection sent to you can create a psychic cord. Teachers, speakers and people in the public eye are particularly vulnerable. Ever wondered why celebrities are easy prey to addictions? Think of all the emotional energy projected onto them!

First ask if they are present. If so, you can ask how long they've been there, and to what degree (percentage) they are draining the energy of the person.

-Left Spin for removal of all ill effects.

-Right Spin the healing of the Cord, sending Love and Forgiveness to the source, or other end.

-Ask for a return of all energies lost to the psychic cord.

-Ask to repair any of the Chakras and energy field where they were attached. One of my sensitive, psychic friends said it felt like vacuum cleaner hoses being pulled out of their energy field as these were being removed. People will generally feel better when they stop losing energy this way. You may need to check this one periodically.

21. Original Soul Present – what percentage?

The Original Soul is the portion of Soul Energy that came into the body at 'ensoulment'. Ensoulment occurs by the third month of gestation. Every Over Soul decides what percent of their total being will invest in this incarnation. I am told by trusted sources that the average in the population is 15%. It is this 15% of the Total Soul Being that we are calling '100% of

the Original Soul.’ Confused? Ok...no human body could handle the full power of a complete ensoulment. Christ could handle 100% for short periods, but kept disappearing when he did! So the average seems to be around 15% at this time. We are going to call that portion, however, ‘100%’ for our Dowsing purposes, as that 15% represents the total most people come in with.

You could ask what percent of the total Soul being came in at incarnation to get the first figure. This may give an indication of the overall potential for Spiritual advancement in this life, as anything over the average (15%) would indicate more over-all Soul energy available.

The next question could be stated “Of the appointed Soul Energy at Birth, what percentage is now in the Body?”

It is not unusual to see less than 100%. This indicates a likely reaction to trauma at some point in time. An extreme example of this is in the case of ‘multiple personality disorder’ cases. It is found that these people suffered extreme abuse as children, where the soul-entity simply decided to ‘leave’ the scene of a most unpleasant experience. The person enters into a fantasy world where the abuse is simply not happening. Of course this leaves the body essentially ‘unoccupied’ and available to random tenants and squatters.

Again, this is the extreme. Much more common is when a portion of the soul energy steps outside the body in the face of a less-than totally intolerable situation, or a minor trauma. If this soul displacement becomes permanent, the person may have a sense of reduced vitality and not being ‘all there’. There is also more likelihood they have picked up ‘hitch hikers’ if there’s an empty place for them.

Ask permission to bring 100% of the Soul back into the body. Better still, go back to the time of displacement, and correct it then. With a Right Spin, bring it all home. You may

want to add “not to be displaced by any future trauma or foreign energy”.

A while back, I noticed with some folks I would get ‘0’ % of the Original Soul in the body! I was mystified, until I asked, “Is there a soul other than the original soul present in the body?” I would then get ‘yes’. I then came across Ruth Montgomery’s work from the 1960’s called ‘Strangers Among Us’ on the phenomenon of ‘Walk Ins’. Not much has been written about them, but the explanation seemed to fit the bill.

According to Ruth, a “Walk In” is a higher level Soul that elects to come into a body at a later stage in the human life to accomplish some kind of humanitarian or altruistic goal. Apparently there are a lot more Souls wanting to get here than available bodies! Especially now at this time in history, many advanced Souls are wanting to incarnate now to assist in the Ascension of the Planet and humanity to the 5th Dimension, due, according to the Mayan Calendar, the I Ching, and many sources around 2012. So ‘time sharing’ the available bodies seems to be the answer!

A Walk In transfer is not necessarily dramatic or even noticed, at least not initially. As with a disincarnate experience, it can occur as the result of a momentary loss of consciousness, such as a head blow or accident. The difference, of course, is that a disincarnate is not a good thing, and is most likely to create some kind of suffering, where a Walk In is a good thing. Often after a Walk In experience, the person feels a deep need to change their life for the good, often embracing a higher goal or purpose for their life. Maybe they lose interest in their former pursuits and circle of friends, and now develop a need to learn a new skill or study a new area, ultimately leading to some greater expression of human service. There were some ‘big years’ for Walk Ins: 1972, 1986/7, 1993, and 2003 come to mind. Ask if you are one. I wouldn’t be surprised, as not just everyone is magnetically drawn to esoteric subjects like Dowsing! If you get ‘yes’ for yourself or someone else, ask “Is

it possible to ascertain the year of transfer?” If ‘Yes’, use the left hand scale and Dowse out the digits in the year.

This can be very helpful information for people to know. It can help them accept themselves and the changes they may have gone through. It can also help them commit further to their purpose, now they know what’s behind it.

Being a Walk In does not erase your history! You still have the same personality, likes, memories etc. It’s just that the quality of Light that shines through these ‘filters’ has changed! The former Soul returns to it’s Over Soul self and awaits its next incarnation. The former Soul is usually a younger Soul that needs more experience growing up human, being part of a family, etc. The Walk In, as stated, is a more developed Soul with more experience and less need to repeat ‘grade school’. They are here for a higher purpose!

22. Percentage of Original Soul at Birth

This question projects the former issue back to the time of Birth. Birth Trauma could represent the point of ‘splitting’ that affected the entire life path. This is a good example of ‘Time Travel’; the ability to shift energies at any point and literally re-write the personal history. We generally operate under the stultifying belief that the past is ‘fixed’. Try this on for size; “the past is not what it used to be!”

Understanding ‘Quantum Time’ is helpful here. In school, we were taught to think of Time as running along a horizontal line, like some kind of linear, directional process. This created the impression that past events are solid, but somewhere off to the left of me, and out of reach, and therefore unchangeable. The Future, likewise, is somewhere out of reach on the right of the line, equally out of reach and unpredictable. And here you are in the Present, a measly little point on this infinite line trying to navigate these huge forces of Past and Future on either side. Have you ever noticed that most of the content in thought is either reviewing or regretting the Past, while worrying and trying to control the Future?

Now, in your mind's eye, take hold of that horizontal Time line, and rotate it until it becomes vertical; straight up and down. This view more accurately represents how Time works. The Past is now above the pivot point of Now, and Future is below it. You can best think of this line as a 'stretched out point of Now' where all events, Past, Present and Future, are occurring at the same Time, which is Now! Confused? This might help. When it was yesterday what Time was it? Now, right? And of course it's also Now now. And when you get to tomorrow, what Time will it be? Now again! So the only real Time we experience is...you got it! Now! This idea can help to liberate you entirely from the Prison of the Past and the Fear Fortress of the Future.

If we can shift energies in this Now, which I am sure you can if you've come this far, what is the difference between this and any other Now. There is actually some emerging scientific evidence that this is more than a mind game. The 'many universes' theory in Quantum Physics proposes that for every potential event in any dimension or Time frame, a separate Universe exists that supports that event. We choose the Universe we wish to experience by the choices we make every moment of every day. So we literally bring Universes into being, and can jump from one to the other at the speed of thought. The Past or Future is not so far away, and we can work with it just as easily as this Now!

If you get less than 100% of the Original Soul in the body at birth, say, with Right Spin, "I now go back to the time of birth for _____ and recover 100% of the Soul back into the body for as long as is needed, necessary or beneficial, for the Highest Good of All."

Time Travel can be used to seek out the root of current mental, emotional, physical or spiritual issues. This ties into the issue of Past Lives as well.

For any issue, you may be guided to ask, “Does this issue have a root in another Time frame? Past? Future? Is it necessary or helpful to identify the year? May we go back/forward to this time and remove, scramble and deactivate the cause of this current issue?”

23. Implants

Implants are either physical or etheric (immaterial) objects inserted into the body or energy field for specific purposes...I know this sounds vague, but nobody really has the ‘final word’ on implants. If you get ‘Yes’ to their presence, you can ask “Are these beneficial, or would it be beneficial to have them removed?” You can also ask if they are physical or not, how many are there, when they were implanted, etc. To repeat, this background is all very interesting, but not necessary for their removal. Some people feel implants are ‘tracking devices’ for observation and perhaps even control or limitation purposes. They may be placed there by earthly or ‘ET’ beings. If you get ‘Yes’ to this situation, I think you’ll want them out of there! You may need to apply to special helpers for their removal, like the Spirit Doctors. Be sure to fill any voids with 5D loving energy!

24. Degree of feeling wanted at birth

This is a very formative factor in our Emotional lives. Even while in the womb (you may want to check for ‘prenatal emotional influences’ as well) we experienced all our Mother’s emotions, whether directed to us or not, in terms of hormonal shifts and Stress factors.

If the percentage of Feeling Wanted is less than 100%, first remove the negative beliefs and emotions (left spin), then raise them to 100%.

You may also check energy level and the ‘love index’ of the birth location and adjust accordingly. .

25. Compatibility with Birth Location

If less than ideal, raise the Energy level of the birth Time and Location to 100% .

Here's a novel approach. If the compatibility is dismal, and you or your subject would really like to change the entire experience, you can! Choose a location you would like to have been born into; maybe a paradise like Hawaii, or a Power Place like the Andes or the Pyramid at Giza, and ask your Guides if you can change the energy of your birth location to the energy matching your chosen location at 100% compatibility. See what difference this may make in your current energetic state!

26. Non-beneficial Beliefs, Thoughts or Memories either inherited, learned by association or self-imposed.

These represent much of the Mental and Emotional 'baggage' we all pick up as a result of living here in 3D. True learning, that is Self Knowledge, has been described as more of an 'unlearning' process; ridding ourselves of the weight of the remnants of unawakened human collective consciousness. Psychologists say 99% of the thousands of thoughts we have daily are the same ones we have every day; that is, they are entirely conditioned. Westerners have a particularly hard time with this, as we are all very cerebral at the expense of the more non-verbal types of intelligence we are capable of. Plus the Ego has us convinced our thoughts are our own and entirely private! Not so! We are all joined on the level of the One Mind. Trouble is, the One Mind is having a bad dream called 'separation'. Awakening from the dream is our homecoming. Remove and transfer the emotional energy attached to these beliefs to positive energy.

We can ask our Guides to help us become more conscious of our everyday stream of thoughts, or 'inner dialogue'. Part of you can actually separate from the process and observe the

thinking from an inwardly detached perspective. The value of regular Meditation is in cultivating this inner ‘healthy’ detachment as a habit. Remember, a new habit can take 21 days of practice before it become spontaneous. You are then more likely to think consciously, rather than just from the collective conditioned mind. It’s like waking up in a dream. Most dreams seem real while you’re in them, and you feel you have no control over events. But sometimes you ‘wake up’ in the dream, and realize, ‘Hey, I’m dreaming!’ You then can start directing the dream the way you want it to go.

You could Dowse “To what percentage am I awake in my mental/emotional dream-world?”

If less than 100%, ask, “Are there blockages that can be Dowsed out?” Yes?

With a Left Spin, “I now ask that these blockages to my complete awakening within my mental/emotional dream world be removed and transmuted to pure Awareness, from this time forward, and that this awakening occur at a safe natural pace, allowing me to fully assimilate it”.

27. Non-beneficial Archetypes

These are limiting personality patterns often with a Past Life association. Carolyn Myss has written extensively on this subject, identifying over 300 possible patterns. This may be more than is practical or needed. Personality Archetypes may create behavioral patterns or shortcomings that interfere with our ability to work, have positive relationships, and just get along with other people. For example, someone with a “King’ or ‘Blueblood’ Archetype would have a hard time working for anybody else, as they carry the unconscious memory of being everybody’s boss! I specified ‘Non-Beneficial’ as some Archetypes may be serving us well, and you can certainly investigate and strengthen the influence of these, should you desire to. A short list of common potentially limiting

Archetypes is as follows. You may want to put them in the form of a pie chart. Use your number scale to determine how many may apply, and to identify specific ones. Left Spin to remove all cellular memory of these Archetypes in all time frames and dimensions.

- | | | | |
|------------------------------|-------------------------|--------------------------------|---------------------|
| 1. King | 2. Queen | 3. Blueblood | 4. Master |
| 5. Slave | 6. Simpleton | 7. Outcast | 8. Criminal |
| 9. Priest | 10. Priestess | 11. Gambler | 12. Militant |
| 13. False God/Goddess | | 14. Psychic Manipulator | |
| 15. Martyr | 16. False Healer | 17. Charlatan | |
| 18. Victim | 19. Seducer | 20. Miser | 21. Cheat |

28. Old Issues

Unresolved mental/emotional attachments to prior ‘dramas’ can create significant ‘drag’ on our happiness. We all have a ‘story’ which becomes embellished with time and often reinforces some of the negative Archetypes we were just discussing. Ask first if this is an issue, then ask to what degree are you or your subject willing to let go of attachment to the drama. One of our typical unconscious fears, is ‘If I give up my dramas, which I feel are part of my identity, who will I be?’ You can Dowse up the Willingness and Motivation to let go of the drama, then Dowse out and transmute it’s energy to 5D or Pure Light.

29. Past or Present Life non-beneficial Vows or Agreements

Along the same themes as above, these issues involve heartfelt commitments which we made at a time we felt they were necessary, not realizing in another life, they could become blockages. These were often Vows made within a religious

context, or from a place of servitude. A Vow of Poverty could be contributing to inability to hold a job or manage money. A Vow of Obedience could be keeping one from completely taking initiative with their life. A Vow of Chastity could be involved with sexual fears, frigidity or impotence. A Vow of Vengeance can be part of a problem with anger or aggressiveness. After removing the Vows with a Left Spin, transmute their energy into positive emotional energy with Right Spin. .

30. Polluted thought patterns

These can be the result of education, media influence, and negative human or non-human associations. Scramble, deactivate and adjust their frequency to Pure thought forms. Remove their impact on the Future.

31. Desire for Improvement (Lack Of)

Positive change requires at least some degree of motivation, or Will. If the desire for improvement is low, remove inner resistances and raise to 100%.

You can likely see at this point how many of these issues and clearings become self-reinforcing. You may find you are approaching one or a few core issues, but from a variety of perspectives. This is good positive re-enforcement, and the more angles we approach an issue on, the less likely there will be any reverting to former patterns.

32. Mental/emotional programs of self-destruction, self-judgment, self-punishment, self-hate, self-sabotage.

This is getting very specific with self destructive programming. These kinds of sub-conscious programs can drag down immunity, contribute to depression, and even lead to disease and suicidal thoughts. They do not have to be conscious to be active. Usually, they aren't conscious at all. Be sure to

transmute their energy to positive, loving energies as you clear them. Clear also all negative affects of these patterns on your subject, their loved ones and families.

33. Brainwashing programs, media programming

It doesn't take a genius to realize that the majority of media and 'entertainment' is aimed at the lowest common denominator of human consciousness and is, at least on the surface, motivated by market concerns focused on lower egoic drives and instincts. I have also read very well documented evidence that the 50 to 60 hertz AC field in everyone's home disrupts the biological energy field, and cell towers, which are omnipresent, operate in a frequency band ideal for mind control.

Young minds are particularly vulnerable. Read 'The Plug-In Drug' by Marie Wynn.

Dowse for the degree of influence from these sources. Reduce the desire for Media, which can be a form of addiction. Raise the desire for Truth and the ability to discern Truth from Lies.

34. Non-beneficial cellular memory patterns

This is referring to what science now recognizes about the DNA. Len Horowitz's latest book, 'DNA: Pirates of the Sacred Spiral', documents that the DNA is an ideal medium for the storage and transfer of information, and does so via laser emissions (bio-photons) and utilizing the extra-cellular matrix of water and specific proteins also capable of information transfer on a Quantum level.

As mentioned earlier, the DNA 'book of Life' carries a record of all Life on Earth going back to creation. Specific trauma will be stored as memories in the DNA, and can pre-dispose us to re-experiencing similar experiences by resonant action. In Homeopathy, these memories are named 'Miasms'

and can contribute to probability of certain physical ailments or weaknesses.

Ask for their removal ‘in all time frames and dimensions’, and to reverse all negative affects of these patterns for all time.

35. Patterns of unworthiness, fear, doubt, shame, guilt

These are particularly important to remove, as they are the five top immune depressors. Check and reduce their effects on immunity. Raise Immunity and Self Love to 100%

36. Non-beneficial effects of heritage, culture, religion

The vast majority of our ancestors lived in a much smaller world. The parameters that ‘worked’ for generations may no longer work in the era of individualism and emerging higher consciousness. It is good to acknowledge and honor traditions. Try to see the root of traditions as respect for life, family and nature. These are the beneficial effects of heritage, culture and religion. When, however, they serve to divide rather than join, to criticize rather than accept, and to fear rather than love, they are not working for us, but against us all.

If present, ask for their degree of influence. Ask that they be cleared for past and future lineages as well. Replace them with frequencies of love, tolerance and acceptance.

37. Repressed positive emotions

These can be the result of childhood conditioning, cultural or religious influence, or self defeating thoughts and emotions. They are evident if we find ourselves often avoiding fun, laughter and the enjoyment of life’s natural pleasures, or feel guilty for enjoying them. They can be tied into Past Vows.

Dowse to remove the repression, and to liberate positive emotions.

38. Non-beneficial mental, emotional and physical habits

Habits are ingrained behavior patterns that often go unnoticed, at least by us. It's just 'the way I am!' Habits are entrenched thought forms, which have a frequency, and so can be removed by Dowsing. Remove their Triggers, and the Thoughts and Feelings that may accompany them, transmuting their energies into Self Love. Ask to substitute negative habits with positive, life affirming habits.

39. Fear of Success

It doesn't seem like 'success' is something anyone would fear. We all aspire to succeed at something. This is a basic cultural value and human need. To some, however, their cell memory of success may not be so positive. Or they may unconsciously feel success would threaten their current self-image which would then need reinventing. I think it's the fear of the 'little gap' of unknowing, perhaps suspecting we are 'nobody', that keeps some locked in their current self image. This is classic ego operation. The ego would much rather keep you 'in your place' than face the possibility you will no longer need it, once you discover who you really are; that is, limitless Spirit!

'Success' may also threaten our closest relationships, which are often based on an image we have created and projected. Once this has been minimized or removed by Dowsing, Dowse in Confidence and a Desire to succeed for the highest good of all. Success in life need threaten nobody. To quote Golas' 'Lazy man's Guide to Enlightenment', (Gibbs Smith, 1995) "We are all equal beings, and the Universe is our Relationships with each other".

40. Balance point for Serotonin, Nor-adrenaline, Melatonin, Lithium, Electrolytes, Dopamine

Use the ‘positive, negative’ or ‘yin, yang’ scale to determine the over or under supply of these crucial neurotransmitters and nutrients. This obviously a short list, and you can do a complete Nutritional Assessment should you desire by using a good resource book on the subject. I knew of a Naturopath whose entire practice was based on Dowsing nutrients. As far as remediation goes, Dowsing may represent the Future of Nutrition. Let me explain.

The principles of Nutrition, although outside mainstream Medicine, are still largely based on Materialist assumptions. The common perception is that every nutrient you need must somehow enter your body from outside. This belief has spawned an incredibly lucrative supplement industry. Back in the 1960’s, a pioneering French scientist, Louis Kervan, observed chickens in the South Pacific producing robust eggs daily with zero calcium in their diets! His work revealed the chickens were making calcium out of silica, which was abundant in the local sand. Now, chemically, this is impossible, but the chickens don’t know that! It falls under the ‘transmutation of elements’, an idea called 'alchemy' which was tossed in the dustbin by much wiser modern scientists years ago. Kervan’s work is titled ‘Biological Transmutations’.

It stands to reason that if chickens can do it, so can we! And that we can assist the process with Intent and Dowsing. Ask to what percentage is your Transmutation potential is active. Ask if there are blockages that can be removed. You can dowse the intent into your water that it will support you with all your nutritional needs. When you think of food, what is it but reconstituted Sunlight! So Dowse that your body will be able to receive its needs directly from the source! Think of the savings...of course you may want to eat as well, as we all seem to enjoy it!

41. Cetyl Meristolate

Raising this to optimal levels may be helpful in relieving joint aches and pains. The production of his natural lubricant seems to decline with age. Raise to 100%, and raise the body's ability to continue to produce optimal levels.

42. Lymph

Measure the degree of optimum function. Left Spin out any toxins or blockages. Raise function to 100%. Encourage daily exercise, even a 20 minute vigorous walk can help dramatically. Rebounding is great!

43. Chakras

The chakras are energy vortexes uniting our multidimensional bodies with the physical body. Although there are hundreds of minor Chakras, we are concerned primarily with the seven major Chakras and a few that extend below our feet and above our heads. You may want to find a chart and Dowse these individually as to their correct spin and to what degree they are open. A Chakra can be too open or too constricted. They also can be subject to Psychic cords, discussed earlier. Chakras also hold memories of Past and Future lives, and need to be in harmony with each other.

For general Dowsing, ask to bring all Chakras into ideal spin, alignment and functioning, removing any blockages, emotions or memories that need to be released.

44. Meridians

These are light transmission channels throughout the body, and provide the means, along with the extra cellular matrix, for inter cellular communication and over-all body harmonizing. Dowse to balance excess (yang) with deficient (yin) meridians, and to bring individual points into resonance

with their ideal values, removing any energetic, emotional or spiritual blockages in the system and transmuting them to Pure Light energy.

45. Level of Energetic Imbalance with Earth Frequencies

Imbalances in this area are widespread. Some scientists are admitting a puzzling reduction in the Earth's magnetic field and corresponding frequency rise, especially in the last 500 years. They say this could be a precursor to a 'flip' in the direction or location of the North and South poles. There is evidence this has occurred many times in the past based on the magnetic signatures left in core samples from the earth going back for eons. There is further correlation with these events and major epochs of time recognized by the Mayan and Hindu calendars.

As the Earth's magnetic field weakens, which is being driven by similar changes in the Sun having to do with its periodic alignment with the Galactic Center, our energy fields and physical bodies are being stressed to the limit. There is some evidence, or conjecture at least, that dramatic changes in the DNA of species which led to 'leaps' in evolution in the past have been driven by dramatic changes in the nature of Cosmic Radiation, especially in the Gamma Ray range. What we are experiencing may be the beginning of a natural, both potentially disruptive and creative event that happens rarely but regularly in cosmological time.

You can measure current levels of adaptation, adjust these to 100% and extend that adjustment into the future. By most accounts, the current round of changes will come to some kind of completion by 2012, coinciding with the arrival of a 'Golden Age' of enlightenment to replace the previous age of control, exploitation and ego dominance.

Do the same for adapting to changes in the Sun and Galactic energies.

Remove all ill effects from the movement of Earth, the Solar System and the Milky Way through space

46. Ill effects of Electromagnetic fields

We are talking here about artificial EMF and Microwave Radiation. This is a challenge our ancestors did not, for the most part, have to deal with. It is best to neutralize your living space as much as possible. See www.stetzerelectric.com or <http://www.diviningmind.com/orgone.html> for inexpensive technology to create an EMF free haven in your home.

Dowse for the degree of EMF stress on your body, then your home or workplace. Remove the effects, and raise your resistance to these energies. Raise also your body's ability to recover from EMF stress to maximum. Do not knowingly expose yourself to these fields, especially where you sleep. Electric blankets, heat pad and clock radios are highly toxic and literally 'scramble' your energy field, inhibiting healing and regeneration. The Pancreas is especially vulnerable to these fields. You can Dowse the degree of stress from EMF's on the Pancreas, and Dowse out the negative effects of such. Do this for anyone with a blood sugar disorder, and have them remove themselves from all unnecessary EMF exposure.

47. Ill effects of Geopathic Stress

This is referring to natural lines of energy that run along the planetary surface and underground caused in some cases by water running underground, magnetic fault lines, or underground mineral concentrations. In some cases, these lines become unhealthy, especially in cities where they can be negatively energized by EMF's and microwave technology. In Germany, Geo Stress is a recognized cause of disease, and the building authorities there can tell you where to build on your property based on a Geopathic stress analysis.

Traditional Dowzers can help locate where these lines may be entering your home or property, and by placing copper brackets (like huge staples) in the ground, divert them. Likewise, a coat hanger bent into the shape of an ‘omega’ (like an open ‘O’ with feet) will divert these lines back in the direction of their source. You can use traditional ‘L’ rods made out of coat hangers or your own pendulum to assess you own home. First, use your pendulum to determine if this is a problem. Ask how many lines are there, and what their strength on a scale of 10 is. Ask if they are playing a role in any health or behavior problems in the home. Hold ‘L rods’, easily made from coat hangers, out in front you so they swing loosely in your hands and point out in front. Ask to be shown where the Stress lines are by their swinging apart. Then ask for the direction of the energy in the line by their swinging together one way or the other. There have been associations with Geo stress and Crib Death, as well as learning and behavior problems in children, migraines, bedwetting, as well as sleep disturbances. Practically any dis-ease can be partly due to Geo Stress factors. Use either the above methods, or simply ask your Guides to divert these lines, and place a protection around your home to prevent their recurrence. With children, consider moving the bed as well.

48. Ill effects of Astrological alignments

This would be similar to assessing and adjusting birth location, only in this case, you are assessing unfavorable or unnecessary Astrological alignments, and neutralizing non-beneficial Astrological aspects or challenges no longer serving you or the highest good. Time is accelerating in a sense, and we now have an opportunity like none other before to consciously choose or alter the circumstances of existence we chose initially. We just don’t have time to be held back by ‘old stuff’. It’s all in your Mind, and you can change anything if you like.

49. Cell compatibility with significant others

This is a very important thing to check, particularly when there is the presence of any kind of auto-immune disease. It is referring to a disharmony of vibration on a cell-frequency level that is misinterpreted by one of the people's bodies as an attack on the system, triggering an immune response. Often the 'other' we are reacting to is someone we are physically close to over time, like a parent, pet or partner. This is a purely energetic incompatibility, and has no bearing on mental emotional or spiritual compatibility.

After asking if this is an issue, ask to what degree it is contributing to ill health or auto immune imbalance. Left Spin to dowse out the negative effects of the incompatibility, and Right Spin to raise and correct the vibrational disharmony, including past, present and future time frames.

50. Attractor fields for non-beneficial energies

This is a general issue and applies to practically any of the prior clearings. I have lately been adding it to whatever I am asking to be cleared. An Attractor Field is whatever is in us that drew to us the particular experience or energy we want to remove. This again refers to the principle that 'all I ever experience is myself', that the world 'out there' only exists in the world 'in here', and that if I did not carry a particular Attractor Field, I would never experience the issue associated with it. Not everyone you work with is ready for this concept...yet.

51. Dowsing for Specific Conditions

In this modern era of 'freedom', you must be very careful not to claim to heal, cure or prevent disease. This is the sacred domain of the 'Medical Profession' or purveyors of Iatrogenic Disease (which is Death by Medicine. See the article by that

name at www.nexusmagazine.com). Even if you do this for yourself, be mindful of who you share your experiences with. These corporate clods actually believe they own you! That being said....let us substitute ‘***’ for your favorite symptomatic definition or dis-ease.

Left Spin:

Banish the Spirit of *. Scramble the frequency of its reproductive intelligence and programming.**

Deactivate any emotional blockages, causal memory or mental precursors to it.

Remove from the DNA/RNA any damaged or inherited factors contributing to this *.**

Neutralize the factor that turned off any * limiting gene.**

Clear the brain and all cell memory of all programs, thoughts, beliefs and memories associated with*.**

Right Spin:

Restore Immune awareness of * to 100%**

Raise the probability of healing on all levels, mental, emotional, physical and spiritual to 100%

Bring in the appropriate Guides, Angels, Ascended Masters and other helpers to assist in complete healing.

Heal the mind of its belief in *. Heal the mind of it's belief in separation from the Creator. Allow the mind to accept healing NOW.**

52. Allergies.

Left Spin: Go back to the womb and adjust the DNA before birth to not express this/these allergies

Neutralize the energy causing the allergy and ill effects of the allergen on the body

Neutralize any contributing Past Life trauma. This can be a main cause of serious Allergies. Most ‘allergies’ involve a sensitivity induced by enzyme exhaustion, and as such are actually intolerances. Check percentage of enzyme availability in the body. Chronic enzyme deficiencies are very common, especially as we age.

53. Balance Heart and Mind

This is necessary for Ascension, as we must bring our mental intelligence into harmony with our heart intelligence. You can use percentage to determine to what degree the Heart and Mind are harmonized, or use the Yin/Yang chart to determine what is out of balance. Many of us are challenged with too much Mind, not enough Heart.

54. Surface Tension of all body water

The degree of surface tension, or electrical charge, on water determines it's ‘wetness’, ie: its ability to bind easily with toxins for their removal and nutrients for their delivery to the cells. This impacts the Ph value of the water. Adjusting the units, called ‘Dynes’ down to the ideal has tremendous benefits. You may want to make a special chart for Dynes with ‘42’ on the extreme left. This is the human ideal. Scale it over to ‘85’ on the right. This would be akin to an extreme acidic state. 65 is associated with illness potential. 47 is a healthy alkaline state.

Measure first. Then Left Spin and adjust downward. Then imprint each molecule of water (Right Spin) in the body

to remember and transmit this ideal Dyne to every future molecule of water it comes in contact with.

Appendix 1

Special Dowsing Protocol for successfully navigating Earth Changes and Ascension

Ascension involves raising our frequencies regularly, and avoiding everything which drains or lowers it. It also means not empowering anything ‘negative’ with our fear or attention, giving attention instead to what brings joy and harmony, seeking peace daily and in every situation.

There is some indication (Lynn Grabhorn) that Ascension will involve the Earth herself rising to a higher 5th Dimensional expression, leaving behind a 3D material planet Earth to continue on in Duality. Some people will be leaving for ‘Planet 2’, others will elect to stay here. There is no judgment implied here; some Souls are ready to Graduate, some are not yet. Ultimately, we all do.

You can Dowse, ‘Is this person destined for Planet 2 at the time of the Shift?’ Be sensitive with whom and how you share this information. No matter what our choice, everyone can benefit by experiencing their highest potential, and eventually, we all ascend!

Review item# 41 above. Be sure to do the ‘upgrades’ on page 10, too.

Dowse in the following affirmations into all levels of your body/mind/consciousness:

“I am always at the right place at the right time”

“My body, mind and spirit adapt effortlessly to all past, present and future earth, cosmic, multi-dimensional and energetic changes”

1. Determine current percentage of adaptability to present and future Earth Changes

2. Are there blockages to (my, subjects’) 100% adaptability to Earth Changes? Are these Physical? To what degree are Physical blockages contributing to my total blockages? How many physical aspects? Do the same for Mental, Emotional, and Spiritual.

For the different aspects, ask if their energies can be dowsed out. With a left Spin ask for their removal and transmutation into 5D energies.

3. What is percentage of my connection with the Christ Healing Grid? Raise it.

Radionic Rates

These are number values that carry inherent healing energies. They were originally determined by early Radionics researchers like Abrams, Ruth Drown and Bruce Copen. These and other researchers used their own energy field to connect at a distance with a client via an energetic ‘witness’, or sample of the person’s energy signature. This witness could be a drop of blood, a lock of hair, or even a picture. They would use electronic boxes with multiple knobs each measuring a specific range of subtle electrical resistance to come up with a group of numbers which ‘stood for’ the energetic pattern of a specific symptom or disease. It turned out that many of these ‘rates’ had universal benefit, and even without the boxes, an experienced Dowser could, by focused intent, send these rates at a distance with healing benefit.

For a free list of Radionic Rates, see www.royalrife.com and look under ‘Search This Site’. Type in ‘Radionics’. Click ‘Radionics’ again on the results page.

In order to send a Rate, first ask if it is appropriate...you can measure degree of benefit, risk, etc. You can ask how many different rates will be needed as well. Have the client hold a bottle of water, and send the Rate into the water at the same time.

Once chosen, with a Right Spin, say, “I now broadcast the rate ‘1234’ to (name) at the most appropriate potency or potencies and intensity. I ask that this Rate continue to resonate in their energy field and create benefits for as long as needed, necessary or beneficial” (wait for Spin to stop).

As Dowzers, we can also come up with our own Rates for specific purposes. Let’s say a youngster has a tummy ache. First ask, “Is there a Rate that will help remove this tummy ache?” (Yes) (Over Left hand scale) “How many digits?” (3) “The first digit is...4, the second is...2, and the third is...9. (To confirm) “Is the most beneficial Rate to remove the cause of this tummy ache 429?” (Yes) Administer as above.

You may want to ask, “Is there a personal Rate that will help me through the Ascension Process?”

Rates can also be written out and pasted to water bottles, as with the work demonstrated by Emoto. Perhaps it is the high water content of our bodies and water’s ability to be programmed by the Mind that explains some of the direct physical benefits of Dowsing!

Conclusion

The field of ‘active dowsing’ is still in its pioneering stages. The sky and our imagination is the limit as to what we can learn about and affect for good. Asking your Guides for

insight and creativity may help in bringing new areas to your attention. Practically any subject under the sun can be dowsed. Consider the value of making your own ‘pie charts’ for some of the items in the protocol and new ideas as they come up. Stay open and alert to articles and books you may come across with subjects that qualify for a new chart.

I would like to offer a word of cautionary wisdom. Generally, do not Dowse for others without their knowledge or permission. Of course, when the case merits it you can appeal to their higher self and get permission, even if their conscious mind is not aware! Simply ask, “Do I have permission of (Bob’s) higher self to Dowse for him at this time?” There may be other situations where the highest good of many is inherent in the situation, such as clearing serial murderers or averting accidents, etc.

Keep your public Dowsing private. Some folks are still uncomfortable with any display of individual power, or what they have been scared into labeling ‘occult’ practices. Dowse to replace their fear with love, but keep it under the table!

Find other Dowsters. Most regions have Dowsing clubs, such as the American Dowsing Society. In some places, these groups are called ‘Questers’. There’s much to be learned, especially from some of the ‘old timers’ with their wealth of knowledge and experience.

Enjoy the ride. Be sure to work on yourself often. As you get clear, your life begins to naturally reflect back to you greater ease, joy and grace. Thank you for reading this course. May it serve you well in the years to come.

**Best Wishes,
Dave Cowan**