

# Useful Resources

## Feng Shui

When setting up your “divine space” to meditate and to do psychic work, the right energy flow is crucial.

Feng Shui is a great way to create your sanctuary. You might even expand these simple rules to the rest of your home.

Raymond Woo is incredible and I liked his easy to understand approach.

Click here for more info

<http://www.unleashyourinnerpsychic.com/fengshui.htm>

(You might have to click on it a couple of times. Sometimes it doesn't open right away. But this information is so good, I didn't want to keep it from you...) :o)

## Aroma therapy

Aroma therapy is a real booster for your relaxation and meditation. It can set your mood in any way you'd like.

Rachel Adams covers all areas about the power of the different oils you can use to add to your meditation experience.

Check it out at

<http://www.unleashyourinnerpsychic.com/aromatherapy.htm>

## Crystals

I just love crystals! I wear a combination of crystals all the time. You can use crystals in jewelry or in your home to give your divine space the final touch.

Lynn Claridge can tell you everything you always wanted to know about crystals. Even how you can heal with them.

I liked her easy to understand writing and she covers all areas from the history, to buying and finally turning them into energies. It's great.

Click here for more info:

<http://www.unleashyourinnerpsychic.com/crystals.htm>

## **Meditation**

William Bodri can really take you to the next level with your meditation techniques.

I liked that he covers different areas of meditation such as:

Change your life, faith and destiny with meditation

How to measure and deepen your spiritual realization

Even about the right way and the wrong way to meditate

Click here for more info:

<http://www.unleashyourinnerpsychic.com/meditation.htm>

Enjoy!

*Annette Sassou*

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