

HOW TO USE A OUIJA BOARD

Keith Morgan

Ouija Boards are not to be feared!

Ouija Boards do not contain evil spirits, & Ouija boards do not bring bad luck!

Ouija Boards provide a link between the World of Spirit & the subconscious, bringing the realm of Spirit into our everyday lives.

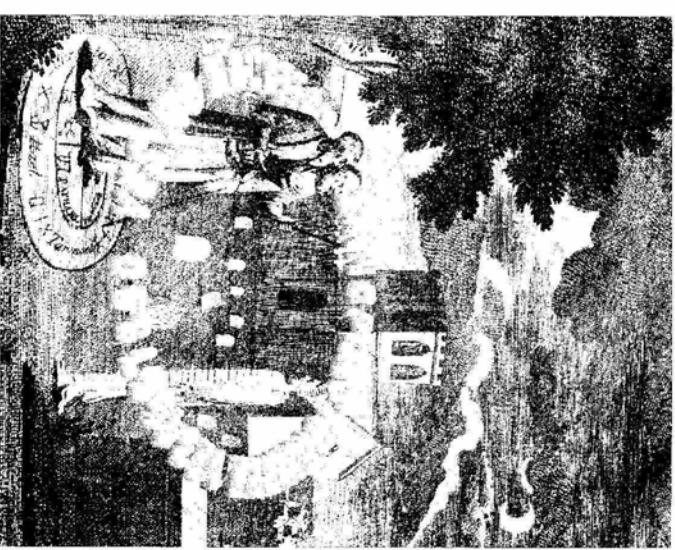
This book provides information on a subject that has been corrupted, maligned, slandered & abused. What has been missing in the way of information, is the truth about the use of Ouija Boards & the way in which they can be used properly!

HOW TO USE A OUIJA BOARD



KEITH MORGAN

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The truth about Ouija Boards and the correct way in
which they can be used for excellent results

KETTI MORGAN

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about the author

K EITH MORGAN was born in Cheshire in 1961. He studied various Occult teachings from the age of 11 and was initiated into the craft of the wise in 1977.

He continues to work as a practising High Priest of Wicca, and as a publisher and author in many esoteric fields. He writes in a simple and concise style which is easily understood by both the initiate and the student of the occult arts.

Keith is proud and outspoken about his beliefs, he has given interviews on local and national TV and radio and continues to be in the forefront of developing new ideas about all Occult teachings and paths.

Anna Greenwood

introduction

There are two definitions within our lives, all our lives — one day we were born, and one day we will die!

What lies beyond that death is to the greater part unknown: the search for proof of life after death has been one of the most mystical quests of all times.

Using a myriad of magical technique, Mystics, Prophets and Occultists alike have all strived for the ultimate contact with that which lies beyond and its inhabitants.

Systems of contact and equipment for making such contact have evolved over the years and one of the more successful methods has been the use of the Ouija board. This simple device has been used for many years now with excellent effect in creating a link between the worlds of man and spirit, by using the operator, or as is more traditionally known, the medium, as a channel to relay information received upon a clairvoyant level, through the Ouija board to an audience.

Today, the desire for contacting the spirit world is still an adventure that many people wish they could embark upon. Many people still think that this journey is fraught with dangers and that by using such communication items as Planchettes and Ouija boards that they are laying themselves open to unseen or hidden forces . . . this of course is not true!

Because of such rumours the use of Ouija, like the use of Tarot for a method of divination that has been used for millennia, has been seen by many people to be a gateway to danger, this is an inaccurate superstition.

Such rumours that Ouija boards are dangerous were brought about by people who did not fully understand either the operation of the board or the way in which it worked,

and they re-embarked upon that old path of maligning that which they did not understand, and created a whole modern myth and superstition about the Ouija board.

One thing that these modern zealots forgot to take into consideration is that to most people, superstition is a thing of both wonderment and fear. Because of the intrigue created, what did occur was that by creating the myth, such as the dangers of using a Ouija board, they made it interesting to people who would not normally wish to experiment in this way.


This included both the gullible and easily influenced, including children creating Ouija boards out of pieces of paper with the letters of the alphabet written onto them.

The fear of these inanimate objects grew out of both the ignorance of how they worked and their manipulation by fools out to impress the gullible by scaring them into thinking something nasty was occurring; hence the image and myth of the Ouija being created, and taken out of its initial context from the seance room to the realms of the horror story.

This transition through the use of the negative associations that the superstitious have enforced upon the Ouija has had the effect, sadly, of placing the Ouija in a prominent position within modern legend. What they failed to realise was that this has made the art even more attractive to the curious!

If this book can therefore help remove some of the stigma attached to the Ouija board then it will be of some service to both the seeker who is finding information on this art difficult enough to come across, and the adept Ouija operator, who for too long has been somewhat regarded as an outcast simply because some members of society choose to place too much emphasis on the superstition of a darker age!

what is a OUIJA BOARD ?

 Ouija board in itself is a board, usually of card, but sometimes in wood, with a set of letters of the alphabet, numbers, and simple answers such as Yes/No arranged evenly around the board.

Make no mistake, using a Ouija board is an extremely serious business: Ouija boards work!

If you wish to make contact with the spirit world, then you have to realise right from the start what you are doing is serious, that the capability of the Ouija board is one that must not be underestimated, for it is a device that is able to relay the messages from the spirit world, into a coherent and identifiable readable message.

Various versions of the Ouija board have been marketed since their popularity with the mediums of the seance parlours at the turn of the century. The word Seance means "Sitting" and emerged at the time when it was extremely popular for people to visit mediums (someone who is a mediator between this world and the next), in their parlours and take part in seances to make contact via the medium with the world of spirit.

The word Ouija comes from the French "Oui" and German "Ja", and the name was initially coined by the person who patented the idea, William Fuld.

At the time of the great depression in the 1920s and 30s, a vast number of Ouija boards were made by the Parker Games Syndication in the U.S.A, and was sold as a parlour game for amusement purposes only!

The main use of a Ouija board was always used within a seance situation by any number of people, who place one finger upon either a glass or a planchette*, and this glass can then glide over the board when questions have been asked of the realm of spirit by the medium who is conducting the seance.


In response to the questions being asked, answers are either spelled out or indicated as a Yes/No answer by the glass or planchette (and it has to be said that today the planchette is very much outdated in favour of the glass, which appears to be favoured most by mediums) moving towards that letter or answer, stopping at each individual letter and spelling out short and concise answers.

When considering purchasing your Ouija board, it is wise to remember that there are many boards available, some which work well, others which do not.

All good Ouija boards should be laminated in some way to allow the smooth movement of either the glass or planchette, which is to be used as an indicator.

- * A Planchette is a small wooden pointer set on 3 castors, or felt covered feet, which glides freely over the board pointing at individual letters, numbers or answers.

how does a OUIJA BOARD work

 Ouija board works in a very simple way, it acts as an indicator for your subconscious linking your physical body in with the world of spirit. It is your subconscious that is making the link and the board is passing on information to other people who are with you at the seance, thus relaying the messages from the world of spirit.

It has to be stated very early on in a persons knowledge of getting to understand the Ouija board that the board itself does nothing, it is merely an indicator, an indicator of feelings, emotions and messages in a direct communication between the person and the spirit realm.

The board itself is not evil, nor is it full of evil intention. How can it be? It is an inanimate object to the same extent as a chair or a table. It is a piece of card or wood, with an upturned wine glass on top, the same glass that you will no doubt have drank from at some time, washed and put away like so many other glasses that are in your possession.

The owning of a Ouija board does not bring bad luck or harm, it is just an object with letters and numbers printed upon it, it is just an object with no power of its own, its use and any effect that occurs from it comes directly from you and your use of it, no spirits flow into the board, or the glass. No bogeyman sits on your shoulder to deceive you as regards any answers you get.

The potential that the board does have is to release within the individual operating the board, that psychic link with the beyond that is within the destiny of us all — the operator is opening themselves out to the influences that move around us constantly, the world of spirit is on the same Earth as this world that we live all our lives in.

Contact with this world therefore occurs when what is called "The veil between the worlds of man and spirit" is at its thinnest.

This again is a natural occurrence, and the thinning of this veil happens on the most natural of occasions. It can happen:

- 1 When it gets dark.
- 2 When we are just about to fall asleep.
- 3 At certain times of the year, traditionally Sabbats associated with Witches (followers of the pre-Christian fertility Cult, which practises a belief in a Goddess that is the Earth, and her consort The God).

These dates being February 2nd; April 30th; August 2nd; and October 31st.

- 4 When we attune our minds to the spirit world, meditate upon it, concentrate upon its presence and bring it to the front of our understanding.

At these times, like any other time, you are in no danger at all from the realm of spirit, the energies that you will be contacting are purely natural energies.

It is not the domain of devils or evil spirits, such concepts occur within the twisted and perverse minds of scare-mongers who wish, for their own ends, to dissuade people from experiencing the secure knowledge that there is life after death.

You will not become possessed, you will not die, nor will you go mad, what you will experience is proof of the existence of the hereafter, something that psychics and mystics have known for thousands of years.

The bad reputation that Ouija boards have received over the years has been proved to be the work of idiots using a

modern superstition, that of fear of Ouija boards, and based upon a far greater fear, that of the unknown, to instill fear within the gullible.

Tales of evil spirits coming through frightening people, or telling people to kill themselves has been proved without a shadow of doubt to be the work of the idiots who have consciously manipulated the glass or planchette to bring forth messages of their own creation, not spirit messages; thus placing vulnerable people into uncomfortable positions.

the worlds of man and spirit

Using a Ouija board, you are contacting the spirit realm, not an existential paradise, akin to heaven or a Dante's vision of hell, but a real and viable plane of consciousness that is accessible to people who accept the validity of such a concept, and who are willing to work towards attaining a contact with this world.

The spirit realm is one that causes a great confusion in the minds of many people, as it is often considered to be a world that is apart from the world in which we live and as such is a place where one must not go.

This is nonsense, the world of spirit is within the consciousness of us all, and as such it is as natural to explore this hidden consciousness as it is to live in the everyday world.

As we said, the world of spirit is attainable to us all, by recognising the potential to explore this realm within and to be able to cross this boundary that separates us.

When you enter the spirit realm, either through meditative techniques such as astral projection or by communing with the spirits by bringing ones consciousness into contact with them, via Ouija boards, etc, it has been said by the superstitious that you are in great danger of becoming 'lost' or separated from your body and will have to remain in a coma while your spirit roams the earth as a ghost.

This is simply not so, it is impossible to become disassociated from your body, because all you are doing is altering your consciousness away from your body, the same as when you are asleep — ever heard of anyone becoming a 'ghost' through going to sleep?

Just for the record, discarnate spirits, or 'Ghosts' are spirits of people who, for one reason or another, have to remain upon the parallel earth plane to complete unfinished business before they can transcend or take part in any form of reincarnation process.

Occasionally they descend to the earth plane from the parallel earth plane and can be seen by people who are sensitive to such things, people who have developed their own clairvoyant abilities, as is the potential in everyone. To be able to use a Ouija board to its fullest potential, the clairvoyancy potential within that person needs recognising and developing, but once it has been, it is as natural as any other personality development.

When you make contact with the entities of the spirit world, it is rather like communicating with an energy force that is around you and within you; you will obtain messages and information which, by using a Ouija board, will be manifest through the movement of the glass via the subconscious. Remember the glass is not moving itself by unseen forces, but rather by your contact with the spirit world, and you are subconsciously relaying that message using your own consciousness as a channel and the Ouija board as an indicator.

NO DISCARNATE SPIRIT COULD EVER HURT YOU

In the same way that you, when in the spirit realm, cannot affect any aspect of the spirit world, just in the same way that entities from the spirit world cannot affect you or things of this world of matter.

The only difference between you as an individual being within the realm of spirit and a discarnate or 'stuck spirit' (I do so dislike the word 'Ghost'!) is that you have control as to the return to your physical body, they sadly do not, due to unfinished business. Remember, they too are someone's loved ones, gone on. Why would they wish to hurt you? They have transcended the physical and are now part of

the realm of spirit, for the time being anyway! One big fear of many people who are communing with the world of spirit is the fear of being taken over by another spirit entering their body on a permanent basis and not being able to be removed.

Possession by another spirit is extremely rare, despite claims made by so called exorcists and horror film directors. For a spirit to be able to enter the psyche of another, it has to be invited in — as with the same evangelical Christians to invite the 'Holy Spirit' to enter their body to fill them with this energy, and giving them the power to talk gibberish, sorry, speaking in tongues! (which no one has yet to interpret!!)

The world of spirit as we have already discussed is upon an equal parallel with this plane of consciousness that we live in for a great deal of our lives. Both worlds need explaining in the context of what each one means to the other and where the veil of consciousness between the worlds lie, in order for the individual who is learning to use the Ouija board to be able to discriminate the actuality of the spirit world from an extension of the imagination.

THE EARTH PLANE

The plane of consciousness in which we spend most of our waking day, is the plane we live and are active in — it is this world!

When we practise meditation techniques such as astral projection or meditation in preparation for communication with the spirit world, we are projecting our consciousness off the earth plane and either going upwards or downwards. If we go down we arrive at the Underworld, go upwards and we start the ascent to the Godhead of Spirit, via the lower and higher astral planes, experiencing the emotions and energies of all the composite energies of the universe.

PARALLEL EARTH PLANE

The parallel earth plane could be classed as being of the same orientation or nature as the earth plane that we live in, but as our astral body, or spirit body, body of light or soul, is the essential us, so the parallel earth plane is the spiritual aspect of the earth plane below.

This is the first stage of recognition of where the spirit plane is in relationship to the rest of the earth plane. When we place that shift in our consciousness in preparation to use the Ouija board, we project initially to the parallel earth plane, the world between the worlds of man and spirit, as being the counterpart of the earth plane itself, as our astral body is the counterpart of our physical body. Once in this world we have access to both worlds and are therefore able to act as a channel between the worlds.

The geography of the parallel earth plane is exactly the same as the earth plane itself, more vivid perhaps, as what you are seeing is the spirit of the earth plane itself, therefore the energy emitted is of a greater more heightened intensity than upon the earth plane itself.

THE SPIRIT WORLD

One imagines the spirit world to be full of people walking around in a zombie like fashion; this is not so, the Spirit world can best be described as a world that is devoid of recognised symbols, people, places, etc. It is a world of emotion, feelings and energy, and these emotions, feelings and energies are the result of a build up of energy emissions from people who have passed through the spirit realm on their travels, either onto higher levels or before a return to the earth plane for rebirth.

When we tap into this energy and channel these energies through our consciousness, we get glimpses, messages, words or indications of what that particular energy, that is a spirit, is trying to express to us. This could be a message for someone else, an indication of what is to occur or just a

way of keeping in contact with that person who is tapping into this energy source by opening their consciousness out to its existence.

When this energy is channelled through you it is relayed via the Ouija and is de-scrambled if you like via the channelled person who is conducting the seance

As has already been discussed a great disservice has been given to the use of Ouija boards by unscrupulous people out to use the gullibility and vulnerability of the curious to deceive them with false messages.

You will be doing yourself no favours by using the Ouija in this way. To use an Occult or hidden art such as clairvoyancy, via the Ouija, it needs honesty in that, if you delude yourself as to the results you are or are not getting, you really are only deluding yourself and as the technique is for your benefit alone, what is the point in that?

Development of clairvoyant ability



clairvoyancy or clear vision is the ability to be able to 'See' that which others cannot.

It is an age old art that has been practised since the beginning of time, in that seers have always been consulted by Royalty and the common people alike, to enquire of the future, or to enquire of that which is to come. The role of the clairvoyant has been called many names, Seer, Witch, Medium; the job has always been the same, to be a communicative link between the worlds of man and spirit for the good of mankind and the betterment of the self!

By using this clairvoyant ability within the context of manifesting it through a seance and to receive the messages to come via a Ouija board, means using the clairvoyancy in the analysis of seeing a situation using an insight, and it is not the vision of the future that you will be experiencing but the contact with another energy, that of a discarnate spirit, or energy force that will relay information to you.

Clairvoyancy, or clear vision, is a force that exists within all of us, and unlike some 'Experts' on the subject, who believe you have to be born with the potential.

Within the context of your Ouija board experiments, your clairvoyancy will be the facility in which you will become accustomed to your environment, that is the parallel earth plane, the worlds between the world of man and spirit, and because you will be in control of your own situation, you will be able to relay via the Ouija board the information that you will be coming across.

Remember, your ability and power comes from within to contact that which is around you. You will be using that power that resides within, call it your body of light, soul, your astral body, or what you will.

It is your higher consciousness which you will be using when relaying these messages; this is an energy source not a body with organs, you will not be using your eyes, nose, ears, or skin to obtain information as to your surroundings, you will be feeling the situations that you will find yourself in, by considering how the circumstances of surroundings equate themselves to the energy source that is your spirit.

I take the view that the ability to be clairvoyant and to use this ability to communicate with the spirit world, (in effect to be a medium!) is one that can be learned as easily as reading and writing is for a small child.

The following exercise is one that will introduce you to your own clairvoyant skills (the word power is one that I do not use readily for this or any other Occult skill, like anything else, once learned it is not forgotten and can only improve with use).

This exercise is simply a meditational device to help you bring about a higher state of consciousness, to create within yourself a confidence in your own abilities, to transcend baser thoughts and to bring about a higher level of thinking and analysis that is needed when using your Ouija board. Through these personal meditations, deeper things can be learned.

consciousness elevating exercise

Ight some scrying incense. Sit in a relaxed manner in a high backed chair, the same chair that you may wish to use when using your Ouija board.

Close your eyes and in front of you visualise a dot of white light, and hold this in your mind.

Look into this dot of white light and visualise it getting larger and larger, like a light at the end of a tunnel. Look into the centre of the white light and feel your consciousness flowing through it, into the spirit realm that lies beyond.

Once you are there, take note of any visions or coloured images that you see, you may see it cloud over or not, it is dependant upon each individual and how the clairvoyancy manifests itself through that person. You will get flashes of information, some that may be coming too fast for you to recognise, you may also get the feeling of entities or discarnate spirits moving around you.

REMEMBER!

**YOU ARE PERFECTLY SAFE AND FREE FROM ALL
HARM, YOU ARE IN NO DANGER WHATSOEVER**

When you feel ready, bring your consciousness back, simply by opening your eyes and recognising the surroundings that you find yourself in, i.e. the room in which you are sat.

Sit for a moment to ground yourself and to take stock of the situation, then remember to write up everything that you have experienced.

This a very simple exercise, but do not underestimate its potency; any exercise that expands the consciousness

is a viable and potent tool and one that can only enhance your ability, they do not have to be over elaborate or drawn out to be highly efficient.

A confident clairvoyant is one that is confident in their own skills and this certainty can only assist to make you more aware of your own potential, and acting as a dual magnet, your potential will become more of a confidence for you when, in an altered state of consciousness, you are more certain of your skills.

As with anything else that is a personal skill or achievement, honesty is the best policy, and people using Ouija boards, who do not get results as desired, have been known to fake messages, often with extremely distressing results, especially when trying to either impress or scare those around them. For your own continued credibility as well as not wishing to bring the art into disrepute it is in your own interest to remember that no one else will benefit from the results: be honest with yourself and the results that you achieve. Telling lies about the results will not help you achieve the goals of your exercise, and dishonesty is the one illusion that is never creative!

how to use a OUIJA BOARD

When using a Ouija board for contacting the spirit world, you have to properly attune your mind to the operation in hand, this is one way in which you can pierce the veil between the world of man and spirit.

It may also help you if you perform the operation at a time when this veil is naturally thinned, such as when it gets dark or on the traditional dates for the thinning of the veil, these are again February 2nd; April 30th; August 2nd; and October 31st,

Do not be too enthusiastic at first, remember you will be acting as a channel between the worlds of man and spirit and as such you will have no conscious control over the proceedings. What you do have control over is your concentration, and by practising this concentration you will be bringing about a change in consciousness that will help to make a bond for you with the spirit world, and through this bond be able to relay messages

When considering experimentation with a Ouija board, the same precautions have to be considered as for performing any other magical technique, insofar as you will be in a state of high concentration and because of this you will want to be in as comfortable a state of mind as possible, and your physical body should be in as great a state of comfort as possible.

You need to ensure that;

- 1 You will be comfortable and,
- 2 You will not be disturbed!

The room in which you will be using your Ouija board should be warm, it should be dimly lit, preferable with a

candlelight illuminating the board. If it is possible to burn incense in the room, this will help with relaxing the person who is to be the channel

If the room has a lock on the door use it, that way you will not be inhibited by worrying whether someone will disturb you. It is essential to make sure that you are in complete privacy, there is nothing worse than being disturbed mid way through any magical working.

The board should be on a table that is a comfortable height; a dining table is an excellent height for you to work at with a comfortable chair for you to sit in. Other people involved in the seance should be at equal distances around the table, with the Ouija board to be within easy reaching distance of everyone concerned

It is imperative that you feel as comfortable as possible, the one thing that prevents successful magical experimentation (as astral projection is), is doubt and negativity.

Remove clocks and watches or anything else in the room with a repetitive tone which could irritate.

Keep your record and a pen to hand when compiling details of your experimentation afterwards, or more ideally have someone at the seance who will not be taking part to dictate notes to.

Arrange the people present to sit around the table, with the Ouija board in the centre so all can reach the glass or planchette that you will be using as an indicator.

Define at the first instant who will be the channel for the energies to run through, i.e. the person who will be used as a medium. This person should be well versed in the CONSCIOUSNESS ELEVATING EXERCISE, and be fully relaxed with what is to occur.

It is possible to perform the seance with just one person, but it is always preferable with more than one so the messages can be read and considered unhindered.

Have everyone present to place a finger on the upturned glass, or planchette, including the medium, and for everyone to relax

The medium should then practise the exercise, CONSCIOUSNESS ELEVATING EXERCISE as mentioned in the chapter on clairvoyancy in this book.

When contact is made with the parallel earth plane, that is, upon the threshold of the spirit world, then the operator should open themselves out to the influences around them.

The glass will then proceed to indicate messages via the board.

It is possible to ask the operator questions to enquire of the spirits basic questions to obtain the information that is required.

These questions should be of the nature such as:

WHO ARE YOU?

WHERE ARE YOU FROM?

HAVE YOU A MESSAGE?

WHO IS THE MESSAGE FOR?

It has been known for an extremely intensive rapport to be had with these discarnate spirits, though it has to be said that from time to time messages will not make sense, or the questions may have to be asked repeatedly before the sitter will be obtaining the information required.

When sufficient information has been obtained and it is required that the seance be drawn to a finish, all that is required for the operator or medium to remove themselves from the trance is to simply open their eyes and ground themselves.

It is imperative that you keep a record of your experiments in a diary so you can check their authenticity at a later date. It is best to keep this record by you when you have finished the experiment so you are not sidetracked into doing something else.

A RECORD OF YOUR EXPERIENCES IS IMPORTANT FOR YOU AND NO ONE ELSE, THEREFORE IT IS IMPORTANT THAT YOU KEEP A RECORD OF SUCH.

Do not try to remember it all, time fades memories and as you gain more experience with your Ouija board, you will get muddled up and confused with incidents and the facts will just slip through your memory if you do not write it down.

last words.

I hope that this book will assist the seeker into properly considering the viability of using the Ouija board as a most important contact aid with the Spirit world.

As has been adequately explained it is not a danger, or a gateway to evil, it is merely an aid to relay messages from the spirit world to this world, to validate the existence of continuity of life, and prove that life is energy, and as physics shows us, energy cannot be destroyed only changed and purified into higher things.

Such is life and such is the continuity of life past physical death!



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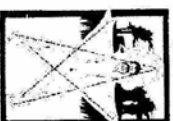
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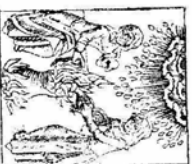


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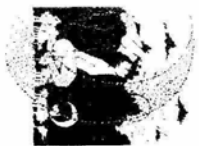
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RUNE MAGICK

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WICCA
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KEITH MORGAN

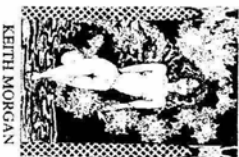


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FROM A
WITCHES SPELLBOOK

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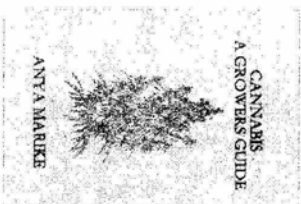
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TRADITIONAL
WICCA



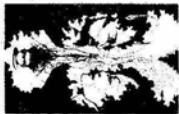
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MAKING
MAGICKAL TOOLS
& RITUAL EQUIPMENT



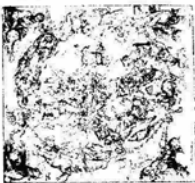
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