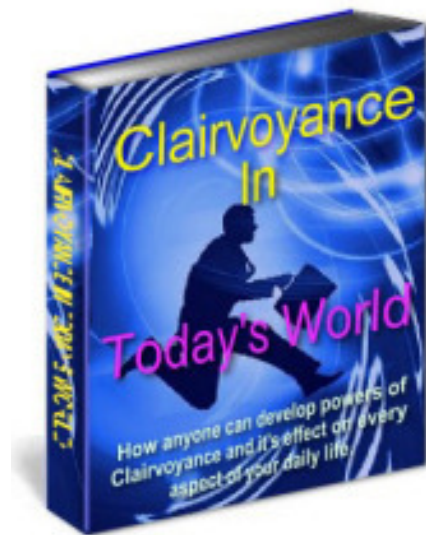


Clairvoyance In Today's World



Clairvoyance

The etymology of the word clairvoyance traces its roots back to 17th century French words – ‘Clair’ meaning clear and ‘Voyant’ meaning looking for or seeking. As is the case with other similar words like ‘clairsentience’ and ‘clairaudience,’ the French associate clairvoyance with ‘hypnotism.’

If the word "clairvoyance" is translated directly, it will mean "clear sight." The ability to view or perceive via the "mind's eye" the on goings at a faraway location with absolutely no past knowledge about the event is known as clairvoyance. A large majority of transcendental enthusiasts and professionals believe that although psychic abilities are present in every human being although they are unlocked.

The supernatural ability to receive and interpret information using a sense beyond the five common human senses is known as Clairvoyant. Clairsentience, Clairvoyance, Clairaudience are all various forms of Psychic Ability or ESP to hear, see and feel a circumstance, object or an event using paranormal means. There are numerous unexplained events taking place everywhere and every day. In most of these cases, an unlikely source brings about meaningful explanations about the particular event – Psychic Reading.

Developing Your Ability of Clairvoyance

As individuals involved in the practice of healing, it is our duty to both our clients and others to whom we extend healing, to welcome with open hands with the inspiration and directions of God which come to us as spiritual guidance. The skill of clear seeing or precognition goes much beyond simply viewing auras; it also comprises of the development of clear spiritual sight which can take various different forms. The messages of God can come to us through a variety of visual forms such as visions, mental pictures, visions as well as the appearance of angel lights and energy fields. This practice of "seeing," for many people is something similar to watching a film – the information is obtained through the "third eye." This "third eye" is invisible to the naked eye and is the key spot of inner sight, being located in the center of the forehead. This intricate area can be tapped into through singing, toning or even chanting vibrations – vibrations from activities which are commonly found in our worship services. During your next visit to a place of worship or a church, take note of the various spiritual insights that you experience.

The role of healing practitioners

It is not only the New Testaments, but the Old Testaments too carry plenty of evidence regarding the existence of prophetic dreams which were in fact messages sent by God for the people. Occasionally, the dreams were purely symbolic and called for interpretation by one of the key figures in the Old Testament. However, mostly the messages that we may receive through dreams come to us as symbols. While some of these symbols may be universal ones, others may be ones which are unique and specific to you. Make sure you pour your full attention to all the nuances which the dream is made up of – the symbols, people, actions, colors and so on. In many cases, the revelation of the meaning of a particular dream does not come about until very much later. By listening closely to the dreams we see, we will be able to gain the insights that we so desperately need to help in the resolution of conflicts, healing of relationships and the healing of our emotions and bodies. In certain situations, dreams can provide direction leading to our choice of the healing path.

Forms of Clairvoyance --- Seeing Auras and Angels

There are also the sightings of “angel lights” and “auras.” Angel lights closely resemble auras but they cannot be seen around people. They usually comprise of soft glows in corners of a room or simple flashes of light. Occasionally you may be able to see lights surrounding the altar of worship which don’t seem to be the result of artificial or natural lighting of the particular space. Either these lights may be colored or simply white. If you do see them, look inside yourself to have a look at your emotions and feelings at that time. If you are feeling a sense of tranquility, then it is very likely that the lights are a symbol of angelic presence.

A variety of people including children can see auras. They appear as a glow around objects, animals and people. The glow may be colored anything ranging from white or pale blue/gray to a variety of colors. The aura may extend for a few inches or several feet around the animal, object or person? Are you interested in self-developing your ability to view such auras and angel lights? The Institute of Spiritual

Healing & Aromatherapy provides guidance through courses to people all over the United States about energy healing. The development of such skills is specifically address is one of the courses in the Institute's curriculum.

Levels of Clairvoyance

As you start to see the development of new abilities, you can make use of the levels of precognition to help you assess the skills that you possess or are developing. Watch your clairvoyant abilities closely and notice how they grow as you continue to exercise your psychogenic powers. To advance to the next level of your supernatural powers, you have to create visualization techniques while working hard at meditation exercises. Intense training and preparation is needed using such techniques if you want to move up the ladder to higher levels of precognition.

The third eye can be open by this meditation technique which targets your attention focusing ability. To be able to start the process of opening your third eye, you have to possess the ability to focus your attention to a razor sharp clarity.

Start the exercise by sitting upright in a chair in any spot considered suitable for meditation. The particular spot has to be both free and quite from disruptions. Attention should be focused on the area between the eyebrows and start becoming aware of current happenings. Start to gather awareness of the feeling of the body in the current moment. Recognize emotions in the present moment. Once you are fully aware of the current state of being, advance to the next step. The activity mentioned below can help prepare your psychic abilities and take them to a new level of clairvoyance.

Your attention should be focused on each of the individual subconscious chakras. These chakras are located in the back of the navel, spine's base, behind the solar plexus, point where shoulders and neck meet, behind the heart, point where the forehead and nose meet and the skull's base. Take the attention from the spot between

your eyebrows and focus it on each of these individual places.

Finally all attention should be focused to the top of the head. You will find a presence in this spot, which is carefully observing everything. The third eye is the facilitator of the movement of attention to each of the chakra points and finally to the top of the head. You will know that you are successfully using your third eye when you are able to become and feel the presence which is located at the top of your head.

Tips for Developing Clairvoyance

A large majority of people strongly believe that every individual has inborn clairvoyance abilities. As we start learning the norms of society, these abilities go into dormancy and eventually we, too, do not take any interest or simply forget about developing our clairvoyance skills. However, these abilities continue to remain in a dormant state and can be brought into the forefront through some meditation techniques and exercises. Both of the aforementioned have been found to be very useful in the development of precognition. Developing precognition-related skills is surely one of the most life-enriching activities that you can pursue as it helps enhance your life and bring you unimaginable pleasure.

First and foremost in the journey to developing your clairvoyance abilities, you have to stay away and be completely free of any negative emotion or negative thoughts about clairvoyant abilities. Unless there is pure emotional belief about the possibilities that lie ahead, you cannot grow both emotionally and spiritually. Under certain circumstances, it may be a good idea for you to be secretive about your beliefs in clairvoyance and your spirituality unless you know people who are receptive to such ideas. This is because many people continue to regard the process of developing precognition as a complete waste of time and effort.

It is extremely important to develop self-trust. As you start to trust your new clairvoyant abilities, you have to follow some guidelines. The first guideline calls upon the healing of emotional issues. Only if you work out your emotional issues can you develop the desire to help the

needy without these supernatural abilities. It is also important to become spiritually and emotionally balanced so that you can receive messages clearly without getting them fumbled in a cloud of unbalanced personal thoughts. Once you have started receiving messages and images, your competence in using the techniques will surely increase. You must take the right effort to explore each and every message that you are given. As you prove them to be true premonitions, your trust in your own unworldly abilities will increase.

Yoga and meditation, both, have a significant role to play in the development of precognition. Yoga helps the body learn how to relax and stretch itself beyond its normal boundaries. Meditation, on the other hand, teaches how to quiet a noisy mind and stretch it beyond our normal capabilities. Both the quieting of the mind and relaxation of the body are equally important. Use meditation to freeze your mind so that you can clearly receive the messages meant for you. The innate clairvoyant abilities that we possess are always bringing forth messages to us, but they usually drown in the chaos and noise present in the mind.

If you are keen on developing a sense of clairvoyance, you have to start by learning how to quiet the mind and relax the body. Depending on the individual, it may take many years or just a few months before you master the development of clairvoyance. It is important to practice yoga so as to get physical relaxation and also learn effective breathing techniques. Practicing meditation will eliminate stress and quiet the mind. Once you are capable of meditating, the messages that you have been receiving will appear to be more comprehensible and understandable.

Types of Clairvoyance

Clairvoyance can be divided into four types:

1. Psychological Clairvoyance
2. Spatial Clairvoyance
3. Astral Clairvoyance
4. True Spiritual Clairvoyance.

1. Psychological Clairvoyance

This term was invented by people to describe a specific type of precognition. A large majority of us have some familiarity with curious repulsions and attractions that we often feel for the people we meet. While we like some people instantaneously, we also instinctively dislike others. However, such feelings often do not bring with them any valid reasoning. This is the result of psychological clairvoyance or 'psychic counseling.'

2. Spatial Clairvoyance

The clairvoyance relating to time and space is known as spatial clairvoyance. In itself, psychometry is clairvoyance in time, using a particular object as a point of reference and also as a starting point. In fact, such precognition can be exercised without the use of an object but by concentration on it to help keep the clairvoyant abilities work within those boundaries. People can exercise such clairvoyance in time by omitting such objects and without having any clue as to what they are due. Certain people actually find that, although they have no knowledge of the possession of any precognitive abilities, yet, when they touch old antiques or furniture, emotions and dim pictures make way into their mind and they become nostalgic instantaneously. This vague clairvoyant perception is much more common than that which is realized.

3. Astral Clairvoyance

This is another type of clairvoyance which refers to the perception of beings which are apparently living but possess no physical state. The

'shinning ones' or Devas, the Celtic tradition's 'Lordly Ones', the Spirits of the elements; all of these live and have a being and presence in their astral and etheric realms. As your clairvoyance begins to bloom, you may be able to see some of these bodies. The activities of these bodies make up a very fascinating field of study for those involved in clairvoyant investigation. Great care is important in this field of supernatural powers as you will be making contact with living beings of varied types and not all of them will be welcoming or friendly. This vast world of astral is better known as the World of Illusion

4. True Spiritual Clairvoyance

This is the final and last type of precognition, i.e. the Spiritual Clairvoyance. The virtue, sanity, allegiance and true spirituality which we express to the system of thought, all lie within the boundaries of spiritual precognition. At the ultimate end, all faculties, all consciousness, all life, come from the Supreme, but the immutable natural law is what manifests all work.

For everyday beings who are in search of a psychic in desperate times will surely not be in the state of mind to tell apart a genuine psychic from a fake one. It would be a wise move not to share any personal information with the clairvoyant. Asking the reader to directly read about business, finances, personal relationships, etc. would be the best thing to do. Genuine psychic readers will be able to identify and pick up the correct situation both impulsively and quickly.

Voluntary and Involuntary Clairvoyance

Precognitive abilities are of two types – involuntary and voluntary. Precognition which is forced upon a victim and the individual has absolutely no control over where and when it occurs is known as involuntary clairvoyance. This unworldly state usually comprises of an involuntary precognitive individual believed to be victimized by spiritual malevolent influences. The individual may run the risk of being completely possessed by a malicious spirit. However, voluntary precognition is seen as a more positive and good thing unlike its negative, dangerous and dark counterpart, involuntary clairvoyance. Most psychics strongly believe that voluntary clairvoyance is a result of

generous, healthy and good living in addition to the willingness of a person to dig deep within his own psyche and see things which cannot be seen by the naked eye.

Those who are involved in the development of their individual supernatural abilities tend to make an assumption that once they have had the first breakthrough, they will be able to make predictions about all that will happen in the future. Learned psychics reiterate the fact that this is completely false! Both proper cultivation and caution is needed to develop psychic abilities which have a healthy connection with the world beyond. It is also necessary that individuals do not push their own boundaries and limits associated with the unseen energy which surrounds them. Those involved in the study of the paranormal reiterate that such doings is similar to playing with fire and can bring in uninvited dark influences into your life. In other words: As is the case with the seen world, things in the world of desires or unseen world are not constant. Objects in the unseen world are continuously subjected to change. As a result students and professionals in the field of clairvoyance insist that people who are interesting in nurturing their clairvoyance take a serious attitude and obtain training before they take part in anything of an advanced level.

Compared to the other physical senses, the eyes are used most frequently. Often we feel that our active consciousness is not very much in touch with anything else other than the eyes. In the brain, the sight-centers are what are used the most and this notion is well proven by our dreams, in which we “see” figures as against how we rarely hear any words spoken. Also, our memory is usually made up of stimuli and visual symbols. As we think of a person, we tend to recall their image before the eye of the mind – a “memory image.” Because these elements of the brain and mind are so energetic and active, it is a mere amplification of the natural faculty involving the induction of memory-images. This provides us with the ability to view figures and objection in our practice of precognition.

It is only a matter of providing a little extra encouragement to this mental so as to enable to take it beyond the limits set out by the physical senses. However, with other less frequently used senses, a lot

more of the forcing-process or cultivation might be needed to develop associated spiritual dexterity.

Clairvoyance itself and other related facilities are strongly dependent on the fragmentary freeing or liberation of the spirit from its body, and the stimulation of related psychic sense-organs into a greater level of activity, to allow their usage. Mentioned below are a few exercises which can help facilitate the development of this faculty of precognition.

Exercises for enhancing your clairvoyance

First Exercise

Take a seat in a comfortable chair in a room which is semi-darkened. Visualize or mentally construct before you a tube which is open at both ends. One end of this tube can be fitted over your eyes and the other end infinitely extends out into the space. Imagine the tube as a hollow structure through which you can see clearly and perfectly. Turn the tube towards the direction of a friend's house; visualize yourself going into a room and see if you can discover the presence of anyone inside and if so, their appearance and their identity too. Make a careful note of what you see including aspects such as colors, clothing or anything conspicuous. Once the next day rolls around you can ascertain the correctness of your vision. Do this exercise playfully so that you can maintain open mindedness; this is important so as not to let stress interfere with your progress.

Second Exercise

As suggested previously, mentally construct the same tube. While one end is fitted to your eyes, image the tube to be one hundred yards long and make an attempt to clairvoyantly view the face of an acquaintance through the other end of the tube. Attempt to clearly differentiate their facial features, with the clarity increasing as you progress. Once you have done this, slowly pull it towards you with your will until it is just as much as three feet away from you. Now it should be crystal clear to you and you should be able to distinctly see every feature. If you have been successful in the visualization of the

face in a manner so clear that you could see it as distinguishably as you would and that same person stood right before you, your advancement as a clairvoyant would have taken giant leaps and you can now begin experimenting with things such as influence this person from a distance or sending messages back and forth while visualizing his face before you, as explained previously. Make sure you use your WILL power – so that he should do what you wish, to think of you at a particular moment or see your face appearing before him as he goes about his daily tasks. Persistent practice will help you achieve success and provide you with ability to influence and communicated with persons doubtlessly.