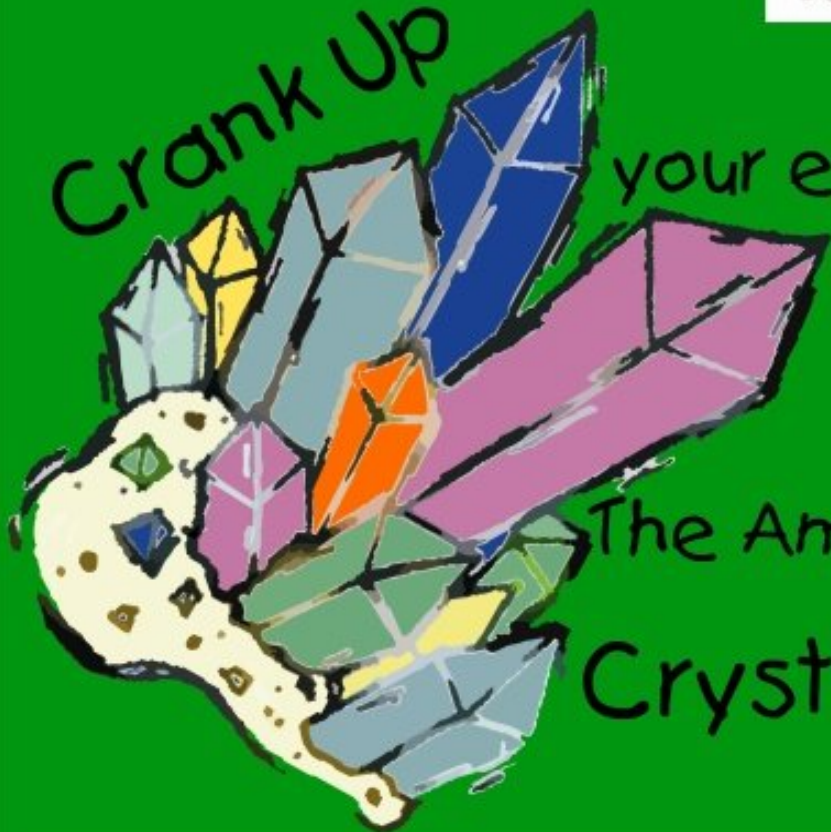




healing journeys energy

Crank Up

your energy levels



The Amazing Power
of
Crystal Grids

by elmarie swartz

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The Amazing Power of Crystal Grids

By Elmarie Swartz.

A Special Message



My name is Elmarie; I'm a Reiki Master, Reiki and Crystal Healing therapist, life skills coach and teacher. I cannot lay claim to any knowledge gained in life and say it belongs to me. Somehow all we need to know is given to us freely. In return, we must share freely, that which has been learned and uncovered.

So often in ways I cannot explain, someone will come, offering a key to a door which must be unlocked and opened. There are many halls of learning and knowledge and there are many who come with keys to these doors. When the time is right, and when we are ready, we are shown and we are taught that which we need to know.

This book has been written with the express wish that you will get as much from the Amazing Power of Crystals as I have and therefore I have a very special request of you.

Pass this book on to anyone and everyone who you believe will benefit from this very special power and I know that in the giving you will receive that much more.

In return for your passing this book on and in the spirit of giving, I have made it possible for you to add your very own pages on to the internet keep reading and you will come across your invitation.

What is a Crystal Grid?

Well, in simple terms, crystal grids are made by the placement of stones in a geometric pattern for the specific purpose of directing energy creating a particular energy field. In an energetic sense, a crystal grid is just that, an intricate grid of energy lines formed from stone to stone creating a very strong vortex of Life Force energy. As each stone amplifies the healing properties of the other stones, these energetic Crystal grids can be used to support the healing of a person or situation into the past, present or future.

Crystal grids can help protect, manifest and to support an intention or desired goal. You can actually use them for whatever you would like to direct energy towards. Here again, your imagination is your only limit.

How do Crystal Grids work?

Crystal energy grids offer a most puzzling phenomenon. A very large source of energy can be produced; apparently from nowhere therefore they are very effective in achieving the desired results due to this powerful energy and the [programmability](#) of the crystals to focus on specific goals. Crystals can retain and re-transmit our thoughts, similar to the magnetic storage on a computer. This energy can be locked into any area you want.

Crystal Grids deliver a powerful and continuous pulse of the energy with which they are programmed. The Law of Attraction states that "like attracts like". The energy of pure thought is magnetic in nature therefore whatever thoughts you are constantly involved with or having will manifest.

In other words think failure and you will manifest failure, think success and you will manifest success.

When I say thoughts are magnetic, I do not mean magnetic as in iron magnets but rather a type of energy akin to gravity. This is why the Crystal grid is so powerful because thoughts can be retained by crystals, as I said above similar to magnetic storage for computers. Different "Laws" affect the consciousness of the grids - balance, attraction as well as immutable laws – and codes of energy once put into motion cannot be stopped and must play out to the end of the program. In the fourth dimension all form exists as thought.

Whenever you wish or desire to bring energy (things = energy = thoughts and thoughts become things) down from the fourth to the third dimension, you must create, activate, empower and anchor the thought form in the third dimension.

On a Crystal grid the crystals serve to anchor these thoughts in our universe and therefore attract from the fourth dimension the "like thought" energy which will become a "thing" in our universe and the grid provide the amplified energy. The crystals can create a gateway through which energy flows and that energy is the force which gives birth to all things.

Crystal grids can be used for a wide variety of purposes. They will cause energy changes in any object within the energy field of the grid. They can charge objects with life-force energy. They can be used to create powerful emotional changes in anyone who comes into the energy field. A grid can be used for a simple goal like enhancing your sleep quality to something more elaborate - like World Peace! The combinations are endless, depending only on your purpose for the grid. Whatever your intention; for instance self attunement, meditation, prayer, affirmations, re-charging space, communication with your higher self, planet earth & spirit the crystal grid is an effective way to use crystal energy, and very powerful when done with your clean and clear intention. Last, but not least the grid can be used for self healing, distance healing and healing others.

Types of Grids

The sky is the limit. There are so many kinds and forms and we going to explore some of them at this time as a general introduction. I normally suggest that you start working with very simple grids rather than the more elaborate, complicated and esoteric forms. I do not find the simple grids any less effective. Your experience may be different to mine.

All the crystal within the Earth can be thought of as being elements of a huge grid, the Earth grid. It is believed by some that placing crystals in the Earth, where they feel the grid is broken or disrupted, will restore the Earth's grid. Others again believe that this creates disharmony in the Earth grid.

Stone structures at centers of spiritual energy such as Stonehenge and medicine wheels are also sometimes called stone grids.

Some grids are large structures placed on the ground which connects with the ley-lines of the Earth, which are the planetary equivalent of the meridian channels in people.

Some people call the layouts of crystals placed around and over the body, grids.

You can create a grid to charge water (24 hours minimum). Use a dowsing rod to measure the increase in the energy field of the water it will be from one foot to 20 feet or more verifying the energy increase. Once the water is charged, if you drink the water, your energy field will expand and you can also use this charged water for plants and they will grow better.

Food, even in a container, can be charged. When you eat that food your energy field will expand.

You can grid your closet and your dresser to charge your clothes. When you wear the charged clothing, your personal energy field will expand.

Now that you can create these large energy fields, where would you put them?

In your bedroom, around your bed, or treatment table, pets beds, in your garden? Your only limitation is your imagination.

General Guidelines to making a crystal grid

1. Decide on your purpose for the grid and find a representation of what you want to energize and empower. Your clear intention is a key element in empowering the stones' energy.
2. The following thing you want to do is to choose and a place for your Crystal grid. I recommend that you use a space that you will have easy access to but a space where the crystal grid will not be moved or disturbed. You could use an altar or a sacred place in your home, on a desk top or shelf. Cleanse this space. Some cleansing methods include burning sage, placing a crystal cluster in the room, or bowls of sea salt. Flowers, incense, music, candles can be used to add ambience to your sacred space.
3. You will now select your master charging crystal for your crystal grid. If you have chosen Clear Quartz points, select the Clear Quartz point that feel to have the strongest energy on the other hand if you have chosen different crystals, the Clear Quartz point will be your master charging crystal.

4. Your next step is to [cleanse and program](#) the crystals. Your clear intention is what you will use to “program” and charge the crystals. Crystals can receive and hold thought forms and projecting these thought forms into the crystal consciously, is called programming. The term "programming" is used since this process is similar to computer programming because the information or commands are stored in the molecular structure of the quartz crystal as magnetic charged data. Thought forms are pictures and/or other sensory data that is powered or intensified by emotion.
5. Place your crystal layout in a geometric pattern see [Page 18](#), below for more examples.
6. Relax and center yourself. Visualize your goal having already been achieved with a calm mind and positive intention.
7. Charge the Master Crystal and place your it in your right hand, with the crystal point facing down, above the grid, imagine energy pouring from the master crystal and charging your Crystal grid, connect each crystal to the other in a clockwise direction following the numbers.

8. As you do this, repeat an affirmation/mantra of power, such as: *"I empower this grid with light, with light, with light, to heal, to heal, to heal. I empower this grid with love, with love, with love and wisdom, wisdom, wisdom, to heal, to heal, to heal. I call on my highest spiritual guides now to attune this grid of light, light, light, to heal, to heal, to heal, with love, with love, with love."* Again feel free to use your creative intuition to create empowering affirmations or mantras that feel right for you.
9. Say a prayer of gratitude.

An important aspect of your grid is to have fun with it and be creative, feel free to create your own grids with stones and crystals and patterns of your own choosing. You can't really make a mistake, if your heart and goals are kind, caring, gentle and compassionate.

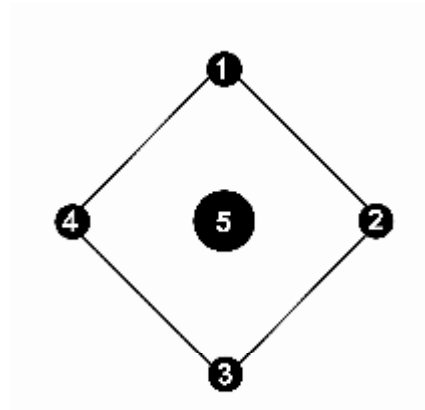
Pyramid

This grid works exceptionally well for protection as well as in healing rooms.

For more details on building a crystal grid see the general guidelines explained here:

www.healing-journeys-energy.com/Crystal_Grid.html

1. Requirements:
 - 5 x even sized crystals, the 4 outside crystals 1, 2, 3 & 4 must be the same.
 - You can use the same or a crystal of choice for the middle.
 - Single or double terminated point as your Master Charge Crystal.
2. Place crystals as numbered in the diagram.
3. Charge the grid as follows:
 - 5 - 1 - 2 - 5
 - 5 - 2 - 3 - 5
 - 5 - 3 - 4 - 5
 - 5 - 4 - 1 - 5



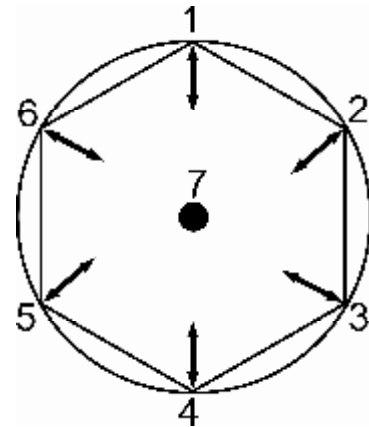
Hexagon 6 sided Crystal Grid

Use this grid for manifestation, it works well.

For more details on building a crystal grid see the general guidelines explained here:

www.healing-journeys-energy.com/Crystal_Grid.html

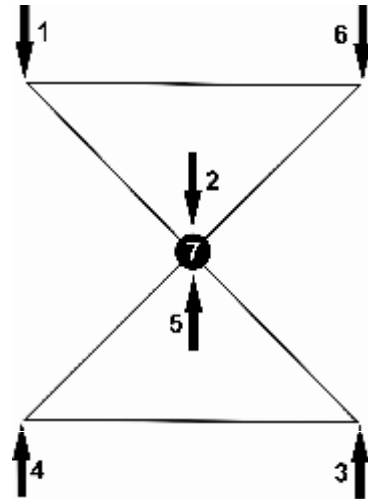
1. Requirements:
 - 7 x double or single terminated points for outside 1, 2, 3, 4, 5 & 6, the seventh point is your Master Crystal for charging your grid. (When using single terminated points, points facing inwards.)
 - 1 crystal, you can use either a point or any other crystal of choice for the center.
 - Best to use double terminated points for this grid except for the middle stone.
2. Place crystals as numbered in the diagram.
3. Charge the grid as follows:
 - 7 - 1 - 2 - 7
 - 7 - 2 - 3 - 7
 - 7 - 3 - 4 - 7
 - 7 - 4 - 5 - 7
 - 7 - 5 - 6 - 7
 - 7 - 6 - 1 - 7



Relationship Crystal Grid

For more details on building a crystal grid see the general guidelines explained here:
www.healing-journeys-energy.com/Crystal_Grid.html

1. Requirements:
 - a. 7 x single terminated points for outside 1, 2, 3, 4, 5 & 6, Facing inwards towards the Rose Quartz, the seventh point is your Master Crystal for charging your grid.
 - b. 1 Rose Quartz for the center.
2. Place crystals as numbered in the diagram.
3. Charge the grid as follows:
 - 1 - 2 - 3 - 4 - 5 - 6 - 1 - 7



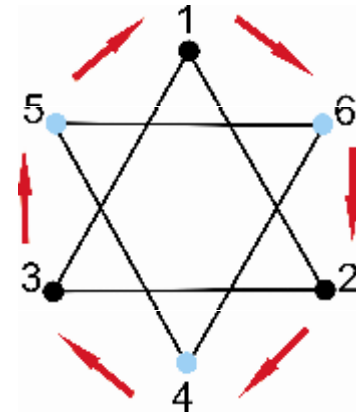
Star of Solomon / David

This grid is excellent for healing; you can even try it around your bed (start with 5 minutes and work from there)

For more details on building a crystal grid see general guidelines explained here: www.healing-journeys-energy.com/Crystal_Grid.html

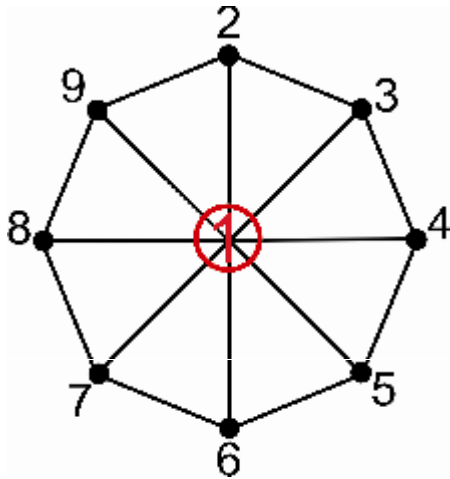
Requirements:

- 6 x even sized crystals, for positions 1, 2, 3, 4, 5 & 6 must be the same.
 - Single or double terminated point as your Master Charge Crystal.
1. Place crystals as numbered in the diagram starting at 1 & ending at 6. You will notice you are placing the crystals in 2 x triangles.
 2. Charge the grid as follows:
 - a. 1 - 2 - 3 - 1
 - b. 4 - 5 - 6 - 4
 - c. 1- 6 - 2 -4 - 3 - 5 - 1

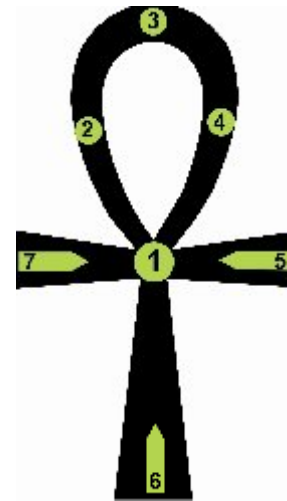


You can also place single or double terminated points around the edges on the red arrows so to speak.

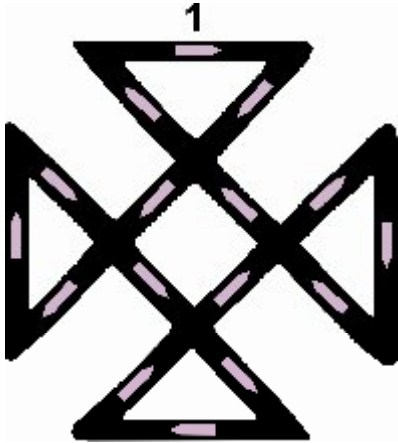
Examples of Alternate Lay-outs



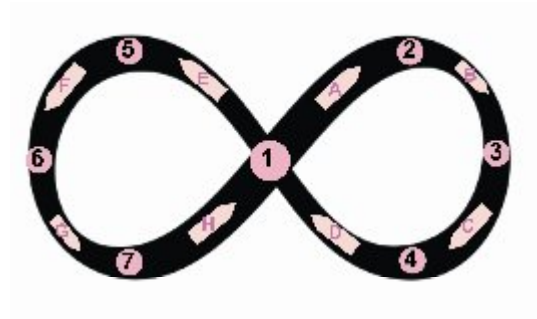
Eight Sided Grid



Ankh

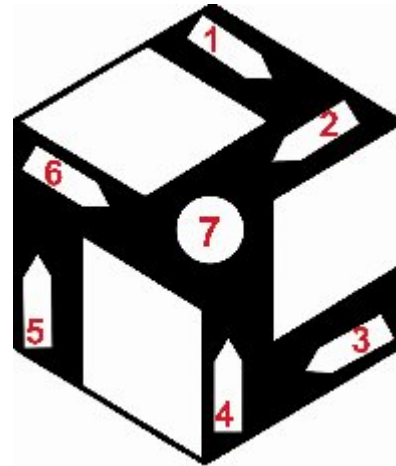


Square Infinity



Infinity

The following can be used as grids or you can use the symbols to empower one of your own crystal grids by placing a copy of either image underneath your grid template or on your altar.



Antahkaranna

Your Invitations.

Invite 1: We produce the most amazing Magazine that comes out monthly, maybe you have heard of it, "**Another Point of View**" filled with what's happening, opinions, news and views. If you have not subscribed yet, go here www.healing-journeys-energy.com/Healing_Pop_Up_1.html to subscribe.

Invite 2: As promised you can add your own pages to my web site, complete with pictures and credits, yes we would love to know more about energy healing, all you have to do is pick one of the following categories and write what you want to say.

- ❖ Do you have a **Crystal Grid** layout or an experience with one you would like to share, we look forward to your input here: www.healing-journeys-energy.com/Crystal_Grid.html or if you would like to share your knowledge on crystals : www.healing-journeys-energy.com/Crystals.html
- ❖ Share your personal experience with the Power of **The Angels** or share an angel healing technique with us: www.healing-journeys-energy.com/Angels.html
- ❖ I would love to hear your unique and personal experience with **Reiki** or do you have a special technique to share: www.healing-journeys-energy.com/Reiki.html

Further Reading.

Please follow any of the links on the rights hand side of the page for more detailed information.

Energy Fields

www.healing-journeys-energy.com

Healing Properties of Crystals

www.healing-journeys-energy.com/Crystal_Healing.html

Cleansing Crystals

www.healing-journeys-energy.com/Cleansing-Crystals.html

Detailed Instructions for Laying out a Grid

www.healing-journeys-energy.com/Crystal_Grid.html

Magazine Subscription

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THE SHARE NETWORK:-

Share Your Experiences with Crystal Grids

www.healing-journeys-energy.com/Crystal_Grid.html

Share Your Experiences with Angels

www.healing-journeys-energy.com/Angels.html

Share Your Experiences with Reiki

www.healing-journeys-energy.com/Reiki.html

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