



Dowsing the Lottery

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Gene Morris

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NOTICE

- This lottery picking process is esoteric in nature.
- If you have a history of mental illness, use drugs or alcohol, or use mind altering prescription medication, it is not recommended that you follow this method.
- This method is not a guarantee that you will win the lottery.
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- If you are a problem gambler, you should not attempt this method .

Forward

Welcome to *Dowsing the Lottery*. First off, let me start out by saying that dowsing the lottery is real! With this method, you may effectively cut the numbers of any given lottery system by at least fifty percent. You can potentially increase your odds exponentially and gain an edge over conventional methods. With time and practice, your intuitive abilities will increase and your ability to successfully pick winning lottery numbers will become more apparent. As a result, you could potentially win a lot of money with this method.

This method is esoteric in nature and relies on retrieving information via psi functioning. Psi functioning is a real talent, like any other talent. While it is apparent that some of us are born with a higher degree of natural ability, such as it is with any other talent, it is important to emphasize that we all have some ability to some degree. It is important to understand that time, practice, and dedication is necessary to achieve positive results. And just as it is with any other talent, some will have greater success in shorter periods of time than others. The best way to achieve positive results and make effective use of your time is to follow the guidelines outlined in this procedure and take every aspect seriously.

This guide is meant to enlighten and provide the necessary foundation to carry out the dowsing process. This guide should be read from

beginning to end. It is important that you do not skip chapters and attempt to start the process prior to reading through the entire guide.

Being that this method is esoteric in nature, it is safe to assume that most readers will read this document with a healthy sense of skepticism. With this assumption in mind, the author felt it important to explain the principles behind the method prior to revealing the method itself so as to assist the reader in developing an understanding and acceptance of the process.

Structure

The first chapter of this guide is a brief introduction. It describes the ideas and principles behind the method and provides a condensed outline of the process.

Chapter II deals in theory and touches on the primary mechanisms that drive this method.

Chapter III is a very important chapter that talks about dowsing. This chapter explains what dowsing is, offers a tutorial on dowsing, and explains the actual dowsing process outlined in the procedure.

Chapter IV explains a technique called “grounding”. Grounding is used to maintain positive control of emotional energy, which is often felt as anxiety. It is also used for protection. This chapter will offer

an exercise on grounding and explain why it is used when dowsing the lottery.

Chapter V provides information on meditation. Meditation is an essential step required to perform this method. It is important that one knows how to meditate before attempting this procedure. A brief introduction followed by a simple meditation example is included.

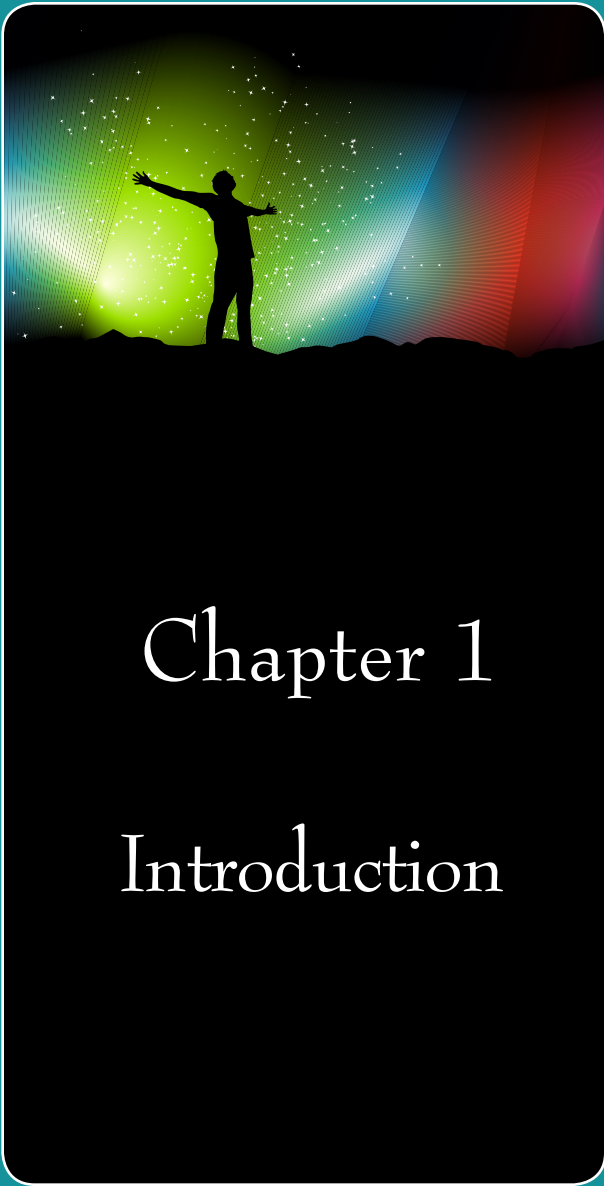
Chapter VI is a brief chapter written on picking numbers. As mentioned in the disclaimer, this method will not guarantee perfect picks. It will, however, pick numbers in relative proximity to the winning lottery numbers and occasionally land on a winning lottery number or two. This chapter offers a method for picking numbers from the reduced set of numbers in the pool prior to buying a ticket.

Chapter VII is written in regards to closing the dowsing session. Closing the dowsing session is an important step that involves a review process that takes place after the lottery drawing. You will soon find that improperly closing a session can actually affect your dowsing results prior to playing the lottery.

Finally, Chapter VIII concludes the guide by including a summation of the whole process. It also provides a list of tips worth considering while dowsing the lottery.

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Chapter 1

Introduction

Welcome

Every year, countless Americans contribute billions of dollars to their respective state lottery. Are you guilty of buying quick picks and hoping the odds will play out in your favor? Better yet, are you one of the millions who could care less about the odds and rely solely on blind faith or luck?

What if I told you there was a way to gain an edge over the lottery, a simple and effective method that will reduce the numbers in the lottery pool by a process of elimination? This process taps into a subtle energy that interfaces with higher non-physical dimensions; this energy is everywhere and waiting to be utilized.

Eastern Indian culture refers to this energy as prana, while the Chinese call it chi or qi. The human nervous system is the only known “hardware” capable of interacting with this vital energy.

There is more to our reality than we know. Occasional and unexplained occurrences continue to intrigue and baffle us. Mainstream science, or at least the majority, does not have an answer other than to ignore it all. Phenomena like intuitiveness and precognition, these experiences affect peoples lives on a daily basis and yet they still continue to fall on deaf ears, simply because they fail to meet the criteria outlined in the scientific method.

As a result, the scientific paradigm must discount the numerous claims put forth by honest people and suggest that paranormal phenomena are either not real or yet to be explained. The question then arises, "Will science ever explain such phenomena if no one is there to do the research?"

Likewise, if we take heed in assuming that science is an over all authority in choosing what is real and what is not real, then one begs the question, "If science chooses to ignore paranormal phenomena, does this mean the phenomena must not exist?"

In defending the current scientific model, I can see why the paranormal is so often ignored and discounted. For centuries, charlatans, deceivers, and con artists have easily and successfully capitalized on paranormal beliefs, swindling helpless believers with theatrics and parlor tricks. Gypsies who had no business telling fortunes would end up stealing fortunes from honest people. The mistrust, the lies, and deceptions outweighed the honest few with real psychic abilities.

But I say again, does this mean that the phenomena do not exist?

Ninety percent of the world's population believes in a God and life after death. Is this not placing one's destiny in the hands of a paranormal belief system that has yet to be proven by science? If the world can believe in God, then why is it so hard to believe in simpler things like psychic ability, especially when proof permeates our lives on a daily basis?

How often have you heard the phone ring and immediately known who it was before answering it? Have you ever had thoughts about a person whom you haven't seen in years, only to run into them a couple of days later? Have you ever encountered a deceased relative in an abnormally vivid dream? These examples are all paranormal and they happen to us all the time. Ironically, most of us never think twice about them.

This is Your Path

This is your path; consider life for just one moment. What exactly is it that puts us here on this planet? Here we are, living, breathing, and thinking beings. We go on asking questions about who we are, why we are here, and how to best go about tackling this thing called life. The universe is no accident; it is too perfect and too mysterious to have happened by chance. Too many questions make it safe to say that we do not, nor will we ever, completely understand our reasons for living in this physical plane until we are no longer physical.

There are two roads you can travel. Before I move on, I suggest you think about the next two paragraphs, as they will determine your ability to work with this method.

If you believe that life has a purpose, that we are all here for one reason or another, that we all have lessons to learn, both easy and hard, then you will most likely benefit from this method.

On the other hand, if you are a solid skeptic and you have problems approaching things with an open mind, especially when it comes to paranormal phenomena, then this process will be more difficult for you. This process is greatly influenced by your attitude and hindered by negativity and doubt.

What to Expect

The proposed theories and ideas in this guide will be difficult to believe for some. I, too, was skeptical at first. It took personal experience and multiple validations on many fronts for it to all sink in. The beauty of this whole experiment is that you get to validate your experiences with each lottery drawing you participate in.

Now I have not won the jackpot as of this writing but I have won money. I have had much success in purposely picking the California Super-LOTTO Plus mega number multiple times in a row.

I have managed to pick three out of five numbers, not counting the mega number, with this method. This method is not foolproof; perhaps you have what it takes to make it foolproof.

This guide is not meant to guarantee you a winning lottery ticket, nor will you pick winning lottery numbers with every draw. This guide simply offers you an alternative approach to playing the lottery while proposing an interesting perspective on life.

I am not writing science fiction; everything I have written about in this guide I have experienced personally. I offer this method as a process that you, the reader, can learn to work with and, hopefully, refine and make better. I do not claim to have all the answers, although I do have an idea that shows much potential.

All that I ask is that you read this guide with an open mind and attempt a dowsing session or two. I am fairly certain that you, too, will find an interesting peculiar similarity between your picks and the winning numbers.

How does this all work? In case you are unfamiliar with dowsing, Chapter three will introduce you to the process, along with techniques for using a pendulum.

In order to dowse successfully, you must first come to understand the basic principles behind the method. My intentions are to help instill confidence through understanding. Confidence equates

to positive energy and positive energy is perhaps the most important ingredient in this recipe.

If you do not understand the motivating factors behind this method and you dive in blindly, you'll probably do poorly while leaving yourself vulnerable to negative influences (more about that later). You will be clouded with questions as to why this even works; you'll ask yourself why you're wasting your time. As a result, your mind will be filled with self-doubt, leaving you no faith in the process. THIS WILL DEFEAT ANY CHANCES OF SUCCESS.

Thoughts are like energy. The same plane of existence that we use to obtain information regarding the lottery is also influenced by our thoughts, both positive and negative. Negative thoughts prevent the subconscious from doing its job and that's properly retrieving lottery information from our nonphysical component.

The Six-Step Process

Most states play the same lottery game twice a week. For example, the California SuperLOTTO Plus drawing is held on Wednesdays and Saturdays. It is best to start out concentrating on one drawing per week. I suggest you also conduct two dowsing sessions per lottery drawing at a minimum.

The process of dowsing the lottery is as follows:

1. Prepare a location for dowsing and create dowsing worksheets.

2. Meditate for thirty minutes to an hour or more to calm your mind. This will calm your conscious mind and allow for unobstructed information retrieval via your nonphysical component.

3. Begin by dowsing the mega number (*provided your lottery uses a mega number or a number similar to a mega number*). Through a process of elimination, you will effectively remove a large percentage of the lottery pool.

4. Dowse the first five picks the same way the mega number is dowsed.

5. Create a new pool of numbers from your dowsing sessions and select your numbers. Purchase your lottery ticket.

6. After the weekly lottery drawing, close the session by reviewing your picks with the actual winning lottery numbers. This process is important because you consciously bring closure to the session by purposely cutting off the attachment you had while working the session.

Chapter 2



Theory

Sixth Sense – A Human Being's Non physical Component

Your first test is to come to terms with the fact that we humans have a nonphysical component that lends itself beyond our normal five senses.

Consider our entire being, both the physical and nonphysical, similar to that of a huge iceberg in the Antarctic. Now, the tip typically represents about ten percent of the whole iceberg; that is, when you fly over an iceberg in the Antarctic, you are actually seeing a tiny section of a huge, floating ice mountain. Think of that part, the part that sticks out of the water, as both the physical and mental aspects that make up a human being. In other words, the iceberg's tip is both the flesh that makes up the body and the decision making voice in one's head.

Now, take the iceberg's remaining ninety percent, the part that sits submerged in the ocean. This part represents an even more dynamic and amazing aspect to our being. Just as the greater mass of an iceberg is hidden while flying over, so is a greater portion of our being. You could almost think of the water's surface, where the iceberg begins to protrude out of the water and into the air, as an interface between the conscious and subconscious mind. The subconscious mind is merely

another gateway that lends itself to a deeper aspect of who we are. It's like a gateway to a much larger self, and just like the tip of an iceberg, there is a lot more to our being than what lies on the surface.

After considering for a moment that our being, both physical and nonphysical, could be compared to that of an iceberg, we can take the analogy one step further and reference both the ocean in which the iceberg floats and atmosphere above the surface.

The physical space in which an iceberg exists here on Earth is three-dimensional. We live on a three-dimensional physical plane of existence; we also have a time dimension on this physical plane. As a result, we are considered to be on a four-dimensional plane of existence.

The analogy holds true when you consider the ocean and the open air. Ninety percent of our iceberg sits submerged in the ocean, while ten percent protrudes into open air. If you were to treat the ocean like its own complex dimension, and the open air as our four-dimensional plane, you would see that the majority of our iceberg sits in one dimension, while protruding into another. This analogy holds true for all of mankind. A human being is nothing more than a small, physical representation of a much larger and more dynamic being.

And for whatever reasons deemed necessary by the powers that be, we all come here with focused awareness and intent.

To extend the iceberg analogy, let us assume that our iceberg floats over an incredibly deep trench. This trench is so deep that it appears the ocean has no bottom. Likewise, from the surface, we look up into the day's beautiful blue sky and see nothing but vast blueness, no evidence of a universe in existence, but we know it exists. Could more dimensions or parallel universes exist outside the confines of our universe and we are just too small to recognize them?

The planet Earth sits in a solar system that sits in a galaxy and the galaxy sits in a cluster of nearby galaxies and these galaxies, amongst other things, make up our universe. Suppose the universe is in a cluster of universes, and that cluster is apart of an even bigger galaxy of universes. This process could potentially go on for infinity and we would never know it because we haven't the ability perceive anything directly outside of our universe.

What if our conscience works similar to such a belief? That is, what if our conscience is spread out over many dimensions or parallel universes, and only capable of perceiving one level of awareness at a time? This level of awareness would be

of course here and now on this physical earthly plane. When we die, we transition or retract into another dimension; some might call it Heaven. The result is our consciousness doing an awareness shift, leaving the physical dimension through the shedding of the physical body, a necessary physical container for one's consciousness if one is to exist on this plane.

So here we are, all metaphorical icebergs floating around in the same great ocean, parts of our beings above water, and another part submerged below the surface, separate and individual, yet connected through common composition.

The Gatekeeper Mechanism

The very mechanism that connects us to this nonphysical level of being is like a gatekeeper. This gatekeeper is the very mechanism responsible for relaying information between the conscious and subconscious mind. It is a middleman, so to speak. We do not know where it resides; perhaps it is a chemical in the brain that purposely keeps our awareness focused in the physical for the sake of completing our earthly tasks. Perhaps it's not physical at all.

The subconscious has access to the higher self, the metaphorical ninety percent floating under the ocean. The nonphysical component of our being, that is, the conscious interaction between

the gatekeeping mechanism and subconscious, is what is responsible for various psi-related phenomena such as remote viewing, astral projection, premonition, intuitiveness, and many others.

It also appears to exist as a protection mechanism. Perhaps in some cases, people find themselves in direct line with upcoming catastrophic events that could prematurely separate them from this plane of existence. As a result, being that their departure is too early, information is passed along, warning of preemptive danger, perhaps in the form of a vivid dream or gut feeling. This would be a premonition, so to speak.

Time

What if time was merely a perceptual phenomenon? That is, what if time was a man-made mechanism used to sequentially separate events in a linear fashion? What if time did not work the way we thought it worked?

The next section, which deals with remote viewing research, has indicated that time is not linear but dynamic. That is, future events can, in fact, affect current events.

What if there was a way to access the deeper levels of our conscience and have it intentionally focus on an event in another dimension or perhaps a parallel universe? Say this particular dimension

or parallel universe had a timeline concurrent with a future event, such as the SuperLOTTO.

In theory, the nonphysical aspect of our being already spans space and time. Seeking out and locating a dimension whose SuperLOTTO drawing is concurrent with the dowsing session is almost instantaneous. With a little help from a dowsing pendulum and some meditation work, one can access this information and make use of it.

Remote Viewing

Remote viewing is loosely defined as, “the attempt to gather information about a distant or unseen target using paranormal means or extrasensory perception”.

Remote viewing is a statistically reliable phenomenon that deals in psi function and has been rigorously tested by respected scientists and validated by respected statisticians for over thirty years. Ironically, the mainstream community is still unwilling to accept the phenomenon as legitimate.

In some respects, the remote viewing phenomenon is similar to what we are attempting to do with the lottery dowsing process. Understanding the basic principles and mechanics of a proven system helps make the dowsing process more conceivable. Both systems, as it is with all psi, uti-

lize the same mechanics but in different ways to receive information.

Remote viewing gained popularity in the 1990s following the declassification of the U.S. government's Stargate program. The U.S. government, through cooperation with Stanford Research Institute, studied psi functioning in humans for over twenty years.

There is some controversy as to why the program was shut down. Some say the program was shut down and declassified when it became apparent that modern technology had progressed to the point of exceeding remote viewings limitations and proved to be a more reliable intelligence gathering resource. Others say that the program was a political hot potato and the government had no business investing money in a program that dealt with psychics.

Upon the program's declassification, highly trained remote viewers branched out and started teaching the skill to the interested public. As a result, many techniques and remote viewing disciplines have been refined and coexist today.

Remote Viewing Basics

As it is with the dowsing method, there is quite a lot of preparation involved in remote viewing, which I will not discuss in very much detail. To briefly touch on this preparation, just know that the remote viewer typically goes through a mind calming or meditation practice before conducting a session, and small details such as the placement of pen and paper are all considered. The idea is to follow a strict set of protocols, which allow the remote viewer to increase skill level by following guidelines of a successful procedure.

Usually, the remote viewer is tasked with a set of coordinates, which represent a target of some sort. The target can be predetermined by a tasker or determined after the session is complete.

The remote viewer, knowing nothing about the target, will begin a session by writing the designated coordinates on a piece of paper followed by automatic scribble. This scribble is almost like a reflex when drawn and is called an ideogram. This ideogram is the essence of remote viewing.

The major skill in remote viewing is being able to decode this scribble. This scribble or ideogram is a message from the nonphysical component of the remote viewer and it relays information regarding the target. It is passed along via a reflex through

the remote viewer's central nervous system. The idea is to successfully pass along target information before the conscious mind has the ability to intercept and manipulate it.

The initial ideogram can tell an experienced remote viewer a lot about a target. It will identify the target as a target on land or on water, if it is manmade or something of nature. This lower-level information allows the remote viewer to pick a direction and move into more detail with more ideograms. The remote viewer will do this process multiple times, piecing together, a kind of, psychic puzzle until a target can be achieved.

How does one decipher a scribble? The idea is to develop a kind of scribble vocabulary; that is, with time and practice, the remote viewer will develop a mental database of scribbles that helps decode information transmitted by the nonphysical component. For example, with time, the remote viewer will develop a familiar scribble that represents land, and another that represents water. With more time and practice, a rather extensive ideogram vocabulary can be developed, making the remote viewer that much more effective.

The essence of creating this vocabulary is derived from what is called probing the ideogram. Probing the ideogram occurs when a remote viewer feels out the contours of the ideogram, retracing

it over and over with his or her pen. The remote viewer will take considerable note of emotional feelings and will connect with the target through his or her nonphysical component. It's as if a strong connection is finally affirmed and reliable logging of data can then begin.

Time and Space

An interesting phenomenon, first discovered in the 1970s, was that coordinates need not have an associated target at the time of a remote viewing session.

In other words, you could blindly give the remote viewer a set of coordinates; tell the remote viewer to remotely view those coordinates and once complete, walk over to a computer and input those very same coordinates and have the computer generate a target that matched what the remote viewer viewed.

Think about this for second. What does this mean for us dowsters? Here we have an established phenomenon with years of research in laboratory settings and the standard protocol is assigning targets after a session. If remote viewers can remotely view targets that have yet to be picked, then why can't lottery dowsters dowse a lottery that has yet to occur?

Somehow, the nonphysical component of the remote viewer knows the correct target, regardless of time and space. The remote viewer's nonphysical component is somehow accessing one of many dimensions or parallel universes occurring simultaneously with ours. This nonphysical component is passing information back to the remote viewer through the remote viewer's central nervous system in the form of a reflex. This reflex is recorded in the form of an ideogram.

The remote viewing process is not perfect and not easy. If it were, everyone would be doing it. There are many complex obstacles to overcome and still much to learn.

The nonphysical component that relates directly to the central nervous system appears to be somewhat primitive in a sense or perhaps under developed or in a state of atrophy. Perhaps we failed to utilize a special attribute given to us in our physiology early on in human history? Then again, the functioning could be rather new.

I suspect that psi functioning in humans is rather new and right on schedule. As we work to understand its operation, an influx of new generations with psi-related abilities are taking the world by storm. Take, for example, the indigo and crystal children. As time will allow, a more spiritual human being with greater psi-related ability will begin to walk the Earth, perhaps in time to save it.

A Computer Analogy

To put forth another analogy, think of this extrasensory mechanism or sixth sense of ours as an old computer with a slow modem from 1996. Now try to imagine streaming a movie over the Internet with this setup. You can probably imagine how painful it would be to watch a movie this way.

I kind of like to think of us humans as that old computer from 1996 with the slow modem, and this universal nonphysical dimension I speak of, as the Internet. Unfortunately our modems are so slow and difficult to use, we have learned to shut them off and live life without them.

The good news is that we have a modem; it's not perfect and it's not completely understood, but we can make it work. Remote viewers have been making it work for years with practice and refining their techniques. Psychics can make it work rather naturally, and I am sure you have made it work on a number of occasions without even thinking about it.

The Need for Silence

As if the first scenario wasn't frustrating enough already, let's throw one more obstacle into the mix. Imagine you are still trying to stream that movie from the Internet. This time, imagine an annoying person who won't stop talking and have them stand next to you as you sit and try to grasp

what's on the computer screen. You can probably imagine how difficult it would be trying to watch that movie, right?

Our thoughts, our conscious minds, are kind of like that annoying person yelling at us. When we conduct a dowsing session or when a remote viewer goes to remote view a target, a meditation should first take place. The idea is to quiet the thought process and sidetrack the conscious mind, thereby allowing the nonphysical component to perceive information with limited distraction. The conscious mind will do whatever it can to intercept and manipulate information received from the nonphysical component.

Thought Entanglement

To complicate matters further, one more scenario needs to be added to our computer analogy.

Say instead of streaming your movie, that is, you're watching it as it downloads, you simply download it all at once and then go to watch it. The movie finally downloads, you hit the play button and the movie starts playing. Suddenly, you realize you downloaded the wrong movie. Sure, it was on the movie list you were looking at prior to downloading but you didn't pick this one. What gives? What happened? You know for a fact that you picked the right movie prior to downloading it and this clearly isn't it; something's not right.

There is a similar phenomenon in the remote viewing world where the remote viewer will be tasked with one of two unknown targets. One target is an intended target while the other is a decoy target. The remote viewer will conduct a session and end with what he or she thinks is the correct target. A lot of times, the remote viewer will remote view the decoy target perfectly, while neglecting the intended target.

Researchers have speculated that a target has receptors. That is, a target has its own nonphysical component or attractor, which interfaces with the nonphysical component of the remote viewer. If two separate targets are involved, one being an intended target and one being a decoy target, a competition ensues. For whatever reason, the decoy will compete with the intended target for attention. The remote viewer's nonphysical component will go back and forth, early in the session, attempting to lock on to one of the targets. The result is the occasional remote viewing of the decoy target.

Something similar happens to the lottery dowser, but on a larger scale. Instead of two targets, the dowser is dowsing forty-seven targets (SuperLOTTO). When dowsing the lottery, it is most common to dowse numbers in relative proximity to the actual pick. It's as though the nonphysical component gets entangled or crosses lines with nearby numbers and their attractors.

As a result, entangled information is often received by the dowser, thereby making it difficult to lock on to specific digits. Until the cross talk can be overcome, and specific targets can be dowsed without interference of nearby numbers, we will have to live with this proximity effect.

Closing the Session

Thoughts are like energy. It is safe to say that thoughts can traverse these nonphysical dimensions and influence the nonphysical component of our being. It is potentially possible to cross-contaminate or entangle future thoughts with current dowsing session thoughts. This phenomenon can affect the outcome. It is important to keep positive and properly close out a dowsing session. This will help to eliminate the feedback loop generated during the start of a session.

In remote viewing, a remote viewer will “close” a session after having remotely viewed a target’s coordinates. The intended target is finally revealed and the remote viewer can compare and contrast his or her work with the actual target.

Closing the session is a very important step in completing a remote viewing session. It brings closure to the event and severs the mental connection with the associated target. It is equally important to bring closure to a dowsing session after the lottery drawing.

Chapter 3



Dowsing the Lottery

What is Dowsing?

Dowsing is an ancient technique used to obtain information via metaphysical means. The non-physical component of our being relays information to the physical body's central nervous system through an autonomous function called the ideomotor response. This ideomotor response is accountable for moving the dowsing instrument.

Dowsing 101

Dowsing can take many different forms. Dowsing can be done with many different devices such as divining rods, willow branches, and pendants. This method relies on a dowsing pendulum.

It is a common belief that dowsing can open up channels of communication between the dowser and negative energy. Dowsing is a technique and the pendulum is a tool. The intensions, feelings, and emotions of the dowser are what allow for connections to a particular energy. It is important to have the right frame of mind, and approach with good intent prior to dowsing. If your intensions are negative or you are suffering from emotional problems, you are leaving yourself vulnerable to negative influences. These negative influences can potentially stick around and wreak havoc on your daily life.

The intention of this guide is teach you how to use a dowsing tool. It will be used as a means of

connecting to an event, not a positive or negative conscious entity. The dowsing tool is a powerful mechanism and can be used for more than just dowsing the lottery. Protect yourself! Follow the grounding procedure and adhere to the disclaimer prior to dowsing.

Pendulums

I have worked with many different types of pendulums and I have found that clear quartz pendulums seem to work quite well. I say this as a reference to my own experience. I suggest you experiment with different types of pendulums until you find what works best for you.

Clear quartz has many metaphysical attributes and is utilized almost everywhere in electronics as a timing device. Clear quartz is piezoelectric; that is, it will generate an electrical potential in response to applied mechanical pressure.

Clear quartz is a powerful stone and is considered a good tool for interfacing with the nonphysical component of our being.

Ideomotor Response

Ideomotor response is a term given to unconscious motor movements, that is, movements beyond your conscious control.

When using a dowsing pendulum, the central nervous system conveys messages from the sub-

conscious to tiny muscle movements in the hands. If you are holding a dowsing pendulum, the dowsing pendulum will begin to swing in a “yes” or “no” direction when asked “yes” or “no” questions.

The same holds true for dowsing rods. Tiny muscular movements in the hands control the directions of the rods and they, in turn, act as metering devices, relaying pertinent information to the dowser.

Dowsing takes practice; it is my opinion that most false readings can be attributed to improper handling of the dowsing tool. The ideomotor response is a sensitive mechanism dictated by tiny muscle twitches and, in order to take full advantage of the effect, one must first work to prevent obstacles from impeding results. Good channels of communication can come with practice and good meditation.

The Process of Dowsing

After you have grounded yourself, hold your pendulum loosely between your thumb and index finger. Make sure to allow ample slack in the chain and dangle the pendulum an inch or two off the table. Use whatever hand you feel most comfortable with.

Let's begin by simply programming the pendulum. The pendulum is a great tool for asking “yes”

and “no” questions. Understanding what a “yes” and “no” response will look like is important and can come naturally or with simple programming.

One way of programming the pendulum is to simply ask the pendulum a question you already know the answer to such as, “Is my name Frank?” If your name is Frank, and the pendulum swings in a certain direction, you will then know your “yes” direction. To confirm, ask it a question that you know not to be true. Remember to ask “yes” or “no” questions only. The pendulum should then move in the direction opposite of the “yes” direction. You should now have your “yes” and “no” directions.

At first glance, dowsing with a pendulum might appear simple and easy to master. But as you begin dowsing, you’ll probably become aware of how difficult it really is. And perhaps you’ll become aware of how the pendulum reacts to accidental movements and improper handling, or how conscious influence can hinder results. With time and practice, hopefully you’ll overcome a plethora of impediments that limit and distort results. Remember, practice makes perfect.

Dowsing the Lottery

Dowsing the lottery takes a methodical approach. It utilizes a process of elimination by asking a series of “yes” and “no” questions. The ques-

tions are simple and the feedback given by the pendulum back to the handler is carefully noted.

It is absolutely important to make the process as simple as possible. It is a good idea to have your questions rehearsed ahead of time and you are fully aware of the process. Any hiccups, such as forgetting what to ask, can break concentration and impede the process.

Creating a Dowsing Worksheet

Creating a dowsing worksheet is the first step to dowsing the lottery. The worksheet contains a series of tables filled with numbers pertaining to any given lottery system. SuperLOTTO will be used as an example.

SuperLOTTO includes a mega number and gets its own worksheet. The mega number is picked from a pool of twenty-seven numbers and is the last number drawn. It is also the most important pick of the draw. It is important to always dowse the mega number first, while energy levels are high and the mind is focused.

Creating the Mega Number Worksheet

1. Start by taking a pen and a piece of graph paper and write the date, time, and session number of the current session in the upper left-hand corner. See [Figure 3-1](#).

The Super Lotto has a drawing number for each draw. For example, drawing 2212 was on June 14, 2008. You can find the lottery drawing number for the lottery you intend on dowsing by visiting your lottery's respective Web site. Once identified, place the draw number in the top center of the page. Directly underneath the draw number, write the words "Mega Number". See [Figure 3-2](#).

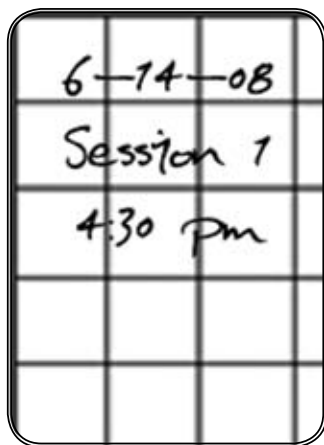


Figure 3-1.
Mega number sheet upper left hand corner

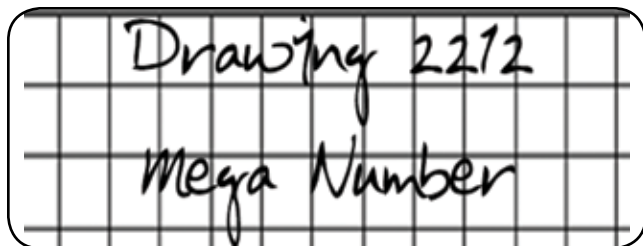
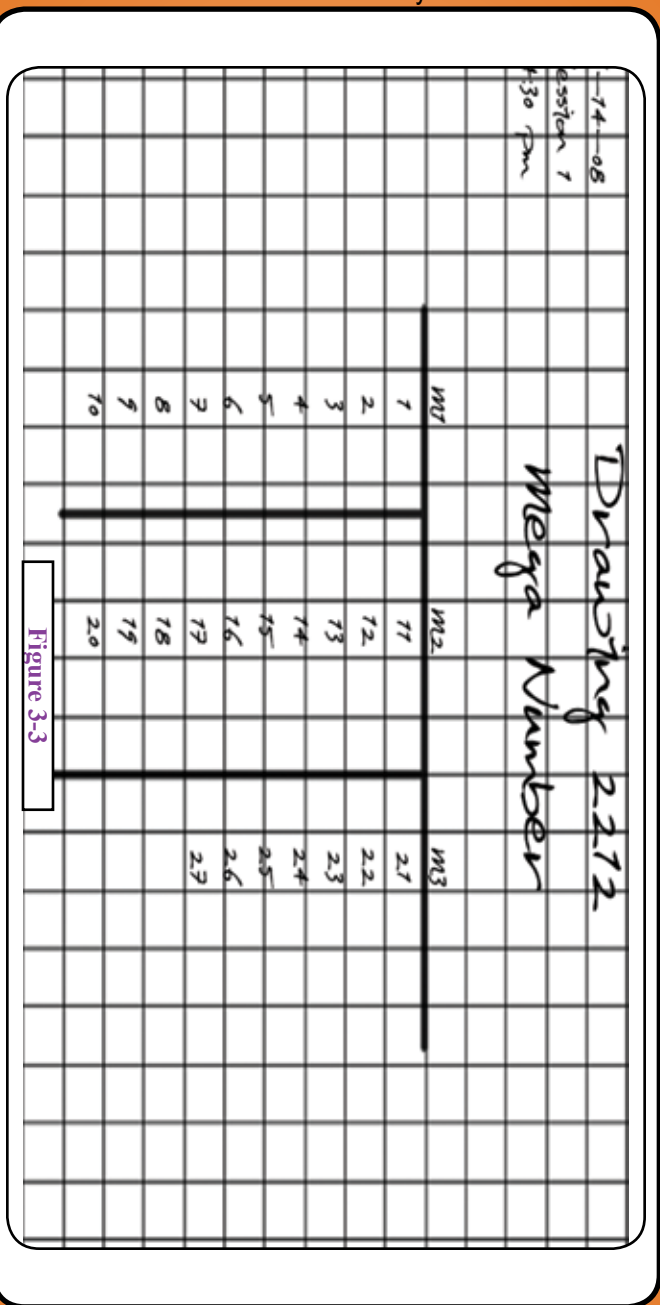


Figure 3-2.
Top - Center of mega number dowsing sheet.

2. The mega number is picked from a pool of twenty-seven numbers, that is, one through twenty-seven. Start by creating a table with three columns of nine rows.

Next, title the first column "M1"; it will contain the numbers one through ten. Then, title the second column "M2"; it will contain the numbers eleven through twenty. Finally, title the third column "M3"; it will contain twenty-one through twenty-seven. See [Figure 3-3](#). Save the worksheet and move on to the first five picks worksheet



The First Five Picks Worksheet

In SuperLOTTO, five numbers are always drawn first. These numbers come from a single machine containing a total of forty-seven numbers. The mega number, which has its own machine, contains twenty-seven numbers. Dowsing the first five numbers of SuperLOTTO works exactly the same way as dowsing the mega number. All five numbers will be included on the same worksheet.

1. Take a piece of graph paper and write down the date, time, and session number in the upper left-hand corner as shown in [Figure 3-4](#). SuperLOTTO has an identification number for each draw; in the top center of the page, write down the identification number for the lottery drawing you are dowsing. Underneath the identification number, write down “first five picks” or something that identifies what you are dowsing. See [Figure 3-5](#).

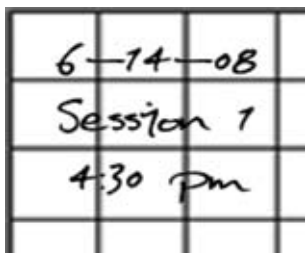


Figure 3-4
Upper left
corner

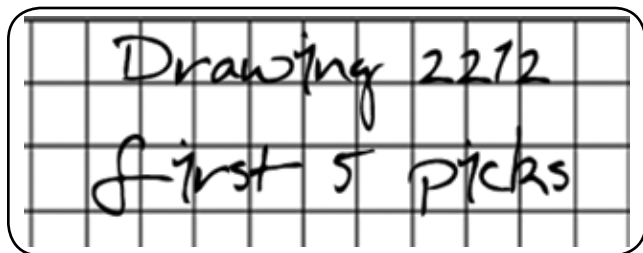


Figure 3-5 Top-Center

2. Create your tables just as you did with the mega number, but instead of using twenty-seven numbers, use forty-seven numbers. See [Figure 3-6](#).

I suggest that you create five columns and divide the numbers up as follows: Column A will contain numbers one through nine, Column B will contain numbers ten through nineteen, Column C will contain numbers twenty through twenty-nine, Column D will contain numbers thirty through thirty-nine, and Column E will contain numbers forty through forty-seven. You are now ready to begin dowsing the tables for winning numbers.

*Drawing 2212
of first 50 picks*

	A	B	C	D	E
1	1	10	20	30	40
2	2	11	21	31	41
3	3	12	22	32	42
4	4	13	23	33	43
5	5	14	24	34	44
6	6	15	25	35	45
7	7	16	26	36	46
8	8	17	27	37	47
9	9	18	28	38	
		19	29	39	

Figure 3-6

CAUTION: Remember to follow all pre- and post-dowsing procedures prior to dowsing!

Dowsing the Mega Number

1. Start by asking the pendulum if it knows the winning mega number for drawing “XXXX”. Let the XXXX be the lottery drawing number you are trying to pick numbers for. Say, “Pendulum, do you know the winning mega number for drawing XXXX?” You should get a “yes” response from your pendulum.
2. Next, ask the pendulum if it will help you pick the winning mega number for drawing “XXXX”. You should get a “yes” response.

Now, start with Column M1 and ask the pendulum, “Pendulum, does Column M1 contain the winning mega number for drawing XXXX?” The pendulum should either swing in the “yes” direction or in the “no” direction. Take note of how powerful the swing is. Is the pendulum swinging rather forcefully or hardly at all? Once you have your answer, stop dowsing and take your pen and write “yes”, “no”, “VSY” (very strong yes), or “VSN” (very strong no) under Column M1.

Move on to the next column. After all columns are complete your table should look similar to [Figure 3-7](#). Feel free to make up your own acronyms for pendulum responses.

M1	M2	M3
1	11	21
2	12	22
3	13	23
4	14	24
5	15	25
6	16	26
7	17	27
8	18	No
9	19	
10	20	

vsg vsg

Figure 3-7. An example where two columns received a yes response vice a single yes response.

3. Once you have completed a sweep of all columns, take the column with the “yes” answer and draw a horizontal line above the middle number, as to divide the column in two halves.

Ideally, you should only receive one “yes” response while dowsing the mega number.

If, by chance, you get more than one “yes” response, then proceed by drawing a line through both columns vice one column. For example, if you get a strong “yes” for columns M1 and M2, as seen in [Figure 3-7](#), which are numbers one through ten and eleven through twenty, draw a horizontal line above numbers six and sixteen, as seen in [Figure 3-8](#).

Again, the ideal situation is to receive a “yes” response for one column while dowsing the mega number, not two.

Now, begin dowsing again by asking the pendulum, “Pendulum, does the upper half of Column M2 contain the winning mega number for drawing XXXX?” You should get a “yes” or “no” answer. Stop the dowsing process and write a “yes”, “no”, “VSY”, or “VSN” next to the upper half of the column.

4. If successful, you will have effectively eliminated twenty-two of twenty-seven lottery numbers for the mega number drawing.

m1		m2		m3
1		11		21
2		12		22
3		13		23
4		14		24
5		15		25
6		16		26
7		17		27
8		18		No
9		19		
10		20		
	Vsg		Vsg	

Figure 3-8. Shows to columns divided in half. Ideally, you should only receive one “yes” answer vice two because we are looking for one number. This example is designed to demonstrate a less than ideal situation, which is likely to occur if you are new to dowsing.

Next, confirm your answer by dowsing the lower half of the same column. Ask, “Pendulum, does the lower half of Column M2 contain the winning mega number for drawing XXXX?” Write your answer just as you did for the upper half of the column.

Assume, for the sake of this example, that Column M1 was eliminated by dowsing two Very Strong No answers for the upper and lower half as shown in [Figure 3-9](#).

	M1	M2	M3
	1	11	21
VSN	2	12	22
	3	VSY 13	23
	4	14	24
	5	15	25
	6	16	26
	7	No 17	27
VSN	8	18	No
	9	19	
	10	20	
	VSY	VSY	

Figure 3-9. Shows column M1 completely eliminated as well as the lower half of column M2.

The next step is to take the set of numbers with “yes” responses and create a new table with two new columns.

For example, if the upper half of Column M2 gave you a “very strong yes” and the lower half gave you a “very strong no”, take numbers eleven through fifteen and create a new table with two new columns to dowse. Title the first column “M4” and include the numbers eleven, twelve, and thirteen. Create column “M5” and include the numbers fourteen and fifteen.

M4	M5
11	14
12	15
13	

Figure 3-10

5. Begin the dowsing process again by asking, "Pendulum, does Column M4 contain the winning mega number for drawing XXXX?" Make sure to stop dowsing after each question and make note of the response by writing it underneath the column. Proceed with Column M5 by asking the same question.

6. Hopefully, you received a "very strong yes" for one of the two columns and a confirming "no" for the other column as seen in [Figure 3-11](#). For example, say that Column M4 gave you a "very strong yes" and column M5 gave you a "very strong no".

7. Take the column with the "yes" answer and create yet another new table with the appropriate number of new columns and start the procedure over.

For example, Column M4 gives you a VSY, take the numbers eleven, twelve, and thirteen, and create three new columns, see [Figure 3-12](#). Each column will have one number. M6 will contain the number eleven, M7 will contain the number twelve, and M8 will contain the number thirteen. Start the process over by asking, "Pendulum, does Column M6 contain the winning mega number for drawing XXXX?" Dowse all three columns until you get a "yes" response. This will conclude dowsing the mega number.

M4 M5

11 14

12 15

13

Vsy Vsn

Figure 3-11

M6 M7 M8

11 12 13

Figure 3-12

M6	M7	M8
11	12	13
No	yes	No
Mega Number = 12		

Figure 3-13. An example of what the final step would look like. Through a process of elimination, a large set of numbers can be reduced to a very small set and produce remarkable results.

The previous examples are ideal, where “very strong yes” and “very strong no” answers are received. This is rarely the case and does not guarantee the correct winning lottery number. Typically, it does indicate a close proximity to the winning number. More dowsing sessions help to triangulate the winning number. No thanks to conscious influence, it is incredibly easy to receive false answers. The idea is to become better equipped, through practice and meditation, to encourage those “very strong yes” and “no” answers and help eliminate the weak responses.

Dowsing the First Five Picks of a Draw

Dowsing the first five numbers is done the same way as the mega number, but instead of dowsing one number in three columns, you are dowsing five numbers in five columns.

1. Start by asking your dowsing pendulum if it knows the winning lottery numbers for drawing "XXXX". Let the XXXX equal whatever lottery drawing you are trying to pick numbers for. Say, "Pendulum, do you know the winning lottery numbers for drawing XXXX?" You should get a "yes" response from your pendulum.

2. Next, ask your pendulum if it will help you pick the winning lottery numbers by saying out loud, "Pendulum, will you help me pick the winning lottery numbers for drawing XXXX?" You should get a "yes" response.

3. Start with Column A and ask the pendulum, "Pendulum, does Column A contain a winning lottery number for drawing XXXX?" The pendulum should either swing in the "yes" direction or in the "no" direction. Take note of how powerful the swing is. Is the pendulum swinging rather forcefully or hardly at all? Once you have your answer, stop dowsing and take your pen and write "yes", "no", "VSY" (very strong yes), or "VSN" (very strong no) under Column A.

4. Continue the same process with columns B through E, just as you did with Column A. After you have completed a sweep of all columns, take the columns with “yes” answers and begin reworking them like so: If, for example, you receive a “very strong yes” (VSY) for Column A, return to Column A and ask the pendulum, “Pendulum, does Column A contain more than one winning number?” The pendulum should give you a “yes” or “no” response. Remember to stop dowsing long enough to write down your answer, doing so underneath the column. Work each remaining column the same way until you have figured out how the five winning numbers are distributed. See [Figure 3-14](#).

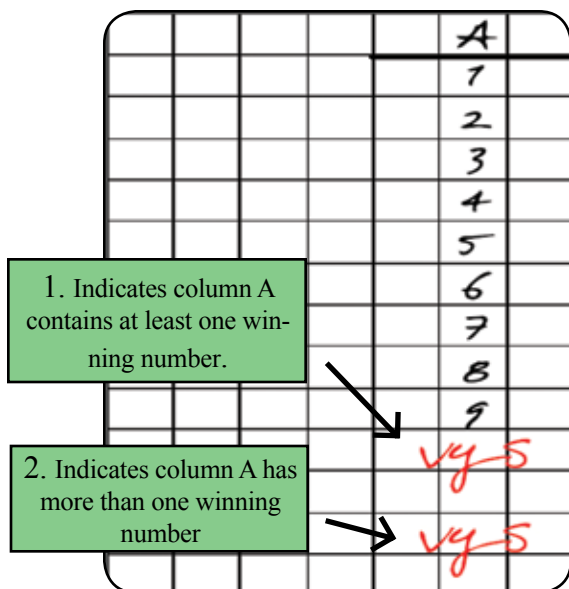


Figure 3-14

5. By now, you should know which columns contain winning numbers and how many winning numbers are in each column. What we have yet to discover is where in these columns the winning numbers reside.

Begin by drawing a horizontal line through the middle of your suspect columns. For example, if you get a strong “yes” for Column A, which contains numbers one through nine, draw a line above six, which will effectively cut the column in half, albeit not perfectly, since there is an odd number of numbers in this column.

Now begin dowsing by asking the pendulum, “Pendulum, does the upper half of Column A contain a winning lottery number for drawing XXXX?” You should get a “yes” or “no” answer. If the previous step indicated that Column A had, say, more than one winning number, continue asking the pendulum if the upper half contains more than one winning number. You can do this until you receive a “no” response. Stop the dowsing process and write “yes”, “no”, “VSY”, or “VSN” next to the upper half of the column. See [Figure 3-15](#) as an example.

Next, confirm your answer by dowsing the lower half of the same column. Ask, “Pendulum, does the lower half of Column A contain a winning lottery number for drawing XXXX?”

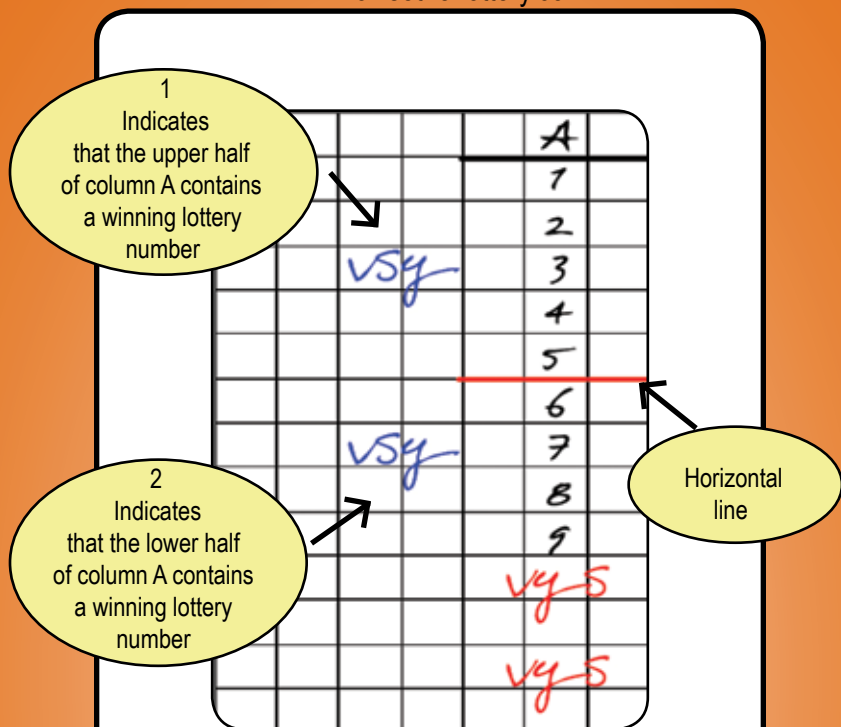


Figure 3-15

1. VSY (very strong yes) is written next to the upper half of column A once the dowsing pendulum has strongly identified a winning number in this area.
2. Likewise, the lower half of column A is treated the same. In this example, the dowsing pendulum has indicated a winning number in the lower half as well and is written to the left of the lower half of the column.

Write your answer, just as you did in the upper half of the column. Continue this process with the remaining columns.

6. If successful, you will now know which columns contain winning lottery numbers, how many numbers are in each column and where in each column the winning numbers reside. The next step is to take the upper and lower sections with “yes” responses and pull them out of their current column so that new tables with new columns can be created for these numbers.

For example, if the upper half of Column A gives you a “very strong yes” and the lower half gives you a “very strong yes”, this is an indication that both sections contain a winning lottery number. Start by concentrating on one section of Column A at a time.

Start with the upper half. Take numbers one through five and create a new table with two new columns. Title the first column “A2” and include the numbers one, two, and three. Title the other column “A3” and include the numbers four and five. See [Figure 3-16](#). Work through both columns until you achieve a single number.

Afterward, return to the lower half of Column A and repeat the process. You will now have two picks from Column A. This leaves three remaining numbers after you complete Column A. Repeat the process until all five numbers are collected.

	A2			A3	
	1			4	
	2			5	
	3				
	VSN			yes	

Figure 3-16

Divide the upper half into two columns then eliminate one side with your pendulum

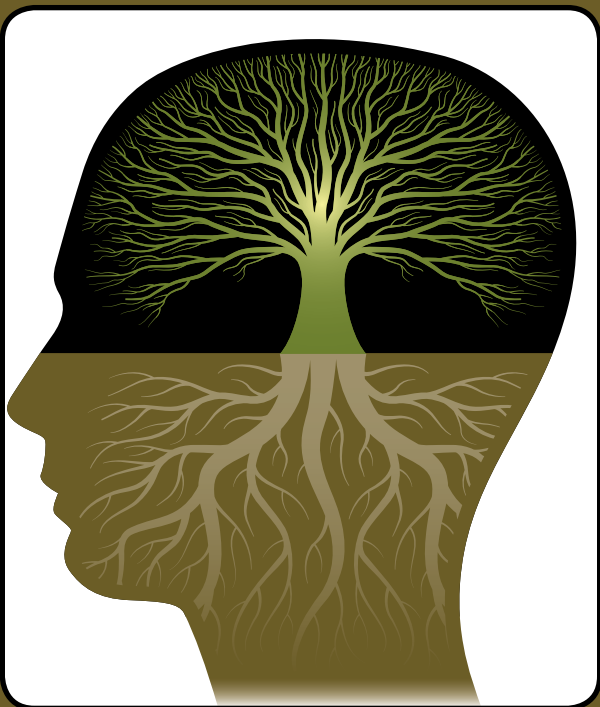
	A4			A5	
	4			5	
	NO			yes	

Figure 3-17

Finally, create two new columns using the numbers from column A3 and dowse them the say way as before. Hopefully, if all goes well, you will yield a winning pick.

The next step in this example would be to repeat the process again for the lower half of column A.

CHAPTER 4



Grounding

The nonphysical component of our being contains what is called an etheric body. This etheric body contains centers of energy called chakras. Our chakras are distributed through out our etheric body, with seven major chakras running up the base of the spine to the top of the head. These energy centers represent physical, emotional, and psychical aspects of our being. Most diseases, stress, and psychological problems are often said to originate from energy blocks in our etheric body. By ignoring the impeding mechanisms that prevent ample flow of pranic energy into and out of our etheric body, we are disabling ourselves.

Stress is the number one symptom of poor energy flow. The medical community is just now catching on to the adverse affects of stress both physical and mental. Stress can kill.

Meditation is a good way to activate these energy centers and reduce stress. You might find that consistent meditation not only alleviates stress; it also influences positive physical and mental changes, such as the need to eat healthier and drink more water.

At first, you might find the emotional changes a little too much to handle. That is, once certain energy centers begin flowing properly, surges of pranic energy overtake the body. Most newcomers are not used to such energies and need time to adjust. This is where grounding comes into play.

Grounding serves another purpose as well. We do not know a great deal about the nonphysical component of our being. What we do know is that, once we get involved in opening up energy channels, we make ourselves susceptible to other influences, influences that can be negative in nature and potentially dangerous.

For example, if you begin energy work through meditation and begin stimulating dormant chakras, you effectively become a beacon of light on a dark night.

Our thoughts and feelings radiate a type of energy that's apparent on the nonphysical plane. We have a kind of mental radio that can easily change frequency with our thoughts and feelings. Thoughts of love and God will raise these vibrations/frequencies and you will hopefully find your spiritual self in harmony with the universe.

Likewise, negative thoughts and emotions can lower the vibration, leaving you susceptible to lower, earthbound influences, such as those who are unaware of their passing, perhaps too frightened to move on. It is often said that this type of energy will latch on to familiarity.

For example, an alcoholic or drug abuser playing with a pendulum will easily attract an earthbound entity familiar with alcoholism or drug

abuse. The cliché “misery loves company” holds true in this fashion and could pose a danger for the dowser.

After you have activated your energy centers, you’ll most likely become aware of other people’s energy, both positive and negative. You’ll identify positive people with positive energy just as quickly as the negative people with negative energy.

You may already know someone who carries around a bad vibe or a person who is a real “drain” and no fun to be around. These particular types of people are often referred to as psychic vampires. These people are usually pessimistic in nature and can be real downers. You will most definitely feel the effects of these energy drainers, and until you learn to ground yourself, you will find interactions difficult.

Learning to live with the negative is a compromise you’ll have to accept. The good news is that protection is as simple as visualizing yourself surrounded by white light or creating an imaginary shield around your being. This might sound far-fetched but, believe me, thoughts are energy and imagination is a strong defense mechanism against malevolent energy.

What is Grounding?

Grounding is a technique used to “pull one back to earth,” so to speak. It helps cope with stress and relieve anxiety. It puts one in a positive frame of mind, thereby changing that mental frequency to something more positive. Think of grounding as both a shield and an anchor. You’ll feel more stable and you’ll be more protected.

Grounding Tutorial

Any time you feel anxiety or stress, practice this technique. You should also do this technique directly after you meditate, prior to a dowsing session.

1. Sit comfortably in a chair and close your eyes. Begin by taking deep, relaxing breaths. Inhale deeply through your nose, hold for one second, and release the breath through your mouth. This is called pranic breathing. You will develop a natural rhythm with time.

2. Continue your pranic breathing and shift your awareness to the bottom of your feet. If you are barefoot, become aware of how the floor feels pressed against your feet. Feel the interface between the bottom of your feet and the floor.

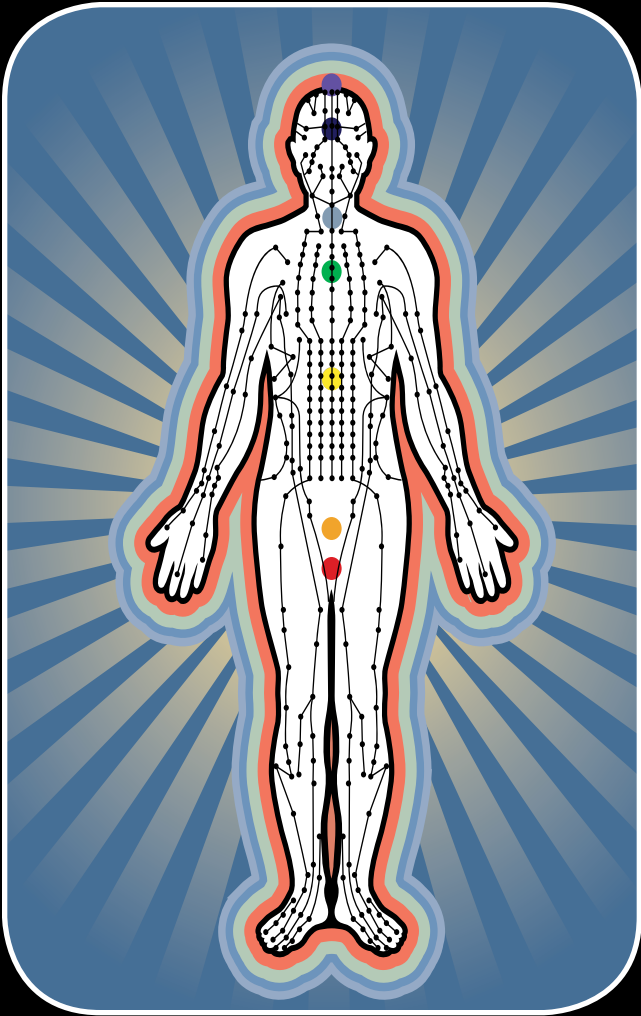
3. Now, imagine roots growing out of your feet and into the ground. Visualize the roots moving through the floor, and deep into the Earth's nutrient-rich soil. Imagine these roots anchoring you to the floor, thereby keeping you safe and grounded.

4. Imagine white light, beautiful and vibrant energy coming from deep within the Earth and up through your roots. This energy feeds your body and fuels your energy centers with positive love energy.

5. Now, visualize grayish-colored smoke exiting your body through your mouth with every exhale. Each deep inhale delivers fresh pranic energy, allowing for more positive white light to travel up your roots and into your feet, nurturing your body and mind. With each exhale, feel stress and anxiety leaving your body.

6. After two or three minutes, say out loud, "I am surrounded by bright, white light; I am protected by love and positive energy. Negativity is not allowed here." This completes the grounding procedure.

Chapter 5



Meditation

Meditation is a powerful tool used to calm the mind and awaken psychic ability. Meditation is a doorway to a whole new world of experiences. Newcomers feel calmness and tranquility after a good meditation, while experienced practitioners often feel transported to new worlds, reaching a deeper level of consciousness.

Meditation can take many forms and there is no single way to meditate. I will offer what works for me in this tutorial. What works for you could be completely different. I suggest you research alternative meditating methods and learn as much as you can.

Meditating can be a bit frustrating at first. It will appear as though you spend more time trying to stay focused, fighting what appears to be an endless battle of conscious mind chatter. When you think you have your mind quiet, you find yourself talking to yourself again. This is normal. I suggest you accept that meditation takes time and practice, and that you will not master the process in one session. The more you meditate, the better you will get, and the easier it will become. A person who meditates twice a day will likely see results quicker than a person who meditates once a day.

Both dowsing the lottery and meditating should both be done in a quiet, dimly lit room with absolutely no distractions. Make sure to change into loose and comfortable clothing prior to meditating.

Also, shower or bathe prior to a meditation. Not only does this help to relax and make you comfortable but these ritualistic practices also help to achieve the right frame of mind, which is important if you are to make effective use of your time.

Also, make an attempt to meditate and dowse around the same time and location each day. Have a window slightly open to allow fresh air into the room. Fresh air, brings with it, fresh pranic energy.

This universal pranic energy is important and helps facilitate communication with the nonphysical component. It may also serve as a conducting medium for the nonphysical component.

Quick and Easy Meditation Tutorial

I find that wearing headphones and listening to music composed specifically for meditating to be the most useful when meditating. It gives me something to focus on while blocking out any distracting noises around me. You can find meditation music online fairly easy and it is rather inexpensive.

1. When I begin meditating, I lay down on an extra bed in a second bedroom in my home. It is quiet, the door is closed, and the window is open, allowing fresh air into the room. With my headphones on, I begin my pranic breathing by taking in deep breaths through my nose, holding for a second and then releasing. Over time I have developed a natural rhythm and it becomes almost second nature.

2. I then begin by devoting my attention to the music. I quiet the little voice in my head and simply listen to the music.

To reiterate, you will find the little voice in your head hard to quiet down and the moment you think you have made it quiet, you're talking to yourself again. This is natural. Simply acknowledge the voice and let it fade. Continue to focus on the music and remember to keep your breathing steady and focused.

3. I then begin working to relax the muscles in my body. I start by focusing my awareness on my feet. I slightly tense my feet and then release the tension. This tells me that my feet are relaxed. I work my way up to my calves by slightly flexing my calf muscles and then releasing. This tells me that my lower legs are now relaxed. I then move to my upper legs and slightly flex my upper legs to acknowledge the slight tension.

I release the tension and become aware of my relaxed legs. I move on to my stomach by slightly flexing my stomach muscles and releasing.

My chest comes next. I flex my chest and release the tensions in my chest. I find that I clench my jaw; this is a sign of stress in most people. If my jaw is tense, I relax it.

I then move on to my shoulders by slightly tensing and releasing. I Move down my arms in the same fashion until my full body is relaxed and free of tension.

4. Once my body is relaxed, I return to focusing my awareness on the music and my breathing. I continue for at least thirty minutes before slowly returning to a conscious, awakened state of awareness.

You do not have to follow my exact order; just remember to work through the muscles in your body until your whole body is relaxed.

If you are new to meditating and a half hour seems too long, start out with five- to ten-minute sessions. Do not force the meditation; if you are thinking about how much time is left while meditating, then you are not meditating. Time should be irrelevant and meditation should be pleasurable. If it is not, it is pointless.

Meditating can seem difficult at first. The brief meditation I described above is merely the tip of the iceberg. Study the art for yourself and seek out guided meditations and visualization techniques to help you hone the skill.

The idea, as it relates to dowsing the lottery, is to calm the mind long enough to reduce the impeding effects of a noisy mind. I believe this tutorial is suitable and serves this purpose.

Chapter 6



Closing the Session

Closing the session is perhaps one of the most important steps in completing the dowsing process and refers to comparing your results with the results of the lottery. I suggest you start a logbook so you can document your findings during the closing process. This also gives you the opportunity to review past sessions for future reference.

When you compare your results with the actual winning numbers, you do two things:

1. You learn to grade yourself as a dowser by reflecting on the previous sessions; you look for hints and clues that lead or mislead you.
2. You close off the mental connection to the session, which can influence your dowsing process, regardless of time.

The first thing you should look for in closing a session is, of course, whether or not you won the lottery. In California, if you pick the mega number and one of the first five numbers you win two bucks. It's not a million but it is still considered winning.

Look at your results closely and begin comparing the winning numbers with the tables you created.

The next couple of sections will explain how to close the dowsing worksheets.

For sake of simplicity, the next few sections explain a single mega number worksheet and a single first five picks worksheet. If you were to dowse two or more sessions, you would work through all session material the same way.

Closing the Mega Number

With the mega number dowsing worksheet in hand, compare the column of the winning mega number with the column of your pick. Did you pick the correct column? Think about your feelings when you picked the column. Were you unsure or were you absolutely positive you had the correct column when you dowsed it? What kind of response did you get from the pendulum? Was it a “very strong yes” response? How about the other two columns? Were there any “strong no” responses? Not all answers will be very strong “yes” or “no” responses.

On a side note, pay close attention to the answers you receive from the pendulum when you are dowsing and try to be as honest as possible when recording them. That is, if you get a weak response, note that you got a weak response. Learn to trust your intuition and record what you feel is correct. Do not exaggerate your responses as they will hinder your ability to close properly.

The idea in closing is to get a sense of what you’re feeling and how you are doing it.

You might hit the mega number on the first try or you might get close. Closing helps you identify mistakes and correct for future dowsing sessions.

When you dowse the lottery, perform at least two or three sessions prior to purchasing a lottery ticket. If you manage to produce more than one session, you should include all your worksheets in the closing process and review each particular session.

Closing the First Five Picks of the Draw

Next review the first five picks. Do so by comparing your first five picks the same way you did the mega number. Start with the larger table containing columns A through E. Observe the winning lottery numbers and where they sit relative to the columns you selected. Try to recall how you felt when you dowsed the columns and make notes of the dowsing responses you wrote down.

As you move along in closing your session, try to conjure up any thoughts or feelings you had while dowsing the worksheet in front of you. It can be hard recalling particular worksheets, especially if you worked two or three sessions, but try anyway. You will find that future dowsing sessions will become easier to recall as you make yourself aware of your feelings during your sessions.

Continue to work your dowsing sheet, look at the winning lottery numbers as they compare to the upper and lower sections of each correct column. Did you pick any of the upper and lower sections correctly? Look at the responses you received from the pendulum at the time. Were they strong, were they weak? Did you get any response at all?

Once you have worked through your dowsing worksheets and you have identified some peculiarities, some direct hits, and perhaps a few that were nowhere close, you can now officially close the session. Go ahead and staple the sheets together and write on the front page "CLOSED", followed by the date on which you closed the session. This simple and absolute step reaffirms in your mind that the session is officially closed.

Chapter 7



Picking from the Pool

Picking from the Pool

Dowsing the lottery is both an art and a science; that is, it is not as simple as dowsing the numbers and walking down to the grocery store and buying a million-dollar ticket. What you might find is that sometimes you'll hit one or two numbers dead on, followed by one or two numbers in very close proximity. And then, of course, there is the occasional number or two that lands out in left field somewhere.

The reason for dowsing multiple sessions prior to a lottery drawing is because of this proximity effect. This method will effectively eliminate greater than fifty percent of the numbers in a lottery pool, at least in my experience. If you had a really good session, you will actually pick a winning number, perhaps even more. As of this writing, this method will not pick every single winning lottery number for you.

There have been times when I had picked the same number twice over two or three dowsing sessions, only to find that the number was off by one digit or so from a winning number. Two things come to mind. Perhaps I recalled a previous session's picked number and, as a result, I somehow subconsciously dowsed my way back to that particular number. Or two, the dowsing pendulum really thought the dowsed number would

be a winning number, which seems to indicate that perhaps some form of thought entanglement is preventing proper retrieval.

This valuable insight, that is, noticing that I often pick numbers in close proximity to the winning number, has led me to include these close proximity digits in my final dowsing table which you will learn about momentarily.

When you play California SuperLOTTO, you are given a sheet that allows you to play up to five times in one play. That is, you can fill out five different combinations, pay five dollars and get five plays at the lottery. You can, of course, spend as much money as you want, but I stick with just five dollars. If the mega number returned any VSY results, I'll use that number as a mega number for at least three of the five plays. I will use any VSY numbers more than once throughout the five plays, followed by random numbers from my final pool of numbers. This would complete my five plays and then I would head down to the store and buy a ticket.

Picking numbers

Here is an example you might want to try I suggest you experiment and create your own technique and see if you can find something that works better. Also, prepare yourself, follow the pre and post dowsing procedures when handling your pendulum.

1. Perform a series of dowsing sessions that produce potential winning numbers.

2. These numbers are the cream of the crop. If you dowse three sessions over the course of week, you will likely end up with thirteen to fifteen unique numbers for the first five picks of the draw and three different mega numbers. Not usually, but sometimes, I will find that I hit one or two of the same number between the three sessions resulting in thirteen to fifteen unique numbers. The same holds true for the mega number. Take these numbers and set them aside, you will be using them in a later step.

3. Next, consider including the numbers next to the selected picks in your dowsing sessions. That is, when you select a final number from a give column, your are left with two or three numbers to pick from, consider these numbers as well in your pool. There is nothing more frustrating than dowsing the number twenty four and learning later that the winning lottery number was twenty five. So, include the numbers in closest proximity to the number you dowsed.

4. Take your dowsed numbers from step two and the close proximity numbers from step three and create a new table to dowse from. Dowse this new table just as you would any first five picks table.

Through a process of elimination you will find five more solid candidates to put on your ticket. Most likely you will have a couple repeat numbers from earlier sessions. This is promising.

Always keep your mega numbers separate from the first five picks numbers.

After the lottery is over, I close this final worksheet along with my earlier sessions. More often than not, four out of five winning lottery numbers are included in the pool of numbers created using the previous four steps.

Chapter 8



Conclusion

Dowsing the lottery holds truth. This method is a simple demonstration of our current lack of understanding with respect to space, time, and consciousness. We all know how capable and remarkable the human mind is. With practice and determination, we can do just about anything. We can even train ourselves to utilize certain functions which we thought did not exist.

In its current state, this dowsing method serves as a means of reducing the number pool for any particular lottery. It does not guarantee perfect picks every time. Use this method to your advantage, incorporate it into your system, refine it, and make it better.

The Steps

I have included a list of steps for you to follow. Hopefully, once you have practiced meditation and grasped the dowsing concept, you can begin working the lottery numbers without the aid of this guide. For now, continue to learn and follow these simple steps:

1. Prepare a quiet and comfortable work environment in which to dowse. Try to eliminate all distractions. If you are distracted, you are wasting your time.

2. Begin creating your dowsing worksheets. These should be created prior to any meditation.

3. Begin your meditation. Find what works for you. Use the method I outlined here or seek out a meditation method that you feel comfortable with. The important thing to keep in mind is that the meditation is honest and not rushed.

4. Follow the grounding procedure. This procedure will help keep the anxiety down and will protect you against unknown variables. Again, there is a lot we do not know about the environment in which we are working, and I am not talking about our physical environment. Take the “better safe than sorry” approach.

5. Begin the dowsing session by working the mega number worksheet. Make sure to take brief breaks if you feel you are getting nowhere with the pendulum. Do not forget to stop and write down your responses, which also serves to reset the pendulum. When finished, hide the worksheet and do not attempt to memorize or recall the number you picked. You do not want to walk into tomorrow’s dowsing session remembering what you picked the day before. The conscious mind can use this to its advantage and this is not good for your results.

6. Work the first five picks worksheet. Dowsing the first five picks just as you did the mega number. Pay close attention to your thoughts and feelings, just as you did while dowsing the mega number.

Conceal the worksheet once it is finished; put it in a safe place, away from plain site. Do not tabulate the numbers, do not stare at your supposed winning picks, do not memorize or focus on your picked numbers.

7. Repeat the dowsing process two or more times, up until the day of the lottery. After you have dowsed all the sessions, then begin reviewing your worksheets. Look at your picks and begin creating a list of numbers you wish to play.

8. After the lottery has occurred, begin closing the session by reviewing your results and comparing them to the winning numbers. Walk through each session and compare and contrast your results. Make notes of feelings you had or have. Look at your picks and pay attention to the steps that forced you to deviate and pick the wrong number. Make plenty of notes, keep a logbook and re-view your notes often. Finally, mark "Closed" on each worksheet and file your sessions in a folder somewhere.

Final Thoughts

I wish you much success in dowsing the lottery. And after reading this guide, I hope you come away with more than just winning lottery numbers. Become spiritual, learn to live in positive light and work to be better. Be happy and take life's lessons with appreciation and respect. Remember, if ev-

everything went our way, we would probably not be here to begin with. This is not to say that, if we understand the orders of operation or the way things work, we cannot reward ourselves by allowing the universe to work in harmony with our being.

The universe wants what's best for you, and I can almost guarantee that if you allow it, it will reward you with winning lottery numbers. There is nothing out there saying that you can't have it. It's a matter of unlocking the mystery and seeking the answer.

Write down your goals and aspirations in your logbook. Review those goals and aspirations. Have motivation and drive to succeed. Even if you do not win the lottery, at least you will have a firm footing on where you sit.

We are all here for a reason and that is to learn and experience. We learn about ourselves and each other. We come seeking particular experiences, so that our souls may mature. The death of a loved one and the gift of life, the good experiences and the bad ones, we all walk away with something when we transition from this plane of existence to the next.

Keep positive, work on your meditation and dowsing, and be good to each other.