

Automatic Intuition Instructions

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Automatic Intuitive Response

Psychic Development Classes in Divine Dialoguing and Communicating with Spirit

Talking to Your Spirit Guides

How to Prepare for the Class and the Attunement

There are three mp3 audio files included in this course:

- 01 Talking to Your Spirit Guides – Introductory Pep Talk
- 02 Talking to Your Spirit Guides – Lecture on Vocalization Dialoguing
- 03 The Attunement – Guided Meditation for programming your power object

I recommend listening to the lectures first and then switching gears to do the attunement.

The first two lecture tracks will feature lessons where you may wish to take notes. At the end of the class, I will be guiding you through a special **Attunement**. The attunement is part guided meditation, part creative visualization, part healing prayer, part magic spell.

You will want to be somewhere quiet, private, and free of distractions.

Choosing, Clearing, and Charging Your Power Object

The attunement incorporates a basic magic principle of charging a sacred object to focus and empower your intention. This is perhaps the most mystical facet of this course. But understand that the contemporary definition of the word *magic* is *changing your reality through consciously changing your will*.

During the attunement part of this class, you're going to *program* or *charge* a physical object of your choice to represent your intentions of heightened awareness, increased clarity, and automatic intuition. Now, if this concept appeals to your inner child as a magic spell, wonderful -- but there's a simple explanation for how this works.

You can intentionally associate a state of mind or symbolic meaning with an actual object. By repetitively practicing your intuitive abilities in the presence of a physical reminder, you can support your conscious awareness with a subconscious association.

At least 24 hours before listening to the class choose an object to be programmed during the attunement.

What kind of object should it be?

Absolutely ANYTHING -- but portable is especially useful. Choose something that you're not already using in another mystical, magical context to ensure this sacred object works with the exercises and practices in this class. (If you're experienced with charging objects for ritual use, and you already have a beloved power tool that can accept additional programming, by all means, use it.)

I have charged objects planted all over my personal environment -- rings that I wear; stones or crystals or coins that I carry in my pockets; feathers I find; cool sticks or dried flowers...

What the object *is* exactly or the lore associated with it is not as important as the significance you wish with which you empower it. To really drive this home, I've taught people to charge the homeliest, most common little twig they can find in their backyards.

Highly Recommended...

- **Jewelry** - rings are especially nice because they work with the hand extensions of the heart chakra; a necklace or bracelet or special earrings.
- **Crystals or stones** - this can be a stone with known metaphysical properties, or it can literally be a funky little piece of gravel you find on your sidewalk.
- **Old keys** - everyone has old keys that are still hanging around in drawers or toolboxes; you may not even remember what they are meant to unlock. A literal key would be nice because it plays on multiple levels, considering the context it will be used; it can be carried on a key ring along with the regular daily contents of your pocket or purse.
- **Coins** - have a cool foreign coin, a strange old penny, or a coin you discover in response to this assignment? It doesn't have to be "worth" anything; you will be reviving its worth -- assigning its worth -- in a whole new way.

- **Feathers** - in many cultures, feathers are associated with the spirit world. Finding feathers is a common signal your personal guardian angels will use to remind you of their presence. Feathers are a bit fragile though...

Not recommended...

- Do not choose a talisman or tool you use for something else. Many of you currently work with pendulums or runes or decks of oracle cards -- I do not recommend using any divination object you already employ in another context. Choose a *virgin* or unused object.
- Do not choose a personal object belonging to a recently departed person. These types of belongings carry the energy of their owners, which you may not want to erase or rewrite. Save those objects for psychometry or using them to communicate with those you've known who've crossed over.
- Candles are a so-so choice; I encourage you to light candles when you do intuitive work, but they are temporary, fragile, and not necessarily portable or immediately accessible.

Make a game of it

There is no right or wrong object to choose -- Hell, it can be a paperclip or a pinecone! If you don't have something handy, before you listen to the Attunement, go on a quick scavenger hunt. Go through a junk drawer, the garage, or take a little walk outside and ask your guides to put something appropriate in your path.

You'll know it when you see it!

Place your chosen object in a dish of kosher salt overnight. This will remove any negative vibes, erase any prior energetic associations, and prepare your object for charging during the attunement.

Have it handy when you sit down to listen to the attunement track.

A handwritten signature in black ink that reads "Slade". The signature is written in a cursive, flowing style.

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