## **Mayan Calendar**

http://www.2012.com.au/unlimited.html



A key truth is that there is a DIVINE PLAN. The future belongs to those that trust in the process and are willing to go with the divine plan. The main tool for understanding this plan is the Mayan calendar.

The truth about the Mayan calendar is really not difficult to understand. The problem is only that we have all been conditioned by a materialist mind that makes us look for the ultimate explanations in the material reality rather than in the divine plan. Needless to say, many, especially in the West, have egos that find it difficult to accept that they are subordinated to a divine plan that can not even potentially be manipulated by physical means. - Carl Johan Calleman.

## **2012 Unlimited Philosophy**

1. Humanity and Planet Earth are currently going through a huge change or shift in consciousness and reality perception.

- 2. The Mayan civilization of Central America was and is the most advanced in relation to time-science knowledge. Their main calendar is the most accurate on the planet. It has never erred. They actually have 22 calendars in total, covering the many timing cycles in the Universe and Solar System. Some of these calendars are yet to be revealed.
- 3. The Mayan fifth world finished in 1987. The sixth world starts in 2012. So we are currently "between worlds". This time is called the "Apocalypse" or revealing. This means the real truth will be revealed. It is also the time for us to work through "our stuff" individually and collectively.
- **4.** The Mayan sixth world is actually blank. This means it is up to us, as co-creators, to start creating the new world and civilization we want now.
- 5. The Mayans also say that by 2012:
- [a] we will have gone beyond technology as we know it.
- [b] we will have gone beyond time and money.
- [c] we will have entered the fifth dimension after passing through the fourth dimension
- [d] Planet Earth and the Solar System will come into galactic synchronization with the rest of the Universe.
- [e] Our DNA will be "upgraded" (or reprogrammed) from the centre of our galaxy. (Hunab Ku)
- "Everbody on this planet is mutating. Some are more conscious of it than others. But everyone is doing it" Extraterrestrial Earth Mission.
- **6.** In 2012 the plane of our Solar System will line up exactly with the plane of our Galaxy, the Milky Way. This cycle has taken 26,000 years to complete. Virgil Armstrong also says that two other galaxies will line up with ours at the same time. A cosmic event!
- 7. Time is actually speeding up (or collapsing). For thousands of years the Schumann Resonance or pulse (heartbeat) of Earth has been 7.83 cycles per second, The military have used this as a very reliable reference. However, since 1980 this resonance has been slowly rising. It is now over 12 cycles per second! This mean there is the equalivant of less than 16 hours per day instead of the old 24 hours. Another intrepetation is we, or rather Consciousness have been down this same road seven times before over the last 16 billion

years. Each of these cycles of Creation runs 20 times faster than the last one. The same amount of Creation is paced 20 times tighter. This is why time seems to be going so fast. It is not "time" but Creation itself that is accelerating. (see Mayan Calendar Central)

- **8.** During the Apocalypse or the time "between worlds" many people will be going through many personal changes. The changes will be many and varied. It is all part of what we came here to learn or experience. Examples of change could be- relationships coming to an end, change of residence or location, change of job or work, shift in attitude or thinking etc.
- **9.** Remember, in any given moment we are making small and large decisions. Each decision is based on LOVE or FEAR. Choose love, follow your intuition, not intellect and follow your passion or "burning inner desire." Go with the flow.
- 10. Thought forms are very important and affect our everyday life. We create our reality with thought forms. If we think negative thoughts of others this is what we attract. If we think positive thoughts we will attract positive people and events. So be aware of your thoughts and eliminate the unnecessary negative or judgemental ones.
- 11. Be aware that most of the media is controlled by just a few. Use discernment! Look for the hidden agendas. Why is this information being presented to you? What is "their" real agenda? Is it a case of problem-reaction-solution? Do "they" create a problem so that "we" react and ask for a fix, then "they" offer their solution? The "solution is what "they" really wanted in the first place.
- **12.** Remember almost nothing happens by accident. Almost all "events" are planned by some agency or other. Despite this, it is a very exciting time to be alive!

The truth shall set you free!

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# MAKING THE NEW YOU

from 'Your First Contact''
by Sheldan Nidle
Illustrations by Miriam de Vera

Good day! This is your guide, Sandara, speaking.

So far, the journey into your ever-expanding consciousness has explored the reasons you stand poised at this important juncture in your reality. We are now approaching the part of this cruise that I most enjoy. As an exo-biologist, I have been schooled in the many aspects involved in transforming your present body into a fully-conscious one, or a 'New You'.

To birth this 'New You' involves a process that presently is integrating your Spirit (Full Self) with your physical self. A unique change in your physical body's RNA/DNA and in its current energy centres (or chakras) is occurring. These remarkable modifications will permit you to transform yourselves from your current state of limited consciousness to a state of full consciousness. At this point you may well ask: what is full consciousness?

Full consciousness is a wondrous state in which the realms of the physical and the spiritual are fully merged. You possess psychic talents such as telepathy (thought communicating), telekinesis (ability to move objects through thought), and clairvoyance (ability to see into the future). Moreover, with the inherent gift to vividly see the world of Spirit, you are able to converse freely with your beloved departed ones as well as with the Spiritual Hierarchy. In short, your now latent, Christ-like abilities become fully manifested.

One of the first steps in this multi-faceted process is for your local Spiritual Hierarchy to raise the frequencies of your mental, emotional, and physical bodies. This procedure increases your spiritual awareness and is one of the reasons behind the phenomenal explosion in sales of metaphysical and self-help literature and their related audio and videotapes. Likewise, a vast global movement is underway, transforming the many fields of healing and medicine. Thus, a firm foundation is being established for the entrance of a new paradigm into this present reality.

Dear Hearts, know that this star-ship is endowed with the marvellous ability to shrink to a size from which we can explore in great detail the interior and the exterior of your transforming body. In this way, we can view your changing subtle (or Light Body) fields. Before we begin this journey, I wish to say a few additional words about the ongoing nature of your transformational process.

With these preliminary steps underway, the Spiritual Hierarchy and we in the Galactic Federation are performing another group of fundamental operations. These procedures begin by purging much of the toxicity (negative emotional energies and experiences) that you have imperceptibly accumulated since childhood. Over the last few years, your local Spiritual Hierarchy has engaged you in an extensive series of gradual cleansings that are preparing your physical, mental, and emotional bodies for your coming transformation in consciousness.

Second, another series of related procedures <u>resets</u> the circuitry of your brain and reworks your neurological system. These processes initiate a series of new feelings or memory patterns within you. Often, they are expressed as a sense of memory loss or a feeling of general confusion about what is going on around you. We ask you, dear Hearts, to trust and move forward in your internal processing.

Bear in mind that what is occurring is a highly complicated operation designed to merge your spiritual and physical bodies. This important procedure is lightening the density of your body. Increasingly, your spiritual essence is being integrated into your physical body, causing frequent aches assorted pains, sudden fevers, bronchial, flulike symptoms, and intense headaches. In addition, you experience periods of severe fatigue, out-of-the-blue illnesses, and problems with your sight and/or hearing.

A primary reason for these difficulties is the incorporation of your multi-layered Light Body into the very core of your physical body. Your Light Body consists of fourteen layers of various subtle bodies, ranging from the etheric bodies that mirror your body's several energy systems to conscious life energy and life information energy bodies that are connected directly to your silver and gold cords. These many systems are holistic and require certain resonance patterns to be properly attached. To do this, we connect them layer by layer to your physical body.

You were born with only seven of these Light Body layers existing in your body. For you to become fully conscious, the numerous layers presently outside your physical body need to be affixed to your physical self. We have had to slowly adjust the many modifications to your physical body needed to complete this task. To do this, we have mirrored the electromagnetic activity of your Light Body with that of your physical body.

We began our complex operation in the areas of your head, hands, feet, and lower torso and then painstakingly worked our way inward. Owing to the holistic nature of your Light Body and the unprepared nature of your physical body, we have had to gradually alter your physical body to accept each additional layer of Light Body.

Adding to this project are the many thought-forms that you have inherited, either from your ancestors and your parents or from what you have created during this and various other lifetimes. We have resolved all of these complexities with a series of

specially applied resonance patterns, designed expressly for you and for the particular aspect that we were integrating.

This procedure, most significantly, has made you face many of the fears, anxieties, and denials revolving around what is actually happening to you. Your local Spiritual Hierarchy and the Galactic Federation of Light a (including your captain and her valiant crew) are very proud of you. We are profoundly certain that you will succeed in carrying out these most amazing transformations.

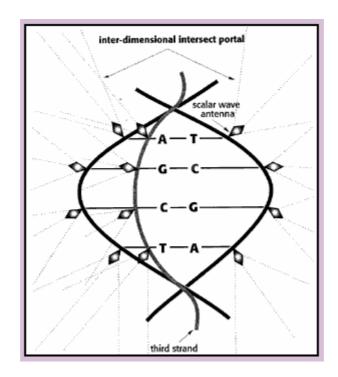
Before we take a closer look, please note that this integration entails the re-ordering of a number of your mental, emotional, subtle, and physical body fields. If you will all look out the observation lounge windows to your left, you can see that your body is made up of numerous, yet different, consciousness layers. As we pass by, observe how each layer is fluffed around your body like so many gossamer bands. Every one of these consciousness fields is being recalibrated to its highest and most appropriate harmonic.

Right now, you are living in a limited conscious state in which your physical body is mostly separated from your spiritual body. Your mind and various emotions are employed as the mediators between the two. This means that your capabilities as a sentient Being have been greatly curtailed. Your physical body has also been permitted to decay. Your creative potential exists with a high probability of being sabotaged by fear, vacillation, and self-doubt. This reality is a great burden each of you must bear, literally, from cradle to grave. You live in a society in which, to a great degree, your vast power and individual sovereignty have been given away to others.

We are now ready to embark on our first mini-tour of your body which will explore the rearrangement of your cellular RNA/DNA. Before our journey begins, let me give you some additional information about your RNAMNA. The unique protein strands that form you are extremely sensitive to Light. They possess a regeneration cycle that occurs while you are asleep. Originally, you had a twelve-strand RNA/DNA that provided you with a 48-pair base instead of your present 46-pair base gene structure.

During the last days of Atlantis, these twelve strands were manipulated into your current two-strand RNA/DNA. The scrambled RNA/DNA materials were housed in the separated centre strand, disconnected from the remaining two strands. A series of occasional catalytic interactions was substituted for its former numerous activities. Originally, many of your geneticists thought this third strand was a vestigial remnant of some primitive RNA/DNA. By the mid-1990s however, this belief had changed markedly. As you can see, there is quite a tale to be told.

# TWELVE-STRANDED RNA/DNA: A TWICE-TOLD TALE



Our narrative begins in the early 1950s when Doctors Watson and Crick make an epic discovery concerning the RNA/DNA double helix (see FIGURE 7). They find a third, separated strand in the centre of the double helix. Other researchers soon confirm their findings. At first, many geneticists postulate that this third strand is just protein detritus, a material left over from the more primitive evolutionary elements that originally created the human species.

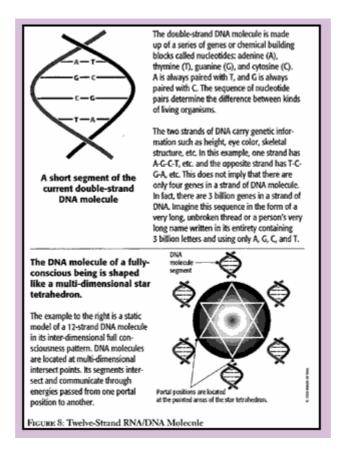
Nonetheless, by the mid-1980s, doubts began to be expressed about this concept. Many genetic researchers involved in the early study of the human genome determined that the third strand was starting to connect to the four ladders inside the double helix. This activating third strand displayed highly unusual properties. Its unexpected development suddenly called into question how human evolution had occurred.

Infants born with this activated third strand demonstrate very high intelligence and expanded psychic abilities, the most common of which is telepathy. Many babies are able to 'talk' telepathically with their parents, even warning them of potential danger. Initially, these children were rarely seen. However, since the early 1990s, more have been observed world-wide. At a special meeting in Mexico City in 1995, geneticists discussed this occurrence (now much more widespread) in secret.

In addition to these amazing children, a number of adults began to appear, globally, whose third strand is in the preliminary stages of reconnecting to the four ladders of the RNA/DNA double helix. By the mid-1990s, the situation had become more prevalent. During the 1995 Conference on Genetics in Mexico City, scientists debated whether to conceal this odd problem from the public or to give out false information, pending the completion of further studies. Many geneticists saw this phenomenon as the potential beginning of a new global catastrophe. They failed to see it as a portent of the ever-evolving integration of body, mind, and Spirit.

The first stage of your cellular genetic mutations consists of this third-strand phenomenon. Once this phase is completed, a second stage begins, initiating a multi-strand RNA/DNA (from three to five or even six-strand) and soon causing superb unification among your mental, emotional, and physical bodies. This stage ends when your genetic material is ready to transform itself into its final form: twelve-strand RNA/DNA.

DNA actually has a receptive 'quality. The protein itself is almost like a hologram, a fact that many geneticists (especially in the field of bioelectrical genetics) have discovered. They have found that if information is introduced into the wall of a cell, it is immediately brought within the cellular nucleus. A relationship exists between the cell wall and the nucleus that these scientists were initially at a loss to explain. Cellular interaction takes place, changing the amounts of various chemical reactions, proteins, and so on in the cellular structure and actually altering the metabolism of the body.

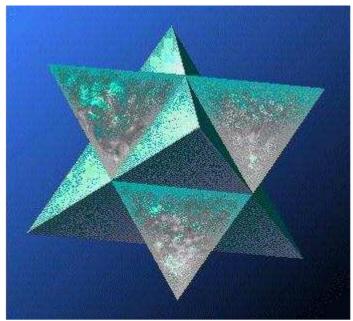


Both chemical reactions and genetic codes are involved in this process as well as facets of the gene structures that have yet to come online. With a change in consciousness, actual chemical changes occur. Restructured genes activate processes that can alter your physical structure. Previously, I have explained that the change in consciousness occurs at a physical, emotional, mental, and spiritual level which manifests as a cellular alteration.

Now you are equipped for the development of the magical RNA/DNA star tetrahedron! As we enter your RNA/DNA protein strands, carefully observe the fabulous light show. Pay attention to the energy bouncing from one strand to the

other. Notice how each special rotating antenna, located where the various protein ladders connect, brings this information-energy in from other dimensions.

The physical basis of your full consciousness is twelve-strand RNA/ DNA. This amazing organic Light material forms as a star tetrahedron that constantly spins and rotates on its six major axis points. In addition, the third strand in each of the six helices connects to (and continually weaves patterns of Light around) the central core of the star tetrahedron.



**Star Tetrahedron** 

Every day, your Sun transfers pure photon energy to Earth's atmosphere. One source of these patterns of Light is the Sun. Another is the constant transmission of inter-dimensional information- energy.

This second source of life-giving photon energy contains a great deal of data from your local Spiritual Hierarchy. Information is collected through the use of special rotating antennae found on the two strands that form the helix and located where each strand intersects with its four ladders. Here, a special series of vortices, created by the constant gyrations of the different elements in the star tetrahedron, makes this acquisition possible.

These sacred transmissions give your fully developed RNA/DNA the special codes they need to properly distribute your life force energy throughout this remarkable ever-changing star tetrahedron. In addition, these specially designed rotary antennae regulate the amount of photon energy present in each star tetrahedron and this way, your RNA/DNA receive its life-giving photon energy and then converts it into energies that your body's consciousness can easily process. Let us take another look at how this process operates.

Fully developed RNA/DNA interacts in very profound ways with your internal cellular structure. In the past two decades, your cellular biologists have discovered

that consciousness changes the nature (functioning) of the cell and its relationship with other cells in your body.

In this recently emerged field of 'quantum biology', consciousness (perception) can be observed to alter the health or even the daily interactions of cells. Full consciousness dramatically increases that same procedure. In this case, your consciousness interacts on the smallest levels of cellular biology. In effect, your body, mind, and Spirit are completely integrated -a transformation visible in the exchanges now occurring in your transmuting RNA/DNA.

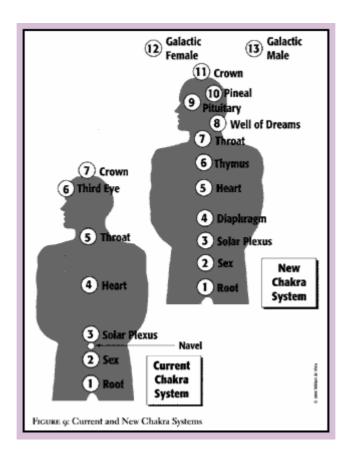
This amazing alteration in the state of your physicality necessitates the adoption of some new physical energy centres (or chakras) where the freshly integrated consciousness can reside. In our next mini-tour, you shall see how four new chakra centres are being added to your physical body. 'This currently evolving process has brought you to the very edge of creating a most extraordinary reality: 'Your New Chakra System'.

#### YOUR NEW CHAKRA SYSTEM

In the next stage of your physical body's shifting reality a realm of many vibrant prismatic colours and dancing energy patterns. Your body's chakra system can be viewed as an energy pattern of beautiful colours, circling each of its thirteen major energy centres. Imagine glorious combinations of reds, coral-pinks and vibrant light-blues, red-oranges and pale and day-glow greens, dancing together in marvellous ways. Picture each energy centre working with every other as one. Before we immerse ourselves in the observation of our chakras, let me briefly describe why this is happening to you.

Chakras (or your major energy centres) allow your transforming physical body to integrate its spiritual body and to function properly. To accomplish these complex procedures, your local Spiritual Hierarchy intends to bring four additional chakras online as soon as possible. These four new centres will permit you to manage the immensity of multi-dimensional information inherent in your new physicality. In addition, they will transform the other seven chakras, thereby allowing them to take on many new 'responsibilities'. Let us now engage our ship's unique 'miniature' drive and enter this changing life-energy system of your chakras.

To assist us in explaining your new chakra system in great detail, we have brought a special magnifying system online.



The first extra centre is at the diaphragm where your body's emotional memory system is currently located.

The second new centre is situated at the thymus where your body's immune system is presently regulated. (Fully-conscious humans possess a complete and very healthy immune system.).

The two other new centres are in the head. One (called the 'Well of Dreams') is found in the back of the head just above your medulla oblongata. It regulates the connection your consciousness has with information from higher dimensions. The other new chakra is located near the pituitary and is named after the master endocrine gland in the body.

Instead of the previous seven physical body centres, your transformed body now has eleven. This eleven-canter network has two additional inter-dimensional (etheric) centres located above the head. They are called the 'Universal Female' and the 'Universal Male'. In total, you will have thirteen primary or main chakras -two purely etheric and eleven that are part of your physical selves (see above chart). Let us begin the following portion of our mini-tour by describing these new and currently transforming chakras.

[1] The first chakra (root centre) is located at the base of the abdominal cavity. Its main purpose, however, is changing. This energy centre allows Mother Earth to attune your life force vibrations to hers. In effect, Mother Earth depends upon the resonance of her physical Angels to maintain maximum efficiency of her magnetic and gravitational fields.

- [2] The second chakra (sex centre) is located near the sexual organs and is tied to the first chakra. Its primary purpose is to help vivify the body through the use of special sexual practices or disciplines such as highly ritualized, fully-conscious tantra. This process permits the vibrating energy (internal sexual tuning crystal) to tune the entire body and, especially, the first chakra.
- [3] The third chakra (solar plexus centre) is located just above your belly button and is the seat of the second connection point for your Full Self. Life energy enters through the crown centre at the top of the head (the golden cord) and through the solar plexus (the silver cord) or seat of your Will. The heart centre regulates this energy.
- [4] The newly formed fourth chakra (diaphragm centre), found at the base of the thoracic cavity, is now the centre for storing negative emotions. In the near future, it will be able to alleviate stress and empower Will energies stored in the solar plexus centre. This chakra is the centre of a rejuvenated 'prana' (breath energy). And, as students of yoga know, prana acts to revitalize and purify the body.
- [5] The fifth chakra (heart centre) is found at the heart. It is a vital link to the Angelic energies of pure thought and to the holy energy of complete Love, devoid of all possession, sentimentality, etc. This complete or pure love enables your body to operate at peak efficiency.
- [6] The sixth chakra (thymus centre), also newly formed, is where the thymus gland is situated. In your coming reality, the body is pure thought-form. Its immune system is tremendously strong and viable. In the transformed human, the thymus retains its initial size which is about one-third the size of an adult heart.

This means that the thymus centre remains sound throughout your lifetime. The human body easily attains the ability to transmute any potential illness or disease. Due to Earth's present high levels of background radiation and to the many long-forgotten wars that have ripped your atmosphere asunder, your thymus centre begins its gradual deterioration immediately following birth. By adulthood, it has shrivelled from the size of a human baby's heart to that of a small pea.

- [7] The seventh chakra is located in the throat and helps to collect prana energy that invigorates and purifies the body. It also acts as the communicator for your consciousness and co-ordinates the energies of the body, with the regulatory consciousness energies of the head.
- [8] The eighth chakra (Well of Dreams' centre) is currently vestigial and is found in the area of the occipital lobe (at the base and back of the head) directly above the neck. Individuals, particularly those with psychic abilities, commonly get headaches from information 'bottlenecking' that create discomfort in this region. This chakra's inactivity mirrors your present state as a dormant, limited conscious Being.

In the present reality, humans with expanded psychic abilities can use connections critical to the brain's limbic system provided by the "Well of Dreams' to mentally control others. It is important to realize this and to surround this centre with great spiritual protection. In the new fully conscious system, this particular centre,

regulating psychic energies and preventing you from ever being controlled, becomes very important.

[9] The ninth (pituitary chakra) is newly located in the area of the pituitary gland. Near the centre of your head, it permits the body to respond to Light and radiation and, by utilizing this response, eventually will rejuvenate your body. In the new body, the sixth, eighth, and ninth centres interact quite extensively with the others, allowing you to use any vital, inter-dimensional information-energy immediately.

[10] The tenth chakra (pineal centre) is located in the centre of the forehead above the nose and near the pineal gland. It brings in higher Light frequencies and is known as the vision centre or the 'third eye'. Together, the eighth and tenth chakras permit you to receive and interpret visions and other key messages from higher vibratory states.

[11] The eleventh chakra (crown centre) is located at the back half of the top of the head. It is here that the Full Self energies from the universal source and the two new etheric chakras connect into the head.

[12] The twelfth chakra (Universal Female) is situated just above the head. It controls the left side of your body and regulates your many creative gifts and talents. It is also where the desire for internal self-love and for external love or compassion originates.

[13] The thirteenth chakra (Universal Male) is found above the head and regulates the right side of the body. It also has authority over your perceptions of reality and your ability to carry out a designated plan with practicality. This chakra is the source of your desire for inner and outer harmony.

Keep in mind, dear Hearts, that you are energy - and 'Light Beings'. Everything in Creation is Light. Your cellular structures and everything around you (the room in which you are currently sitting or any other part of your reality) is all Light. Light exists at many different frequencies. There is visible Light, and there is obscure or hyper-spatial (inter-dimensional) Light. There are many different levels of Light. Light is all encompassing. All of Creation is made of Light. For this reason, every area of the body is highly Light sensitive. It is crucial that you understand this point. We are all Light Beings. Even now, you could say that you are a Light Being having a human experience.

Let us now move our ship's camera into a better position. From this new vantage point, we are able to see how the chakras operate. To begin, let us examine the way your head chakras connect to your now forming twelfth and thirteenth chakras. If you visualize the area around your head, you can see an energy triangle forming. Emanating from it are many vibrant, prismatic colours and energy information packets perceived as sudden blips of Light.

This triangle connects the twelfth (Universal Female), thirteenth (Universal Male) and eleventh (crown) chakras. Yet another line travels from the eleventh (crown), to the eighth (Well of Dreams), to the ninth (pituitary), to the tenth (pineal) and, finally, returns, back up to the eleventh (crown) chakra.

Dear Hearts, visualize two flat circular shapes that connect through the eleventh (crown) chakra to create a special rotating, scalar wave transducer. Scalar waves are inter-dimensional waveforms. The rotating, triangular head antenna allows a person to radiate her/his life and information-energy to others. Through this same device, the individual receives the energies of others. Both upper and lower brain centres are there-by able to inter-communicate in ways that are beyond your present capabilities.

In effect, Earth humans will have a first (or 'outer') sight and a complete second (or 'inner') sight. Psychic abilities such as telepathy, telekinesis, clairvoyance, clairaudience, and psychometry will become natural. At this point, we will zoom our camera focus out just a bit. From this macro perspective, we can clearly see how these centres interact.

The eleventh (crown) chakra brings in Light (life and information-energy) and channels it to the eighth (Well of Dreams) and sixth (thymus) chakras. As we have just seen, the eighth and sixth centres (both Light sensitive) interact. Remember that Life originates within the divine Light of the Creator. Focused in this way, many of the frequencies of divine Light produce a Love harmonic. The energy this focus produces causes the eighth and the sixth centres to resonate with the fifth (heart) centre.

As the eighth, sixth, and fifth centres resonate with each other, they radiate energies that allow the seventh (throat) centre to receive the incoming prana. (life energies). These harmonies (songs of Light) move down, to the 'prana' or fourth (diaphragm) centre, distributing the prana energy and invigorating and cleansing all the cells of the body.

Let us now zoom in closer with our ship's camera to allow you to observe your expanded, fully-integrated chakra system in operation. Notice that each centre is vibrantly multi-coloured with no shade predominating. Depending on its health and function, each centre's colours encompass almost the full spectrum.

Light energies emanating from each centre appear as constant fire flashes from a very bright Light. They are continually exchanging energies and information. This process creates a natural and self-regulating feed-back or information loop which makes the many energy systems of your body appear to spin and pulse simultaneously like a 'lighted' toy top.

As the chakras of your body's system glimmer, their Light resonates a glorious musical harmony. They create an effect similar to a computer-linked synthesizer which can convert a sequence of colours into a musical composition. Heard more closely, the sounds of your body resemble a mixed choir performing an exquisite, classical oratorio. At times, your body echoes a magnificent, angelic chorus. Although these frequencies are currently too high for your ears to perceive, this is the way in which your body sings its intentions and constant praises to its Angelic guardian, councils, body councils, and fellow Light Beings!

Using our ship's camera, dear Hearts, let us now 'zoom' in, yet again, on this multicoloured, shimmering body. First, observe the solar plexus, the area of your belly button and abdomen, which connects you with your silver cord. This cord brings in the Universal Creator energy from your divine source (the realm of the Creator) to your physical instrument. In a very special manner, it then distributes this energy throughout your physical body.

The key to this process involves the relationship between the third (solar plexus) and sixth (thymus) chakras. Observe a special loop (or 'bow' of silvery-white energy) passing between them. Special life energy enters the back of the shoulders at about the level of the upper chest. The sixth chakra is the body's special, energy-receiving centre. The thymus, a centre of high wellness and immunity, absorbs the energy, and finally the life energy intermingles with the energy of Creation -the Universal Creator energies.

The energy of Universal Creation flows in through the silver cord and the third chakra. Notice how this pulsating 'bow' of silvery-white and other inter-twined colours rains down in a shower of sparkles on your diaphragm. This happens because your fourth (diaphragm) centre-your prana centre-transmutes the energies into a more usable form and then distributes them to every cell in your body. The diaphragm centre also utilizes the energies to transform many negative or limiting thought-forms.

Dear Hearts, as we adjust our camera again, you can, without doubt, distinguish what is occurring with your body's energy systems. Information-energy descends from the eleventh to the third chakras while life energy ascends from the first to the third. At the third chakra, the two energies meet and interconnect, then move back up to the eleventh chakra, completing the circuit. Thus, they link the energies of the lower chakras to those of the higher chakras. Look closely at this massive exchange of multi-coloured and highly vibrant energies. What an incredible kaleidoscope of colours, flashes, and melodies comprise the "New You'! However, your view of yourself is not yet complete. Myriad wonders remain for you to see!

As we re-examine the Light show going on in your heads, we observe that these amazing energies move first through the twelfth and thirteenth chakras (the Universal Female and the Universal Male, respectively). In this way, the body maintains its femaleness (left side) and its maleness (right side). The body's nervous, circulation, and consciousness systems all mirror the dual female/male energies. If we examine this entity holistically, we can discover how incredible it really is.

As we have duly observed, the new, fully-conscious human Being is able to rejuvenate, is tapped into the inter-dimensional world, and can see spiritual energies. This Being is one with what you call the realm of the dead (the Spirit world) and is capable of producing powerful thought-forms. Such a Being seeks Love and desires to discover/ascertain what reality is made of and how to plumb the depths of its soul's purpose. This Being is curious about its past and future lives and reaches out for any information that can assist it in its search. In short, this desire creates among all existing physical Beings the basis for a new collective contract, leading to the construction of an entirely new reality.

In this new reality, an expanded consciousness field is formed. it is the means for your planetary society to understand itself more profoundly than is presently possible. Streaming in and around you is the consciousness of others: their thought-forms, wishes and prayers, their upsets, anxieties, and more. The first prerequisite is to teach

you how to regulate these new energies and show you how to be in oneness and harmony with this new consciousness. You need to be taught the etiquette of mutual interaction. Then, you can finally begin to understand the processes that surround you so that you will be able to mutate into a true planetary guardian or physical Angel.

Once you learn to mentally adapt to your new consciousness, it becomes necessary for you to understand how to control and use thought-forms, how to communicate properly with those who have passed on, and how to use the knowledge of Spirit to aid yourself and others. Counsellors from the Galactic Federation of Light can teach this to you. As the educational process continues, Mother Earth knows how to discover the ways in which her humans forever manifest their reality. That process leads your reality into ever-interlocked and unified fields of consciousness.

Dear Hearts, each of you is a human Light point, interacting with all others, to produce a global web of focused consciousness. This is a very special communication web capable of making almost anything in this world possible. To reiterate: you are a guardian or physical Angel. Bear in mind that you are a corporal and, more than that, a spiritual Being. Therefore, it is imperative that you need to be prepared for the great change that is about to occur. Realize that, as a result of your growth in consciousness, a new reality is about to dawn for all humans on this blessed orb!

Let us review a few of the exciting things we have discovered during our two minitours. Some of your transformations are due to the expansion of your consciousness. You possess a Light Body, thought-forms, and the ability to overcome age - to rejuvenate. You have the ability to communicate telepathically with others, with plants and animals, and with the Gaia (Earth) force itself. Also, you are able to communicate with those who have died and with those who might, today, be called Angels or nature Devas.

You may ask why your local Spiritual Hierarchy is suddenly integrating your physical and spiritual bodies. For what reason are they at this moment instituting four new chakras and creating a twelve-strand RNA/ DNA? Simply put, the reason for all of this is that Mother Earth has decided to change herself most profoundly. The Spiritual Hierarchies, all the way up to the Creator, have given her full permission to transform and transmute into her pristine and fully-conscious self.

Imagine being in a room in which the walls, the floors, and even the ceilings suddenly became electrified. It would be very difficult for you to continue to exist in that room unless you changed as well. That is why you need to become a fully-conscious Being.

What does being fully conscious mean? It means three things:

- [1] You become multi-dimensional in your conscious thinking, in your reality, and in your capabilities.
- [2] Your physical body amalgamates with all other aspects of your new reality; and:
- [3] You change your energy systems entirely. In this way, your physical systems actually integrate your multi-dimensionality as well as your physical, mental, emotional, and spiritual bodies.

Let us now permit some questions, the answers to which can help you better understand these momentous changes which are creating the 'New You'.

### **QUESTIONS & ANSWERS**

Q: How will people already in adult bodies be affected by these changes?

A: Right now, the Spiritual Hierarchy is involved in the process of preparing everyone for this change. For example, many people are already beginning to feel a separation occurring in the heart chakra. The upper heart is becoming the thymus centre, while the lower heart is becoming a true heart centre more focused on Love energies. This is the reason that more and more people are beginning to feel some very deep emotions as the heart is the 'emotion centre' of the body. The diaphragm centre is also being set into place right now.

**Q:** How is this process affecting our brains and memory patterns?

**A:** To prepare you for the new, rotating energy patterns that the fully-conscious brain can pick up, preliminary shifts of circuitry are occurring in the brain. People are experiencing tremendous changes in their memory patterns - short-term memory loss, the sudden reappearance of long-forgotten memories, and/or unusually vivid dreams. Most of you are undergoing a process of memory recovery. As a result of both short-term memory loss and memory recovery, your brains are being prepared to become fully conscious. More and more, scientists are discovering the brain's holographic capabilities.

**Q:** What will the complete prototype of the emerging holographic brain and head look like, and when will we see the changes?

**A:** Modifications usually take about one generation to manifest. There is little difference in appearance between the person who is born that way and the person who is now being altered. The results are the same.

Once you attain full consciousness, the reproductive phases of your existence will utilize your new twelve-strand genes. As a result, like most people born in fully-conscious human civilizations, the babies do look a little different from you. They tend to be a bit taller with larger heads and lovely big eyes. Also, their ears are slightly bigger and placed higher up on the head.

**Q:** I have one other question about body changes. You talk about the thymus gland revivifying over the course of a couple of generations. What happens to the thymuses of those who are currently adults?

**A:** They will become a <u>lot larger</u>. Currently, the slow-down and deterioration of the thymus is a major cause of the aging process in the conscious body. When your thymus function is re- established, you will hardly age at all.

Your thymus deteriorated because of the increase in background radiation caused when the two firmaments collapsed. Once you return to your fully-conscious body, the thymus' true function can be completely restored. Your thymus can actually enlarge to almost one-third the size of the heart. Once this happens, you have an organ in your body that maintains and anchors your entire immune system. This also permits you to actually control the aging process, because you can use the restored thymus to rejuvenate yourselves.

**Q:** What is a scalar wave, and what is the significance of the new head chakras forming a scalar wave antenna?

**A:** A scalar wave is the result of inter-dimensional electromagnetic wave propagation and operates in multi-dimensional space/time. A scalar wave tends to propagate as a transverse wave or a standing wave. Hence, it is a very unique wave pattern and requires a very special type of antenna to pick it up. When your consciousness shifts, you are able to pick up these fields through your own frequency shifts and the inter-dimensional capabilities around your auric field. Next, you need to process these novel types of inter-dimensional information.

Once the limited conscious genetic plug is pulled, certain RNA/DNA structures can then take in this information and allow your brain cells to directly process it from inter-dimensional sources. You are able to process data on your own spiritual and mind-energy levels as well as on cellular or body levels. This new capability allows you to interact, immediately, directly and inter- dimensionally, with what is going on in your reality.

**Q:** Is this part of becoming reconnected to the larger reality?

A: Yes. That is exactly true. You are becoming able to experience the full reality, the true 'Now', that all of the great mystics have been speaking about. The true 'Now', which is of the inter- dimensional galaxy and of the universe, will be your 'Now'.

**Q:** How does RNA/DNA mediate this process?

**A:** Alterations and advanced concepts of genetics, the kinds of things discussed by many well- known people in alternative medicine, have been discovered. Drug companies doing genetic research and major universities allied with them, as well as the National Institutes of Health, are bringing similar processes to light all the time. This situation means simply that you are in a process of tremendous change. Consequently, you need to understand that your cellular structures affect the body and the mind just as the mind's though-forms affect the cellular structure of the body.

Q: Currently, on the physical level, we are being prepared to receive these momentous changes. Although we already contain the RNA/DNA, it is now latent or in much less than full operation. It is being recreated so we can function on 'all four burners' instead of on just one or two. As these changes occur, will we be able to come 'online' with grace and ease?

**A:** Yes. This is why the therapeutic work of various well-known practitioners of Vedic (traditional, from India) medicine is so important. They are instructing their

western readers about the true, healing value of this ancient medicine's approach to the connectivity of all forms of life. Their information dovetails nicely with the flood of biological statistics now pouring in from public and private bodies such as the World Health Organization. These statistics show that the very air that we breathe, our RNA/ DNA protein strings, and even the materials that make up our cells, are all constantly being exchanged among all earthly life forms.

By combining these two important fields of knowledge (medical statistics and Vedic medicine), an explanation of the ways in which consciousness on this planet exists in mutual relationship to physical beingness is provided. Life here is totally interrelated. For all practical purposes, you are unequivocally one interconnected, living organism! Eventually, you will start to realize that there is a physical basis for consciousness, and you will understand fully that you are ever so much more than just a physical body.

Q: How does this idea relate to what is now occurring in our physical bodies?

**A:** The physical body has its own way of doing things. For example, many of your scientists have discovered that the cellular wall and the cell's nucleus are of equal importance in determining the dynamics of the cell. The nucleus and the cell wall are now considered almost as one. Your researchers are discovering that cellular dynamics have more far-reaching effects than traditional biology has led most people to believe. There has been a tremendous explosion in the understanding of the nature of what life is really all about. Your researchers are now conducting experiments demonstrating that Life is a form of inter-dimensional Light. You are beginning to learn the ways in which this Light influences cellular structure - to a greater degree than anyone ever thought possible.

**Q:** Is this knowledge leading to a new biology?

A: Yes, presently. You are beginning to see how physical cellular structure is created and how Light and magnetism create, maintain, and alter the actual metabolism and life history of the cell. From around the planet, you are acquiring actual documentation illustrating how genetics are being altered. You are also seeing how genetics affect consciousness and how consciousness affects genetics. You are developing a form of quantum biology.

**Q:** You have stated that our physical body is actually pure thought. Will you please explain?

**A:** Of course! The physical body is largely composed of pure space. The rest is resonating Light patterned by your thought-forms. These individual and collective, mental and emotional constructs create your 3-D reality right down to the minutest details. Parts of these thought-forms are hereditary (passed down from your very first ancestors to you). The rest are from your childhood and adult life. These constructs have combined to create the physical body you now have.

Q: Can I change my form and the colour, length, and thickness of my hair?

- **A:** The answer to this particular question is 'yes'. When you are fully conscious, you are in complete control of your physical body. What you can do then is something that may appear to you now as magic. However, in your new reality, it is no more than the realization of your true desires. Bear in mind that what you think is what you are.
- **Q:** What about the people who just sit back and watch the evening news, or some sitcom, or whatever. Are they getting the necessary information?
- **A:** Yes. A lot of them are getting it. The popularity of many authors and cinematographers is a result of their success in explaining the position of Vedic and complementary medicine in these matters. There is a lot going on out there. In effect, you have attained a threshold of consciousness. Once you reach a certain level, you begin to search. That is why books in these areas are suddenly on the "bestseller' list. Like a person with a voracious appetite or a deep thirst, as your process evolves, you investigate these fields more and more.
- Q: Is it like Close Encounters of the Third Kind where people were impelled to go to the 'Tower', haunted by an image that they were at a loss to explain? They just 'knew' that they had to search until they found out what it was they were looking for.

**A:** Exactly.

- **Q:** And it is an inner excitement that is stirring people up! Do we know what we are looking for, or is there only a deep yearning inside?
- **A:** You feel a powerful, inner drive which is a crucial part of this process of change. As your intuition grows, you begin to recognize feelings that come from within. This is the 're-source-ful' energy of the heart. It is what this 'new' reality you are currently creating is all about. A fully- conscious civilization is based completely on Love (heart energy). It is founded on are an thoughtfulness for oneself as well as for all others, resulting in exquisite balance, naturally experienced by all.

Concurrently, a genetic shift is also changing your consciousness. It is the reason for an increased interest in Angels and people 'becoming' more psychic and mystical. Across this planet, there exists a burgeoning, messianic-like fervour. The first stage is expressed by religious revival activity, and you will move beyond it.

The tremendous growth in your awareness of Spirit, which you are experiencing, is happening in each and every culture around the planet. This feature (the return to your original, spiritual roots) is part of the program. People are seeing its importance right now. Indigenous peoples are also spreading their knowledge. Spirit guides have directed shamans and sacred members of tribal nations to disseminate this vital knowledge NOW!

- **Q:** Regardless of whoever people thought they were, they are now waking up to who they are. Can our space kin take us by the hand and guide us toward our full heritage?
- A: Yes. Very soon, your space kin will appear and confirm this information. Then, together, we will bring to fruition the civilization you were always meant to create that, in fact, you have already begun! We, in the Galactic Federation of Light, are

very proud of your accomplishments. Soon, you will stand beside us as equals. You will have completed your miraculous transformation into fully-conscious Beings, living in a galactic society!

\*



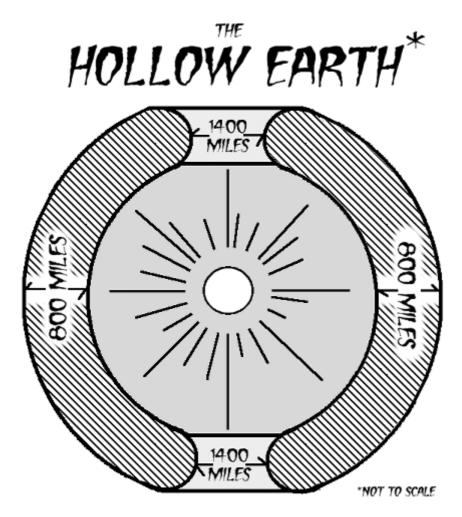
# Conclusions from "The Hollow Earth" by Dr. R.W. Bernard

(from The Hollow Trilogy, Code HET. See catalogue)

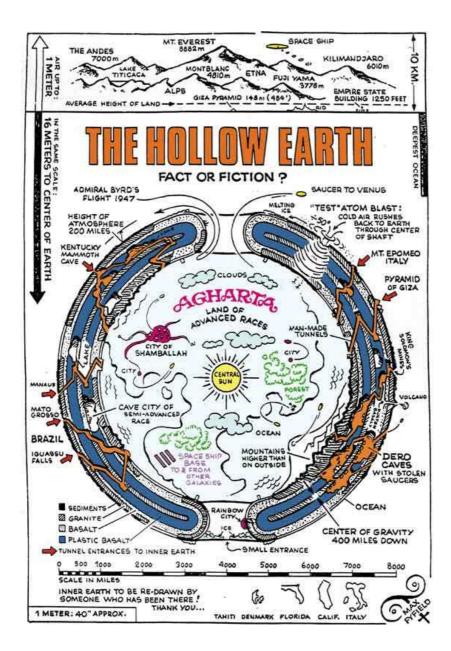
From the evidence contained 'in this book, confirmed by many Arctic explorers whom we cite, we come to the following conclusions:

- **1.** There is really no North or South Pole. Where they are supposed to exist, there are really wide openings to the hollow interior of the Earth.
- **2.** Flying saucers come from the hollow interior of the Earth through these polar openings.
- **3.** The hollow interior of the earth, warmed by its central sun (the source of Aurora Borealis), has an ideal subtropical climate of about '76 degrees in temperature, neither too hot nor too cold.
- **4.** Arctic explorers found the temperature to rise as they travelled far north; they found more open seas; they found animals travelling north in winter, seeking food and

warmth, when they should have gone south; they found the compass needle to assume a vertical position instead of a horizontal one and to become extremely eccentric; they saw tropical birds and more animal life the further north they went; they saw butterflies, mosquitoes and other insects in the extreme north, when they were not found until one is as far south as Alaska and Canada; they found the snow discoloured by coloured pollen and black dust, which became worse the further north they went. The only explanation is that this dust came from active volcanoes in the polar opening.



- **5.** There is a large population inhabiting the inner concave surface of the Earth's crust, composing a civilization far in advance of our own in its scientific achievements, which. probably descended from the sunken continents of Lemuria. and Atlantis. Flying saucers are only one of their many achievements. It would be to our advantage to contact these Elder Brothers of the human race, learn from them and receive their advice and aid.
- **6.** The existence of a polar opening and land beyond the Poles is probably known to the U.S. Navy, in whose employ Admiral Byrd made his two historic flights and which <u>was</u>, until recently, a top international secret.



## **Hollow Earth Cities**

Recently, America watched Stephen Spielberg's TV pilot, a remake of Verne's "Journey to the Center of the Earth." A maverick team of scientists aboard their melt-proof ship enter the inner Earth through a bubbling volcano. When things cool off, they find themselves exploring a vast and sunny inner landscape . . . a magical and inviting world with ample room to fly.

Their adventure resembles the real life account of a Norwegian sailor named Olaf Jansen. His story, set in the 1800s, is told in Willis Emerson's biography entitled "The Smoky God." Olaf's little sloop drifted so far north by storm that he actually sailed into a polar entrance and lived for two years with one of the colonies of the Agartha Network, called "Shamballa the Lesser." He describes his hosts as those "of the central seat of government for the inner continent . . . measuring a full 12 feet in height . . . extending courtesies and showing kindness . . .laughing heartily when they

had to improvise chairs for my father and I to sit in." Olaf tells of a "smoky" inner sun, a world comprised of three-fourths land and one-fourth water.

#### The Agartha Network

Think of Shamballa the Lesser as the United Nations of over 100 subterranean cities that form the Agartha Network. It is, indeed, the seat of government for the inner world. While Shamballa the Lesser is an inner continent, its satellite colonies are smaller enclosed ecosystems located just beneath the Earth' s crust or discreetly within mountains. All cities in the Agartha Network are physical and are of the Light, meaning that they are tradition of the great mystery schools of the surface, honouring such beings as Jesus/Sananda, Buddha, Isis and Osiris . . . all of the Ascended Masters that we of the surface know and love, in addition to spiritual teachers of their own long-standing heritage. Why did they choose to live underground? Consider the magnitude of the geological Earth changes that have swept the surface over the past 100,000 years. Consider the lengthy Atlantean-Lemurian war and the power of thermonuclear weaponry that eventually sank and destroyed these two highly advanced civilizations. The Sahara, the Gobi, the Australian Outback and the deserts of the U.S. are but a few examples of the devastation that resulted. The sub-cities were created as refuges for the people and as safe havens for sacred records, teachings and technologies that were cherished by these ancient cultures.

#### **Capitol Cities To The Agartha Network**

**POSID:** Primary Atlantean outpost, located beneath the Mato Grosso plains region of Brazil. Population: 1.3 million.

**SHONSHE:** Refuge of the Uighur culture, a branch of the Lemurians who chose to form their own colonies 50,000 years ago. Entrance is guarded by a Himalayan lamasery. Population: 3/4 million.

**RAMA:** Remnant of the surface city of Rama, India located near Jaipur. Inhabitants are known for their classic Hindu features. Population: 1 million.

**SHINGWA:** Remnant of the northern migration of the Uighurs. Located on the border of Mongolia and China. with a small secondary city in Mt. Lassen, California. Telos translated means "communication with Spirit." Population: 1.5 million.

#### **Spotlight On Telos**

How can over a million people make their home inside Mt. Shasta? While we're stretching our imaginations, our neighbours, the Japanese, have already blueprinted underground cities in answer to their surface area problem.

Sub-city habitation has, for thousands of years, been a natural vehicle for human evolution. Now, here is a peek at a well-thought-out ecosystem. The dimensions of

this domed city are approximately 1.5 miles wide by 2 miles deep. Telos is comprised of 5 levels.

**LEVEL 1:** This top level is the centre of commerce, education and administration. The pyramid-shaped temple is the central structure and has a capacity of 50,000. Surrounding it are government buildings, the equivalent of a courthouse that promotes an enlightened judicial system, halls of records, arts and entertainment facilities, a hotel for visiting foreign emissaries, a palace which houses the "Ra and Rana Mu" (the reigning King and Queen of the royal Lemurian lineage who are Ascended Masters), a communications tower, a spaceport, schools, food and clothing dispatches and most residences.

**LEVEL 2:** A manufacturing centre as well as a residential level. Houses are circular in shape and dust-free because of it. Like surface living, housing for singles, couples and extended families is the norm.

**LEVEL 3:** Hydroponic gardens. Highly advanced hydroponic technology feeds the entire city, with some to spare for intercity commerce. All crops yield larger and tastier fruits, veggies and soy products that make for a varied and fun diet for Telosians. Now completely vegetarian, the Agartha Cities have taken meat substitutes to new heights.

**LEVEL 4:** More hydroponic gardens, more manufacturing and some natural park areas.

**LEVEL 5:** The nature level. Set about a mile beneath surface ground level, this area is a large natural environment. It serves as a habitat for a wide variety of animals, including those many extinct on the surface. All species have been bred in a non-violent atmosphere, and those that might be carnivorous on the surface now enjoy soy steaks and human interaction. Here you can romp with a Saber-Toothed Tiger with wild abandon. Together with the other plant levels, enough oxygen is produced to sustain the biosphere.

**LANGUAGE:** While dialects vary from city to city, "Solara Maru," translated as the "Solar Language," is commonly spoken. This is the root language for our sacred languages such as Sanskrit and Hebrew.

**GOVERNMENT:** A Council of Twelve, six men and six women, together with the Ra and Rana Mu, do collective problem solving and serve as guides and guardians of the people. Positions of royalty such as are held by the Ra and Rana Mu are regarded as ones of responsibility in upholding God's divine plan. The High Priest, an Ascended Master named Adama, is also an official representative.

**COMPUTERS:** The Agarthean computer system is amino-acid based and serves a vast array of functions. All of the sub-cities are linked by this highly spiritualized information network. The system monitors inter-city and galactic communication, while, simultaneously, serving the needs of the individual at home. It can, for instance, report your body's vitamin or mineral deficiencies or, when necessary, convey pertinent information from the akashic records for personal growth.

**MONEY:** Non-existent. All inhabitants' basic needs are taken care of. Luxuries are exchanged via a sophisticated barter system.

**TRANSPORTATION:** Moving sidewalks, inter-level elevators and electromagnetic sleds resembling our snow mobiles within the city. For travel between cities, residents take "the Tube," an electromagnetic subway system capable of speeds up to 3,000 m.p.h. Yes, Agartheans are well versed in intergalactic etiquette and are members of the Confederation of Planets. Space travel has been perfected, as has the ability for inter-dimensional shifts that render these ships undetectable.

**ENTERTAINMENT:** Theatre, concerts and a wide variety of the arts. Also, for you Trekkies, the Holodecks. Program your favourite movie or chapter in Earth history and become a part of it!

**CHILDBIRTH:** A painless three months, not nine. A very sacred process whereby, upon conception, a woman will go to the temple for three days, immediately welcoming the child with beautiful music, thoughts and imagery. Water birthing in the company of both parents is standard.

**HEIGHT:** Due to cultural differences, average heights of subterranean citizens vary. Generally 6'5" to 7'5" in Telos, while nearly 12' in Shamballa the Lesser.

**AGE:** Unlimited. Death by degeneration is simply not a reality in Telos. Most Agartheans choose to look an age between 30 and 40 and stay there, while, technically, they may be thousands of years old. By not believing in death, this society is not limited by it. Upon completing a desired experience, one can disincarnate at will.

ASCENSION: Absolutely, and much easier and more common than on the surface. Ascension is the ultimate goal of temple training. Why have they stayed underground all this time? In part, because the Agartheans have learned the futility of war and violence and are patiently waiting for us to draw the same conclusion. They are such gentle folk that even our judgemental thoughts are physically harmful to them. Secrecy has been their protection. Until now, the truth of their existence has been veiled by Spirit. When can we visit? Our entrance to the sub-cities depends on the purity of our intentions and our capacity to think positively. A warm welcome from both worlds is the ideal and must be expressed by more than just the light-working community. Currently, a few hundred brave subterraneans are working on the surface. In order to blend with the masses, they have undergone temporary cellular change so that, physically, they don't tower above the rest of us. They may be recognized by their gentle, sensitive nature and somewhat mysterious accent. We wish to introduce you to Princess Sharula Aurora Dux, the daughter of the Ra and Rana Mu of Telos.

Sharula has been officially appointed Ambassador to the surface world by the Agartha Network. She is 267 years old and looks 30. This article is courtesy of her firsthand experience. The purpose of her Ambassadorship is to prepare the way for the merging of the two worlds . . . to bring the ideas, the information and the new archetypes that will help unite our planet. Sharula has come to present a blueprint for peaceful change to those who will listen. The Agartheans have reached a point where they cannot progress spiritually unless this merger takes place. In essence, we are one planet

ascending, not half a planet. It is God 's will that we take the next step together. The sooner we invite this unity, the sooner the magic will unfold. The Hierarchy has made the emergence of the subterranean cities a priority project. They are asking us to do our part in welcoming our brethren. The timing depends very much upon our receptivity and our graciousness. A successful merger is estimated within the next 10 to 20 years. Beloved, there is nothing to fear and everything to gain. The gifts the Agartheans bring are many. The secret of immortality is your birthright.

The freedom to live in abundance is also your birthright. You haven't lived until you've tasted a hydroponic tomato and had a little fun on the Holodeck..

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#### What's Going to Happen in the Near Future?

From a Lecture by Drunvalo Melchizedek of the Flower of Life Workshop http://www.2012.com.au/Near\_Future.html

What usually happens is that when we approach this point in the precession where this change takes place, everything begins to break down - all the social structures, etc begin to dissolve and break down. The key that does it is the magnetic field of the Earth. Which as present-day science realizes may also be the key that enables the axis to shift in the first place through magneto- hydrodynamics, where the magnetic field supports a connection where liquid aspects of the earth's composition become solid. When the field collapses, some solids become liquid and become slippery. They have demonstrated this in laboratories. The magnetic field and the electromagnetic field are the key. The magnetic field is what we use to interpret who and what we think we are, and also to store our memory with. We need an exterior magnetic field to retain memory. We cannot live without some form of magnetic field. If you look at major cities all over the world, you will notice that the day before, after and during the full moon there is more crime going on. The reason is that the full moon tends to cause a ripple in the magnetic field of the earth, and this change is enough to take people that are emotionally near the edge, 'over the edge'. The magnetic field affects the emotional body.

#### The Collapse of the Magnetic Field

Imagine a planet where you are at a point on the precession where things are starting to get out of balance. Suddenly the magnetic field of the Earth, over a very short period of time (usually three to six months) starts fluctuating a lot and undulating. What happens is that people start losing it. They go crazy. That is what breaks down all the structures of the planet. Without their balance, everything falls apart. The magnetic field will go away entirely for at least three and one half days. Usually you will see a build-up of chaos.

#### **Morphological Grid Interactions**

Every time one person plugs into the consciousness grid, they increase the signal from the grid. There will come a point where people will just start remembering and start breathing this way. Children will have the least problem. The older you are the harder it is.

#### The Final Time of Axis Shift and Dimensional Interface

Hopefully it won't really get crazy out there - if it does, that is where the idea of Armageddon comes in. If you look back through the records, you will see that when the axis shifted in 1400 A.D., in South America, they all started fighting and warring with each other, because their emotions got so strong. Hopefully, that won't happen.

About five to six hours before the dimensional shift in consciousness, the process (which is usually tied to an axis shift) begins. Axis shifts and shifts in consciousness are usually tied together. In this case, the consciousness shift may happen before or after the axis shift. Usually they are simultaneous, and usually what happens in this period five or six hours before a dimensional shift is a visual phenomenon. This almost for certain will happen as 3rd and 4th dimension begin to interface, and our consciousness begins to move into 4th dimensional consciousness and 3rd dimensional consciousness begins to recede away. When that happens, synthetic manufactured objects which consist of materials which do not occur naturally on the Earth, begin to disappear over a wide gradient, depending what the materials are. They do not disappear all at once. When the grid of 3rd dimensional consciousness begins to break down along with the collapse of the magnetic field, these synthetic objects begin to disappear over this five or six hour period. Since axis/conscious/grid changes have happened continuously for millions of years, this is why there are few manufactured objects from previous civilizations (some of which have been more advanced than ours) which remain to tell the tale.

The fact that objects start to disappear really starts to make people who do not understand what is happening go crazy. That is why it is important to remember this. It is a natural process, and when this starts to happen you should get to a place that is natural, not inside an artificial structure. You want to be out on the earth. This is the reason why very advanced civilizations built structures out of natural materials, like stone. They make it through the dimensional changes and remain there.

This is also why at the Taos pueblo, which is 1,400 years old, they are not allowed by tribal law to have anything synthetic in their buildings. They know that when the day of purification comes, they go in and remain cantered.

There is another phenomenon that will probably happen. As the dimensional interface occurs, 4th dimensional objects may appear in the 3rd dimensional world. They will be objects that will not seem to fit in anywhere with colours that will boggle your mind. These objects will impact your mind in ways you cannot understand. Since gradual movement through the interface is desired, do not touch any of these objects (to touch one would pull you instantly and fully into the 4th dimension) or look at them. They are mesmerizing, and looking at them will pull you more rapidly into the 4th.

If you are calm and cantered, you will be able to watch all of this for a time, but not for long. As soon as the magnetic field collapses, your field of view and vision will disappear and you will find yourself in a black void. The 3rd dimensional Earth, for all intents and purposes, will be gone for you. What happens to most people during this time is that they will fall asleep and start dreaming during this period, which lasts about three to four days. If you want you can just sit there, but realize that whatever you think is going to happen will happen. Realize that you are about to literally go through a kind of "birth" process into the 4th dimension, and don't worry about it. The process is perfect and natural, but fear is a big problem for humans on a 3rd dimensional level. This appears to be a new process, but it is very, very old. You have done it before. At some time during the process you may in fact remember that you have done it before.

#### The Other Side

As the 4th dimensional world comes into perception, light comes back again. You will find yourself in a world the likes of which you have never seen (although you have, but you will not remember it because your memory has been erased so many times before). It will feel like a brand new place. All the colours and shapes and the feel of everything will be new. You will be perceptively just like you were when you came into 3rd dimensional conscious- ness, except that you will be the same size you are now. There are a lot of things that are very similar from world to world - one of them is the idea of the holy trinity (mother-father-child). As you enter into this brand new place, although you won't understand anything, you are going to see two beings standing there - mom and dad; they are going to be very big compared to you. They are going to be about ten to sixteen feet tall. One will be male and one will be female. These beings have a bond with you and will guide and protect you during your early formative period in this world. These beings do not have the kind of attachment to you that parents on Earth might have had. From the very beginning, they know that you are part of the Creator and recognize your divine nature. You will appear just like you are now, though more than likely naked, since any synthetic clothing will not have made it through the shift.

You will come out the other side and be in this incredible reality with these two beings that you somehow feel this intense love towards, although you won't understand why. Although your physical form is exactly the same, the atomic structure in your body will have changed dramatically. Much of the denseness of the previous physical structure will have been converted into energy, and the atomic structure will be farther apart than before. Most of your body will have been converted into energy, but you won't know that.

#### The Many Are Called - Few Are Chosen Scenario

In the Bible, Jesus said "two of you shall be in bed and one of you I shall take". This speaks of a "many are called-few are chosen" scenario, which is often what happens - but you can only do so much to help someone. You will go through this process alone. It will be determined by your character and who you are.

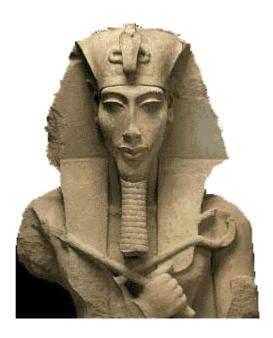
What usually happens is that some people go through and some do not make it through, but there is a third possibility - that someone will have just made it through.

Jesus spoke of a parable about the wheat and the chaff as an analogy. The wheat that goes through had some weeds with it. Who takes the weeds out? The weeds do. You take yourself out. When you get to the 4th dimensional consciousness, most people don't know that you are creating the entire world and every- thing in it second by second by your thoughts and your feelings — every 'thing'. It is true in the 3rd dimension as well, but it is not realized because we have culturally put all these limitations on ourselves that we can't do anything. There, it's all inclusive and instantaneous. If you are there and you are not really ready for it and you start thinking negative thoughts and fear comes in, you will create a scenario which will result in your being thrown back into a lower dimension.

At the same time, the "wheat" is going through, and sitting there and thinking "love, truth, beauty, peace and harmony" - and that is what happens. You start manifesting all of it. You become stable in the new reality because of what you are thinking and feeling - your character and who you are. Jesus, referring to this time, said "if you live by the sword you shall die by the sword" and "the meek shall inherit the Earth". Those who are there and not trying to protect, kill or anything else along those lines, but just being and thinking positive thoughts - that is what manifests, and you've just won the game.

After the entities who are not resonant ("chaff") are gone and the resonant entities ("wheat") remain, one of the first things that begins to happen is that you begin to realize that "hey, whatever I think happens!". Usually people look at their bodies in this light and begin to change their appearance to suit whatever idealized image they have in mind - it's a childlike exercise. If you look at some of the non-terrestrial races, they are all tall, beautiful and healthy. The self-modification of body structure is a natural occurrence from the 4th dimension onward. It is a creative expression. After that, other things become more interesting as activities.

On Earth in the 3rd dimension, it takes roughly 18-21 years to go from a baby to someone who can go out and take care of themselves. On the 4th dimensional world, experientially, it takes about two years to go from your present size and state (when you first arrive) to an adult - and you start growing again. Your body grows, your head elongates in the back, and you end up looking like Ahknaton. This is what the Egyptian egg of metamorphosis what about.



**Ahknaton** 

All this explains why it is essential that you maintain peace within during the first few hours of the dimensional interface and progression into the next area of dimensional consciousness. Again, work on your character. The moment you establish the Merkaba during this time, you've made it. Its the inner technology that is most important. Helping others is very important. As you understand more of what this is about, you have a moral responsibility to help if they ask.

#### **Your Cosmic Development**

During this shift, there is a polarity with your "higher self" which merges into your current state of consciousness to the point where you and it become one.

A very high level of dimensional consciousness has as its "body" the planet Earth. You, on a high level of consciousness, have as your body the body you are currently using. Literally, someday you will become suns and stars in the sky - it is part of the process of life.

#### Your new "Parents"

Relative to these beings you will encounter, your new "parents", you already will have a "karmic" bond with them; they will guide and protect you during the first two years until you can go out on your own. They realize your true divine nature as part of the creation, unlike Earth parents, many of whom view their children as "possessions" to be "controlled". If your new parents wanted to tell you something, you would simply experience it. If they wanted to tell you about a room, you would be in it. It is sort of like an extension of a higher level of dream time from the 42+2 level of consciousness. The 4th dimensional realm is really not that much different than the 3rd dimension in some ways. It's still a world which has a physical aspect to it.

## Injection of Christ/Unity Consciousness Models Into The Planetary Grids

Many individual entities have manifested themselves on this planet in order to illustrate the possibilities in unity consciousness. After the introduction of writing, a model was need in order to inject an example into the akashic/ morphic field and into the memory of man that unity consciousness was an option. Jesus, who had been through a great number of dimensional levels, was the entity who accomplished that purpose. Because of his efforts, the IDEA of man-unity consciousness is within the MEMORY of man to act as a model. It is also within the grid around the planet.

First, you have Akhenaten as one of the Pharaohs, illustrating unity consciousness - "that which we would become". He walked around for a few years and put that into the grid. He created the seed from which the Essene Brotherhood grew. From them eventually came Mary and Joseph, who made it possible for the introduction again of unity consciousness through Yeshua Ben Joseph - referred to as Jesus. When Jesus started telling people "love each other, love your enemies", no one wanted to hear it - people were in duality consciousness and it didn't make any sense. Knowing now about 4th dimensional consciousness - it should make sense. The words he spoke are powerful and true, and we need to take the knowledge and make it part of our lives.

All the efforts of unity consciousness beings who have come to 3rd dimensional Earth have been in an effort to heal the process that occurred in Atlantis.

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Returning back to the beginning of this document, and bearing in mind the accuracy of the Mayan Calendar, it would seem that the magnetic dimensional-shift will be completed by 2012.

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Please visit the world wide web's best 'Second Coming' internet sites. In particular please visit:

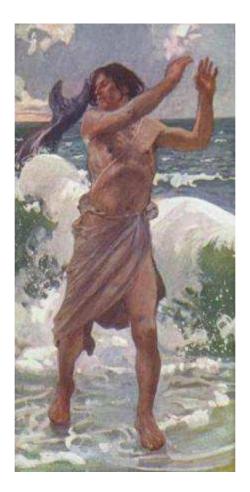
- [1] www.fourwinds10.com Managed by Patrick Bellringer.
- [2] 'The Sign Of Jonah' that was spoken about in the famous 'Dead Sea Scrolls' is written under the pen name of John Grau, and is available to read at: <a href="http://www.fourwinds10.com/NewsServer/ArticleDetails.php?ArticleID=3387">http://www.fourwinds10.com/NewsServer/ArticleDetails.php?ArticleID=3387</a>
- [3] <a href="www.fourwinds10.com/journals/index.html">www.fourwinds10.com/journals/index.html</a> Here you will find 'The Dead Sea Scrolls' listed as 'Phoenix Journal 2'; an expansion to the 'Dead Sea Scrolls', penned by Mankind's God-head ATON listed as 'Phoenix Journal 27'; the 'Governing Rules Of The Demonic Hierarchy', listed as 'Phoenix Journal 5'; and a series of 'Seven Pleiadian Scrolls' listed as 'Phoenix Journals 30-36'.
  - [4] <u>www.universe-people.com</u> An Eastern-block web-site with a wealth of Ascended Master information. In particular check the socio-economic philosophies of the inhabitants of the Planet Iarga on this site. The link for this particular philosophy is:

#### http://www.universe-people.com/english/download3\_e.htm

[5] <u>www.abundanthope.net/mb1a/</u> Managed by Candace Frieze, the official channel for Christ Michael during Earth's 5D transition stage.

[6] <u>www.returnoflight.com/</u> A site dedicated to the energies of the Creator God Heru HIMSELF

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Have a Nice Day ☺