



## VLADISWAR NADISHANA

Vladiswar Nadishana began to play guitar in 1990 while studying at the Cinema Engineers' Institute in Leningrad (Saint Petersburg). Since that time he has mastered other instruments such as the fretless bass guitar, sitar, mandola, chanzy, jew's harp, ethno percussion such as the darabuka, djembe, kalangu, udu, frame drums, and tabla; and woodwinds such as the bansuri, kena, kalyuka, zhaleyka, gayda and overtoneflutes. Nadishana has created some experimental musical instruments which are the dzuddahord, pruzhingum, plastrimbaphon, rablorrum, ghost catcher, pin-sansa,

spring-pivot gamelan, and the banbang which is fashioned from beer and coffee cans. Nadishana owns a large collection of over 90 musical instruments from around the world.

In 1991 he founded his first group: *Soulbuilding Society* with Lavrenty Mganga. He then played in *Ensemble Ri* with Lavrenty and Youl' in 1996. He founded two other projects with Youl' *Phonic Duet* and *The Fourth Race*. The year 2000 was when the trio *Russian-Tuvian Karma Knot* was founded. This trio featured a throat singer from Tuva. Nowadays Vladiswar plays in group *Capercaillies at the Threshold of Eternity*. All of these groups synthesize elements of the world music tradition and can be termed, ethno jazz, trance-ethno fusion, new world music and etc.

Since 2000 Vladiswar has lived in one of the world's biggest eco-villages called Tiberkul in Russia. He established and operates The Department of Sound Microsurgery (DSM) there. DSM is a creative research laboratory, which addresses the issues involved with performing and recording with older musical instruments and the use of modern electronics to influence and interact with human energetical structure by means of sound.

The Department also explores how musical instruments influence consciousness and the inner organs of humans which is how the project, MOVE YOUR CHAKRA came about. One of the latest projects is the creation of an original energy-dancing system. Nadishana has some solo albums which are recorded with computer in his own studio by multi-track overlap method. He is an award-winner of such international festivals as *Ustuu-Huree*, *The Sayan Ring* and *New Songs of the Old Land*, and he is also the founder of the ethno festival *Free of Karma Zone*.

# THE DEPARTMENT OF SOUND MICROSURGERY (CONCEPTION)

The Department of Sound Microsurgery is a creative music research laboratory, set up in 2000 in the Russian eco-village "Tiberkul" in the south of the Krasnoyarsk region. The basic concept of this laboratory is the following:

- ✧ Music is the magnificent world of the mysterious and incomprehensible that has its own inner order and certain law, which doesn't depend on any of us. Very specific forms of space and time reign together with particular objects and processes which lead to different directions of development and structural formation.
- ✧ Music indescribably influences a human being, beginning from physiology and finishing in the spiritual world. It causes a plenty of reactions and states- from movement of various muscle groups to ecstatic religious experience.
- ✧ The most important constituent of music is its mystical aspect. In the base of the sound, that our ear can detect, lays certain inaudible energetic material. This material produces the impact described above.
- ✧ Music is not only entertainment; it's a deeply influencing sorcery, independent from other forms. It can be used both with constructive and, unfortunately, with destructive purposes. To create constructive, in all senses of this word, music, it is best, where possible to study all above-stated aspects of this art.

*Thus, DSM is not only a studio of multi track recording, it's also a creative laboratory that works in the following directions:*

- ✧ Sound sorcery: The sound and its power. Energetical constructions of the sound.
- ✧ The art of organizing the sound from different musical cultures of the world.
- ✧ The study of ancient ethnic musical traditions.
- ✧ Sound bodies and their diversity. Traditional and ethnic musical instruments. The particularities of their construction and usage.
- ✧ The art of musical performance: Intensive mastering of an instrument.
- ✧ Modern technologies of work with the sound. Digital multi channel recording and processing.
- ✧ Non-traditional methods of editing. Working with the microstructure of the sound known as "Sampler surgery."
- ✧ Experimental synthesis of different musical traditions of the world: The mixture of archaic and modern.
- ✧ Music and health, the ecology of the sound: The safety precautions in the modern sound-informative environment.



*Music, created in DSM, is a synthesis of all results obtained due to experiments in all these directions. We would like to find interested and interesting people for constructive collaboration in these questions.*





## 1. HOMUS

ALTAIAN JEWS HARP.

It improves wholesome blood supply of a brain and salutary influences on a hypothypoid.



## 2. PREPARED HORDOPHONE

A HOME-MADE INSTRUMENT WITH 14 STRINGS AND SPECIAL WOOD STICKS ON IT.

It betteres the blood circulation in a brain and brainwork.



## 3. DZUDDAHORD

A HOME-MADE STRINGED INSTRUMENT. THE COALESCENCE OF SITAR AND GUITAR.

It brings salutary influence on heart and on throat chakra during some otolaryngologic diseases.



## 4. MANDOLA

AN ITALIAN STRINGED INSTRUMENT.

It brings wholesome influence on heart.



## 5. AFRICAN SLIT DRUM

A BLACK-WOOD BOX WITH UPPER DECK DIVIDED ON SEGMENTS.

It influences wholesome bronchial tubes and blood-vessels of heart.



## 6. KALYUKA

RUSSIAN OVERTONE FLUTE. MADE FROM THE PIECE OF PLASTIC INSULATION TUBE.

It brings salutary influence on bronchial tubes, lungs, vessels of a cervical spine.



## 7. RITUAL OVERTONE FLUTE

HOME-MADE ONE. MADE FROM THE MOP HANDLE.

It influences wholesome backbone, small intestines.



## 8. FRAME DRUM

HAND-MADE ONE FROM ANCIENT KUZHEBAR.

It influences salutary on backbone, kidneys.



## 9. OVERTONE FLUTE II

HOME-MADE ONE. MADE FROM THE LONG BAGUET.

It influences salutary on backbone and bone's system.



## 10. THE PREPARED BEER TINS

THERE ARE USED ONE "JEVER" AND TWO "BALTIKA" BEER TINS WITH SPECIAL TUNING AND PLAYING METHOD.

It brings wholesome influence on kidneys.



## 11. OKARINA.

A CERAMIC WIND INSTRUMENT.

It betters the liver work.



## 12. DARABUKKA

HOME-MADE ONE, THE CERAMIC ARABIAN DRUM.

It influences salutary on gall bladder, small intestines, urinogenital system.



## 13. BAMBOO FLUTE

HOME-MADE ONE.

It brings salutary influence at gynecologic inflammatory diseases.



## 14. TEAPOT WITH WATER

THE SOLID METAL TEAPOT, 1/5 FILLED WITH WATER.

It activates the general blood circulation and let to get into condition.



The Shamans of the Last Testament with  
the priest of the Church Of the Last Testament on the  
Earth Day Celebration. Petropavlovka Island.  
V. Nadishana is second left



"Deformation of a white  
drop". A graph of psychic  
function

# THE SHAMANS OF THE LAST TESTAMENT

Vladiswar Nadishana lives in eco village „Tiberkul“ deep in the Siberian taiga in Russia. „Tiberkul“ lies in the South of region Krasnoyarsk near the Sayan mountains. This is the biggest spiritual-Christian community in the world, with over 4, 000 people living there. It is known as the Church of the Last Testament.

Vladiswar Nadishana is a founder member of a spiritual movement known as “Shamans Of the Last Testament” (SLT) in the eco-village. This is an alternative movement to the basic Christian movement of the Tiberkul-community. SLT-members take active part in spiritual and cultural life of the community.

The aim of the Shamans of the Last Testament is to develop a creative aspect of a person and art of inventing their own way and reality. The Shamans of Last Testament lead a healthy lifestyle. It means development of the physical and energy body, use of natural therapies, a special vegetarian diet, rejection of all kinds of drugs including mass communication, and the rejection of negative emotions and dogmatic conceptions. They use some different practices for self-development: the shamans' passes, some methods of emotion control, energy dance, laughing yoga, theatre of psychosomatic drama, meditative symbol drawing, creating the graphs of psychic functions (see cover pictures of this CD) and their contemplation, and psychic-energetic practices with a sound.



Vladiswar Nadishana and Ildar Batu in ritual clothes. Cheremshanka village.

The Shamans of Last Testament keep up the magic line of ancient Kuzhebar. They study this tradition and develop it further. In 2003 they exposed artifacts which were found and have showed some reconstructed rites of ancient Kuzhebar.