Stephen Aizenstat – DreamTending
Techniques for Uncovering the Hidden Intelligence of Your Dreams

Have you ever had a dream that surprised or mystified you? Did the people and places in that dream seem to be as real as your waking life? If so, Dr. Stephen Aizenstat, you may have already discovered the astonishing truth: that drams are – very literally – alive. On *DreamTending*, Dr. Aizenstat invites you to tap into the "world unconscious" – the living, dreaming mind of the universe itself.

Everything is Dreaming
Why do we dream? How does our dream life influence our physical, mental, and spiritual health? For more than 25 years, clinical psychologist and Pacifica Graduate Institute founder Stephen Aizenstat has investigated the therapeutic and spiritual use of dreams throughout the world.   His remarkable conclusion: that our dreams immerse us in the vast multidimensional psyche of Nature (the cosmos), where everything is dreaming – every person, creature, plant, and object. Here, in this communal realm, we can interact with and listen to other dream visitors to heal ourselves, help others, and gain new insights from the hidden intelligence of our dreams.

A Revolutionary New Course in Dreamwork
DreamTending immerses you in this powerful and expansive form of dreamwork. Through more than seven hours of in-depth instruction – including dozens of proven dream techniques – you will enter and explore the three essential levels of DreamTending:

Association – How to understand the events, characters, and settings of your dreams to unravel emotional and subconscious obstacles.

Amplification – How to use archetypes, myths, and universal symbols to decode your dream life.

Animation – How to experience your dreams as "living images" – a direct connection to Nature itself.

If you've always felt that your dreams are part of something far greater than your own mind – and have been wanting to "break through" – here are the tools you need – with Stephen Aizenstat's *DreamTending.*