Concerning Practical Work by Frank Salt [Whare Atua Temple Order copy]

PRACTICAL WORK

The purpose of this work will be lost unless the reader makes serious practical use of the little information given in it. No ammount of reading of the many books on qabbalah, memorising their dubious contents will make anyone any more than a tape recording. Books are the dead leaves of the Tree of Knowledge. Through repeated and wide application to USING the Letters they do stimulate those dormant realities within us. As the chrysalis is unaware of the miraculous transformation occurring within it, so are our conscious minds unaware both of progress and of the goal. Do not waste time pulling yourself up by the roots to see how you are growing. In addition to stimulating progress this work keeps the personality usefully occupied while the Soul does her work. The "wife" does not want the "man" under her feet while she looks after the interior, he can find this to do "outside" cultivating his "CHETH", feeding his "family" in the BETH.

There follows the tabulated form of the Hebrew Alphabet, which should be learned by rote, say three letters a day. Once this can be accurately written down from memory, learn the "Keywords" for each Letter until the sight of any Letter immediately calls up the Keywords. Go back to the page on each Letter, becoming thoroughly familiar with every one. In the accepted terms you will not feel you are "getting somewhere". No, but your "wife" is doing fine, inside. There is nothing you can do to precipitate the process of initiation, neither, in fact, is there much you can do to avoid it. Remember at all times that as a person you are only reacting to the natural urge of the soul. If your quest is sincere and from the heart your mistakes will not matter, the fact that you are actively applying yourself to work on symbols is indeed a reflection of, a symbol of, inner activity. It is the activity that counts rather than any apparent results. The temporal mind is becoming attuned to timeless forces as almost imperceptibly you begin, through active meditation, to "realise" (make real) the inner life.

Externally religion is a matter of morality, and this is a product of the outward form of the many and varied forms of each sect or race, so here we are not concerned with the "rights" and "wrongs" of any form of religion. They belong to the Tree of Knowledge, good and evil. We are dealing with the Tree of Life. With living, not with forbidding. In the words of St. Paul, "all things to me are lawful, but all things are not convenient." Start floating on Cloud Nine and you know you will crash. Ordinary eaily life is the great initiator. "I am come that ye may have Life, and have it more abundantly." The hermit's cave may be a refuge for the faint hearted, but it is not Living, sharing the common load of Man. Half an hour a day of active private meditation, some convenient time daily or weekly on study. and plenty of daily life is required.

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In memorising use "the law of repitition" - gabble off your few lines rather than strain to remember. This is effective use of the subconscious mind, you are almost letting it do the work. It "thinks" in symbols as does the soul. Strain suggests difficulty to the subconscious, gabbling makes it seem easy, and the subconscious responds more to hints than to orders. As part of the soul, it is "feminine" and likes to please the "male" personality but resents being ordered about by a bossy or arrogant "husband". You need domestic harmony in your "BETH". In lifting your nand you are asking your "wife" to organise the action - as simple as that! No stress on either party, the conscious need is immediately heard by the "wife" and an extremely complex series of electro-chemical processes are "no problem" to the subconscious, the housekeeper we often ignore. Take an interest in ner, she will like that. In fact you are already living together pretty well. She processes the food you give her, transforms it into "virgin's milk", chyle, from which the blood is fed. She carries it then to every part of your body, doing the maintenance work on your "temple". She maintains your

temperature, pulse and respiration, her memory retains every bit of experience and acts on what she infers from it. She is capable of deductive reasoning, but not of inductive reason. That is your job. Sometimes she needs your co-operation and sends pain signals to tell you where your help is needed. She even sneezes for you. When you eat or drink it is for her. When her work piles up a bit she reminds you that you need rest while she carries on her twenty four hour day. She helps sustain your habits. She is a creature of habit and loves rhythm. A good reason for meditating at the same time every day, preferably in early morning, before you have got too involved in the daily round. She lives in YESOD, the lowest sephira of the soul, framing impressions from the psyche in terms you will understand and communicating your daily experience to the psyche, especially during sleep. She is symbolised by the Moon, the nearest "planet" to your "earth" in Malkuth. She is homely and conventional, changing only as your intentions alter over a period of time, not reacting very much to sudden whims. She tends to co-operate and to intensify your long-term goals, what ever they are. As the Letter QOPH, the only one to dip below the line, she links into the Universal succonscious, the past, whereas LAMED extends above the line into the Spiritual, the Eternal, the timeless, of which the past is merely an echo, again a trans-personal realm, the cosmic Will-to Be, real existance where

time and place are merely evidence of the Divine activity.

Here lies the importance of forming clear cut impressions of what you see both externally and in the impressions given from the soul. See that you give clear cut images to the inner self. Pay attention to detail, whether to an incoming signal from without or to an impression arising from within. It is more important to clarify than to elaborate on either impression. The mind is a sense organ rather than a device for modifying what is seen to suit your ideas of what "ought to be", based on preconceptions. The tendency of the mind is to elaborate, compare, modify, relate things, one to another, to chew things over to make them acceptable to the past, the known. Reality is immediate, present, absolute, real, it needs no modification to suit our preconceptions. This is the first problem, to just see things clearly - just as they are, pristine, new. For this retreat each day's meditation as if it were the first time you had For this reason handled it carrying over nothing of yesterday's ideas. The less the memory is clutterred with preconceptions the more you can recognise newness of concept. For this reason the notes given herein are just enough to get started. If you have read nothing else about the symbols, so much the better, the less clutter of other peoples ideas to worry about, the more freedom you have. You will find that after an initial feeling of blankness, once the ideas begin they will flow, triggered by the "bait" you have put on your "TZADDI", Fishook, you have dropped into the subconscious mind in the realm of NUN, Fish, individuality. You have set a sprat to catch a mackerel if you are really and actively alert and open to new ideas. Nothing spectacular, but just as you always do when faced with a new situation, you work it out somehow, and are usually near enough to right. As we said earlier, being "right" is not the issue, the activity of trying is all that matters. No day-dreaming, no trying to remember anything, but a little lively fantasy helps, fantasy being guided by the symbol. You are not going to take your notes too seriously anyway or you will build up another burden of preconceptions, the very things you are working to outgrow. After the meditation, put away your papers firmly and forget about it. The subconscious will go on working for you after a while, but keep your mind occupied with the immediate present of the daily round. Together, you, the active "male" Eros and your loyal little "wife", Psyche, will work it all through, for

that is Nature's way.

"And they twain shall be ONE flesh" Man/wife are not separate entities, for jointly they represent "I".



THE SYMBOLISM OF THE 22 LETTERS

6			.47
	1.	ALEPH	"
	2.	BETH	200
	3	GIMEL	2
•	4	DALETH	7
	5	HEH	T
กลา	6	VAU	7
Fi	7	ZAYIN.	7
co cd	8	CHETH	П
	9	TETH	10
Value	10	YOD	•
-V3	20	KAPH	, >
ŀ	30	LAMED	7
600	0,40	MEM	הם
700,50 60		NUN	3
		SAMECH	0
	70	Ayin	V
800,80		PER	1
900,90 100 200 300 400		Tzaddi	3
		QOPH	P
		RESH	7
		SHIN	2
		TAU	ת
		1	

Power, Stability, Unity. Virility, inward & outward. The Paternal Sign Pruduction, Birth, Canal, Communication, travel. Growth by Division. Organic development. Abundance. LIFE. The abstract Idea of BEING, Conjunction, that which links or binds, knot. Demonstrative Sign, Luminous refraction, indicates. Limited action, Efforts & actions balanced Resistance & protection, (a Serpent guarding its eggs) Potential manifestation, Eternity, Duration. Assimilation, (The Hand cupped to recieve) Expansive movement in poise. Extension The Maternal & Feminine. As Final, collective plural. Individuality. As Final, completed action. Circular movement, the end returning on itself. The purely material & perverse. Outward appearance. Emphasis, Speech, the mouth open to express. Goal, Objective. As Final, scission. Material existance, giving form, Subconsciousness Urging movement, kenewal, consciousness Duration of movement, Fiery urgency Perfection, keciprocity.

The Final of Letters indicate completion of the activity normally associated with the Five Letters concerned. Thus; KAPH, Assimilation, as Final, assimilated.

NOTE, These are "keywords" only, and in conjunction with the meaning of the Letter, e.g. Aleph = Ox, are easily memorised, and MUST be, then by using these keywords to interpret short words, sespecially the Root of a word, (ALWAYS an activity,), a more intuitive grasp of the meaning of each Letter will be found. The essense of a Letter is extremely abstract, but with much practice you will "get a feeling" about each Letter and, more importantly, about GROUPS of Letters. The dictionary meaning of a word is very inadequate. In fact Strongs Concordance often gives a long list of ways in which that word has been translated into English. REMEMBER, IT IS THE EFFORT THAT COUNTS, NOT. THE RESULTS.

We are now beginning to Enter the Immeasurable Regions of In-tuition, not dogma. Being Right is not important here, practice is. Dare to be wrong and you will be "right".

At first it is very helpful to spell each Letter at length thus:- Aleph is spelled A L Ph to mean "Ox"; Beth is B Th; Gimmel is G M L = Camel; D L Th = Door and so on. This practice is very simple and effective and an excellent way to "intuit" the meanings.

Having spent some time reviving your subconscious memory of the associations of the 22 Letters and remembering the optimum portrayal of the Tree of Life start active and positive meditation on each Letter and the symbolism associated with it on the Path to which it is ascribed, studying all you can on the mythology of the Twelve Signs and the Seven Planetary gods. repeatedly read the Twelve Labours of Hercules and considering the symbolism of the Four Elements. Play with the digital series of numbers for your self. Don't waste time on "Chiero's Book of Numbers", it contains only his fanciful associations - yours are from within, his are from without, alien interjections. Be faithful to your own "wife", don't let her be raped by another, or your "children" may be his and not yours. This is the basis of the much maligned "secrecy" of the Golden Dawn, that one must work for oneself. Again we repeat, you are not trying to build the Tower, of Babel, which was destroyed, nor even Solomon's Temple - which again was destroyed, restored and destroyed again, as will be any "structure" of philosophy you may YOU are the Temple, the congregation, the Priest and, indeed, the indwelling Divinity ever ready to guide your steps to maturity.

Many fanciful attributes have been ascribed by the fundamentalists of astrology to the recently discovered planets, but recall that the planets were but points of projection for inner realities and our need to project is decreasing, hastened by the boot-marks on the Moon. There are three more levels, of which we are not yet conscious, but they will be known to you when the last phases of Initiation occur within you. Ignore the fantasies now imposed on Neptune, Uranus and Pluto. The ancient Seven Planets are of the Soul, the three newcomers are of the Spirit and will be "realised" (made real) when the work of the Soul is completed.

Having become thus familiar with the Tree of Life and worked through all the Paths, start again at NUN and work backwards to Aleph, meditating daily for at least three days per Letter, then start with SAMECH and work forwards to TAU, not forgetting the five final forms of KAPH, MAIM, NUN, PEH, TZADDI. Then start again with TAU and work back to SAMECH, each time will be the richer for the previous work as one Letter illuminates another.

Then work on the Four Planes
ATZILUTH Pure Divinity, co
BRIAH The Archetypal W
YeTZIRAH The World of Form
AaShIaH The mundane World

Pure Divinity, contains only KeTheR
The Archetypal Worla, ChokMaH & BINaH
The World of Formation, the Soul,
The mundane World, personality.

By this time you will have animated your concept of the Tree of Life with the Alphabet, the Three Principles of AIR, FIRE and Water, and the Seven Planets using both Hebrew and astrological terms, plus much mythology based on ancient astrology. Work now on the Ten Sephiroth using the Hebrew and English names and the numerical associations and planets. So start serious work on MALKUTH, into which all the above powers, purposes and influences flow, as illustrated using the Letters of the Name, IHVH at various levels, first as the four elements, Earth, Air, Water and Fire - Body, Intuition, Emotion and Intellect. Having done this, use the Name again as the Four Worlds, Atziluth, Briah, Yetzirah and Assia, as reflected into Malkuth.

Remember, you are not trying to build the Soul for it is eternal, timeless, you are working to attune your personal awareness to that of the Soul, opening little passages through which the real Self can impress the personality, and that in so doing you are actively and positively responding to Higher Will which has brought you thus far and will continue to inspire you.

Much of the foregoing sounds rather technical, so above all focus on TIPHARETH, BEAUTY, in daily life. The beauty of Nature in all her glory. Nature as a living totality, a LOVING totality. In Her you will see Love as the fundamental urge of Creation culminating in Love of Humanity. Not the weak longing to be loved, but as the mature sense of feeling Love flow through you to Itself, God, as He appears in every creature from mineral to Man, the Love which gladly offers up self to Selfhood. Some call this "sacrifice", some call it "dedication", These may be preliminary concepts, but when the fully mature human finds Union, both are lost in Love. When we insert the Holy Letter SHIN in IHVH we get וואס , the Hebrew spelling of JESUS. In normal life we associate the word "love" with "being in association with", posessing in some way, wanting to hold to ourselves, rather than a sublime respect for the Selfhood in all others, a total sharing of Selfhood, with no wish to touch or to hold or otherwise impinge upon such Selfness. Love, pouring abundantly down from Kether into Tiphareth and beyond, to the Veil of petty personal preocupation, the chrysalis of personality. The purpose of this work is the Rending or the Veil.