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Measuring Vital Energy Fields with the Pendulum

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Measuring Vital Energy Fields with the Pendulum

By Shomer Michael Freedman SG

At its most basic level, the universe is energy, manifesting itself in a variety of ways. The interaction of various energy fields manifests itself to our physical senses as light, heat, sound, touch, taste and smell. Humans have developed many instruments which can amplify and transduce or change one kind of energy into another, so that our brains and physical senses can process it.

Thus, we can perceive, analyse and use energies which normally we cannot perceive with our unaided senses. This article concentrates on one such instrument, the pendulum, because it is the easiest to make and the simplest to use.

Unknown energies

For example, no-one suspected the existence of radio-waves until 1860, when James Maxwell predicted their existence. They were not actually found until 1887 when Hertz succeeded in producing them experimentally in his laboratory.

Similarly magicians working in the esoteric sciences have known of the existence of vital energy fields in and around living bodies for many centuries. One of the problems has been that many occultists have believed that the ability to perceive vital energy was something that pre-human species and primitive human beings once had, but have lost as civilisation and technological skills developed. Therefore, they did not expect to find it or even look for it outside of the few who had it in larger than average degree.

An evolving ability

As it happens, it is very likely that, until comparatively recently, the human mind was not sufficiently evolved to perceive vital energy fields. The human organism is still evolving in various ways. For example, there is some evidence that human beings have only been able to see the higher ranges of the visible light spectrum, such as blue and violet, in the past couple of thousand years.

If this is so, the ability to perceive vital energy is something which should be looked for and encouraged in order to facilitate its development in more and more people. In the light of the biologist Sheldrake's hypothesis of Morphic Resonance, the more people who develop their ability to perceive vital energy, the easier it will be for others to develop it - a bit like the famous Hundred Monkey effect.

A language problem

There is a further problem. Because the ability to perceive vital energy is still an evolving one, we have not yet evolved any clear language to describe vital energies when we do perceive them. We each have a language evolved over tens of thousand of years to describe what we see, hear, touch, taste

and smell, This is why, when people try to describe their perceptions of vital energy, they usually use words related to one or other of the physical senses.

Pioneers and modern scientists

One of the most thorough investigations of the human energy field was in terms of colour. It was conducted by Dr WJ Kilner during the first 20 century. His major book, 'The Human Aura' has been in print continuously since 1920. Earlier pioneering work is described in a 19th century book, also still in print The Odic (1858) by Baron Karl von Reichenbach.

Great care must be exercised with many recent books on the aura, as they are likely to have been strongly influenced by Theosophical concepts, originating from the pseudo-eastern publications of a self-proclaimed clairvoyant, C.W. Leadbeater. His books are largely a reflection of his own psychological and spiritual inadequacies rather than being of any objective value.

For example, his personal repugnance for normal sexual relations led him to deliberately omit the sexual energy centre from his schema of the aura. He substituted for it a spleen chakra, which had not been heard of before Leadbeater.

People who are interested in genuine Eastern spiritual traditions should avoid the Theosophists and co-influence writings. Recommended is working with direct translations from the Sanskrit, by Sir John Woodroffe, whose pseudonym was Arthur Avalon.

One of the best modern studies of the vital energy fields is reported by a medical practitioner, Dr Thomas Joy, Joy's Way 1979. When Dr Joy looked at the human vital energy field objectively and without prior conceptions, he found a picture rather different from popular theosophy and traditional Hinduism and Buddhism. The books of Dr Thelma Moss, The Probability of the Impossible 1974 and The Body Electric 1979 also report much important work on this topic.

The Pendulum

Many different instruments have been developed to try to measure vital energy fields, some very elaborate. The simplest of all such measuring instruments is the pendulum, which can be used successfully by anyone. It facilitates our interpretation of even the smallest perceptions we normally have of the vital energy fields.

Important Points

- 1. It is your mind which perceives the vital energy field, not the pendulum or other measuring instrument. The materials and shape of the pendulum are of secondary importance, for it is just a transducer and amplifier of what you perceive.
- 2. Anyone can perceive vital energy fields, but some appear to have clearer and stronger perceptions than others. This is largely a matter of practice, rather than of innate ability.
- 3. Not only can we perceive the vital energy fields, but we can perceive differences in it, even though we lack a precise language in which to describe these differences.

A right-brain activity

It has been suggested that the perception of vital energy is probably processed in the body by the right hemisphere of the brain, for the right brain is specialised in perceiving patterns in space, such as in imagery and music. If this is so, it indicates where the difficulties of analysing and describing our perceptions come from. Until a language is developed which can handle these perceptions, the analytical, verbal left hemisphere of the brain will be unable to interpret and express the right brain's perceptions.

Using the pendulum

When you use a pendulum to help you examine a vital energy field, your mind perceives the patterns of that field. Your mental perception travels through your brain to your hand and fingers which are holding the pendulum. I use a pointed rod a couple of inches long on the end of piece of string with a knot

in it about 10 centimetres [4 inches] from the top of the rod. I hold the string at the knot. The rod passes through a weight [not more than 50 grams, or 2 ounces] which holds the rod down enough for its movements to be clear and unaffected by tandom air currents. For outdoor work, when walking around a site might make the pendulum gyrate unduly, I use a heavier weight, about 120 grams or 4 oz, and hold the string at a knot about a foot [30 cm] from the pendulum.

When the perceptions of the vital energy are transmitted from your brain to your hand, minute, usually invisible, muscle vibrations are set up in your hand and fingers. Controlled laboratory experiments have shown that it is possible to condition a human being to be able to move one muscle spindle, a movement so small and subtle that it takes elaborate electrical equipment to measure it. Such minute vibrations are not detectable by eye or kinaesthetic senses. Your hand should appear to be quite relaxed and at rest, just as your mind should be quiet and relaxed.

Usually the spin is steady, but occasionally it is strong. On a few occasions, it has been so strong that it is described as helicopter which is self-explanatory. After a while, the pendulum stops doing its gyrations and either returns to the original gentle tic-toc or settles down to rest.

Recording observations

At this point, three observations are recorded:

- 1. We measure how far the pendulum is from the person or object, to record the edge of the field at that point.
- 2. We also count the number of spins or gyrations from the time they start until the time the pendulum settles down, to record the intensity of the field at that point.
- 3. We note which way the pendulum spins, the style and shape of the spin and any unusual things, such as a very slow or very fast speed, involved or complex gyrations, etc.

An objection

People who do not admit the existence of such things as vital energy fields usually say, at this point, 'Of course the pendulum will vibrate after a while. Muscle fatigue causes your hand to tremble. We agree, and are careful to avoid doing this work when very tired. But, while fatigue can explain why a pendulum starts to vibrate, it does not explain why it stops vibrating after a while. In any case, it is probably wise to support the forearm of the hand holding the pendulum with your other hand, to keep it as steady as possible. Try it yourself

There has been enough information provided in this article for you to start measuring vital energy fields yourself. Have fun.