

THE BOOK of POWER



By
Justin B.

The Book of Power

By Justin B.

Foreword to the 2nd Edition

I thank you for choosing this work in helping you understand sigil magic. This is the second edition of the book and I must say after reviewing and editing it holds up quite well to the five years that have passed from the first publishing. Most works I have created I can go back and wish I would either have never painted or written it or see huge changes that need to be made. This work, save for a few additions is something I am still proud to call my own. For those of you reading for the first time I hope you enjoy and gain a great deal from exploring this book and this magic. For those of you returning for seconds I hope the few additions make it worth the second purchase, I think they are at least. I appreciate everyone who encouraged the re-release of the book, and to those who have experimented, worked and raved about the ideas contained within. RaPyra, Chris, Joaquin, Nancy, Dawn, and to all of the readers of my blog I appreciate your words, and most importantly your interest. Thanks. Now let us get to the good stuff!

-Justin B. 9/20/12

Introduction

In the distant past men and women who ventured upon the paths of magic did not have the names of the gods or their images to invoke. Those early magicians only had a sense of that certain divine quality or power and nothing more. They took that experience or idea of power and used it to draw closer to that god, to learn its name and attributes, befriending it and working with it over time. Eventually the names became public along with the symbols of those gods. In our modern world we are left with the names and symbols but not the essence of the gods' power. In this book we will use our personal experiences and our inner power to connect to the divine forces we require in our magic. We will connect with Godforms that will aid us in our lives and our destinies as they once did so long ago.

This book is not truly a beginner's book. Many of these exercises will have required you to have done magic successfully in the past as well as have some experience with visualizations and using your active imagination. Although I do have three exercises in the book to start with these are just to get into the proper current of this work and not for developing the skills and experience you need to work these magics. There are a whole host of beginner's books out there to aid you in your start. I recommend any that train the astral senses and work with the elements. One can of course find my previous book "Secrets of Magic Revealed" where I lay these exercises bare for all. If you have an excellent imagination and strong willpower than by all means give it a shot without any previous magical experience.

Let me tell you how this book came about. I like to experiment with magic; I am rarely satisfied in with what is on the printed page. I like to seek out avenues and lines of thought that most do not explore. Every once and awhile I strike magical gold. This book holds my

findings and what I have discovered. A couple years back I was working on automatic drawing. I was trying to discover new sigils as well as plumb the depths of my unconscious mind (The modern way of saying the soul). I found that if you focus your attention on a certain type of energy then the mind begins to flow in that direction and what is drawn upon the page is influenced. I also wondered how magicians of olden times found their sigils of the spirits, which they placed in the grimoires. This along with my work in evocation led me down some interesting paths until I discovered a method that has always been in front of everyone's face but no one seemed to notice. In essence it was a mountain of gold that as far as I have seen either no one saw or no one was talking about. Well, for me secrets ride on the wind; and all things shall be revealed. A little later in my work I began work on invocation of Godforms and angels. I noticed that when I invoked these energies they left a certain impression or astral "signature" if you will. This impression or signature is the form the spirits energy takes on the astral plane. I stored this away in my journal and moved onwards. The final few light bulbs went off when I began some work with the kabbalah and started reading about a magician named Austin Spare. For those of you who do not know what kabbalah is, close the book and go read something else. For those of you not familiar with Spare, it is forgiven. Spare was a magician trained by a witch. He used automatic drawing to conjure up long dormant energies within himself and the environment to work his will. His artwork is truly amazing and frightening at times; I recommend a look at some of his work. Now, Spare had an interesting technique but something about his description of it seemed off base to me, as if he was not 'fessing up about something. The very last piece of the puzzle fell when I had a funny little dream that I will describe later. Finally, I had everything all put together. In a few pages you too will have this as well.

In this book we will learn the process of making your magic out of your own being, just as the gods create out of themselves. If you choose you may work with whatever system you are on now or you may just use this system. Once you are proficient in this work, magic will come naturally to you and be ready to use at a moments notice. I will begin with some core information like raising energy, protection and banishing. But trust me it is not tedious and will be of service to you later! So let us begin.

Banishing

In magic there are three forces that are paramount. The first is imagination. Imagination is your ability to create an image, sensation or experience that for you appears to be real in your mind's eye. Everyone has an imagination and it is simple to activate. Below I will tell you to see or experience something; it is done in the imagination. Do not force any of these things to be experienced, let them come as if in a daydream. Just let your mind know what you want to imagine and usually if you give it a second and you are relaxed it will pop right up in vivid detail. The second force is willpower. Willpower is a force within you that gets things done. Any time you have pushed yourself to do something or made yourself to get out of bed to go to work, even though that bed was so warm and comfy you have tapped into that force called the Will. The best example of Pure Will though is not so much a forcing of the self but a clear determination and single focus that causes every aspect of your mind and soul to work in unison towards a goal. To use the same example of getting out of bed, if you have ever been excited about something that was going to happen the next day and had to wake up at a certain time. You will notice that you naturally wake up

at the very right moment before any alarm. That is a natural and Pure Will needed in magic. The last and sometimes most potent is emotion. Excitement, passion, anger, love, and a list of thousands of others all count under this. Emotion stirs the soul and adds dynamite like force to any magic. A little later I will show you how you can tap those emotional forces for magic in an amazing way.

Now that I have covered the basics I will give you a banishing ritual that is easy to do and can be done any where at any time once mastered. Just follow the directions and use the above forces.

Ritual Bath and Purification Rite

Take a long bath. Really scrub yourself down and make sure every inch of your body is as clean as possible. Brush your teeth; cut your nails, whatever it will take to make your body feel perfectly clean. While you are doing this imagine all the dirt of your soul is being washed away. Think of purity. As you go imagine that your body is beginning to glow with a white light. At the end when you are getting dressed in clean relaxed clothing you should imagine that your light fills the room.

Sit in a comfortable chair and breathe deeply. Breathe deep down into your stomach, hold it for a second and then push all that air out. Keep doing this until you feel even and relaxed. While you are doing this imagine that white light is becoming more intense. Think to yourself that if someone walked in they would actually see the light coming off of you. When the experience is very real in your mind and you feel very relaxed then move on. (At this point if you are familiar and proficient with any banishing rituals feel free to do them here to add to this ritual, if not then that is fine.)

Focus your mind on your solar plexus. It is right above your stomach and under your chest bone between your nipples. If you feel at the bottom of your chest in the center you will feel a slight indentation. That is where you want to focus but in the center of your body. This is your center. Imagine that is where the light is coming from, like a bright white sun. Begin to draw in that bright white light with each breath, condensing the light. Focus all of that energy deep into that white sun in your center. This point is your divine center. When all of the light you drew in is condensed move on.

Now, the light is condensed and focused. Imagine now that the purity you feel after washing and cleansing your soul is within that center as well. Focus all your thoughts of “Clean” and “Pure” there. You will have an inner experience of being done when you have it. Once this is acquired imagine that the sun bursts into a bright blue flame. See it and imagine that it is a powerful magic flame that burns away all negativity, evil and all that is not pure and clean. Once this imagining is real too, you can move on.

Taking a deep breath and holding it imagine that when you breath out you will breath this flame into the room and it will devour all negative energy, evil and all that is not pure. Breath out! As you do let out a big “AAAAHHHHHHH” (It is the sound of relaxation after a long day of work).

See the entire room being cleansed by the blue flame. Let it burn as

long as it wants. Once done use your mind to feel whether the room feels pure. If it does move on, if not repeat step 5 and this step until it does.

When the room is purified from this action, focus again on your center. Watch the blue flame within you. Know that you can call it up at any time, anywhere. Once you feel like that is true take a few moments and come back to reality. Take a couple deep breaths, open your eyes, and begin to move when you feel ready.

That is it. That is your banishing ritual. Practice steps 2-7 for several days until you are quite sure that you can do this any time you like. You can now breathe a purifying fire! Pretty neat, huh? Once mastered just focus on your center and imagine the blue flame ready to blast through anything. Then take the deep breath as you say “ah” and simply imagine it cleansing everything. You can do the four corners of your room or if you are cleansing a talisman or item, even your own body, whatever you like. It is your power now. To be sure you are doing it properly here are two tests:

For this test you will need a piece of paper, a pen, a rock, a pendulum and the ability to curse or swear.

Take the piece of paper and call up some time in the past that you were really angry at something. It could be from being in traffic to the dog urinating on the floor. Now keep that in mind and write a curse word on a piece of paper. As you write it say it out loud and really put your emotion into it. Now take your pendulum and place it over the paper. It should spin counter clockwise due to the negative energy. If not then shout the curse word at the written word and try again, it should definitely work now. Once it spins counter clockwise put down the pendulum and prepare your banishing breath. Breathe the blue purifying flame onto the paper; imagine the word burning off the page. Now take the pendulum to the word again. It should not spin at all. Once you can succeed at this try test two. Do not worry if the banishing does not work right off. You may need to practice more or relax more. Keep at it until perfect!

Take your rock and use the pendulum on it to make sure it is at dead zero, no spin. If it spins left or right banish the rock using your breath until it does not cause the pendulum to spin. Now call up in your mind everything that you can think of that has made you mad or depressed. Any negative emotion; recall it now. Pick up your rock and force all that emotion into it. You should feel drained afterwards from the negative energy you have thrust in it. Put the rock down and pretend that rock is the cause of every bad thing that has ever happened to you ever, your worst enemy in rock form. Shout at it; curse it out; heck, even spit on it. When you have exhausted yourself of your rage take a break and go get something cool to drink. Come back and test the rock with the pendulum. It should spin counter clockwise like crazy! If the pendulum does not spin you have either the worse skills in venting your emotions ever or a broken pendulum. Most likely it will spin if you put any effort into it at all. Now, as you have probably guessed it is time to banish the energy out of it. Repeat what you did with the paper and banish the rock. Test it again with the pendulum and see if there is any movement at all. If there is banish again. Keep repeating the test until you banish it the very first time you try. Eventually you will get it perfect. You may want to try banishing it while at the same time holding the pendulum just to watch how long it takes to banish the energy from the stone. I have found those I have taught the banishing breath to have created personal variations to it, and I

have been in awe of their variations, please allow whatever your imagination comes up with to modify the practice it may lead to something that would impress me!

Raising Energy

Now that we know how to banish we will learn how to raise energy. It is a very simple process and can be quite enjoyable. I stumbled on this meditation one night while working with some archangels.

Banish self (as in your body) and room. From here on I will just say banish and that is what I mean.

Take several moments and let your mind and imagination focus on things of power. Imagine the power deep within the Earth, volcanoes, imagine the power of the sea, storms and lightning and the wind. Let your mind flow through life and the power within animals, people, plants and places. Now begin to let your mind soar into the heavens and imagine the power residing in the planets and moons, the sun and stars, galaxies and cosmic dust. Finally allow your mind to contemplate the divine creative power that started and sustains all of these things. When you feel as if yourself and energy have expanded then move to the next step.

Now imagine that ball of light within your center that you focused on for the previous exercise, your divine spark or flame. Imagine that in a second you allow in all of that energy or life force to pour down into you, filling this center. Do so now feeling and seeing waves of light pour in and your divine spark growing brighter and stronger. Eventually, it will fill your entire body, then create an aura around you, and if you let it will grow as large as it can. When you are ready to move on stop the power you are imagining from being drawn in.

Sit for a few moments no longer drawing in power with each breath. Focus on the feel of power and what it does to your being. When done or you are ready to finish put your hands a few inches apart and imagine that all of that energy is pouring out into a bright white ball of power in between your hands. Once all of that energy is done focus on the ball with all of your will and imagine something beautiful, wonderful or just give thanks for the abundance of power available to you. When done with that, thrust your hands upwards and see the ball of power fly lightning fast into outer space. While doing this you should still see a very healthy and bright divine ball of light in your center.

You will notice that after you have accumulated the power if you allow yourself to experience your surroundings through closed eyes all sorts of beings will have gathered around you in the astral plane. Do not be afraid they are just curious and basking in your divine glow. Some may be angels, others most likely will be elementals and thought forms. Feel free to open your mind to them or anything else that has come around. If at any time you feel the presence is evil or something negative ask it to leave. If it does not, you know what to do: BANISH!

The Circle of Protection

Most students of the occult do not know this, but the true circle is the magician's aura. A highly developed magician will not need a circle drawn on the floor. Their aura is so developed that no spirit can penetrate it or cause any unwanted effect. Well, instead of wishing that were you, let us get that ability mastered right now!

1. Banish and raise power (from now on when I need you to do this I will call it prepare.)

2. Feeling that glow of power and divine light around you try and sense your aura. It should be easy while in your current state. Just focus your mind a few inches to a foot away from your body and you will pick up a subtle field of energy vibrating all around and within you. Now imagine the light and power that you drew into you from the power raising is forming a protective shield around your entire body. You must know deep down that nothing, absolutely nothing is allowed into your aura unless you allow it to. If you like imagine a circle around you that is glowing a bright white with the remaining energy you may have drawn into yourself.

Repeat daily until you have an inner sense that you are completely protected. If you have worked with the archangel Michael you can imagine that he himself draws the circle around you with his fiery sword.

Once this is mastered repeat it once a month. After you have done it for a couple years you may simply imagine that it is permanent and use the other skills you will soon be learning to further empower it.

That is all for the preliminaries. Once these exercises are mastered or at least the first two are mastered and the last is well on its way you may move on. While doing this you can get the following items ready:

Two blank un-lined journals

Colored markers and a permanent marker

An ink pen or two

Part II

Earlier I told you I had a dream and that was the final piece of the puzzle for me in all of this. If you forgive me I will relay the most important bits of it down for you. Essentially the dream consisted of me taking a piece of paper and some chewed gum, sticking it together and calling a spirit of the air to me. When the spirit showed up I made it stick to the paper via the gum. After that I was able to fly through the air, transform my body into the wind and do all the things an air spirit does. Now please do not think that I am about to get you to chew some bubble gum up and stick it on some paper to go out catching spirits! But the symbolism is near enough. You see, when you craft a sigil, glyph of a spirit or its signature-once a spirit is called, it is bound to that image, and actually it becomes that image. Any time you hold a spirit's sigil or signature in your hand

you are actually holding that spirit in the astral plane! Sigils are the bodies or representations of the spirit. Keep that important fact in mind as we move forward.

Previously, I told you to get two journals. One journal will be for recording the sigils you find or make for future use and to keep safe. The other journal is used as a sort of calisthenics or warm up for the actual work. The mind has many layers upon layers that we normally do not come into contact with save in dreams or altered states of consciousness. To best connect with the astral plane and to receive accurate information I have designed a little exercise to make those paths clear temporarily so you can work without contaminating your results. Take the first journal before any sigil discovery and do the following:

Open to a clean page. Take a few deep breaths. Write and draw anything that pops into your head. I mean anything.

That is it! Sounds silly? Well it is deceptively powerful. You must be honest with your self; no one will see this journal. In fact once it is full burn it and get a new one. Just make sure that before you burn it you use your banishing breath on it. That last thing you want to do is release that junk into the astral plane. You do not even have to pay attention to what you write or draw. You do not even have to look back unless you want to after you are done with the entire ritual and have acquired your sigil. I don't care if it is poetry or garbage; a long tirade of insults or drawing of stick figures (try and do better than that even if it is just geometric shapes or doodles.) put down on paper each and everything that pops into your head. No judgment or guilt. Do not worry about periods, grammar, spelling or making sense either. Just write like a madman everything that comes up. If you feel better about it you can actually call it your "Book of Complete Non-Sense and Assorted Crap" instead of a journal. The value of the book is that all that non-sense and mental dross is now trapped upon the paper and not floating around your head during the ritual. If nothing comes to mind during your journaling take a few minutes to doodle or write, "Blah, blah, blah, this is so stupid!" until something comes out. Trust me after the exercise; if you have done it right, your mind will be clear and ready to perceive what needs to be known. It also has the related benefit of destroying tension within and creating more creativity! Much of what gold diggers find is dirt, but when they get that gold nugget it makes it all worth it. You can't go wrong! One last thing, I have seen that sometimes strange messages will come through, unless you have purposely evoked or invoked a presence or spirit take what is written as information from your deep mind that should be taken with a bag of salt!

Now it is time for the actual practice. We will first create sigils that will be of great aid to us in the future and are most important. Take some time and consider what would be the most important powers you would wish to call your own. Healing? Success? Love? Power? It is your choice and does not have to be one of those previously listed things; it can be anything you choose. The point and the important thing to remember is to be broad and encompassing and not specific. In other words do not make a sigil to get that hot young thing you just met into your bed (check out *Sigils on the Fly* a little later in the book). While that is a noble purpose to be sure what we are trying to accomplish here are sigils that can be used anytime, anywhere at a moments notice. So you could make a sigil for love (erotic love included as you will see). For now let us go with that, "Love".

In your second journal (not your non-sense one) I want you to make a list of any memory or experience you had with love that was positive or that you enjoyed. Make a simple list of one or two words for each memory. Include emotional, sexual, spiritual, heck just plain old lust is good. Write it all down. Take a couple of days to do this. You would be surprised how a memory will “pop” up after a day or two and will be just perfect to write down. After about three days that should be good. During those times try cultivating a feeling of love. Rent a movie that seems appropriate or look at artwork that illustrates love to you. Music is especially potent in cultivating the best emotional response needed for this act. Try and live every moment in a state of love. Check out mythology on Venus, Aphrodite, Eros, Pan or whatever god feels right to you (I refer to the Greek or Roman Gods mostly due to my experience with them, feel free to substitute whatever God, angel or saint you choose as long as it is appropriate).

Once you have all your memories in a list, research done, and your emotional and mental state is soaked in the thoughts and feelings of love, it is time to do the actual ritual. If it takes longer than a couple of days to get in this high emotional state that is fine, take as long as you need until it seems the whole universe is love to you and that is the only thing on your mind. When this state occurs find a time and place where you can be alone and secluded for an hour or two at least. Bring your journals, markers and pens with you. Follow these steps:

Prepare (as stated above).

Use your non-sense journal until nothing more comes out of you and you feel as if you have entered some new state of consciousness. It will be slightly different than your normal everyday wakeful state but not quite in a trance.

Banish again.

Immediately after, go through your list of memories. Imagine yourself in the past while experiencing your thoughts and feelings of love. Really experience them and do not just run through it.

Once each memory has been experienced create an imaginary scene of how you would like to experience love. You could see yourself as the perfect mate, or how no one of the opposite sex can deny you. How would you feel if you were a master of love?

Now imagine that love is an energy or force. Feel and see it streaming out of you like waves or light shining out from your center filling the entire universe. Keep with this until it is a reality to you.

Now imagine that all that force and feeling is beginning to condense down into a shape. Allow it to take the form most appropriate. What we are aiming for is an angelic or divine being. Let your imagination and the universe work what it will. If you like I have found chanting the desire such as “Love” like a mantra helps to really lock onto the power. In essence you are evoking the archetypal principle of your desire. Keep chanting and seeing the light or energy condense until the being is astrally present with you in the room and vivid to your inner eye. You will actually feel another being with you in the room and see it in your minds eye. Know that this is the highest form of love.

Once that Godform has “appeared” imagine or allow it to step into your body and unite with your astral being. You should have your second journal with your listings in it as well as your markers ready and at hand. Take several minutes to really feel the divine energy of

Love within you and becoming a part of your soul.

Now ask it for a sigil, symbol or glyph to work the magic of love. You should also ask a word of power to activate the sigil. Allow this to come to you. Now record it immediately into your journal without losing the feeling of being united with love.

Now that you have that copied down in your journal focus your mind and will on the experience of love. “Push” that feeling into the sigil while chanting the word of power. Imagine the sigil glowing more brightly and growing stronger as you do so. When you finally have the power entirely packed into that sigil it should light up the entire room in your mind's eye. You should also feel nearly completely drained.

Banish. Record any thoughts or intuitions you had along with the time and date. Close the journals and pick everything up. For the next few days try and keep your mind completely void of any thoughts of love or the ritual. This is to give it time to grow and become realized in the astral.

After about a moon cycle return to the previously attained image. Just the journal with the image you recorded. Stare at the image until it is burned into your mind and you can easily visualize it. Now imagine it grows into a massive size. Step within it and vibrate the word of power. After a few seconds to a minute, visions will appear to you and you will have experiences congruent with the ideal of love.

The astral visitation of your sigils is a good idea to do every so often. You will learn many valuable things and also increase the power of the sigil over time. You may meet spirits or divine beings that will work with you and teach you.

Recharging Sigils

Any time you come across an experience that is congruent with a sigil you have created this gives you a chance to give it a boost or re-charge. Let us say that using the above example you find a lover. Those initial romantic feelings and that magnetic quality between you both should be selected from your mind and filled into the sigil just as you did with the Godform energy you experienced. That means each and every success you have with a sigil is also another opportunity to empower that sigil for future use and make it more potent!

Sigil Ideas

Below I will give you some ideas on certain sigils you can make and ideas on how to activate them. I think that the above example should be more than enough for simple concepts that everyone has had a chance to experience. Once you master the energy raising exercise you can make a sigil of that as well. Instead of listing things you might think of easily, I list here some interesting avenues of thought. So the below are a few that maybe need some creative work on your part. Afterwards, I will show you how to use the sigils when you need them along with other ideas.

Invisibility

At some time or another we all feel like we are ignored or go

unnoticed. These thoughts or experiences can be used for something positive! By using those memories we can build a good connection for the power of invisibility. Instead of seeing some force coming out of you or a certain Godform, imagine yourself fading from view. Imagine your surroundings able to be seen through you like a ghost and finally that you are not present at all. You could go further and imagine that not only does no one see you but also they cannot perceive you at all, in other words, cannot hear or feel you. In essence you are becoming insubstantial. You could chant “Vanish” as your mantra. These are all just ideas and feel free to work with whatever you come up with. What you imagine will always be more potent than what a book directs you to do! Once you have your sigil, an interesting test can be done. Place your sigil on a piece of paper and use the word of power to activate it. See its color shine brightly and command it to make the paper vanish. At this point put it some place where some one would easily find it. (My wife hates when I leave loose notes around. She picks them up and asks me to desist in littering her table or counter.) Come back later and see if it was moved or thrown out. If so it is obvious it needs more work. If success is had then cast your sigil or spell on something more obvious and place the object in a place that would make someone notice. Go from there.

Theurgy

Many magicians posit that it is the divine force within man that works wonders. By connecting with the supreme godhead we partake in its power. Theurgy is wonder working or working miracles. One could make a sigil of Theurgy and use it to work wonders. A good way to go about this is to go to places where “God lives”. Go visit temples, churches, cathedrals, mosques, holy sites, Wiccan circles or places of great beauty that speak of the divine creator. Go there not to be converted or hear their gospels but to share in the experience of people trying to connect with God. You could read scriptures of various religions wonder workers, holy men and saints. Of course some people have brushes with the divine and certainly if you are a magician you must have had peak experiences where you have touched a divine source. Those are all things you should list and experience to create your sigil. During your rite you could imagine meeting or entering the divine light. Experience in your mind and with your feelings what it would be like to truly meet the source of all creation and wonder face to face. Of course such a sigil should be respected and used with reverence.

Curses

We have all had some foe or villain cause us grief. If only we could shoot lightning bolts from our eyes or call upon heavenly wrath to squash our foes! Well be a victim no more! Using every memory of anger, wrath, pain, sickness and fear you ever experienced or remember you could create this sigil. That would be your list. When it is time for the Godform you could imagine a war god, like Ares, or even a powerful arch-demon. Imagine that the force within that sigil could destroy the heartiest foe, incinerate a block of stone or transform the most beautiful and healthy into the most wretched and nasty. Make sure that you put every ounce of that energy into that sigil! You do not want any residue of that nastiness in your astral being. Maybe banish yourself a couple times as well to be sure!

Magic

Much like Theurgy one could make a sigil for all magic. It would have to be a powerful sigil that encompassed much and as such here are some “ingredients” to make it so. First of all a list of your most successful magical workings would be a must. Again, as in Theurgy and being a magician you most likely have had brushes with the unusual or magical that has happened without you asking for it. In example from personal experience would be certain times in my life when I have seen spirits come on their own accord, unusual beings, ghosts, and strange happenings. Take for instance minor things such as not being able to find something and searching the whole house for it and then seeing it lying out in the open in a place you checked several times. Powerful dreams or visions can be and should be in the list. Any time you had a precognition or had a gut feeling. Anything at all that could be designated in your life as “magical” or unusual especially the profound things. The less you put minor happenings the better, a couple is more than enough. If you have done some spirit evocations and had an exceptionally strong presence or manifestation that should definitely be on the list. Also, experiences of great awe and wonder should go on the list as well. I have found that extremely powerful magical happenings usually take place in a state were one feels as if between worlds or between time and space usually in a strong magical rite. If you have ever had that experience, focus on that for sure. To cultivate it if you have not here is an exercise to be done. Once mastered than do a sigil on the fly, which you are about to learn, as it could take several attempts.

Sit in a dark room with some candles and any incense that informs your mind magic is going on. Make sure you are deeply relaxed and almost in a dream like state.

Imagine the entire physical universe is a thin veil covering a much grander more powerful and vivid reality. Spend several minutes cultivating this feeling until it seems like you could reach out and just rip this veil down. See it get thinner and thinner almost like reality is fading away.

Once this experience is real to you, you may stop the ritual. Through out the next few days bring that feeling up at will. Do it when you’re bored or do not have any task that requires your immediate attention.

Whenever you can call the experience up at will and it is strong you are ready to proceed with your sigil of Magic.

When you are doing the actual rite for the sigil you could use the imaginary scene at the end and see yourself capable of great wonders of magic such as feats and spells wizards perform in fairy tales such as illusions and materializations. This will bring that sense of child like wonder and mystery, if you like, into the spell. You could also place some of your other sigils that have worked well for you in your presence so that your magic sigil will become an all-purpose sigil. This would be perfect for magic has many different aspects namely: imagination, power, love, mystery, inspiration and so much more. What does magic mean to you?

Attributes

Things like intellect, strength, wisdom or any other ability you desire

are all perfect to create as sigils. Even things like mind reading or telekinesis are good. All of us have had some experience with all of these traits even if minor. And of course if you have never had an experience of a trait you can simply imagine you have. As long as you experience the imagining in a vivid manner with great feeling it will work. You can use instead of Godforms, famous people from history or legend as research. Animal qualities are good too, just makes sure you go to the zoo and observe the animal, or even better if you can touch it that creates a link to the animal. As always imagination and willpower go a long way. In fact some will tell you that is all you ever need to succeed. If you an artist or a writer and want to make a sigil for inspiration take all of your favorite artists down for your lists as well as subjects you find interesting or inspirational.

Sigils on the fly

What if you need a quick sigil to do some minor working? Although not the most powerful method it can be done with some success with enough of the two forces I just mentioned being imagination and willpower. To do this we just need to do a little creative exercise. Let us say you want to do a sigil for rain but you do not have all your things with you. First imagine the strongest rainstorm you can think of. Really put yourself in the middle of it. See the lightning, hear the thunder, feel the raindrops pouring down on your skin and soaking you. Become the rainstorm spirit. Now say the word “Rain” or “Storm” as a mantra really sounding it out and allowing the word to vibrate through out your entire body out into the universe like thunder (pun intended). I will now teach you a new method for creating sigils that can be used for this or you can use it in a more empowered rite like I have previously shown you. Once you have sounded out the word several times say each letter in the word while still focusing on the effect you desire. While you are sounding the letters out, pay attention to the “feel” or “shape” of each letter. Bellow is an example of how “Rain” appears to me. It could appear much different to you. I go through each letter and combine them.



R: When I vibrated the R, I saw in my mind’s eye a rolling line that swept upwards. **A:** Sometimes the A will appear as a sharp baseless triangle. Here “A” appeared as a lump. **I:** You really do not hear the “I” in rain, so it appeared to me as a tiny sharp triangle. **N:** The

N appeared in my mind's eye like a sweeping spiraling force like a whirlpool. **RAIN:** We now have a sigil that appears firstly as a rolling wind like force, then it ascends like a storm cloud, it then splashes down like the drops of rain and swirls about like a tidal pool. That is the spirit of rain I have conjured here. Yours may be absolutely different in every way.

This method is all about inner creativity and paying attention to what the sounds in the word are trying to express to you in that moment. You may notice that the same letter in different words will appear differently depending on it's placement as well as the overall meaning of the word. I have tried to discover some general key for each letter, but as of now it eludes me. Possibly in the future I will catch it and trap it upon some paper so we can share this mystery together. If the other sigils you have created are connected to Godforms, you may consider this method connecting with but a single spirit of that power. You could even make a few of these "on the fly" sigils and then later on use those to empower a permanent sigil from a Godform.

Dreams

A sigil of all your most potent dreams is a good idea. Recharging the sigil each morning from new dreams. It could become quite a powerful force!

Tarot Cards

Go through each of the majors and minors, making glyphs for each, these could be used to work with personality traits, added to other sigils you create for added intention or just to create your own personal symbolic tarot.

Part III

We now know how to create sigils, but how do we use them? There are many methods of use and each and every one can be deepened and mastered bringing much depth and art to this practice. One can evoke them, invoke them, use them in a talisman, Work with them as a familiar spirit, place them into other people or objects or as I mentioned before explore them in astral journeys. Let us look upon all of these options.

Evocation

Technically, the creation of the sigil was an actual evocation and invocation of the divine power of that particular energy. Within a single sigil lay the divine permutations of that power. This means that each sigil also houses spirits "under the command" of that divine power. That is why we make these sigils generalized, to encompass more possibilities and powers.

To evoke a being in connection with that sigil or just to call upon the divine form of that sigil you must do the following.

Enter a calm, relaxed state.

Prepare.

See the sigil before you very small, maybe only half an inch in size.

See it glowing subtly. Begin chanting the word of power of the sigil, as you do see it growing in size and in power. When the sigil reaches the size of a normal persona standing before you begin to intensify the glow or power radiating off of the sigil. Eventually it will fill the room. Keep chanting the word of power.

While you are doing this there is no doubt that the room will begin to feel different to you, this is a good sign. The stronger and more intensified you can imagine that sigil before you the more the room will be filled with its power. If you are evoking the sigil with other people in the room they will probably see and experience things that you may not. In fact while you may see a sigil floating before you, it is quite possible they will see a representation of that power or divine being. The reason for this disparity is that as a magician works with powers they become in tune or in synch with the force. That is why the first few rituals with a certain power you may experience a tremendous power but each time after it diminishes in experience. It is not because the force is weaker or you are not doing it right it is because your being has attuned to the vibration. Others who have no experience have not gotten that attuning, therefore a ritual you have performed hundreds of times may seem dull to you but to the uninitiated it may be life changing. Now and again you may attain a new level of power with a force and experience profound changes from it, and then slowly it will appear to plateau again. It is not, it is just you mastering the force.

Once you are satisfied with the intensity of the presence in the room stop chanting the word of power. You can either allow the sigil to transform into a personified representation of that sigil and Godform or leave it in sigil form. It is best to allow the being to do as it pleases in this regard. By allowing the force to form on its own, you allow your soul to mold it through will and imagination and this allows greater magic to occur. Never force, just intend and allow.

Speak with the God or spirit that you have evoked and when satisfied thank it for the information or work you have charged it with. Make sure you give it a chance to earn a reward for its job well done. Usually a good recharging or food/candle offering is enough. Make sure to ask.

Now see the sigil shrink down and as it does the power in the room will go with it. If you are sending it on a task see it dash away or rocket up into the ether. Banish.

So what if you want to evoke a spirit in some grimoires? Each spirit has a listing of powers and abilities as well as a description in most cases. Take all of that information and make a list of those attributes and how you can connect or have connected with them in daily life. Instead of creating a new sigil you simply use the one given and use the spirits name as a chant or mantra.

Invocation

Invocation is a wonderful practice where you build a stronger

connection to the force drawn into your being. One can imagine the body being a pipe and the force invoked the water traveling through that pipe. Over time and with each invocation more water is turned on into that pipe allowing for a more powerful flow of that force when needed.

Do steps 1-4 of evocation.

Draw the sigil into your body. Feel and see the power radiating from your center, connected with the center of the sigil out through every fiber and pore of your being.

Allow some time for the unification to take place, try keeping your mind as calm and quiet as possible. Think only of the sigil and its power.

Eventually you will experience a knowing that you have completed the exercise. See the sigil with its power radiating out just as it was in you now exit your being. Feel yourself still more deeply connected with its inner essence.

See the sigil rise up into the heavens.

Banish.

Talismans

You can use a ready-made talisman or construct one from sigils you have created. If you are using a ready-made talisman makes sure you understand the meaning put into the symbols before you use your own power. Then create a sigil representing those powers or more than one sigil for different aspects within the talisman if needed. The sigils made from tarot cards are great for this as well. To create a talisman from your sigils decided which sigil you want to work with. For any materials always remember to banish the materials you will be using first. Get a metal disc (silver is excellent and gold is a metal that holds occult energy very well.) or a wooden disc. If wood is used prime the wood with at least two coats of primer. Then using oil (which is better due to the properties that make up oil paint) or acrylic, paint your sigil(s) unto the talisman keeping the idea for the talisman in mind the entire time you create it. In fact you should chant the word of power as you paint it on. One can make a paper sigil but their charge is usually limited and the paper can be destroyed easily. I have made a couple of strong paper talismans though. To craft a metal talisman simply get a metal carving tool or engraving kit and etch the symbol into the metal, again chanting the word of power behind it and keeping the power of the sigil in mind the entire time. You can use one sigil or many, depending on your needs. Once the talisman is complete call the sigil in your imagination and give it a powerful charge using the word of power. When it feels charged enough, give it your desired commands as well as duration of use. If you do not give a duration of use, it will quickly fade as other thoughts and feelings come into contact with it. When the talisman is no longer needed call the sigil to you, using the word of power and your imagination (that is, if someone else owns the talisman and you cannot get to it.) tell the sigil that it has completed its task within that talisman and can now leave it. See in your mind all power leave the talisman.

Familiar Spirit

Each sigil can be thought of as a familiar spirit once it has been evoked and invoked enough to be familiar with its energies and powers. One can simply imagine the sigil in front of ones self, chant the word of power and communicate with the sigil directly. If you need answers from it just quiet your mind and listen carefully to impressions that come visually, audibly or kinesthetically. One could in time build a formidable army of familiar sigils working for your every need. Just respect them as a part of your self and a part of the divine essence.

Normal Uses

While all the above can and should be done with your sigils the most common use is to simply imagine them in your center, where your divine light and power reside, chant the word of power and then focus on what you want it to do. Feel the power of that sigil flow through your body. If you want some one to fall in love with you then do the above and send the sigil darting out of your center to penetrate the aura and soul of the intended amour. If someone does you or your family ill then take that emotion and call upon your curse sigil shooting it at him or her from your center like a bolt of lightning.

You cause the sigil to enter any “victim” or recipient of the power because as I mentioned before the sigil *is* the spirit. Once the sigil enters their sphere then the spirit can get to work. Now sigils for invisibility or power are kept within your body because the spirit is working within you. That is it! The entire Arcanum of sigil magic and working with Gods and spirits is laid bare before you; all that is left is your mastery over this art. Good Magic to you!

Justin B.

6-21-07