

Lucidology 102: The 100 OBE System

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**“How To Have Your First 100 OBEs In 100 Days Even If You’re
A Jetlagged Insomniac Right Now”**

Bonus: “Exit Paths Diagrammed”

- 1. Going From Relaxed To Mind Awake/Body Asleep
Flowchart**
- 2. Going From Mind Awake/Body Asleep To OBE or
Blurry Pre-Phasing Imagery Flowchart**
- 3. Going From Blurry Imagery To Vivid Animated
Imagery Flowchart**
- 4. Going From Vivid Animated Imagery To An OBE
Flowchart**

By Nicholas Newport

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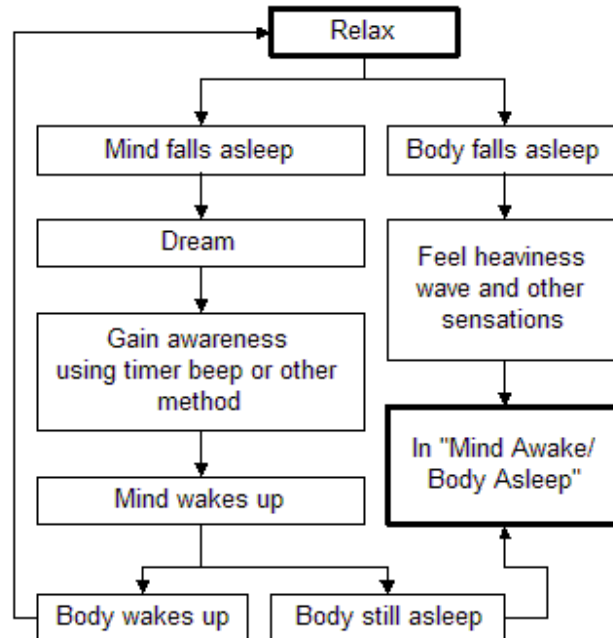
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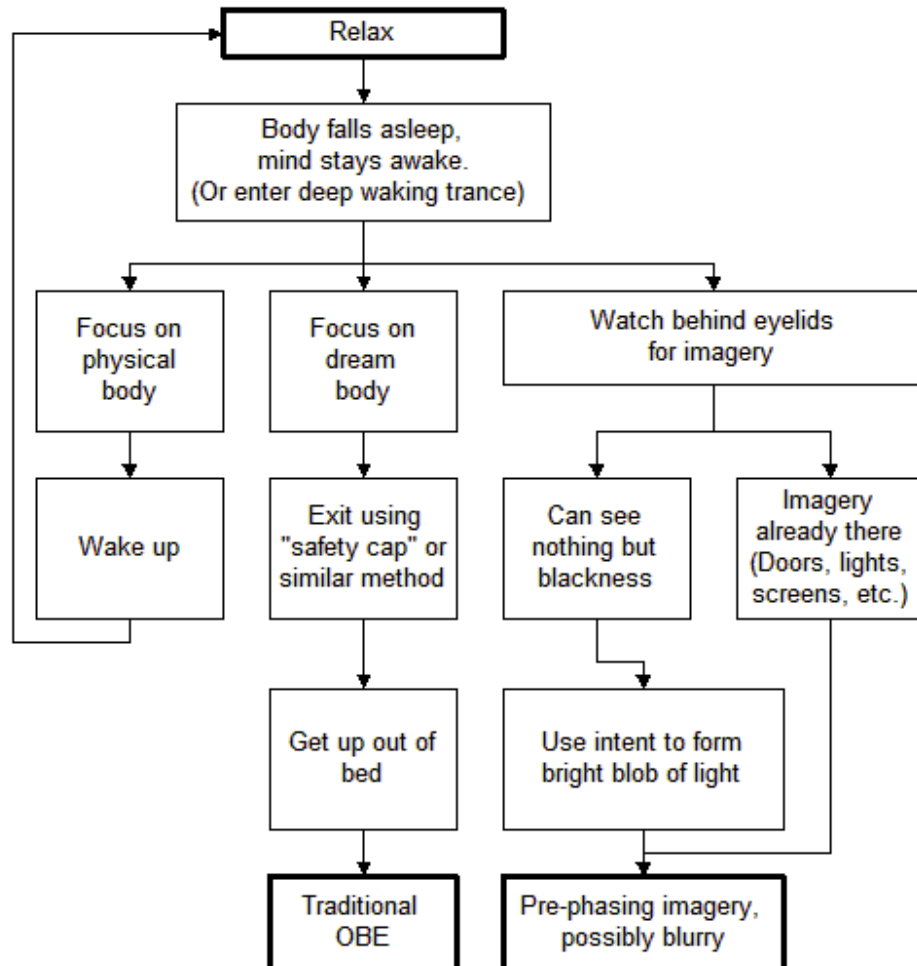
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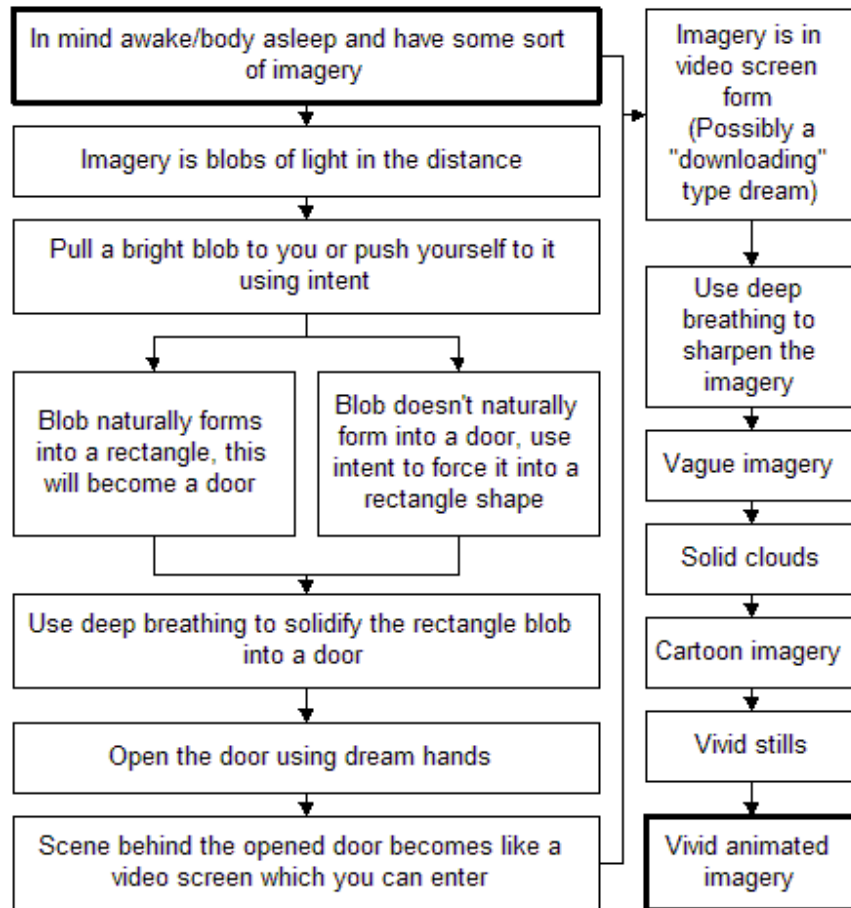
Going From Relaxed To Mind Awake Body Asleep



Going From Mind Awake Body Asleep To OBE Or Blurry Pre-Phasing Imagery



Going From Blurry Imagery To Vivid Animated Imagery



Going From Vivid Animated Imagery To A Projection

