

Astral Traveling Speeds

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Astral Traveling Speeds

We all know that in order to walk on the physical plane, we need physical legs. And we have very good reasons for believing so.

This conditioning makes us feel the same even for the Astral World. We feel that in order to move on the Astral planes, we need Astral legs. But you will be pleasantly surprised to discover how wrong you are!

Once you are out of your body, you will discover that you can move even if you don't use your legs. You can employ your power of thought to move. Your intentions and desires will take you to whatever destinations you choose.

Here is another great truth: once you get rid of the conditioning that you need your legs to move, you will find that you can move with great speed. In fact, the Astral Body can move at 4 different levels of speed.

1. Walking speed
2. Train speed
3. Rocket speed
4. Thought speed

Let us now briefly examine each level of speed

1. **Walking Speed**

We are familiar with this level of speed. It is the speed at which we walk when we are on earth in our physical bodies. We can use our astral legs to walk, but it is neither mandatory nor necessary.

You can walk when you want to explore your house, your neighborhood, and immediate surroundings.

2. Train Speed

Irrespective of what the name might suggest, this does not imply that you move as fast as the train does. However, it is much faster than walking speed and can be used when you want to explore your own city or the neighboring cities.

You do not lose your perception when you are moving at walking speed or train speed. In fact, you can use these levels of speed if you want to observe the surroundings or enjoy the scenery.

3. Rocket Speed

This level of speed is called rocket speed because it is super fast. Possibly, this is how fast a rocket travels. When you move at rocket speed, everything seems to rush upon you. You appear to be still and all your surroundings fold into you. The trees, the clouds, the cities, the landscapes seem to rush at you at top speed.

If you are traveling upward, the earth will get smaller in no time, and you will find yourself in outer space. You cannot perceive anything when you move at this speed. When you reach your destination, you will have no memory of passing rooftops, trees, clouds, stars, planets, and satellites.

You can use this level of speed if you want to visit a distant country or if you want to venture into space. However, moving at this speed will not take you far into space. You will have to use the next level of speed for that – Thought Speed.

4. Thought Speed

Thought speed is the fastest speed at which the Astral Body can travel. You simply need to think of your destination, and you will be there instantaneously. You will have no idea of how you reached the destination; you will simply find yourself there.

You will experience a blur in your vision for a moment and a sensation of being sucked into something. The very next moment, you will find yourself at your destination.

This speed is best if you want to travel to other cities and countries, outer space, or even other galaxies.

Moving In The Astral Body

Beginners will find that moving in the Astral Body is not as easy as it sounds. You have to get used to various levels of speeds; and this takes time and practice. You must practice Astral Projection several times and learn to control the movements of your Astral Body. You will find yourself very clumsy indeed during your first Astral Projection.

Once you get used to the different levels of the speed at which the Astral Body can move, you can easily control your movements, your destinations, and your experiences. You can now really have fun and embark upon adventurous Astral journeys.

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