

# Amazing Space Travel!

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# Amazing Space Travel!

Students of the paranormal long for the ability to Astral Project because it enables them to do so many fun things such as space travel.

Although it might sound unbelievable, it is true. The Astral Body, once out of its physical vehicle, has the ability to travel long distances at the speed of thought.

If you develop the ability to Astral Project, you can visit distant planets and galaxies, explore inter stellar spaces, land on the moon, meet extra terrestrial beings, and much more. The list of possibilities is almost endless.

## **Pre-requisites For Space Travel**

The ability to Astral Project doesn't make you eligible to travel in space. You need to satisfy the following conditions before you attempt space travel.

### **1. Get Rid Of Fears**

If you are afraid of hitting water or if you are afraid of drowning, you will never learn how to swim. You need to get the fear of water out of your system before you take the plunge. It is the same with Astral Projection and space travel.

Before embarking on your space journey in your Astral Body, overcome all fears. Understand that you are safe and protected and that no harm can possibly come to you.

### **2. Get Used To Your Astral Senses**

Let us use the example of learning swimming once again. Before taking a dive into the

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center of the swimming pool where the water is deepest, you must know what water feels like. You should be able to move about in water. You need to get used to the sensation of being in water.

Similarly, before embarking on a successful space journey, you must learn the art of controlling your Astral Body. You must get used to the Astral world and learn the rules on which it is based. You must be able to move about in your Astral Body and get used to the Astral environment.

You must understand that the Astral senses are much more advanced than the physical senses. Time and practice is required to master the art of seeing, touching, hearing, speaking, feeling, and moving on the Astral plane.

Space travel is an advanced aspect of Astral Projection. If you cannot get the above-mentioned basics right, you will never be able to appreciate the beauty of the Astral plane, let alone travel in outer space.

### **3. Control Your Thoughts**

A successful Astral Projector is also one who knows how to control his/her thoughts and emotions. Before traveling in outer space, you must become the master of your mind. You need to know exactly what place in space you would like to visit. You also need to have a burning desire visit this place.

Weak emotions and thoughts never lead to success. You might even be swept away to places you don't intend to visit. So, if you want to enjoy a successful space journey, learn how to control your thoughts and your feelings.

### **4. Learn Speed Control**

Once you learn how to take off into space, you will find it very difficult to apply the brakes. The Astral Body can move at breathtaking speed; and if you are a beginner, you will find it difficult to control this speed.

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In order to avoid getting out of control, learn how to control the speed with which you move.

Start your conscious journey into space only if you are sure that you know how to control your speed of movement.

### **What Wonders Does The Space Hold?**

The outer space is an awesome place; and visiting it can be a thrilling experience. You can observe from close quarters what you have always admired from earth-innumerable twinkling stars.

Remember that many of them have not even been discovered. As you move farther in space, you might encounter stars that astronomers know nothing about.

Are all the scientific facts about Venus, Mars, and Jupiter true? Now, you can actually visit these distant planets in your Astral Body and find out. Explore these planets and find out if there is life on them.

Can you interact with this life? Are there any lessons to be learned in outer space? Accounts of Astral Travel in space do make certain astounding claims. You can add to these accounts some of your own.

So far, you had to be content with beautiful pictures of space, the galaxies, the bottomless pits, the unknown moons, comets that were born billions of years ago, and much more. Now you can actually visit these space regions and find out for yourself whether the pictures truly resemble the originals.

### **How Far Into Space Can I Travel?**

You can travel as far into space as you wish. The sky is not the limit! In fact, there are no limits to space travel. You can land on the moon, visit distant planets and galaxies, explore stars and

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comets, and do much more.

You can travel to outer space with the speed of thought, which is greater than the speed of light or sound, faster than the speed that can be imagined by human mind. You only need to think about where you want to go, and you will be there in a jiffy.

However, before venturing into unknown space territories, visit known places such as the moon. After exploring the moon and getting used to space travel, you can move on to little known planets such as Mars, before going to unknown places.

Visiting known places in space before venturing into the unknown will not only enhance your self-confidence, but will also give you the much-required experience of space travel.

### How To Return To The Physical Body

You can return to your physical body just as you took off. Simply think of your physical body peacefully resting on the bed in your room. You will be back in it that very instant. Don't get into a panic if you find yourself to be paralyzed.

Become aware of the physical body. Try to wiggle your fingers and toes. Usually this breaks the paralysis, and you will find yourself full awake, but refreshed and relaxed.

### Simple Guide To Space Travel

Here is a simple guide to space travel. Beginners will find this information to be of great use.

#### 1. **Affirm**

Use positive affirmations to prepare yourself for space travel. Tell yourself firmly that you want to visit a specific destination in outer space. Avoid vague affirmations such as, "I want to travel in outer space." Be specific.

For instance, an ideal affirmation would be: "I want to visit the moon" or "I want to land on Mars."

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Affirm to yourself that you will be fully conscious during your journey to wherever you wish to go. Tell yourself that you will remember your experiences clearly when you return to your body.

### 2. Exit

Enter into a deep state of relaxation. Now, exit your body with the help of any Astral Projection technique that works for you. Before you do anything else, affirm that you want to visit a particular place in space and that you will remember all your experiences once you are back.

### 3. Take Off

Visualize your space destination with your Astral eyes closed. Stir up a burning desire within yourself to visit that destination.

Now you can reach your space destination in either of these two ways.

A. You might find yourself moving up into space at breakneck speed toward your destination. If you are an experienced space traveler, you might slow down a bit to enjoy the twinkling stars around you or the sight of the earth from a long distance in space.

B. You might just find yourself on the moon or any other space destination of your choice without any recollection of how you reached there. Continue telling yourself that you will remember all these experiences as soon as you wake up in your physical body.

### 4. Explore

Explore the space destination of your choice. If you wish, you can move further into space and find out what it holds.

### 5. Return

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When you want to return, think of your physical body and you will find yourself back into it instantly. Wiggle your toes and fingers to get rid of paralysis.

### 6. **Record Your Experiences**

Relax for sometime in your physical body and mull over your space experiences. As soon as you get up, make a note of your space travel in your Astral diary.

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