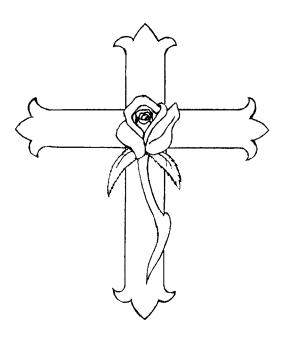
The Bornless Middle Pillar

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ZELATOR ADEPTUS MINOR





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Notes on the Bornless Middle Pillar Exercise

By G. H. Frater P. C. A.

The Bornless Middle Pillar is designed to equilibrate the elements within the Sphere of Sensation under the Divine rulership of Spirit. In the Bornless Middle Pillar exercise, the letter $\mathbb C$ glowing above the head is depicted as black. Let this not be confused with the blackness of evil and of ignorance. This is the Light of the Holy Spirit, shining so intensely and so brilliantly that it appears as black to the naked eye. It is Divine brilliance.

At any given moment in one's Sphere of Sensation, there shines a pentagram. When the mind and heart is focused on the spiritual in every aspect of life, the pentagram points upward. This, in effect, is placing the world of matter under the direction of the Divine or Higher Genius as symbolized by Spirit ruling of the elements. This pentagram in one's Sphere of Sensation on a Microprosopic level and is the Light that shineth in the darkness yet the darkness comprehendeth it not.

The averse pentagram is an evil symbol of the world of matter and of shells ruling over the Spirit; the filling of one's Sphere of Sensation with the darkness of the evil averse pentagram. Many individuals and groups would argue that the averse pentagram is not an evil symbol, but remember, that any action against one's Divine and True Will is an evil action, therefore, disproving the argument that the inverted pentagram in one's Sphere of Sensation is acceptable.

The Bornless Middle Pillar Exercise should be performed by the Adept as an important prerequisite to the Bornless Ritual. It may also be used as a method to spiritually focus on the Higher Genius. The use of this ritual on a daily basis will develop the mind and the body to further aid the Adept in the continual effort for union with the Higher Genius. For maximum effectiveness, the ritual should be memorized.

The Ritual of the Bornless Middle Pillar

Part 1

Step 1

Holding the Lotus Wand by the white band, perform the L.B.R.P. and the S.I.R.P..

Step 2

Formulate the Divine White Brilliance above your head and vibrate hyha (Minimum of four times, maximum of twenty-one times).

Step 3

Visualize the Black Fire of utter brilliance beyond comprehension, forming the letter c superimposed upon the Divine White Brilliance in rtk.

Step 4

Vibrate alga (Four to twenty-one times).

Step 5

Your mind should be totally focused on the Divine White Brilliance, the letter c, and your Higher Spiritual Self (The Divine Genius therein). Now say the following:

"I am the resurrection and the life, he that believeth in me though he were dead, yet shall he live, and whosoever believeth in me shall never die. I am the first and the last. I am he that liveth and was dead and behold I am alive evermore and hold the keys to hell, for I know that my redeemer liveth and he shall stand at the latter days upon the Earth. I am the way, the truth, and the life, no man cometh unto the Father but by me. I am purified. I have passed through the gates of darkness unto the Light. I have fought upon the Earth for good, I have finished my work, I have entered into the invisible. I am the Sun in its rising, I have passed through the hour of cloud and of night. I am Amoun the Concealed One, the Opener of the Day. I am Osiris Onnophris, the Justified One, I am the Lord of Life, triumphant over death. There is no part of me that is not of the gods. I am the Preparer of the Pathway, the rescuer unto the Light. Out of the darkness let the Light arise. I am the reconciler with the ineffable. I am the dweller in the invisible. Let the White Brilliance of the Spirit descend."

Step 6

Visualize the White Brilliance descending through your body through the crown of your head as though it were a wand or shaft of Light connecting you from high above your head to below your feet.

Step 7

Vibrate EXARP, BITOM, HCOMA, and NANTA. Each one should be vibrated a total of five times to symbolize the Divine Spirit ruling over matter.

Note: You may now circulate the light through the body and end the exercise early, or you may continue on with the exercise to completion.

Part 2

Step 1

Hold your Lotus Wand by the k band.

The shaft of Light is now connected from your rtk sphere down through your skull, your neck, the center of your body, and down to your feet. Continuing to visualize the Divine White Brilliance above your head with the Black Fire of $\mathbb C$ within, formulate a bright yellow ball of light that covers your entire head and neck. Superimpose the $\mathbb R$ symbol in the flashing color of brilliant purple on top of the ball of yellow light.

Step 2

Vibrate hinhy and the Angelic names I apr and Cj. Each name should be vibrated a minimum of four times. When you feel the power of the Divine and Angelic names coming to an apex, recite the following prayer to the Sylphs:

"Holy art Thou Lord of Air, who has created the firmament, ydc yj I a. Almighty and Everlasting, Ever Living be Thy name. Ever magnified in the life of all. We praise and we bless Thee in the changeless empire of created Light; and we aspire without cessation unto Thy imperishable and immutable brilliance. Amen."

Part 3

Step 1

Hold the Lotus Wand by the e band.

Continue to visualize the brilliant yellow sphere with the purple \Bbbk symbol as well as the rtk sphere's Divine White Brilliance with the Black Fire of c. Now bring the Divine light down from above and formulate a brilliant scarlet red ball of light covering the heart/solar plexus area. Superimpose the e symbol in the flashing color of brilliant emerald green on top of the ball of scarlet red.

Step 2

Vibrate \yhl a and the Angelic names lakym and lara. When you feel the power of the names filling you with the force of \triangle , recite the following prayer of the Salamanders:

"Holy art Thou Lord of Fire wherein Thou hast shown forth the throne of Thy glory. twabx hwhy, Leader of Armies is Thy holy name. O, Thou Flashing Fire, Thou illuminatest all things. With Thy insupportable effulgence, whence

flow the ceaseless dream of splendor, which nourisheth Thy Infinite Spirit. Help us, Thy children, whom Thou hast loved since the birth of the ages of time. Amen."

Part 4

Step 1

Hold the Lotus Wand by the h band.

Continue to visualize the previous three spheres and superimposed Kerubic symbols. Now bring the Divine light down from above and formulate a brilliant marine blue ball of light covering the genital area, including the hips and buttocks as well as the upper thighs. Superimpose the ${\tt h}$ symbol in the flashing color of orange on top of the ball of marine blue.

Step 2

Vibrate La and the Angelic names Layrbg and dhyl f. Continue to vibrate until you feel the lower portion of your body emersed in the power of ∇ . Recite the following prayer of the Undines:

"Holy Art Thou, Lord of the Mighty Waters, wherein Thy Spirit moved in the beginning. twabx \yhla. Glory be unto Thee, myhlajwr, whose Spirit hovered over the Great Waters of Creation. O depth, O inscrutable depth, which exalteth unto the height. Lead Thou us unto the true Light through liberty, through love so that one day we may be found worthy to know Thee, to unite with Thy Spirit in the silence for the attainment of Thy understanding. Amen."

Part 5

Step 1

Hold the Lotus Wand by the b band.

Continue to visualize all four of the previous spheres and corresponding superimposed Kerubic symbols. Now bring the Divine light down from above and formulate a brilliant sphere of indigo light around your feet and ankles. Remember that indigo appears almost as black to the naked eye. Superimpose the Kerubic sign of b in the flashing color of pale yellow on top of the ball of brilliant indigo.

Step 2

Vibrate ynda and the Angelic names I ayrwa and] all rwp. Continue to vibrate the names of power until you feel the spiritual energies growing to a maximum. Then recite the prayer of the Gnomes:

"Holy Art Thou, Lord of Earth, which Thou has made for thy footstool. ymda {rah,]Im ynda. Unto Thee be the kingdom and the power and the glory twkIm, hrwbg, hlwdg. Amen. The Rose of Sharon and the Lily of the Valley. O Thou who hidest beneath the Earth, in the Valley of Gems, the Marvelous Seed of Stars. Live, reign, and be Thou the eternal dispenser of treasures, whereof Thou hast made us wardens. Amen."

Part 6

Step 1

Circulate the Light throughout your sphere of sensation. The energy should rise from your feet to the top of your head like a geyser shooting from the ground. As the power rushes up, hold it and then on the descent, push down the energy of each of the elemental spheres to your feet. Then imagine the light going upwards from sphere to sphere, taking the power and energy of each sphere higher until it reaches the Divine White Brilliance above your head. The Divine White Brilliance above your head is a combination of all of the colors generated so far. Concentrate now on the power rather than the color; the power and energy that you are circulating should now remain brilliant white.

Step 2

In the circulation of this geyser fountain of white light, the power and energy should, by force of will, be drawn up through center of your body, and then with an exhalation, the energy should be directed down the left side and so on until all areas of your aura have been expanded to its maximum potential. As the aura expands, begin forming it into the god form of Osiris.

Step 3

When the god form becomes extremely strong, make the LVX symbols with your arms, and vibrate howhy huchy. Feel the energy expand from your heart center until it encompasses your whole body. Concentrate, now, only on the Divine White Brilliance above you, and vibrate IAO and command the Divine Light to descend. Feel yourself connected and in union with your Higher Genius. Be completely and totally in control of the elements. Know that the elements within you have been purified, and recite the following:

"I am He, the Bornless Spirit, having sight in the feet. Strong and immortal fire, I am He the Truth! I am He who hate that evil should be wrought in the world! I am He that lighteneth and thundereth! I am He from whom is the shower of the life of the Earth! I am He whose mouth ever floweth! I am He the begetter and manifester unto the Light! I am He, the grace of the world! The Heart Girt with a Serpent is my name. Come thou forth and follow me and make all spirits subject unto me so that every spirit of the Firmament and of the Ether, upon the Earth and under the Earth, on dry land and in the Water, of whirling Air, and of rushing Fire, and every spell and scourge of God the Vast One may be obedient unto me."

Step 4

Meditate on whatever communication you can obtain from your Higher Genius. When you are finished communing with your Higher Genius, simply say:

"Be my mind open to the Higher! Be my heart the center of the Light! Be my body a Temple of the Rose and Cross."

