**The Enochian Cleansing Bath Ritual**

Step 1:

Take a hot shower to get the dirt off of your body.

Step 2:

Run a warm bath and add some bath salts or epsom salts and some nicely scented oil

or perfume.

Step 3:

Get in the water and soak for a few minutes, making sure you slowly splash water on

the upper part of your body. Now, feel all of your problems, worries and negativity going

into the water.

Step 4:

Pull the plug and let the water drain "while you stay in the water." As the water slowly

drains, you will feel all the negative things which were troubling you go down the drain

with the water. "REMAIN IN THE TUB UNTIL ALL THE WATER IS GONE."

Step 5:

Get out of the tub and allow your body to AIR DRY. (If you are pressed for time, you

may dry off with a clean, fresh towel. However, "air-drying" is more beneficial.)

Step 6:

While "air-drying" meditate on the upcoming ritual you are going to perform.

Step 7:

When "DRY" wrap your body in a towel or a clean robe and then proceed to the altar

area. Since you will performing this ritual alone, immediately discard the towel or robe.

Step 8:

Sit down in the chair and relax for a few moments. Once you feel totally relaxed and

comfortable proceed with the Enochian Seven-Fold Breath Ritual.