

To: Jeffrey Epstein[jeevacation@gmail.com]
From: [REDACTED]
Sent: Fri 12/20/2013 12:07:50 PM
Subject: Winter in [REDACTED]

On Dec 20, 2013, at 1:03 PM, Jeffrey Epstein <jeevacation@gmail.com> wrote:

good idea. anything that involves movement without runiing

On Fri, Dec 20, 2013 at 6:49 AM, [REDACTED] <[REDACTED]> wrote:

Thankful to you!!
There are no ballet classes for begginers in Jan. Advanced joga could be good instead.

On Dec 20, 2013, at 12:38 PM, Jeffrey Epstein <jeevacation@gmail.com> wrote:

good work, also try a ballet class. standing leg excercise legs out to side held. legs out front held. you are starting on a healthy path. congragautions

On Fri, Dec 20, 2013 at 6:36 AM, [REDACTED] <[REDACTED]> wrote:

This one is week and half old. I'll send new one tommorow :)

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