

To: jeffrey E.[jeevacation@gmail.com]
From: [REDACTED]
Sent: Wed 7/23/2014 2:31:35 AM
Subject: Re: Quick

Boston
(Actually, Dover, MA)
This guy is visiting briefly from Denmark.

He has developed all these 2-3 minute very easy exercises to re-set the nervous system & he does very subtle manipulation that creates significant shifts. I've never had an interest in learning to do bodywork but I want to learn what this guy knows.

And - look what my "girly" guy friend wrote (said he wrote it for me) - here's the text message he sent:

You inspired me to write this
<http://tarskipopstar.com/2014/07/21/its-getting-late/>

Xo
[REDACTED]

iPhone feature: Tupos & Abbrvtns

On Jul 22, 2014, at 10:26 PM, "jeffrey E." <jeevacation@gmail.com> wrote:

where is here?

On Tue, Jul 22, 2014 at 10:05 PM, [REDACTED] <[REDACTED]> wrote:

The American osteopath who was French trained, lives near Copenhagen, trained as osteopath plus martial arts & many other things, is one of the most brilliant nervous system people I've ever met. He's here until Thursday. Incredible.

iPhone feature: Tupos & Abbrvtns

On Jul 22, 2014, at 4:18 PM, "jeffrey E." <jeevacation@gmail.com> wrote:

take your time, never a rush

On Tue, Jul 22, 2014 at 4:02 PM, [REDACTED] <[REDACTED]> wrote:

I'm in a workshop around the clock with an osteopath who is writing a book on the vagus nerve & an energy medicine guy. Osteopath is European and writing a book on the nervous system, emotion, easy adjustments, etc. fascinating. My friend is hosting 4 of us and the agreement is that I prepare all meals.

So - I will do my best to call but right now I'm in the loo which is the only free minute I've had. Will email later or please send a phone # to text or call in case it's after Lesley leaves today.

This workshop is over Thursday morning.

Fine to miss this round with Jamie if that's the way it rolls. I got confused when he said he'd tried to reach you 3 x and couldn't. Misunderstanding.

Xoxo



Ps. The osteopath is a freakin' genius

iPhone feature: Tupos & Abbrvtns

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