

To: [REDACTED]
From: Jeffrey Epstein
Sent: Sun 1/3/2010 8:18:05 AM

thank you for the bath /// I realize that you have little experience helping. I will try to give you constructive advice, guidance tips.. 1. when you are doing something . foot massage , sitting at the table try to be there mentally.. you spend most of your time looking away and not concentrating on what you are doing. at dinner ,, ask if anyone needs anything, help serve, [REDACTED] should not . ask if anyone would like coffee, see if people are finished, whether you can clear the food or ask the staff to do so. you can ask the guest if he would like desert, , instead of Jean Luc doing it. DO NOT bring the dog to the table. hold it up and play with it when people are talking. either participate or be excused, if excused return and ask if you can help often. 2, if I ask you to help stretch, and can't remember what you saw on the dvd the day before. go upstairs get your computer and dvd and bring it to the gym,, simply saying i don't remember is not helpful, ,if you don't fix it to the best of your ability immediately. , 3. I tell you I think you look prettier with shorter hair , so you tell me but Eva thinks it looks good. (not helpful, or responsive_. I tell you that truffles would be better on top, instead of saying ok, i'll try that the next time,, You tell me but the recipe says, otherwise.. I am pointing these things out so that you can learn,

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