

To: [REDACTED]
From: Jeffrey Epstein
Sent: Thur 10/22/2009 4:36:19 PM
Subject: Re: So...

if you are taking b complex it is probably less than 20 mg., you need 750 miimum

On Thu, Oct 22, 2009 at 12:32 PM, [REDACTED] > wrote:

I'll look this up when I'm at a computer next. I take B complex now, and get lots of B3. Also take calcium & magnesium. No matter what, meds do not get my thyroid regulated & cortisol & ACTH and FSH super low as well. Autoimmune numbers high.

Will ask about parathyroid.

Is there a weekend phone # 4 u or just hang and when u reach, u reach me?

Xxoo
[REDACTED]

Sorry for typos -- iPhone keyboard feature

On Oct 22, 2009, at 8:32 AM, Jeffrey Epstein <jeevacation@gmail.com> wrote:

check para thyroid, and calcuimm, my suggestion is you take niaspon,, 750 mg of b3

On Thu, Oct 22, 2009 at 11:22 AM, [REDACTED] > wrote:

I think what u noted as "depression," is what my MD just diagnosed as hypopituitary - involving thyroid, pituitary, and hypothalamus. Endocrine disaster... Starting with imaging studies when I'm back in Seattle. I'm generally feeling so much better that I'm hoping this can be easy to treat & doesn't involve any pituitary tumor activity.

Reachable over the weekend. Then again after Sweden. I don't have a phone number that works for u except during east coast office hours/weekdays.

Xxoo
[REDACTED]

Sorry for typos -- iPhone keyboard feature

Sorry for typos -- iPhone keyboard feature

--

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of Jeffrey Epstein

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments.

--

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of Jeffrey Epstein

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments.