

To: [REDACTED]
From: Jeffrey Epstein
Sent: Fri 8/13/2010 6:31:16 PM
Subject: Re:

I applaud your determination.

On Fri, Aug 13, 2010 at 2:28 PM, <[REDACTED]> wrote:

That is why I don't like any synthetic pills and I am sorry I took it.

Sent via BlackBerry from T-Mobile

From: Jeffrey Epstein <jeevacation@gmail.com>
Date: Fri, 13 Aug 2010 14:10:06 -0400
To: <[REDACTED]>
Subject: Re:

This is exactly what i mean , it is manurafctued like any other industrial chemical, without the necessary testing.. you need to study, you need to read , you need to look, and see. not just believe. The melatonin in dietary supplements is generally manufactured synthetically but is chemically identical to the melatonin produced in the body. Supplements are required to list their source of melatonin if made directly from plant or animal sources. If the source is not given, it is assumed to be synthetic. However, neither the U.S. Food and Drug Administration (FDA) or any other state or federal agency routinely tests supplements for quality prior to sale. Consequently, ConsumerLab.com conducted their own tests on melatonin supplements to determine if they met label claims, to make sure they disintegrated properly and ensure they did not contain unacceptable levels of lead, a potential contaminant.

On Fri, Aug 13, 2010 at 1:51 PM, <[REDACTED]> wrote:

Melatonin is naturally produced in our bodies

Sent via BlackBerry from T-Mobile

From: Jeffrey Epstein <jeevacation@gmail.com>
Date: Fri, 13 Aug 2010 12:55:52 -0400
To: <[REDACTED]>
Subject: Re:

melatonin is a supplement , not a drug,, IT is more dangerous , it has not undergone testing,

On Fri, Aug 13, 2010 at 12:46 PM, <[REDACTED]> wrote:

For example I took two pills of melatonin last night for better sleep and I woke up 10am this morning so sleepy..... Sooo lazy... Messed up all my day :)

Now on my way to Hamtons!!! Weee! First time this summer!
Have a good day Jeffrey!

Sent via BlackBerry from T-Mobile

From: Jeffrey Epstein <jeevacation@gmail.com>
Date: Fri, 13 Aug 2010 07:17:18 -0400
To: <[REDACTED]>
Subject:

You use the internet , cell phone. email, text, wear clothes that contain polyester, shoes that have rubber, shop in stores with electric lights, carry bags made of plastic., travel by air, and subway.. These things are createdby science,, . eating an apple as many effects,, most unknown, taking an aspirin has been studied for years. I understand your reluctance, and as i can see I am patient. JUst look around you , most of the things you do are related and have been created by people in laborotories. not farmers.

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