
From: Deepak Chopra <[REDACTED]>
Sent: Sunday, November 13, 2016 1:20 PM
To: Jeff Epstein
Subject: Healing & Suffering

Being = Choice less awareness = closest to samadhi = least entropy = closest to homeostasis At every level thereafter
Feeling Thinking Speaking Doing There is a choice between which direction biology can be steered - entropy or
homeostasis Suffering or Healing

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New Book: Radicalbeauty.com <<http://radicalbeauty.com/>>

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