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Sent: Thursday, October 2, 2014 4:36:40 PM
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I have spoken a lot to my psychiatrist. He is so so so smart , Jewish blue eyes. He said the hardest thing for him to get an answer and the thing I struggle with sometimes most is what I do all day. When I really really really had to think under his scrutiny. I realize I spend most of my time making a mess and cleaning it up again. It's crazy. My sister told me the same 10 years ago in Cape Town when we lived together. A lot of work ahead of me... ;)

Sent from my iPhone