

# Karma Fal

Much of what holds us back is an outcome orientation – the only reason we take actions is for the outcomes. Our societal view of success is all about outcomes. The challenge is that if we fail, we lose motivation to act. In this video, I'll discuss an ancient insight about freeing yourself from outcome orientation, thus allowing you to take actions without being crippled by their potential outcomes: karma fal.

## References and further reading:

- Dweck C.S. Mindsets and malleable minds: Implications for giftedness and talent. In: Subotnik R.F., Robinson A., Callahan C.M., Gubbins E.J., editors. Malleable Minds: Translating Insights from Psychology and Neuroscience to Gifted Education. National Research Center on the Gifted and Talented, University of Connecticut; Storrs, CT, USA: 2012. pp. 7–18.

## Glossary

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Bhagavad Gita