



# Standard Practice for Use of a Radiochromic Optical Waveguide Dosimetry System<sup>1</sup>

This standard is issued under the fixed designation ISO/ASTM 51310; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision.

## 1. Scope

1.1 This practice covers the procedures for handling, testing, and using a radiochromic optical waveguide dosimetry system to measure absorbed dose in materials irradiated by photons in terms of absorbed dose in water.

1.2 This practice applies to radiochromic optical waveguide dosimeters that can be used within part or all of the specified ranges as follows:

1.2.1 The absorbed dose range is from 1 to 10 000 Gy for photons.

1.2.2 The absorbed dose rate is from 0.001 to 1000 Gy/s.

1.2.3 The radiation energy range for photons is from 0.1 to 10 MeV.

1.2.4 The irradiation temperature range is from –78 to +60°C.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

## 2. Referenced documents

### 2.1 ASTM Standards:<sup>2</sup>

**E170** Terminology Relating to Radiation Measurements and Dosimetry

**E275** Practice for Describing and Measuring Performance of Ultraviolet and Visible Spectrophotometers

**E668** Practice for Application of Thermoluminescence-Dosimetry (TLD) Systems for Determining Absorbed Dose in Radiation-Hardness Testing of Electronic Devices

<sup>1</sup> This guide is under the jurisdiction of ASTM Committee **E61** on Radiation Processing and is the direct responsibility of Subcommittee **E61.02** on Dosimetry Systems, and is also under the jurisdiction of ISO/TC 85/WG 3.

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<sup>2</sup> For referenced ASTM and ISO/ASTM standards, visit the ASTM website, [www.astm.org](http://www.astm.org), or contact ASTM Customer Service at [service@astm.org](mailto:service@astm.org). For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

**E925** Practice for Monitoring the Calibration of Ultraviolet-Visible Spectrophotometers whose Spectral Bandwidth does not Exceed 2 nm

**E958** Practice for Estimation of the Spectral Bandwidth of Ultraviolet-Visible Spectrophotometers

**E1026** Practice for Using the Fricke Dosimetry System

### 2.2 ISO/ASTM Standards:<sup>2</sup>

**51261** Guide for Selection and Calibration of Dosimetry Systems for Radiation Processing

**51400** Practice for Characterization and Performance of a High-Dose Radiation Dosimetry Calibration Laboratory

**51707** Guide for Estimating Uncertainties in Dosimetry for Radiation Processing

### 2.3 International Commission on Radiation Units and Measurements (ICRU) Reports:<sup>3</sup>

**ICRU Report 14** Radiation Dosimetry: X-Rays and Gamma Rays with Maximum Photon Energies Between 0.6 and 50 MeV

**ICRU Report 17** Radiation Dosimetry: X-Rays Generated at Potentials of 5 to 150 kV

**ICRU Report 34** The Dosimetry of Pulsed Radiation

**ICRU Report 60** Fundamental Quantities and Units for Ionizing Radiation

## 3. Terminology

### 3.1 Definitions:

3.1.1 *analysis wavelength*—wavelength used in a spectrophotometric instrument for the measurement of optical absorbance or reflectance.

3.1.2 *calibration curve*—graphical representation of the dosimetry system's response function.

3.1.3 *dosimeter batch*—quantity of dosimeters made from a specific mass of material with uniform composition, fabricated in a single production run under controlled, consistent conditions and having a unique identification code.

3.1.4 *dosimetry system*—system used for determining absorbed dose, consisting of dosimeters, measurement instruments and their associated reference standards, and procedures for the system's use.

<sup>3</sup> Available from the International Commission on Radiation Units and Measurements, 7910 Woodmont Ave., Suite 800, Bethesda, MD 20814, U.S.A.



3.1.5 *measurement quality assurance plan*—documented program for the measurement process that ensures on a continuing basis that the overall uncertainty meets the requirements of the specific application. This plan requires traceability to, and consistency with, nationally or internationally recognized standards.

3.1.6 *net response,  $\Delta R$* —radiation-induced change in the relationship of measured absorbance at a specific wavelength determined by subtracting the pre-irradiation response,  $R_0$ , from the post-irradiation response,  $R$ :

$$\Delta R = R - R_0 \quad (1)$$

with:

$$R = \frac{A_\lambda}{A_{\lambda_{ref}}} \quad (2)$$

$$R_0 = \left[ \frac{A_\lambda}{A_{\lambda_{ref}}} \right]_0$$

and where:

$A_\lambda$  = optical absorbance at the analysis wavelength,  $\lambda$ , and  
 $A_{\lambda_{ref}}$  = optical absorbance at a reference wavelength,  $\lambda_{ref}$ .

3.1.7 *optical waveguide*—device that contains an optical path at a high index of refraction relative to the material enclosing the optical path.

3.1.8 *radiochromic optical waveguide*—specially prepared optical waveguide containing ingredients that undergo an ionizing radiation-induced change in photometric absorbance. This change in absorbance can be related to absorbed dose in water (1, 2).<sup>4</sup>

3.1.9 *reference wavelength,  $\lambda_{ref}$* —wavelength selected for comparison with the analysis wavelength. This wavelength is chosen to minimize effects associated with optical coupling and other geometric variations in the dosimeter.

3.1.10 *response function*—mathematical representation of the relationship between dosimeter response and absorbed dose for a given dosimetry system.

3.2 Definitions or other terms used in this standard that pertain to radiation measurement and dosimetry may be found in ASTM Terminology E170. Definitions in E170 are compatible with ICRU 60; that document, therefore, may be used as an alternative reference.

## 4. Significance and use

4.1 The radiochromic optical waveguide dosimetry system provides a means of measuring absorbed dose in materials. Under the influence of ionizing radiation such as photons, chemical reactions take place in the radiochromic optical waveguide creating and/or modifying optical absorbance bands in the visible region of the spectrum. Optical response is determined at selected wavelengths using the equations in 3.1.6. Examples of appropriate wavelengths for the analysis for specific dosimetry systems are provided by their manufacturers and in Refs (1-5).

<sup>4</sup> The boldface numbers in parentheses refer to the bibliography at the end of this practice.

4.2 In the application of a specific dosimetry system, absorbed dose is determined by use of a calibration curve traceable to national or international standards.

4.3 The absorbed dose determined is usually specified in water. Absorbed dose in other materials may be determined by applying the conversion factors discussed in ISO/ASTM Guide 51261.

NOTE 1—For a comprehensive discussion of various dosimetry methods applicable to the radiation types and energies discussed in this practice, see ICRU Reports 14, 17, and 34.

4.4 These dosimetry systems commonly are applied in the industrial radiation processing of a variety of products, for example, the sterilization of medical devices and radiation processing of foods (4-6).

## 5. Apparatus

5.1 The following shall be used to determine absorbed dose with radiochromic optical waveguide dosimetry systems:

5.1.1 *Dosimeters*—A batch or portion of a batch of radiochromic optical waveguide dosimeters.

5.1.2 *Spectrophotometer or Photometer*—An instrument, either a spectrophotometer equipped with a special dosimeter holder and associated coupling optics (see Ref 7 for an example), or a modified photometer (see Fig. 1 for a block diagram of an instrument that uses a reference wavelength), having documentation covering analysis wavelengths, accuracy of wavelength selection, absorbance determination, spectral bandwidth, and stray light rejection.

5.1.3 *Holder*, to position the dosimeter reproducibly in the measuring light beam.

## 6. Performance check of instrumentation

6.1 Check and document the performance of the photometer or spectrophotometer (see ASTM Practices E275, E925, E958, and E1026). Use reference standards traceable to national or international standards, unless the photometer's or spectrophotometer's design precludes such use.

6.1.1 When using a photometer, check and document the accuracy of the absorbance scale at intervals not to exceed one month during periods of use, or whenever there are indications of poor performance.

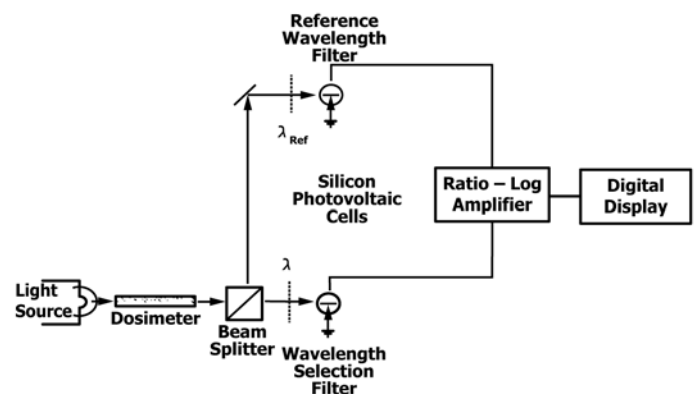


FIG. 1 Block Diagram of the Instrument Described in Section 5



6.1.2 When using a spectrophotometer, check and document the precision and bias of the wavelength scale and absorbance scale at or near the selected analysis wavelength(s) at intervals not to exceed one month during periods of use, or whenever there are indications of poor performance.

6.1.3 Document the comparison of information obtained in 6.1.1 or 6.1.2 with the original instrument specification to verify adequate performance.

## 7. Calibration of the dosimetry system

7.1 Prior to use, the dosimetry system (consisting of a specific batch of dosimeters and specific measurement instruments) shall be calibrated in accordance with the user's documented procedure that specifies details of the calibration process and quality assurance requirements. This calibration process shall be repeated at regular intervals to ensure that the accuracy of the absorbed dose measurement is maintained within required limits. Calibration methods are described in ISO/ASTM Guide 51261.

7.2 *Calibration of Dosimeters*—Irradiation is a critical component of the calibration of the dosimetry system. Calibration shall be performed in one of three ways by irradiating the dosimeters at:

7.2.1 an accredited calibration laboratory that provides an absorbed dose (or an absorbed-dose rate) having measurement traceability to nationally or internationally recognized standards, or

7.2.2 an in-house calibration facility that provides an absorbed dose (or an absorbed-dose rate) having measurement traceability to nationally or internationally recognized standards, or

7.2.3 a production or research irradiation facility together with reference or transfer standard dosimeters that have measurement traceability to nationally or internationally recognized standards.

7.3 When the optical waveguide dosimeter is used as a transfer standard dosimeter, the calibration irradiation may be performed only as stated in 7.2.1, or in 7.2.2 at a facility that meets the requirements in ISO/ASTM Practice 51400.

7.4 *Measurement Instrument Calibration and Performance Verification*—For the calibration of the instruments, and for the verification of instrument performance between calibrations, see ISO/ASTM Guide 51261 and/or instrument-specific operating manuals.

## 8. Procedure

### 8.1 *Examination and Storage Procedure:*

8.1.1 Exposure to ultraviolet (UV) radiation may cause the dosimeter to change color. Perform tests to ensure that the handling and reading environment does not cause measurable color development. If needed, place UV filters over fluorescent lights or windows to reduce color development.

NOTE 2—Dosimeters may be stored in UV-opaque material to further avoid the effects noted in 8.1.1.

8.1.2 Handle the dosimeter along the sides, never at the ends. Handling should be kept to a minimum.

8.1.3 Visually inspect the dosimeters for imperfections (for example, loss of end fittings). Discard any dosimeters that show imperfections.

8.1.4 Identify the dosimeters with an appropriate code that can be related to the manufacturer, type, and batch.

8.1.5 Store the dosimeters in accordance with the manufacturer's written recommendations.

### 8.2 *Irradiation Procedure:*

8.2.1 Determine the pre-irradiation response,  $R_0$ , for each dosimeter at the selected analysis wavelength(s). This may be done for each dosimeter or by use of an average  $R_0$  determined by reading several dosimeters and documenting the uncertainty, provided this practice meets the precision requirements for the application.

8.2.2 Where necessary, package the dosimeters in a UV-opaque material.

8.2.3 Mark the packaged dosimeters appropriately for identification.

8.2.4 Irradiate the dosimeters.

NOTE 3—The dosimeters may be irradiated in the product undergoing processing or in a medium of similar composition, or water, of appropriate dimensions so as to approximate electron equilibrium conditions. Such equilibrium conditions may not exist within dosimeters placed throughout the product under actual processing conditions. This particularly is the case near interfaces of different materials. Irradiation under nonequilibrium conditions, such as on the surface of a product package, is often used to monitor the absorbed dose delivered to the product and may be related to the absorbed dose within the product by correction factors under certain conditions.

### 8.3 *Analysis Procedure:*

8.3.1 Avoid any exposure to stray ultraviolet radiation that may induce coloration of the dosimeter (see 8.1.1).

8.3.2 Determine the post-irradiation response,  $R$ , at the selected analysis wavelength(s) used for calibration of the dosimetry system.

8.3.3 Calculate the net response,  $\Delta R$ , as follows:

$$\Delta R = R - R_0 \quad (3)$$

8.3.4 Determine the absorbed dose from the calibration curve or response function.

## 9. Characterization of each batch of dosimeters

### 9.1 *Reproducibility of Net Response:*

9.1.1 Determine the reproducibility of net response for each batch of dosimeters by analyzing the data from the sets of dosimeters irradiated during the calibration process at each dose value.

9.1.2 Use the sample standard deviation ( $S_{n-1}$ ) determined during calibration to calculate the coefficient of variation (CV) for each dose value as follows:

$$CV = 100 \times \left[ \frac{S_{n-1}}{\Delta R} \right] \quad (4)$$

9.1.3 Document these coefficients of variation and note any that are unusually large.

NOTE 4—In general, if the value of the coefficient of variation is greater than  $\pm 2\%$ , then a re-determination of the data should be considered or, in the extreme, the batch should be rejected.

### 9.2 *Effect of Absorbed Dose Rate:*



9.2.1 The shape (slope) of the calibration curve associated with some radiochromic optical waveguide dosimeters may be affected by the absorbed dose rate for a given application. If an application requires an absorbed dose rate that is significantly different from the absorbed dose rate used in calibrating the dosimetry system, significant error may be introduced into the determination of absorbed dose.

NOTE 5—Appropriate documented information regarding the magnitude and effect(s) due to absorbed dose rate may be obtained from the scientific literature (8, 9), dosimeter manufacturer, distributor, irradiation facility operator, or a qualified testing organization.

NOTE 6—The use of electron scavengers in the formulation of the dosimeter can reduce or eliminate the absorbed dose rate effect (8, 9).

9.2.2 If the absorbed dose rate for a given application differs from the calibration absorbed dose rate, the effect of this difference on dosimeter response shall be taken into account (see ISO/ASTM Guide 51261).

### 9.3 *Post-Irradiation Characterization:*

9.3.1 Some types of dosimeters may fade or may continue color development after irradiation. This effect may depend on post-irradiation storage conditions such as temperature. In order to determine if this is significant in a given application, measure the absorbance at the selected wavelength(s) over the period of anticipated analysis and over the range of expected storage conditions.

9.3.2 If the net response measured in 9.3.1 varies significantly with post-irradiation storage time, apply correction factors for such time-dependent variations taking into account the calibration curve for that batch of dosimeters in order to minimize dosimetric errors during routine application.

9.3.3 For a given set of irradiation conditions, this procedure needs to be performed only once for a given batch of dosimeters.

9.4 *Other Factors*—The effects of temperature, background ultraviolet radiation, electron equilibrium, and incident energy spectrum shall be taken into account. Appropriate written information regarding the magnitude and effect(s) upon the measurement made by the dosimetry system may be obtained from the scientific literature (3-5, 8-12), dosimeter manufacturer, distributor, irradiation facility operator, or a qualified testing organization.

## 10. Application of dosimetry system

10.1 The number of dosimeters required for the measurement of absorbed dose at a location on or within a material is determined by the precision of the dosimetry system and the required precision associated with the application. Appendix X3 of Practice E668 describes a statistical method for determining this number.

10.2 Follow the procedures of 8.2 and 8.3.

10.3 Determine the absorbed dose from the net response value(s) and system calibration curve that results from following the procedures in Section 8.

10.4 Record the calculated absorbed dose and all other relevant data as outlined in Section 11.

## 11. Minimum documentation

11.1 Record the dosimeter manufacturer, type, batch number, and code.

11.2 Record or reference the date of calibration, calibration source, and associated instruments used.

11.3 Record or reference the irradiation environmental conditions for the routine dosimeters, including temperature, pressure (if other than atmospheric), relative humidity, and surrounding atmosphere (if other than air).

11.4 Record the date of irradiation and the dates on which the nonirradiated and irradiated dosimeters are analyzed.

11.5 Record the analysis wavelength(s), pre- and post-irradiation response, the net response, and the absorbed dose.

11.6 Record or reference the uncertainty in the absorbed dose.

11.7 Record or reference the quality assurance plan used for dosimetry system application.

## 12. Measurement uncertainty

12.1 To be meaningful, a measurement of absorbed dose shall be accompanied by an estimate of uncertainty.

12.2 Components of uncertainty shall be identified as belonging to one of two categories:

12.2.1 Type A—those evaluated by statistical methods, or

12.2.2 Type B—those evaluated by other means.

12.3 Other ways of categorizing uncertainty have been widely used and may be useful for reporting uncertainty. For example, the terms *precision* and *bias* or *random* and *systematic* (non-random) are used to describe different categories of uncertainty.

12.4 If this practice is followed, the estimate of the expanded uncertainty of an absorbed dose determined by this dosimetry system should be less than 6 % for a coverage factor  $k=2$  (which corresponds approximately to a 95 % level of confidence for normally distributed data).

NOTE 7—The identification of Type A and Type B uncertainties is based on the methodology for estimating uncertainties published in 1995 by the International Organization for Standardization (ISO) in the Guide to the Expression of Uncertainty in Measurement (13). The purpose of this type of characterization is to promote an understanding of how uncertainty statements are developed and to provide a basis for the international comparison of measurement results.

NOTE 8—ISO/ASTM Guide 51707 defines possible sources of uncertainty in dosimetry performed in radiation processing facilities and offers procedures for estimating the magnitude of the resulting uncertainties in the measurement of absorbed dose using a dosimetry system. The document defines and discusses basic concepts of measurement, including estimation of the measured value of a quantity, “true” value, error and uncertainty. Components of uncertainty are discussed and methods are provided for estimating their values. Methods are also provided for calculating the combined standard uncertainty and estimating expanded (overall) uncertainty.

## 13. Keywords

13.1 absorbed dose; dosimetry; electron beams; gamma radiation; ionizing radiation; optical waveguide dosimetry; quality control; radiation processing; ICS 17.240





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