



**American
Red Cross**

Emergency Preparedness Shopping List

NUMBER OF FAMILY MEMBERS	4	Members			
NUMBER OF DAYS FOR KIT	3	Days			

Kit Components	Quantity	# of family members	# of days	Quantity for your familys' kit	
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Components that are affected by number family members and days

Water in gallons	1	4	3	12	Gallons
Food in calories	1,600	4	3	19,200	Calories

Components that are affected by number family members

Emergency Blanket	1	4		4	
Light Sticks	1	4		4	
Moist Towelettes	6	4		24	
N95 Breathing Mask	1	4		4	
Rain Pocho	1	4		4	

Components that are not affected by number family members and days

Flashlight	1			1	
Radio	1			1	
Batteries-set for flashlight	1			1	
Batteries-set for radio	1			1	
Emergency Preparedness Booklet	1			1	
Gloves, Work	1			1	
Plastic Sheeting	1			1	
First Aid Kit	1			1	
Duct Tape	1			1	
Whistle	1			1	

Other items to add to Kit

Medications					
Multi-Purpose Tool					
Clothing					
Personal items					
Sanitary items					
Money					
Pet Supplies					
Map					