



## **Physica Energetics**

## **Heavy Metal Detoxification Support**

## Indications:

- Heavy Metal Detoxification
- Connective Tissue Clarification
- Hypertension
- Arthritis
- Natural "Antibiotic"
- Anti-fungal / Anti-mycotoxin
- Cardio-protective

Rich in antioxidants and cardio protective vitamins and minerals, garlic has traditionally been used as a stimulant and tonic for the heart and circulatory system. Its high content of vitamin C helps prevent the oxidation of cholesterol, while vitamin B6 helps to lower levels of homocysteine, resulting in a lowered risk of arteriosclerosis, heart disease and stroke. Additional heart health benefits may include lowered platelet aggregation, normalization of blood pressure and decreased triglycerides and LDL cholesterol.

A natural antibiotic, garlic is effective against bacteria, parasites, amoeba, yeasts, molds and fungus. Scientific studies have shown that garlic provides protection against antibiotic-resistant strains of bacteria.

The sulfhydryl compounds found in garlic are potent chelators of heavy metals, binding them so that they may be safely excreted from the body:

"Garlic has been shown to protect the white and red blood cells from oxidative damage, caused by metals in the blood stream - on their way out - and also has its own valid detoxification functions. Garlic contains numerous sulphur components, including the most valuable sulph-hydryl groups which oxidize mercury, cadmium and lead and make these metals water soluble. This makes it easy for the organism to excrete these substances. To release heavy metals from the connective tissue, you need wild garlic. Garlic also contains alliin which is enzymatically transformed into allicin, nature's most potent antimicrobial agent. Metal toxic patients almost always suffer from secondary infections, which are often responsible for part of the symptoms. Garlic also contains the most important mineral which protects from mercury toxicity - bioactive

selenium. Most selenium products are poorly absorbable and do not reach those body compartments requiring it. Garlic selenium is the most beneficial natural bioavailable source"

Dr. Dietrich Klinghardt

Wild Bear Garlic contains 500 mg of Allium Ursinum from 100% wildcrafted sources. Do not confuse this Wild Bear Garlic with similar appearing Wild Bear Garlic from health food store sources. This is a highly clinical concentrated, wildcrafted botanical that comes from a proprietary source and processing dynamic.

Allium Ursinum contains four times more ajoenes, gamma-glutamyl peptides, iron and ACE-inhibitory potential; 30% more sulphur; and about 20 times more adenosine than cultivated (kitchen bulb) garlic without the problems of odour and repeating.

Wild Bear Garlic helps in the case of heavy metal toxicity.

References:

Balch, Phyllis A. CNC. 2000. *Prescription for Nutritional Healing:* New York, NY: Penguin Putnam Inc

Pratt, Steven G., MD and Kathy Matthews. 2006. SupreFoods Health Style: Proven Strategies for Lifelong Health. New York, NY: HarperCollins Pub. Klinghardt, Dietrich MD PhD. A Comprehensive Review of Heavy Metal Detoxification and Clinical Pearls from 30 Years of Medical Practice. http://www.healingcancernaturally.com/klinghardt-heavymetalchelation.html

**Dosage:** 1-2 capsules 2x daily, or as directed by a Health Care Practitioner

Please consult with your Physician at all times before taking any supplementation.

> *Ingredients (per capsule)*: Wild Bear Garlic (*Allium Ursinum*) 500 mg